

Ring of Light

A Newsletter for the Members of the Julian Community

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June 2026

We definitely live in interesting times. For those of you who have been paying attention to the myriad of astrological rarities that have been occurring over the last couple of years, you will know that the hits keep coming this summer.

There are a number of interpretations of the upcoming formation of Pluto, Neptune, Uranus, and Jupiter, which will be the strongest on July 18th, when all four planets are at 4 degrees in their respective signs. They form a series of sextiles within 180 degrees, termed a “basket”. This formation creates an energetic synergy between the planets — but to what end?

Some astrologers believe that these planets will work together to dismantle civilization as we know it; that it will revolutionize communication and awaken humanity to the true reality, which will bring forth a new spiritual identity. Others are calling this a “relaunch” — a new era for humanity. This issue’s Season of Runes reading with MAAUI in the “situation developing” spot agrees that the energies coming will require that humanity “bend” to universal influences.

What is clear is that this planetary configuration will facilitate change, likely both transformational and revolutionary, in the foundations and infrastructure of our lives and of the planet.

That sounds a bit ominous, and this period might be difficult for some, but it is important that we should not fight the process—trying to hold on to the current structure won’t help. However, with a little judicious preparation, we can go through this transition relatively gracefully. So, how do we prepare? There appears to be some agreement among our sources:

1. Set your intentions about the future carefully. Be clear about what you want to keep in your life and what new things you want to bring in.
2. Be judicious about cleaning out things in your life that are no longer serving you—thoughts, projects,

plans, possessions, or relationships. The things that you spend your energy on will likely expand.

3. Energy might be a scarce commodity this summer. These planetary energies and the changes they promote will likely tire us out more than usual. Choose carefully how you spend your energy — take care of yourself first. Take time to relax.

Aca’u’s summer solstice message states: “Continue to review what commitments no longer resonate with you and what new ones you are willing to accept. Of course, it is important to live a giving and productive life, but not to the point where you have forgotten to nurture yourself. Carve out time for you: time to reflect, to have some fun, and to just be.”

As Julian would advise, don’t worry about all the items that you can say “so what” about. Spend your energy creating the world you want to live in going forward.

So, as you tend those seeds that you planted in the spring, pick the plants you want to nurture going forward carefully, pull the weeds so that they don’t take resources away from the plants you want to thrive, and consider thinning out your garden if there are too many plants for you to give your full attention.

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This Season's Astrology

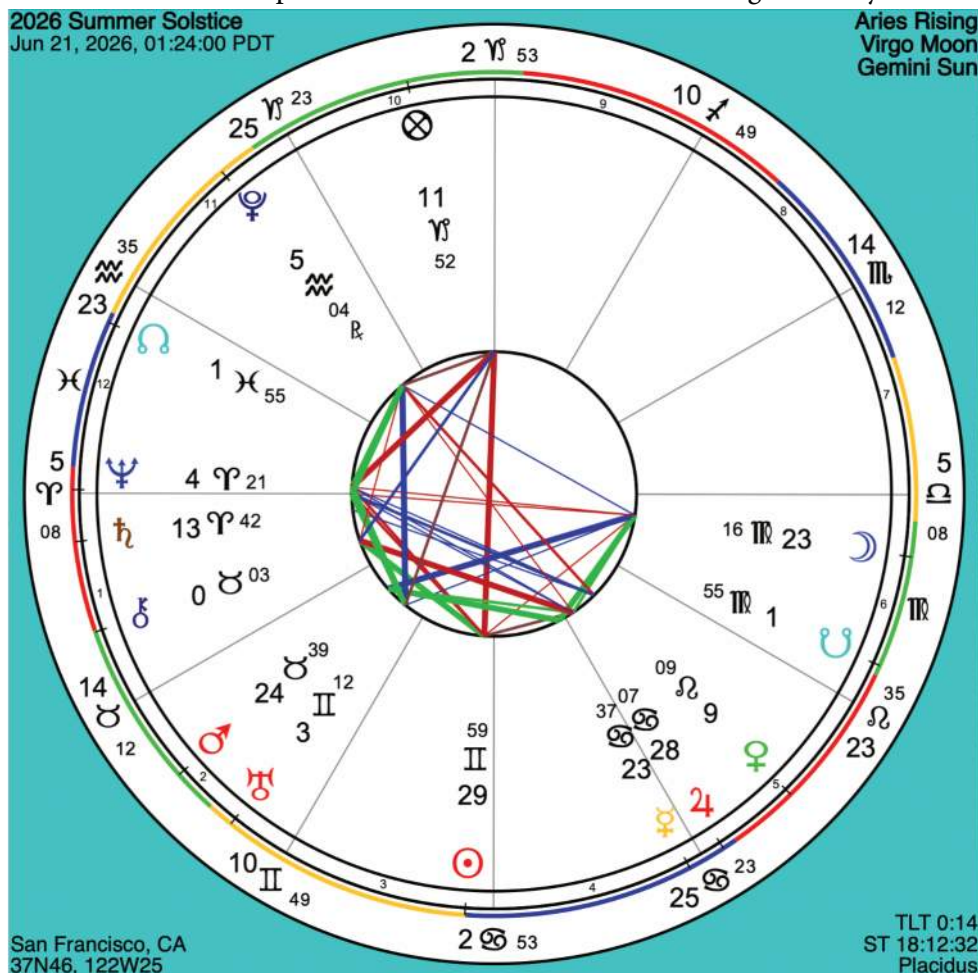
by Jessica Nelson

On June 21st, we enter the summer season as the Sun moves into the comforting sign of Cancer—the emphasis being on home, family, comfort, and emotional well-being. Just as the plants grow as they begin to be nurtured by the sun and balmy weather, this too is our time to grow. Mercury and Jupiter are also in the water sign of Cancer, leading our minds to seek comfort and care as we grow and expand our hearts. Mercury will go retrograde on June 29th. Venus begins the season in Leo. Love, abundance, and beauty color our self-expression and leadership abilities. Mars is in Taurus, making a harmonious sextile to Jupiter in Cancer. Our energy and drive are determined and focused as we allow our emotions to steer us. This will be a growth-oriented summer with opportunity to heal and take bold action to bring about big changes in the world around us.

Pluto continues its journey through Aquarius, lending revolutionary changes throughout society. We can expect rapid growth in all technological things. Information and ideas are flowing swiftly across the world. In early July, Pluto will form a direct trine to Uranus in Gemini. This energy will permeate our civilization. With two air signs highlighted and the planets of upheaval and transformation guiding the way, our consciousness is ready to grow in leaps and bounds. Our mind is being exposed to so much information that may have been hidden for a millennium. Knowledge is power. On July 3rd, Mars will be conjunct with Uranus, bringing sudden shifts in energy or restlessness. Uranus in Gemini pushes through our mental wall, breaking patterns and freeing up ideas through most of the summer, but on September 10th, Uranus will go retrograde in Gemini and will be in this state for about 5 months. We pump the brakes on the sudden and dramatic shifts taking place in our intellectual world. External changes slow down as the energy turns inward. It's time to re-

view areas of progress, innovation, freedom, and rebellion. Our thinking needs some adjustment, and this will be the time to do it.

Neptune and Saturn are well on their way in Aries now, emphasizing a new spiritual alignment with self-identity. Old structures are being dissolved to make way for new lasting formations built on ideas stemming from spiritual beliefs and connection. Our ego identity is



maturing into a divine acceptance of our true nature. On July 8th, Neptune will go retrograde, pushing the energy inward for contemplation before outward expression can fully manifest.

On July 1st, Jupiter enters Leo, where it will stay until 2027. Jupiter is the planet of growth, expansion, and abundance. Being in the fiery sign of Leo, it fuels the flames of self-expression, creativity, leadership, joy, playfulness, and generosity. We can expect more leadership to be guided by compassion and a genuine zest



for life — a “go big or go home” attitude. On August 29th, Jupiter in Leo will trine Saturn in Aries. Self-confidence washes over us. This is a great time for disciplined growth. We are deliberate in our plans and more likely to follow through with the stability of Saturn guiding us.

On July 9th, Venus enters Virgo. Its expression is muted here as it is more practical in areas of love and finances. It's a great time to analyze and reassess financial goals and relationship status. On Aug 6th, Venus enters Libra. Here the planet feels free to express its true nature in the comfort of home. The emphasis is on romance, diplomacy, harmony, and beauty. Appreciation for art and design is heightened. This influences our intentions with charm and peace-seeking qualities. On September 10th, Venus enters Scorpio. This shifts the energy into a more intense, deeper, passionate drive. Our interests turn to mysteries as we explore hidden areas of our existence.

On July 18th, four outer planets will align at 4 degrees in varying signs, creating several exact aspects:

- Pluto (retrograde) in Aquarius will sextile Neptune (retrograde) in Aries and trine Uranus in Gemini, while opposing Jupiter in Leo.
- Jupiter will trine Neptune and sextile Uranus, while Uranus and Neptune sextile each other.

This is a rare configuration with vast amounts of energy that will imbue the world. The Uranus–Pluto aspect can bring major breakthroughs and sudden leaps in collective progress. The Uranus–Neptune aspect can bring creative inspiration around communication and spirituality. Neptune–Pluto transforms the self or narrow visions to give birth to a new spiritual collective consciousness. Jupiter–Uranus expands our opportunities through sudden shifts and breakthroughs, and a little bit of luck. Jupiter–Neptune highlights idealistic hopes and dreams. Jupiter–Pluto brings some tension into the mix by shifting the focus from the self to the collective for greater expansion. We are being primed for our quantum leap!

On July 22nd, the Sun enters Leo with a strong urge to shine. Our creative juices are flowing as we seek to stand out. We are fun and dramatic, and may strive for constant validation from others. On Aug 22nd, the Sun enters Virgo. We shift from dramatics to analytics. We turn our focus to routines and wellness. We may be-

come more critical as we pay attention to detail. Our energy seeks to help and be of service to others.

Mercury goes direct on July 24th in Cancer, and enters Leo on August 9th, shifting our energy toward leadership ideas, bold expression, and passion. You may find yourself with more courage to stand out; seeking center stage. Your thoughts may be vivid, and your expression dramatic. Mercury enters Virgo on August 25th. Our minds are at peak performance as Mercury is at home. We can engage in practical communication, as our observation skills are clear. Now would be a great time to process information or learn a new task. Mercury enters Libra on September 10th. This shifts our mental focus to diplomacy and balance. We tend to avoid conflict and see the best in each situation. We appreciate the beauty of life as we take in the world through rose colored glasses.

Mars leaves Taurus and enters Gemini on June 28th, adding to the mental energy already highlighted by Uranus. Our mental energy is fast-paced, and we may feel restless. On August 11th, Mars enters Cancer, turning our thoughts inward as we contemplate and focus on home, family, and security. On September 1st, Mars in Cancer squares Saturn in Aries as we may feel a direct restriction to our actions. Situations may test our patience, and we may feel more tense than usual. The goal is to overcome intense emotions by remaining stable.

We have a full moon on July 29th in Aquarius, and on August 28th in Pisces. The Aquarius full moon highlights freedom, innovation, community, and humanitarian ideals. Our emotions may be rigid and rebellious. The full moon in Pisces brings healing, compassion, emotional release, and spiritual attunement. We may seek solitude or experience fate.

As we navigate this summer season, let's remember that each individual is experiencing an intense and powerful change. Our thoughts are constantly being influenced and shaped by the world around us as we rely on our inner wisdom to guide us toward truth. Circumstances and perspectives are unique, and we must remember to express compassion and understanding. With air and fire signs being the focus, we have an obligation to be mindful of our actions. Appreciate the growth the summer season brings as we all continue to expand into our enlightened selves.

Good Things Keep Happening to Me (Haibun)

By Mimi Whittaker

Harmony of springtime birds when plum tree blossoms with deer who also want to feed. Goslings on the lawn with Mom and Pop are five now, down from six, but growing bigger daily. The lake ripples gently.

Today nine months since my brother's stroke and he stays bedridden in hospital. Friends have not forgotten. A steady stream of visitors dwindles slightly, but does not die.

I am still strong enough to travel. My aging car still looking good, does not complain despite relentless driving.

Mother at 97 begins to forget but still knows us. Ever ready with a frail hug, I tentatively embrace her shrinking frame.

Months from now, a great grandson will be born across the country. A new life, a new mother will enter our shared experience – the birds, the deer, all creatures, one song.

After the rain comes
a rainbow across the lake
who cannot have hope?

A haibun is a Japanese literary form that blends prose with haiku, popularized by Matsuo Bashō, often detailing personal experiences like travel or nature; the prose sets a scene or narrative, while the accompanying haiku offers a deeper insight, contrast, or illumination, creating a dynamic relationship between the descriptive text and the concise poem.

The Indians in BC Have Taught Life 101

By Barbara Garro

Here's the best description I have found of how we human beings work day in and day out. It's from the Indian scripture, Katha Upanishad:

"Know the Self as the lord of the chariot, the body as the chariot itself, the discriminating intellect as the Charioteer, and the mind as the reins. The senses, say the wise, are the horses; and selfish desires are the roads they travel."

Key Concept: the horses, our 5 senses gallop from birth to death pursue the objects of their desires. These horses need reining in and that is done by our discriminating intellect (the charioteer), using the reins (mind, your thoughts, emotions, and desires) that the charioteer holds to keep us from driving over cliffs into one disaster after another.

Wow! Look at all the implications:

1. The charioteer/driver, our discriminating intellect's job is to see clearly.
2. The job of our mind, the reins, is to direct the route our senses travel.
3. When we allow our highest self to keep everything in harmony, it makes all the decisions, like a general in an army.
4. When we fail to control our senses or horses, they rule the road we travel, not our highest self.

Remember, when we allow our senses or horses to rule, our charioteer/driver, our discriminating intellect's line of sight is the horses' butts instead of the road.

*Know the Self as lord of the chariot,
The body as the chariot itself,
The discriminating intellect as
The Charioteer, and the mind as reins.*

*The senses, say the wise, are the horses;
Selfish desires are the roads they travel.
When the Self is confused with the body,
Mind, and senses, they point out, he seems
To enjoy pleasure and suffer sorrow.*

*When a person lacks discrimination
And his mind is undisciplined, the senses
Run hither and thither like wild horses.
But they obey the rein like trained horses
When one has discrimination and
Has made the mind one-pointed...*

*Knowing the senses to be separate
From the Self, and the sense experience
To be fleeting, the wise grieve no more.*

*Above the senses is the mind, above
The mind is the intellect, above that
Is the ego, and above the ego
Is the unmanifested Cause...*

(from <https://arganesh3.wordpress.com/2013/04/09/the-chariot/>)

Saul's Corner

Transitions & After, Part 7

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(continued from March 2026 Ring of Light)

Participant: *I know at one time the Julian school of philosophy said that we needed to know our guides by their smell, by their color, by their...*

That's when you are channeling.

Participant: *Oh, when you're channeling! I thought it meant like every time you entered the room, because I've been trying and I'm still not getting it.*

If you are channeling, you must identify who's channeling through you. Anybody can come along and say I'm Joe. Anyone can come along and say I'm Julian, but they cannot identify or copy my odor; they cannot copy my vibration. Color they might be able to copy. So, you always identify by color, vibration, odor, and name.

She never lets me in until she does that.

Participant: *Julian, do most people who are channeling say, you know, you can get to me by just calling Julian, or think pink, blue and yellow, or...*

No. What I'm saying is, when someone wants to use your system, you don't throw the door open to anyone until you know who you're letting in, because it's your body chemistry that's going to be being altered by that energy, and you don't want anything in there that's not there to do the best for you. Many people will start channeling on a very high plane and assume that they're always talking to the same person, and begin to channel things that don't make any sense at all, because something is coming in there that wants to chat.

It's a case of protection. It's a form of saying, do you have the password? It's not doubting, but it's protecting. And I have taught this instrument that from the beginning, starting in her childhood, although she wasn't aware of it then, and she has strict orders not to let me in unless all of those are present.

Participant: *Your identification card.*

Your ID. You live in a world of IDs, so you might as well have one for spirit as well. Well, you know yourself, if you're working with a group of guides around you, you know the difference in which one it is by the vibration.

You know one feels warm, and one feels something else. You know they're different. You may not know which one is who, but you know they're different. And so it is.

You know, when you open yourself to channel, you are not playing with games, you are playing with power and force and energy, and you have to not treat it lightly. It's treated with respect, both for the entity that you channel and yourself, because you are a valuable commodity. You are valuable, and you can't let yourself say anything goes. That's where people get in trouble.

Participant: *You mentioned once that you could tune into an animal, for instance, on a certain level and get them to quit doing or start doing something.*

Don't turn into the animal; you join the animal's energy.

Participant: *Let's say you're sleeping, not for meditation, but you want to sleep, and a rooster decides that two thirty is morning...*

You're going against his natural clock. Talk to him, not yell at him; talk to him. When he's not busy crowing, talk to him. Tell him, tomorrow morning it's (soft crow) not (loud crow). Talk to him. Tell him it's perfectly all right to crow down at someone else's house.

The object is... Well, you also can become used to it. You can join that, you know. Because you have scheduled your mind that when that blank, blank, blank rooster wakes me up, I can't sleep. You say, when that blank, blank, blank, sweet, loving, joyous, marvelous rooster sings, I will hear him and sleep. Reprogram you, and in the meantime, talk to him.

Participant: *Part of the reason he does that is to keep the raccoons away.*

He's doing his job. He's doing the thing rooster's are supposed to do, but talk to him. Tell him it's okay to do it, but would he do it a little further away from your bedroom. You know you can.

I can tell a tale out of school. I know a man who had ants in his house, millions of little bitty ants, and finally, he talked to them and talked to them and they didn't listen, so he brought home a can of Raid and slammed it on the counter and said, "You've got until tomorrow morning!" And they were all gone, weren't they, L?

They only had to know he meant business, and they were gone. Millions of those little things. He told them they could have the yard, but that his home was his, and they belonged outside, and he belonged inside. They argued the point for a while, but they got his final message



before he had to give one squirt. Since then, you talk to almost all animals.

Maybe you should come and talk to his rooster. You see, certain people have an extreme ability to communicate with nature and the divas and the beasties, and so on, and L happens to be one of those. It's from his old Druid days. So there are many, many of you who communicate, but haven't given yourself a chance yet.

So, you see, you have to give yourself a chance to say, "I'll be still a moment to listen; I'll be still enough to feel what they're saying."

You know, if a child is making mud pies, they do think that that's the right thing to do and they love it. Now a parent may look at that as not creative, but being dirty — getting dirty.

The child is blissfully happy using all its creative force. So if you take and put your mind back where that child is and the joy of creating out of that mud, then you'll see it in a different light. You have to do that. You have to join that which you're not understanding long enough to understand it and then move forward with it.

Participant: *What do you do about the reality of the soap and washtub, and washing off the kid and the clothes?*

That is part of the mud pies, but it takes the pain of it away when you realize that the child is also using their mind, which is so important to them later. The ability to think and be something other than what you are is a movement into the full potential of you. The child who is always told, "Don't get dirty," will miss a great deal in life because they'll never know what dirt feels like, for one thing. They'll never have that joy of finding wee beasties in the dirt, you know?

Participant: *What's a good way to discipline children then?*

By consistency and with love. You have to say "no" to children, because there are times when they could get into trouble, but that "no" should not be the great tirade, the great lecture for after the fact. Children learn with their senses.

Have you ever watched a little child? They pick it up and smell it; they lick it. Now it may be something you don't want them to lick, and you get all excited and upset, but they're doing a perfectly natural thing, tuning in through their own spirit senses and their physical senses to whatever it is.

So, you come to an agreement with yourself. If a child is going to pick up, touch, and smell, there may be some things I'd better not have around, or keep under lock and key. Those things that it is all right for that child to pick up, and touch and smell, I will encourage him to explore and understand. I will take time to be with the child at a child's level. I will take time to say, "yes, that's a pretty bug." I will remember that the child is one age and I'm another, so the concept and the view have to be different.

You will remember that as a child grows, consistency is a safeguard for the child. A child wants to know how far he can go. He's going to try and see how far he can go, but if you say this is the line, and this is the line today and tomorrow and the day after and the day after, he knows there's a safe place that's the line.

If you say today, "that's the line," and tomorrow you say, "Well, we'll move it to here," the child has no way of knowing where his safe zone is. Consistency without anger, love and praise for that which is accomplished, these are tools of helping children grow to their full potential and be in the space of exchanging love, and that's the greatest thing you can possibly do for them. Because they're in transition.

They're in transition every moment of their life from the time they're born and you're helping them move to the ability to use the degree of their energy that they're able to use. You see, if a child doesn't know how to go up and down stairs, you carry them up and down stairs.

But one day, you've got to let them climb the stairs. You may stand behind them in case they slip and until they're agile enough to let it happen, but if you keep telling them, "I'll carry you upstairs, they're never going to know how to go up stairs."

So, you have to let them grow and move, but with your protection, your common sense protection, but not with a constant, "don't do it, don't do it, don't do it," because that only cuts them off before they've even developed any of their potential.

Participant: *Is there a point where in slipping toward death, for whatever reason, that choice comes in that I come back? It could be an accident, it could be...*

Yes. In every death experience, there is a choice. Now the choice is based on the soul level. Very often, people will come back because there is something they still have to finish.

I see the wheels turning. I like to watch him think. He's like, J. Wheels turn.

Participant: You just told her that you have that choice, depending on the level. What do you mean by "depending on the level?" Do you have more or less of a choice?

No, no, no. But it's on the soul level that the choice is made, because the soul knows what you came back to do.

Participant: That was my question. All right. I was wondering about the contrasts of the various lessons that we're learning, say, in this life versus in your realm.

That relates to why it is that we would come to this place. Because this is a place where you can matriculate. You can speed up the process.

If you grow solely in my world, because it rules itself with love, there is no friction, there is no chance to prove the lessons learned, so to speak. So a world of interaction in physical and emotional matters gives you a chance to prove yourself along the way much more rapidly and to gain. What you're looking at is, "Well, should I stay here, or should I go down there to that good school."

Luckily, when you're in my world in all your totality, you have the broad aspect of being able to see the good of it. When you're in this world you say blinders are on. Never again. This is it. I'm not coming back to this place for anything or anybody. Then you get in my world and you say, "Hey, wasn't that a good time we had." It's the difference in the viewpoint, you see?

Participant: By being who you are, Julian, and never being in a body, does it not help you by being in the instrument of June to feel the emotions, to feel the...

They go right through me. When I enter the body and I say, for in so doing do we both grow, that is exactly what I mean, because I grow from the realization of your emotional world so that I can better help you in your emotional world.

That is why the physical body is used, not just a mental transference, so that there is a greater ability to comprehend the need of man while in the body.

Participant: You mean, like, you can feel my emotions right now by being in June as an instrument.

I can feel them as a physical would. Yes.

Participant: Where if you were outside...

I would understand the emotion mentally, but now I am feeling it physically. So, that's why it's necessary to borrow her body.

You see, it's interesting that the angelic world has its own work to do and its own assignments, so to speak. My particular assignment permits me to enter this physical realm in a physical body because that's my assignment.

Others work from other places; they don't come into the physical body, but they all have their place.

(To be continued in the September 2026 ROL)

An Exercise from Julian

Deb Huggins found this wonderful exercise while doing Julian workshop transcription. We think that it is very appropriate for our current times.

And I'm going to ask you to do something else. I'm going to ask you to choose a trouble spot in the world. I don't care what it is, where it is. But something that you see is a trouble spot. And I'm going to ask you to take one minute a day and sound. Alright. Think of the spot, and then let out whatever you feel in sound. That will be one minute in which you're helping to let the trouble out of that spot. You're acting as the vehicle for it.

Then take another minute and just surround it with light and love, and ask that what is right and proper for it occur. Because then you're doing two things: You're helping to relieve the pressure of the thing itself, and then you're replacing that pressure with something that's healing.

Miracle Cats

By Mimi Whittaker

They choose us, she says
of her small dog in his cushy stroller
I agree
tell her how our kittens arrived
some time in March
just before dark
suddenly
in our back yard

we bottle fed the two of them
and cozied them together
in one small box as their bed

3 years on
they take care of each other and us
he a huge black Main Coon
and she an orange short hair

the miracle cats
my mother calls them
miracles exchanged
for more miracles
consoling, sustaining life
quiet, magnificent,
soft, sweet
and temporary

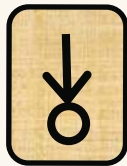


A Season of Runes

by David Ross

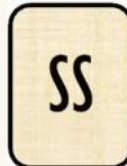
What is the situation energies with the energies of this summer?

Situation Developing



MAAUI
(reversed)
Man; the Human Race

Course of Action



DAHZ
The Magician,
Transformation

Situation Now



POUM
To Plant, Seed, Grow

From the perspective of the Universal Runes, what is the situation with Summer 2026?

Summer is the season of maintaining the energies instigated in spring for the harvest in the fall. Crops planted in the spring are nurtured through the summer months. POUM, to plant and grow, is an appropriate description for the energies at the beginning of this season.

DAHZ is one of the seven key runes, representing the magician and transformation—the ability to use the inner energies to achieve outer realization. This is the action that we need to take at this time—using our abilities to transform. This is where we give way the old to bring in something new.

The rune for the situation developing, MAAUI, indicates that man's growth or evolution is going to be driven by universal energies. June described MAAUI reversed as: "It is without man's influence, leaving the rune as a universal influence to which he must bend." This seems to be a rather ominous statement.

We believe that this might be referring to the unique astrological influences presented to us this summer: a basket created by Pluto, Neptune, Uranus, and Jupiter all at 4 degrees of their respective signs. What an amazing push from outside forces (the universal planets) that some astrologers believe will encourage humanity to significantly restructure the foundations of our lives and society.

Let's look more deeply into this reading.

We are being asked by DAHZ to transform the situation (perhaps by controlling the elements and unseen energies) to manifest or create something in the physical plane. We all create, every day of our lives. We create words and thoughts, we breathe in and out, and we definitely alter energies. But despite all of our metaphysical studies and the way they profoundly stir something within us, how confident do we feel in using our abilities to transform or restructure our lives?

In the past, there were mystery schools, the shamanic tradition, and Druids, but the cultures that created them died out a long time ago. Julian was asked when we could use Stonehenge again as it was used when it was created. Julian responded (a paraphrase), "None of you have the dedication."

Wondrous things can happen in our communion with nature and the "coincidences" that occur. In ritual, we experience the movement of energies, the sudden awareness of angelic force, true creative inspiration, and the power of healing. But (unless it's a secret) no one I know has achieved mastery of the elements or direct manifestation. How do those capabilities map on to today's culture and evolutionary needs?

I ask myself about being able to transform our world—me and what army? Seriously? How do we use what we are taught, but can't seem to master, to help us prepare for the situation that MAAUI is telling us about?

The point I need to make here is that the magic that we need to perform now (DAHZ) is the magic that is

needed in today's energies, and it may be totally unlike the magic performed by the Druids thousands of years ago. This summer, we need to trust that what we have learned over the years is exactly what we need to guide this transformation.

We are being called this summer to use our capabilities to nurture the seeds that we have planted so they can grow into what we want the future to be. These seedlings are the beginnings of something that may not come to fruition immediately, but eventually they will grow within us and around us, and the growth on a soul level is permanent. It does not die.

Remember, we don't have to do all the work. The universal energies of the outer planets (represented by MAAUI) will facilitate our transformation based on the seeds we have planted. So, we are being cautioned to ensure that we have carefully planted the seeds we want to grow in our lives. The request is to select with care how we want our society to evolve.

What seeds have you planted? Should you consider changing what is in your garden to something that will better support you in the future? Don't wait until the summer is over.

Please go over the descriptions of these three runes. In addition, if you take a few moments to chant the phonetic sounds of these runes (in the parentheses to the right of the name), you will start to merge with them on a purely energetic level.

The Universal Runes were created in part to instigate greater awareness and connection with the impersonal spiral of creation. Per Julian, the overall goal of creation is to merge the finite and the infinite. "God in movement is man in the physical world." We are meant to reach for the stars. We are meant to discover their energies in ourselves and use them. Whatever you are called to do, plant the seed.

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POUM (Oum): To Plant, Seed, Grow



Glyph: This glyph is representative of small blades of grass or plant life coming forth.

Universally: POUM is the Universal Rune of nurturing forces. It is the cycle of growth and often attends the seasons and refers to seasonal change.

Individually: It represents the ability to grow and maintain growth. The indication is to see things through to completion. It represents the normal cycles of change within any complete activity or thing. Thus POUM is the energy within the child to become the plant.

Reversed: It is neglect. POUM in a reversed position indicates a cycle neglected, improper nurturing of an issue, or the inability to sustain growth. Some immature concepts and attitudes exist. It means dragging the feet on changing, or not quite wanting to change, or improper nurturing of that change. You might find a battered child would pull this rune reversed, because there would have been improper nurturing along the way.

DAHZ (Ahz): The Magician, Transformation



Glyph: The very glyph of this rune is movement in form. The form is invisible as the void is invisible. The shape and form of this rune suggest spermatozoon, but, in reality, it is the movement within the force itself, so it is the first movement toward being other than non-being.

Universally: This is the rune of the power of changing elements. It represents, universally, the transformation powers. DAHZ is the force behind altered energies that bring forth, through a series of transformations, materialization.

Individually: Where DAHZ appears, the ability to use the inner energies, which are not quite visible, to achieve outer realization and manifestation occurs.

Reversed: There is no reverse position for this rune. Wherever it is shown, something old is giving way toward something new.

MAAUI (Ai) — Man, the Human Race



Glyph: The symbol representing man—the human race.

Universally: This is the universal energy that influences evolution and unfoldment. It is MAAAI that weaves the rhythm of all things universal into a compatible tapestry for man to evolve within.

Individually: It is man's own evolution, mentally, physically, and emotionally. Where this rune is placed in a spread indicates growth and evolution for the individual.

Reversed: It is without man's influence, leaving the rune as a universal influence to which he must bend.



The Summer 2026 Calendar

(Events and classes open to the public)

See our online calendar at <https://julianteachings.com/calendar>

Date	Time	Activity	Host or Presented by
Sunday, June 28	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
JULY			
Sunday, July 5	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, July 12	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Saturday, July 18	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Sunday, July 19	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, July 26	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
AUGUST			
Sunday, August 2	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, August 9	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Saturday, August 15	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Sunday, August 16	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, August 23	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, August 30	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
SEPTEMBER			
Sunday, September 6	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, September 13	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Saturday, September 19	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Sunday, September 20	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, September 27	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland

Sunday Morning Julian Healing Group — Join these welcoming generous hearts of love, light, and healing who continue Julian's mission to enrich one another in this powerful energy and channel it into the world. In this group, we are empowered by one another, Julian's energy, and all those in Spirit who join us. Contact Jerry Gross at jerrygrossny@gmail.com

10:15 am EST — Open chat time

11:00 am EST — Healing session begins

Temier's Healing Gathering — Join the Healing Gathering every other Sunday at 11 am PT (2 pm ET, 7 pm GMT, and 8 pm CET) by Sam Holland and Temier. They are free and are given via Zoom. They are very powerful and include both individual and global healing. Sign up at: <https://www.temier.com/HealingGatherings.html>

More Info About The Events

Tipping Point Round Table Discussion — Implementing a Personal Plan of Action

This group meets the third Saturday of each month at 9:00 am PT and is offered without charge. Action-oriented, the meeting supports personal and global transformation through discussion and guided meditations.

Visit andreasmithtransitions.com to register, for more information about the Tipping Point, and to check out the evolving resource list developed by participants.

Invitation to Julian Community Discussion Groups

Deb Huggins would like to invite interested members of the Julian community to participate in a series of group discussions centered around selected Julian workshops. Participants are welcome to suggest workshop topics of interest; we will listen to the chosen workshop individually, and then come together to explore it in conversation at the following meeting.

Meeting dates and times will be determined based on participant availability. There is no charge to take part. This is a wonderful opportunity to delve more deeply into any of Julian's work and to share in spiritual growth, reflection, and mutual support.

If you're interested or would like to propose a workshop topic, please reach out—I'd love to hear from you. Contact Deb Huggins, sdhuggs@gmail.com.

Long-term Studies that You Can Join

Beginning Astrology — Covers the basics: planets, signs, houses, aspects, and transits. The focus is on understanding your own chart: strengths, challenges, the cycles in your life, and your soul purpose. If you are interested, contact Denise Hall, deniseh7@sbcglobal.net

Study with Andrea Smith — Andrea offers ongoing classes in Julian's Mystical Magus and Transition Energy. Some classes may be available to new students through catch-up and private study. Andrea also offers personally designed one-on-one meditations specific to the needs of an individual student. For descriptions of Julian Teachings, see the Julian website, julianteachings.com. For expanded information on Andrea's offerings, see her website, <https://www.andreasmithtransitions.com> or contact her at drandreasmith77@gmail.com.

Temier's Pathways Meetings — Jan Clayton just started another section of Pathways Meetings that is still open to join with personal catch up. This is a unique bi-monthly meditation study that helps participants find and walk their life path. (Detailed info at: <https://janclayton.samling.us/temiers-pathways-meetings/>) If interested, contact Jan Clayton at jan.clayton@samling.us

Workshop With Temier & Sam Within The Funnel of Light

October 4 – 8, 2026 in Zeeland, Netherlands



As the Aquarian Age progresses, etheric structures emerge, assisting the Earth in adapting to the new and elevated vibrations. Since humanity is intrinsically connected to the Earth and can benefit from these etheric structures, Sam and Temier have been diligently tracking the maturing energies of these funnel-like structures. Some of these structures are located in the Wasschappelse Bos, near Westkapelle in the Netherlands.

The timing is now perfect for us to harness these energies as we continue our journey of elevating our awareness and embracing the changes in our paths. In response, we have organized a 5-day workshop in Westkapelle, Zeeland to immerse ourselves in these energies and facilitate our personal growth and evolution.

The workshop is designed to use these etheric structures to incorporate gentle, quiet movements that aim to enhance our lives by making them more meaningful, healthy, and joyful.

The workshop starts with an evening dinner on Sunday, October 4, 2026, and ends with a group dinner on Thursday, October 8. The cost of the workshop is €550 or US \$650, which includes two group dinners but excludes lodging and transportation. Sam will be staying at the [Fletcher Zuiderduin Beachhotel](#), and late afternoon meetings will be there.

For more information, please email [Sam](#). To reserve your space, please send a payment or deposit via PayPal. [Click here](#), and use the **Donate** button on Temier's web site.

About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Teachings Community. This newsletter is a tool to connect our community — a place where we can share ideas, information, activities, and creative works. Thanks to the many writers, editors, and artists who contribute their words and ideas to this publication.

People who belong to the Julian Teachings Community mailing list automatically receive submission requests and links to new issues.

Current and previous issues are available at: <https://julianteachings.com/resources/ring-of-light-newsletters/>.

Submission Deadline for the next issue: 9/8/2026

Thank you for your support!

Thanks to all of you for the financial support that allows us to produce the Ring of Light. If you can't download an electronic version, we will mail a paper copy to US residents at an annual subscription fee of \$10. Make checks payable to Jan Clayton (send to 25960 Quail Lane, Los Altos Hills, CA 94022), or send funds with PayPal or a credit card via <https://paypal.me/jclayton94022>.

Contact Us

Please send submissions for an issue, report a change in how you wish to receive your subscription, or suggest ways to improve the Ring of Light to ringoflight@julianteachings.com.