

# Ring of Light

A Newsletter for the Members of the Julian Community

Volume XXXVIII

Number 1

March 2026

When we write this “editor’s note” section each quarter, we begin by looking at all the submitted articles and Aca’u’s quarterly message to identify a theme. And, as usual, there is an obvious theme (or maybe even a story) this quarter, which Aca’u states as “All systems are go.” But please note a few caveats about this message.

We spent most of 2025 and the first quarter of 2026 adjusting to huge changes and figuring out how to respond. While Pluto, newly in Aquarius, was exposing deep, dark, and sometimes horrific secrets, we were forced to reevaluate what is important to us. We have also been encouraged to look at the values that we want to live by. Nearly everyone has either questioned their path or “was forced” onto a new one.

In the Universal Rune reading, POUM indicates that the action that we are called to make this spring is to release creative thoughts and actions that will permit a new expression of the self. No doubt it is time to move, to take action. But to do what? To go where?

This is where the caveats lie. The rune reading, with DAR reversed, tells us that the future is yet to be formed (the Void). There is infinite potential, but what happens this spring is still undecided. We are counseled to “engage the spirit” to define our future.

Aca’u tells us to “Take the time to reflect on what you truly want in this new cycle of your life — be that 1 year, 20, or more. Create a broad vision for the life you wish to live. You are not the same person you were a year ago. Honor the ways you and your life have changed. You have moved through a period of growth and adjustment. Now is the time to step forward and consciously create a future that reflects who you are today.”

Jessica, in This Season’s Astrology, states: “Neptune in Aries is marking a major generational shift. ... Neptune dissolves and spiritualizes what it touches, and now it’s

*ourselves. Individually, we are being infused with intuition and imagination. We are redefining who we are. We have been asleep, and now we awake to our true identities and the world around us with more clarity. This is the time we use our knowledge of spirituality and put action behind it. No longer are we to sit on the shores; now is the time to go deep and explore who we are.”*

Do you see the theme? It is time to engage spirit to guide us in creating our future, to actually define who we are going to become. (It isn’t against the rules to ask for help.) Jessica reminds us that “*We are capable of making lasting change and transformative shifts in our society,*” but we have to find the courage and motivation to do so. Many believe that this is why this group is here right now. We incarnated here and now to help make these changes. They start within and then move to the rest of humanity.

What new future are you dreaming of? Have your envisioned a path that will guide you to the new you? And, most important, what step are you going to take *today* to create that future?

Have fun this spring riding the fire horse!

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# This Season's Astrology

by Jessica Nelson

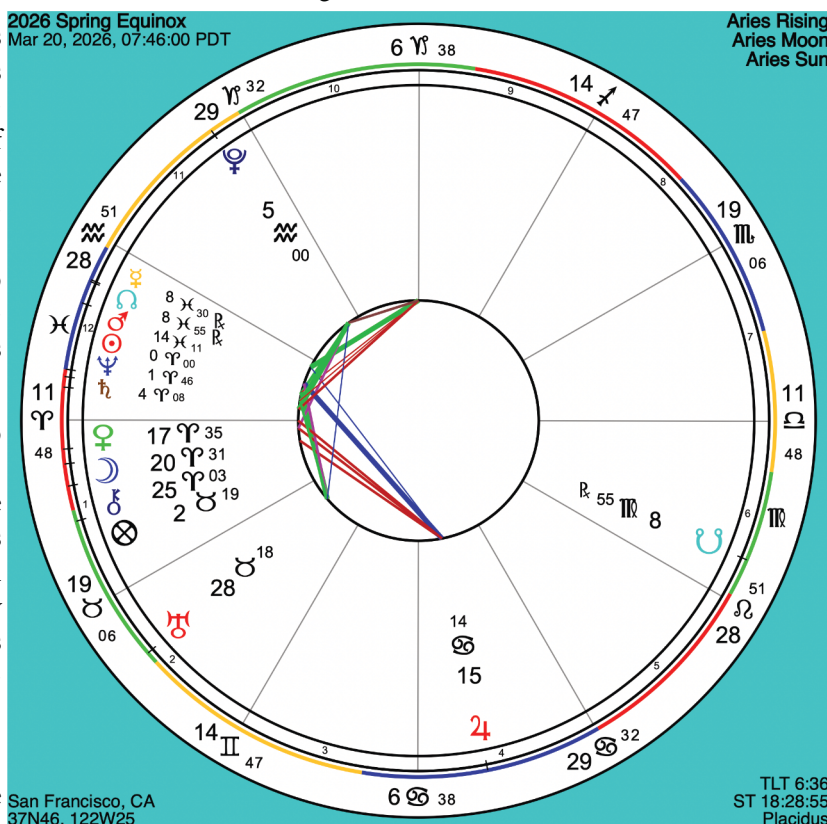
Spring will grace us with its presence on Friday, March 20th. Our sun will enter Aries, the cardinal fire sign. There is renewed life all around us. Spring is a time for new beginnings, a time to birth what has been lying dormant inside us. With Aries highlighted, there is a renewed focus on independence; a respect for individualism. We all have unique talents and gifts to offer the world. We have been made aware, more than ever, of just how much our individualism has been controlled. Now is the season to stand up for what we believe in, to make a change in ourselves and the world.

With Neptune and Saturn in Aries the energy is strengthened. Our ability to have faith in ourselves is stronger. We have the courage to take bold action and make our dreams a reality. Coming off the Neptune and Saturn conjunction in Aries, we have the perfect time for a reset. We have a generational shift happening within the "I am" sign. With dreamy Neptune, we have the opportunity to open ourselves to a new spiritual beginning. Saturn lends us the discipline to bring those energies forth and sustain them.

With Venus in Aries as well, it encourages us to value and love ourselves; providing us with grace. The Moon is at the tail end of Aries, amplifying the feelings. Mercury goes direct in Pisces, and Mars is also in the fish sign, making a trine to Jupiter in Cancer. This creates an emotionally rich energy that is compassionate and imaginative. This allows our self (Aries) to be guided by emotional wisdom.

And then we add Pluto in Aquarius to the mix. This adds a deep level of change across the entire collective of our society. Pluto demands transformation while exposing hidden power dynamics within our world. Pluto has shown us the underbelly of humanity, whether we were ready for it or not. As our eyes are opened to the depravity of the world around us, our hearts cry out. Our minds are awakening from their slumber, and we can't believe what we have slept through. This darkness aides in the crave to renew our souls. We will heal, become stronger, and resilient in time. As we work through the laborious battle of seeing through the dark, know that our rebirth is on the other side.

As the Sun enters Taurus on April 20th, we are encouraged to work hard. Stability and determination are illuminated. Taurus allows us to appreciate the beauty in the world around us. Our stubborn nature is exalted, but so is persistence. We seek comfort and splendor in the world around us. The Sun enters Gemini on May 21st. We experience a burst of mental energy. We want to get out and do things. Curiosity is peaked, and socializing is needed. As the Sun enters Gemini, it will lend more energy to Uranus in Gemini, allowing us to embrace the changes around us.



We have three full moons this Spring season. On April 1st, the full moon will be in Libra. Libra energy brings harmony and balance. On May 1st, we have a full moon in Scorpio. This will bring deep, intense emotions. On May 31st, we have a full moon in Sagittarius, highlighting adventure and optimism.

Mercury moves into Aries on April 15th; our thoughts are bold and decisive. On May 3rd, as Mercury enters Taurus, our mental pursuits are grounded and stabilized. On May 18th, it moves on to Gemini and sets our minds a buzz. We are constantly thinking and filtering



ideas — our curiosity is piqued. On June 1st, Mercury slides into Cancer for an extended visit, emphasizing thoughts of family, home, and security. We may be more sensitive than normal and lead with our hearts.

Venus moves to Taurus on March 30th. An appreciation for the good things in life is intensified. Venus is at home in the stable sign, and it's time to enjoy our hard work. As spring buds around us, we will certainly enjoy its splendor. On April 23rd, Venus and Uranus will conjunct in Taurus at 29°. A conjunction occurring in the last degree of a sign signals completion and a move to the next phase. We may experience sudden shifts in love and finance, or sudden liberation.

On April 24th, Venus moves into Gemini, shifting our attention to communication and ideas. We want to connect and socialize — get out on the town. It joins Uranus quickly, adding erratic, playful energy to our communication. On May 18th, Venus enters Cancer and will form a conjunction with Jupiter on June 9th. Our love of family is elevated. We are nurturing and protective. We crave connection with those around us. With Jupiter and Venus together, we are optimistic and blessed. We can't help but feel loved and be thankful. This is a great time to work on inner growth.

On June 13th, Venus enters Leo, and passion seeps from our pores. We are bold and expressive as we seek validation. Our creative energies are flowing, and now is a great time to create new works of art.

Mars begins the season in Pisces. This placement lends us compassionate energy. Our ideals are strong. There could be a tendency to participate in escapism, and energy could feel lower than normal. Mars enters Aries on April 9th. Here, our energy is exalted. We are impulsive, independent, and take life on with passion. On May 18th, Mars moves into Taurus, giving us the determination to achieve our goals.

Jupiter is in Cancer for the spring season. This placement enables us to express our nurturing side to a higher degree. We are infused with more compassion and truly want to help those around us. When we expand our hearts and open our arms, we can leave a mark on the world that we will be proud of. A selfless act always sparks another.

Saturn is in Aries, and coming off the conjunction with Neptune and the Sun's illumination, this symbolizes a time of new beginnings. A spark within us has been lit. Saturn is all about structure, discipline, reality, and karma, while Neptune's focus is dreams, spirituality, il-

lusion, and empathy. Within ourselves, we may experience a complete breakdown of reality. Who we are is shaped by our beliefs, and when Neptune dissolves the structures we have formed, we are left wondering. The veil continues to lift as we are exposed to new realities. No longer are we okay with being the observer; now we must participate.

Uranus is at the tail end of Taurus this spring, where it will conclude its time. Uranus has shaken up our values, changed our monetary system, altered agricultural and food supply, and brought focus to our environment. We will no doubt continue to see changes in all those areas as Uranus has incited a revolution.

Uranus then enters Gemini on April 26th. Uranus was here for a short stint last summer, giving us a small preview. With the cross into Gemini, we settle in for a new 7-year cycle. Uranus brings revolution, innovation, awakenings, and freedom, while Gemini focuses on communication, ideas, learning, and information. Our information outlets will see dramatic shifts over the course of the next several years. We have seen a shift towards seeking alternative sources of information already. Advancements in technology are accelerating, as is how quickly information spreads. We should expect a mental revolution, as a new way of thinking embeds itself into society.

Neptune in Aries is marking a major generational shift. The last Neptune Aries cycle was during the U.S. Civil War. Neptune dissolves and spiritualizes what it touches, and now it's ourselves. Individually, we are being infused with intuition and imagination. We are redefining who we are. We have been asleep, and now we awake to our true identities and the world around us with more clarity. This is the time we use our knowledge of spirituality and put action behind it. No longer are we to sit on the shores; now is the time to go deep and explore who we are.

Pluto is making its way in Aquarius with a retrograde on May 7th that continues on through the summer season. Pluto in Aquarius is ready to deal its death blow to society. As a collective bunch, we have been far from unity. Our world seems to be broken up into multiple cliques, with each one focused on its own agenda. But Pluto has exposed something that may once and for all bring us all together. When a society fails to protect its most innocent, there needs to be a major correction. For it seems we have been deliberately guided to "look here, not there." Major powers from all over the world have entrenched their dominance in ways that have cor-



rupted all aspects of humanity. Pluto pays no mind to what or who the secrets expose, but it shines the light impartially.

Over the past 6 years, we have seen uproars throughout the world. Collectively, we have done our best to make our voices heard, for one belief or another. Will we see society come together and make its voices heard over

this? Will we see the birth of an enlightened civilization that came together and forged a culture that put the welfare of our descendants as an essential priority? As Pluto continues its lengthy journey, our minds will continue to be exposed to the world's secrets. We are capable of making lasting change and transformative shifts in our society. Freedom, innovation, revelation, and change will sweep over us.

## Fear, My Friend

By Joshua Mesnik

**Fear.. my friend. And your many faces...**

**Cautiousness, my partner.**

**Repulsion, my muse.**

**By listening to you, leaning into you,**

**I fight back the judgment of my own senses.**

**Feeling your nudge, I am swayed. But do I surrender to you?**

**Do I lean into your influence?**

**What if I followed you all the way to the bottom?**

**Fear, I know what befalls me when I ignore you...**

**Gnawing at the wound**

**and scratching at the scab underneath my chest,**

**searching for a way to soothe my discomfort.**

**Fear, I watch myself avoid you...**

**Incessantly swimming against the current of my being,**

**As the whirlpool draws me down,**

**Pulling me as I fight,**

**Into the deep, dark depths within.**

**Why should I be afraid of you, fear?**

**Only the devil would be so tricky as to turn me against my own friends.**



Fear, hear me.

I want to feel you closer now. - But!

You only.

I don't want your companions in my house.

Anxiety, your hungry horse...

Worry, your tired friend.

Regret... the wine you bring, which has turned rancid.

I just want you. I want to breathe you in.

The fear I have of you, dear friend,

Is a poison arrow set through my heart.

Which makes me laugh

As I see now,

You are the poison arrow

And the antidote.

Walking through the dark forrest,

When I fall fully into your jaws,

You are the trap that frees me.

When I look deeply into your dark eyes like obsidian beads,

Allowing myself to soften into your gaze,

I see a reflection

Looking back.

Relaxing in your presence, I place soothing ointment on my discomfort.

Surrendering to your tide, I am drawn into the ocean of my Self.

And my edges expand into waves stretching endlessly into the moonlit night.

I notice your friends stopped knocking at my door.

Maybe it's because they know, finally,

You have found a friend in me.

# Saul's Corner

## Transitions & After, Part 5

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Authors: Rev. June K. Burke and the Seraph Julian

*(continued from December 2025 Ring of Light)*

**Q. You mentioned that people who cross over usually go into a sleep state. What happens in the case of a suicide?**

A suicide is never left alone. They also enter the sleep state. The minute a suicide occurs, there is someone there with them. They're not alone. They're not alone even before that suicide, because the signals are going out and the clan is gathering, so to speak, so they're not alone.

A suicide is worked with in my world to bring them to the realization of why they handled it the way they did in that life, so that when they come into the totality as the personality sloughs away, they will have a growth from that experience, rather than something else.

They will, of course, come to grips with whatever it was they didn't finish in another life, but they're brought to the potential to be ready to do that, rather than to think the soul is lost because of suicide. That's not so.

**Q. Speaking of suicide, if one does pass over by that means, what kind of karmic tie would that create in their next incarnation?**

They would have to face whatever issue they had not faced in this life in some form. If you know, it was a case of not knowing what they were doing because of drugs, or because of alcohol, or something of that nature, they would have to come to grips with alcohol and drugs in some form.

Now that might mean using them constructively in a life, or helping others come off them, but they're going to answer to letting that take them over.

**Q. Like, if it were drugs that were involved, they would have to go through the experience of the addiction and ... ?**

Not necessarily go through the experience of the addiction. They might come back and dedicate their whole life to helping people out of addiction. Very often, a karmic debt can be paid in a positive mode rather than a negative one.

**Q. Along with experiencing the completion of the addiction and the healing of that, would not allowing the thought pattern to enter into their mind of suicide**

**this time, it just disappeared, it would never be there. They would have to experience...?**

They would have to experience the overcoming of that which led them to suicide.

**Q. Did I hear you say that at any point in time, one could call on a Grandmother Ellen to come into a space? Any time the person is in your world, can they pop back in?**

Usually, they visit at their convenience. You can call them in, but it is not recommended that you make a pattern of it.

Because if you're calling them and they're supposed to be doing something else at that moment, you can cause a problem for them in the fact that they'll want to be in two places.

**Q. Are they so much at the beck-and-call, or can they say no?**

Oh, they can say no. They can say no. You see, the whole objective is to let both the person who has passed and the person who is left behind move out of dependency.

I've got to have you here, or I don't feel good. I can say, I've had you here for all those years, and wasn't that great. The memory of that can sustain me, rather than wanting you here now, so to speak.

**Q. So what I'm getting is, there really is a connection between the two worlds.**

Oh, there's an absolute connection between the two worlds. They're functioning in the same space at the same time.

**Q. And when that person reincarnates again, does that sort of end that back and forth, or is that essence still there?**

That essence may be recognized in someone else. You may meet an ex-mate in another life, not to be in the same position again, but to recognize that something about that person is very familiar, because the soul has the imprint of that love, and that stays with it through all incarnations.

**Q. You said the soul experiences the addiction to drugs.**

No. The soul is not experiencing it; the personality of the person is experiencing it. The soul is being im-



printed with the lack of its ability to help it. In other words, it hasn't listened to the soul.

**Q. Okay, so all these people that are on drugs, the souls don't know what to do?**

Oh no, the soul knows what to do, but they're not hearing it. They're not listening to it. You see, it's very easy for you in this room, who have been tuning into your other selves through meditation and so forth, to say, well, of course, I do hear the soul. It's as natural as can be. My teachings say it is.

However, to a person who has never even thought of it, has never had any concept of it, they're not even trying to listen. And even though those nuances are being sent, you know, the high self is saying don't, they can rationalize themselves out of that suggestion.

You see, one of the things you have to understand is that there are many things that people feel are the responsibility of the spirit world or the soul, in reality, are the responsibility of the mundane world.

You have free will. God doesn't make laws; man makes laws. They say, why does God let this happen? Man has to say, "Wait a minute, if I'm responsible for me, then I better decide what I want and what I'm going to do with it." Because, you see, if a drug addict says, "I'm going to be a drug addict," that's okay as long as they understand they get the full package.

And you're tired of this statement too by now, I'm sure also: There are no half packages; you get the whole thing. If a person decides to be nasty, that's okay, but they know that they're not going to have a lot of friends, because no one particularly wants to be with a nasty person. They get the whole package. They can pick and choose the pieces, and that's where man has got to realize there's nothing wrong with any decision you make as long as you take the responsibility for the whole package.

**Q. I don't understand the part that the spirit plays. For example, say someone is a drug addict and his soul has not been able to handle it. Is that where the spirit would come in to give the entity, or what? I don't understand that.**

All right. The spirit enters through that high mind, because that's the high space of you, and that frequency comes in there to talk to you. But if you're not listening... How many of you got up this morning and asked one of your guides for help?

You know you've got them, you know they're there, but you don't talk to them, you don't ask them to help. Spirit cannot help you without your permission, because you

have free will. So if you're not asking for help or not listening to help, there you are.

**Q. I use my spirit guide to talk or confer with another person's spirit guide to solve a problem between us, and it's worked out beautifully.**

Of course. Of course it did. Your high self can go forth and meet the high self of anyone else on a higher level and resolve things.

**Q. Isn't that when you ask yourself, okay, what do we do now? You know, isn't that asking your inner self or your guide?**

You say, "What do I do now. I've done everything I can in my conscious understanding. Okay, fellows, it's up to you." You'd be amazed what can happen.

One of the things you have to understand is that you make a decision, you ask a guide for help, but the way you do it, as I watch you, is: "I need your help, and this is what I want to happen." (laughter)

Say, "I need your help," and let them decide the way it's supposed to happen from the higher view. You'll get to where you have to be, but it may not be in the method you're thinking of.

Yesterday we spoke about limitless. Remember, we said, don't limit yourself. You are limitless love, limitless, you know, wealth; you are limitless health. Don't limit yourself. Don't limit yourself by saying, "This is the way it has to be," because there may be ten ways better and more productive for you and better for you.

Have you ever discovered that when you're trying too hard, nothing happens? You're studying so hard for an exam that you can't absorb anything? You're trying to get the two joints of a pipe together so hard that you're stripping the threads?

If you put it down for a minute and be still, you'll pick it up and it will go on perfectly. The object is that when you release it from your desire to force it to happen, you turn into another energy that has done it before in you, or outside of you in the universal bank, and the next time around it goes easier.

Did you ever notice that if you're doing something difficult, you close your eyes? You're trying to hook something in the back. What do you do? Shut your eyes. Trying to fix the tie, you go like this. Why?

In closing the eyes, you take away the limit of how it's been done before, and you are relying on the senses to tell you how to do it, and the senses are in touch with other space.

Just watch yourself every once in a while when you're doing something that's a little bit tricky. You'll finally

close your eyes, because you're tuning out of the limiting factor and into the limitless knowledge that's yours, so that you can move forward with it.

**Q. In asking to speak to the guides, I don't use the word guides. I just speak to the openness, but I ask for absolute protection from any harm, injury, illness, sickness, heart disease, but I use the word absolute. I'll say it and I'll let it go. Now, is that wrong?**

No. That's limitless.

**Q. I'm thinking about the guides, that I don't refer to them as guides, per se, just speak to them.**

You're speaking through the collective energies of them, and that's all right, too. I use the word "guides" so that people are aware that we're talking about somebody outside themselves.

The thing is, you want to treat them as friends in the unseen world, and just as you would reach out to a friend in a seen world and say, "Help me," you reach out to someone in the unseen world and say, "Help me."

Now they do their best. They really do. Sometimes you block it out, because they have everything to give you in one way, and you're refusing it because you say, "It's got to be this way."

**Q. So, stop using the word "absolute?"**

No. The word absolute is fine. Absolute is perfection, it's limitless, but what you say... In other words, if you say, "Cure my cold," then you'd better be doing something about your cold as well. Don't expect spirit to do for you what you won't do for yourself. Know that common sense counts. God gave you a mind; use it.

**Q. Do you even have to specify the thing? I mean, I just take it for granted that my higher self knows what's best for me.**

But that's because you're living the principle. You already are living the principle. It's as natural as breathing for you.

When you're living the principle, you don't keep going back and checking the textbook; you accept that it's happening. So, you are constantly asking for help when you need it and when you've done all you can, but it's a natural thing because you're living the principle.

**Q. And then it's really unnecessary to bring the other energies or spirit guides or anything?**

**They're there. You know, you pray to God, He sends his emissaries, but you pray to God in whatever name you use for God.**

*(To be continued in the June 2026 ROL)*

## LOSS

By Barbara Garro

Losses come as part of living. People move. Chapters end. Circumstances change. To pretend otherwise is to argue with reality — and reality always wins.

When losses come, pause. Do not rush to push any loss away or dramatize any loss. Simply pause.

Recently, my wonderful neighbor sold his home. We shared a delightful, ongoing friendship, and I will dearly miss his presence. That absence is real.

But so is something else. I was blessed to have him in my life for the years he lived here. That was a gift. The friendship does not disappear simply because geography changes. It changes form.

Instead of focusing on "I don't have this anymore," I choose to focus on "I had this, and it was good."

Gratitude does not deny loss. It reframes it.

Gratitude says:

I received something beautiful.

I experienced connection.

I was enriched.

When we focus only on what is gone, we train our minds toward lack. When we focus on what was given, we train our minds towards our blessings.

This does not eliminate processing grief. Our attitude of gratitude prevents grief from turning into bitterness and overstaying its welcome.

Grief is honorable. It acknowledges that something mattered. Healthy grieving allows sadness to move through us without taking up permanent residence.

Loss then becomes looked at as one of life's realities. Instead of proof that life is cruel, suffering a loss is proof that life once gave us something worth missing with wonderful memories that no one can ever take away from us.

And that changes everything.

When we live this way, losses do not rule us; they refine us.



## LIFE

Life isn't like being confined in a dense forest, where visibility is limited. It's more akin to being in an expansive meadow, where you can see everything and pursue any endeavor you desire. Unlimited potential lies just at your fingertips...

Meadow wide and still,  
every path a silent hymn—  
the sun sings of choice.

Not lost, but alive,  
I walk where my spirit calls,  
free beneath the sky.



Life is not a labyrinth of thick trees and tangled shadows. It is not a place where each step feels uncertain, cloaked in mystery and fear. Rather, life is a vast, open meadow—boundless, sunlit, and full of promise.

Here, the horizon stretches far and wide, and every direction holds a path waiting to be taken. The air carries possibility, not limitation. In this wide space, dreams have room to breathe, to rise like larks into the sky.

You are not hemmed in; you are held by freedom. All that you seek is not hidden—it is visible, reachable, waiting. The only compass you need is desire, and the courage to move toward the joy that calls your name.

## A Season of Runes

by David Ross

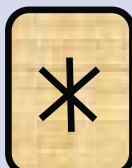
### What is the situation energies with the energies of this spring?

Situation Developing



**DAR**  
(reversed)  
Void

Course of Action



**DAAL**  
Creative Release

Situation Now



**POUM**  
(reversed)  
Neglect

### From the perspective of the Universal Runes, what is the situation with Spring 2026?

Happy Spring! I am finding the energies so elevated already that I have to use a fundamental Julian technique to ground myself: Stating that, out of 100, my energy level is 150, and then with each deep breath, lowering my energy level by 10, down to 70. To be honest, I'm using this technique to contract ambient anxiety that has my head spinning, as well as just getting focused. When the world speeds up, we slow down.

I have recently rediscovered something of the experience I had as a child, being alone and quiet in nature or in a garden. There is a communion with something that is beyond humanity's power to destroy; call it nature or the way of things. In relation to that, there is peace.

When Universal runes are reversed, they only speak of the individual, not the Universe. One of the positions on the Wisdom Circle is entitled "Polarity of Man". This is a physical point opposite the spirit point of "Merger". We seek merger, and yet we as children of God also seek our own creation. Many mistakes are made along the way, and per Julian, God's gift of free will shall not be rescinded. So on we go, and given immortality, we have time.

So, we find ourselves here in this dense plane, on this planet. Nothing in nature questions its position, its environment, or fate, or what have you, except for us. Are we part of nature? Hmmm. Perhaps we are here in part to learn from the impersonal world of nature.

Per Julian, the first law of nature is "Survival of the Fittest". This is why evolution here bends towards perfection. It is also a cautionary tale for anyone who judges those in the military simply for being so. Julian once told me that if there was no reason for the military, it would not exist, and if I continued to judge those in the military, I would reincarnate in the military. I didn't want to do that, my personal choice, and I have tried to stop judging.

OK—the cautionary tale of POUM reversed, the situation at the beginning of spring, also reminds us of the potential of POUM to plant, seed, and grow. It "often attends the seasons." A question it poses to me is, what do I need to see through to completion?

There is a promise here, of POUM upright, the universal rune of nurturing forces. Individually, the ability to grow and maintain growth. Reversed, the opposite: "The inability to sustain growth. Some immature concepts and attitudes exist." What do I need to do to change my concepts and attitudes and tap into nurturing forces in both the universe and myself? What, if completed, would release energy?

The course of action is DAAL, Creative Release, and frankly, I'm grateful that it has no reverse! DAAL "moves to release new energies and new concepts," so it ties directly into the nudge of POUM reversed, instigating the replacement of immature concepts with new ones. For example, I find myself thinking, "I can't really pursue music," and yet everything in my life has rhythm and vibration, and when I'm just that tad quieter, I'm in

the middle of the orchestra. And, I'm way more balanced and attuned to guidance after playing the piano. So, what's the problem?

The problem is the way I think about it. My concepts and attitude. When I release to the flow, it grows, and "I become a flow of energy in a moving force," the beginning of my favorite Julian affirmation.

DAR reversed represents a void. This is intriguing because metaphysically, the void contains all things. In this case, it denotes a directionless force, no movement towards a goal, and states that a new focus is needed. Please take the time to read the description for DAR upright.

I want to see more clearly in relationship to my future. I want a booster energy. I want to tap the permeating energy in all futuristic things. I want to think, contemplate, meditate, and bring goals into focus.

The basis of the mystic path is "God is, I am, and we are one." Within us is a point of oneness with All That Is, including the Void itself. Yet nothing of that infinite potential can be brought into our earthly lives without the movement—our movement—of focused thought.

In the concluding paragraph of *Creation, Its Laws, and You*, Julian states: "Ether without the focus of thought is nebulous. Through focused thought, it becomes creative energy. That this can and does occur is the full realization of the power of Divine Force."

The coda there is to elevate to a point where our thoughts merge with those of our own true selves, our divinity, one with the creative force, and then take that back down to action on the physical plane. Spirit can only engage once invited. To touch spirit, we must elevate and open to it. Then the new concepts and attitudes can flow.

*For all the Universal Runes source materials the authors are Rev. June K. Burke & the Seraph Julian. Copyright © 1985, 2018 Saul Srour. All rights reserved.*

### POUM (Oum): To Plant, Seed, Grow



**Glyph:** This glyph is representative of small blades of grass or plant life coming forth.

**Universally:** POUM is the Universal Rune of nurturing forces. It is the cycle of growth and often attends the seasons and refers to seasonal change.

**Individually:** It represents the ability to grow and maintain growth. The indication is to see things through to completion. It represents the normal cycles of change within any complete activity or thing. Thus POUM is the energy within the child to become the plant.

**Reversed:** It is neglect. POUM in a reversed position indicates a cycle neglected, improper nurturing of an issue, or the inability to sustain growth. Some immature concepts and attitudes exist. It means dragging the feet on changing, or not quite wanting to change, or improper nurturing of that change. You might find a battered child would pull this rune reversed, because there would have been improper nurturing along the way.

### DAAL (Aal): Creative Release



**Glyph:** The symbol itself is that of a starburst. It is a letting out of energy. From one vortex many points proceeding outward. It is a rune of creative release.

**Universally:** This rune represents the universal movement of creative thought and action through time. The universal forces have begun to create from divine understanding, and it will manifest at its perfect point in time.

**Individually:** The creative energies are activated or elevated, permitting a new expression of the self. The Key Rune, DAAL, is a positive expression wherever it appears. It moves to release new energies and new concepts.

### DAR (Ar) — Heavenly bodies, Star, Planet, Goal



**Glyph:** The comet's tail.

**Universally:** DAR is the energy of outer space. It is the energy of openings and advancements universally. DAR is the permeating energy in all futuristic things. It is through tapping this by thought, contemplation or meditation that goals are brought into focus. DAR is the inventor's thrust.

**Individually:** It assists in setting goals and moving toward them. Where DAR appears in the spread, it is a booster energy that helps an individual see more clearly in relationship to his/her future.

**Reversed:** It is the void. It designates energy that is not moving toward a goal, but is a directionless force. A new focus is needed.

## The Power of Small

In the Julian Community, we are all s-o-o-o blessed with wonderful teachers, facilitators, extraordinary material, and other guideposts to complement our never-ending search for our True Selves. Now, our organizational leadership is vigorously promoting the formation of smaller groups. We have been asked to share our experience in the hope that others will take the initiative to “go small”.

We formed our group in April of 2024. Our goal was to learn Tarot, with strong, enthusiastic encouragement from Camille Albrecht. We should have known what a wonderfully enriching, unpredictable experience this would be when we fussed over what our name would be. We were as diligent as expectant parents trying to find just the right name. Note: We did not go as far as one of our members who, when pregnant a hundred years ago, went to an open field with her husband and kept yelling out possible names for their soon-to-be son — just to make sure it “fit”. We knew we would figure it out. And we did.

For us, it was months into our monthly meetings when someone suggested we call ourselves “UTG”

(Unnamed Tarot Group). Everyone instantly agreed it was perfect. We meet once a month (with major holidays excluded to allow for cooking, company, grandchildren, and *life*). We still do our Tarot work every month and cherish our leftover time for what we refer to as “whatever.” We view the “SMALL” part as an important component of conversational intimacy. Laughter, study, and tears are the perfect mix for us. So is the number of group members, which we keep at six.

Please consider the power and joy of your own yet-to-be group. Start one, find one, or advertise for one. And then write about your own experience so we can all enjoy it!!!

With love and encouragement,  
Julian Organization UTG Group

Beverly Stern, Facilitator  
Fran Boronski  
Rue Eisen  
Deb Huggins  
Adele Lederman  
Lynne McLewin

### Invitation to Julian Community Discussion Groups

**I would like to invite interested members of the Julian community to participate in a series of group discussions centered around selected Julian workshops. Participants are welcome to suggest workshop topics of interest; we will listen to the chosen workshop individually, and then come together to explore it in conversation at the following meeting.**

**Meeting dates and times will be determined based on participant availability. There is no charge to take part. This is a wonderful opportunity to delve more deeply into any of Julian’s work and to share in spiritual growth, reflection, and mutual support.**

**If you’re interested or would like to propose a workshop topic, please reach out—I’d love to hear from you. Contact Deb Huggins, [sdhuggs@gmail.com](mailto:sdhuggs@gmail.com).**

Sam and Temier have recently published a number of small books with huge amounts of inspiration, motivation, and wisdom. Below is a partial list of available books. Contact Sam at [samholland7@gmail.com](mailto:samholland7@gmail.com) if you want more information, would like a catalog, or are interested in getting copies.

- Bedtime Stories for Curious Children (English & Dutch)
- The Meaning of Life for Teenagers
- The Seven Currents: Flowing with Life
- Whispers of the Unseen
- Unavoidable Healing
- When Love Becomes Light
- When Unconditional Love is Carried Forward
- The Extraordinary Paths of Women
- The Extraordinary Paths of Men
- Becoming
- Bedtime Stories for the Young at Heart (English & Dutch)
- Life Evolves
- Searching
- Help Along the Way
- A Bit of Wisdom
- Insights
- Some Interesting Thoughts
- Beneath the Surface
- Collaborations



2026 ushers in the Year of the Fire Horse — a blazing return that comes once every 60 years. In the Chinese zodiac, the horse symbolizes strength, grace, endurance, loyalty, freedom, and success. The horse's energy is active, dynamic, and life-generating, and speaks to ambition and vitality. The fire element amplifies each of these characteristics. A Chinese idiom says: "When the horse arrives, success arrives."

Chinese astrologers tell us that there will be many opportunities for growth this year, so individuals are encouraged to push forward with personal goals, embrace change, and endure the process for ultimate reward.

The fire horse is a sprinting animal, which indicates that events will unfold rapidly this year. Fire horse years, historically "disrupt the existing order" of our societies with periods of social or political instability.



## The Winter 2026 Calendar

(Events and classes open to the public)

See our online calendar at <https://julianteachings.com/calendar>

Date	Time	Activity	Host or Presented by
<b>APRIL</b>			
Sunday, April 5	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, April 12	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Saturday, April 18	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Sunday, April 19	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, April 26	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
<b>MAY</b>			
Saturday, May 2	9:00-10:00 am PT	Pop-up: The Astrology of 2026	Camille Albrecht & Denise Hall
Sunday, May 3	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, May 10	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Saturday, May 16	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Sunday, May 17	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, May 24	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, May 31	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
<b>JUNE</b>			
Sunday, June 7	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, June 8	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, June 14	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Saturday, June 20	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Sunday, June 21	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, June 28	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross

**Sunday Morning Julian Healing Group** — Join these welcoming generous hearts of love, light, and healing who continue Julian's mission to enrich one another in this powerful energy and channel it into the world. In this group, we are empowered by one another, Julian's energy, and all those in Spirit who join us. Contact Jerry Gross at [jerrygrossny@gmail.com](mailto:jerrygrossny@gmail.com)  
 10:15 am EST — Open chat time      11:00 am EST — Healing session begins

**Temier's Healing Gathering** — Join the Healing Gathering every other Sunday at 11 am PT (2 pm ET, 7 pm GMT, and 8 pm CET) by Sam Holland and Temier. They are free and are given via Zoom. They are very powerful and include both individual and global healing. Sign up at: <https://www.temier.com/HealingGatherings.html>



## More Info About The Events

### Tipping Point Round Table Discussion — Implementing a Personal Plan of Action

This group meets the third Saturday of each month at 9:00 am PT and is offered without charge. Action-oriented, the meeting supports personal and global transformation through discussion and guided meditations.

Visit [andreamithtransitions.com](https://andreamithtransitions.com) to register, for more information about the tipping point, and to check out the evolving resource list developed by participants.

**Heal, Empower, and Thrive** — Cindi Frank wants to start a regular study group focused on healing techniques. The discussions will be about the many Julian workshops about healing techniques; with time for healers to share their own knowledge and experience. Contact Cindi Frank at [frank.cindi@gmail.com](mailto:frank.cindi@gmail.com) if you are interested.

**Lemurian Wisdom Circle** — On site in Portland, Oregon with Zoomed participation available, Saturday, May 30, 2026, 9 am to 12 noon Pacific. Advanced registration is strongly recommended. See [andreamithtransitions.com](https://andreamithtransitions.com) for more information.

### Popup: The Astrology of 2026

**Date:** Saturday, May 2nd, 2026

**Time:** 9:00 am Pacific; 12:00 pm EST; 5:00 pm GMT; 6:00 pm CET

Join Camille Albrecht and Denise Hall for an engaging overview of The Astrology of 2026. They'll explore the the continuing transformative impact of the four outer planets transitioning into new signs—a rare event occurring within 12 months. This marks a period of profound change, heightened energy, and accelerated personal and collective growth.

They will also discuss the North and South Node changing signs from Pisces/Virgo to Aquarius/Leo in late July.

Discover what's in store as Camille and Denise share their insights in the astrology update for 2026—a year bursting with action and opportunities. This one-hour pop-up will provide valuable insights for navigating these changing, challenging times. Whether you are an astrology enthusiast or simply curious, this session promises to be both enlightening and engaging.

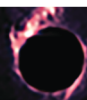
## Long-term Studies that You Can Still Join

**Beginning Astrology** — Covers the basics: planets, signs, houses, aspects, and transits. The focus is on understanding your own chart: strengths, challenges, the cycles in your life, and your soul purpose. New students can join the class for another month if willing to do catchup. Price of classes: \$15 per class. Contact Denise Hall, [deniseh7@sbcglobal.net](mailto:deniseh7@sbcglobal.net)

**Mystical Magus** — A new Mystical Magus class via Zoom began September 2025. New members may be eligible to join with private catch-up classes. The class meets by Zoom the second Friday of each month at 9 am PST. This study attracts dedicated students interested in a long-term commitment. Pre-approval and prerequisite study within Julian's Transition Energy, Development, or Practical Magus courses are required. Former Mystical Magus students who would like to review the material can request approval to enroll. Expanded descriptions and additional information are provided on Andrea's website, <https://www.andreamithtransitions.com>, as well as the Julian website. Please let Andrea know if you are interested: ([drandreamith77@gmail.com](mailto:drandreamith77@gmail.com)).

**Transition Energy with Andrea Smith** — A new section of Julian's Transition Energy (TE), offered through Zoom, began October 2025 and meets the third Thursday of each month at 11 am. New members may still be eligible to join. Former students of TE may also request approval to enroll. Expanded descriptions and additional information are provided on Andrea's website, <https://www.andreamithtransitions.com>, as well as at [julianteachings.com](https://julianteachings.com). For more information contact Andrea at [drandreamith77@gmail.com](mailto:drandreamith77@gmail.com)

**Temier's Pathways Meetings** — Jan Clayton just started another section of Pathways Meetings that is still open to join with personal catch up. This is a unique bi-monthly meditation study that helps participants find and walk their life path. (Detailed info at: <https://janclayton.samling.us/temiers-pathways-meetings/>) If interested, contact Jan Clayton at [jan.clayton@samling.us](mailto:jan.clayton@samling.us)



### About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Teachings Community. This newsletter is a tool to connect our community — a place where we can share ideas, information, activities, and creative works. Thanks to the many writers, editors, and artists who contribute their words and ideas to this publication.

People who belong to the Julian Teachings Community mailing list automatically receive submission requests and links to new issues.

Current and previous issues are available at: <https://julianteachings.com/resources/ring-of-light-newsletters/>.

Submission Deadline for the next issue: 6/8/2026

### Thank you for your support!

Thanks to all of you for the financial support that allows us to produce the Ring of Light. If you can't download an electronic version, we will mail a paper copy to US residents at an annual contribution of \$10. Make checks payable to Jan Clayton (send to 25960 Quail Lane, Los Altos Hills, CA 94022), or send funds with PayPal or a credit card via <https://paypal.me/jclayton94022>.

### Contact Us

Please send submissions for an issue, report a change in how you wish to receive your subscription, or suggest ways to improve the Ring of Light to [ringoflight@julianteachings.com](mailto:ringoflight@julianteachings.com).