

Ring of Light

A Newsletter for the Members of the Julian Community

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September 2025

Chaos, that is what it feels like to me. Change is happening rapidly, too rapidly in my opinion, but the harder part is that changes are often here today and gone tomorrow, and then back again at some later date. How can one stay in balance? It is so difficult to know where to head, what to do, or who to believe. The next step seems to change on a daily basis.

I love the Terence McKenna quote on the right. He believes that humanity has “lost touch” with chaos because our egos need to be in control. And, of course, what is farther from control than chaos?

But with change and chaos comes opportunity — the ability to break away from old patterns that no longer serve us and the ability to be more creative and innovative. Somehow, we have to let go of the status quo and embrace change and maybe even a little chaos.

The energies of this year are tough to deal with. Tempers are flaring, discourse is becoming warlike, and threats are extremely commonplace. But Aca’u provides great advice to us: “... other energies unfolding now are those that encourage you to create peace and to permit peace to flow through you. These two opposing forces are at work during this period — one that enflames anger and the other that encourages peace. Choose peace.”

“Choose peace.” Despite the turmoil, we need to remember that we still have freewill and can choose how we react to the chaos. We need to remember that we are in control of our lives. No wonder Julian kept impressing upon us to be careful what we think. Now is the time to think good thoughts about the future.

It seems a bit bleak right now, but Temier insists that the future is good: “Humanity indeed will survive, and yes, prosper. It is an individual’s choice whether the path is painful or graceful.” May you choose a graceful path.

— *Jan Clayton*

"Chaos is inherent in all compounded things. Strive on with diligence."
— Buddha

"Chaos was the law of nature; Order was the dream of man."
— Henry Adams

"When there is chaos, there is opportunity."
— Sun Tzu

"All great changes are preceded by chaos."
— Deepak Chopra

"Chaos is what we've lost touch with. This is why it is given a bad name. It is feared by the dominant archetype of our world, which is Ego, which clenches because its existence is defined in terms of control."
— Terence McKenna

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This Season's Astrology

by Jessica Nelson

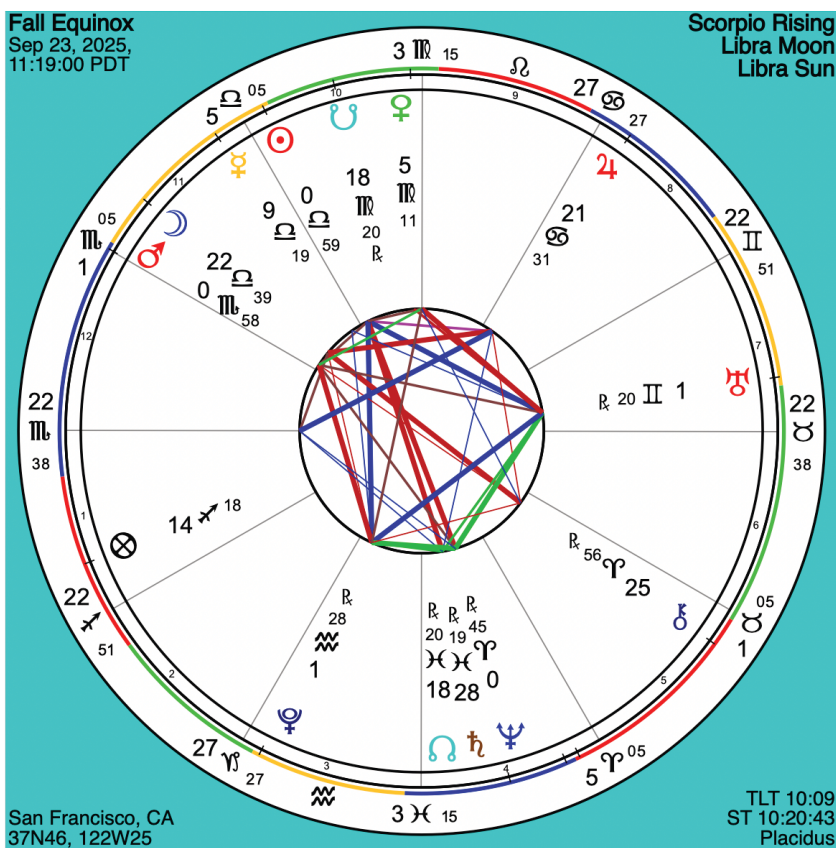
We entered the fall equinox on September 22nd, when the Sun entered Libra. Balance and harmony are spotlighted. This equinox is inviting us to review ways we can bring balance to our lives, creating harmony in our relationships and social endeavors. Neptune is retrograde in Aries, guiding our spiritual alignment. Saturn is retrograde in Pisces, strengthening our spiritual attunement, and reevaluating our structures with empathy. Uranus is retrograde in Gemini, shaking up the way we communicate with the world around us. Pluto in Aquarius continues to reshape our social systems and power dynamics, pushing us to transform.

The energies are guiding us toward healing our inner self, speaking our truth, following our dreams, and entering into a collective purpose. Jupiter holds its position in Cancer, indicating emotional growth, and nurturing home and family. In the United States, we may see a season of strengthening community bonds, family-oriented change, or unity.

Venus is in Virgo, enhancing our detailed focus, and service driven qualities. Our daily habits will be refined and perfected. On October 14th Venus will enter Libra; here its beauty is on full display. We all crave unity and balance in our everyday lives, and throughout the world. Peace is the goal. On November 7th Venus enters Scorpio, bringing intense feelings. We may experience deep emotional changes as a whole. On December 1st Venus enters Sagittarius, changing from deep and serious, to fun and freedom. With this placement our optimism soars! We feel adventurous and social.

Mars entered Scorpio on the fall equinox; this should bring power shifting transformations. On November 5th Mars enters Sagittarius, bringing energies of enthusiasm, and a thirst for exploration. We seek truth and action. Education as a whole may become the focus. On December 16th Mars enters Capricorn. With this placement Mars' energy is disciplined. As Mars journeys its way through each sign it carries the energies through, adding layers. Power shifts and accountability, bring organized rebuilding.

There was full moon on September 7th in Pisces, this allows for inner release, spiritual and psychic attunement. The veil is continuing to fade around us and we accept our spiritual awakening. The full moon on October 6th in Aries will bring bold energies. We are courageous and independent. This is a good time to use our personal power. On November 5th the full moon will be in Taurus, providing stability and comfort. Today enjoy the pleasures life has to offer. The year's last full moon will be in Gemini on December 4th. This allows our minds to be flexible and highlights our curiosity.



With Pluto's placement in Aquarius the generations of Gen X and Millennials will both experience deep shifts in different ways. Gen X was born with Pluto in Libra, focusing on balance and harmony within relationships. As Pluto begins to form a trine to their natal Pluto, the energy is ripe for change. Creating balance between them and the world around them will be imperative. If you are finding yourself in a stressful state or a pull to change, ask yourself if you have stability in your life. Do you listen to the other side, and seek to meet in the

middle? If not, Pluto is asking for transformation. If you're not willing to change, Pluto will force the alteration. Millennials were born with Pluto in Scorpio, and will be experiencing a square to their natal Pluto. Their lives have always been associated with deep change, and profound shifts in the collective. The tension to develop something deeper will weigh on them. Eventually the weight will become too much to

bear, and Pluto will impose its change. Now is the time to peer into the depths of your soul, and bring about a deep metamorphosis within yourself and the world.

The overall theme this fall is to envision what we want collectively, use our emotional drive to have our voices heard, and bring about lasting change through grounded principles.

Reaping the Benefits of Change: Finding the Pony — Seeking the Unicorn

by Jan Clayton & Andrea Smith

(Based upon the September 20th pop-up with same name)

Human beings are notoriously bad at change. We resist it because it leads us from the known to the unknown, and often from the comfortable to the uncomfortable. Change always requires some adjustment — those secondary changes required to support the initial change. As a result, change feels hard, often exhausting, even when we are happy about it.

In the last year, every planet has changed signs at least once. The result? It's been a huge year of change for nearly everyone and nearly all aspects of our lives. Some of those changes feel good, some feel pretty ugly.

We can't stop change; all we can do is accept it and adjust to it, and with some careful thought and action, get the most from it. We can take the positives and make sure that they grow into everything that they can become, maybe even into something beyond our wildest dreams.

We can take the apparent negatives and look for the reasons that they came into our lives, the benefits or opportunities arising from the change.

Aca'u, in his fall statement gives us a hint of how to process these changes: *"This Fall Equinox period is different from most. Most often, this is a time of pushing forward to take action after the maintenance and evaluation energies of the summer solstice period. It is a time of high activity, initiative, and advancement with the harvest. This equinox is not so. Rather than pushing ahead to initiate the new, this is a time to step back to view things with a fresh perspective. Examine the harvest — what you have created in your life thus far and what has manifested about you — with new eyes."*

This is what we want to focus on in this article — a set of concepts and processes to help you examine the changes that have occurred in your life over the last 10

months, whether you consider them good or not. We want to empower you to make the absolute best out of them, hence the subtitle: *Finding the Pony; Seeking the Unicorn.* (From a quote: *"With all this manure, there must be a pony in there somewhere."*)

Making the Most of Positive Changes

What makes us view change in a positive light? When we view a change as positive it is typically when one of four things happen:

Improvement Occurs — There is something in our life that wasn't going well (e.g. finances, job, partner, the house, illness), and the situation has definitely improved. Whether you made the change or the change "just happened" makes no difference. We feel good about it.

Progress is Made — Similarly, maybe we have made significant progress on a project, goal, or desire. We feel that progress is being made, possibly after a lengthy period of stagnation or blockage.

Opportunities Appear — Maybe the change has created opportunities for you to do something that you have always wanted to do: the dream job or vacation, maybe something on your bucket list.

Adoption of Beneficial Habits — Maybe you have made a positive change in your lifestyle that you are very proud of. You know it is going to have very beneficial effects over time.

You will note that it is really easy to find the pony with positive changes; there is very little manure to get in the way. The question is: What more are you going to do with these positive changes? Many people just make the least amount of adjustment to their lives when the opportunity presents itself. Then there are those who both



embrace and leverage the change to increase the results. In other words, they are engaging in the support that is provided by the Universe. The light illuminates our path so that we can experience more joy. This second group is seeking the unicorn.

So, the trick here is to figure out how you can embrace and leverage a positive change. Ask yourself these questions:

- What habits, tools, or processes can I put in place to get the most from this change?
- What other changes could I make in my life to better support this change?
- How does this change feed my personal path and personal goals? How does it feed a Universal goal set by the Universal Mind of the Creative Force?
- What can I do to mitigate the inconveniences of adopting this change to maximize your fun and joy?

What About the “Bad” Changes

No change is bad, or so Julian and Temier continually remind us. It is our perspective that judges a change as bad. So, the most important thing for us to do is change our perspective. One option is to move from framing a change from “bad” to “extremely inconvenient.”

Julian and Temier have also both indicated that “negative changes” are typically associated with life path corrections, so we should look at them as gifts.

But why do we decide that a change is bad? There are a bunch of reasons:

- It is damn inconvenient.
- It isn’t something that we wanted to happen, such as the loss of a loved one or a job that we really liked.
- It throws existing plans out the window.
- It has a significant negative financial, physical, mental, or emotional impact.
- It moves us out of our comfort zone, whether just away from our long-time habits or it requires us to do things that are completely new and challenging.

If we believe what our spiritual teachers are telling us, even these negative changes are critical. Because of this, it is essential for us to understand why we need these changes and how they relate to our life path. A change might also be part of a critical learning experience, so we need to understand what we are learning and how we are growing. Consider asking yourself these questions:

- What new possibilities for growth, creativity, inno-

vation, and exploration have come into my life because of this change? As stated by Mother Superior in *The Sound of Music*, “When God closes a door, he opens a window.” What window has opened for you, and how do you take advantage of it?

- What weakness of mine or my situation did this change bring to my attention? What did I learn about myself?
- What can I do to make this change the most palatable to me? How can I adjust my life to make it even better than before?

Find the Courage for Change

We understand that making and dealing with changes is not easy. It takes a huge amount of courage and effort.

Mark Divine, in his book *Uncommon*, tells a wonderful Cherokee parable about two wolves that addresses our collective challenge for this fall.

“The Cherokee culture believes that two wolves reside in us all. The fear wolf lives in our minds. It’s nasty, dark, gloomy, cynical, envious, and in constant need of attention and feedback. It’s responsible for all our jealous, judging, angry, and doubting thoughts. It’s always finding fault with self and others, and it thrives on false beliefs that lead to self-limiting concepts. The fear wolf eats ‘I’m not enough’ for breakfast.

The courage wolf resides in our hearts. It’s associated with feelings of goodness, abundance, optimism, compassion, gratitude, and high self-esteem. It feeds on positive imagery and kind words of forgiveness and encouragement. When fed over time, Courage Wolf transforms into unconditional love of self and others, and a limitless self-concept.

The parable goes that a grandfather tells his grandson about the two wolves that live inside us, and he explains how they’re at war. The boy then asks, ‘Grandfather, which wolf wins?’ The grandfather replies. ‘The one you feed the most.’”

Let’s make sure that we feed the courage wolf this season as we re-examine and deal with all the changes that have come our way. Find the pony under the manure, but continue your search until you find that magical unicorn. It might be hiding right after the next step down your path.

(You can find the video of this popup with the association meditations at: <https://youtu.be/w1rHDHxvcq4>)

LIBRA

September 21 to October 21

Ruled by Venus, you appreciate beauty at a refined level and can create a welcoming and comfortable home for family and friends.

Through balance you handle the inner world with the outer world of appearance.

Libra is an air sign so leave room to move things around as needed. Black and white floors, furniture or fabrics can be used expertly.



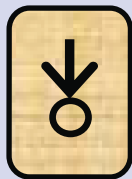
We are honored to feature astrological designs and texts by Jeannie Livingston (with help from Jerry Gross). These designs are available as beautiful greeting cards. If you are interested in finding out more, please contact Jerry at jerrygrossny@gmail.com

A Season of Runes

by David Ross

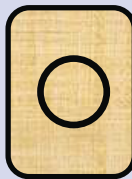
What is the situation energies with the energies of Fall 2025?

Situation Developing



MAAUI
(Reversed)
Man – His Race

Course of Action



AUM
The Yet To Be

Situation Now



LHHLA
Completion,
Finished Works

The three runes in this reading are the last three Universal Runes. LHHLA, the energy of the *current situation*, “assists in the proper culmination of any change.” This comports with the fall equinox message from Aca’u that this fall equinox is different from most. In part, Aca’u states that “Rather than pushing ahead to initiate the new, this is a time to step back to view things with a fresh perspective. Examine the harvest — what you have created in your life thus far, and what has manifested about you — with new eyes.” Thus, a receptive completion instead of an active instigation.

The *course of action* this fall is AUM, unseen forces at work. “Changes that are in movement only in the ether and not yet available to man.” In a way, that lets us off the hook. If the movement is only etheric, what does that have to do with me? Good question. My answer is that if we are one with God (God is, I am, and we are One), then we are also one with the ether. It’s not a separate thing.

I believe that is the fundamental teaching of the Universal Runes themselves, that there is no separation. The Universal Rune, NUUH, is “the breaking of the un-touchability,” and touch is the master sense. In the etheric realm, per Julian’s teachings, there is no time, no space, no separation. It is the realm of being. I can’t explain what that means, but I recognize it because it is part of me, in any form, in any existence. God is, I am, and we are One. The unseen forces are, I am, and we are one. I may not be able to see them, but I can sure feel

them at work, in me and in the universe. AUM’s message is that Divine Power rules. That is not a message of domination but of cooperation, for I am.

What then to make of MAAUI reversed? Julian states that it “removes man’s influence, leaving the rune as a universal influence to which man must bend.” Oh, gladly will I bend! I would far rather be influenced by the Universe than the news cycle, or the hamster in a wheel of my conscious mind. Take me, I’m yours! Not only will I still be me, losing nothing worth saving, I will be released to a greater version of myself, the part of me that is a child of God and wants to someday get to adulthood. Looking forward to it. Bring it on!

The universal influence on me is myself acting upon me, once I allow that of myself which is a universal being, to do so. Its all a bag of tricks. I am an instrument, but I am also a source, and which came first, if there is no time?

Stop thinking with words, they don’t serve the cause of direct experience. Internal words which are not poetry or a song are a monologue, a story only I am listening to. They separate me from life. Innocence has no words, and there is no direct experience of anything without innocence. This fall is not about forcing the action, but becoming the moon.

LHLA (Lha): Completion, Finished Works

Glyph: This glyph has a rhythm. It is also a stairway. Therefore, it is stepping forth, growing, moving upward in your own rhythm and pattern.

Universally: This is an energy of sustaining force. It maintains rhythms in time and space which assist in the proper culmination of any change within the universal pattern.

Individually: Where LHLA falls, it is the energy of the inner clock for that person. It creates urges for change and the initiation of change at the time that is right for that person's rhythm and growth patterns.

Reversed: There is no reversal of this rune. It always deals with rhythm, time, and change.

AUM (OhUm): The Yet to Be

Glyph: The symbol represents the energies yet unfolding

Universally: The Universal Rune AUM represents the yet to be. This circle represents the energies yet unfolding, the movement in the void. This Key Rune indicates changes that are in movement only in the ether and not yet to be seen. Divine power rules and time will reveal its plan.

Reversed: There is no reversal of this rune.

MAAUI (Ai): The Human Race

Glyph: The symbol representing man — the human race.

Universally: This is the universal energy that influences evolution and unfoldment. It is MAAUI that weaves the rhythm of all things universal into a compatible tapestry for man to evolve within.

Individually: It is man's own evolution, mentally, physically, and emotionally. Where this rune is placed in a spread indicates growth and evolution for the individual.

Reversed: It is without man's influence, leaving the rune as a universal influence to which he must bend.



Saul's Corner

Transitions & After, Part 4

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Authors: Rev. June K. Burke and the Seraph Julian

(continued from June 2025 Ring of Light)

Participant: Do animals reincarnate?

Animals reincarnate, oh yes.

Participant: With us?

Yes, they come back to you.

Participant: Over and over?

Well, not always over and over. Sometimes they come back to you, sometimes they go on to other things. They have their own growth, you know. They will very frequently be in a different form than they were before.

In other words, not out of their species, but what was the lion or the tiger can become the pussy cat. Sam has a couple of temple cats living in his house now. They've come back to do their thing in a different form, so to speak. They were much larger in the temples of Egypt.

Participant: Along the same lines as the animal kingdom, how do they ever reincarnate into physical... I'm sorry, people's bodies, human beings?

No. Man is man, animals are animals, and so on. They evolve in their own species, but they do not cross the lines, even though they come from the same energy.

Participant: There are people that are dying. Two questions: one is in a normal situation, what can you do to help someone that's dying? And, the other one is: in times when there is mass death, what can you do on a spiritual level to help?

On a mass death, you can send love and light and the wish for them to find their way home. Remember this, healing energy, love knows no barrier, knows no distance. You can reach on the other side of the world. So you send them the positives, the good.

And also remember that the greatest gift that you can give a dying person is permission to die. You know, many people hold on in very painful situations because someone is saying don't leave me, don't leave me, don't leave me. And if you can say to them, "I love you, I will miss you, but I understand, it's okay to go," you will find, usually in twenty-four hours, they will close their eyes and go, because then they will make their decision.

They literally are asking for your support in this wonderful journey they're about to take, but because the human doesn't see it as wonderful, they have a tendency to

say, "Stay here where it's nice. You're miserable. You're sick. You can't do anything. You're in pain. Stay here."

Participant: What kind of thing can you do to help somebody? For instance, I know a woman whose husband died thirteen years ago, and in her mind, nobody will ever take his place.

And nobody every will, because she's already decided that.

Participant: ...and she constantly complains about the fact that she's alone, because nobody will ever take his place.

That's sort of the dual standard. When somebody passes, your allegiance to them is memory and love. They cannot be in your world. You cannot be in their world. They free you to love again.

And to a lot of people who have been possessive, that thought is not happy. What do you mean they free me to love again? They didn't love me enough to still want me? Hanging on to someone who's gone emotionally is a safety zone to help you through the fear of being in that space of being alone. But there comes a time when you must let them go — not the fond memories, not the love. None of that you let go of because that person will always be a part of you, that person will always be in your heart, and that person can always be tuned into.

Anything you say to someone deceased is felt and heard by them. If you didn't get a chance to say I'm sorry, say it now. If you didn't get a chance to say I love you, say it now. They're going to hear it.

Participant: What about a situation where someone's really well known and there are thousands of people doing that? For instance, John Lennon.

First of all, John Lennon has moved on to better things. John Lennon is still working with music, and John Lennon is not interested in this physical world at this moment.

He is creating the music of the future. He is going to bring it back in his right and proper time. So, what I'm saying to you is, you can hold onto someone emotionally, but there comes a time when they have to cut that umbilical cord, and they have to move on to what they have to do, which is right for them. And if you truly love them, you say, "Bless you. Do what you have to do. You're here in me."

Remember E.T.? Good little fellow, wasn't he? I'm here, you don't have to miss me, because I am never gone from you, and that is true. Out of sight, not out of mind, necessarily, but there is a time when you have to let them go.

And I also want to say one other thing to you. When somebody loses someone, there's a series of emotions they go through. They go through guilt about things that they have no need to go through guilt for. I should have been better to them. Why wasn't I here when it happened? All sorts of things, and that guilt makes them create martyrs, makes them create heroes, gods out of these people. They make saints out of them.

More people in my world say, "If they would only remember me as I was and still say I love me, then I could be truly content. Instead, they're making me into something I wasn't. I had a terrible temper, but they never mention that. They only talk about dear old John (or dear old Ann). They don't remember me as I was, so could they have loved me as I was if they can't remember me as I was?"

So don't be afraid to remember that sometimes somebody was a stinker and made you angry, or make you angry. It's alright to remember that they had faults. That doesn't alter the love pattern.

So when they go you say, "I loved you then. I love you now in some form, and I always will, but I move on to what I have to do and you move on to what you have to do."

Participant: *I recently read a book called "Making Sense out of Life's Transitions." It talks about how a person who's divorced or changing jobs. People just go through transitions in their life.*

That's right, transition is constantly going on.

Participant: *He talks about the ending and the state between the ending and the beginning as a neutral zone. I'm curious about that when we're alive.*

When he speaks of a "neutral zone," he's speaking of the fact that you're not playing by the rules of the Earth plane anymore, and you haven't made it to the top of the world you're in yet, so you're in a zone where you're exactly where you're supposed to be doing exactly what you're supposed to do. A neutral zone is a safe explanation of a space that nobody really understands.

Participant: *Then you can't explain it?*

The neutral zone is exactly... We're going to go into that this afternoon, my world which you go to, the death throes and what it means, this afternoon. So we'll come back to that question this afternoon.

Participant: *When a child, say under ten, chooses to manifest something in their body, and that they go through an early death and transition, why would they do that?*

It's usually a choice. It can be related to karmic patterns of the parent or the child. That child may have come and gone to teach the parents something, or it may come to teach itself something. But an early death, a very early death, is usually a karmic pattern expressing itself.

Participant: *How do you protect the people that you love, that, even if there are accidents, and so on, but you care, and your child you want it to be safe...*

What you do is you think positively about them. If you worry constantly about them, you're bringing that worry energy around them, and that's more trouble than it's worth. So you say, I will release them to a higher force; I will trust.

In the meantime, you teach them the common sense of safety. You know, you tell a child to look both ways before you cross the street. You see, so many times man thinks that if he says, I surround myself with white light, or I say God's going to take care of me, that I can step out of a plane at 2,000 feet and nothing's going to happen. And that's ridiculous. You have to take care of you in the physical world.

You have to use the common sense factors that make you safe, because I say time and again, do not expect spirit to do for you what you will not do for yourself.

Spirit's not going to get you the job unless you're out looking for it. Then they'll lead you to the right one. Spirit's going to keep you safe, provided you act in a common sense manner, but spirit can't waste all its time running after you jumping out of planes without a parachute.

The point is, if you are centered, you are aware enough to know when to be some place and when not to be.

Participant: *You could end up using the comment, well, it was suppose to happen almost as a cop out?*

No. Sometimes it was suppose to happen, and sometimes that makes people feel better. It's much better to say, "Well, this was suppose to happen," than, "Why did it happen? What did I do wrong? What did I do?" and get yourself in a frenzy.

It's only a set of words, and one doesn't know. Maybe it was suppose to happen. Don't get caught up in semantics. Go to the inner self. Believe in there. Love in there.

If you're centered in that superconscious self, you're going to be safe no matter where you are, because you're going to know enough to get out of there when you're



supposed to. You're going to know enough not to take that road. You're going to know enough to obey the speed limit.

People come to the instrument. They come to her and they say, "I can't explain it. I surrounded my car with white light and I got a ticket." And she says to them, "How fast were you going?"

"About eighty."

"And what was the speed limit?"

"Fifty-five."

And she says, "That's why you got a ticket. It's as simple as that."

You see, spirit does not interfere with the law, or it does not interfere with the lessons you have to learn about controlling and balancing your own actions. So don't expect spirit to do for you what you will not do for yourself.

Participant: *Some ceremony release, like a funeral, is important, any kind of ceremony when someone's left. Is the same true for, say, a hit and run cat, or animals, and a plant?*

The thing is that they don't... One thing you have to understand, the animal accepts the cycle of life much easier than man. So does a plant. You say to plant, "I'm going to trim you now. It's like a haircut, it'll hardly hurt at all," and they'll be perfectly happy. A plant that is pulled out and put on a compost heap accepts the fact that it's in transition from one service to man to another.

They have no qualms about it whatsoever, but you can thank them for their service to you, but you don't have

to have a ritual for them. Ritual is for the living, it's not for the dead. Ritual is to give man a space for accepting that it's happened. It does nothing, in essence, for the person who's in transition, other than letting the love be felt. But for the person left behind, it gives them a chance to know what happened. Sometimes if a person hasn't had a chance to really know or see that person when they are gone, they can not fully accept it.

Participant: *Is there any way you can develop your vision to be able to see them?*

Yes. Meditation is the key to all awareness. I know you're sick of hearing that phrase, but it is the key to all awareness. The more you center yourself in that high self, the more you're able to deal with the frequency of that space, which is the frequency that can see the higher frequency.

You see, that's why sometimes if you see an apparition or a ghost or whatever, you say, gee, it was there, and all of a sudden I could see right through it and it was gone. It's not gone; it's still there; but your frequency has dropped to where you're not able to still hold that frequency that they're in.

Because there are layers of frequencies and whichever one you hit is what you tap into. That's why when you get that small nuance, that nudge from the superconscious, sometimes you're not sure it's really happening, because you've only been there for a second to hear and then moved away again.

(to be continued in the December 2025 ROL)

Book Review:

American Spirit: Profiles in Resilience. Courage & Faith

By Barbara Garro

The book, *American Spirit: Profiles in Resilience. Courage & Faith* (2023), by Taya Kyle and Jim DeFelice, is a collection of inspiring stories from across the United States, showcasing the essence of our nation for 365 days. This compelling read reaffirms the timeless truth that "America is still great because America is still good."

American Spirit profiles more than thirty individuals who have overcome hardship and done extraordinary things for their communities and for the nation at large. The 9/11 survivor, badly burned over 60 percent of his body, who asked himself, "What debt do I owe to God and to my fellow human beings?" The man with the

hole in his heart who runs ultramarathons. The young cancer victim whose lemonade stand inspired a revolutionary new model for fighting the deadly disease. The individuals profiled in this book embody the "American spirit" of resilience, faith, and togetherness that has built the nation."

It's fascinating to observe how mainstream media often overlooks the positive aspects of America, instead choosing to promote a negative agenda. The media's focus on sensationalism can sometimes cloud the genuine spirit of our country. This book is a tremendous counterbalance to those oversights.

SCORPIO

October 21 to November 21

Ruled by Pluto and is the most mysterious sign of the Zodiac,
therefore black is your favorite color.

Highly creative, your passionate nature is that of an artist at work.

In your home, the kitchen is the most important room.

Use it as an office as well as a gathering place for friends and family.

Anything you touch, whether food or objects, will have a powerful presence.



SCORPIO

The Hidden Grace of Chaos

Even though today's world sometimes seems like it will not survive, however, through design that is not true.

Through the 7 Unavoidable Influences and even with free will choices, Humanity indeed will survive, and yes, prosper. It is an individual's choice whether the path is painful or graceful.



Though headlines scream and cities sigh,
And shadows stretch across the sky,
It seems the world begins to fray—
Too far gone, too lost, they say.
But underneath this trembling ground,
A greater rhythm still is found.
By deeper law, the plan was laid—
Not doomed to fail, but built to aid.

The Seven Forces guide our days,
Unseen but weaving through our ways.
They shape the winds that test our flame,
But leave us free to choose the name
We give to storms, to wounds, to trials—
Each step engraved in countless styles.
Through influence, the soul is stirred—
But choice, alone, completes the word.

The path ahead is lined with light,
Though some may choose to walk by night.
Not all must suffer, break, or burn—
Some simply breathe, and gently learn.
Grace is not reserved for few—
It waits in how we think and do.
The pain we feel is not imposed,
But shaped by how our hearts have closed.

So trust the plan, and walk it bright,
With hearts attuned to inner light.
The world renews, not falls apart—
Its healing starts within each heart.
Through every soul that dares to rise,
A future blooms beneath clear skies.

From "A Bit of Wisdom," by Temier, Sam Holland, and ChatGPT

Sam and Temier have recently published a number of small books with huge amounts of inspiration, motivation, and wisdom, including *Collaboration*, *Insights*, and *A Bit of Wisdom*. For a short time they will be available free. Contact him at samholland7@gmail.com if you want more information or are interested in getting copies.

SAGITTARIUS

November 21 to December 21

A fire sign. With an expansive forthright nature it's essential for you to have a harmonious home. Sunshine, cleanliness and a pleasant view are basic. Aristocratic taste may have to confront a small budget, but you'll handle that with an important piece like a big mirror, piano, or painting. A fireplace would be ideal and perhaps a garden can keep you from feeling fenced in.





The Fall 2025 Calendar

(Events and classes open to the public)

See our online calendar at <https://julianteachings.com/calendar>

Date	Time	Activity	Host or Presented by
Sunday, September 27	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	9:00-10:00 am PT	Heal, Empower & Thrive: With Color	Cindi Frank
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
OCTOBER			
Sunday, October 5	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, October 12	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Saturday, October 18	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Sunday, October 19	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, October 28	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
NOVEMBER			
Sunday, November 2	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, November 9	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Saturday, November 15	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Sunday, November 16	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, November 23	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Saturday, November 29	9:00 am-noon PT	Wisdom Circle 2025	Andrea Smith
Sunday, November 30	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
DECEMBER			
Sunday, December 7	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, December 14	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
Sunday, December 20	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
Saturday, December . 21	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
Sunday, December 28	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross

Wisdom Circle 2025 — Saturday, 11/29/25 9 am to noon, Pacific Time

Each of the 12 energies of the Wisdom Circle represents a unique aspect of Universal consciousness; creates a space to bring wisdom into any issue, question, or challenge; and represents 12 steps on the path of unfoldment of understanding. The class is highly interactive, and its size will be limited, so advance registration is strongly suggested. See Andrea Smith's website, <https://www.andreamsmithtransitions.com>, for an expanded description, additional information, or to register. Contact: Andrea Smith, drandreamsmith77@gmail.com

More Info About The Events

Sunday Morning Julian Healing Group

Join these welcoming generous hearts of love, light, and healing who continue Julian's mission to enrich one another in this powerful energy and channel it into the world. In this group, we are empowered by one another, Julian's energy, and all those in Spirit who join us.

10:15 am EST — Open chat time

11:00 am EST — Healing session begins

Contact Jerry Gross at jerrygrossny@gmail.com

Temier's Healing Gathering

Join the Healing Gathering every other Sunday at 11am PT (2 pm ET, 7 pm GMT, and 8 pm CET) by Sam Holland and Temier. They are free and are given via Zoom. They are very powerful and include both individual and global healing. Sign up at: <https://www.temier.com/HealingGatherings.html>

Tipping Point Round Table Discussion — Implementing a Personal Plan of Action

This group meets the third Saturday of each month at 9:00 am PT and is offered without charge. Action-oriented, the meeting supports personal and global transformation through discussion and guided meditations.

Visit andreamithtransitions.com to register, for more information about the tipping point, and to check out the evolving resource list developed by participants.

Heal, Empower, and Thrive

Starting in October 2025, Cindi Frank will be leading a regular study group focused on healing. Much of the discussion will be about the many workshops that Julian gave about healing techniques; however, this is a time for healers to share their own knowledge and experience. Exact dates will be set at end of September. Contact Cindi Frank at frank.cindi@gmail.com if you are interested.

Classes that Just Started or Are Coming Soon

Beginning Astrology — Covers the basics: planets, signs, houses, aspects, and transits. Focuses on understanding your own chart: strengths, challenges, the cycles in your life, and your soul purpose. \$15 per class.

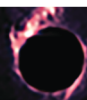
Contact: Denise Hall, deniseh7@sbcglobal.net

Mystical Magus — An introductory meeting of a new Mystical Magus class met on September 12, 2025 via Zoom. New members may be eligible to join at the October 10 meeting. The class meets by Zoom the second Friday of each month at 9 am Pacific time. This study attracts dedicated students interested in a long-term commitment. Pre-approval and prerequisite study within Julian's Transition Energy, Development, or Practical Magus courses are required. Former Mystical Magus students who would like to review the material may request approval to enroll. Expanded descriptions and additional information are provided on Andrea's website, <https://www.andreamithtransitions.com>, as well as the Julian website. Please let Andrea know if you are interested in seeking admission (drandreamith77@gmail.com).

Transition Energy with Andrea Smith — A new section of Julian's Transition Energy (TE), offered through Zoom, is scheduled to begin Wednesday, October 22, 2025 at 1:30 pm Pacific time and will meet the fourth Wednesday of each month. Expanded descriptions and additional information are provided on Andrea's website, <https://www.andreamithtransitions.com>, as well as at julianteachings.com. Please let Andrea know if you are interested in seeking admission. Contact: Andrea Smith, drandreamith77@gmail.com

Transition Energy with Maria and Remco — A new TE class taught online via Zoom is open to people around the globe starting in September 2025, every second Wednesday of the month at 8:00 pm CET. Info at: <https://lightinbeing.nl/> The class is still open.

Contact: Remco and Maria Sauter, info@lightinbeing.nl



About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Teachings Community. This newsletter is a tool to connect our community, — a place where we can share ideas, information, activities, and creative works. Thanks to the many writers, editors, and artists who contribute their words and ideas to this publication.

People who belong to the Julian Teachings Community mailing list automatically receive submission requests and links to new issues.

Current and previous issues are available at:
<https://julianteachings.com/resources/ring-of-light-newsletters/>.

Thank you for your support!

Thanks to all of you for the financial support that allows us to produce the Ring of Light. An annual contribution of \$10 covers the cost of mailing a paper copy of the ROL for the year within the US. if you can't download an electronic version! Make checks payable to Jan Clayton (send to 25960 Quail Lane, Los Altos Hills, CA 94022), or send funds with PayPal or a credit card via <https://paypal.me/jclayton94022>.

Contact Us

Please send submissions for an issue, report a change in how you wish to receive your subscription, or suggest ways to improve the Ring of Light to ringoflight@julianteachings.com.