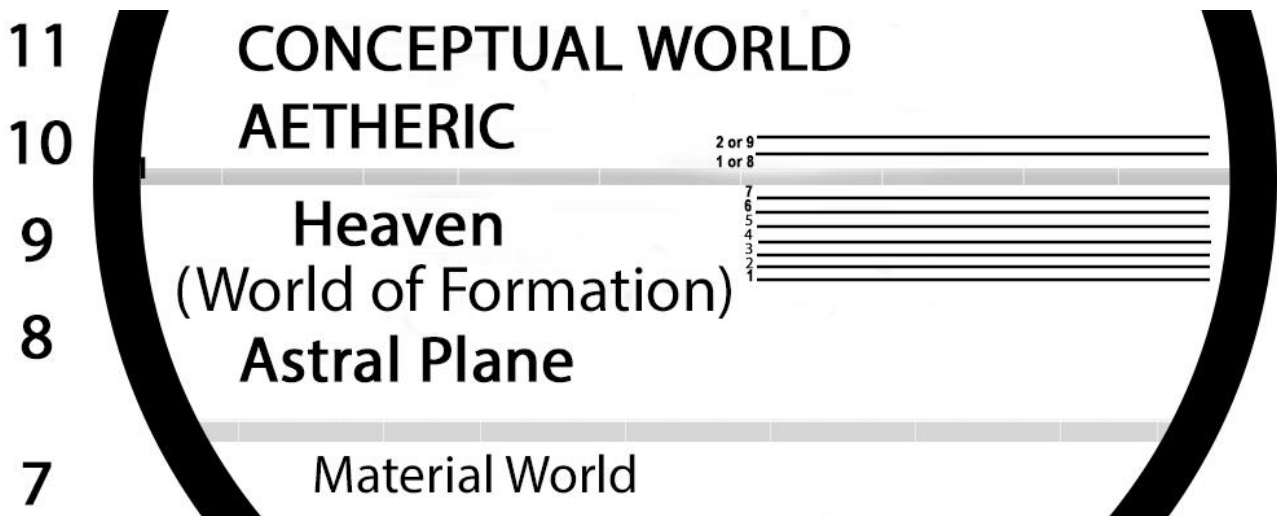


## Tour of Heaven – Mini-Pop Ups

Pop-Up 5 Plateaus 4 to 7 and into the Aether (28 minutes + 1  
Meditation 23 minutes = 51 minutes)

We have talked about the 4 worlds of Creation and that Heaven is in the World of Formation above the Astral Plane. Everything in Creation seems to be divided into 7 parts, so of course, there are 7 plateaus or divisions of Heaven. Within each plateau there are 7 more divisions, which I call layers. In the previous Pop-ups I have focused on the White Plateau as it is most like what we know on Earth and therefore there are words to express what we experience there. In the meditations we have experienced the lowest 4 layers in the White Plateau. I have also introduced the two plateaus above the White Plateau which allow you to understand and control the energies that are needed to bring ideas into the Material World. Here is the picture of the 7 plateaus in Heaven and the 2 in the Aether above.



Now that we have covered the first 3 plateaus in Heaven, we will move on to the fourth plateau. The 4<sup>th</sup> plateau brings the Divine Self into relationship with the physical and mental senses and lets you experience and understand how this trinity works together to become an expression of you. Integration of these 3 aspects of you is the key to the 4<sup>th</sup> plateau.

The fifth plateau provides a transformation of the trinity understood on the fourth plateau. It is a transformation of the concept of you as a trinity where you continue to separate your spirit personality from your “light being”. Now Julian didn’t define what was meant by the word “light being”, but it appears that a portion of the Divine Self energy develops a “protective” spirit energy around it to prepare for an incarnation. That spirit develops an ego-personality during its lifetime experiences. While in Heaven more and more of that ego-personality dissolves and is imprinted in the Divine Self as the levels of consciousness rise. So eventually only the Divine Self energy that served during the lifetime is reunited with its origin Divine Self. Therefore I think Julian’s term “light being” refers to the portion of the Divine Self that was connected to the spirit energy during the lifetime. The first separation is when the spirit leaves the physical body. The second begins with the sleep state, but keeps working until at the fifth plateau the density is separated from the light. Universal identification is the key to the 5<sup>th</sup> plateau.

At the sixth plateau what is known is impersonalized. You can know an emotion without feeling it and you are no longer focused on Earth or the Material World. At the seventh plateau you spend more time in the world above – the Conceptual World which overlaps the World of Formation. There you are taught how to be a Mover of Energy. You can function in one world, but see clearly from a higher space at the same time (peripheral understanding). If a spirit at this level incarnates on Earth, it is to create a better understanding of concepts, that sort of thing, to help humanity rise in consciousness as a whole. Jesus would be an example of a person whose spirit incarnated from this level. When you are at any plateau, you can move to any lower one and back again as you choose or are needed. At the 7<sup>th</sup> plateau, you move from building yourself at the lower levels to being a major change in the universe at these higher levels. The seventh plateau is the highest level in Heaven. In the Jewish teachings, spirits at this level are referred to as “the Sons of God”. So this phrase in the bible had a specific meaning to the Jews as to the level of consciousness of the spirit within the person.

At the Aether levels above Heaven, you no longer physically return to the Earth. Guides have reached this level. At these higher levels you first merge with cosmic forces and energy and then the origin energy and then finally with the Creator. There is no shape or form in this Conceptual World as you move through the 10<sup>th</sup> & 11<sup>th</sup> chakras. You are just “being.” In the ninth plateau (the 2<sup>nd</sup> plateau in the Conceptual world) you are in raw energy form, which means anything that ever is, was or will be, is, and you have but to take it and form it. On the ninth plateau you self-identify with your Divine Self, which is your only real identity. Spiritual growth from your lifetime has completed its imprint onto the Divine Self and your ego-personality has dissolved by the time you reach this ninth plateau.

What I’ve said about these higher level plateaus are words taken from Julian’s teachings. Now let’s consider how I experienced these higher levels during my Tour of Heaven with Julian and Justin. During this escalation in my Tour of Heaven, I became aware that more and more of my personality was dissolving. For example, I was curious about advancements in astro-physics during my lifetime, but that gradually became a natural curiosity about how any system works and then just curiosity. People who have become great musicians will not lose that talent or interest, but it will become more generalized to include other instruments and other forms of music. People who died of drowning or fell to their death will keep their fear of water or heights until they release that emotion later in their spiritual development. My spirit body became less distinct and more like a radiating flame. The color of the flame changed as I moved up in consciousness. Telepathy was the means of communication and I gained a clairvoyant energy of seeing clearly. As you rise further in consciousness you realize that you are part of a collective consciousness, but you retain your unique identity. While living as a physical being on Earth that awareness is experienced as intuition, when you “know” something that the logical conscious mind should have no way of knowing. At the higher levels of consciousness the experience is more like becoming one with everything and gaining access to the wisdom of the universe. There really are no words to express the experience.

At the highest level in Heaven (the 7<sup>th</sup> Plateau) there was a cosmic integration of me with the collective self that was non-personal. When I was shown humanity being created in the Absolute World, I pictured something like the shape of one human person with lots of specks of light in it. Each individual human is one of those unique specks of conscious, vibrating light entangled into one “body” that is the energy of ALL humanity, not just one individual. When every individual

Divine Self has attained “perfection” (that is, has risen to the highest level of consciousness in the Conceptual World), then the Creator’s purpose will be fulfilled. We were created with the potential of being perfect. We develop and uncover our perfection as we evolve spiritually. The Buddhists refer to this as the unfolding of a lotus flower to show that we too have the ability to rise from the mud, bloom out of the darkness and radiate into the world. Julian described it as being created like a diamond in the rough, so through life’s experiences we gradually are cut into a diamond shining in its full brilliance. After I asked a few more questions, a picture of a puzzle was shown to me to represent all of humanity in a giant puzzle. This giant puzzle is the image of the Creator with each of us an individual, unique piece of the puzzle. Julian also said, “It is as if every one of you is a facet in a great mosaic, and these facets fit together in a proper order. And in order to fit together in their proper order, you have to get along with other human beings, that initially are a part of your culture, or part of your family, or whatever it might be, and eventually all humans. And when all of you fit together, and all of you know who you are, then you are capable as a group, of accomplishing the same creative actions as the Creator itself has been.” So we are all in this together. We retain our uniqueness throughout the process, but this is a group adventure of humanity as a whole. The word “Adventure” kept being repeated with the aspects of curiosity and anticipation attached to it.

When I had reached the 2<sup>nd</sup> plateau in the Conceptual World in consciousness, Justin asked me to sense the energy in front of us. I experienced a bright, radiating light that beamed enfolding love for me as I drew near. This Divine Self exists in the Conceptual World and has no form. It is a radiating thought, which is hard for us to imagine while we are in a physical body. At another reading Julian said it was like a conscious “note” or sound: therefore a conscious vibration. I was told to merge with this energy and remember what I felt. I felt great peace and bliss because I knew this was “me,” my reality. Even though the essence of what I had learned through my personality in this lifetime was still there, integrated into the whole, all the details had dissolved. However, every thought, word and deed of every lifetime is stored in the Akashic records which are forever accessible, so not completely lost.

After I left my Divine Self, I asked more questions about the relationship of this Divine Self to the spirit body and to the physical body, I was told that humans don’t have the ability to comprehend this concept yet.

Now what happens after we’ve merged with our Divine Self? In both one workshop and my personal reading with Julian, Julian said that the next step in the process after “merging” with my Divine Self would be to plan my next experience on Earth. However, the decision to reincarnate can be done wherever you are in Heaven. But the spirit has to have imprinted all it has gained spiritually in the last lifetime into the Divine Self before another incarnation can take place. But at what level of consciousness this process of planning for your next lifetime takes place, is not revealed to us. Julian (and Temier) avoid answering this question directly. During this planning process I would consider what energies in my karmic bag still needed compensation for balance – the “what you sow, you reap” law had to be satisfied –, what spiritual growth did humanity need to which I could contribute, and what lessons did I still need to learn, like learning to be more patient. Then the parents, for needed genetic characteristics, culture, and timing to have the internal energy and drive to accomplish what I wanted to accomplish, all had to be considered. The role of family members to support me and for me to support them in our lifetime journeys also had to be coordinated. It sounded very complicated,

but is done almost automatically once we and our family members decide what we want to accomplish in a new lifetime on Earth. Justin explained that the decision to reincarnate or not only happens if your Divine Self understands the need for it. However, every “speck” of humanity has an inner drive to reunite with its Creator. That drive will overcome any reluctance you may have at reincarnating into a stressful or painful situation, as you know the experience will take you closer to that unification objective.

I was told that one time I insisted that I incarnate into 3 different personalities that would live in the same timeframe on Earth. Those guiding and supporting me advised against that, but I insisted because I wanted to reduce the large number of needed compensations in my “karmic bag”. Apparently it all worked out ok, but for each incarnation, a portion of my Divine Self ‘s energy had to be associated with each personality and therefore there might have been less for each incarnation than ‘normal”. During the process of insisting that I do all 3 in the same timeline on Earth, I felt I had been “stubborn”. Now that is a personality trait, so in my mind that belongs to an ego-personality and not to a Divine Self that has no personality. However, it is possible that in the process of understanding my experience after I returned from the tour, I had added a personality aspect to it that wasn’t really there. Anyway I really don’t understand the Divine Self that has no personality. Even after several inquiries about “where” the reincarnation process takes place and “who” makes the decisions, I don’t know any more than what I’ve told you about it. I was told that it is all energy and mind and NOT logic – so beyond my comprehension today.

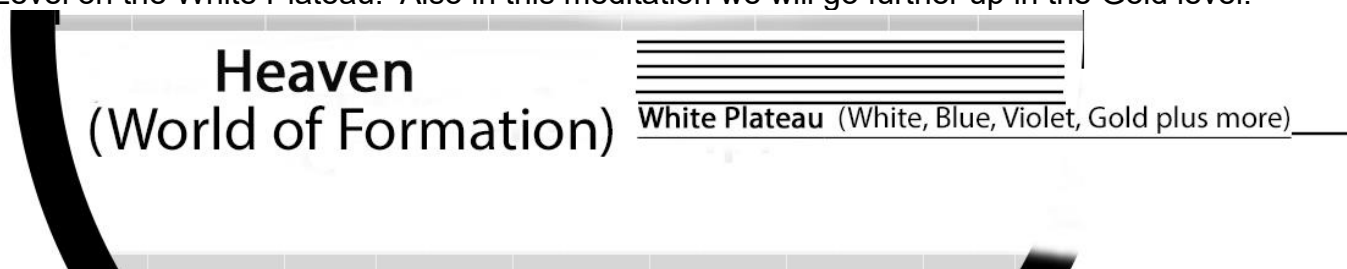
My “tour” with Justin only lasted 20 minutes in Earth’s linear time, but would have lasted more than 50 Earth-years if it hadn’t been experienced on the higher-level worlds where there is no linear time.

Questions?

**Question:** Why did the Creator create us?

**Answer:** Julian said that we were created to be its “companion”. There are statements in religious documents about “God being lonely”, but we know that is a physical human emotion and not the Creator’s. However, the words “curious” and “adventurous” might be better words to be used by humans to understand why we were created.

We will do a meditation next where we visit the 4 levels on the White Plateau again – show chart below. Note that when Julian says the Gold Plateau in this meditation, that it really is the Gold Level on the White Plateau. Also in this meditation we will go further up in the Gold level.



Play Meditation #375 Here & Hereafter #2 59:56 to 1:22:03. (23 minutes) Arc Angel and Guardian Angel lead light within each of us to experience the White Plateau. Note that Julian

calls the gold level in the White Plateau the gold plateau. When he says plateau in this meditation – it is really a level in our uniform set of definitions that incorporates all of Julian's workshops. See Crystal Light which allows you to experience the Creative force = Pure Love. You are at one with all things. At end Julian says you have experienced death and are now a "spirit" with no Material World (dense) energies influencing you.

Any Questions?

**Question:** At what level do the Arc Angel and Guardian Angel come from?

**Answer:** Someone looks up angels and says they are both from Heaven but can access the Material world.

**Question from last week:** Are the members of your Family in Heaven interested in the same profession you have on Earth?

**Answer:** Yes. Remember family members are meant to support other family members in the objectives they and you have set for your lifetimes. That means that your family members may be your mother, father or other relative in your lifetime. But a family member also needs to be someone that will spend a lot of time with you at some later part of your lifetime. That means that they will likely be a colleague in your chosen profession and have the same professional interests that you have.

Note that in next pop-up I will address questions that have been asked, but not answered yet, or need more expanded and clarified answers. Some of them are – why can't we go above the plateau we are at in Heaven, but we can in our meditations while on Earth? Since we can incarnate in the future, why do we work on science and technologies in Heaven to be used in the future, since they are already being used in the future?

See you next week and remember daylight savings time started today in the US.