

# Ring of Light

A Newsletter for the Members of the Julian Community

Volume XXXVII

Number 1

March 2025

Welcome to spring. Today is a gorgeous day in California. The sun is out — 80° F — the flowers are blooming. So lovely that it is impossible to resist a smile.

But when you look around at what is going on, it doesn't feel very good. The divides are getting even deeper. Hard to believe, but we were warned that this wasn't going to be an average year.

The responses that we often see to this divide right now are anger, fear, doubt, and frustration. But we know that expressing these negative emotions will only make the division larger. We can't go down that path.

Like everyone else, I have been looking for a solution that feels more active than just “send light, love, and peace” — although I do that daily.

So, I look to what our teachers have said to us in preparation for this moment. Aca'u said it well in the Spring message: “Tolerance begins with you, That doesn't mean you have to agree with the decisions made, but it does suggest that accepting what is occurring without damning either the situation or the perpetrators is key. You can only change what you accept and move forward from there.”

Beyond that, what do our teacher suggest? Kindness to all. Courage to step forward to say when something is not okay with you. And most important, courage to be everything *you* can be — to be what *you were meant to be*.

Nearly all the articles this issue give us the same message. So, my fellow light workers, let's take Indie.Arie's song seriously. “Just do you.” Don't worry about everyone else — be everything *you* can be. That way we can create the game and set the rules. Together we can't lose.

— Jan Clayton

**“Just do you**

**Somebody's got to be a star.**

**Just do you**

**Somebody's got to raise the bar.**

**Just do you**

**Somebody's got to change the game.**

**Just do you today.**

...

**If you create the game**

**then you create the rules.**

**And if you just be you,**

**there's no way you can lose.”**

*“From “Just Do You” by Indie.Arie*

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# This Season's Astrology

by Jessica Nelson

The Spring Equinox begins on March 20, 2025 with the Sun entering the fiery sign of Aries. We are all ready for a fresh start! A renewed outlook is just what we need to enter the spring season. Neptune is at 29° Pisces, conjunct the Sun at 0° Aries. The Sun is conjunct Venus, and Venus is conjunct Mercury, both in Aries. This gives a rose-colored glasses feeling. We feel slightly dreamy in our forward way of thinking. We want to be the leaders of our own lives and take charge of our actions!

Mercury is Retrograde in Aries. It falls back into Pisces on March 31<sup>st</sup> and then goes direct April 7<sup>th</sup>. Mercury enters Aries again on April 17<sup>th</sup>. Our thoughts are strong and direct, yet have the tendency to wander. Our ability to teeter between empathy and passion is strong.

Venus is retrograde in Aries and moves back into Pisces on March 28<sup>th</sup>. It goes direct April 13<sup>th</sup>. The planet of love has a hard time expressing itself in war torn Aries. Our love is forceful and direct. When it makes its move back into Pisces for a time, we may find ourselves in a dreamy state. In Aries we learn to love ourself. To be confident in what sets us apart from one another. Our unique qualities are beautiful!

Jupiter is in Gemini until June 9<sup>th</sup>. We can expect our minds to continue to grow. Jupiter is here to expand our thinking. Gemini is all about taking in information; tidbits on multiple subjects. With so many sources available to us we have information overload! Ignorance is a choice during this time.

On March 28<sup>th</sup>, Saturn in Pisces will form a sextile to Uranus in Taurus. It's important for us to take our innovative ideas about resources and hard work, and establish a system where all people can benefit. We are recognizing more and more the unity of all of us. The collective consciousness being able to think outside the box will improve all of our lives. Tapping into our spiritual existence will have lasting benefits while on our human journey.

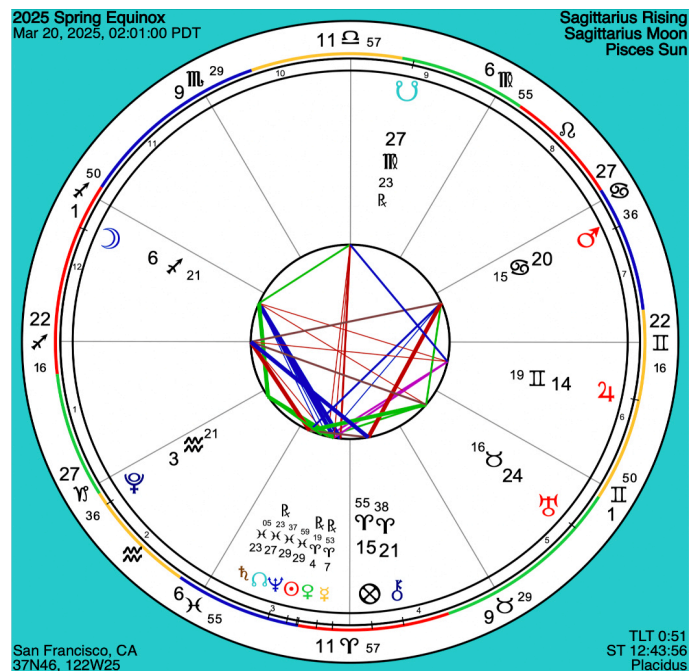
On March 31<sup>st</sup>, Neptune enters Aries. This is a new transition! Our ideals are focused. Our creative visions have the power to come to life with this new energy. Our will power is strong in relation to our hopes and dreams. There is nothing we can't do when we believe in ourselves!

On April 3<sup>rd</sup>, Mars in Cancer trines Saturn in Pisces while making a sextile to Uranus in Taurus. Our energy is focused on family and the resources available to us that aide in living a secure life. Establishing a safe and secure community where we can rely on others is

important. We hope to build a stable future where unity and safety is the norm. Our emotions are fueling our drive. With fiery enthusiasm we are sure to accomplish our goals.

On April 8<sup>th</sup>, Venus conjuncts Saturn in Pisces, while forming a Sextile Uranus in Taurus. Adding Venus into the energy drives our passions even more. When love is the ruler, we can build stable foundations for our lives and the people around us. Using our God-given resources that are in abundance on this Earth will aide our development. Everything is energy, we just need to learn how to harness it.

On April 12<sup>th</sup> we have a full moon Libra. We may feel indecisive today. Seeing the benefits of each situation can prolong our decision making. We may overthink



and let our minds run wild.

On April 17<sup>th</sup>, Mercury enters Aries and conjuncts Neptune. We are optimistic about our own lives. We feel full of mental energy. Our discernment should also be stronger with Neptune. Think of all the possibilities for your life and use your manifestation powers to make it happen!

On April 19<sup>th</sup> Mars enters Leo making a trine to Neptune in Aries. Mars also squares the Sun in the last degree of Aries, and then the first degree of Taurus on April 20<sup>th</sup>. Our ability to manifest is strong with these energies. Watch your thoughts and words. With Mars in Leo, it's time for play. Laughing and being full of joy



will increase your frequency and strengthen your spirit. You are a strong individual with great powers. Being in a childlike state fills our soul.

The Sun enters Taurus on April 20<sup>th</sup>. This is a time when hard work and grit are reinforced. You'll have energy to complete a project or begin a new one. Go outside and ground yourself.

On April 26<sup>th</sup>, Mars in Leo will be opposite Pluto in Aquarius. We have experienced this energy before. It is forceful and war like. Expect tensions to be high. With Saturn in Pisces, you have that stable spirit to fall back on. Outside events will always change. Self-control is your power.

On April 29<sup>th</sup>, with the Moon in close proximity to Uranus and sextile Venus, our emotions may be chaotic and impulsive. Don't let them get the best of you.

On May 4<sup>th</sup> Pluto goes retrograde in Aquarius. The energy is marinating in all of our minds. It will be retrograde for the rest of spring, through summer, and into the early fall season. There is a slow and steady transformation happening in relation to powers and community. We are in the early stages of major changes taking place. Power is being handed back to the people of this world. A unity is growing. Seeds are being planted and beginning to take root.

On May 11<sup>th</sup> Mercury enters Taurus. We are more rigid in our thought process than normal. Our opinions are strong and we lack the ability to be open to new ideas. It's important to remember and observe how nature goes along for the ride, not trying to control the weather or circumstances. It adapts, as we should too.

Venus is back in Aries now, and love is ready to take the power position. It will trine Mars in Leo on May 20<sup>th</sup>. Love is a strong emotion at this time. Our creative abilities are also heightened. Love has the power to influence.

Saturn enters Aries on May 26<sup>th</sup>. Most of the time we see Saturn as a negative, restricting us, but instead let us use the energy to rebuild ourselves. We can appreciate our rarity. For we truly are the rarest treasure on Earth. For no one is the same. We all have unique qualities that make us special, all with different gifts to bestow upon the world. With Saturn in Aries, we can build ourselves up. Appreciate our assets. When we are at our finest, we can influence the people and spaces around us with the best energy. In essence, leaving something good behind that others can build upon.

Mercury enters Gemini on May 26<sup>th</sup>, making a sextile to Saturn in Pisces and Neptune in Pisces. Mercury is at home in Gemini and functions at full capacity. We are chatty with others as well as in our own head. Our thoughts are constantly running. The positive aspect

with Saturn will help us to reign in our wild imaginations. We must be aware of our thinking. Day dreaming is strong at this time and perfectly fine to do! Our ability to comprehend more information is increased. We can use our intuition to help guide our racing thoughts.

Venus enters Taurus on June 7<sup>th</sup>. Love and beauty are peak energies. Just looking at the world around us we can see the beauty that nature has to offer. The bright colors of flowers may inspire us to draw, paint, or write a poem. Being outside brings joy and the sunshine renews our desires.

On June 8<sup>th</sup>, Mercury and Jupiter form a conjunction in the last degrees of Gemini, pushing us to expand our thinking even more! At the same time, it makes a square to Saturn and Neptune in Aries. Pulling us outside of ourselves to create a new, stronger individual. Our thoughts form a lot of who we are, and as those expand, so will we. Change is the only guarantee.

Mercury enters Cancer on June 9<sup>th</sup>. Communicating with family and loved ones can put your mind at ease. Focus on what you can control within your home environment.

On June 10<sup>th</sup> Jupiter slips into the caring sign of Cancer. Our home, family, and safety are of the utmost importance. This is when we grow in our appreciation of the people who make up the close corners of our lives. We find joy in spending time with people who feel like family.

On June 11<sup>th</sup> we have a full moon in Sagittarius. Our emotions are more in check in this sign. We don't let them get the best of us. We may feel a sudden desire to book a trip or learn something new.

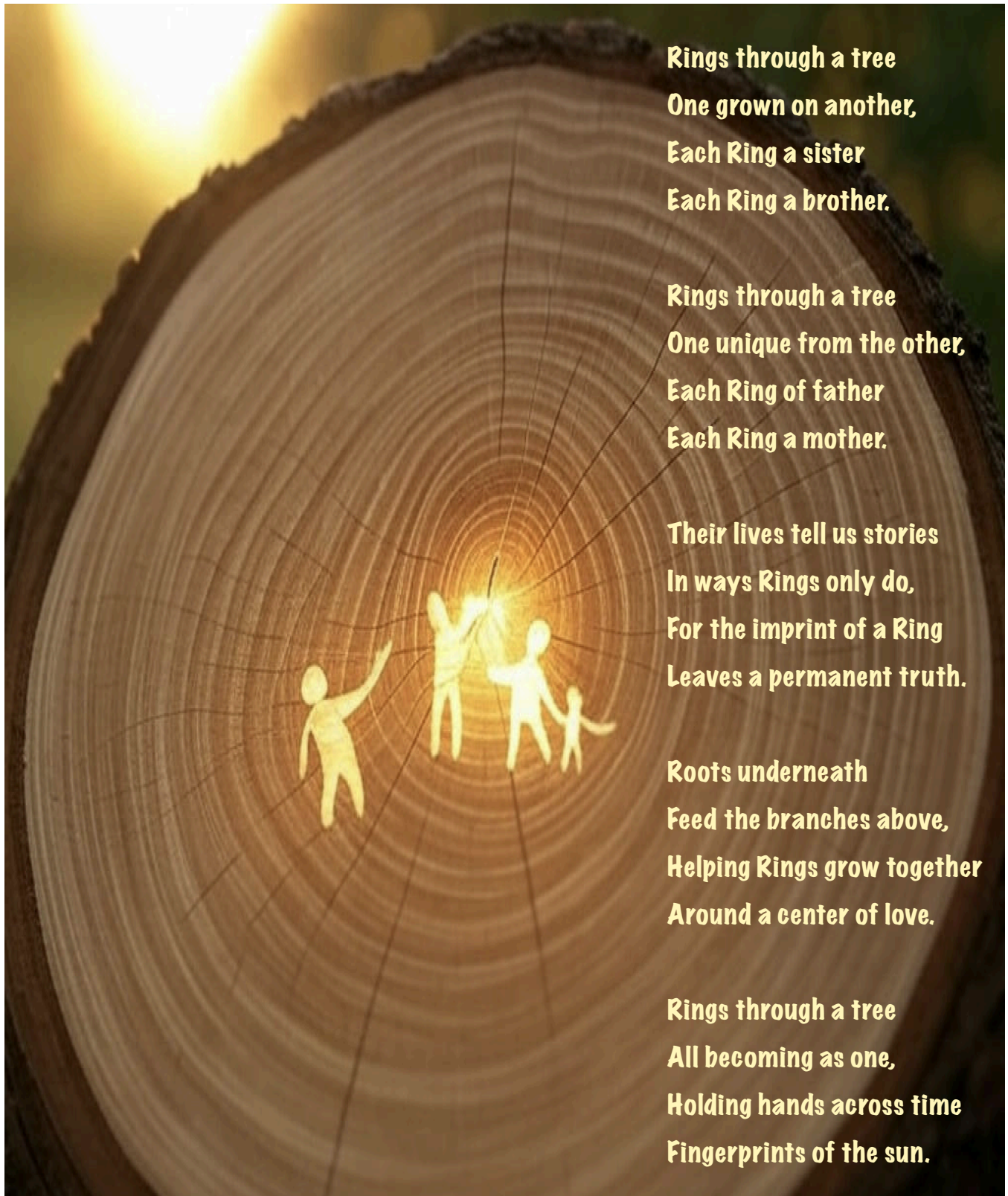
On June 13<sup>th</sup> Mercury in Cancer makes a sextile to Venus in Taurus. Focus on your immediate environment. Is there a change that needs to be made? This is a great time to spruce up your home and redecorate! When your environment is clean and tidy, so is your mind.

On June 18<sup>th</sup> Mars enters Virgo. Our ability to work is increased. We search out ways we are needed to help in our community as we strive to give back. We may find it's an easy time to be critical of others, but that isn't helping anyone. If there is something you don't approve of, find a way to make it better without being too forceful.

Spring is the time to set the tone for the rest of the year. Be thoughtful and precise about the way you want it to look. Focus on positivity and gratitude to elevate your frequency. If something isn't going the way you want, re-evaluate yourself. We are the creators of our own world. Remember, I think, therefore I am.

# Rings Through a Tree

By Joshua Mesnik



**Rings through a tree  
One grown on another,  
Each Ring a sister  
Each Ring a brother.**

**Rings through a tree  
One unique from the other,  
Each Ring of father  
Each Ring a mother.**

**Their lives tell us stories  
In ways Rings only do,  
For the imprint of a Ring  
Leaves a permanent truth.**

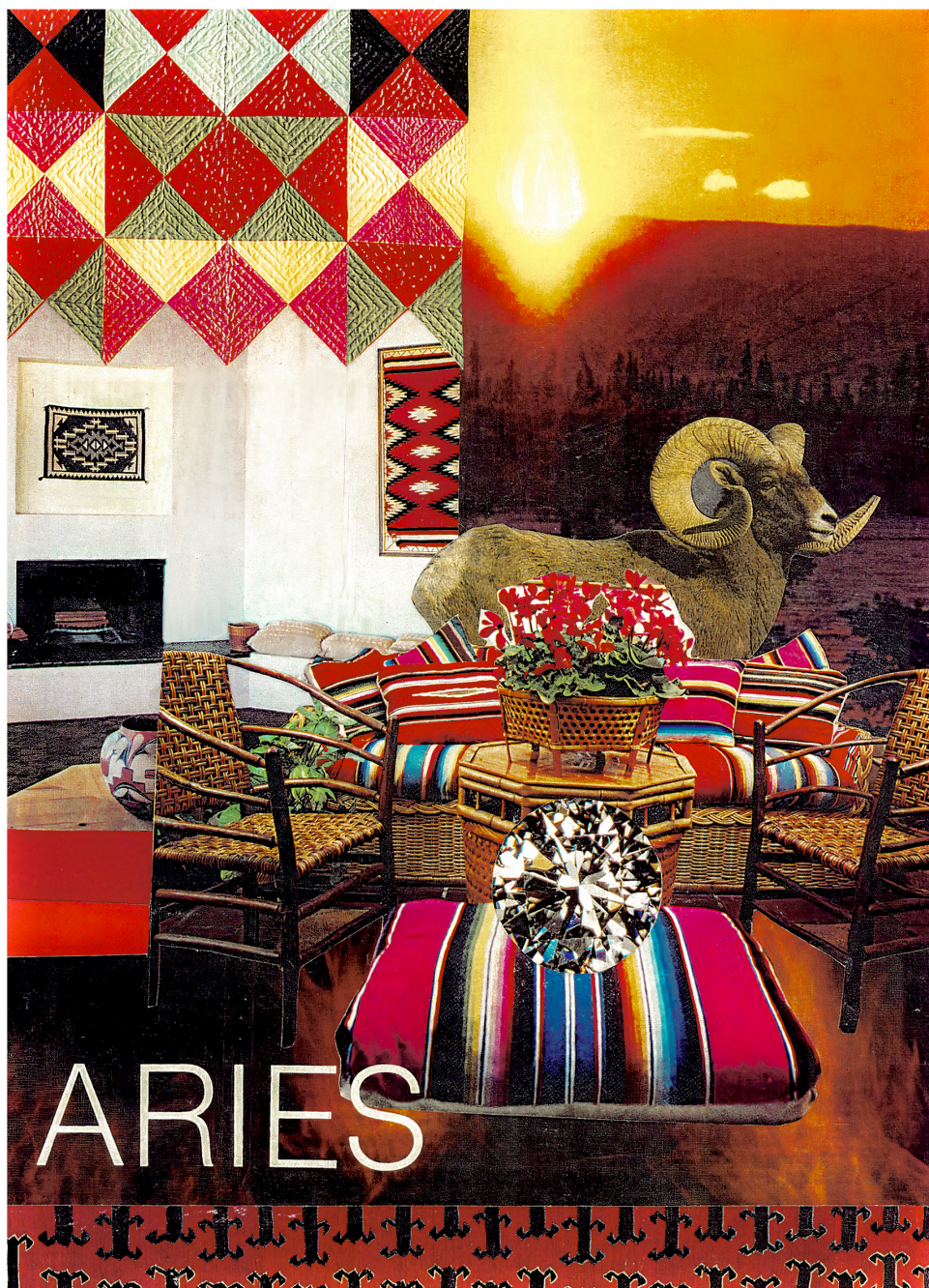
**Roots underneath  
Feed the branches above,  
Helping Rings grow together  
Around a center of love.**

**Rings through a tree  
All becoming as one,  
Holding hands across time  
Fingerprints of the sun.**

# ARIES

March 21 to April 21

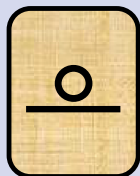
A fire sign ruled by Mars. Being the first sign of the zodiac it's affectionately called the baby. Since the Sun is exalted in Aries, bright vivid colors attract you. Antiques take on a new life in your hands. Find an environment that suits your sunny, active and physical creative energy so you'll sparkle like the diamond you are meant to be.



*We are so honored to be able to feature these astrological designs and texts by Jeannie Livingston (with help from Jerry Gross). These designs are now available as beautiful greeting cards. If you are interested in finding out more, please contact Jerry at [jerrygrossny@gmail.com](mailto:jerrygrossny@gmail.com)*

## A Season of Runes

What universal energies will be presented to us this spring?



**NAAH**  
Controlled planes,  
Mind over matter



**BOANE**  
Communication



**EHMI**  
Elemental Forces in Action  
—Earth

You will notice that we asked a slightly different question this spring. We were wondering what universal energies will be prominent this springtime. We picked three runes to represent the most prominent of these energies.

### The Universal Perspective

We start with **EHMI**, (Elemental forces in action — Earth). Every 3000 or so years, the Earth adjusts so that it can support humankind better in the future. Over the last couple of decades we have entered into this era and the period of change is still predominantly in front of, not behind us. We are going to continue to experience the power of the Earth and the Earth element.

**BOANE** (Communication) in this spread indicates that the Universe is communicating with us, or at least, trying to. Julian used the term “signaling” meaning that we need to look for this communication in many forms. Maybe we receive messages from our meditations, but we also need to pay attention to the omens in our lives. Are we taking the warnings seriously? For communication to happen, someone has to be listening. These communications are for us and other entities on the Earth. but we won't receive what is meant for us unless we are listening.

**NAAH** (controlled planes, mind over matter) indicates that the Divine Mind is directing the changes in the Universe to regain balance and find harmony once more. It is permitting nature and humanity to regain balance on Earth. We have seen this rebalancing in ac-

tion for a while and it isn't done yet — there will be more harsh weather, volcanic activity, floods, and fires.

These three runes together tell us a story that should sound familiar. There are Earth changes going on that are being controlled by the Divine Mind. That same Divine Mind is communicating to us about these changes and our part, but are we listening?

The rebalancing act goes beyond the earth changes. It also includes rebalancing what and how we are manifesting things on the earth plane.

### The Personal Perspective

So, what are these runes saying to us as individuals? What advice are they giving us? **EHMI** says that we need to pay attention to our surroundings and our health. Our physical world is changing and we need to change with it. This is not just our body, but all those things that surround us — our material belongings, our homes, and our community. It is time to reevaluate all of these things. This re-examination will strongly encourage us to make modifications to our overall value system.

**BOANE** in a spread indicates to an individual that it is time to communicate with nature and the Universe. Listen to Mother Nature. Take her seriously. Use meditation to understand what you need to change.

**NAAH** lets us know that we can control our lives. We have free will. We choose what comes into our life and we have to accept that fact. Our minds direct manifesta-

tion in our lives, so take charge if you don't like something.

These three runes give us a very strong message. It is time that we take responsibility for our lives and understand that we have the power to change them. It is not the time to blame everyone and everything else for what is not going right with our lives. We brought the undesired circumstances into our lives and if we don't like them, *we* need to change them.

But to figure out the appropriate actions to take we need to be with nature and to communicate with the Divine Mind. Only then can we understand ourselves and the direction of our true paths.

### NEW — Spiritual Development Study Group

The Spiritual Development Study Group guides individuals new to concepts on a journey of self-discovery, inner growth, and connection to the greater universe. This course explores various spiritual practices, philosophies, and traditions, helping students cultivate a deeper understanding of their own beliefs, purpose, and place in the world as taught by Julian.

Through a combination of reflection, meditation, mindfulness, and discussions on key spiritual concepts, participants will develop tools for achieving personal peace, balance, and emotional well-being. Topics may include mindfulness, the universal laws, energy healing, spiritual awareness, and the exploration of strategies to apply in everyday life.

The class encourages a safe and open environment where individuals can freely explore their spiritual path, ask questions, and build a supportive community with like-minded individuals. It is not bound to any single religious tradition, but, guided by Julian's teachings, encourages students to find their own spiritual truth and apply it in their daily lives.

This course is ideal for anyone new to these concepts seeking to deepen their spiritual practice, find purpose, or experience greater peace and fulfillment in life.

If you or someone you know is interested, please email Deb Huggins, [sdhuggins@gmail.com](mailto:sdhuggins@gmail.com).

Should you have any questions, comments, or observations, feel free to reach out to Camille Albrecht at [camalbrecht@gmail.com](mailto:camalbrecht@gmail.com).

### **EHMI (Ehmi): Elemental forces in action — Earth**

**Glyph:** This symbol looks like a hill or mountain representing earth.

**Universally:** This is the rune of the earth element. It represents the power and the energy of earthly things. All things of earth are affected by it.

**Individually:** It represents being materially aware. Where EHMI appears, the material aspects need to be looked to. It is the physical body as well.

**Reversed:** It represents inaction, mired energy. When EHMI is reversed, it shows inaction, the inability to move forward or change can be seen here. A close look at one's thoughts and habits can help you make the necessary decision toward breaking away. You are mired in your own inactivity.

### **BOANE (Oane): Communication**

**Glyph:** Man and the spiral of communication.

**Universally:** The universe is signaling. It is communicating through its elements and movements. This rune signifies a need to attune to the rhythms of the universe and prepare for change.

**Individually:** Where BOANE appears in the spread, it is a sign of time needed alone with nature in order to understand it. It can also mean time needed alone with the self in order to understand the self.

**Reversed:** Lost opportunities. BOANE reversed speaks of a lack of communication and, through it, a lessening of the ability to create strong relationships. A change in the communication pattern is needed.

### **NAAH (Aah): Controlled planes, mind over matter**

**Glyph:** Circle of Divine Mind over horizontal line of matter.

**Universally:** The energy of NAAH is that which permits control. All nature's forces are in balance, and harmony exists throughout due to divine intervention. The Divine Mind directs the universe.

**Individually:** Where NAAH appears in the spread, the individual must accept his ability to control his life through his mental capacity. The mind is the director of his manifesting life.

**Reversed:** Lack of control. NAAH denotes a lack of mental focus when reversed. Attention should be placed on reforming patterns of thought to shape and mold the future more clearly.

## Saul's Corner

### Transitions & After, Part 2

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Authors: Rev. June K. Burke and the Seraph Julian

(continued from December 2024 Ring of Light)

**Participant:** You also said that the soul is imprinted with things that need to be corrected as well as the things that you've accepted. Can you describe that imprinting?

The imprinting is simply the acceptance of realization of a space in a movement in time in which there has to be a shadow removed, or in which extreme light has been gained and the seeking of the balance between the two.

**Participant:** So, what process determines whether it's the shadow or whether it's the mind.

Whether it is detrimental to yourself or mankind, or whether it is not. Because, you see, that triple pattern of evolution says that although you're an individual with your own soul growth, you do affect your fellow man and you do affect your universe. If you understand that your thinking pattern is shaping the future of your universe, you will have to stop and think about how you think, so the imprint comes from the realization of where in the flow of your evolution there is rough spots and smooth spots. It is very hard to pictorially show or explain, because it's all in essence form.

**Participant:** If the superconscious mind is the soul, I take it the conscious mind is largely the ego.

Yes, ego personality.

**Participant:** Then the subconscious, where does that come in?

The subconscious is the computer of you that rules the body through the pituitary gland. Anything you feed your subconscious will manifest in your body. If you think sad enough thoughts, you'll begin to feel like crying. If you think happy enough ones, you'll start to smile. The body responds to that which is fed from the subconscious mind.

Now, actually, those three minds are breathing in and out together constantly. It's not here, here, and here, but each has its own part of you to work with.

**Participant:** So, would the subconscious mind be entirely biochemical, or are there...

No, it's a space. Literally, your superconscious rules the spirit body of you or the soul, and the subconscious rules the physical body of you. Your ego is more the emotional body of you — the emotional attitudes of you. The subconscious's job is to take care of the body

function and how it functions, and it doesn't have a sense of humor, it accepts everything as fact, so don't kid with it too much or you're liable to end up doing the things that you're kidding about.

**Participant:** I have a question concerning... I don't see how to exactly phrase it due to the fact that life is a learning process and you have to counterbalance the good things and the bad things that happen to you. Where do, for instance, holy men who do nothing but meditate on top of mountains, and so forth, where does that come in if they don't have something to balance.

First of all, in the early evolutionary process of the universe of man, man had to learn that he was more than a physical being. Now the holy men—the monks who are in perpetual prayer—are sending out energy to the universe which, in turn, affects the universe. So, they have a very pertinent part of building the future of the universe.

However, in this point in time in your evolutionary process, this is not as important as bringing that into the world. Piscean Age rigid doctrine, external God; Aquarian Age spirit and flow, internal God. It's a new concept of the principle of the creative force, and, therefore, in every evolutionary round, it is approached differently.

You will realize that in many of the doctrines of the world today, there are shortages of men or women in the religious orders, and so forth, because without realization, they're turning to another mode of serving.

The holy men, literally, have transcended to a degree the body aspect of the physical world, and they're living in the spirit aspect of themselves, and then, as a service to the world, they're sending out their energy.

Yet they are still growing in the world where everything's out of balance. They're growing by the fact that they have shut themselves off from the world in a sense, but you will find less of that happening. You will find the holy men in the streets now. You will find them coming into the world again, carrying that same space in them, that same ability, but working with the people.

**Participant:** When there are so many people now turning to enlightenment and growing, why are there just as many turning in the opposite direction. It seems like, you know.

...



Every human being has a need of some kind inside themselves. To some, the power force's negative use is a power trip, which they feel is giving them something. Those who turn to the other part are accepting the power, but with the attitude of serving with it. One is self serving, the other is the serving of others. Many who go that negative path eventually do a complete turn around and go in the other direction. It is usually from where the ego personality rests which way they go. You see, the words power and force and spirit, people have strange ideas of what they mean. The power is that which is. The force is the direction of that power, and so when a person decides they want power, they have to determine what they want it for. And the only thing I can say to you is that the Law of Cause and Effect is always in motion and cannot be stopped.

Sooner or later, that which they cause is going to come back to them. If you keep that law in mind that what you give is what you get you're going to think about what you give.

**Participant:** *Then if my soul...my soul is pure. (Julian: Yes) It has always been pure. (Julian: Yes) Now if an action that I do and it's imprinted in my soul a negative action but it's imprinted as pure. Now wouldn't, the spirit being a filter, the disturbance would be in the spirit, not in the soul, so the reincarnation would be for the overall picture for the spirit, but not necessarily for the soul, and so forth.*

You see, the spirit/soul aspect is so... Perhaps if I explain that when you make your transition, the spirit aspect of you dissolves, leaving imprinted on the soul the growth pattern that has occurred, leaving in the universal consciousness the negatives that have been acquired. So, the spirit is only a filter, a vehicle around the soul. When you accomplish soul growth, it means you have accomplished more awareness of what the soul can give, a closer attachment to.

**Participant:** *Does that spirit guide, or the spirit bank, or universal bank, the thing with the Akashic records?*

Yes, in some... Well, the Akashic record is the individual record of each person, but that is part of the universal bank, but not public knowledge. That's in the vault, so to speak.

**Participant:** *When you do healing, it's your responsibility to find out if the person really should be healed, or is it okay to just do the healing?*

That's going beyond what you're supposed to do. That's a judgment, and a judgment is not yours to give. If you're going to be a healer, you're going to heal, and you're going to accept that the healing is being done by divine principle flowing through you. You're the vessel that delivers it, but the healing sustenance comes from within Divine Force through the soul of you, so to

speak. So what you say is, I'm going to give it a shot, I'm going to heal. You asked for healing, I'm going to give it. What you do with it, how you convert it, is up to you. If it is something that cannot be cured as far as the illness is concerned, for one reason or another, then the energy of healing that is delivered is converted to courage and patience or whatever is needed to sustain that individual in that illness or in that disease. So healing occurs one way or another.

**Participant:** *I know one time you had told me that the universal bank was only the porthole for it all out there. I was wondering if...*

No, no. That's a misconception. What you have here is your superconscious mind, the mind of the spirit body, is the porthole — the doorway — to the universal mind. Anything that comes from outside yourself, must come through your superconscious mind. That is why it is hard to differentiate.

You say is it me or is it them whoever they might be. It doesn't matter. If it's coming through your superconscious mind, your superconscious mind knows more than you anyway, because it's your reality, and it's going to give you what you need to know.

So, don't worry so much about it. Let the channel flow and it will sort itself out, and soon you'll know which is who, all right? But everything has to come. Because, you see, otherwise you'd be being bombarded constantly by all sorts of information that might or might not have any pertinence to what you needed. So the guardian, through that superconscious mind, is there.

**Participant:** *If all souls were created at the same time, how do you have an old soul as opposed to a young one?*

All souls were created at the same time, but not all souls incarnated at the same time, so an old soul is a soul of vast experience, having had multiple trips down here and handled multiple things. Now all children being born in the last ten years [this info given in 2006] are old souls, because they're coming in with their vast knowledge to help bring the world to its rightful place.

**Participant:** *That could also be someone who doesn't learn very quick.*

Not necessarily. Usually, the old soul is one who has had great desire to participate. You see the average time in my world between incarnations as you measure time is a hundred years. Now this does not mean that some people don't go back sooner than that. They might have something they really want to accomplish, and so on, but the average is a hundred years. So, when a soul is of an old soul nature, they want to get with it, they want to grow to learn and so on, or to assist, and they have a tendency to go back more and more.



Now those who are of the network of light will come back very frequently because their whole purpose is to enter the Earth plane whenever there is major change or chaos. And you'll find many of them coming together in light groups, and so on.

**Participant:** *The reason I asked is because I heard the concept that you could go through the entire process of everything a soul needs to do in a minimum of three lifetimes.*

Well, you could, if you were really good at it. (laughter) Made no mistakes whatsoever.

**Participant:** You told me how many I've been around.

**Participant:** (?) *about the slow learner.* (Great laughter)

**Participant:** *Once you've been through the evolutionary process in (?) times and you're finally to the point where your soul is almost perfect... I'm sorry, your spirit is almost perfect then what becomes of you? You just become one of the...*

You become a part of this world in which I dwell, and you become part of the universal principle. Now many people who reach that consciousness choose to act as guides to people in the physical world, choose to teach, and so on. Many people who reach that consciousness still choose to go back into the Earth plane as a teacher. They don't want to give up that assistance to others.

But if you choose, you can certainly merge with the universal consciousness, and so on.

**Participant:** *Do the people who come back as teachers realize that always?*

Oh, once they're in the physical world, they will never have the full concept unless they re-attune themselves to the high consciousness that is soul. Most people who become teachers in the human world do so at the age of 35 or after, because it is at that point where they have taken care of the nitty gritty of life, so to speak. That's the seven-year cycle in which they have the cutting of the emotional umbilical cord and free themselves emotionally in many ways and, therefore, have a major change occur in their life.

They will then take on the path. Now they may have been interested in the path right along, but they'll rededicate themselves to it in some form around that time 30, 35, in that bracket.

**Participant:** *Once the soul merges with the universal consciousness, could it then choose to come back and teach?*

Yes. You always have the option. It is a good option. You know, the thing that you have to understand is that

there is no separation from my world to yours, other than a vibratory factor.

If I were out of this body I'd be invisible because of my vibration. When you talk about a light body—and man is moving toward a light body—it doesn't necessarily mean you won't have a physical frame. But it means his consciousness and his essence will have reached that point where there is no barrier. You will be able to see into both worlds.

**Participant:** *Simultaneously?*

Simultaneously, and this, my friends, is what occurs at death. In that transition period toward rebirth to my world, there is a period of time when the frequency of the body is going down, but the frequency of the spirit is going up. And what happens is they are able to see into both worlds. This is usually for about a three-day period before a transition occurs.

Now, if you are working with someone who is in the final throes of an illness and is preparing to make transition, you will be able to observe several things. One, that there will be very lucid moments when the person actually brightens up. Even if they are not talking, there is something... You can see the whole essence of that person become more alive. Secondly, they will begin to talk about people who are gone, and everyone assumes they're living in the past. But in reality, they're living in the future, because those people are there with them and they're able to see them. So they talk about Uncle John, who is long gone, and he's waiting to take their hand and assist them. But no one crosses from your physical world into mine without a welcoming committee. And in that group is always someone they know: a parent, a relative of some kind, a dear friend, or someone who says it's okay to come.

**Participant:** *Even in an accident?*

Even in an accident. There are groups in my world who do nothing but be there. And you have to realize that you have to think about getting on a bus or a plane. All we do is think it and we're there, the snap of a finger has us there. So no one dies—as you call it—alone.

Secondly, when they cross from the physical body, there are two things that occur. One, they will remain with that physical body until it is shown respect. Now, in the normal death within a home, a sick bed, or a hospital, the automatic respect for that body is shown. It is prepared for its final sojourn to the Earth or to the elements in whatever form it is going. And so the spirit sees that and peacefully goes on.

*(to be continued in the June 2025 ROL)*

# TAURUS

April 21 to May 21

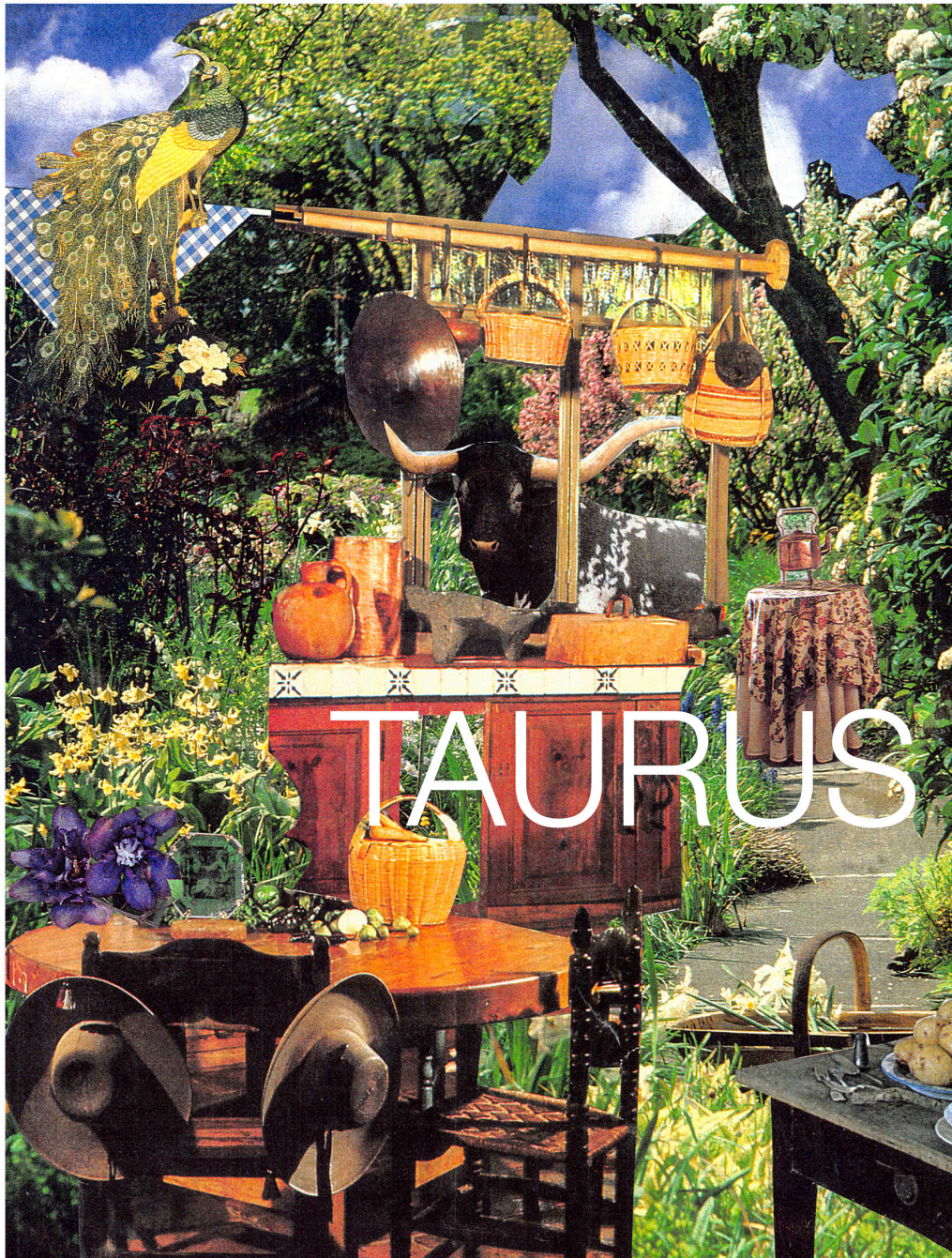
An earth sign ruled by Venus. Appreciates the beauty of nature and comforts of home.

Enjoying good food you'll need a well functioning kitchen.

Create space to have plants in your surroundings.

Your birthstone is the emerald.

Use the color emerald for carpet, paint or a floral patterned fabric.



## MESSAGE

(From the Elder of the Hopi Nation, Oraibi, Arizona, 2/13/2002)  
Submitted by Paul Church

**You have been telling the people that this is the Eleventh Hour.  
Now you must go back and tell them that this is the Hour.  
And there are things to be considered:**

**Where are you going?  
What are you doing?  
What are your relationships?  
Are you in right relation?  
Where is your water?  
Know your garden.  
It is time to speak your Truth.  
Create your community.  
Be good to each other,  
And do not look outside yourself for a leader.  
This could be a time!**

**There is a great river flowing now very fast.  
It is so great that there are those who will be afraid.  
They will try to hold onto the shore.  
They will feel they are being torn apart, and they will suffer greatly.**

**Know that the river has its destination.  
The elders say we must let go of the shore,  
Push off into the middle of the river,  
Keep our eyes open,  
And our heads above the water.  
See who is there with you and celebrate.**

**At this time in history, we are to take nothing personally. Nothing,  
Least of all ourselves.  
For the moment that we do, our spiritual growth and journey comes to a halt.  
The time of the lone wolf is over. Gather yourselves!**

**Banish the word "struggle" from your attitude and your vocabulary.  
All that we do now much be done in a sacred manner,  
And in celebration.  
WE are the ones we've been waiting for!**

# GEMINI

May 21 to June 21

An air sign, ruled by Mercury, and represented by the Celestial Twins.  
You have a sympathetic duality to appreciate the masculine and feminine.  
Being mentally acute, your home environment is well thought out and practical,  
blending antiques and modern designs.  
You are socially gifted and are happiest with  
multiple places to eat, work and entertain.  
Quick witted, multitasking comes naturally with brilliant results.



# The Spring 2025 Calendar

(Events and classes open to the public)

See our new online calendar at <https://julianteachings.com/calendar>

Date	Time	Activity	Host or Presented by
<b>Sunday, March 30</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	10:00-10:40 am PT	Heal, Empower, and Thrive	Cindi Frank
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
<b>Sunday, April 6</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	10:00-10:40 am PT	Heal, Empower, and Thrive	Cindi Frank
<b>Sunday, April 13</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	10:00-10:40 am PT	Heal, Empower, and Thrive	Cindi Frank
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
<b>Saturday, April 19</b>	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
<b>Sunday, April 20</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	10:00-10:40 am PT	Heal, Empower, and Thrive	Cindi Frank
<b>Sunday, April 27</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	10:00-10:40 am PT	Heal, Empower, and Thrive	Cindi Frank
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
<b>Sunday, May 4</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	10:00-10:40 am PT	Heal, Empower, and Thrive	Cindi Frank
<b>Saturday, May 10</b>	9:30-10:30 am PT	Astrology Transits of 2025	Camille Albrecht/ Denise Hall
<b>Sunday, May 11</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
<b>Saturday, May 17</b>	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
<b>Sunday, May 18</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
<b>Sunday, May 25</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
<b>Sunday, June 1</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
<b>Sunday, June 8</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland
<b>Sunday, June 15</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
<b>Saturday, June 21</b>	9:00-10:00 am PT	Tipping Point Discussion Group	Andrea Smith
<b>Sunday, June 22</b>	7:15-9:00 am PT	Sunday Morning Healing Group	Jerry Gross
	11:00-11:30 am PT	Temier's Healing Gathering	Temier & Sam Holland

## More Info About The Events

### Sunday Morning Julian Healing Group

Join these welcoming generous hearts of love, light, and healing who continue Julian's mission to enrich one another in this powerful energy and channel it into the world. In this group, we are empowered by one another, Julian's energy, and all those in Spirit who join us.

10:15 am EST — Open chat time

11:00 am EST — Healing session begins

Interested in participating in these free events? Contact Jerry Gross at [jerrygrossny@gmail.com](mailto:jerrygrossny@gmail.com)

### Heal, Empower, and Thrive

Join Cindi for six empowering, rejuvenating sessions where she'll introduce a simple, yet powerful, Julian healing technique paired with a transformative Julian affirmation. Each week, you'll gain a practice to carry with you, helping you live the affirmation's message all week long.

These easy-to-learn techniques are perfect for you, your friends, and family—making it a beautiful, shared journey of healing. No prior experience is necessary with Julian material, healing techniques, or even meditation. The Zoom link for all sessions is <https://us02web.zoom.us/j/4021964693>

### Astrology Transits of 2025

Camille Albrecht and Denise Hall will continue presenting the astrology of 2025 by discussing the details of the

transit of this incredible year. More details about this free popup and the link to the presentation will be sent out to the Julian Teachings mailing list and posted on <https://julianteachings.com> in April.

### Temier's Healing Gatherings

The Healing Gatherings are given every other Sunday at 11am PT (2 pm ET, 7 pm GMT, and 8 pm CET) by Sam Holland and Temier. They are free and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at: <https://www.temier.com/Healing-Gatherings.html>

### Tipping Point Round Table Discussion — Implementing a Person Plan of Action

This round table discussion and networking group meets the third Saturday of each month at 9 AM Pacific time and is offered without charge. Action-oriented, it supports through discussion and meditations personal transformation within ourselves as we impact our environment and community toward global change.

Visit Andrea's website to register, for more information about the tipping point, and to check out the evolving resource list developed by participants.

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## Classes Coming Soon

Class	Teacher/Email
<b>Beginning Astrology</b> — Covers the basics: planets, signs, houses, aspects, and transits. It will focus on understanding more about yourself including strengths, challenges, the cycles in your life, and your soul purpose. \$15 per class. A new class starts this spring.	Denise Hall/ <a href="mailto:deniseh7@sbcglobal.net">deniseh7@sbcglobal.net</a>
<b>Pathways</b> — Get the tools to help yourself navigate your path. A new class starts in May. More info at <a href="https://janclayton.samling.us/temiers-pathways-meetings/">https://janclayton.samling.us/temiers-pathways-meetings/</a>	Jan Clayton/ <a href="mailto:jan.clayton@samling.us">jan.clayton@samling.us</a>
<b>Mystical Magus</b> — A new class is scheduled to start in September 2025. See <a href="http://andreasmithtransitions.com">andreasmithtransitions.com</a> for more information.	Andrea Smith/ <a href="mailto:drandreasmit77@gmail.com">drandreasmit77@gmail.com</a>

## About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. It is a tool for members to share ideas, activities, and creative works. Thanks to the many writers, editors, and artists who contribute their words and ideas to this publication.

Submission Deadline for next issue: 3/5/2025

## Contact Us

Please send submissions for an issue, report a change in how you wish to receive your subscription, or suggest ways to improve the Ring of Light to [ringoflight@julianteachings.com](mailto:ringoflight@julianteachings.com).

## Thank you for your support!

Thanks to all of you for the financial support that allows us to produce the Ring of Light. An annual contribution of \$10 covers the cost of mailing a paper copy of the ROL if you can't download an electronic version! Make checks payable to Jan Clayton (send to 25960 Quail Lane, Los Altos Hills, CA 94022), or send funds with PayPal or a credit card via <https://paypal.me/jclayton94022>.

### Recent Contributors

We thank each and everyone of you for your support. It allows us to deliver the Ring of Light to our subscribers.

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