

# Creation – Putting Genesis into Context

## March 2024 by Connie Golden

**Preface:** Since I was 5 years old, I have somehow known that I would work in some scientific field and that I needed to understand creation – that is, why our Creator brought our physical universe, humanity in general, and me specifically, into existence. At that age I didn't understand what was taught in bible classes or catechism. I thought that it might be because I was too young to understand the rather esoteric subject. But as I grew up and studied more, the answers provided by any “organized” religion still didn't satisfy me. I realized that the translations of events and words of insight from various “prophets” or “messengers” through the ages are misunderstood today because they speak of worlds out of physical sight and because their words were cast in the language of their culture and time period. Therefore those messages read in today's context don't clearly represent the original meaning that was being conveyed to and by the prophet at that time.

In the following years I researched many religions looking for the “core” truth in each. The answers to our questions about life and why we are here on earth – all wisdom – have been, are and always will be accessible to us when we are ready to receive them; that is how the Creator designed it. When prophets would access this information and try to convey the perceived message to others in terms that that culture could understand and in a language that had no words to convey the indescribable experience that the messenger had received, the result was a “teaching” based on that prophet's perceptions and understanding. Therefore just researching prior messages in their original written form, although insightful, was not adequate. I had to receive my own answers. “Seek and ye shall find” is an underlying universal truth. I have been blessed with help from numerous sources in this quest. Primarily there is Julian (June Burke) and her inspiring students who helped me put everything in context and Z'ev ben Shimon Halevi (Warren Kenton) whose knowledge of ancient Hebrew, traditional Kabbalah, and religious symbols used to explain creation at the time that the original words in Genesis were written down, were invaluable in helping me put the story of Creation written in today's English into context. Whenever I quote from Genesis and then follow with an explanation of what the symbolic words mean, that information is paraphrased from “A Kabbalistic Universe” by Z'ev ben Shimon Halevi (copyright Warren Kenton), or one of his other books or from an e-mail conversation with him. Since the teachings used as the original basis for Genesis and the early transmission of the knowledge in Kabbalah come from the same source, it was natural to find the explanation of the meaning in Genesis in the Kabbalistic teachings.

There are numerous others who have translated the original texts from prophets and messengers throughout the ages into English without all the misleading verbiage that has crept in over time. That aided in my understanding. Even though these messages are now written in English, the terms used are often confusing. The same word in one theology can mean something quite different in another. I had to try to understand the concepts without words and then finally try to put it all into words of my own. I finally understand the “core” of all major religions, even though they use different names and concepts to describe it. This core teaching is that “humanity” (every person) must choose consciously to awaken spiritually and return to a state of oneness with the Creator, or in other words, each person must become “enlightened” and express its “God-self”, to take its intended place beside or with our Creator. (1)

Every organized religion has also developed a set of “rituals” and doctrine around their core beliefs so they can be more specific about what “enlightened” means. Many consider these rituals and added restrictions as being equally important to their core beliefs, as they represent

how that organized religion believes each person should behave to properly express its “God-self.” Over the years I have seen that these rituals bind the community together and make them stronger as a group. To the individual they can provide additional joy and support when needed. Therefore I consider the doctrine of any organized religion to be good if it helps the follower understand their personal relationship to their Creator better and isn’t a distracting influence or obstruction. Since each person experiences the physical world uniquely, they each experience their relationship to their Creator uniquely. Therefore there are many paths to becoming “enlightened.” No one religious doctrine is more correct than any other. That understanding has come through loud and clear in all the insight provided to me from the divine source. An individual’s spiritual development and ability to understand creation and their past, present and future place in it, does not depend on what organized religion they join or don’t join.

My description of Creation that follows does not contain any new concepts. Many Prophets and Divine Messengers over the ages have described the same or similar ones in different terms as needed by their culture. However, the revelations of the Creator’s purpose to Enoch\*, the man who walked with God and did not taste death (Genesis 5:24), and whose teachings were later clarified and used indirectly to initiate Abraham into the line (Genesis 14:18-20), provide the foundation of what was written in Genesis and form the basis for my description. These revelations to Abraham (thought to be about 3000 BC) were passed on verbally and experientially. They were written down using religious symbols which expressed the concepts that had no “words” for their description. As portions were written down (the initial portions of Genesis were probably on clay tablets), they were collected and preserved. It is believed that Moses was the first to collect all the “writings” of the history of humanity, including the Creator’s purpose transmitted to Abraham, and to edit them into what is called Genesis today. Because much of Genesis uses the symbolic religious language of that time, (there were no literal words to describe the concepts), its profound depth and breadth - its esoteric meaning – is hard to understand. But I used the first part of Genesis as the structure for my “story” to aid in the understanding of this ancient text. This structure is rather rigid and the concepts are described using symbolic words understood only by the religious leaders of that time. However, I found that once I could understand Creation as revealed and structured thousands of years ago, I could better comprehend the more conceptual explanations being made available by divine messengers today. Edgar Cayce said that explaining creation to a person in a physical body is like trying to explain quantum physics to a 5-year-old. Our conscious minds are constrained to 3 dimensions in a physical world. As humanity gains in consciousness, the explanations can evolve and become broader in scope. I have added words expressed in Julian’s teachings as I went along, to put what was being expressed using ancient symbols in Genesis into a 21<sup>st</sup> century perspective. Therefore this paper presents creation as taught to Abraham 1000’s of years ago and in parallel the teachings today from Julian.

I have used the term “Creator” instead of “God,” “Elohim,” “Ehyeh,” “Allah,” “The Source,” “IHVH,” (2) or any other term used to represent that which brought creation and humanity into existence throughout my “story” unless another term was used in a reference being discussed. It has been pointed out that we all tend to give the Creator human characteristics and call it “him.” That is a natural approach when trying to explain something unseen to those that have not experienced this unseen entity at a higher level of consciousness. (see\*\* below under (2)) Therefore the term Creative force or energy or consciousness would probably have been a more accurate term to use than “Creator”. The following represents my understanding of Creation from all the combined sources noted above. I hope it will help others understand creation more completely today and therefore provide a structure for understanding in a much broader context why they personally are here on earth at this time.

**Putting Genesis into Context:** Our Creator can't be described using any terms we use in our physical world, as the Creator is beyond existence. Julian says that our Creator can be experienced by humanity as a powerful mind force of discerning energy, occupying all of space. "God's place is the World, but the World is not God's place," is a Kabbalistic statement that means while God is present in Existence, God is quite separate from it. Our Creator willed to see itself so as to understand itself more completely, or to experience itself more fully, as some Eastern religions express it. Using Satyam Nadeen's words, "Consciousness knew itself, but it wanted to experience itself. So it made a world." The Creator desired to express itself through us by sharing the possibility of perfection with us and this is an extension of itself. The Sufis in ancient Persia had a saying that the Creator represents absolute good and therefore absolute beauty. It is the nature of goodness and beauty to desire manifestation. Julian states that the created conscious being's purpose was to be the companion of the Creator and to share the universe (all of existence). The Creator said to Moses on Mt. Sinai, "I AM that I AM," stating the highest Holy Name for Itself and its intention. The first "I AM" refers to the Creator, who was addressing Moses. "That" relates the first I AM to the second I AM, which is the echo or manifestation that reflects the source (the first I AM). The second "I AM" refers to the Creator's image or humanity as a whole in all its levels of consciousness. Julian states that God made us in his image in the potential of consciousness, not the physical body that we experience on earth today. That is the reason for humanity's existence; to raise our combined potential consciousness to the same level as the Creator's, so the Creator can behold Itself in the micro and macrocosm of Existence. Whether this image will be a companion or a mirrored reflection of the Creator, or both, is really a semantics issue and not important.

**The Mirror of Existence: The Laws:** The Creator willed a separation so that The Creator might behold or experience Itself. This process was started by a contraction in Absolute All, so as to make a space, or void, wherein the mirror of Existence might manifest. This space was nothing, which held the potential of everything as a kind of homogeneous wholeness of complete indifferenciation. In other words, it was all there in potential, but it had assumed no form, nothing that was tangible or interpretable, but the essence was there, all mixed together. The void is non-directed energy containing the potential for everything, but it has no inherent purpose or focus. Into this space went the pulse, the Mind or Spirit of the Creator (limitless light – the impetus to start things moving and to vibrate). The primal impulse is sometimes called the LIGHT or the WORD - as light is a vibration that we see and sound is a vibration that we hear, so these were attempts at explaining that the primal impulse set in motion a pulsation or vibration that would continue in perpetuum. The pulse expands until it reaches its inherent limit of expansion and then returns. It doesn't hit a boundary of the void and then return. Instead it has an inherent limit to its expansion and then returns upon itself to create a rhythm and a space of balance in which something else can occur because there is now movement. From the pulse and the rhythm within that space is created a vibration. Each vibrating cell in that space is unique and vibrates uniquely, radiating "light." That is your identity.

The resulting space was built by and upon the principles that have become known as music, mathematics; harmony, system and balance. Julian identifies the pulse (mind), rhythm and vibration as the first triad of Creation. By changing the rate of vibration, the wave-length, and the frequency, varying movements, patterns, forms and substances came into being, and seven qualities emerged. Many of the teachings call them "The Seven Days of Creation." But the seven days of creation were seven periods of eons of time in which alterations of the vibrations created the universal laws that control all of creation and enable humanity to evolve in

consciousness. These laws are usually identified as **The Seven Hermetic Laws**, as follows, but there are other versions used, usually similar to this set. The first intent of the Laws was to protect the energies resulting from the pulse, and the second was to direct the pulse, rhythm and vibration to continue creation.

**1. The Principle of Mentalism:** Mind is all. The pulse is the mind of the divine, which is directed energy given control over the nebulousness of the Universe and humanity. Mind permits raw essence to become form. Mind governs matter. Mind is humanity's tool to bridge to the higher realms and the intuitive energies. The pulse is within each of us, like a heartbeat. The power of love is in the Creative pulsation, thus unconditional love is the strongest power that exists. Physical humanity's mind works at three distinct levels. The conscious mind interacts in the physical world, the subconscious mind stores those interactions, as well as thoughts and keeps the physical body functioning without conscious thought. The superconscious mind is the connection to the divine mind. It is the bridge between the infinite and the finite. Some religions call this communication connection to the divine, the "holy spirit." The way to change vibration is through thought. (3)

**2. The Principle of Rhythm:** Rhythm is movement toward manifestation. Everything Flows, Out and In; All Things Rise and Fall; the Pendulum-swing Manifests in Everything; The Measure of the Swing to the Right is the Measure of the Swing to the Left; Rhythm compensates. Rhythm was the very first movement created by the pulse. Pulsation with its regular beat began to have an echo resonance in the never-ending circle which created a space for all activity to occur. This echo resonance created a rhythm in which vibrations formed. Anything in this space can evolve by altering its rhythm.

**3. The Principle of Vibration:** Nothing Rests: Everything Moves: Everything Vibrates. Modern physics indicates that the matter from which our bodies are constructed amounts to just one thing - - energy. Atoms are just made up of particles which are patterns of pure energy, vibrating. Everything is energy, vibrating. And we, in our world, are nothing more than energy patterns. The food we eat and our thoughts and actions can increase or decrease our energy.

**4. The Principle of Polarity:** Everything is Dual: Everything has Poles: Everything has its Pair of Opposites: Each energy has two extremes. Polarity is the balance between the extremes. You want to evolve spiritually in the middle, in a balanced state, where you can see both sides and know that you can handle both of them in balance and in harmony. Learning to balance between extremes makes us flexible. Everything in the Universe is made of energy. Polarity of these energies is what keeps the Universe in its proper spheres and in its proper balance, thereby enabling the light from the Creator to be contained and not flow forever with no form.

**5. The Principle of Correspondence:** As Above So Below: As Below, So Above. The attunement of two spaces, one above in higher comprehension of the intent of the Creator and one at a denser level. Thoughts, words and actions taken at any level of creation impact the other levels.

**6. The Principle of Cause and Effect:** Every Cause has its Effect; Every Effect has its Cause; Everything Happens According to Law; there are many Planes of Causation, But Nothing escapes the Law. Become the careful guardian of your thoughts and actions. Some religions refer to this law as Karma or Dharma, or what you sow, so you reap.

**7. The Principle of Gender:** Gender is in Everything; Everything has its Active (sometimes called positive or masculine or protective) and Receptive (sometimes called negative or feminine or nurturing) Principles. Gender Manifests on All Planes. Nothing can be created or manifested, be it thought, word or deed, without both the active/protective and receptive/nurturing principles working together.

**The Four Worlds:** Simultaneously, as the laws are coming into existence, the four worlds in

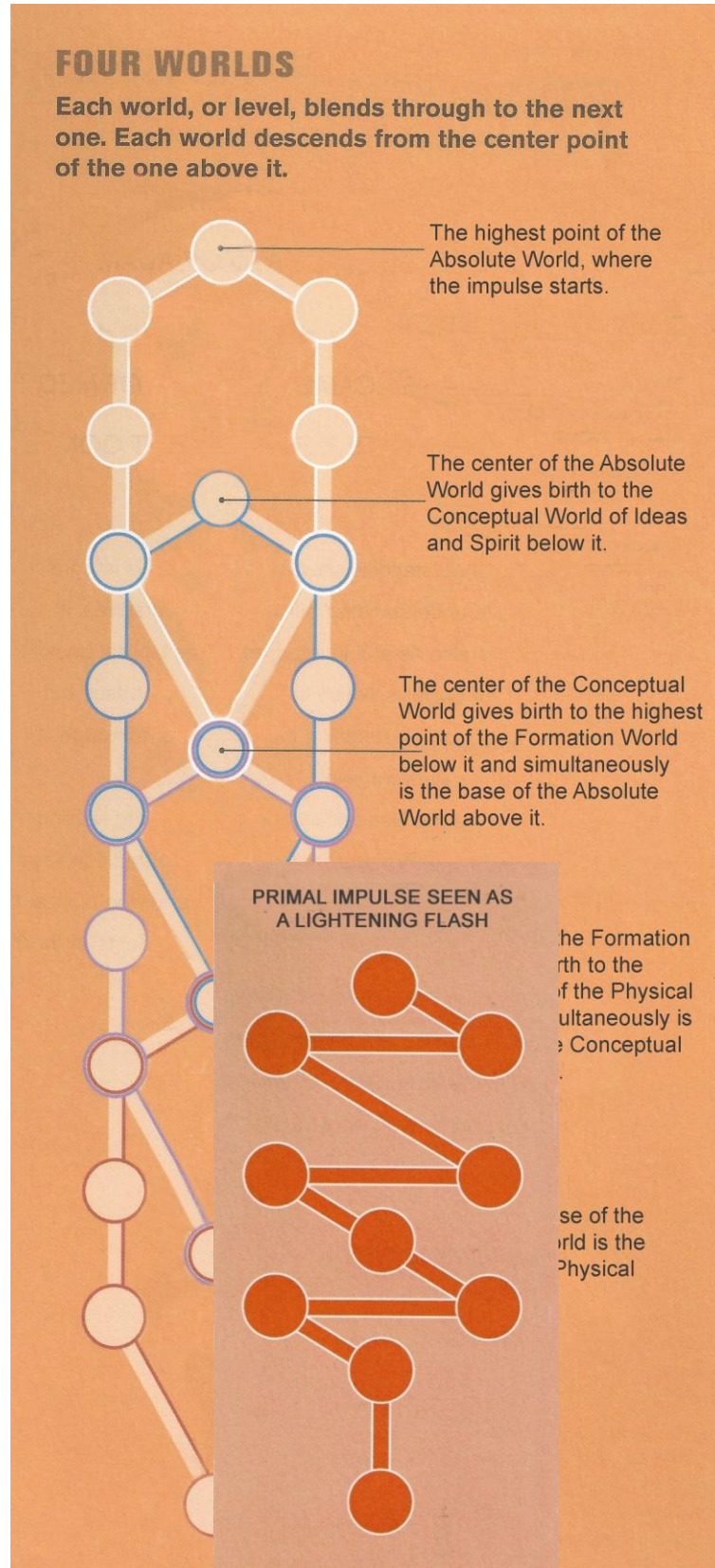
which these laws apply are coming into existence. The primal impulse split the indifferentiated space into four overlapping sections (often called “worlds” or planes or levels) with each succeeding section having a lower frequency, determining all that would ever proceed from it. Diagram 1 shows these worlds in 2 dimensions. Even though the bottom half of one world overlaps the top half of the world below it, each world is separated, operating at different frequencies and having different characteristics. There are strong correspondences between these overlapping sections however, and transition areas.

The color coding used to outline each World in the first diagram is:

- White for the Absolute World
- Blue for the Conceptual World of Spirit
- Purple for the Formation World
- Red for the Physical World

The second diagram shows conceptually how the primal impulse travelled down each world, creating what was needed for the existence of humanity in that world first and finally creating humanity operating in the level of consciousness of that world.

The highest frequency world is called the **Absolute**, the pure potential of all that can be, the Archetypal world. Everything that will come into being is here in potential, including humanity who at this point are vibrating cells, each with a unique identity, with organs of perception (being Self-conscious). These vibrating cells are interconnected, like in a matrix, or are “entangled,” and the composite “self” is the Primordial (or Primeval) Adam, formed in the Creator’s image, the radiant outline of a SELF-

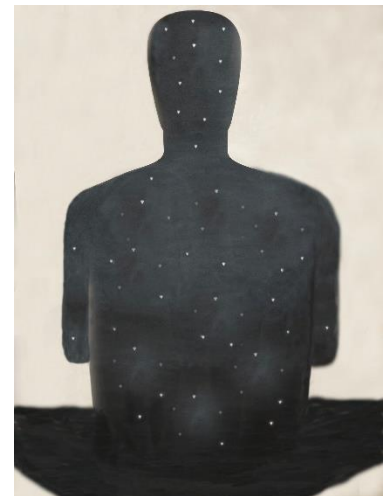


portrait in consciousness. (4) Humanity is a mosaic of unique identities that forms a god-like mind, as one teacher put it. This world is without time, space, or form. The will to sit or the

potential to sit would exist in this world. The world emanating from the Absolute, with the next lower level of frequencies, is the world of **Concepts (or Ideas)** - the world of pure spirit . This is where some concept of time first exists and the cosmic principles of creation and destruction. There is no form in the world of Concepts which contains the “heavens”. However, the spiritual essence or idea pattern of all that will proceed from these concepts or ideas is here in this world. The will or potential to sit in the Absolute world becomes a mental pattern for something to sit on. The next lower level of frequencies is the world of **Formation** (sometimes called the Astral plane). It contains the “essential form” in vibration of the physical world below it, and enables the concepts and ideas in the Conceptual world to take formation for materialization in the Physical World below. The mental pattern or idea for something to sit on becomes the vibratory form of specific chairs or other objects that can be used for sitting. The **Physical or Material** world resides at the lowest frequencies in existence, where all of creation is made manifest, or expressed, in matter. Everything in this world ages and dies. In the other worlds of concepts, thoughts and awareness, life is eternal in that the imprint of the energies at the lower levels are carried forward into the upper levels and are not destroyed. In the Physical world the specific chair in vibration on the Formation plane above becomes a material “thing” that a physical human can sit in. These are the 4 worlds in which humanity exists at some conscious level.

**Humanity in the Absolute World:** This is the background space for the positive energy that streamed through the primal point to evolve into the emanation known as Primordial or Universal Man which contains the full potential of Adam, as named in Genesis. The Hebrew word was “ha Adamah” which means “of the earth” literally, but symbolically represents “humanity in all its levels of consciousness,” not a physical human male. This being is a potential “mirror” of its Maker, and the blueprint of its Maker exists in its highest frequency on the Absolute plane of existence. One of the ancient texts depicts that Primordial Adam as a human physical man seated and praying but looking away from its creator. Each “cell” of this Adam is a spark of light which is each of our unique identities. I like this picture because it focuses on the fact that we are all in this adventure together.

Julian explains that the purpose of the creative entity was to bring forth an intellect from intuitive force which would then be able to govern itself. The purpose was not to create humanity as a physical animal on earth – that was our own humanity’s idea. After the creation of Primordial Adam on the Absolute plane, the pulse within each of these interconnected vibrating cells develop expectation and a desire to experience some power that would guide and lead each one. That is, a sensory intuitive force forms that would later develop into a mind, a personal expression of the pulse. If the potential of the Primordial Adam is to become fully realized and reflect a fully conscious image of its Creator, each vibrating cell needs to be in attunement with the Creator’s consciousness or pulse on all levels of existence. The pulse that streamed through the primal point moves on to create the Conceptual world where the Ideas and concepts in the mind of the Creator will come into existence.



**Humanity in the World of Concepts:** “In the beginning God created Heaven and Earth.” That is, Genesis opens not with the Absolute World where Primordial Adam, comprised of interconnected vibrating cells, each containing the raw conscious energy of the pulse, has been emanated into existence, but the World of ideas, concepts and pure spirit, the Conceptual World. The echoes from the movement on the Absolute plane have developed into phonemes,

the first sounds. An order forms within creation. The Heavens are created, the concept or idea of a material world, referred to as Earth in Genesis, and the image of Adam takes on another level of capability. Some concept of time exists, but not the linear time that we are familiar with on Earth. Hence the Conceptual plane can have a beginning, while the Absolute plane has no beginning nor end since there is no concept of time on that highest plane. Genesis goes on to say, "And the Earth was without form and void," that is, the concept of an Earth, or material world, in the World of Concepts had not yet been moved down into the World of Formation, and the physical world did not yet exist. It should be noted that many times when the word "earth" is used in the bible, the reference really means the physical world of matter, not the planet Earth. The Creator said "let there be light" and divided the light from the darkness and called them Day and Night. This was all done on the Conceptual plane. The words represent the division of the active (expansive) energy of force and the passive (contracting) energy of form as explained in the universal laws above. The Day represents the waxing of the initial pulse and the Night represents the waning.

On the second day God said, "Let there be a firmament in the midst of the water, and let it divide the waters from the waters." This action separates the Conceptual World further from the Absolute world. The upper section of the Conceptual World is called the firmament, which is later referred to as Heaven. It is interesting to note that the Hebrew name for Heaven is shemayim, whose root is composed of the two words for fire and water. The Absolute world is often represented symbolically by fire and the world of Formation by water. Hence Heaven lies between the two. On the third Day of Creation, God gathered "the water under the Heaven into one place, and dry land appeared. God called the dry land Earth." This is the area where the Absolute, Conceptual and Formation worlds "connect" in a special way which is explained in more detail in a footnote. The Earth spoken of here is not the physical earth, which is not yet in existence, but the idea or concept of an area where the energy is so dense we call it matter. The term earth was used to convey the concept of a materialistic world to the people of that time.

On the fourth Day, God created the celestial lights that act as signs and measure out the days and seasons. This refers to the development of the eternal repetition and total spectrum of reverberation and rhythms that will produce the cyclic patterns of the sun, moon, planets and stars. On the fifth day God said "Let the waters bring forth abundant living creatures, and fowl that may fly above the Earth in the open firmament of Heaven." The original words recorded imply that the winged creatures were the Archangels that inhabit the upper area of the Conceptual plane (Heaven or firmament). The swimmers were the angels that will live in the watery realm of the Formation World below. Angelic beings are not part of humanity and never incarnate on the physical plane. The original word to describe these angelic beings was 'Malekh,' which is 'Angelos' in Greek or 'messenger' in English. Those angels with the Action (expansion) attribute are responsible for positive aspects such as growth and creation. Those angels with the Receptive (contraction) attribute are responsible for destruction or death. Both are necessary for a balanced space. The opposition of both is vital in the performance of free will. If there were no temptation to go against the Creator, and no resistance to that temptation, then there would be no way for Adam to learn to choose to follow the Creator's will. Satan, also called Lucifer, is the Prince of Darkness, that the polarity could be established and Light could be known to man. Lucifer was given the task by our Creator of testing the integrity of souls as they seek to rise in consciousness and attune to the Light. Satan serves the Creator in helping humanity learn to make choices that will bring them closer in attunement with the Creator's will, to understand the consequences of their actions, and to keep the negative forces under control. As someone remarked, "All people are good when things are going well. But make difficulties

for them and one soon observes who behaves well on principle and who for personal interest.” This, on the physical human scale, is the function of Satan/Lucifer. On the other hand the “devil” is a manifestation of humanity; it is all the negative aspects of the energies of man and these negative energies do have a power of their own. It is the negative attitudes of man. Each person has a power to be used in love, harmony, peace and positivity, or the person can choose to use it in negativity. (5)

On the sixth day, God created the living creatures of the Earth, the cattle, beasts of the field and creeping things, all as generic categories, that is, insects, but not a specific type of form of insect. All these creatures are at this stage still spiritual ideas, for the concept has yet to be moved down to the lower worlds to take on a form by the Creator.

Also on the sixth day, the Primordial Adam has expanded capability. Genesis states this process using the words: God said ‘Let **us** make man in **our** own image, after **our** likeness” to have dominion over all the creatures that have been brought forth. And so an evolved Adam came into existence, as a result of the Creator’s pulse acting within the pulses of each vibrating cell. This evolved Adam was the steward of the Conceptual/Spirit world. Like the Primordial Adam, the Spiritual Adam is androgynous. “Male and female created he them” Gen 1:27. That is, this spiritual Adam, was still in a high enough frequency in the Conceptual World to contain both active and receptive attributes in constant union. Julian describes the change to the Primordial Adam in this conceptual world by saying that each cell now has the power to direct, even as each is being directed. The laws and order of creation allow each to use the powers to direct safely. Each cell has expanded its senses: it can hear the phonemes, the sounds of creation; it can “see” the movement of the altering energies; it can have a sense of touch, to feel the movement of energy; and each has developed the ability to communicate, another facet of the divine being coming into fruition. This “breathing in and out” alters the etheric energy so now each cell is a vaporous radiating oval that radiates the power and potential of the light, moving with the movement of the universe. Primordial Adam has evolved into a spiritual Adam on the lower frequency Conceptual plane that can further evolve to express its Creator’s consciousness, each cell in its own individual way. The component cells of the spiritual Adam are interwoven, interdependent, and entangled, creating one spiritual being. Each of these individual component spirits, has unique inclinations and talent so it may aid in the Creator’s grand purpose, but each is connected with others with whom it will be associated in subsequent existence. (Some religions call the spirits on this plane oversouls. Julian calls them souls or “light bodies.” I will refer to Julian’s term “soul” on the Conceptual plane as Jsoul to distinguish it from the term soul used by most Christian religions to refer to the etheric being on lower levels of Existence. Julian often talks about etheric humanity existing at two levels. This spirit being is the higher of the two etheric levels.) Thus the destiny of each human spirit is in the weave, although each one has the choice to accomplish its destiny in its own unique way. Then this spiritual Adam, or the created “them,” is told to multiply and have dominion over all the other living creatures. This sets the stage for the continued development of existence at the lower frequencies. For as the initial pulse moves further and further away from the Source and the simplicity of the perfect first world, so it becomes less refined, heavier, and more in need of regulation. Thus the complexity increases as each World takes on the laws of its own reality plus those governing it from above. On the next lower plane, the angelic forces multiply as well as the spirit components of the Primordial Adam, as described below.

On the seventh Day, “the Heavens and the Earth were finished and all the hosts of them.” God rested from the Work that had been made and blessed the seventh Day. God saw that



everything that had been created (in concept or spirit) and made was good, that it was balanced, sound and complete.

**Humanity in the World of Formation:** The Absolute world contains Primordial Adam, an interdependent set of vibrating cells which contain the raw energy of the pulse, and all cells must become fully conscious to reflect its creator. To enable this need to be satisfied, the World of Concepts unfolds out of this “potential” Absolute world. The World of concepts is a framework in which every creature in Creation has a specific reason for existing. Every part influences the whole in a celestial ecology. All this integrated movement is created so each piece of the cosmic system of checks and balances is set to relate one level with the next, above and below, within and without, as each creature strives to satisfy its destiny. However, for the Primordial Adam to become fully conscious, the essences and concepts in the World of concepts must have a form, so development can occur on an individual basis. “And no shrub of the field was yet in the earth and no herb of the field had yet sprung up, for God had not caused it to rain upon the earth.” With this statement after the opening chapter on Creation, Genesis goes on in its second chapter to appear to repeat some of the same processes as the first. However, these words really are describing the emerging World of Formation out of the World of Concepts. (6). For example, Genesis 2 notes that “all the trees were pleasant to the sight.” Moreover their fruit was good for food. This is a major departure from the World of Concepts, because sustenance in this form is not necessary for etheric creatures at that higher level of existence, but etheric fruit specifically is used in the Formation world to restore the energy of the etheric being at that level or the astral body, (also called formation body or spirit). Also humanity has not developed the 5 (etheric) senses in the World of Concepts above and therefore cannot “see” as we know the term. In Genesis 2:7, “The Lord God formed man” and this third Adam becomes the synthesis of the World of Formation, residing in the Garden of Eden in the World of Formation. The seventh verse concludes with the important statement that God breathed into Adam’s nostrils the Breath of Life, and man was transformed to a living soul. Genesis refers to the etheric body on the Formation plane as a soul, which is humanity functioning at a lower vibratory rate than humanity on the Conceptual plane. The change from spirit (or oversoul or JSoul or light body) on the conceptual plane to soul (or astral, spirit, or formation body) on the Formation plane is vital in the composition of Adam because it indicates another distinct level within the original potential of the Primordial Adam. (Julian describes this event in the workshop Transition and After, where Julian uses the term “soul” to mean the “light body” or “JSoul” I described above. To quote, “The energy package that surrounds the soul (on the Conceptual plane) becomes, by development and choice, the personality and ego of that person. In many of the teachings in your world, the words “spirit” and “soul” are bandied back and forth, one used in one moment and the other in another. Please understand that soul (on the Conceptual plane) is the immortal part of you and spirit is the energy protecting the soul in every incarnation.” In the Reincarnation workshop Julian says “You have the shedding of an ego personality many times in the soul's journey, but the soul itself moves on, retaining the growth patterns within it.” The spirit wrapped around the JSoul or light body is sometimes referred to as the “foundation body” or astral body. This “spirit” is what develops a personality, has a form, and is the lower frequency form of etheric humanity on the Foundation Plane. In TE 18 Julian says, “The light body is the soul of you. The light body is the superconscious mind body. The Astral body is like a thick membrane.” The physical and astral bodies protect the light body from heavier densities. They give the light body a density enough of its own, so it can interact with other like densities. In TE 19 Julian explains further, “The soul is the light body. The spirit is the energy surrounding the soul for each incarnation which becomes the personality of the being. In other words, it takes on the energy of what has been given to the individual, and is that that they have been given to work with. Soul directs the whole thing from within itself. Your superconscious mind literally is the mind of the soul of you, even though we talk about it as

the mind of the spirit body. In the teachings of your world, the words spirit and soul are used interchangeably so that one person will say, the spirit of you moves on, others say, the soul of you moves on. Literally what happens is that energy referred to as spirit, when you make your transition, dissolves, gradually, but the soul of you has retained from that spirit energy, that focus, all that has been achieved. So one is a changing and dissolving energy, the other the kernel, or source which is immortal.”)

Julian describes the process of creating the Formation World and Formation Adam (humanity as a lower frequency etheric being in this world) as follows: The energy of the universe began to divide into specific energies, the elements of a formation energy, all in etheric form. First was air, the idea of movement of space. Next was fire, the element of expansion of spirit. Next was water, the fluids of the universe and contraction. Then came earth, the etheric form of matter created by the movement of air, the expansion of fire and contraction of water. The mineral, plant and animal kingdoms are all formed before the kingdom of man. Each kingdom has its own means of keeping balance. Each kingdom has equal support and importance as the Creator’s goal was an integrated, balanced system. The senses in the vibrating, radiating cells that comprise humanity move beyond the feeling of knowing to a concentrated effort to know as they reduce their vibratory level to that of the Formation world. These vibrating cells now develop an intellect and a will as well as developing the 5 senses on the etheric level. These cells maintain the same interconnectedness of the World above to form Adam 3 (Adam in the Formation world). When these cells developed an intellect and a will, then “life was breathed forth into them.” All that exists at that time divides into two separate spirals of energy: non-personal (Angelic, elements, planetary structure, vegetable, mineral, animal kingdoms) that instinctively follows the will of the Creator to ensure the continuation of Creation, and personal (humanity) that has free will to learn to express its God-like consciousness with the aid of its superconscious mind that has access to the instinctive energies. Free will was granted at this time because the cells were able to think for themselves and had a will. Now the vibrating cells have a means of communication, a means of formation and a means of guidance from both an intuitive force and an inner intellect, even though all is in etheric form. This “life” that was breathed into each cell, is sometimes described as a spirit or formation body that enclothes the etheric being from the Conceptual plane above. This Formation body sets the special task and purpose for each individual in the lower world and retains the personality that develops on the physical plane as it interacts with the world.

### **The Fall of Humanity in Genesis:**

“The fall” described in Genesis takes place in the World of Formation, not on the physical plane. The symbolic words in Genesis go on to explain that the third Adam was placed in the Garden of Eden to work and watch over it. The World of Formation contains all the forms that can be manifested physically in the lower plane, and so it was similar to places on earth, but not in a physical state. Now our Creator instructed Adam 3 that it could sustain itself on all of the trees in the World of Formation except the Tree of Knowledge of Good and Evil. This meant that not only was Adam 3 confined to its own world (the World of Formation) and was not yet in the physical world below, but that it could not look into the World of Spirit above. The trunk of the Tree of Knowledge is in the world of Spirit, which allows access into the Absolute World. The Tree of Life, representing the essence or structure of the Primordial Adam, is in the Absolute World, with corresponding attributes in the lower worlds, and is not mentioned at this point in the text of Genesis.

The Creator forms every specific beast of the field and fowl of the air, bringing the idea or concept of all living creatures down from the Spiritual Plane and into the World of Formation. These forms are paraded before Adam 3 by the Creator to see what it would call them. This action allows Adam to exercise the free will granted to humanity alone as the image of the Creator. "Then the Creator said it is not good that Adam should be alone. I will make for him a helpmate as his counterpart," reads one translation from the original text. The making of a companion occurs after this significant act of demonstration that humanity was indeed the husbandman of the World of Formation. The Creator causes Adam to sleep. That is, Adam was confined to the lower portion (or Face) of the world of Formation which is much denser than the upper portion. This was quite a new and lower state which Adam hadn't experienced before. Such a descent removed Adam from the upper portion of the world of Formation, and therefore from the influence of the lower portions of the Absolute and the Spirit worlds, where Adam was both male and female. Thus, Eve, the female - receptive side of Adam, emerged in actual separated form in the World of Formation. Incidentally, the phrase "Adam's rib" (tsela) is more accurately translated as "Adam's side," meaning that he was divided in half. On Adam's awakening, that is, on his return into the upper portion of the world of Formation, Eve took up the female-receptive position to Adam's male-active position as heads of Paradise. The separation of the Formation World Adam and Eve from the Spiritual Adam of "them" on the Spirit Plane is confirmed by the verse following the making of Eve. Adam 3 says, "This is now bone of my bones and flesh of my flesh", that is, she is of the same World. "She shall be called woman because she was taken out of man," that is, she is the Receptive attribute that has its origin in the Action attribute. Here is the counterpart of man, the helpmate. The second chapter of Genesis ends with the observation that the two attributes were not aware of themselves as two separate entities. They were not ashamed (this word's root means 'to be separated') before each other. The World of Formation had no element as yet to spread division in it, until the serpent influenced the receptive side of Adam 3 (Eve).

Now the serpent, who according to Biblical myth stood upright at that time, was crafty or as the root word means, the most sensual of beings. The upright status suggests that the serpent was an entity whose body extended from the World of Foundation down into the natural Physical world. As a being partly of the World of Formation, the serpent could communicate with Eve, who was also of this world. By her receptive nature, she was open to knowing more about good and evil. She draws Adam into the situation because he is the Action attribute that has to work with the Receptive attribute to complete a task. By looking through the base of the tree of knowledge in the World of Formation, both Adam and Eve could have direct contact with the world of Spirit and were able to perceive that World above them. They become aware of their Formative state of innocence and the separation between active (male) and receptive (female) entities which in the Spirit world and above, are in constant union. When the Creator descends into the Garden which had been left in the care of the Formative world couple, It asks Adam and Eve where they were. The meaning of the question in Genesis 3:9 "Where art thou?" is not that the Creator did not know where they were, but did Adam and Eve know where they were -- because they were not supposed to be looking into the world of Spirit. Adam replied, "I noticed that the entrance to the Spirit world was in the Garden." However, he could not conceal the fact that they now knew more than was appropriate for them in the World of Formation and could no longer live in the World over which they had been set in dominion. When Adam and Eve went against the commandment not to eat of the Tree of Knowledge of Good and Evil, it was not in ignorance of the Law, despite their blaming of the serpent. They knew what they were doing, and with this act of free will, conscious evil came into being, which is called Sin. The Hebrew root of the word for sin is khata or "to miss the way or mark." Sin is the deliberate

missing of the mark through an act of free will. (7) Thus the Creator had forced Adam and Eve to make a choice and to accept the consequences of their decision. The Primordial Adam was learning what was necessary to raise its consciousness, through the actions of Adam and Eve on this lower plane. Julian defines “sin” as that which is detrimental to you or to any other person now or in the future. Another explanation is that sin or evil is any action that moves you or others away from their intended spiritual path.

Julian in general says that the early chapters of Genesis were written in allegory form for a specific culture at a specific time. The general population was for the most part illiterate, so story telling using human characteristics and religious symbols were the means of expression. The story of Adam and Eve should not be read literally. Julian states that all forms of humanity are androgynous except the physical human on earth. Humanity was androgynous until they densified as an animal into the physical world and decided to procreate as animals. That is, Adam represented the physical being with the active energy in predominance and Eve represented the physical being with the receptive energy in predominance. Each physical body was no longer in balance as they were and are in etheric form. The physical human decided to separate the active and receptive energies within, so as to be better able to survive on earth. In Development class 116 Julian states the following about Adam and Eve and the serpent. “You have to remember that the bible was written in the Piscean Age and your first teachings have all come from the varying teachers that started in the Piscean Age, which meant rigid structure and form, which meant that God will get you if you don't watch out. In the analogy of Eve and the apple and the serpent, you must recognize that the serpent has, from the beginning of time, been a healing wisdom symbol. When the serpent offered her the fruit of the Tree of life and she offered it to Adam, there was the opening of the intellect. With the opening of the intellect comes the responsibility of the intellect. The intellect developed a will as part of survival, and there became a great spinning process even from that.”

### **Humanity in the Physical World:**

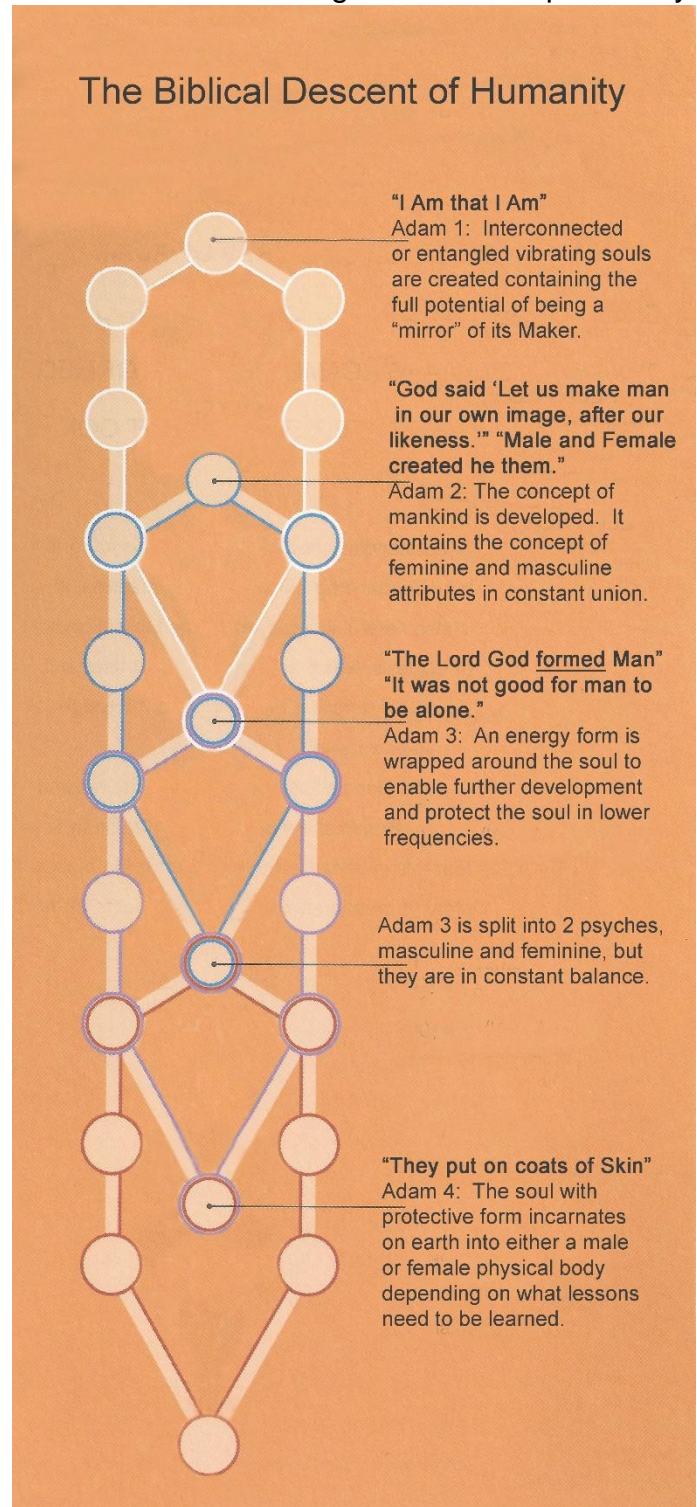
The Garden of Eden, that is in the World of Formation, with all the forms of flora and fauna, was gradually being made manifest in the Physical world as the initial impulse completes its intent and the energies densify. Slowly but surely the evolutionary levels of physical development take place. Through superposition and interference, matrices of oscillating fields from the initial impulse evolved so the concept of density could manifest as the components of atoms which then could eventually become minerals. There was no ‘life’ as we know it. Then over billions of years single cells learned to multiply and consciousness went from just being aware of existing to reacting to their environment, to instigating an action, to logical, ‘if this happens then that will happen’ thought. I am going to define ‘intelligence’ as being able to decide between 2 choices and remembering the consequences so it influences future decisions. For survival most everything alive has some degree of ‘intelligence.’

Since matter and time, as physicists understand them in our universe, are intertwined, you can't have linear time without matter, linear time in the Physical World comes into existence. Up to this point, everything in the four Worlds is in place. The densifying Physical World is operating well within its design of reflecting the concepts and form of the two upper worlds. The one variable is humanity, in the form of Adam and Eve in the World of Formation, or the many radiating spirits that comprise humanity at this level, who are now descending in vibration to experience the emerging Physical World.

Initially these individual spirits, all vibrating cells of Adam 3, densified as the Formation world densified into the Physical World. According to Julian, they needed to have some method of direction and the consciousness level began to form. Humanity felt the need to express, the need to exchange energies and with those exchanges came the need for speech patterns which were directed sound. Humanity became a being directed by its own force. Humanity wanted intellect, so these radiant cells were given intellect by their own action, and the need to communicate, to direct, began. It became evident that there was a need for an ability to ponder, so to speak, and bring it into direction. Eventually humanity developed an intellect and a will. Then was life breathed forth into them as explained in the Formation World above and humanity was given free will (now that it had a will) with the ability to communicate with the non-personal (intuitive) energies. In the pre and early Lemurian age, (millions of years ago) humanity is still in an etheric form of existence with humanity having a vague recognition of a mind. Humanity has the ability to know and understand another light being without words, without anything but being. Humanity begins to manifest needs and answers to those needs. As the androgynous cells of humanity begin to solidify and manifest, man has the ability to alter his energies to merge with denser ones, experience them and then move away from them again. Earth was most intriguing to many. They were attracted to the various forms of denser life. They hovered above it, viewing the abundance of growing things in the tropical earth. They saw animals eating the fruit of the land and wanted to taste the fruit; they observed the mating of the animals and wanted to have that experience. Since desire impelled them to seek expression in matter, they became denser and denser. They merged with the animals to try to physically enjoy their activities also. Some become so enthralled with the denser sensory energies, that they remained in those bodies too long, densifying and altering their own etheric energy and therefore being unable to release themselves. This resulted in creating something like a "monster." These monsters and others created through humanity's need to gratify their carnal and material desires were called the Daughters of Men in Genesis. The etheric being in these animal bodies had willfully weakened their connection to the Creator and the higher planes for the selfish gratification of the carnal. These etheric beings, still androgynous, began to realize that their association with animal energies was densifying them and modifying their vibrations so much that they were now unable to simply leave the world densifying around them. They would have to densify further, become part of the physical world and learn to cope. At this point they still communicated telepathically and were androgynous. However, some started densifying into physical bodies that appeared to be useful for life on earth. These physical bodies were not the animals already existing on earth, as Julian states that all animal kingdoms have their own souls and own destiny, so humanity cannot take over the physical body of an animal. But the physical bodies tried by densifying etheric humanity were similar to those of animals already flourishing on earth as humanity had to physically survive while developing an intellect, memory and maintaining a connection to the universal mind. Several experimentations were tried over millions of years to see how the physical animal body form could evolve into that needed for humanity's evolution. The Guardians, those of the Hierarchy who are of a higher level of consciousness (primarily archangels and Master Teachers), who were from the beginning working with humanity to bring it to its full potential, came very prominently into existence at this time (third period of Lemuria – about 35,000 years ago). Millions of years earlier these Guardians had sought to develop suitable animal forms for human soul immersion, but they found the hominid brain cavity and restricted voice box to be inadequate for needed human soul development, including being able to imagine things that didn't exist in their physical environment and being able to communicate complicated concepts needed for extensive cooperative efforts. So in this third period of Lemuria, some Master Teachers successfully evolved an animal body form from their previous attempts that could have the characteristics

needed for humanity's soul development. It was when this separate animal body for humanity was being densified, using DNA from suitable animals already existing, and modified to better suit humanity's purpose, that the separation between female and male took place as the spirit and soul light bodies (both levels of etheric body) were still androgynous. This "recent" human mated with the Neanderthal and other prior humanoids to take advantage of its developed ability to live peacefully with the animals and nature around him. This new densified body would help, not hinder, in the struggle for at-one-meant (atonement) with the Creator. (8) This body had the ability to communicate with the Creator and the non-personal energies through the superconscious mind (the mind of the soul) which became one of the levels of the mind of this physical being. The physical being's mind functions at 3 levels: (1) the conscious, which gives direction to the use and control of matter and includes the "ego"; (2) the subconscious (or unconscious), which is the storehouse of memory of everything associated with the physical world, maintaining the physical body and what is transmitted to it by the superconscious; and (3) the superconscious; which can communicate with higher levels of consciousness. These highly conscious souls, (Master Teachers, not angels), put the inspired "coats of skin" over their light bodies; that is they densified into the chosen animal form, and became Adam and Eve, humanity as flesh and blood in matter. They descended in groups, not just one male and one female. (Several sources and Julian say there were over 1 million incarnated in 5 groups in 5 very different regions of Earth over a long period of time). These bodies were subject to all the mineral, vegetable and animal principles inherent in them and at work on the Physical plane. Each group was basically the same physically but with modified characteristics that would help them survive in the environment in which they were sent to live.

Julian explains that the material/carnal desires became known as the Darkness and the desire for oneness with God or the Love principle became known as the Light at this time. The Creator always intended to have the Primordial Adam expressed as a conscious existence in all four worlds, but living as an animal on Earth and experiencing birth and death was not the form of existence that had been expected. As Julian states it, "the world was



created for humanity to share with the Father, to experience and enjoy. Free will and carnal desire moved humanity away from that sharing.” “Finding density was part of humanity’s evolution, to bring the high space to the denser one, a merger of the two, was what was intended. It was not meant to be a punishment.” “Creation is still unfolding.”

With man and woman incarnated at the bottom of Jacob’s Ladder of Worlds, the division between the sexes was physically manifest as it was in the vegetable and animal kingdoms. These first of the perfect race were called the “Sons of God” (9) as opposed to the “Daughters of Men”, which were the offspring of the Mixtures and “monsters” brought into existence by individual souls desiring carnal and material experiences. This was the reason for the admonishment in Genesis to “keep the race pure” for “the Sons of God looked upon the daughters of Men and saw them as being fair” (Gen. 6:2)

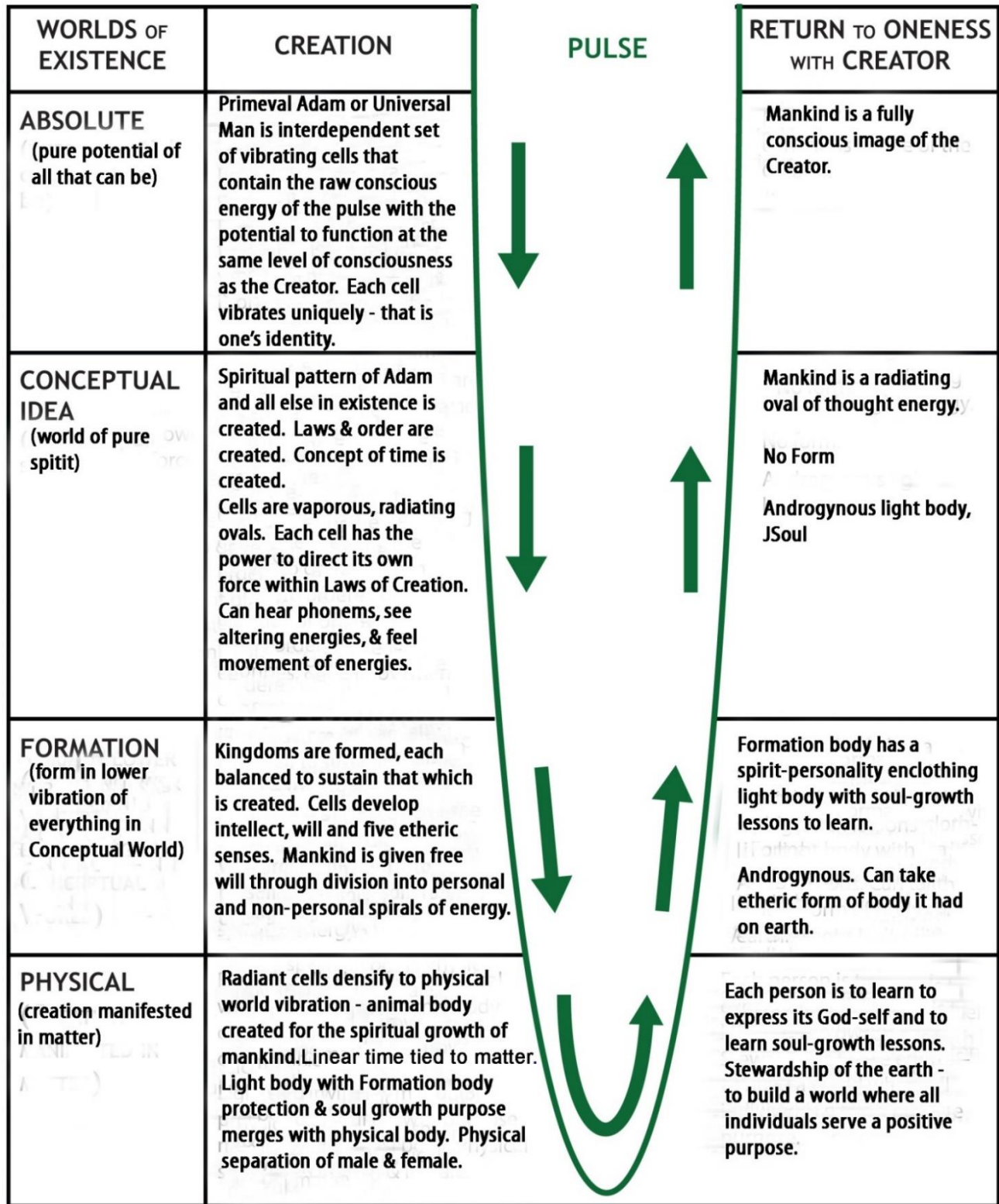
Thus the etheric energies (souls/spirits) of Adam 3 (the Formation Adam) descended into the Physical World and on Earth were “wrapped in animal skins” whose physical pattern was determined by the Guardians. The interconnected souls, incarnated on Earth, are referred to as the physical Adam or humanity as a whole on earth. These four Adams at varying levels of consciousness comprise the one Adam that is the potential image of the Creator. Once the Primordial Adam, the “potential” of Adam, had been instantiated in all 4 worlds, the concept of Creation was now manifest in matter.

### **Achieving our Creator’s purpose:**

Before the etheric form of humanity entered the physical plane, they knew the “oneness” of everything, including the Creator. As they densified into the animal forms, they lost that feeling of oneness with all above and instead saw and felt the differences. This led to greed and selfish actions. These non-spiritual aspects tainted the spirits so each has to compensate before they can evolve to higher levels of consciousness and be “one” with all again. Humans, while residing temporarily in the Physical Plane as animals, have access to all the higher-level Adams within (the light and pulse within). The task is still the stewardship of the Earth, (to build a world where all serves a positive purpose), but also to regain the highest level of consciousness in the spirit plane. This requires that we not only rise up consciously to reach heaven, but act as conscious participants in the higher worlds, thus helping bring the Presence of the Creator into manifestation below, so that Creation may achieve the perfection which was intended at the beginning.

When all of humanity has risen to its highest point of consciousness in the Spirit world, each Spirit component of Adam 2 will return to its original place within the Primordial Adam (in the Absolute World) and bring their combined awareness into a unified SELF. At that point the Primordial Adam will realize, in the act of reflection, that I AM is the image of I AM. At that point the objective of Creation will have been fulfilled. Julian says that afterward the fully conscious Adam and our Creator could decide to co-create another “adventure.” Some prophets say our Creator will have satisfied its purpose and will just collapse all of creation. It will just disappear. Others say that humanity will continue to “live” consciously in all four worlds of creation, including earth, in a perfect state of attunement. A summary of the descent of humanity from the Absolute to the Physical world and humanity’s return to “oneness” with the Creator is provided in the following chart. It should be noted that a “soul” doesn’t need to experience a physical body on earth in order to rise in consciousness to be at the highest level, next to the Creator. There are other means to rising in consciousness, not addressed in Genesis.

# EVOLUTION OF MANKIND





## Comments:

\* **Enoch:** Enoch was the father of Methuselah. The teachings presented in this paper are NOT from the Book of Enoch, which was written in 300 BCE and later and not by Enoch himself, even though that book says it was written by him. Historians have traced copies of this book back to a very conservative Judaism group and consider it their interpretation of Enoch's message. It is believed that Enoch did write symbols to convey his message to his students. His symbols had very esoteric meanings and could be interpreted in many ways. His students were taught to actually experience creation and hence only used the symbols as reminders of what they had personally experienced.

**(1) Core teaching from the Creator:** Most religions have the core teaching that "humanity" (every person) must choose consciously to awaken spiritually and return to a state of oneness with the Creator, or in other words, become "enlightened" and express its "God-self", to take its intended place beside our Creator. Even emanation theories, that is, a continuous unfolding of humanity rather than a single act of creation by a separate being, have a desired final state of consciousness that is the objective of humanity. The Eastern religions emphasize the rising of consciousness itself, a sense of oneness with the universe, the release of the ego's desires into the desires of the mind of the soul, a detachment from the material world. Islam emphasizes the feeling of unity that comes with sharing this experience with others and the power inherent in group action. Judaism emphasizes the importance of the original teachings from the Creator to Abraham, tradition, and that each person alive is responsible for pushing forward the evolution of human spirituality. That is, while in a physical body, humanity has a powerful ability to raise the consciousness of humanity as a whole, that is of a different nature than in the higher realms, and so should be used to its fullest extent while on earth. Christianity emphasizes the idea that the spiritual aspect of each person manifests itself as a higher self, an expanded version of who we are physically, more complete, more capable and with a "mind" that can communicate with the higher planes and the divine. This higher self provides an inner guidance and wisdom leading us to act as if we were Jesus, who was continually in touch with the Creator's intended purpose for humanity and was the Light of the World. The idea is to express the Divine I AM in our thoughts, words and actions and let the Light that dwells in each of us shine.

**(2) IHVH:** IHVH is not a name, but is a verbal, numerical and geometrical formula that translated means, "That which was, that which is, that which shall be." The "that" is neither male nor female. It is a verbal symbol for the conscious energy that brings all things and creatures into existence. It also is a noun form derived from a Hebrew word meaning "to be." The initials stand for the formula "Yod Heh Vav Heh" which can refer to each of the four worlds.

\*\* John Seidel explains this relationship in understanding God much more completely. "The word ELOHIM is used to name "God" with its dubious significance, since it can be read either Gods or Goddesses; a compromise can be reached by considering it to mean Divine Ones. Divine Ones amount to divine contacts with every individual soul. What is a God or a Goddess? So far as the question dare be answered, they result in conscious exchanges between a human soul and the unknown higher one or ones with whom or which we are related. Energy streams from such sources are directed at us (that is, from the Divine Ones), and we have to translate them into a credible term of reference in order to deal with them. Now remember, we are getting to the fundamental point of why early people had Gods and Goddesses. They had to anthropomorphize the thoughts and feelings that they had of supernal power in terms that they could understand, that they could pay homage to, that they could appeal to, that they could thank. It's a natural human instinct.

To put it another way, we receive an input from a divine source and this stimulates whatever in our minds and souls will respond best to its nature. WE CAN ONLY KNOW THE DIVINE BY MEANS OF WHAT IS IN OURSELVES. A satirist once wrote, "God created man in his own image, and man was so pleased with the results, he returned the compliment." Our anthropomorphic Gods and Goddesses are both human projections to a higher level and divine projections to a lower one. In other words, going up, we see one thing; coming down, we see something in a different light. These Gods are very real constructions, formed mutually by humanity and divinity as points of common conscious contact, and they are certainly to be treated with the respect they deserve. To understand their natures and functions better, we must briefly consider their origins and development.

Suppose we are trying to establish and improve communications with a species of being so remote from our own that they are totally unable to grasp our existence or relationship with them. We may imagine, perhaps, that we are trying to make intelligent contact with our own blood cells (bio-chemistry). All we could do would be to use symbol units from their field of being which have something in common with ours, and attempt to construct intelligible language out of these. At first, such symbols would be very basic and primitive; but, as time went on and developments of evolution took place, communication would improve and become more sophisticated and facile. Exactly the same problem exists between the greater consciousness and our own. Our evolution on Earth has presented just such a picture. Early man formed God concepts out of things he knew or feared - elements, animals, trees, birds, etc. From these, we evolved to anthropomorphic beings. (ANTHROPOMORPHIC - Ascribing human forms or attributes to things not human, especially when applied to a deity)

Then he goes to concepts of pure essences, spirits and energies. Gods in their own right, like all the others before them. We have the same Gods with us now and always. They have not changed essentially, though we have altered our formalized concepts of them; and, certainly, we have not reached the verities of their nature as yet. Every so often we experience what is now called a major break-through to arrive at a humanized God with all divine attributes, in the Christ concept. The next concept - the one we are waiting for and studying for and working for - is man evolving to become divine.

This brings us to the function of the Elohim. Their job is to provide the means and contacts in us out of which our God consciousness can arise. Just as our beings and bodies must be made from specific materials, our God concepts must be formed through the Elohim, so they may be considered as the God material within us. Here we must distinguish between a God and an ideal. Both are vehicles of a higher consciousness than ours, but whereas an ideal belongs to the realm of intellect and mind, a God operates with feeling and soul. No humans, either individually or collectively, can ever be greater than their own Gods and ideals. The Gods of any people are those same peoples' personified soul, and we know the one by the other.

Time is the dividing factor. Humans, reaching ahead of themselves into the unknown, encounter the Gods they seek in the form of what they are seeking for. Later in time, the seekers will catch up with those particular Gods and, eventually, evolve beyond them, as for instance, most advanced modern people have grown far ahead of the old crude types of God, such as the goat-god, the thunder-god, etc. The greatest advance made by man was the concept of an all-inclusive, supreme, timeless, formless and universal spirit who manifests through every channel and path; or God, according to its specific nature, as THE LIMITLESS OPERATING WITHIN LIMITS. We would never in our early primitive form, worshipping a goat-god, a thunder-god, or something else, have any way at all of imagining the beauty, the all-inclusiveness of the LIMITLESS ONE. It would be like a baby looking into a carbide arc or an arc-lamp. It would be blinded and we would be groveling creatures.

The advantage of the universal God concept is that it opens up a range of unlimited development and progression. Its disadvantage is that its very abstraction makes it virtually impossible for an average human mind to

deal with or soul to experience. A God is to be felt, moved by, with, and in, so that we are affected by the nature of the God concerned. Two factors move man - THINKING AND PEELING. Ideals move our minds, but only Gods move our souls. We must be in a state of empathy with them so that effects take place throughout our sentient soul, and we undergo an actual experience of that particular God. Such a relationship is a personal one in the most intimate sense, and, unless it can be established and maintained between God and human, they will be lost to each other. The Elohim are appointed to keep God contact with humanity as far as possible.

We survive by spirit and matter, but we evolve through mind and soul. Inspired by our ideals, we grow into our Gods for they are what we must become. (Remember that Jesus said that we could do everything he did and more – this is what he was talking about). The Gods are real, incredibly potent energies, evoking reflective responses in us that will eventually lead us to CONSCIOUS light in states of being far beyond our present comprehension or means of motivated contact. The God images we make use of have less resemblance to their realities than the blips on a radar screen look like the actualities they indicate. Nevertheless, both radar screen and God image alike help us to deal with truth, according to our capability of contacting it.

The Arch Angels provide us with an ability to make God images with the help of the Elohim. This is strictly a faculty of the soul and is very distinct from an ability of the mind. We know Gods by feeling them. No amount of purely intellectual conjecture will bring us into intimate God contact. Love is a sure cement for sealing humanity and divinity together. Aided by the LIGHT OF GRACE, we can see divinity everywhere, even in the stones beneath our feet.

As the Arch Angel of the FACE, or the APPEARANCE, of God, Uriel is responsible for our perceptions of divinity in even the most ordinary ways. It is all very well for isolated mystics to have blinding visions of spiritual heights unreachable by common mortals, but divinity should be closer to us than that. The Light of Uriel brings divinity to the very doorsteps of our hearts by the magic of LOVE. It is to be hoped that most of us experience the wonder of falling in love, at least once in a lifetime, when the indwelling divine principle of an ordinary human becomes aware of its counterpart in another mortal.

This is also possible in connection with other than human individuals. Something of such a nature may take place between human and divine principles. It may be that under favorable circumstances of emotion and environment, a culminating rapport is made between the soul of a human and the divine spirit manifesting through material or emotive levels. Perhaps the combined factor might be an exceptionally beautiful sunset in ideal surroundings with just the right music. Whatever the externals are, outer and inner divinities meet with a surge of power that must be experienced to be appreciated; and no words are adequate to describe this happening. Everything suddenly comes alive with startling clarity accompanied by a sense of rightness and an actual knowledge of divine presence such as cannot possibly be told by human means. We have literally fallen in love with a God manifestation and we have touched Heaven whilst we are on Earth. Experiences of such a nature are essential for the growth and development of human souls for they make divinity a real and integral part of our nature. We can think and talk of Gods and metaphysical values for a lifetime, getting no closer to their reality. A single flash from Uriel will put us closer to God in an instant than centuries of muddling speculations. Once that Light touches us, we no longer guess - we know, and - yet, we can no more explain our knowledge than we could explain color to a blind person. Nothing but Love works such a miracle.

It will be appreciated that these love experiences are matters of degree. They may be intense to a point almost beyond bearing or so gentle and constant that their effect is scarcely perceptible. It is all a question of the stimulating pattern applied to a soul and the reactive ability of the soul itself - and that you can develop. There is nothing to be gained by exposing a soul to a stimulus it is unable to handle without injuring itself. Soul

damage is harder to repair than injury to physical tissue and its effects are more contagious than infectious diseases of the body. Think about how your personality or your way of handling a situation affects other people.

The stimuli patterns necessary for maintaining a healthy soul are the keys of the mysteries and form the basis of most religions. Both churches and mystery schools are very much concerned with setting up artificial patterns of stimuli calculated to place the participants in direct contact with divinity and so to evolve their soul into what they could become. This is the entire reason for ritual which utilizes every single known soul stimulus making patterns of these as a framework of experience in which the soul can operate. Mystery schools try to provide actions and rituals according to the type of souls involved, so that each soul operates in its own best field. Churches, on the other hand, seek to offer actions and rituals having the greatest appeal for average souls with minimum harm to them even if maximum good is equally unobtainable. Both systems have their successes and failures, for the human soul is very far from its peak of perfection.

Uriel is the Arch Angel of Light who shows us God through Love; indicating that divinity and love are not to be seen, but to be felt and become. Sight implies objectivity and a sense of difference between the seer and the seen. God is not thus to be looked at, but to be loved and to be entered into union with.

**(3) Mind is All:** It is interesting that the ancient religions acknowledged Mind is all, but even more contemporary writers have come to the same conclusion – that all of reality – subjective and objective- is made out of the same basic stuff – “mind stuff;” or consciousness pervades reality. Bertrand Russell reached that conclusion in “The Analysis of Matter,” the physicist Sir Arthur Eddington in “The Nature of the Physical World (1928), and William James in his 1890 work “Principles of Psychology”. Roger Penrose today has invoked the quantum theory of “entanglement” to show how individual identities can act as a unified system to support this theory. The field of Quantum Gravity Research has established that an observer or conscious awareness is needed to explain experimental results. Julian Huxley said that “the laws of physics leave a place for mind in the description of every molecule. In other words, mind is already inherent in every electron and the processes of human consciousness differ only in degree and not in kind.”

**(4) Consciousness and Entanglement:** Even though the greatest minds in the world can't agree on a definition for consciousness, I'm going to try to convey its meaning using the words of others. Christof Koch of the Allen Institute for Brain Science, defines consciousness as a level of awareness about one's self and the world. Keith Holden, M.D. says, “Consciousness is the omniscient information field that connects everyone and everything.” Anil Seth defines consciousness as your inference about incoming sensory signals. The level of consciousness is a complex balance of differentiation and integration. Julian states that Consciousness is an awareness of being aware of your environment and being able to function within it. Since all is vibration, there are an infinite number of levels of consciousness, but they are often discussed and described in terms of a few groups where all the vibrational energies in that group produce a similar set of stimuli to and in humanity in whatever form humanity takes in that area of vibrational existence. Julian states that reaching a certain level of consciousness means the being has the powers to move and act upon the energies around it at that level. Being able to move and act upon the energies at each level is important, as otherwise you are merely an observer. The physical world consists of the lowest levels of vibration rates. While in a physical body, humanity has 7 levels of consciousness within it. The lowest 3 levels deal with the “bestial” nature of man – that is the physical animal level. The 8<sup>th</sup> and 9<sup>th</sup> levels of consciousness are at the ethereal level on the lower and upper Formation plane or world. The lower Formation plane is sometimes referred to as the Astral plane and is at the 8<sup>th</sup> level. The

9<sup>th</sup> level is sometimes referred to as the “white plateau” or the “kingdom of heaven”, or “Garden of Eden”. The 10<sup>th</sup> and 11<sup>th</sup> levels of consciousness are at the lower and upper Conceptual plane or world. The 12<sup>th</sup> and 13<sup>th</sup> levels of consciousness are at the Absolute World. The level of consciousness that can be experienced while in a physical body depends on the individual, its spiritual unfoldment, and whether it will help that individual achieve its purpose for that physical lifetime. However, while in a physical body, a person can only touch the lower 10<sup>th</sup> level of consciousness and not go higher. You will note that the levels of consciousness correspond to the chakras, as stated by Julian and Temier in several classes. Also each level of consciousness has subdivisions within it, such as the 7 plateaus in the 9<sup>th</sup> chakra as described in Julian’s Workshop #301, Life After Death. One teacher expresses these levels of consciousness as the level of integrity and character of that spirit/soul. Other sources use the term “level of morality.” Entanglement is the ability of energy particles (or waves) to communicate even when separated by great distances and time. Humanity at each level of existence is “entangled” so taken as a composite whole is the image of the Creator in consciousness. As an aside, the medical community used to think that the brain creates consciousness. Now, because they can find nothing in the brain itself that creates consciousness, some hypothesize that the source of consciousness comes from the brain stem or the pineal gland just above the brain stem. The pineal gland mediates or filters a consciousness which is all around us.

**(5) Satan and the Devil:** I have extracted statements from Julian’s lectures on the subject of Satan and the devil so it is easier to see that the two are different energies with different origins and functions. From #259 Julian’s World: “The fallen angels... The angel Lucifer. Do you know what Lucifer means? It means light. Lucifer choose to be the Prince of Darkness that man might know light, for if you never knew darkness, you would not know light. The "devil," as you call it, is the collective evil of man manifest--the negativity of man manifest. Hell is man's own manifestation. The Prince of Darkness will one day be understood not as a fallen angel, but of an angel that was willing to spend the life in darkness in order that man might know light. They have confused what happened in the beginning and man's manifestation of "the devil made me do it," sort of thing. You see?”

From: #201History of the Universe: Lucifer is the Lord of Darkness and darkness is the negativity, the dark side of Light, and so he is the Lord of the Dark Side of Light. Lucifer means Light, and a time will come when he will be discovered to be a sacrifice. Lucifer was the sacrifice - sacrificing himself - to take care of the darkness and the order within it. The Lords of Darkness represent the negative polarity and the Lords of Light represent the positive polarity. They are what man attunes to and rides with, so to speak. That is why someone, by changing his thinking pattern, can change his energy and change his life. Your Lords of Darkness, your heaven and your hell, are in your mind. You create your heaven or your hell.

The Lords of Darkness are the lords of the non-Light, and there are those who are caught up in the non-Light. Remember that the Christ Light means "Illumination". You would not know illumination if there were no darkness, so— the polarity has to be there. They are not evil. If you look long enough at any situation that appears evil, you will find a spot of polarity of light in it. There are no evil forces that evolve from that side. Lucifer governs the darkness that there may be Light. You will not find evil directed from there; you will find evil directed by man's thinking patterns.

In the early Lemurian period, there was still the etheric body. The denseness had not begun, but mind and the thinking process had begun. That is why you will hear that the Lemurian period was a telepathic period. Although the body was not yet solid, the thinking faculties had begun to

function. Mind would merge with mind to communicate. During the thousands of years of the Lemurian period, man went from etheric, to etheric with mind, to etheric with senses, until at the end of the Lemurian period, solidity was a factor. That was man in his first experience as you know him.

From #342 Exploring the Steps of Creation. “the goal for each soul is return to the source. That is, be of the consciousness to function in the void. Each will still have its own identity, will have all identities from past lives within. Each will have same consciousness as the pulse.”

When densification was possible, the energy divided into two: (1) Non-personalized energies – that follow their instincts and intuition; these include Angelic Choirs, animals, plants, -----all but humanity, and (2) Personalized energies – that have a free will and an intellect with a superconscious mind that connects each to the non-personalized energies (they tell you what you should do by instinct if you are listening).

**(6) Second Chapter of Genesis:** Some theologians consider the second chapter of Genesis to be a repeat of the first chapter, but told from the perspective of a different writer. However, we need to take into account that Moses, the person who it is believed compiled all the early written information about the history of humanity to produce Genesis, had been instructed in understanding the verbal knowledge passed on from Abraham. His instructor/mentor was Jethro, his father-in-law. He would know about the four “worlds” or “levels” of existence and would have made sure all were contained in Genesis. Also, upon a careful reading and with an understanding of the symbolism used in the original transmission, the second Chapter describes the emerging World of Formation out of the World of Concepts, not the emerging World of Concepts from the Absolute World. The first clue is the word “rain,” that is, water, the symbolic element of the World of Formation. Other references to mists have historic meanings referring to the World of Formation. When God forms man out of the dust of the ground, the word used is “formed” not “makes” as was used in the Conceptual World, where there is no form. Also the word for “ground” in this chapter indicates that Adam was not a conceptual being, but a creature manifested in a lower frequency than in the spiritual world.

**(7) Was the “Fall” of man deliberate?** It has been revealed to some, and Julian confirms, that the movement down in frequency from the World of Formation was expected so as to have a conscious portion of Adam on the Physical Plane. Since the Creator, through the pulse, had given humanity free will, making choices was a means of having Adam, on all levels of consciousness, learn to express its divinity. In the Genesis story, having the Formation Adam and Eve disobey the Creator’s directive and learn of good and evil, was really part of the evolution of humanity. This disobedience was the original “sin” using the definition of “sin” usually provided, (Sin is the deliberate missing of the mark through an act of free will.), however, it was part of humanity’s evolution through choice. Thus humanity, the conscious image of the Creator, has a chance to redeem itself and fulfill the Creator’s Will to behold Itself in all the Worlds. The biblical story of Adam and Eve in Eden was conveying this choice by humanity to live and make choices in a material world of good and evil, (light and darkness) as part of the process of returning to the higher realms, in terms that people living on Earth could understand at that time. Julian says that the story should not be interpreted literally. In Transition Energy (TE) 3, Julian makes the following comments about baptism and “original sin”. “Baptism is not the removal of sin, but the awakening of the functions to the higher force of God. So when centers are touched (hearing, seeing, speech, etc.) you are blessing the use of the high senses of the body and holding the child while it is being “lit” – that is, it is his day of illumination and moving into the high sensorium energy – awakening him to the God within. That is what baptism is all about. And when they talk about the “sins of the father being visited on the child,”

what they are referring to is that in the guardianship and guidance of the child, very often the prejudices and angers of the parents are given to the child. So in the awakening of the child's senses, he is given the tools to hold back from that which might be tried to be forced upon him. So he is awakened to be able to use all the senses of God within him. That is literally what baptism is – a purification by illumination. It is not the erasing of a sin that they are born with." In other workshops Julian clarifies that at all levels of consciousness, humanity has both active and receptive, or male and female, attributes within them. That is, humanity is essentially androgynous. When humanity chose to merge with a physical animal body and procreate as an animal, then the active and receptive or male and female attributes were separated physically and that is sometimes referred to as the "fall of man." However, the spirit/soul or etheric being outside the physical body is androgynous and active and receptive are balanced.

**(8) Evolution of Physical body of Humanity:** Being a scientist, I wanted to see how well the current anthropology theories support the explanation provided by Julian on the evolution of humanity into the physical world. I found an article in a National Geographic 2017 issue that summarized recent findings and put them in context with the multitude of "human-like" ancestors that the anthropologic theories claim we had. The theory shows multiple branches of a tree from some ancient ape-like animal that is assumed to be our common ancestor based on DNA comparisons. It doesn't account for human-like ancestors in remote parts of the world that have been found recently. The text implies that all of those branches "die out" at some point but one that originated in Africa, 2.5 million years ago of the genus "Homo." They used the first stone tools, but it has been shown that many animals can use "tools," including stone tools, and that isn't what makes us "human." About 70,000 years ago the "Homo" in Africa suddenly develops a "cognition" that separates them from all other animals and from their "human-like" ancestors. This cognition is the ability to connect to and cooperate with large numbers of strangers in flexible ways, and to create new realities in their imagination. This cognitive homo started talking about and drawing things that existed only in their imagination and started using sea shells for trade. The archeological evidence shows these Homo sapiens leaving Africa, driving out or mating with all previous "homos" on the face of the earth and within 25,000 years had reached Europe, East Asia and somehow crossed the open sea and landed in Australia, a continent hitherto untouched by sapiens of any kind. One anthropologist suggests that an accidental genetic mutation changed the inner wiring of the brains of sapiens, enabling them to think in unprecedented ways and to communicate using an altogether new type of language. Now every animal has some kind of language, even insects. Some animals like parrots, whales and elephants can produce a large number of distinct sounds, like humans can. What then is so special about the human language? Our language is amazingly supple. We can connect a limited number of sounds and signs to produce an infinite number of sentences, each with a distinct meaning. We can therefore ingest, store and communicate a prodigious amount of information about the surrounding world, both the physical world and the imagined world. To move from Africa to most of the world's land mass in such a short time has been described as a "blitzkrieg" by anthropologists. Moving tribes would have had little time to establish a permanent base of operations before moving on to another distant location to set up another self-sufficient base that could include changes in skin and eye color to better survive. Most geneticists think that 25,000 years was insufficient time for this significantly changed "homo" to travel to and modify its DNA to adapt to the extremely different environments in which it had to survive.

Julian's description of the evolution of physical man, supported by other spiritual teachers, is that the Guardians took the DNA of an animal that was flourishing on the earth and modified it to produce an animal form that could survive and evolve the human characteristics needed for humanity's spiritual growth on earth. A slightly modified explanation is that an animal form was

already evolving that was not part of the Animal kingdom for humans to use if they wanted to experience the earth as an animal. Individual spirits of humanity entered these “prototype animals” and learned to survive. They couldn’t just enter an existing animal because each kingdom has their own “soul growth” pattern and humanity is not allowed to interfere with that. Humanity needed its own physical body to evolve. Several modifications to this body were introduced and allowed to evolve over millions of years before the abilities noted above could be created through evolution. Highly conscious beings densified into (or merged with) the selected body that had been created for humanity and came down in large numbers into 5 different locations on earth. The physical bodies in each different location were slightly different, so that physical body had a better chance of surviving in the environment in which it settled. The earth was a dangerous place and each of the 5 races needed to survive in 5 different environments. This “spiritual” explanation does not disagree with the theories and evidence found to date by anthropologists, but there is not and probably never will be any “scientific proof” that Julian’s explanation is correct.

**(9) Messiah or Son of God.** You will note that the lowest position in the Absolute, or highest, world is just above the middle of the Conceptual world, which is just above the highest position in the World of Formation. In many esoteric traditions, this is the position of the Messiah, the perfect human being, the living ideal for all humanity, existing in the three upper worlds. The Messiah is called the true “Son of God,” as this soul has become fully realized in consciousness in God’s image. The Son of God provides the link between the Divine Creator, the Holy Spirits (angels) and humanity on all levels of existence. When souls who had risen to this level of consciousness were inspired to assist humanity in their decision to densify into an animal-like body on the physical plane, they did so. These first of the perfect race were called the “Sons of God,” as opposed to the “Daughters of Men,” which were the offspring of the Mixtures or monsters created by individual souls to satisfy their carnal desires. Julian refers to beings at this high level of consciousness as the Guardians. My own understanding is that all souls who have become fully realized in God’s image (have risen to this level of consciousness) are closely interlinked to work together to provide this function. Individual souls/spirits at the Formation level, where the personality is still influencing that soul, are eventually merged or imprinted into their higher entity at the Conceptual level as the level of consciousness rises. This higher entity is referred to as the over soul by some religions or just the soul by Julian. I refer to it as a “light body” or Jsoul. Julian explains that it is the part of each human that rests constantly in the Universal band or mind that supervises and watches over you. It is your lifeline to the God within you and your active conscious. It works through your super-conscious. Julian’s workshop #301 on Life After Death explains this in more detail. As the level of consciousness rises even more to reach the Absolute level, the souls or spirits are interlinked even more to work together instinctively. Eventually, as all of humanity reaches this level of consciousness, the purpose of creation will have been fulfilled and the Primordial Adam will be realized.

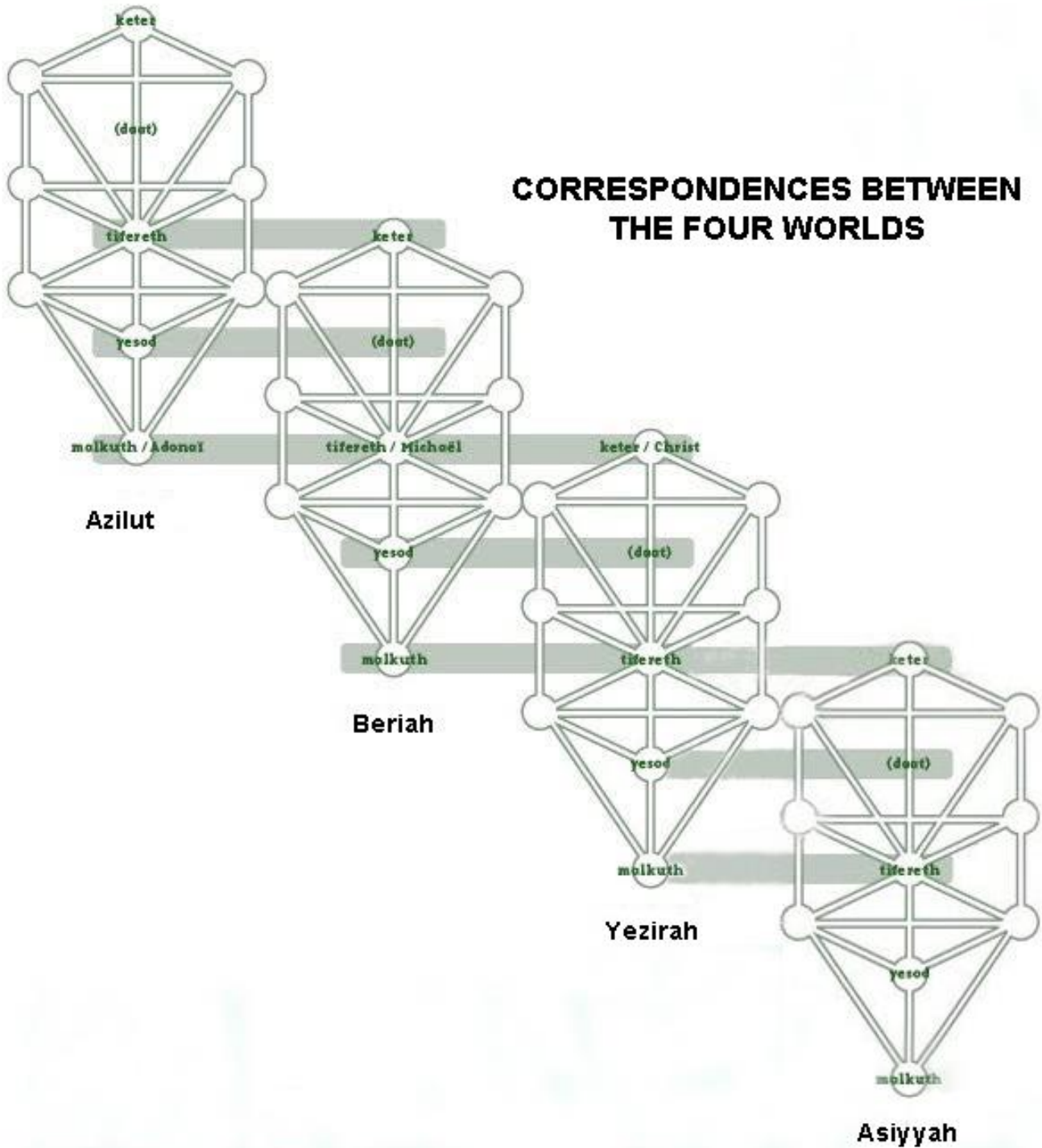
For those familiar with Z’ev ben Shimon Halevi’s (copyright Warren Kenton) book, “A Kabbalistic Universe” and its more esoteric terms, see page 200. While discussing this topic with Camille Albrecht, I received this insight from her: “In the illustration I’ve attached, you can see the visualization of what Warren Kenton writes regarding the placement of Christ as Keter of Yezirah and Tiferet of Beriah. This is the same level as the adonai, who rest at the Malkuth of Azilut. This representation would assume souls are Christed at the level of Keter in Yezirah - leaving room for greater perfection in both Beriah and Azilut.

Being Christed, then, is not the highest level we attain prior to return to oneness with the Creator. That makes sense to me, given “as above, so below.” When we reach Tiferet of



Yezirah, we are one with our High Self, but still have further to go to be Christed, which is to vibrate at the level of Keter of Yezirah. The Law of Correspondence tells us that, therefore, when we reach Tiferet of Beriah, there is still further to go, which is to vibrate at the Keter of Beriah - the Tiferet of Atzilut. It would be here we all become one, in my opinion, before we can all cross Da-at of Azilut and return to the Source, Keter of Atzilut.”

You will note that the shaded area in the chart below that starts on the left at the lowest position in Azilut (Absolute), or highest, world, then moves to the right to the middle position in Beriah (Conceptual world), and then moves to the right to the highest position in Yezirah, (World of Formation), is what the ancient Jewish traditions called the Sons of God. Souls attaining this level of consciousness have attained the position of being with the Messiah. The Kabbalah names for the worlds correspond to the more generic names “Absolute,” “Conceptual or Idea,” “Formation or Astral” and “Physical or Material” that Julian uses and I use in the general text.



**(10) The Void and Time:** From the point of view of physics, beyond the waves and particles of the atomic world, lies nothing we can yet measure. Beneath the most minute speck of matter and flicker of energy, is void. Out of this void particles and antiparticles can spontaneously arise, but from what do they come? Divine presence is manifest in the Order of the Universe. The Absolute World is the realm of causes. From the highest point down is the world of effects. Science may track back to the margin of nothingness, but it cannot even begin to explain the Absolute World. Even the metaphysician has much difficulty in spite of his/her longer-range capacity and intuitive scope, and the mystic who has experience of the Absolute World, finds

there are no words or concepts in any language to describe the realization. Linear time as we know it on earth is tied to matter. The fact that the existence of linear time is a result of quantum entanglement, that is, it requires particles to be entangled to exist, has been proven by physicists [Seth Lloyd, MIT professor first proposed the concept and Don Page and William Wootters did experiments to prove it]. This makes quantum physics so interesting, as two particles can be thousands of miles apart, yet what you do to one of them instantaneously influences the other. The basic principles of quantum theory are non-local; that is they describe timeless and placeless interconnectedness. Or to view it another way, consciousness outside of the material world is independent of time as we know it on earth.

**(11) Understanding the meaning of words used in original texts:** When trying to understand the bible and other teachings conveyed by our Creator to prophets and master teachers, I found it was important to put the words in the context of the culture when the words were written. For example, I always had trouble understanding the advice, “turn the other cheek” in the bible. Many ministers told me that meant that if someone hit you, that you should “turn the other cheek” and let them continue to hit you. However, Julian explained that those words, used more than 2000 years ago in the middle east, were an idiom meaning ‘try a different approach’. The idiom came about because when you relate to someone, you are presenting your face or cheek to them – that is what they see and respond to. If the relationship isn’t one you like (for example, they are doing bad things to you), then you need to try a different approach, or present a different cheek to them. Another example is “a rich man has a harder time getting into heaven than a camel has going through the eye of a needle.” The ministers and priests would then encourage all to give money to the church so the parishioner wouldn’t be “rich” anymore. However, at the time those words were written, the “needle” referred to the tall pillars at the corners of the fortified cities, and the eye was the passageway through each needle. When there was peace, the gates were wide open and all could easily go in/out; no one used the needle. But when the city was under attack, the only way to get supplies into the city was through the tall, thin, open passage (the eye) in the tall pillar (the needle) at the corners of the city. A camel would bring the goods on its back up to the passage (the eye of the needle), then have to kneel and crawl, while kneeling, through the passageway to bring the goods into the city. The analogy to a rich man weighed down with worldly goods, having to learn to submit to the Lord in order to get into heaven is there, but certainly camels did go through the eye of a needle many times in that era of constant warfare.

**(12) Choice and Consequences:** The 10 Commandments are a God-given system guiding humanity to make good choices. They enable humanity to understand the basic Laws of existence, specifically the Law of Cause and Effect. They provide guidance for which choices will help us live in a higher state of consciousness and which will not. Karma is an automatic consequence of our choices – both good and bad vibrations come from our actions and are returned back to us in some way to teach us lessons.

**(13) Using the terms “Heaven,” Spiritual World”:** The hardest part in writing this “story” was in understanding the meaning of the many esoteric words used in the various theologies. The name given a concept in one theology is “sort of” given another name in another theology. There is no simple, one-to-one mapping between the names. The concepts overlap in meaning and sometimes there is no relationship at all between a term used in one religion and the same term used in another. One of the difficult word-naming problems is that many theologies call the components or cells of Adam in the World of Spirit, souls, or oversouls, or spirits. Some religions don’t have any idea that this level exists and therefore have no name for humanity at this level. In the World of Formation, the reverse holds; humanity at this level is called a spirit if

the word soul was used in the world above, and vice-versa. Some Christians call humanity in the Formation world (Kingdom of Heaven) a spirit and say that when the spirit enters a physical human on Earth, it is called a soul. A careful examination of the meanings in the various theologies, shows that the components of Adam in the World of Spirit are different in level of consciousness from those in the World of Formation, so the term used is different, but which one to use? I decided to use the term oversoul, light body or JSoul for the World of Spirit/Concepts and the term "spirit" or soul for the World of Formation, while providing other terms used by other authors and master teachers. In addition, many texts contain a description of the life of the soul or spirit after that person's physical body has died and the soul/spirit has gone on to an "afterlife." The descriptions include "homes," buildings, even furniture and pets; everything that exists in the physical world. Some accounts say that initially the person doesn't even know they have died as the surroundings are so familiar. They think that they are dreaming. Eventually they are helped by other etheric beings to understand their situation and to move forward with their "soul growth," that is, the rising of their consciousness to an even higher level. Technically this level of consciousness is in the Formation World (also called the Astral plane by some), albeit the higher portion of that world, sometimes called Paradise, Eden, or the Kingdom of Heaven. The ancient texts define Paradise as a park or resting place. If the spirit/soul can "see" a form, then its consciousness is in the Formation World. The world of Concepts or Spirit above it has no "forms," just light-thoughts. Julian describes it as follows: "You're going to have a light form; you have a thought form. You are of the light, but you are simply thought at this level." The highest half (or face) of the World of Formation is closely aligned with the lower half of the World of Concepts/Spirit and so the evolution of the soul/spirit upwards will take it eventually into the higher World of Concepts/Spirit that contains all the heavens. As an aside, the ancient texts named 7 heavens, all on the Conceptual/Spiritual plane, and that is why some claim there are 7 different heavens. However, these are just groupings of various levels of consciousness, so they may be distinguished from one another. Other groupings of levels of consciousness are used by various teachers.

**(14) Life after Death:** The book "Testimony of Light" by Helen Greaves provides an easy-to-understand description of life immediately after the death of the physical body. It should be noted that the "Paradise" that she enters after death is in the World of Formation, which she calls the Astral plane (a more common name for this level of existence). At the end of the book her conscious level has risen and her frequency is so high that it is very difficult for her to communicate with those on the Earth plane. Her description is corroborated by many other writers and doctors, such as Michael Tymn in his book "The Afterlife Revealed," "Journey of Souls," by Michael Newton, and "A Neurosurgeon's Journey through the Afterlife" or "Proof of Heaven," by Eben Alexander. A much more comprehensive explanation is provided in Julian's workshop #301, Life After Death, available from the website provided below. I have also written a report called "My Tour of Heaven" based on personal lessons with Julian. Contact me at [golden.cj2@gmail.com](mailto:golden.cj2@gmail.com) to get a copy or contact the Julian teachings website.

**(15) Julian:** This is a description of Julian in "his" own words: I am a Seraph of the order of Seraphim, that which you would call "angelic force." From the beginning of time, I have been a bridge between two worlds. I have never been in a physical body, other than borrowed ones. In our varying energy patterns, angelic forces are given assignments, which they carry forth in the universe. My assignment has been to be a teacher of truth, a deliverer of God's messages, and a deliverer of humanity through his own potential. Thus, from the beginning of time, I have been a bridge between the unseen world and the seen. I have watched cultures be born, come to fruition, and die. It is my job to try to know and understand the culture, and the vernacular of that culture, in order to help humanity better understand his potential.

The angelic forces of the universe were created to be the friends and guardians of humanity and all creation. We have no desire other than to assist. Our fulfillment is in observing humanity's growth and transition into higher planes. Each angelic force has its own particular assignment. Some deal with the plant and nature world, others with the animal kingdom. There is no thing of God's creation in the earth that does not have a guardian force that is overseeing its advancement within its own species. It is meant to be that all things evolve.

For more information on the Julian teachings see [julianteachings.com/about/](http://julianteachings.com/about/)