



A Newsletter for the Members of the Julian Community

Volume XXXIV

Number 1

March 2022

We hope that this spring day finds you in good spirits, although admittedly, it is somewhat challenging to be chipper after listening to the news from around the globe. This transition into the Aquarian Age is not for the faint of heart!

Our new Astrology correspondent, Jessica Nelson, summarized the challenges of the current energies this way: *We must gain back our freedom. We must transform our institutions. We must strengthen our spirituality. And, we must change our values to align with the universal value of love.*

That is quite a To Do list, isn't it. In fact, it's rather overwhelming. No wonder many of us feel a bit battered and bruised right now. Yet, our teachers are telling us that it is now critical that we look within for strength and courage to face these challenges. In addition, we need to use the light within to move strength and courage into acceptance and respect. For with acceptance and respect we can facilitate change.

Aca'u gives us both hope and instruction: *The world-wide changes taking place are bringing you to new understandings. ... These events are creating a great well of peace from your desire to relieve the suffering and prevent this [the Ukrainian conflict] from occurring again. [This]war is deeply impacting the world on a grand scale. World War does not have to follow. Watch your thoughts for you do impact the unfoldment of events. ... You must understand the power of your thoughts to mitigate what is happening. Hold firm the thoughts, "May God's Will be done for all involved. May each person open to the wisdom of their High Self to be guided to that which they need."*

You don't feel confident about taking on this To Do list? You're not alone. Just remember that *"The master is the one who is willing to try and fail, and try again, for as long as he or she lives."*

— Blessings Jan Clayton and Nancy Walton

## The Journey

**We fail to realize that mastery is not about perfection. It's about a process – a journey.**

**The master is the one who stays on the path day after day, year after year.**

**The master is the one who is willing to try and fail, and try again, for as long as he or she lives.**

— George Leonard

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# This Season's Astrology

by Jessica Nelson  
Michigan

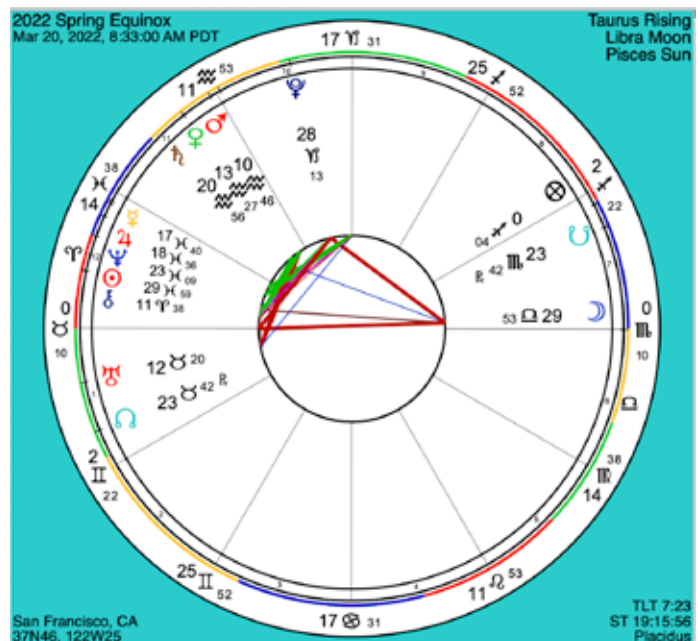
On Sunday, March 20 we enter the Spring Equinox. The Sun enters Aries, focusing our will and drive towards independence and creating new concepts. Venus and Mars are in Aquarius, squaring Uranus and making their way to conjunct Saturn. Jupiter and Mercury are conjunct, coming into close counters with Neptune in Pisces. Spring is the unofficial beginning of the new year, if you tried to begin a new resolution and failed, this would be a more appropriate time to settle into new routines. Spring brings forth new beginnings! The birth of new life is upon us! Saturn is still holding strong in Aquarius, bringing forth the lesson of brotherhood, and innovation. We must learn to think differently! As we look back in history, we can clearly see the blunders humanity has created. As we go forward into a new age, we must learn from the past if we are to create a better future. Saturn is trying to tell us something, pay attention. Venus will conjunct Saturn on March 28th and Mars will conjunct Saturn on April 4th. This will give us, discipline, drive, and love to be expressed in an Aquarian manner. The only way to get where we are going is to work together! Together, we are stronger!

In February, the USA had its Pluto return. If we are paying attention, Pluto has a lot to show us. Remember, Pluto brings about destruction in order to build something new. Capricorn rules the establishments that govern us. The system that has been created, is not working, therefore, a new one must be built. That new system must focus on the united benefit for all humanity in order to prosper. Pluto will stay here until its transition into Aquarius in March 2023, retrograde back to Capricorn for 9 months, and then make a more permanent home in Aquarius from January 2024 though January 2044. This will bring the power back to the people, as it should have always been. We were all born with divine freedom, appointed to us by the Creator. Over many thousands of years, we have gradually given away that freedom to ruling classes in return for false securities and monetary wants. We have put our faith and trust in many aspects outside of ourselves, and in doing so have slipped farther and farther away from our true selves — our divine selves.

We must gain back our freedom: Saturn in Aquarius. We must transform our institutions: Pluto in Capricorn. We must strengthen our spirituality: Jupiter and Nep-

tune in Pisces. And, we must change our values to align with the universal value of love: Uranus in Taurus. The energy shifts happening right now to our collective consciousness are not easy tasks. Growth can be tiring and painful on the body. But a growth in consciousness can be liberating!

On April 12th, Jupiter will conjunct Neptune and the Sun will sextile Saturn. We seek to grow in consciousness with the Jupiter conjunction, and our will for independence can be structured to bring a feeling of brotherhood. On April 16th, we will have a full moon in Libra making a trine to Saturn in Aquarius, a square to Pluto in Capricorn, and a trine to Mars, who just entered Pisces. Our emotions for compromise are strong and we have a desire to feel connected. With Mars entering Pisces our energy is shifted inward. The Mars trine moon giving us the ability to strengthen our emotional position.



On April 27th, Mercury in Taurus will trine Pluto in Capricorn and sextile Venus, Jupiter, Neptune and the Moon who will all be conjunct in Pisces. The 4 planets also forming a sextile to Pluto in Capricorn. Our thoughts can soften as we reevaluate the structures of our world. What do we value and who holds the power over that value? With the mix of personal and transcendental planets conjunct in Pisces we have the capacity to expand our awareness beyond the limits of this plane.

Our ability to connect and strengthen our relationship with our inner selves is just what is needed to ease the forces of this Pluto turmoil in Capricorn. It would be wise to turn our attention to the higher vibrations of existence if we hope to elevate towards them. On April 29th Pluto goes retrograde. Our emotions will tend to be deep and erratic. Our focus should be on transformation at the individual level to add to the change we wish to see in the world. Being in the stable sign of Capricorn, we can create everlasting change if we strive to shine the light on even the darkest corners of our being.

Mercury enters Gemini on May 1st forming a trine with Pluto in Capricorn. Gemini is all about information. Being in the know! Take this opportunity to investigate the information that is constantly being distributed around you. Remember that Pluto has a way of shining light in even the darkest corners, but you must be willing to look for it. If you put an emotional response into the information, you are being fed, you need to counter that with an intellectual thought process as well. Our emotions can pull us one way before we have even had a chance to analyze what we really see. On May 11th Mercury will go retrograde. When information (Mercury) is put out to instill power/fear (Pluto) we must look at who is in control of that information and why they would choose to put it out to the masses. Our thoughts have an immense amount of power, and we must be aware of what we give that power, too. Ask questions. If we are to make the quantum leap to a higher vibration, do we get there with thoughts of fear? And if the institutions instilling the fear were doing what was best for humanity would they be feeding us this said information? If they stay in a position where they control the information we see, how much harder will it be for us to reach the higher planes of existence?

*"When the whole world is running towards a cliff, he who is running in the opposite direction appears to have lost his mind."* — C. S. Lewis

On May 4th Mars in Pisces will sextile Uranus in Taurus and the Moon in Gemini will trine Saturn in Aquarius. This can bring about a shift in perspective. When our energy is focused on spiritual needs, we can gain freedom from the attachment to the tangible goods of this world. The information we continue to search for may cause an emotional response that is just what we need to move further down the path toward collective unity. On May 17th, Mars conjuncts Neptune in Pisces. This can give us the drive to plunge deep into our psyche and reconnect with our lost souls. It will signal a start to an

increase in spiritualism and carving a path back to forgotten knowledge. We must stay strong in our faith and not let the powers of the outside world push us into escapism.

Come May 25th, Mercury will retrograde in the sign of Taurus while making a trine to Pluto's retrograde motion in Capricorn. This will give us time to really analyze and question what's going on around us and inside of us. We are waking up to the fact that we live in world that spends huge amounts of money and resources ensuring that we stay at our current level by flooding us with fear and consumerism. At the same time, Mars arrives in Aries, becoming conjunct with Jupiter and the Moon making a sextile to Pluto. Our independence is important and will strengthen during this time. We want to be leaders not followers. We can put a lot of effort into transforming our vision of ourselves at this time. We want to decide for ourselves and not be told what to think or do. On June 3rd Mercury goes direct, staying in a trine with Pluto and squaring Saturn in Aquarius. Our thoughts are back on track with the direct motion of Mercury. With the fog lifted we may now understand what needs to be done to come together so we can prosper in unity and equality.

On June 4th Saturn turns retrograde. With this motion we can readjust any areas that are not giving us the solid foundation we need to build the future we aspire for. Restructuring is needed within the minds of humanity. On June 11th Venus conjuncts Uranus and on June 18 Venus squares Saturn and forms a sextile to Neptune. This will bring our finances into focus. With the rise of prices on goods we may see some limitations to what we can afford. And with a large amount of society struggling to get the things they need to survive, our compassion and empathy will surely rise, along with our frustrations with the inequalities of this world. On June 20th Mercury sextiles Jupiter. Taking us to the end of the Spring and getting us ready for the summer solstice. We want fun and freedom to return to our lives. We want peace and independence to strengthen across the world. We must continue to grow in our knowledge of the people and world around us. Knowledge is gained through questions, and we must never stop learning! Our purpose here on earth is to grow, learn and love. If we fail to do these, the struggles will surely persist, and we will be the only ones to blame. So, spend this Spring learning and planting seeds of knowledge and love within the hearts and minds of your friends and family. Show forgiveness and gratitude often. Its time for us to remember who we truly are and feel free in expressing that to the world.

# Help Wanted, Needed, and Appreciated

by Fran Boronski

*(one of our wonderful Julian Teachings transcription volunteers)*

There is not a person reading this who has not benefitted from the words of Julian. And thanks to the foresight of the leadership of the Julian Teachings organization, you are cordially invited to participate in an effort to bring the lectures of Julian to life as transcripts for all to read. It couldn't come at a better time.

For me, having in-person readings with Julian was the privilege of a lifetime. And now *you* have the opportunity to hear Julian deliver lectures on so many interesting, helpful subjects. If you are a veteran of Julian's classes, you will feel very much at home.

The library of these recordings is divided into many categories, such as: Ancient Cultures, Current and Future Events, Death and Transition, Divination, Esoteric Teaching, Extraterrestrials, Healing and Health, and General Interest. Most recordings are about 90 minutes long with fascinating lecture material and wonderful questions that sharpen the points Julian wants to bring home to participants. Those insights are often amusing and always insightful.

So, exactly what are you in for as a volunteer?

## Technology & the Process

You will be working in a program called Otter, an artificial intelligence tool that "listens" to the recordings and transcribes everything heard — words, murmurs, asides, and air blowers.

Your efforts are needed, because Otter's intelligence is "artificial." Yours is real. You are able to discern spelling errors, punctuation errors, paragraphs that are too long or too short, and the difference between Julian's voice and that of a questioner.

You do not have to be a Ph.D. in English or have perfect hearing. There are grammatical apps, dictionaries, and there is Larry Scheer to help. It doesn't hurt that he is a super-techie with the patience of Job.

I take a back seat to nobody when it comes to being technologically-challenged. Indeed, there are techies who have never met each other that all nickname me "Here she comes." If I can do it, you can do it.

One of the great features of this work is the ability to take a break at any time by simply leaving the site. No lengthy commitments per day required, unless you want to organize your work that way.

Larry offers a tutorial and perpetual availability for any questions, not to mention appreciation for your efforts. Camille Albrecht takes a pass to correct any remaining errors, fill-in what you couldn't hear or was misunderstood. She corrects spelling, punctuation, and grammar. You're not in this alone. Your work makes their work much easier.

## Nice Surprises

Just as in personal readings, you never know what will pop into Julian's "head." There are even several recordings entitled "Potpourri." In the middle of the Self-Reliance tape, Julian talks about the physical changes in the earth and quells individual fears of students. Then there's the question from a child (perhaps present in the class because there was no sitter available) asking that "if God is God, why doesn't he just fix the bad stuff, instead of letting it happen." Both the question and answer are precious. In the Tarot Minor Arcana class, Julian talks about the purpose of prophecy eloquently and dives into the sacred role of the Tarot reader. Surprises in every class.

Please don't wait until the transcripts are all complete and available. They are rich, timely, and so relevant. The fewer the volunteers, the longer the wait. Julian reminds us that if you want to manifest change in your life and are stymied, try using "bridging" words in everyday conversation and try something new every day, such as driving a new route to work, sampling a different flavor of ice cream or perhaps doing transcribing a recording using artificial intelligence for the first time.

This isn't rocket science, nor is it a root canal. You will have all the support you need. As always, the guidance Julian provides will be perfect for you to hear, *and* you will be giving back to a very worthy organization.



# What is Your Motivation to Bring About Change?

by Lisa Cobb, LMSW  
North Mjuskegon, Michigan

Why do we do the things we do? What drives our behavior? Behaviorists have proposed different ways of thinking about motivation, including looking at whether motivation arises from outside (extrinsic) or inside (intrinsic) an individual. Who decides what is “rewarding” to you? What makes you want to do and be your very best? How does motivation impact your physical life, your emotional life, your mental life and your spiritual life? When we stop trying to hold on, to ourselves or anything else, we actually become free to live in peace.

## What Is Extrinsic Motivation?

Extrinsic motivation is when we are motivated to perform a behavior or engage in an activity because we want to earn a reward or avoid punishment. You will engage in behavior not because you enjoy it or because you find it satisfying, but because you expect to get something in return or avoid something unpleasant.

## What Is Intrinsic Motivation?

Intrinsic motivation is when you engage in a behavior because you find it rewarding. You are performing an activity for its own sake rather than from the desire for some external reward. The behavior itself is its own reward.

Consider these questions:

- Why do you do the things you do?
- Why do you prioritize or value certain activities and behaviors over others?
- Do your behaviors reflect what you believe is important to you?
- Have you ever assessed the accuracy of this?

Mindfulness is all about present moment awareness. Mindfulness is not about changing the way one feels or getting rid of thoughts; rather it is focused on noticing one's thoughts and emotions and guiding one's attention

to the task at hand. Mindfulness is noticing what motivates you. How do you motivate yourself? How do you expect others to be motivated? How do you release motivations that no longer serve you? This is not the time to be judgemental or unkind to yourself, it is a time of kind, honest assessment.

Julian teachings state we must be willing to let go of some things in life in order to take on some new things. We are all in transition and moving to a greater elevation of ourselves. We must be willing to take an honest look at what is blocking us, what is holding us back, so that we can release and move forward.

It's time to fully recognize that we cannot make decisions based on the old decision-making process. We are reminded of the Wheelbarrow Releasing Meditation; Dumping what no longer serves you into the Circle of Light (Circle of Diminishing Energy). The Globe of Release is that which completely dissolves what you give it. We are free at any time to return to this space and deliver anything you need to be released from (beliefs, attitudes, opinions, habits, thoughts, feelings, behaviors, relationships etc). Seek the assistance and clarity of your high-self. No matter what's going on right now, pleasant or unpleasant, we can be sure it's on its way to becoming something else.

## Affirmation to a Promote New Life Path

*God is my source of all supply and answers my every need.*

*Within me, I joyously relax, release, laugh and love.*

*Within me, I move and grow and find my perfect space.*

*It is with a great dance of life that I move forward.*

*I know that I will have all that I need, in every form, for I am about my Creator's work.*

*So be it.*

## Knowing When to Hold ‘Em & Knowing When to Fold ‘Em

by Michel Post  
The Netherlands

This is a statement used in a poker game. It's also a lyric from Kenny Rogers' song "The Gambler" and very much applicable to a life lesson I'm currently learning.

A good friend recently celebrated his 50th birthday and his wife had a special gift in mind for him: a sculpture garden for all the works of art he had collected over the years and would continue to collect. Being very handy himself, but never taking the time to make or do anything for himself, his wife had the idea that I would do the design and that with the donations from friends and family, someone else could be hired to create this sculpture garden. An ultimate romantic gift for someone who already has everything and is always ready for others.

What followed was an exciting and complicated design process. Not only because I had never designed a sculpture garden before, but mainly because there were so many different aspects that I had to take into account. Apart from that, I mainly wanted to do well, but also create a design with meaning and that I would be proud of when I came to visit.

There is no difference between designing something small and something big. It is a matter of thinking in a

different scale and that was also the case with this design. Once I realized what the routing around their home was like, what exactly was being asked and what was needed to balance the "energy" of the space, the design puzzle pieces quickly fell into place. The design had everything in it: a special place for all works of art with the possibility of expansion and adjustments, an energetic separation between work and private life, natural proportions such as the Golden Ratio and a Fibonacci spiral, but above all, the feeling that it was the right design.

However, the gift was not well received. Well received by everyone who wanted to contribute to the realization of this design, but not with the person for whom it was intended. Although I thought I had taken everything into account, there was one aspect that I had not taken into account: his desire to do the design by himself.

He had been toying with the idea of this sculpture garden for many years and had already made the entire design in his head. He just hadn't had the time or the financial means yet to implement this design. This was exactly the reason behind the gift, but instead of developing his idea further, I felt the need to make it a *better*





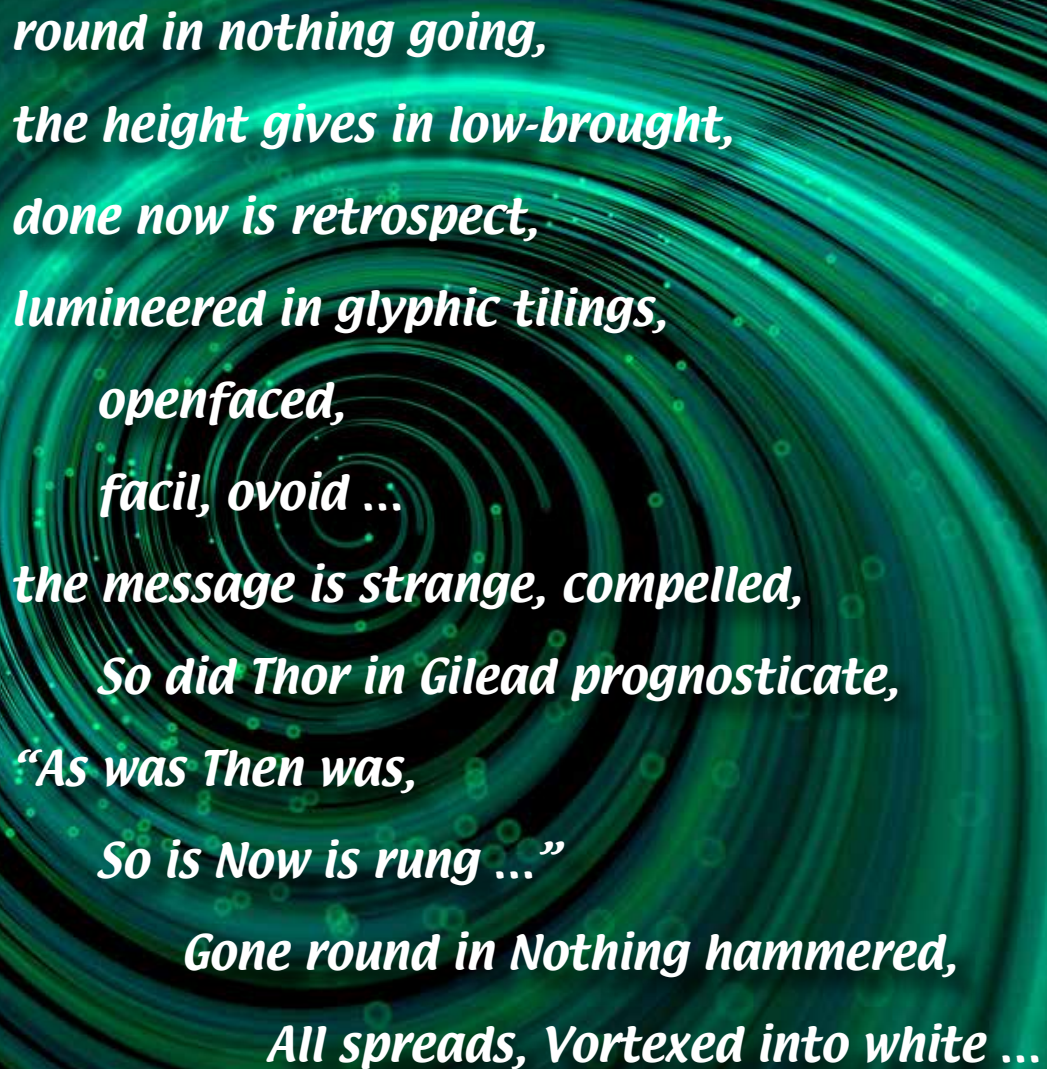
design that went beyond just a place for the sculptural images.

Needless to say, *my design* could never please him. It is too great a violation of his own creative ability and his own desire to realize this for himself. Who am I to come up with a *better* design. Better for whom? It is his garden, his sculptures, his creative process. He wants to feel proud when he goes out and sees his sculpture garden.

And even though I see gaps in his design and he struggles to execute his plan... it is his process and perhaps my lesson, despite my good intentions, to accept that a good design is not always the best design.

*Michel Post / ORIO architects*

*Chairman of the Association of Integral Bio-Logical Architecture (VIBA)*



*round in nothing going,  
the height gives in low-brought,  
done now is retrospect,  
lumineered in glyphic tilings,  
openfaced,  
facil, ovoid ...  
the message is strange, compelled,  
So did Thor in Gilead prognosticate,  
“As was Then was,  
So is Now is rung ...”  
Gone round in Nothing hammered,  
All spreads, Vortexed into white ...*

— RF





Villa Maria Del Mar, Santa Cruz, CA

Friday, September 23, 2022 – Sunday, September 25, 2022



The 24th Gathering of Light will be a hybrid virtual and in-person event. The beautiful retreat center Villa Maria Del Mar in Santa Cruz, California will be the site of the in-person event. All presentations will be live-streamed, and the team will endeavor to publish all recordings on YouTube within 24 hours of each presentation accessible only to those who have signed up for the event.

We chose the theme, *Here Comes the Sun*, to match the uplift of energy that we will experience during the 2022 Fall equinox. A grand trine in Air involving the Sun, Mercury, Venus, Uranus, and Pluto should provide us with an increased sense of joy and abundance. Heaven knows we are all looking forward to a less heavy energetic experience after the last several years.

The California Julian community warmly welcomes all to attend this celebration of community. Let us come together to renew and revitalize our friendship after 3 years of being apart.

<b>Cost:</b>	\$410	Single-occupancy room
	\$310	Double-occupancy room
	\$90	Day-only participation (includes lunch)
	\$20	Virtual participation (suggested)

In-person amenities include Friday dinner, 3 meals on Saturday, and 2 meals on Sunday. In-person participants will also have access to additional activities.

**Deposit:** \$150 per person per room deposit; required with your registration by June 1, 2022.

**Balance Due:** August 1, 2022.

For in-person participation, fill out the registration form on the next page and mail it with your deposit, or sign up online at the link below and pay via PayPal:

[julianteachings.com/gathering/24th-gathering-of-light/](http://julianteachings.com/gathering/24th-gathering-of-light/)

If you have any questions, contact Larry Scheer at 408-781-1457, [larry@tarotxs.com](mailto:larry@tarotxs.com)



# 24th Julian Gathering of Light

## In-Person Registration Form

Villa Maria Del Mar, Santa Cruz, CA  
Friday, September 23, 2022 – Sunday, September 25, 2022

Name:	_____
Address:	_____
	_____
	_____
Phone:	_____
Email:	_____

### Workshop & Accommodation Options

#### Desired Room Occupancy:

- |   |             |       |
|---|-------------|-------|
| <input type="radio"/> Single Occupancy (\$410 per person)                       | # of People | _____ |
| <input type="radio"/> Double Occupancy (\$310 per person)                       | # of People | _____ |
| <input type="radio"/> Daytime-only Participation Fee (\$90 for entire workshop) |             |       |

Preferred Roommate: \_\_\_\_\_

#### Desired Room & Bed Configuration:

- ☐ Two twin beds (nearly all rooms)
 ☐ Prefer one double (not queen) bed, limited availability!
- ☐ ADA-compliant room and access required

**Note:** No pets allowed. Certified service animals may be permitted with prior authorization from the Villa.  
Guests must be 21 years of age or older.

### Deposit Due June 1, 2022

With Accommodations: \$150 per person	X # of People	_____
Daytime Participation: \$30 per person	X # of People	_____

**Balance of Payment Due August 1, 2022**

**Total Amount of Deposit** \_\_\_\_\_

### To Register

Please mail this completed registration form along with your payment by check made payable to **L. Scheer**. If you prefer to pay via PayPal, please [go to this URL](#) for instructions or contact Larry.

#### Mail form and check to:

Larry Scheer  
643 Dorothy Ave  
San Jose, CA 95125-5727

#### Questions? Contact either:

Larry Scheer at [larry@tarotxs.com](mailto:larry@tarotxs.com) 408-781-1457  
Linda Scheer at [linda@ls-xs.com](mailto:linda@ls-xs.com)

# Saul's Corner

## UNIVERSAL LAWS: THE LAW OF VIBRATION, Part 3

### AS TAUGHT BY REV. JUNE K. BURKE

(LaGrangeville, New York, November 1998)

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Authors: Rev. June K. Burke and the Seraph Julian

*(continued from December 2021 issue)*

**Participant:** *So we cannot see in the 4th dimension or the 5th dimension?*

You can see in them, once you slip your boundaries and enter the vibration that permits you to see. Some people can touch the 5th, but humanity as a whole is moving now into the 4th dimension which will build us to a greater step into the 5th. There are some people, of course, who can touch the 5th. Again, when people hear there is a 4th and a 5th, everyone wants to run to the 5th because they want to see what comes next. But they don't want to stay in the 4th long enough to know what it is all about. And that won't work. Until you are willing to understand one space, you can't go on to the next. There are governing rules that go with this that come from a higher place. And one is "Don't run and play where it's not safe for you to run and play until you understand it". If we didn't understand that certain wires have too much power for us to touch, we could go around grabbing a bunch of hot ones and be electrocuted in nothing flat! But because certain laws say the markings on that will indicate you are not to touch, we stay away from it. Well even this great power above us has certain rules and certain governors — is that what they call what they put on motors? governors? They have certain governors to protect us from doing ourselves in. I don't think there is anyone in this room who can't look back to growing up and having a parent say to them "You can't understand that yet. In time you will."

**Participant:** *Are governors the lords of karma?*

Remember that the term 'lord' means teacher, so you don't start giving them powers as deities. They are not deities, they are teachers.

**Participant:** *When you see this person bomb that person, you say don't judge it.*

No. Don't judge it. Rise above it and send equal promise of peace to both parties.

**Participant:** *Children don't judge so they are more elevated.*

That's right. Children are far more elevated than most adults until they begin to become adults (laughs). You know, they talk about 'the sins of the father being visited upon the children', what that means is, the prejudices and hatreds that are taught to the child by the parents. That's what that 'sin' means, that which has been carried forth that is detrimental. We have to stop and think about what we are promulgating. There is nothing good or pleasant about people bombing each other, harming each other, hurting each other, murdering each other. But if that is the only place we put our energy, we can't change it. If we recognize that is not what we want in energy and we start to rise above it, we find out the ways to help change it. It is only by the elevation that you can have a higher view. It is like having a stepladder with twelve big steps. If you are on the first step, you can only see so far. Get up a little further and you can see further. When you get up to the top step, you have a great view of the whole thing. And the view of the whole thing is not only what is happening physically, but what is happening emotionally, mentally, culturally, and everything behind it. You understand there are many things and many spaces that have to change before true peace can begin to be understood and permitted to come into being. It is only by rising above the mundane aspect of it that you can possibly help it to come. That is why prayer is such a valuable tool, because it doesn't judge. It asks for the realization of the people of what they are doing to themselves and others and to move from there. That is why it is so powerful.

**Participant:** *Can there be something positive about a negative?*

Absolutely. There is no such thing as a totally negative thing and no such thing as a totally positive thing. In every point of light there is a point of darkness. In every point of darkness there is a point of light.

**Participant:** *Then there may be something positive about the effects of war. So what you are saying is not to judge or be judgmental.*

That's right. You can't be judgmental because you don't understand where it is all coming from and why. In ev-

ery situation, there is not only... For instance, wars have been created to help the economy. So people say “Oh good, we are at war. We are going to make money now. We have these aircraft factories and we have these munitions factories and everyone can make a good living”. There is the positive out of the negative. Someone getting some good out of it. But what leads them to think that war is the way to do it? What kind of greed is functioning? There are things instilled in people that have to be addressed, elevated in consciousness and changed before the actual fact can happen outside them self.

If you take any instance that occurs in your life and if someone sat you down and asked “Why did you do that?”, the first process is a great rationalization of why and then when you find out that is sounding pretty phony, you begin to really look at why you did something or what your need was to make you do that. One of the things that happens in war like situations that promulgate themselves over and over and over and over again is the mental aspect of one person, the emotional aspect of one person, building into two, three, four, five and impregnating the minds and emotions of those around them.

Let’s look at it this way, too. If someone is struggling to have a loaf of bread in the house, robbing a bank doesn’t look half as bad as to someone who says: “Yeah, but when you do that you are going to sit in a cell.” Even that may not look too bad because they are going to get fed. You see, there are a lot of things that go underneath to create the movements and actions of people and that is why we can’t judge. We have the divine right of discernment, “I don’t like war. I choose not to have war a part of my life and I would certainly hope to do anything I could to diffuse war”. That’s alright. But when you say “War is bad and you are the one that did it” then we have to realize we are getting in over our head because we don’t know why they did it.

What we do is obey the law of the Father. And the law of the Father is “Love one another unconditionally”. Unconditionally means “Whether you are a good kid or a bad kid, I still love you”. And sometimes that’s hard. But if we were truly living the way we were meant to live, we will try. We may blunder a lot along the way, but we will try. That is what it is all about.

**Participant:** *Is there ever going to be a time where ‘stasis’ (the middle) occurs?*

Absolutely. That is where we are headed for now. How soon it comes will depend on everyone in this room and

every other room in existence.

**Participant:** *But you said last time that things are constantly in motion.*

In motion and change. Remember the mind directs the change. So how you think and act by your thoughts helps to make the change. And just because you can’t see it yet doesn’t mean it is not happening. That is when you learn to trust what you can’t see.

An example of this is, we have come from a very puritanical, Victorian society. Everything was rigid rules, rigid laws. When something becomes intolerable or no longer accepted for it’s point in time, a greater vibratory rate begins to occur which creates a movement. And so this is where we are supposed to be (draws on board) and this is where we were. So when this begins it’s movement, it invariably swings too far and therefore we go from Victorian, puritanical society to an ‘anything goes’ society, that was seen as freedom and turned into a trap. But by the elevation of consciousness, these energies move up to the perfect point and come down to the earth to the place we are headed now. Because even when we look back to the space that was too rigid, there were already elevated consciousnesses that could already see where we were meant to go. In this point in time, where it appears everything has gone cuckoo, there are people who can see the balance point, where we are supposed to be and they will elevate the consciousness to the midpoint which comes down into the perfect balance point. And that is when you are going to have your years of peace.

**Participant:** *The perfect balance doesn’t mean non-movement.*

Perfect balance still vibrates. But you are able to vibrate from this higher view point, which permits you to see the trap and the two ends (of the polarity, the extremes). In other words, you are standing on a see-saw with one foot on each side and know when to go one way or the other to keep that balance. That is what we are going for, the balance. That is what is going to happen. And it is already beginning to happen. Sometimes in order to create enough movement in the right direction, something that appears negative or turmoil will occur first.

**Participant:** *Does that break up the energy to allow a new energy to be?*

Yes. Absolutely. Where we view something from determines the new energy’s manifestation.



**Participant:** *When you talk about your belief system, your belief system 'governs the power' so to speak?*

It governs the power of your life.

**Participant:** *How does your attitude fit in to your belief system?*

Your attitude is tied to your belief system.

**Participant:** *Attitudes are more important than fact.*

No. Attitudes are not more important than fact. Attitude is part of the power and force you manifest as a tool to get your belief system where it is supposed to be. And it is not directed outside yourself, first. It is directed inside your self first and then it becomes the real force and power that can move beyond you and make a difference.

**Participant:** *Real, honest to God help will come to you from the outside.*

It will come from us when we elevate ourself enough to see with the vision of that point.

**Participant:** *I heard you say it was starting to happen on earth.*

Oh yes, absolutely. It is beginning to happen. The trouble is, even when things are beginning to happen, because we can't see them manifest yet, we have a tendency to think they are not there. We have to train ourselves to say "Good is and will be. And I am a part of it". Even somebody at a very low level of vibration can have insight into how to be a peaceful person.

**Participant:** *Can you do this through Affirmations?*

Affirmation is an expression of an idea or thought that you are imbuing into your mind and your subconscious so it can become your way of life. As that happens, then you begin to emanate that and that can begin to touch other's ways of life. A kind person begins to create kind people because you become a power and a force that can reach out. Remember we said as you vibrate at a higher rate in that power, parts of that drift off from you and begin to touch other people. And that can make all the difference in the world.

What we have to stop thinking in terms of, is absolutes and start thinking in terms of the energy around the absolutes. There are no absolutes. By the time something has been proven an absolute, it is archaic and they are ready for the new one. Because everything moves, nothing remains still.

**Participant:** *So that's an absolute. The only absolute is change.*

The only absolute is change. Julian has been saying that for years. (laughs) And thank God or else we would still be sitting like lumps of clay on the ground, we wouldn't have moved at all.

We also have to realize that we have other tools that we use in our life and it is like taking out a scale and weighing how you are thinking and why you are thinking. Because behind the way you are thinking are attitudes, things you have picked up from other people and that kind of thing and you have to determine whether they are right for you, whether you want them as your package.

It is like some horrendous thing happens, there is a bank robbery and someone else is running to get a bus. And they say "There he is! He's just come out of the bank!" Meanwhile, the one who really did it is sitting on the step waiting for everyone to go away so he can leave. Do you understand? We jump to conclusions by what we see or by what somebody says. We have to learn to not jump to those conclusions but rather to examine them, weigh them against what we really want or intend to be a part of in the world.

One of the things in our world that is a very detrimental statement is the word "without" and the word "lack". Because they have a connotation of *bad*. If you are without a drug-filled system, that's good; but we have a tendency to think of it as always taking away from us. Sometimes we have to look at words and see how we are interpreting them because how we are interpreting them is being manifested in our life in some way. We do have to examine how we think. And what power do we use to do it? The power of vibration, the elevation of the consciousness so we can see and touch those higher energies to help us and move forward with them.

**Participant:** *To touch those higher elevations, do you have to have an attitude of optimism?*

You have to have a belief that you can do it.

**Participant:** *Then that's optimism.*

And a belief that they are there for your benefit. They were created as a system of movement and evolution in your world. Vibration is an evolutionary tool. The key is, "I believe I can and I believe that I have the right to that power to help me do it".

**Participant:** *So faith [couldn't hear] is optimism.*

Yes, where you form an optimistic viewpoint. But what is behind the optimism is your faith and belief. That is why sometimes we have to look at the shadow figures behind the figures we are using as a shield up front.

The person who believes is not afraid of being without because they trust and believe that manifestation through their own elevation can create new things in the space they are in. And what is “without”? Without food, without clothing — yes, that’s without. Without the newest design of this or the newest design of that, or the latest gourmet meal? That is not “without”. That is a privilege that you have, but it is not being without. If you can’t afford to have the highest priced dinner on the menu, it doesn’t mean that you are without. What it does mean is that you better take a look at how you are handling your finances and maybe next time you would be able to afford it. There are always things behind what we see that have created what we are trying to put out here. And if we go back and look at them, we may see that “Boy, I have wasted a lot of energy on this when I didn’t

need it. You know it’s like when you have finally cleaned the closet on the day when all the aspects in the heavens are right and you can throw anything away and you think “Why didn’t I do that ten years ago?” You weren’t ready. Your vibratory rate wasn’t ready to let go of something. Just the same as an old sweater or an old coat, we hold on to old ideas and old attitudes. And sometimes we have to make sure that they really belong in our closet now or they don’t fit anymore and we should get rid of them.

**Participant:** *But they feel so comfortable.*

Yes, because very often even something quite harmful to us can have become so comfortable because we use it as a crutch or a shield and we don’t want to let go because we don’t know what is going to replace it. Sometimes it’s easier to have an upset stomach than to say “I can’t eat that anymore because what will they give me to eat if I don’t eat that?”. We have to be careful what kind of traps we put ourselves in and we are all comfortable with some pretty crazy spaces, sometimes.

## Volunteers Needed!

***Interested in helping us test the new  
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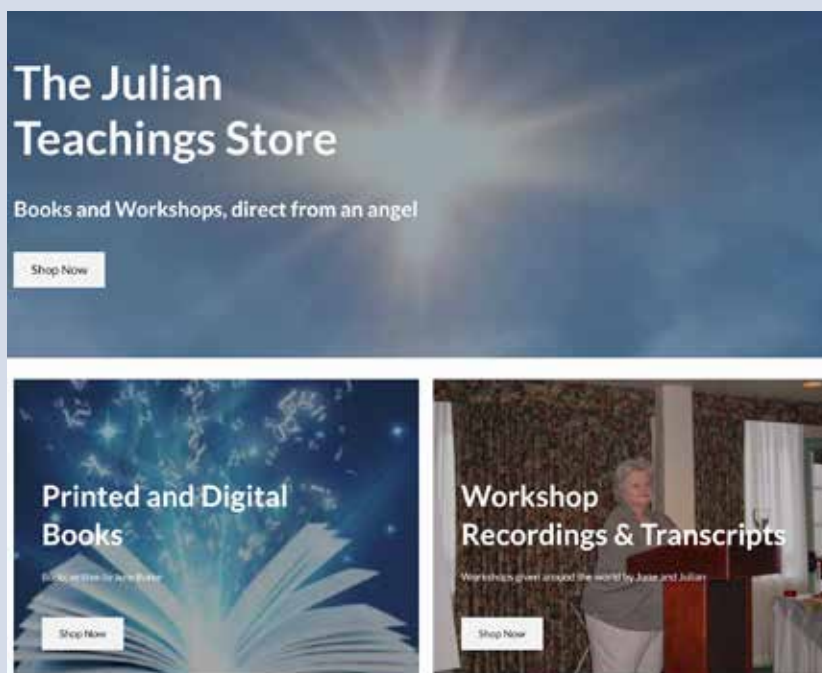
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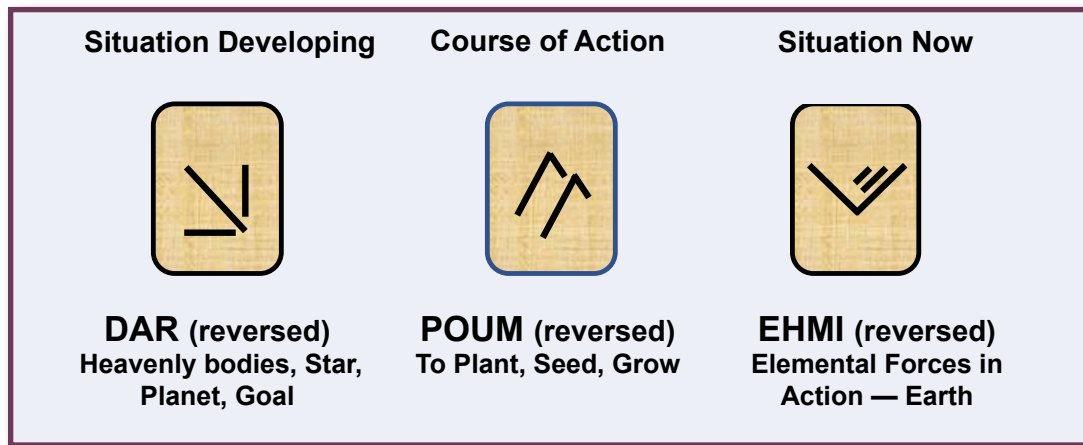
***Jan Clayton, 650-787-8537***

***[janclayton@julianteachings.com](mailto:janclayton@julianteachings.com)***



# A Season of Runes

by David and Shesta Ross  
California



**Question: From the perspective of the Universal Runes, what are the energies of the season from the March Equinox to the Summer Solstice?**

With the difficulties of this time, it should come as no surprise that we have a completely “reversed” reading for this spring!

Reversible runes always contain “both sides”, or the potential of their opposite orientation. Julian stated that to change a reversed “situation developing” rune to upright, change the reversed “course of action” rune to upright. This spring, a bit of jujitsu is needed for all three runes!

EHMI or “Elemental Forces in Action, Earth”, in its reversed position, is “Inaction, Mired.” Mired in our own inactivity. It is easy to feel “stuck” when so much of what is happening appears to be beyond our influence, much less control. Thoughts and habits of helplessness lead to an inability to move forward. A decision is needed to break away from the mud.

A crisis of faith is of course what most of us are experiencing—be it for peace, the planet, or perhaps our own individual lives. A way to strengthen faith is to concentrate on practical, physical matters. What can we practically do to strengthen ourselves, and to help? Julian said that soul growth is accepting a situation and making the best of it. OK, so we accept that there is fear and doubt in the world, we accept that part of each of us is capable of such negativity, and therefore we can touch it and change it

within ourselves and thus within the world. For the state of being mired to triumph, all it needs is for the instigative part of ourselves to do nothing. Julian said that the seeds of 911, for example, were contained within all of us. How many of us were paying much attention back before 2001 to what was engendering hatred towards the United States, or towards the western world? What can we do now that IS practical? What would make a difference, however small—whether it be in the sustainability and peace and practical strength of our own lives, or in any way we can (being true to ourselves of course) reach out to others in need? Zelensky said that if he weren’t president, he would probably be a volunteer providing food to the soldiers, because he doesn’t shoot very well. Most of us would be very uncomfortable shooting anyone, but we can provide help to the refugees, through our thoughts, prayers, and actions. We can send forth the light to the whole situation, and support initiatives to create more strength and self-reliance as self-determining societies. We can attend to material aspects in our own lives in a way that gives us strength and stamina both individually and collectively. Let’s do it!

POUM, “To Plant, Seed, Grow”, in a reversed position indicates a cycle neglected. Neglect and improper nurturing of an issue. “Some immature concepts and attitudes exist”. What is this talking about? Upright, POUM represents the ability to grow and maintain growth, and we are to “see things through to completion.” See what through? A seed seen through to completion would flower, fruit, and create more seeds. For this to happen,



the plant must grow strong enough to sustain this creative work. EHMI followed by POUM would be perfect for the spring—but reversed, there will be a need to evolve more mature concepts and attitudes. June Burke once said that when it comes down to it, it is all a question of attitude. The attitude we need now is “the resolve that succeeds”, another quote from the Universal Runes book. To plant, seed, grow.

DAR or “Heavenly Bodies, Star, Planet Goals” is also reversed, indicating “Void”, or “energy that is not moving toward a goal, but is a directionless force”. New focus is needed, per this rune. A logical sequence for Spring would be to ground ourselves in action in the earth, to plant new seeds of thoughts and attitudes, to nurture them through to completion, and then to set goals from this success for the future. Humanity is often somnolent until there is a crisis. The current crisis can be answered in a way that aligns us with the heavens, the stars and planets—and more of our own true destinies. We can do it.

For all the Universal Runes source materials:

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**EHMI (Ehmi): Elemental forces in action — EARTH**

**Glyph:** This symbol looks like a hill or mountain—earth.

**Universally:** This is the Rune of the earth element. It represents the power and the energy of earthly things. All things of earth are affected by it.

**Individually:** It represents being materially aware. Where EHMI appears, the material aspects need to be looked to. It is the physical body as well.

**Reversed:** It represents inaction, mired energy. When EHMI is reversed, it shows inaction, the inability to move forward or change can be seen here. A close look at one’s thoughts and habits can help you make the necessary decision toward breaking away. You are mired in your own inactivity.



**POUM (Om, as in Tom): To plant, Seed, Grow**

**Glyph:** This glyph is representative of small blades of grass or plant life coming forth.

**Universally:** POUM is the Universal Rune of nurturing forces. It is the cycle of growth and often attends the seasons and refers to seasonal change.

**Individually:** It represents the ability to grow and maintain growth. The indication is to see things through to completion. It represents the normal cycles of change within any complete activity or thing. Thus POUM is the energy within the child to become the plant.

**Reversed:** It is neglect. POUM in a reversed position indicates a cycle neglected, improper nurturing of an issue, or the inability to sustain growth. Some immature concepts and attitudes exist. It means dragging the feet on changing, or not quite want to change, or improper nurturing of that change. You might find a battered child would pull this rune reversed, because there would have been improper nurturing along the way.



**DAR (Ar) — Heavenly bodies, Star, Planet, Goal**

**Glyph:** The comet’s tail.

**Universally:** DAR is the energy of outer space. It is the energy of openings and advancements universally. DAR is the permeating energy in all futuristic things. It is through tapping this by thought, contemplation or meditation that goals are brought into focus. DAR is the inventor’s thrust.

**Individually:** It assists in setting goals and moving toward them. Where DAR appears in the spread, it is a booster energy that helps an individual see more clearly in relationship to his/her future.

**Reversed:** It is the void. It designates energy that is not moving toward a goal, but is a directionless force. A new focus is needed.



## Classes Open to Join

### Sam & Temier Offerings

#### **New! Full Moon Gatherings**

*Join Sam and Temier in celebrating each full moon in 2022.*

The ancients used the full moon to create a movement with new activity and a different perspective. They used the energies to gain a different focus that enabled more graceful changes.

In these 12 meetings, Temier will celebrate each full moon by employing the intentions of the ancients, but expanding upon them to make the celebration even more useful in today's world.

The cost for each meeting is \$15 The next three meeting are:

April 16, 2022, The Pink Moon  
May 16, 2022, The Flower Moon  
June 14, 2022, The Strawberry Moon

Find out more and register at:

<https://www.temier.com/Moon%20Celebrations.html>

#### **Healing Gatherings**

The Healing Gatherings are given on Sundays every other week. The Healing Gatherings are *free* and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at <http://www.temier.com/HealingGatherings.html>

#### **Pathways**

The Pathways classes are a series of meetings designed to be short drop-in gatherings where specific topics are

covered. The meetings help us understand and stay balanced in this changing world. These meetings are great for beginners or advanced metaphysicians. They are taught over the web every other week just before the Healing Gathering. The cost is \$15 per session. Sign up at: <http://www.temier.com/OnTrack.html>

#### **Other Classes**

New classes and gatherings on many topics are always in process. In order to get notifications about all of Temier and Sam's events, sign up for our newsletter at: <http://www.temier.com/Contact.html>

#### **Books by Sam & Temier**

Temier and Sam have recently published a number of small pocket books. These books are the result of classes given by Temier and Sam. The books are available in hardcopy or electronic forms. The books sets include:

- A Guide to Life
- A Master Class on Communication with The Source
- A Master Class on Healing
- A Master Class on Humanity
- A Master Class on the Cosmos
- A Master Class on the Unavoidable Influences
- Transforming Life's Obstacles
- Transforming Polarities
- Humanities Purpose
- Graceful Freedom

Find out more about these books at [www.temier.com/Books.html](http://www.temier.com/Books.html).

There is always more to explore at <http://www.temier.com>.

## Classes with Andrea Smith, EdD

Andrea offers private and group meditation classes using the Zoom distance learning platform. See [www.andreasmithtransitions.com](http://www.andreasmithtransitions.com) for Andrea's bio, additional information about her classes, additional services offered, and to register. You can also contact Andrea via email and phone:

[andreasmith77@comcast.net](mailto:andreasmith77@comcast.net)  
[drandreasmith77@gmail.com](mailto:drandreasmith77@gmail.com)  
(503) 720-5269

### Individualized Private Classes

Andrea creates private, guided meditations to address areas of challenge and potential identified by the student. The cost per class is typically \$30 to \$50 for a 45-minute to 90-minute class and includes an audio recording.

### Mystical Magus Classes

Andrea is teaching two ongoing Mystical Magus classes. The Mystical Magus classes were initially private readings that Julian provided to Samuel Holland over 16 years. The second section, launched in October 2021, is potentially open to new qualified, dedicated members through private tutoring.

Admission into the class requires students be pre-approval and prior study of Julian's Transition Energy (TE 1-12), Development, or Practical Magus coursework.

Former Mystical Magus students who would like to review the material will also be considered. The cost of this ongoing class is \$30 per class, payable through PayPal, and includes an audio download and written materials

### Transition Energy (TE)

Andrea currently is offering three sections of Transition Energy (TE). Section Three, formed in 2021, meets weekly and is potentially open to new qualified, dedicated members through private tutoring. Former students of TE who would like to review the material will also be considered.

Andrea is the only Certified TE teacher currently offering this course of study and was the first to offer TE in a remote format.

TE is a mystical study that allows personal realizations to occur through the understanding of the unseen reality of the universe. To accomplish this, Julian gave a large number of meditations — a total of 41 levels — in which each meditation is built upon the last one, effectively raising the frequency of the energies with each meditation within each class.

The monthly fee, which includes an electronic audio recording, is \$30, payable through PayPal.

Descriptions of TE and the Mystical Magus classes are provided on the [Julian Teachings website](http://JulianTeachings.com).

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## Upcoming — TE with Maria & Remco Sauter

Remco and Maria Sauter have been students of the Julian teachings since 2000. They started their studies with the Transition Energy (TE) coursework taught by Sam Holland and AnneClaire Venemans. They followed TE with the Mystical Magus class, and more recently have taken other classes taught by Sam and Temier.

In the past two decades, Remco and Maria have been fortunate to meet many other members of the Julian community during several in-person workshops taught by AnneClaire and Sam, including two visits to the USA as well as workshops taught in the Netherlands. In addition, they have met many people online through classes given by Sam and Nicholas Theo, as well as the last two Gatherings.

Remco and Maria became certified TE instructors in 2008 and recently have decided to start teaching TE this coming September.

The classes will be given online through Zoom and available to people around the globe. Students will receive an audio recording of each class. The material will be presented in English, and conversations will be in a combination of English and Dutch.

The costs will be €15 per meeting, which can be paid through PayPal. Pre-approval by Sam Holland is required to join the class. More information is available on their website <https://lightinbeing.nl/>.

Feel free to contact them at [info@lightinbeing.nl](mailto:info@lightinbeing.nl) for more information.



## About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers and editors who contribute their words and ideas to this publication.

### Our Next Issue

Submission Deadline: 6/5/2022

Send electronic submissions to:

[ringoflight@julianteachings.com](mailto:ringoflight@julianteachings.com)

### Contact Us

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Authors: Rev. June K. Burke & the Seraph Julian

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