



It was announced today that within the week the USA will officially hit 700,000 COVID deaths. The world is fast approaching 5 million officially, and the real number is likely significantly beyond that. It is so hard to celebrate the fall harvest with this kind of news.

But gratitude is what this season is about. We need to look at all the amazingly wonderful things that happened this year, rather than focusing on the bad, sad, and regrettable. Here are some positives that we have on our gratitude list:

- The world is starting to stand up more aggressively to social injustice and to those that want to ignore it. The diversity, equity, and inclusion (DEI) movement is taking off. Just look at the websites of your favorite nonprofit organizations and read their DEI statements. Notice the new diversity programs that they are starting to put into place. Can you help an organization realize their DEI program?
- Individuals are taking on climate change: Jane Goodall has enlisted friends and fans to help plant 1 trillion trees in the next 8 years; a couple donated \$100 million to conserve 57,000 square miles of African protected lands; and the Bezos Earth Fund pledged \$1 billion to conserve land and sea. Maybe you can join this effort in some way.
- Events, like last weeks Gathering of Light, are being held despite the pandemic. We have found a way to be together without being physically together. We have found a way to share our energy and love with our friends despite being in different locations. Can you help your friends and family rekindle togetherness while still being apart?

Let's not forget to have gratitude for all the wonderful things that happen in our lives. Let's regularly count our blessings this season. And even more important, *let's create things* that we all can be grateful for.

— Blessings Jan Clayton and Nancy Walton

Autumn Equinox Blessing

The light and the dark are the same in length.

They have equal time and equal strength.

But soon the darkness will prevail,

And the light and warmth will begin to pale.

But do not be afraid, do not dismay,

For this is the rhythm of nature's way.

Rejoice in the abundance that this year bears,

Breathe deep in the coolness and change in the air.

Have gratitude and blessing, keep toll,

And may this shift of nature enlighten your soul.

— Stephanie Laird

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This Season's Astrology

by Jessica Nelson
Michigan

We come into the fall equinox on September, 22 2021, with the sun entering the cardinal sign of Libra, bringing into our consciousness the energy of balance and compromise. Many planets that are currently in retrograde will go direct this quarter, changing the energy from an inward focus outward once again.

Mercury in Libra makes a trine to Jupiter in Aquarius and a square to Pluto in Capricorn. The trine can bring some expansion in our thinking, especially regarding working together to bring positive growth to humanity as a whole. The square can make our communication with authorities seem like a challenge.

Mars in Libra trines Saturn in Aquarius on Sept 25, bringing more energy that can allow us to work with one another to alter our framework in our personal lives and to benefit all. Saturn goes direct on October 10, solidifying these energies.

Pluto goes direct in Capricorn on October 6th continuing its transformation in the area of the structures and authority that govern us.

Mars in Libra will conjunct Mercury in Libra bringing more emphasis to the trine to Jupiter in Aquarius in mid-October. But with Mars also forming a square to Pluto, there may be a battle between compromise and control.

Mars makes its way into Scorpio on October 30th bringing a burning desire to dig deep into hidden secrets. On November 17, Mars makes its opposition to Uranus, while continuing its journey through Taurus. This may bring up the issues with money and possessions and any control they hold over us as we try to break free from them. Mars opposite Uranus can also flair tempers and impulsive action.

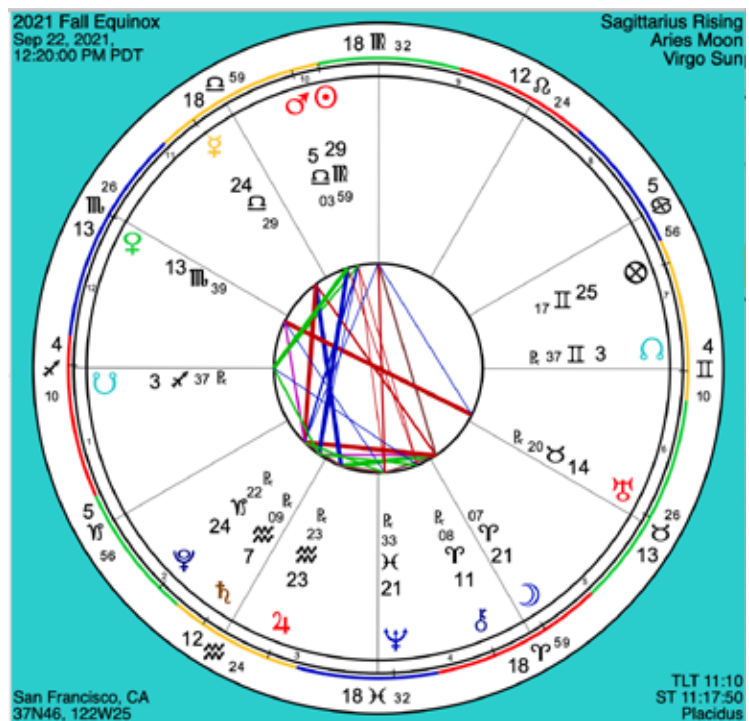
Mars in Scorpio makes a trine to Neptune in Pisces on November 29, bringing intense emotions to the areas of taming our ego and the reality of our connected consciousness. Neptune goes direct on December 1, giving us more ability to see truth and practice our empathy and compassion.

December 4th brings a solar eclipse in Sagittarius with the Moon conjunct the Sun and Mercury. Sagittarius is

a mutable fire sign with a passion for growth and learning. This situation gives us the intellectual and emotional drive to evolve to a place of greater understanding in any area of our lives. Mars moves into Sagittarius on December 13 giving us more of this fiery energy!

We end the Fall season with the Sun in Sagittarius, sextile Jupiter in Aquarius. We should use this time to grow in our knowledge of the world and people around us, so we can better understand what will benefit us all.

Venus will conjunct Pluto in Capricorn giving us the ability to transform our relations to each other and to the possessions we value in a structured way that gives us more stability for our future. Once again Saturn in Aquarius will square Uranus in Taurus and we will con-



tinue to experience tension driving the balance between tradition and innovation, authority and freedom. We are asked to rethink what we truly value and to respect the values of others as we seek to bring humanity together.

May the seeds you've sewn produce the results you've hoped for this Fall, and remember, when in doubt choose love and you will always be right.



Thanks to the Oregon Gathering Committee, the presenters, and all the other volunteers for putting on such a lovely event. Thanks also to the 100 people who signed up and participated in The Gathering. It is wonderful to have an opportunity each year to see so many friends and to meet others who have recently found June's and Julian's teachings.

Recordings of the presentations will be available by October 6th. An e-mail message will be sent to all people who registered for the event that will contain the links to videos, audio files, and materials associated with each presentation.

The next Gathering of Light will be held September 23-25, 2022 in Santa Cruz, CA at the Villa Maria del Mar retreat center. The California Committee's goal is to have both in-person and on-line options for participation. More information will be available early in 2022.



Why Can't We Have Both

by Reneé Salvatori
Wheeling, West Virginia

There is a holiday celebrated in the US, Canada, Grenada, Saint Lucia, and Liberia called Thanksgiving. It's a day set aside to celebrate the harvest season and other blessings of the year. Besides it being a holiday for some, there are other meanings of this grand word.

Thanksgiving:

1. A public acknowledgment or celebration of divine goodness.
2. The act of giving thanks.
3. A prayer expressing gratitude.

These are ways to show gratitude and we all appreciate how gratitude can really change an attitude. The grateful heart gives momentum in your life to see things that easily slip by and appreciate things that we take for granted. It can turn a negative into a positive. Think of the saying, "when life gives you lemons, make lemonade." It can help us be grateful for the welcoming bed or the comfy shirt. But this attitude of gratitude need not be captured only one day of the year.

Start a 30-day list. Nothing fancy. Just a piece of paper and each day when you awake, write down one thing you give THANKS for. Do this until the culmination of Thanksgiving Day. You may find that your list grows beyond 30. Once the momentum is built, you will easily be able to carry this through most days of the year.

Let's look at the second part of the word thanksgiving; GIVING. Where can we actively give?

We all know how good it feels to give to another. A tip to the coffee server, a gift, time, a listening ear, a hug, or a prayer. Never really thinking of getting anything in return but we give anyway. We may even have mastered giving to ourselves. Perhaps we give ourselves free time, a meditation, a walk, sleeping in, going to bed early, or a gift to ourselves. The giving really lifts our souls.

So, what if from today onward, we challenge ourselves to be observant of each day, in ways we can have THANKS & GIVING in our lives; to ourselves or others. Why can't we have them both?

I thought about situations in our world today and how heavy it can feel. How divided it can seem at times. I thought I want to have the thanks & giving, not only to things that inspire me but to things that frustrate me. The first group is easy. The second group may take a little thought. But where can I be thankful to those that help me see a different side? Can I be grateful to the duality? How about the giving part? What can I then give them? Can I give them a judgment free space to have their own opinions and perspective for how they may feel? I'll be playing with this and will hopefully be able to add this to my 30 list.



It only seems fitting to tell all of the contributors to the ROL how thankful I am of you. I've appreciated all the prayers, inspiring reads, and support. Grateful for this community of wonderful people. I hope, in return, you feel my love to you. May you be blessed with plenty of thanks and giving.

Happy Thanksgiving!

Happy Thanking!

Happy Giving!

With love, Renee

Thanatopsis

by William Cullen Bryant
(submission suggested by LLoyd Creary)

To him who in the love of Nature holds
Communion with her visible forms, she speaks
A various language; for his gayer hours
She has a voice of gladness, and a smile
And eloquence of beauty, and she glides
Into his darker musings, with a mild
And healing sympathy, that steals away
Their sharpness, ere he is aware. When thoughts
Of the last bitter hour come like a blight
Over thy spirit, and sad images
Of the stern agony, and shroud, and pall,
And breathless darkness, and the narrow house,
Make thee to shudder, and grow sick at heart;—
Go forth, under the open sky, and list
To Nature's teachings, while from all around—
Earth and her waters, and the depths of air—
Comes a still voice—

...

So live, that when thy summons comes to join
The innumerable caravan, which moves
To that mysterious realm, where each shall take
His chamber in the silent halls of death,
Thou go not, like the quarry-slave at night,
Scourged to his dungeon, but, sustained and soothed
By an unfaltering trust, approach thy grave,
Like one who wraps the drapery of his couch
About him, and lies down to pleasant dreams.

The entire poem is available at <https://www.poetryfoundation.org/poems/50465/thanatopsis>

23

by Regan Friend
Margate, Florida

Let tell
new shorn
Due news,
do not short
what's been sown deep.
show and join and show and join
and show and join and show and join ...
in the Middle ●
below, above
at the end of the Middle ...
Advance Guardian Thy Cynosure!
For Plato's sun dust sent us sure clue ...
FORTY-SIX, divided by 2.
Mountain upon Earth ...
Keeping Still above sheer Reception.

Julian Teachings Community

What's New?

The Julian Teachings organization is in the process of making major upgrades to the Julian Teaching's web site that will significantly improve how it provides June/Julian materials to the community.

By the end of this year, the Advisory Board plans to announce the availability of a fully automated Julian Teachings shopping site that will have ...

- A significantly easier way to order June's books
- A full-featured shopping cart
- Payment via credit card
- Electronic download of audio and transcript files for currently available workshops

In addition, the advisory board has launched several other projects that are scheduled to be completed in 2022, including:

- Adding over 100 hours of audio files for June/Julian workshops that were previously unavailable

- Adding transcriptions for several workshops
- Providing digital versions of June's books in Kindle, ePub, and PDF formats

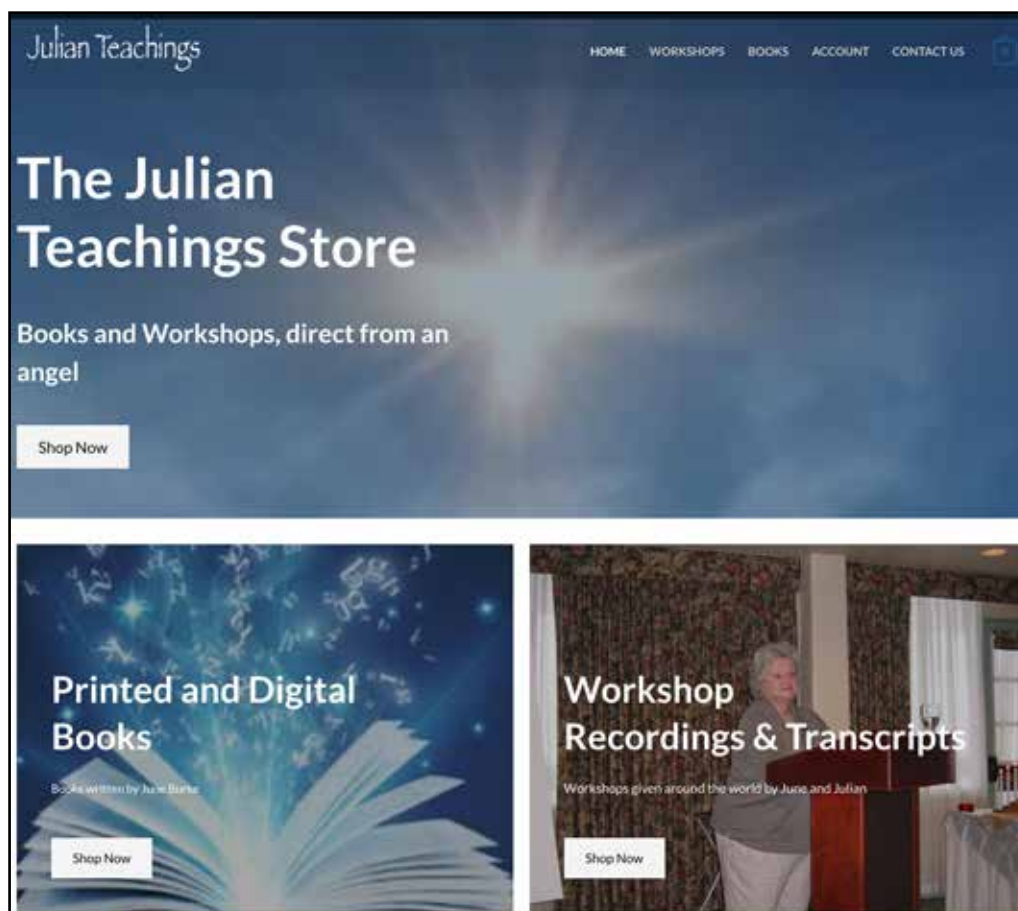
We are currently looking for volunteers to help with these activities. In particular, we would like help polishing transcripts, writing reviews of books and workshops, and testing the new shopping site.

We will train you, so don't worry about being a computer expert.

If you are interested in volunteering to help with transcriptions, please contact Camille Albrecht at camille@camillealbrecht.com.

If you want to help with writing reviews or testing the new shopping site, please contact Jan Clayton at janclayton@julianteachings.com.

Keep your eyes open for the official opening of the shop and subsequent announcements about improvements.



“The Grass Doesn’t Grow Faster When You Pull It”

by Michele Post, ORIO architecten
The Netherlands

(Michael is the chairman of the Association of Integral Bio-Logical Architecture (VIBA))



This title was a statement I recently read on LinkedIn, and deep down it struck a chord. Everything has a time, a place, and a rhythm, and lately I find that I want everything to follow my time, my place, and my rhythm... and it is not working.

It appears to be a theme that is propagated by many more people. The internet is full of people using the same text or slight variations of it. There is even a book written with a similar title. This statement, and the even more famous “the grass isn’t greener on the other side”, shows that nature is a source of inspiration to describe our feelings and emotions, with the message “stay with yourself” in different ways. Over the years I have been able to design many different buildings. Every building is different and tells its own story. How natural prin-

ciples are applied is also different every time, but the design process starts with making an individual *mood board*. This is a collection of pictures that someone has collected for themselves. It shows where their interests lie or what they consider beautiful. However, some people have trouble collecting images and prefer to create a poem, a painting, or other creative piece of art.

However, it becomes even more interesting when you work with a group of people who want to design a building together. How do you bring the wishes of all the individuals together into a whole that everyone agrees with? I personally find this puzzle one of the best challenges there is, apart from its translation into a concrete form.





Then the explanation follows. Why did you choose a certain picture, but also what do you find beautiful or attractive about that picture? Occasionally, people have picked out the same image, but the reason is always different.

It turns out that people really enjoy deciding for themselves what they like. Many couples build a house together. And in a relationship compromise often arises, but when there is unequal energy within the relationship, one partner is dominant over the other.

The freedom to indicate what you find beautiful or pleasant can be very liberating, but it can also be very oppressive. Suddenly, you have to start thinking and feeling for yourself, and not everyone is used to this, let alone able to transfer it to someone else.

The same applies to stating your own wishes, or the *Program of Requirements* (requirements or specifications document). For some it is a summary of spaces with square meters, for others it is a feeling or emotion that they want to experience. However, I always ask people to think “out of the box,” and above all, to dare to dream. “What would you most like or experience that you think or feel is not possible?”

However, it becomes difficult when people come up with images of houses or buildings that I have designed myself. Each building has its own story and background, so such an image contains much more ‘information’ than meets the eye. The same applies to personal photos taken during a holiday, for example.

It is then up to me to translate all these images, stories, and wishes into a building that suits the people, the location, the preconditions set by a municipality and, of course, can be built within budget. This process, like nature, has its own time and rhythm and often follows an organic process.

What a beautiful profession I have!



Saul's Corner

UNIVERSAL LAWS: THE LAW OF VIBRATION

AS TAUGHT BY REV. JUNE K. BURKE

(LaGrangeville, New York, November 1998)

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Authors: Rev. June K. Burke and the Seraph Julian

This is an extremely important Law because it represents several things. It represents your identity, it represents your ability to 'become' in either a lesser or progressive manner. It represents your ability to understand the level you are at.

Everything vibrates. Nothing remains still. Everything moves. That's the Law. We have to realize that from the minute we are born, we begin to deteriorate. Think about that. (laughs) Because we must let go of what we are and diminish it's vibration so we can take the new vibration of progressiveness on.

Through the Principal of Vibration, the way you alter your consciousness is by altering your vibration. When you sit down to meditate, you go through a polarity. On the one hand, you lower the vibration of your physical self so that you are less a part of where you are and you elevate the consciousness, or increase the vibration of your consciousness to connect with the spiritual self. So the polarity of using both directions through vibration is there.

If you stop and think about it, you know that there are certain vibrations that we as humans can touch and there are other vibrations that are beyond our ability to see or touch. I have put levels here of where we touch things. The Spirit represents the No-Thing, the Thing that always was, is and will be. In many teachings we talk about the spirit, the spiritual self, the soul and we interchange those phrases. What we are really talking about is the part of our self that wants to be able to understand The Origin Energy. As that spiritual energy becomes malleable and begins to move, it is called the Aether. It is still beyond us but is now malleable. As it moves down further, it becomes Ether. And when we talk about the Ether, we are talking about the high part of us. So at this space we begin to feel we can identify with it. At the Astral Space we can identify with it and in the Elemental Space we are it. We are an Elemental.

So in the case of raising and lowering your vibration, you are moving up these channels and down these channels. That is why at certain vibrations you seem smarter,

at certain vibrations you seem to understand things better or have a broader view. Because that is exactly what is happening. You are opening up more as you go up to the higher vibration. Keep in mind that the movement of vibration takes you places.

The vibratory rate of anything creates it's density. This chair is as solid as it is because of it's vibration and the vibration of the components that it is made from.

The All -- that which was, is and will be -- is manifest invisibly by high vibration. It manifests invisibly by high vibration. So you can understand the qualities of the All even though you can't see it, by raising your own consciousness, your own vibration.

Again, mind over matter. Mind permits you to alter the vibration. The vibration alteration permits you to have a conscious understanding of something that you cannot even see. There are many of us here who have said "There is someone standing next to me" and you know it, but you can't see it. In consciousness you have touched it, tapped it and know it.

The higher the frequency of the vibration, the less visibility. One example of this is the hummingbird wings. There are wings and they are moving but the faster the bird flies, the more invisible his wings become. A fan is the same. The minute the fan is turned on and the vibration increases, the blades seem to disappear and yet, they are there. So, when we sense things invisible, remember that, is something. We are actually touching something that really is there, even though we can't see it because of it's high vibration.

In the process of death, we elevate the vibration which casts off the visible body, which permits the spirit to soar at it's highest vibration and go through all the levels. That is why we are invisible after death. We are invisible to what the physical eye is capable of seeing. But remember that in that invisibility is 'the thing'.

Question: You said during meditation we lower the vibration of the physical self and make higher the vibration...

That is when we literally go into our spiritual self or higher consciousness. The physical body is used to being in control. If you sit down and meditate for the first time your nose itches, the bladder signals. All these things happen because the body wants to be in control. It doesn't want you not paying attention to it. As we progress in meditation, we learn that lowering that high vibration of the body's need to control, allows us to come to a peaceful state where the U-turn is made and we go up. When that happens, we are then in that invisible space to learn and grow from it.

Question: Does that mean we have two different kinds of vibration, a physical and a spiritual?

Within us is the spiritual vibration which is the high frequency. Because it is such a high frequency, unless we are really looking for it, we don't even know it's there. To us in the physical body, it is invisible. The minute we start to try to tune into it, we begin to realize how real it is. That is why in many religious teachings it is said "You were touched by the Spirit", which is the realization of something beyond the physical, in you. It is almost like a dichotomy but it works. For instance, if you don't open a door, you can't see what is beyond. So what we do is open the door in our vibration that lets the higher vibration out and lets it work for us.

Light, heat, magnetism, electricity are all forms of vibration. Anything created has a vibration which is its identity. The vibrations move from the All, the Source Energy through the Ether in order to manifest. So, spirit becomes malleable and moves into Ether which we can sense because the vibration is lowered enough for us to be able to seek it. When the vibrations move through Ether, we begin to have the control of the manifestation of something, we can manifest it.

Cohesion which is molecular attraction, chemical affinity which is atomic attraction and gravitation where every particle and mass become bound together in the All, they all come from Ether. The power to attract in any of those forms come from the power of Ether. The Ethereal substance is matter at a higher degree of vibration. And because we are matter, we are better able to touch it. That is why it is at the Ether level that we begin to have a sense of something out there.

That Ethereal substance is elastic and it pervades the universal space. It is elastic, it is shape-able, it is move-able and therefore we can manifest from it. Have you ever watched a physical medium? One who calls ectoplasm

forth from themselves and shapes and molds? They are calling through their own high self, the Ether quality of elasticity in order to shape and mold something that someone can see. Many things that appear to be 'hocus pocus' or absolutely bizarre stem from absolute laws of the universe, but because they have been made so carnival like, it is hard to keep that quality with them.

Remember that the All is everything that ever was, is or will be, in its raw form -- no shape, no form, only the ability 'to be'. Spirit is the first movement of that energy, when it moves down into the Aether it becomes malleable so that we can have some idea of using it, even though we can't identify it yet. One step down further in vibration and now we can touch it. We can touch it although we can't see it. When it gets into the Astral Plane, now we touch it and really start to shape and mold it. It is all where it's at that determines what you can do with it.

Ether serves as a medium of transmission of waves of vibratory energy. Ether is like turning on the radio and getting the signals. It acts as the medium for those things to come through and be identified. The Ethereal substance is a connecting link between vibratory matter and energy or force. In other words, it is the link between the movement in action in something and its beginning energy or creative force of that energy. A ball and a bat come together and when they hit together, they create an invisible force that empowers that ball to move. In other words, it is a connecting link which alters one substance into a movement and force. So without Ether, we cannot manifest, we cannot create.

The Ether aspects has a degree of vibration entirely of its own. When we convert that to a force or a power or a movement, we manifest it into something else. I'll give you an example, a group of people get together and the clergy get up in front and says "Let us pray". Up until that point, God and the presence and power of prayer has been invisible. Each person has felt it but has not turned it into an expression. The moment they come together in the union of saying it, you create the power and the force of prayer. And the movement is related to vibration. So there is not one Law that is not woven and integrated with every other Law. If we learn the progression and what they stand for, we begin to see them more and more in everyday life.

Vibratory increases create sound and the loss of visibility. When you turn the fan on, not only do the blades seem to be invisible, but the sound increases with the

rate of vibration. So when the fan first goes on it makes a 'chug, chug' sound and then it's whirring. If that sound increases enough due to the vibratory rate increasing, you will cease to hear the sound. The sound will also become invisible.

Question: White noise?

We have termed it that. White noise.

An increase in vibratory rate also creates color and that color will follow the rainbow spectrum. The lower the vibration, the more red in appearance. The higher the vibration, the more violet. It moves through the spectrum of the rainbow. That same spectrum moves through the chakras of the body -- why? -- because they are vibrating at different rates or speeds as you move through them. The rainbow is the bridge or 'the promise', so to speak, it ties the heavens and the earth together. So the rainbow spectrum becomes the color that the increasing vibration would follow.

As vibration increases, the sounds change because they rise until they are no longer audible. They are so inaudible that they pass the human ear's ability and no sound is heard. We can only hear vibration to a certain degree. Once it goes beyond that vibration, we can't hear it anymore. Now, the dog's might! You know that dog's whistle? You blow it and you can't hear it but the dog's can? Vibratory rate. Color will eventually become white, it would gradually move beyond its violet spectrum and go into the white.

An x-ray equals invisible rays of vibration, electricity and magnetism all working together. They are emitted at the proper vibratory rate. So when that machine is set for the proper vibratory rate, both magnetically and electrically, it produces the ability to actually, in a sense, photograph what is invisible. Because it is in you and you can't see it. That is how this penetrates everything.

All manifestations of thought, emotion, reason, will or desire or any other mental state or condition are accompanied by vibration. The minute you have a thought, the vibratory rate alters in you toward the thought. The thought has called forth the right amount of energy to help you manifest the idea. The object is, that thought or condition becomes a power or force. One person says "I have an idea" and people say "Oh". Two people say "Yes, that is a great idea" and people say "Ooooh". As more

and more people have the same idea, now there is a power rush on for the manifestation of the idea. Because you have altered the Ether to a malleable force or energy.

A portion of the vibration created by any of these thoughts, emotions or what have you is thrown off. And these tend to effect the minds of other persons by induction. Football game, coach, pep rally -- he's telling his team they can do it, they are being imbued with this by induction. Now they are revved up and excited and go out there and win the game. This is exactly what we are talking about in a very down to earth kind of thing. The same thing happens when two or more are gathered. They begin to express themselves, their emotions, their ideas. Suppose you have something happen and you get very excited about it. The first person you see, you say "This wonderful thing happened..." The next thing you know, that person is excited about it. Now the two of you are going to excite a few more and you are off and running. The power and force of the excitement has begun to move.

What you have to do at times, when you feel yourself becoming either very excited or very depressed or very anything else is to ask yourself where it is coming from and why. You have to control what you permit to be given to you. We do want to put our guards up there. "Is this something I want to be excited about?" You get together a whole mob scene of people and if the thing they are excited about is the wrong thing, you may not want to be there. So filter for yourself what you are letting become your reality because of somebody else's idea or emotion.

This same connection is what creates telepathy, mental influence and other forms of action and power of the mind over mind. What you are casting off from your thought pattern becomes the power to reach somebody else who is in that wavelength and can have a telepathic realization. And sometimes it can be very mundane and at other times it can be very uplifting and at other times it can make you think "Where the heck did that come from!" This is telepathy at work. Vibratory rate is the medium on which telepathy works and creates the power of the mind into a force which can touch others.

The Greening of the Spirit

By Adele Lederman
Walnut Creek, California

Far to long, the thoughts we've had,
Considered right, but yet were bad.
Harmful to others that never should
have hurt so many that just were good.

Times have changed and cleared the air.

Polluted thoughts are less with care.
Each one becomes our sister and brother.

We really then have just one Mother.

We all are one, a family of souls.

To love and care are now our goals.

To hurt another is hurting self.

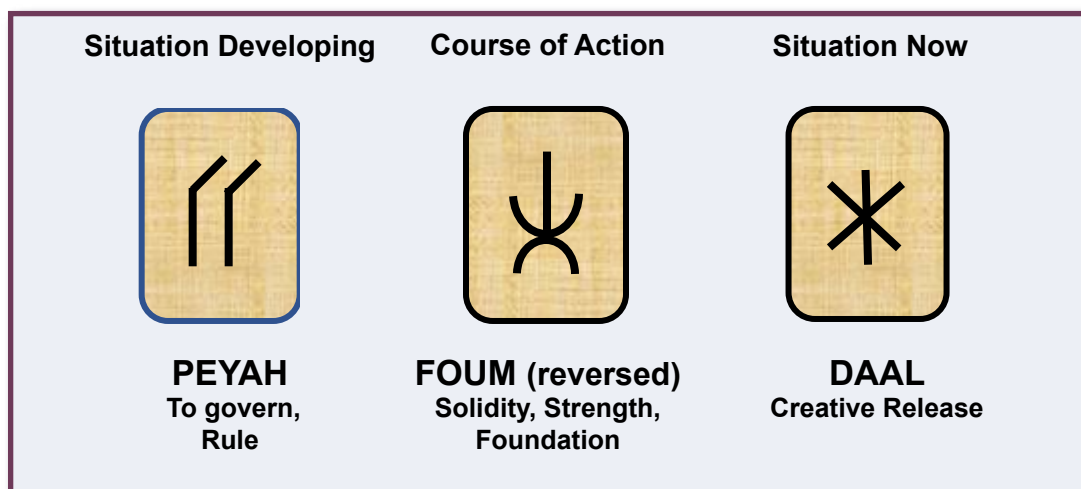
We must put hatred on a shelf.

The time has come to welcome peace.

Let's green the Spirit and Love release.

A Season of Runes

by David and Shesta Ross
San Jose, CA



Reading Question: From the perspective of the universal runes, what is the situation with the energies of Fall 2021?

This fall begins with DAAL, Creative Release. This is a Key Rune described by Julian as “giving birth to BEL, which is new concept and ideas”. Universally, reference is made to time, to manifestation at the “perfect point in time.” Individually, “The creative energies are activated, or elevated, permitting a new expression of the self.” That is the basis of this fall — a star-burst, a letting out of energy, a release of new energies and new concepts.

That said, we are cautioned to not be too attached to our first understanding or conceptualization! The course of action, or blockage/obstacle for the fall, is FOUM reversed—Improper Plan. We interpret this to mean: “Action may be needed in order to redirect a plan.” The reversed meaning always speaks to the individual. For example, in the case of FOUM, how can the universe have an improper plan? Therefore, the work needed this fall is that we as individuals should seek guidance and act on it. The reversed description states “The direction and energies in operation are not in rhythm with each other.” This conveys that the direction of the individual is not in rhythm with the impersonal energies of the universe.

In *Creation, Its Laws, and You*, Julian describes the Universal Law of Rhythm as “that which keeps balance within the universe.” From this sweeping statement, however, Julian immediately goes on for six paragraphs about how some people are morning people and some people are night people, and advises that you need to monitor yourself and notice when, in the course of a day, you most easily accomplish things. Very down to earth, practical advice, about something which “keeps balance within the universe.” We think this is an indication that if you do things yourself in a good rhythm for yourself, you help keep the balance of all things. But Julian also notes that “Interruption of your rhythm keeps you flexible and able to adjust and cope with whatever life presents you.” Within balance is flexibility and adaptation, and that includes the possibility of new direction this fall—action to redirect a plan.

New direction leads to PEYAH, To Govern, Rule. Individually, “It can also mean an ability to be directed in a most positive and progressive way.” Note the phrasing “be directed”. The best leaders are those who can accept direction from within

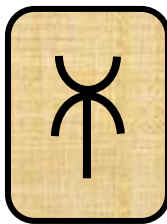
DAAL (Aal): Creative Release

Glyph: The symbol itself is that of a starburst. It is a letting out of energy. From one vortex many points proceeding outward. It is a rune of creative release.

Universally: This rune represents the universal movement of creative thought and action through time. The universal forces have begun to create from divine understanding, and it will manifest at its perfect point in time.

Individually: The creative energies are activated, or elevated, permitting a new expression of the self. The Key Rune, DAAL, is a positive expression wherever it appears. It moves to release new energies and new concepts.

Reversed: There is no reversed interpretation for this rune.

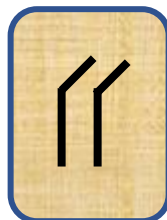
FOUM (Um, as in hum) Solidity, Strength, Foundation

Glyph: Man receptive both to the earth and to the ether. Thus, the strength of balance is achieved. The two crescents joined represent a desire, or an ability, to be receptive. The straight line represents man supporting these abilities within himself. Thus, the crescents of receptivity are within man's ability to receive.

Universally: FOUM represents the underlying strength and structure of the universe, the Divine Forces that direct the rhythm of the flow of all things. It indicates secure energy and solid foundation.

Individually: Where FOUM appears in the spread, it denotes direction and purpose within. Used well it can create tremendous ability to bring a successful conclusion to that which is already planned.

Reversed: It is an improper plan. A reverse placement of FOUM denotes an improper base or faulty vision in direction. The direction and energies in operation are not in rhythm with each other. Action may be needed in order to redirect a plan.

PEYAH (Eyah): To govern, Rule

Glyph: The glyph is angular, or wing-shaped. This is a force in action, the point saying it has a purpose.

Universally: PEYAH is the Universal Rune of leadership. It is an energy that leads and directs, points to something. Where PEYAH appears, the situation does not stand alone. It relates to other issues. PEYAH is a harbinger and indicates that there is more to come.

Individually: Where PEYAH is placed, it means an ability toward leadership and an ability to constructively govern others. It can also mean an ability to be directed in a most positive and progressive way.

Reversed: Control is lost. PEYAH reversed indicates a situation out of control. It means man being led by others and influenced by other energies rather than leading himself..

For all the Universal Runes source materials:

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Connie Golden's Booklet — Bridge to Forever, Understanding the Afterlife

Connie Golden had several private sessions with Julian in the 1980s and attended all of Julian's workshops on life after the death of the physical body. She has compiled all these experiences into a small "booklet" or report entitled "Bridge to Forever, Understanding the Afterlife". It is available to Julian students in digital form from her FREE OF CHARGE.

Even though the contents have been copyrighted, Julian students may use the material freely in their own studies

and in any related classes that they teach. Send email to golden.cj2@gmail.com to request a copy.

Camille Albrecht, Temier/Sam Holland, and Andrea Smith helped Connie find the appropriate "words" to describe my experiences in the unseen world. They are all incredible teachers.

Classes Open to Join

Sam & Temier Offerings

Healing Gatherings

The Healing Gatherings are given on Sundays every other week. The Healing Gatherings are free and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at <http://www.temier.com/HealingGatherings.html>

Pathways

The Pathways classes are a series of meetings designed to be short drop-in gatherings where specific topics are covered. The meetings help us understand and stay balanced in this changing world. These meetings are great for beginners or advanced metaphysicians. They are taught over the web every other week just before the Healing Gathering. The cost is \$15 per session. Sign up at: <http://www.temier.com/OnTrack.html>

Other Classes

New classes and gatherings on many topics are always in process. In order to get notifications about all of Temier and Sam's events, sign up for our newsletter at: <http://www.temier.com/Contact.html>

Books by Sam & Temier

Temier and Sam have recently published a number of small pocket books. These books are the result of classes given by Temier and Sam. The books are available in hardcopy or electronic forms. The books sets include:

- A Guide to Life
- A Master Class on Communication with The Source
- A Master Class on Healing
- A Master Class on Humanity
- A Master Class on the Cosmos
- A Master Class on the Unavoidable Influences
- Transforming Life's Obstacles
- Transforming Polarities
- Humanities Purpose
- Graceful Freedom

Find out more about these books at www.temier.com/Books.html.

There is always more to explore at <http://www.temier.com>.

Classes with Andrea Smith, EdD

A Personal Divination Tool Using Playing Cards

This class is designed for students who would like to expand their tools to include a divination technique of their own creation using the Mystical Magus framework provided by Julian. Students are guided in assigning their own meaning to cards in a regular deck that can be used unobtrusively anywhere there is access to a deck of cards or a computer solitaire application.

Classes meet the fourth Tuesday of each month at 11 am Pacific time using Zoom as the distance learning format. The cost of the class is \$15 per class, payable through PayPal, and includes an audio recording. Admission into the class requires students be pre-approved. Please let Andrea know if you are interested.

Mystical Magus Classes

A new section of Julian's Mystical Magus studies starts Saturday, October 23, 2021 using a distance education format, Zoom. The Mystical Magus classes were initially private readings that Julian provided to Samuel Holland over 16 years.

Admission into the class requires students be pre-approved and prior study within Julian's Transition Energy (TE 1-12), Development, or Practical Magus. The cost of this ongoing class is \$30 each month, payable through PayPal, and includes an audio download and written materials. The class is scheduled to meet the fourth Saturday of each month at 11 am Pacific time. Please let Andrea know if you are interested.

Transition Energy (TE)

Transition Energy is a mystical study that allows personal realizations to occur through the understanding of the unseen reality of the universe. To accomplish this, Julian gave a total of 41 levels where each meditation is built upon the last one, effectively raising the frequency of the energies with each meditation within each class.

Andrea currently is offering three sections of TE utilizing Zoom. Ongoing TE Sections One and Two are closed to new students. The Tuesday Section, formed in 2021, meets every Tuesday at 6 PM Pacific Time and is potentially available to new dedicated students by catching up with private tutoring. Former students of TE who would like to review the material are considered on a case-by-case basis.

Andrea is the only Certified TE teacher currently offering this course of study and the first to offer TE in a remote format.

The monthly fee, which includes an electronic audio file, is \$30, payable through PayPal. Contact Andrea at

andreamith77@comcast.net
drandreamith77@gmail.com
or (503) 720-5269.

See www.andreamithtransitions.com for Andrea's bio, additional information about her classes, additional services offered, and to register for her classes.



About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers and editors who contribute their words and ideas to this publication.

Our Next Issue

Submission Deadline: 12/5/2021

Send electronic submissions to:

ringoflight@julianteachings.com

Contact Us

To report a physical change of address, a new email address, a change between paper and electronic copy delivery options, or anything else concerning the Ring of Light, please contact us at:

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Authors: Rev. June K. Burke & the Seraph Julian

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We thank each and everyone of you for the financial support that allows us to produce the Ring of Light. An annual contribution of \$10 (\$20 for international delivery) will cover the cost of mailing your newsletter! Make checks payable to Jan Clayton (send to 25960 Quail Lane, Los Altos Hills, CA 94022), or send funds with PayPal or a credit card via <http://paypal.me/jclayton94022>.

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