

Ring of Light

A Newsletter for the Members of the Julian Community

Volume XXXIII

Number 2

June 2021

“The winds of change blow strong.” That is the first sentence of Aca’u’s 2021 Summer Solstice message. It fits right in with Temier’s recent descriptions of this time period, John Svirsky’s article about Choices (page 6), and Shesta and David Ross’ Universal Rune reading for this summer season (page 14).

When Jupiter and Saturn met in Aquarius last December, change was set in motion. It started a 200-year cycle some astrologers call the “Age of Air”— an age of cooperation and shared values. Or as Temier says, learning how to get along with others.

Our outmoded habits and perspectives need to be identified and released. We all need to “write a new script” so that we can match the shifting universal energies. We need to shed our old skins so that we can survive, grow, and thrive in this new age.

Take some time this summer and let nature nurture the change within you. Stop and get to know the new you. Examine what doesn’t fit anymore.

As Julian students, we are called to help the world through this transformation. Be kind to your fellow earthlings; this change is hard for all of us.

— *Blessings Jan Clayton and Nancy Walton*

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snakes

A symbol of
transformation,
they teach us how
vital it is to shed
what no longer
serves us ...
snakes must
literally
shed
or die.

As painful as
letting go of
what restricts us
can sometimes be,
it’s what allows us
to survive, grow
and thrive.

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This Season's Astrology

by Eleanore Johnson
Poughkeepsie, New York

We enter the Summer Solstice June 21, 2021 with a solar eclipse at June 10th at 19° Gemini. Solar eclipses, just as lunar eclipses make things happen. They bring to man's consciousness what has been hidden or unexpressed.

The Summer Solstice is always transiting the sign of Cancer when it occurs. This can put an emphasis on our country as we are a Cancer-ruled country. There could be many disclosures that may need to be addressed. This sign is a Cardinal water sign. It may emphasize water—the lack of it in some areas and too much water in other areas of our country. Climate change may be addressed to emphasize the changes needed throughout our nation.

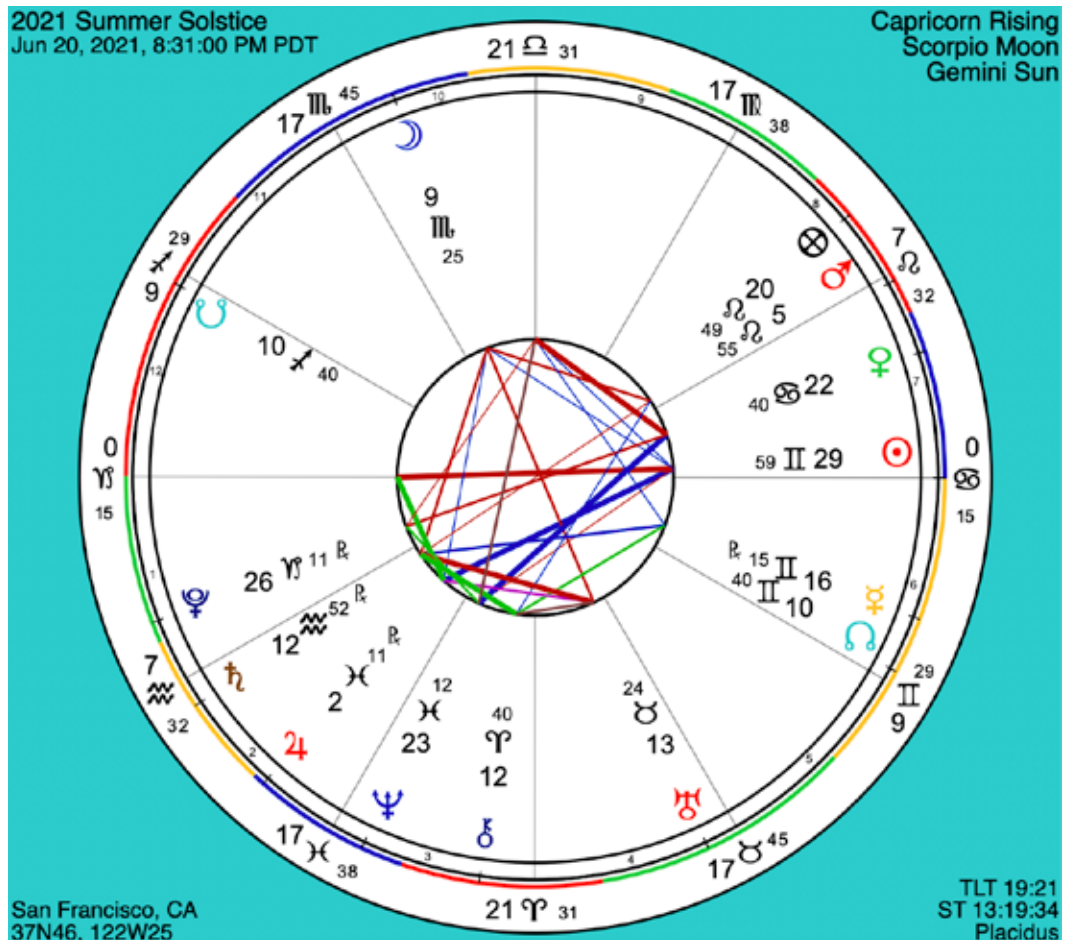
The planet, Mercury, will be retrograde through June 22nd and will be in Gemini July 12th. Take care in decision making. Be sure your car is in good working order.

The planet, Venus and Mars will be in the sign of Leo during the month of July. This can be a time filled with creative activity and a lot of fun.

Jupiter will enter Aquarius the end of July and remain in Aquarius till the end of the year. Jupiter and Saturn will both be in Aquarius which could emphasize freedom versus control. The planet Uranus, the ruler of Aquarius, is transiting the sign of Taurus, making a square aspect to Jupiter and Saturn. This is a challenging square with a focus on what needs to change for the benefit of human-

ity. It could bring food issues to the surface, such as the desire to use fewer chemicals in the processing of food, or people could become motivated to raise their own vegetables, if they are able.

August and September have both Venus and Mars in Virgo. Virgo likes purity and perfection in whatever its endeavors to produce. From September 27th until October 18th, Mercury will become retrograde in the sign of Libra. Libra is symbolized by the scales of balance. It



will make a trine (a positive flow of energy) to the planet Jupiter. It represents truth and justice. May this energy prevail in all the areas of our world that need truth and balance.

Love and Light, Eleanore



The 23rd Gathering of Light Harmonics of Healing

September 24–26, 2021
A Virtual Gathering

Plans for the 23rd Gathering are well underway and we wanted to catch you up with our progress.

Dates: Friday – Sunday, September 24–26, 2021

10 am – 1 pm (PDT)

1 – 4 pm (EDT)

7 – 10 pm (CEST)

Technology: Zoom

No worries, we will have training sessions in September for newbies.

Cost: Free

We will gladly accept freewill donations; how to make a donation will be explained on the registration form.

Most current information:

<https://julianteachings.com/23rd-gathering-of-light/>

We know that a few of you will not be able to attend the sessions live. No worries. If you sign up, we will make sure that you get links to all of the recorded sessions.

Our current set of presenters are Terry Brown, Jan Clayton, Sam Holland, Adele Lederman, Shesta & David Ross, and AnneClaire Venemans. Larry Scheer and Saul Srour will lead the opening and closing ceremonies. Details about the presenters and what they are going to talk about will be showing up in your inbox soon.

No hurry to register right now. We will be sending out more registration information in short order.

Take care,
The 23rd Gathering Committee



The Art of Silliness in the Machine Age

by Jeanne Livingston
Naples, Florida

For many, many years in the past while writing a book, I struggled with getting just the right title. One day it was one thing and the next it was another. Without knowing it, I tortured my friends with questions about the virtues of one title over another...and what did they think, etc. It was exhausting. And in the end, a title came from someone's conversation unexpectedly during which a phrase jumped out at me and became the winner.

Therefore years later, titles would arrive out of the blue before the thought of even writing again would even materialize. I guess it was to prevent the misery of embarrassing title gymnastics from returning.

Of course, I never used most of them. They lay silently in journals or notebooks sleeping. Then "Ring of Light" called asking for summer material...and voila! So, if at some point you're bored this summer, try one or two titles on an empty stomach with a glass of water. The good news is they're yours for free with no trademarks or lawsuits to fear.

Sound the trumpets...here they are:

Our Lady of Amazement

Small Gifts

How to enjoy your shortcomings—being bad is the first step to being good (Julian would like this one as an example of Polarity)

A Life in the Mirror: Dancers, Actors, Singers, Hairdressers, etc.

Cause and Reflect (another Julian favorite)

Everything You've Always Wanted to Know About Absolutely Nothing

And here's a couple for the kids:

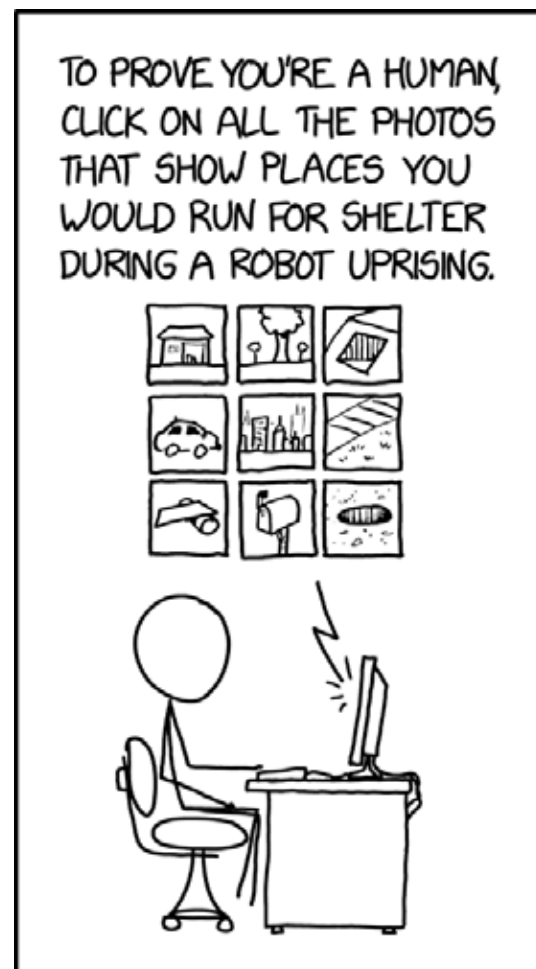
Pussycat Park

Dr. Puddle, the Children's Physician

Where the Lost Socks Go

We'll, as you can guess, I'm concerned that machines will drown out individuality and folks will submit to disappearing without a trace and not know it. Yes, I enjoy talking long distance to my far away friends and just putting our laundry in a box then it comes out clean, pushing a lever down and toast pops up, etc. But hey? ... where and to what did we disappear?

Titles are a stepping stone to daydreaming. Use any of these to allow your mind to wander and create. It'll be calisthenics for your brain cells; the little grey matter that's uniquely YOU. It's through stories we get to raise above the everyday machine noises to appreciate God's generosity to us and mystery. So, "Let go and let God!"



Poem

by Regan Friend,
Margate, Florida



ring of light, that unborrowed, embowers all that spectrum
of identities that let us know ...

bring the Above bright, that unpredictable realm that only
inner eyes see right ...

cling Dove to your flight, who are that third part of sanctity
and are wisdom ...

fling glove height, that we let go dispute and surrender ...

to sing Love's night.

ring above bright, bring that Dove's height,

intend to bend and fend above the night.

bright Love ... sing Dove ... that light ...

Choices

by John Svirsky
Naples, FL

How do I explain the transformation of my life experiences of the past 16 months of the Pandemic, from fear, isolation, negativity and hopelessness to its polarity of faith, unity, and connection with my Higher Power? Since nothing happens in God's world by accident, this Pandemic is one more opportunity for each of us to raise our vibration to connect to the Higher Planes, and move from fear into a life aligned with love and light. We have been given yet another opportunity through conscious thought to shed our past and create a new and better life in the present.

What I am about to write may seem strange, I am grateful for all the Pandemic has caused me to learn about myself and hopefully others themselves. We have the gift of starting a whole new life, not just to go back to the familiar of what we knew, but to permit ourselves to be uncomfortable and create something bold, something vibrant, something right for us now. The Pandemic continues to be a great teacher in my life and has forced me to see life differently and the effect has been to jettison me into a new Higher Consciousness.

I am of the belief that we come to the material plane of existence for experiences, to feel our feelings (something that spirit does not have that luxury of doing except through humans) and to evolve. It is important to recognize that the material plane is much denser than the etheric and thought planes. It takes as long as it does for thought to be made manifest in what we call "the here and now."

On higher planes there is no concept of good or bad. Therefore, the Pandemic is to me one more tool used by our guardians to help us move from isolation to working together for a higher good. Since there is only experience on the material plane, we get to process our emotions and continue to evolve. But this is the shocker which my ego brain does not want to understand any of this. We are not here to create a self-controlled life without challenges, frus-

trations, and things beyond our control. We're here to go beyond our comfort zone and evolve. Maybe that is why God loves humans' so much. We provide 7 billion paths of self-discovery and finding our way from the ego self back to the Divine self. Perhaps that's what keeps the Divine mind occupied.

We are here to reconnect with our Higher non-physical selves, align the physical, mental, emotional and spiritual selves and from this higher frequency create from this new plane of thought. From this plane we do not judge, we accept. We do not fear for we see all things as they are. We do not separate or isolate for we instinctively know and feel the unity of all life and that we are all One.

Personally, I have found that I am either moving to the Light or away from it, my choice. So, when I live in fear I am moving away and when I am in the flow I am living in the light. Therefore, during the course of my day, I ask myself often, is this thought satisfying? Does it bring me joy? Do I feel connected to the Source? If so, I pursue it and put more of my attention to that thought. Or if it is not satisfying, does it suck and drain my energy? Do I feel disconnected from the source? If so, I do not try to fix the thought or give it more energy or judge the thought, I consciously focus my mind to another thought and give the previous thought no energy. The first law of the Kybalion says, All is Mind. Where I place my thoughts and energy that is where I will be.

I used the past 16 months of the pandemic as an opportunity to learn about myself and my patterns. I looked at my inner feelings, my thoughts and impartially my actual physical life. I saw what I choose to change. I consciously used this time to connect the dots and see the root or cause level of my thoughts and feelings not just the outer world but my subconscious programming, that got me here in the first place. I reviewed my life as it is right now in the present. I asked myself what have I ac-

completed in my life so far. What lessons have I learned? Have I seen the effects my actions had on others? Have I learned and changed my behavior to become a more loving and accepting person? Have I connected to the root cause and my inner belief systems which are motivating and subconsciously directing my life?

These thoughts are subconscious as long as I let them run on autopilot. When I bring old thoughts and feelings to the surface, I bring them to the sunlight of the spirit and ask are they right for me now. Do I like where I am or can I do life differently to kick it up a notch?

What I am proposing is that God has given us all a time out, with this pandemic to individually look within, ask ourselves from a soul level. Have we grown, have we integrated the lessons we have come here to learn, and have we raised our vibration to improve our behavior today? We have now the ability to reincarnate our lives, without physically dying if we choose (although 3.75 million souls and counting may have seen it as an opportu-

nity to leave the planet for their personal soul reasons). We can begin by asking ourselves who are we now? What lessons would we like to experience now? Can we visualize our future selves and allow it to guide and direct us towards a more fulfilling life in the present?

Mother Nature, God, the Divine Essence, The Source is always in the process of becoming and shedding that which no longer serves. It doesn't hold on to the past, it continually is creating. That is what the Creator does, creates. It always has and always will. Life will continue, it is purely each of our choices as to how we want to interact with life and how we can harmonize our creation with the Divine Creation.

I, for one, choose to turn my will over to the Divine Light within as best I humanly can. I'm not perfect (a big lesson I am learning daily) and I have every confidence that if you're reading this article, you will be making the perfect choices for your best interests and growth. God Bless us all, we need it.

VOLUNTEERS NEEDED!

The Julian Teachings organization is in the process of creating transcriptions for the many workshops that June gave that have yet to be transcribed.

We are looking for volunteers to polish new transcriptions created by the Otter transcription service. Otter is an automatic transcription service (like Temi and Sonix) that creates a draft transcription from an audio file. There is no need to create the transcription from scratch using a dictation device or similar machine. Instead, your role would be to polish Otter's draft transcription using the editing tools that Otter provides. The audio is

closely associated with the draft transcription, so that you do not need a separate playback device. Your laptop will provide everything you need.

We will help train you to use Otter. You can select the transcription to polish from a list of high-priority audio files, and you will, of course, get the original audio file and final transcription as a reward for your efforts.

If you are interested in this volunteer opportunity, please contact Camille Albrecht at camille@camillealbrecht.com.

Time Will Tell

by Michele Post
The Netherlands

The time indicates 0.40 when I first opened my eyes, then it was 4.64 and when I got up it was 6.46. Personally, I find it striking to notice how numbers give you a certain feeling. As if there is a personal message in the moment you look at a clock and see a certain rhythm in it. As if we want to make connections between certain numbers or see connections in the mutual relationship of numbers.

Now take the numbers 0.40, 4.64 and 6.46. I find it odd that when I look at the clock, I see a double number that collectively encompass another number. The double energy of 0, with the 4 in the middle. Followed by the double 4 with the 6 in the middle, then the double 6 again with the 4 in the middle again. In this case it is quite remarkable that the double numbers are formed by the preceding single numbers. The 4 becomes a 6. The 6 becomes a 4.

When I look at these numbers I get the feeling that the double digits support the middle digit, just as if they are 2 pillars surround the number that really matters, and

where the energy of the double numbers says something about supporting this number.

- The 0 stands for the Divine. It already. It encompasses all the energy and potential there is. Everything else arises from this energy.
- The 4 stands for the Foundation. It is the basis of our existence and anchors us in the earth. It is a very physical number.
- The 6 represents the cooperation with and recognition of the Divine within ourselves, on a physical level. It is also the number of wisdom.

These three numbers tell me something about laying a foundation, while being supported by the Universe. From this foundation I can enter into a partnership with my higher self. I learn that I have both a physical and a non-physical body. From this knowledge I can continue to build on my physical foundation.



Master Peace

by Hollis Cato
Los Angeles, CA

You are a masterpiece.

Validated by life through every breath.

A collaboration of bacteria by the trillions.

A chemical orchestra conducted by the same force that melts sun
into horizon

Your body is an elemental dance — an expression of Earth

The voice through a convoluted psyche arising from nature.

How many of yous had to persevere through tragedies, survive starvation,
and stave off predators

Just for this moment to exist right now?

What happens when we look for the author of our story?

You are a masterpiece.

A miraculous energy exploding and expanding in space.

Intelligence blocking paths and beating hearts.

You are your thoughts

And the container in which they arise

And the source from which they originate

And the void in which they dissipate.

Whether you try or not.

You are a masterpiece.

Saul's Corner

UNIVERSAL LAWS: THE LAW OF POLARITY (Part 2)

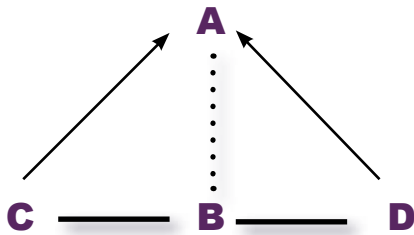
AS TAUGHT BY REV. JUNE K. BURKE

(LaGrangeville, New York, November 1998)

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Authors: Rev. June K. Burke and the Seraph Julian

(continued from the March 2021 issue)



Question: *The letter A on the diagram represents the pure energy coming in?*

That's the origin of all energy and the origin is the God self. That is the creative force, the God self coming in.

Question: *And the B is the perfect balance.*

The perfect balance that you are born in.

Question: *When you go to the letters C or D you are going to the extremes?*

Yes, the opposites of that energy.

Question: *You have arrows pointing back to the origin, which is the letter A up at the top, is that because energy, in order to get back into balance has to go to the origin?*

This represents the elevation of your consciousness, which permits you to see where you are and work toward being away from the extremes. When you take both C and D points and elevate the way you look at it, you automatically bring back down that divine force again to refresh yourself, to rebuild yourself.

Every single thing you have ever learned, every single thing you have ever studied deals with levels of consciousness. Levels of consciousness means the ability to see a little more, understand a little more, look a little further, that sort of thing. When you let that happen in any incident you begin to see all the ingredients and

all the things associated with it to where you can better understand how to use the energy to make the swing.

Question: *(couldn't hear)*

The middle point gives you the ability to see what can happen from love, what can happen from hate and know what you want to do with it. Because without knowing it, many times we slip into the lesser energy of a pole. We get angry about something or we get upset or we find ourselves sitting in the opposite corner of the one we want to be in. It is only until we say "Wait a minute, let me look at the whole situation." If somebody cuts you off on the road, you feel angry about it but if you stop and think a minute, instead of saying "I'd like to kill that guy" you say "Thank God I am not hurt" and secondly "Thank God they are not hurt." That is taking a situation immediately back to its positive space or positive energy. It is only when we let the emotion of ourselves or the situation scare us so much that we can't handle it. Fear is a real immobilize. Many of the sub energies come from fear and anger. Fear of not being enough, fear that someone will hurt you, fear that the world is going to end tomorrow.

The trouble with understanding metaphysics is that you try to understand them as metaphysics but you don't understand them as yourself. Everything that we are learning here is going on inside you. It is part of you. It is part of the God given gift of you. That is where you have to come in touch with it and that is where you have to use it. Meditation is a tool to bring more peace to your life.

Question: *I've heard of people so fearful that the adrenal pump allows them to jump over walls or jump down a flight of stairs. Could that be a positive thing?*

Not if they're jumping down a flight of stairs! They'll probably end up with a broken leg! The object is this, fear can make you do many things. Running away from fear is only increasing fear. Turning and facing fear is changing and altering the degree of fear. In tight situ-

ations we all have our adrenal flow that gives up the power to 'leap over tall buildings' but recognize that it is only by facing the realization of where we are and where we really want to go that we can really change anything.

Question: So, fear can keep you immobile so you can't see your way out of it.

That's right. One of the best possible things you can do with a fear is ask yourself "What is it you are afraid of?" If it is something that you feel is a lack in yourself then say "Okay where can I get that?" "If I am afraid I can't write because I can't spell, then let me buy a dictionary or get spell check on my computer." There are ways to take away fear. Most people let fear become an entity unto itself and don't realize it is made up of components and you have to face the components in order to break down the fear. Once you do that, then you are on your way.

Question: You say that's a gift, how do we know that's a gift? (hard to hear the question)

Believe in God? You've got it! That's a very good point that you bring up. We live in a physical world and we say "Show me the money. Show me, show me, show me." But in the divine space we say "I accept that it is" whether we can see it or not. We have to accept that within us is the ability and the moment the breath of life was breathed into your soul, that ability was in process forever in you, no matter what life you are in. So you know it's in there. Sometimes we just have to dig through the debris to find it again. There is no one, no matter how spiritual they are, that does not experience the opposite pole. No matter how spiritual they are, they are going to get fed up some days, they are going to feel put upon some days — all kinds of "shmucky" things — that's Julian's word, 'shmuck'. See what we've done to him! We just have to say "Okay, I may have a dark day but I can either make it darker or I can make it lighter." That's really what it is. If every time we had a dark day we gave up, population control would be taken care of because there would be no body!

THE CALLING

The Calling simply means you have agreed to be in touch with that energy and to bring that energy into a better understanding in the self. It is like saying "Help me to see, help me to understand."

Creator of all things, open me now to your wisdom. Let me touch movement in the essence above. Permit me to draw to me now the positive images of that which is meant to be. Let me draw to earth from above, rightfully and powerfully, the energies to manifest wisely. Power of all powers, let me mirror you in all life.

MEDITATION

Now sit quietly and we will have a small meditation. Take a moment to permit yourself to relax and to move away from the activity of the world. Permit yourself to focus in the very center of your being. Focus in your B spot.

As you center in that higher consciousness of the self, begin to feel the energy movement out of the denser plane and into the higher consciousness. As you permit yourself to rise, begin to feel the changes in the energies around you. Higher and higher, feeling the vibration altering, feeling the changes as you move into the space of the essence of all things. In that space, you open to the movement of the future, you open to the realization, the imagery and the understanding of the evolutionary pattern and where it is meant to go.

Here you feel the balancing of the scales as you begin to see the reality. Rather than a fantasy, you accept reality. It is here you realize that reality is All Right. And the acceptance of that reality permits you to reform in the physical plane that which is not serving you and to bring the essence of that which is above into the earth to be manifested and used.

As the consciousness elevates, the pure acceptance of that space within the self frees you. You are able to look at what can be. You are able to see your part in it and you are able to accept your mission in the evolutionary process of the universe.

As that pattern unfolds to you, you are able to let it unfold within you and around you. You begin to see that movement as a place to be and you begin to understand the components that will help you know how to get there.

Divine force, centered in my very being, I see now that which can be detrimental and that which can serve me well. I condemn not the lesser energy but turn to the full acceptance of the higher one. And in the acceptance

of that energy, I draw to me from that point within me everything I need to have complete fulfillment for my self and for my universe.

Power of powers, fill us now and help us see that you have always been there waiting for us to seek you. Waiting for us to accept the gift, the gift of Polarity. The gift that gives us permission to alter energy, to transmute conditions and free our selves, free ourselves from all things negative. But mostly from our own ignorance about our self.

In the center of my being, in that perfect space I know I am enough. I know that I am meant to grow, to unfold. But I am meant to unfold as who I am, not some image created by any other thing. Nothing outside my self is more important than my own being, my own soul and my own protection of the precious gift of Polarity.

Degree by degree I alter anything that holds me back and as I do, I move forward with great joy and great fulfillment. So be it.

THE SEALING

Now the Sealing of the Law, sealing that what you have felt:

Empowered by the point, I accept the mission of transforming this high power into mundane action. I am the tool of the power of balance. I shall help to bring balance by my thoughts, my action and by my interaction with all other points. I transfer on the high point into perfect action and perfect thought for perfect realization. So be it.

If you work with this meditation, as brief as it is and really follow what is said, really try to see what is being shown here, you will find it will get clearer and clearer and more beautiful as you go. As that happens you will feel like a bird that is let out of a cage. You will be able to soar. Because you see, we limit our self. Nothing else limits us but our self. Other people's opinions, other people's what ever -- they don't limit us. What limits us is our self. So we have to at times go into our self, call the Law of Polarity. It lets us see what direction we should be moving in and how to go about it and then, begin to work on it.

Listen again. Go to your Creation book and go to the Law of Polarity and look again at that Sealing of the Law and what it says. It is a dedication to the purpose that God meant for us to use that Law for. And it can't fail. That's what is so wonderful. As long as we are willing to work with it. We have seen miracles, we really have. We have seen so many of them and have been given so many good things and sometimes we have to remind ourselves of those miracles. We have to remind ourselves of those good things. Otherwise we get caught up in what we don't see or don't feel we have or somebody else's actions or whatever and we lose track of us. We lose track of who we are and where we are going. And when we change to that **B** point, that balance point, we can see again and we can let go.

This is such an important time in our universe. We are the building blocks of peace. Through understanding the Laws—God created these. He said "There's got to be something that keeps this in order in some way. Let the Universal Laws." Universal Laws give. They do not take. They are gifts from the Father. They are gifts for us to use in this world and the more we know them, the more we understand them, the greater the gift is understood, the greater the movement and action of it.

So, that is where we are going. We are going to use these and make great differences in the world and in our own lives, in our own wonderful lives. Just think for a minute, if you are feeling down or you are tired and somebody smiles at you, it is like being given a cold drink on a hot day. It does something inside you. If you accept that smile, you feel you want to smile yourself. That is what we have to do, see the smile in people and accept it as ours to use also. Just like we passed the light at the conference, pass the smile. Pass the love. Do know that you have it, you don't have to look for it, you have it in you. So you have to look for it in you. Use it as fully as you possibly can. It's not 'out there' anywhere. It is in you. You were born with. When you say "God is, I am and we are one," it is the truth. You are the energy of the creator and in using that energy, you are so much more able to stop being afraid of the world and move forward.

Solar Power

By Renee Salvatori
Wheeling, West Virginia

The sun rises up and shines down to infuse all in its power.
We eagerly open the window blinds and doors.
We get out to allow its rays to land on our skin.
We soak it up knowing it helps us manufacture vitamin D.
It sustains us, as it does the flora and fauna.
It gives us vitality that nourishes the body and mind.
We get cranky without it.

What about our own internal sun source?
Rising in its own way, each morning, to sustain us.
Allowing it to feed our very body and soul?
Accumulating into its own fortifying vitamin D of inner light.
Centered but expanding outward
Beaming forth to also touch others.
We get cranky without it.

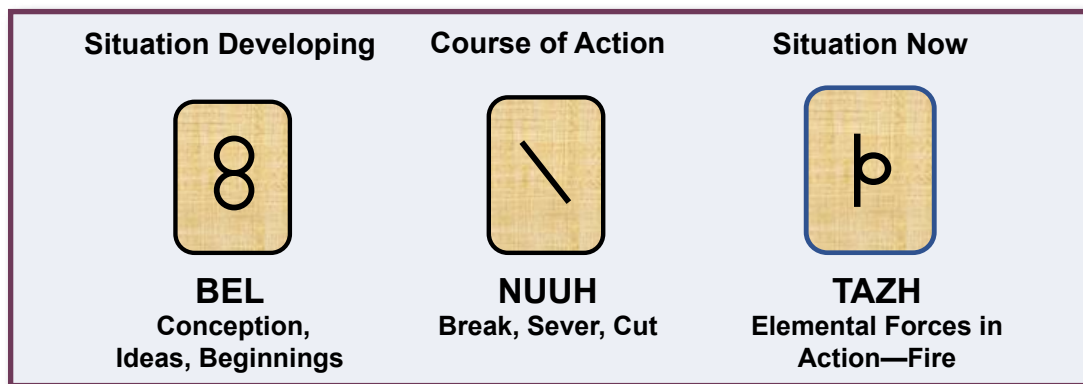
Think of a solar panel.
How beneficial they are in taking in and giving out.
Taking in the sun's power during the day.
Giving out electricity after dark.
Converting energy sustainably.
The extra is stored in a battery when needed.
An ingenious use of this vital power of orange rays.

Hello summer sun. Help us remember you in the sky and the light inside us.
Harnessing and converting for later use.
Easing the darkness for self and others, and giving out good.
Open your homes windows and doors, soak it up and give it out.
Open your body's windows and doors and shine it out.
The summer is here ready to vitalize us.
Thank it and have your solar panel out and ready.

Happy summer.

A Season of Runes

by David and Shesta Ross
San Jose, CA



Reading Question: From the perspective of the universal runes, what is the situation with the energies of Summer 2021?

The situation at the beginning of summer, is TAZH: Elemental Forces in Action—Fire. This is “the Universal Rune of Spirit”, which to the individual represents “the inner fire of the spirit, the creative being within.”

The course of action is NUUH: Break, Sever, Cut. “This Rune can be the rebirth, or the instigation, of the reality of you.”

The situation developing is BEL: Conception, Ideas, Beginnings. “BEL represents the inner movements in all things. Individually, it represents beginnings of a physical nature ... the birth of a new idea in life.” Julian once told a gathering of students that the next time they met, Julian wanted them to be holding what they had each created in their hands. Beginnings of a physical nature.

This spread highlights that we are filled with light and the fire of the spirit as the Summer Solstice begins. It gives us great strength, creativity, and an exceptional ability (and desire) to communicate. Many of us feel excited about our new found freedom to travel and visit with friends and relatives for the first time in 15 months.

As pointed out by numerous spiritual teachers in recent weeks, Summer 2021 is special. Humanity has an opportunity to make great evolutionary strides if we take the opportunity to cut through outmoded habits and

thoughts that keep us from progressing fully into the energy of the Aquarian Age. We can use the energy of NUUH to release ourselves from those things that hold us back. With that release, a movement can occur allowing us to merge with the creative spirit and the elements. This movement will enable a rebirth within our lives through new ideas and opportunities.

It is time for all of us to consider what is holding us back. What habits no longer serve us? What ideas no longer help us follow our spiritual path? What energies do we want to be released from? We can break free from these energies over the next three months to usher in a new way of life.

BEL tells us that we aren't going back to what was “normal.” Instead, we are encouraged to start a new life. To each their own experience. This summer looks to be an exciting time!

Through attunement to and invocation of the Universal Runes, we encounter these powers within ourselves. The most direct approach to access the power of a rune is to concentrate on and merge with the symbol, and then sound the associated phonetic. You can also focus on the key words or phrases from the description that grab your interest.

For all the Universal Runes source materials:

Authors are Rev. June K. Burke & the Seraph Julian.
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TAZH (AZ): Elemental Forces in Action, Fire

Glyph: The loop which binds man and Spirit together.

Universally: This is the Universal Rune of Spirit. It also represents the cosmic fires of creativity and the physical flame and electric forces of the universe.

Individually: TAZH indicates excitement and elation toward the project. To the individual it represent the inner fire of the Spirit, the creative being within and the ability to communicate.

Reversed: Inaction. Spiritual lock. This rune in reversed position indicates a need to re-evaluate the inner attitudes. It indicates forces of spirit in absence or veiled — either not tuned to or in an improper time period.

NUUH (Uh): Break, Sever, Cut

Glyph: This blade-like glyph shows a sharpness and an ability to cut, to sever and to break.

Universally: The energy behind NUUH is knife-like. It affords an opportunity to break energy that binds. It is always an initial step to a new beginning and change.

Individually: It is a chance to break old habits and redirect the life. It must be understood that it is a surgery performed in energy. It is the ability to be released from that which has held you back. This Rune can be the rebirth, or the instigation, of the reality of you.

Reversed: There is no reverse position for this Rune.

BEL (EL): Conception, Ideas, Beginnings

Glyph: Represents “As above, so below.” The balance that creates a smooth flow within the universe, permitting it to be directed to the material plane.

Universally: The Universal Rune BEL shows the inner movements of all things. It represents the energy merger that permits new beginnings and new concepts to be born. The ether and space merge with the elements to create all things.

Individually: It represents beginnings of a physical nature. It can denote a physical birth or the birth of a new idea in life.

There is no reversal for this Rune, as it is a Key Rune to change and always represents fresh starts and merger.



Barbara Garro Goes on the Radio

What would you do if you had five minutes with Jesus? Barbara Garro will host ALIVE Radio Network's (ALIVERadioNetwork.com) newest show: "5 Minutes with Jesus." This Christian radio broadcasting network kicks off this series on Wednesday, June 30, at 7:25 am (EDT). The show will run at that time Sunday through Thursday mornings through the end of 2021.

Each episode will focus on the parables of Jesus, diving into the meaning behind the message and

how they can be applied to life today. Garro has spent a great deal of time studying the parables. The four books in Garro's The Jesus Series focus on them. She believes that there's always something new that can be derived from Jesus' words.

Barbara says: "I am beyond excited to continue Jesus's Great Commission with this new radio show. The show will showcase the 33 parables, which focus on the themes of: love, healing, salvation, prayer, meditation, serving God, serving others, and serving self."

Classes Open to Join

Sam & Temier Offerings

Healing Gatherings

The Healing Gatherings are given on Sundays every other week. The Healing Gatherings are free and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at <http://www.temier.com/HealingGatherings.html>

Pathways

The Pathways classes are a series of meetings designed to be short drop-in gatherings where specific topics are covered. The meetings help us understand and stay balanced in this changing world. These meetings are great for beginners or advanced metaphysicians. They are taught over the web every other week just before the Healing Gathering. The cost is \$15 per session. Sign up at: <http://www.temier.com/OnTrack.html>

Other Classes

New classes and gatherings on many topics are always in process. In order to get notifications about all of Temier and Sam's events, sign up for our newsletter at: <http://www.temier.com/Contact.html>

Books by Sam & Temier

Temier and Sam have recently published a number of small pocket books. These books are the result of classes given by Temier and Sam. The books are available in hardcopy or electronic forms. The books sets include:

- A Guide to Life
- A Master Class on Communication with The Source
- A Master Class on Healing
- A Master Class on Humanity
- A Master Class on the Cosmos
- A Master Class on the Unavoidable Influences
- Transforming Life's Obstacles
- Transforming Polarities
- Humanities Purpose
- Graceful Freedom

Find out more about these books at www.temier.com/Books.html.

There is always more to explore at <http://www.temier.com>.

Classes with Andrea Smith, EdD

Mystical Magus Classes

Starting October 23, 2021, Andrea will begin offering Julian's Mystical Magus studies using a distance education format, Zoom. The Mystical Magus classes were initially private readings that Julian provided to Samuel Holland over 16 years.

Admission into the class requires students be pre-approved and prior study within Julian's Transition Energy (TE 1-12), Development, or Practical Magus. The cost of this ongoing class is \$30 each month, payable through PayPal, and includes an audio download and written materials. The class is scheduled to meet the fourth Saturday of each month at 11 am Pacific time. Please let Andrea know if you are interested.

Transition Energy (TE)

TE is a mystical study that allows personal realizations to occur through the understanding of the unseen reality of the universe. To accomplish this, Julian gave a large number of meditations (a total of 41 levels) where each meditation is built upon the last one, effectively raising the frequency of the energies with each meditation within each class.

Andrea currently is offering three sections of TE utilizing Zoom. Ongoing TE Sections One and Two are closed to new students. The Tuesday Section, formed in 2021, meets every Tuesday at 6 PM Pacific Time and is potentially opened to new students. Andrea offers private tutoring to dedicated students who wish to merge with the Tuesday section. Former students of TE who would like to review the material are considered on a case-by-case basis.

Andrea is the only Certified TE teacher currently offering this course of study and the first to offer TE in a remote format.

The monthly fee, which includes an electronic audio, is \$30, payable through PayPal.

Contact Andrea at

andreasmith77@comcast.net

drandreasmith77@gmail.com

or (503) 720-5269.

See www.andreasmithtransitions.com for Andrea's bio, additional information about her classes, additional services offered, and to register for her classes.

Cindi Frank Teaching Julian Healing Techniques Online

Julian Healing Techniques are *perfect* for life today! None of us need feel helpless. We are strong competent and kind people. That is probably why we are here!

Julian Healing Classes cost \$75.00. This includes the Julian Healing Techniques Manual plus two online classes. The first about the basics, and the second class for more advanced procedures. Each class lasts approximately one hour.

You will learn exactly *what* energy healing is and how it can enhance traditional healing to make you a powerhouse of health! We will also look at what Dis-Ease (disease) is and why we get sick in the first place. Grounding yourself and preparing your tools are important steps before we get into learning the actual techniques.

All techniques demonstrated will be able to be practiced through online instruction.

Payment is available through Venmo.

For more information, please email Cindi at

possibilities1000@gmail.com

or text Cindi at 586-277-3804



About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers and editors who contribute their words and ideas to this publication.

Our Next Issue

Submission Deadline: 9/5/2021

Send electronic submissions to:

ringoflight@julianteachings.com

Contact Us

To report a physical change of address, a new email address, a change between paper and electronic copy delivery options, or anything else concerning the Ring of Light, please contact us at:

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Authors: Rev. June K. Burke & the Seraph Julian

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We thank each and everyone of you for the financial support that allows us to produce the Ring of Light. An annual contribution of \$10 (\$20 for international delivery) will cover the cost of mailing your newsletter! Make checks payable to Jan Clayton (send to 25960 Quail Lane, Los Altos Hills, CA 94022), or send funds with PayPal or a credit card via <http://paypal.me/jclayton94022>.

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Darlene Adams	Eleanor Johnson	Barbara Ann Scott
Camille Albrecht & Richard Grescowle	Audrey Jonsson	Shirley Shearer
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