

Ring of Light

A Newsletter for the Members of the Julian Community

Volume XXXI

Number 3

September 2019

The first rain of our season just hit. It breaks the long, dry summer in California. The feel is different; the smell is different. Fall is starting to settle in.

In this issue, Eleanor talks about the Saturn and Pluto conjunction that has also set in and will be with us for over a year. Robert Hand talks eloquently about this transit and how it can affect us: "Pluto is the power of transformation, while Saturn narrows the focus. The effects of the combination are several. First, structure in your life will change significantly, but not suddenly and without warning. The changes brought about by Pluto are inherent in what is being changed ... It is rather like an inevitable conclusion to a situation. ... On a metaphysical level, this transit means that factors are now being incorporated into the structure of your life that will later bring about evolution and growth."

Hand goes on to say that it is important for us not to spread our energies too thinly so that we can respond to the changes as they come our way. He warns not to hold in your energy; instead, build new structures that help you deal with the issues that you face during this period.

As we reap the rewards from our year's efforts this fall, let us also pay attention to the PushMePullYou of energies that are going to drive changes all around us this next year. Let's enter this time of transition with positive anticipation, and help the universe bring light and love to our planet.

— Jan Clayton and Nancy Walton

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A Julian Affirmation

God is my source of all supply.

He answers my every need.

I enter a time of great expansion and change.

I enter it with excitement, expectation and joy,

For I know that I am part of the power of the future,

And I shall be led to all that I should do, all that I can do.

And I am willing that it be so.

Light be with you, my friends.

So Be It.

From Development Class #120. December 18, 1993

Author: Rev. June K. Burke and the Seraph Julian
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Astrology

by Eleanore Johnson
Poughkeepsie, New York



A new season is upon us. On September 23, the Libra Fall Equinox occurs at 12:50 a.m. (PDT). The Fall Equinox is symbolic of the harvest at an inner level as well as an outer level. It brings into focus pertinent issues on a global level, and personal, emotional defensiveness could rise to a peak. Serious issues will demand to be addressed. There will be much questioning, and it is highly likely that the questioning can be in the area of personal relationships as well as political issues and political relationships. These issues will continue throughout 2019 and might even become more intense as we enter 2020.

There are powerful energies operating this year via the conjunction between Saturn and Pluto. The conjunction remains throughout 2019 as well as 2020 in the sign of Capricorn. Saturn — tester, and teacher, and spiritual disciplinarian — is powerfully placed in its own sign, and can operate with ease. Saturn will help us narrow our focus on the issues that are most important, such as what needs to be eliminated, what is of value, and what we need to keep and preserve.

Pluto, the planet of transformation and rebirth, can shed light on what is old and worn out — what needs to change. This conjunction of Saturn and Pluto often occurs at times of extreme change. It can increase persistence and tenacity. From a positive perspective, it can result in an intuitive understanding of the dynamics that are occurring in the world. It can result in significant productivity and achievement.

The planet Jupiter will enter the mix in December 2019. It will be in the sign of Capricorn for the year 2020. Jupiter is expansive and optimistic, which can throw a benevolent influence on the Saturn–Pluto conjunction.

During October 2019, Mars is in the sign of Libra; it will be in Venus territory in October and November. Libra says, “Let us have harmony,” and it does not like confrontation. However, Mercury enters Scorpio on October 31st and it soon turns retrograde until November 20th. Scorpio loves a challenge, and Mars in Scorpio it is extremely perceptive and far sighted. It tells it like it is. In November, Venus is in Sagittarius with good intuition. It likes to have fun and take a chance on life’s issues.

We end 2019 with a solar eclipse on December 26th at 4° of Capricorn. The eclipse makes a trine to Uranus in Taurus. Expect changes, as Capricorn represents the government, government officials, and agencies. Uranus is in Taurus, the sign of money and values, banks, food, and live stock.

The eclipses trine with Uranus in Capricorn can bring in positive humanitarian efforts related to communication and the media, creating balance between the new and old in the world. With patience and perseverance, change can occur with positive results. Let us pray that this will occur.

Love and Light,
Eleanor

The Julian Teachings Author's FAQ

by Jan Clayton
Los Altos Hills, CA

Since June Burke made her transition February 8, 2005, people have been working hard to collect and catalogue June/Julian materials. Most of this work has involved keeping the materials as they are, but making sure that they are appropriately archived and saved for future reference/use. However, as time progresses, an increasing number of community members are creating new materials (articles, classes, workshops, or other forms) that are based upon or that reference the Julian materials.

A year ago the Julian Teachings Advisory Board identified a need for a set of guidelines to help authors and teachers use the materials correctly and *according to June and Julian's directions*. That is what the Author's FAQ is all about.

This FAQ is designed to provide support and guidance to authors and teachers. The Author's FAQ discusses:

- Copyright ownership of Julian materials, and how to reference those copyrights in your own documents
- How to get permission to use the information, including providing a copyright permission form
- Guidelines for making references to the materials, and citing the source of the information
- How to get help or reviews from Julian material experts
- Where and how to publish your information

We encourage you to work with and write about the teachings. We will not restrict where you publish your material as long as the intent is to benefit mankind and do no harm or disservice to others. And, if appropriate, consider publishing your document in the Ring of Light.

You can find the FAQ at:

<http://julianteachings.com/author-faq/>

If you have comments or questions, or need assistance, please send email to: s77aul@yahoo.com



This Ring of Light

by Regan Friend
Margate, Florida

... this ring of light,
is what is right.
It keeps us tight,
It gives us sight.

For what is Seeing,
but being there ... ?
This Circle of Knowing
When we're Aware.

Taking Once in a Lifetime Opportunities

Barbara Garro, M.A.,
Saratoga Springs, NY



Judy Collins at Caffe Lena in Saratoga Springs, NY, Sunday, August 17th, 3 p.m. show — my eyes stunned to tears at her charismatic beauty at 80, diva banter going back 60 years, polished yellow diamond voice, singing all the songs Barbara Garro loves — there in this amazing moment of her first gig at Caffe Lena. O, if Lena could be here! Sometimes I make beautiful choices. Thank you, Caffe Lena and Judy for this joyous memory of a woman older than I, energetically following her dream at full speed. I'll never stop either. Forward into more adventures in this life good ship Garro!

This once in a lifetime opportunity, I had the good sense to take as a long-time (since 1989) volunteer at Caffe Lena, selling merchandise of the talent. Judy Collins was at the famous Woodstock, New York happening, and this weekend — the same one as the Judy Collins weekend at Caffe Lena — coincided with the Woodstock Anniversary Celebration, and they had the same wretched stormy, rainy weather that occurred at the original Woodstock. My friends, Hannelore and Ed

Christensen of Warminster, Pennsylvania, attended the original event. Ed wrote about their experience, and it was published. Another once-in-a-lifetime opportunity they had the good sense to take.

As I think over my 76 years of life, I learn I am a once-in-a-lifetime taker of spontaneous "Yes!" times that made up so many exciting experiences. Something to think about at whatever age you are. Be positive, look forward, grow yourself the happy life you deserve.

Barbara Garro, MA, *The Painter of Flowers Abstract Synchronism Artist and Author of "Grow Yourself a Life You'll Love"* — <http://www.BarbaraGarro.com>

How Do You Use the Universal Laws?

Saul Srour & Camille Albrecht,
San José, CA

The Seraph Julian often talked of The Seven Universal Principles or Laws, also called The Seven Hermetic Laws. While learning about the Chakras teaches us how we function, learning these seven principles teaches us how the universe functions. They are:

1. The Law of Mentalism
2. The Law of Correspondence
3. The Law of Vibration
4. The Law of Polarity
5. The Law of Rhythm
6. The Law of Cause & Effect
7. The Law of Gender

These laws are always in motion and can never be stopped. We use them all the time, although most people are unaware of them. Knowledge and use of the laws can help us consciously shape and mold our lives.

Let's help one another work with these principles in practical ways by sharing what's worked for us and what hasn't. For example, one can use the Law of Polarity to alter mood. If you find yourself agitated, upset, or impatient, consider singing a peaceful and calm song to yourself. After just a few moments, you will likely find yourself in a whole new mental space.

We'd love to hear how you work with these laws. Please take some time to write to the ROL at and share your stories with us at: ringoflight@julianteachings.com.

We look forward to hearing from you!

Do you want more information?

Visit <http://julianteachings.com/the-universal-laws/>

The Shade of Skin

by Regan Friend
Margate, Florida

... I close the shade of skin upon my eyes and see nothing but black.

I lack the knack of attack that takes my seeing, further, farther back.

... In the sunshine, I turn my rolled up, closed up, eyes, to the sky ...

And, I revel, in solid, stolid, pure, and sure white.

Subsumed, now, I deeply reflect,

thinking underneath the chess squares, we confect ...

We are at the Center of this Ring of Light.

Clear Being rounds us, All, Tall to the Insight ...

We, are, what can never be seen.

Nature As Healer

by Terry Brown
Portland, Michigan



Sitting here today, the mist sifts down through the air in waves of silver, undulating on the breath of the world. Time is subjective, fading into the distance as my focus softens and I listen to the sighs of mother nature. She is wearing a soft mantle today. I hear a whisper.

My busy morning is of no matter at this moment. I breathe in deeply and rest in this space that was made for me. Why is it we rarely take notice of the moments that would provide the peace we seek? That sense of just being in the moment calls to us. Opportunities surround us, yet often lie unheard and unutilized. I am sometimes a slow learner, but I am learning.

Nature holds space for us. Birdsong, waves crashing, sighing pines, insects sending their vibrations, wind rippling over the grass, sunlight glittering on the water, clouds moving overhead, patterns of light and shadow beneath a canopy of leaves, all are calls to our higher selves. They whisper, "I am. Listen. You are. Let me bring you joy, because you, too, are a part of this web of interbeing. We are. We are ONE."

Today, I listen and know the message is part of me offering healing for my tired soul. I reply and we join together in beautiful harmony. We are ONE.

Letting Go

by Renee Salvatori
Wheeling, WV

Fall — The tree lets go of its leaves.
Releasing its precious shade.
Liberating its jewels of the season.
Pulling inward to fortify its strengths.

Mother — Births the being from her womb.
Releasing entwined fingers of stability.
Liberating offspring to forge ahead.
Pulling inward the love she will always feel.

Father — Night dreams birthed into the universe.
Releasing stamina and enthusiasm.
Liberating expectations to reality
Pulling inward in reflective wisdom.

Eagle — Taking off in majestic flight.
Releasing its furled wings to great range.
Liberating itself to all the altitudes.
Pulling inward to enjoy its freedom.

We all eagerly dream.
Desperately hold on.
Reluctantly release.
Eventually, resolve into liberation.
And pull inward in reflection.

The tree — birthing, enjoying, releasing, and fortifying for its next season.
The tree understands seasons' dynamics.
The fall gives us a moment to understand the letting go in our own season of living.

A Season of Runes

by David and Shesta Ross

San Jose, CA

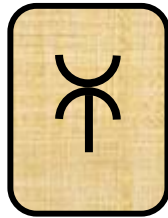
Situation Developing

Clarifying Rune

Situation Developing

Course of Action

Situation Now



FOUM

Solidity — Strength
— Foundation



TAZH (Reversed)

Elemental Forces
in Action — Fire



FEH

Man — His Race



BEL

Conception &
Ideas

Garnering Meaning from the Universal Runes

There is a wide range of interpretation of the Universal Rune symbols with slightly different meanings possible, depending on the person reading them and the time they are read. Julian advises that we remember that the words and phrases he gave us are keywords and key phrases designed to encourage what Julian calls “cluster thought.” In his later work, Jung described “cluster thinking” as a way to penetrate the meaning of dreams or psychic facts and images by identifying a central theme connected to a cluster of related images.* For instance, with the FOUM glyph, it might call on “solidity,” “solid form,” “physical reality,” “reality,” “material matter,” “lower vibration,” or a “stepping down” or “lowering vibration” following one train of thought. Cluster thinking for FOUM might alternatively clarify “density” or “solidity,” each of which expands into many other words.

You can’t have specifics when you’re dealing with energy, because the energies themselves are moving through time. With a cluster understanding of the energies, the keywords of any of the Universal Runes, and time spent familiarizing yourself with them, you begin to see the flow of the runes. It will sharpen, and continue to sharpen, your intuitive faculty. The only thing you *cannot* do is personalize the Universal Runes. They are first and foremost universal.

Placement of a glyph also affects its meaning. The reading from our last issue (June 2019) BEL was placed in the middle (Course or Action) to delineate BEL as an influence that can help the situation move into its new space or its culmination. In contrast, this Fall’s reading places BEL first (the Situation Now — on the far right) to represent the situation as it stands.

From a universal perspective, what are the energies of fall 2019?



BEL describes the situation developing. Movement is occurring as ether touches the elements, bringing it life. New beginnings and new concepts are born as ether and space merge to create all things. There is a balance that creates a smooth flow within the universe, permitting it to be directed to the material plane. As above, so below.



FEH describes the course of action we should take this season. The glyph itself is half of the Divine Circle, symbolizing man seeking the divine guidance to make himself whole. FEH is the Divine Force in action. Spirit and wisdom are a work, and the issue is in its proper time and guidance.



TAZH reversed represents an outcome of inaction and spiritual lock. There is a need to re-evaluate inner attitudes, as forces of spirit are absent to veiled because of improper timing or attunement. This outcome was puzzling to us, so we drew another Rune asking for clarification of TAZH as the outcome.



It is not uncommon to draw an additional rune, in this case a 4th rune, which supports or clarifies the reading. Julian did so in the Universal Runes workshop. In this reading, FOUM gives us a clue as to how we can mitigate the effects of TAZH reversed. The two crescents describe man’s receptivity to both the earth and the ether forming a balance of strength, solidity, and foundation—a fertile flow of energy for the movement of BEL and FEH.

* This is from The Archive for Research in Archetypal Symbolism. <https://aras.org/concordance/content/cluster-thinking>

So, it is our belief that this fall season will bring success to our endeavors if we call upon the receptivity and strength of FOUM to overcome the spiritual locks and inaction that may come up from the effects of TAZH. This will allow the Divine Forces to direct the rhythm of the flow and realign our creations born from BEL.

This article is a standard feature in the Ring of Light. David and Shesta Ross plan to present a Universal Rune reading for each upcoming season, and in the process will discuss the Universal Runes that Julian presented in 1984 and in later, unpublished materials. Feedback is appreciated.

The Universal Runes were first presented by Julian in a workshop in 1984, which Julian explained was the first year the impersonal energies of the Piscean Age had fully

fallen away. These Universal Runes bridge the Piscean and Aquarian ages, combining the square and straight line energies of the Piscean Age with the circle and curved line energies of the New Age.

The Universal Runes represent and embody universal energies, which by the Universal Law of Correspondence are also energies within each of us. Thus, to explore the Universal Runes is to explore something of the universe of possibilities that exist within each of us as individuals, and the power that comes from connecting these to the Universe. They are expansive and somewhat mind-blowing. These runes each have individual as well as universal meanings, and indeed the two are inextricably linked. The Universe is, we are, and we are one. By communicating with the Universal Runes, we can help shape and mold the future.

BEL (EL): Conception, Ideas, Beginnings



Universally: The Universal Rune BEL represents the inner movements in all things. It represents the energy merger that permits new beginnings and new concepts to be born. The ether and space merge with the elements to create all things.

Individually: It represents beginnings of a physical nature. It can denote a physical birth or the birth of a new idea in life.

There is no reversal for this Rune, as it is a Rune key to change and always represents fresh starts and merger.

TAZH (AZ): Elemental Forces in Action, Fire



Universally: This is the Universal Rune of Spirit. It also represents the cosmic fires of creativity and the physical flame and electric forces of the universe.

Individually: To the individual, it represents the inner fire of the spirit, the creative being within and the ability to communicate.

Reversed: Inaction. Spiritual lock. This rune in reversed position indicates a need to re-evaluate the inner attitudes. It indicates forces of spirit in absence or veiled — either not tuned to or in improper time period.

FEH (AI): Man — His Race



Universally: FEH is the divine force in action. Spirit and wisdom are at work and the issue is in its proper time and guidance.

Individually: It is divine power working from within. Divine guidance through intuition.

Reversed: Intuition blockages. A reversed FEH indicates a lack of recognition of the divine presence. Clearer insight is needed to remove the blockages involved.

FOUM (Oum): Solidity, Strength, Foundation



Universally: FOUM represents the underlying strength and structure of the universe. The divine forces that direct the rhythm of the flow of all things. It indicates secure energy and solid foundation.

Individually: It denotes direction and purpose within. Used well, it can create tremendous ability to bring successful conclusion to that which is already planned.

Reversed: Improper plan. A reversed placement of FOUM denotes an improper base or faulty vision in direction and the energies in operation are not in rhythm with each other. Action may be needed in order to redirect a plan.

For all the Universal Runes source materials:
Authors are Rev. June K. Burke & the Seraph Julian.
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The Void

by Renee Salvatori
Wheeling, WV

The misty space of deep, expanse nothingness.
The space of what was and what is yet to be.
The area between the branch and the ground where the leaf floats aimlessly.
The inward time between dusk and dawn when the dark sky lies dormant.
The moment of numbness that sits between pain and health.
The fresh stillness upon waking from slumber and the day's activities.
The starkness between the tearing down and the rebuilding.
The inmost depth of the cocoon from caterpillar to butterfly.

The void we experience as humans can vary in length and intensity.
It can feel dark, uncertain, and even lonely.
It can be scary because we may never have felt such blankness before.
Unable to pick a direction to travel in.
Being unresponsive to anything other than regimented daily life.
Feeling mute emotionally, physically and spiritually.
The silent time of mental and emotional inactivity.
Expansive barrenness of wiping the inner slate clean.

Comfortably numb.
Sitting in neutral.
Floating freely.
A vacant stare.
Nothingness
Hollow
Silent
Mute

This nothingness space to explore.
The misty, fresh void of change.

Saul's Corner

DRUID AND ESSENE CULTURES (Workshop #230, June 1984)

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Authors: Rev. June K. Burke and the Seraph Julian

Much has been brought forth from the time of the Druids and the Essenes into the present and is re-instigating itself in this period of energy in your world. There is a great deal of old energy brought into new focus in this particular time and Age.

The Essenes

Most people understand the Essene culture as one that started at the time of the Master Teacher Jesus. In reality, the focus of the Essenes was before his time and brought forward, once again, to a new point.

In order to work with the Essene belief, one showed the same respect and understanding of belonging to the natural forces of the universe as did your American Indian in this time. A great deal of the American Indian's teachings was carried forward from the Essene. There was a respect on a level that was still very much in touch with angelic forces. There was recognition that there was nothing in this universe that is not under the leadership and guidance of an unseen spiritual being.

So, anything that occurs in your world has behind it an energy of great force and great understanding to assist it in its work. Thus, the Essene believed in respecting the energy-giver Sun, the nurturing force of the Earth, and, of course, the Water, Fire, Air and Earth elements. This is similar to many of the teachings of today. The elements from which you come are given the respect due them, and in so doing, you are respecting those same elements in yourself. There is in you, therefore, an awakening of that particular element to its highest point, so that you may understand and use it at this particular point in time.

As we have said, nothing is re-instigated as it was before. It is only the energy of it re-instigated in the point of time and vibration within which it is supposed to be functioning now. One does not become wise by becoming a mimic of a past culture, by donning its clothes, or spouting its words, but by coming to grips with the points of that teaching within one's self. Today, you are re-instigating the elemental comprehension of yourself in its highest focus as did the Essenes.

Several things were very important for the Essene. One was cleanliness. Their association to the water element came through the washing of self, of food and of the appreciation of the rhythm and focus of the water with

other elements. There would be purifying ceremonies in which there was the washing of the self and the food, and the ritualistic attunement to water.

The fire element was recognized through the Sun and through its heat as an energy force, not necessarily as a tanning agent, but as a force. There was the representation of the Earth as the Mother image, very much as the American Indian called the Earth "Mother Earth", because it was the nurturer, that which gave them what they needed to survive in conjunction with the energy of the Sun. So, they constantly showed recognition of and appreciation for those forces; they did not isolate themselves from them.

They recognized the importance of simplicity. If you were dealing with the elements and an understanding of them, you did not need a great deal of ritual. In other words, you did not have to create a space in which to be at onement with them, because you were already in that space through your own elemental ties to that which they were teaching. Many of their ritualistic ceremonies (as you would call them) were held in the open air. Although they did have what you would think of as temples, they were never put above nature. They were both seen as God's temples, God's places for all else to come into being.

There was a great deal of love in the Essenes and also a great deal of discipline. Their self-discipline was very rigid. They did not believe that you treated a relationship lightly, no matter what relationship it was. They did not believe that you would take lightly the thought of your oneness with the Father. They used statements and affirmations quite frequently and quite freely to create in themselves and in each other a receptivity to the lessons, or teachings, of that particular time.

In the living condition, the Essene was not a community until after the time of the Master Teacher Jesus. Prior to that, it was individuals of a like understanding and comprehension. They came together periodically to express and nurture those beliefs. When it became very obvious that they needed more and more to have the understanding as an oasis, they began to create the community living.

You are seeing this happen again and again in your world. For a period of time, you had communes in your world in which people of like interest came together to

(continued)

nurture those particular interests. Although there might not have been the same complete understanding of that ritualistic coming together, you were close to what was happening then. There was a new energy that could not hold onto the old and did not quite know where to go with the new; but they knew inside that something had to happen.

Recognize also that the Essene believed in simple eating patterns. They did not eat meat; they ate vegetables, fruits and nuts, some tree-barks and leaves as well, because of their medicinal purposes. They lived in that simple factor. The male (I hate to have to say this, ladies) ran the works, but the female was the power behind the male. The male took the position of the temple and the leadership factors, but they totally accepted and understood the love and nurturing of the female. In other words, there was not war between the sexes. Each accepted their own important role in perfect balance and harmony. The active force of the male at that time expressed itself by taking the leadership position, and the female accepted the receptive, nurturing aspect of self by being the energy that supported that activity.

The females lived in one place and the males in another when they came to a community, because their disciplines were very rigid. There was no expression of spiritual love interpreted as physical love. In your world today that sometimes gets confusing. With the elevation of consciousness, the sensuality factors that are created are interpreted as a physical act when, in reality, they are a spiritual growth. Sometimes, in struggling with the concept in this world, you get into “hot water” (as you call it), because you think that spirit is demanding a physical act. The spirit only demands a spiritual act. The Essenes used very rigid disciplines to keep those things from getting out of hand.

This did not mean that a family unit could not exist. They did. Once a marriage was consummated, or the proper respect and ritual was shown, then that family unit could live together; but all unmarried people lived in separate quarters. It was simply because they had dedicated themselves to the total elevation of all that was within, and, according to their thinking, the total elevation called for abstinence.

Sometimes, when there was a strong feeling between a male and female, they would marry in order to be able to be together and would have to carry on the disciplines in that respect. Each culture each Age, each time re-instigates these energies in a new place and brings to that new place a different comprehension of the same energies.

The keyword was respect. To form respect, they used discipline of the mind, which in turn disciplined the

body. There is not one of you with mental discipline who cannot discipline anything you want into or out of the body. It was not something that happened overnight; it was something that took time, belief, and practice. The keyword there was practice. They did not do it occasionally; they did it always. They lived the principles.

They were not particularly well received. Although one would think that people with these ideals surely would be, it was not so. What happens when someone has a belief that is not according to the culture? They are thought of as strange, as odd, separate, something to keep an eye on, because there might be something radically wrong with them. The beautiful Essene went through that same thing.

They went through a separation from the culture by their belief. By their passive energy, their willingness not to make war, not to be involved in the politics of the time, but to be willing to listen to truth, try to live it and elevate it in their lives, they were considered outcasts.

Once the Master Teacher Jesus had arrived and began to teach, more and more began to understand and come to those teachings; but they were not open to anyone who wanted to walk in and give it a try. You had to prove yourself first — by your actions, your belief, your willingness to discipline, your willingness to learn.

One of the factors of the Essene was service. What you did for someone else counted more than what you did for yourself. You actually gave service to others, and you gave to your enemy as well as your friend. In other words, even to those who ridiculed them, they would give service as proof of their belief in man's brotherhood. You can see why these energies are instigating in your world.

This is the Age, again, of brotherhood, the Age in which you come into total and complete acceptance of each other through the spirit. And so, they had to understand — those who wanted to be a part of this — that it was not just what you call a “fad” or a “passing fancy”, but a very definite way of life that was lived constantly.

Their ritual of daytime living started very, very early. It started with daybreak. At daybreak you were up, bathed and ready to take on whatever your obligation was for that particular day. You took on the energy that said, you are now responsible for this task.

The children were taught at a very young age to listen and believe in the things that were to be the shaping, molding factors of themselves as they grew. It was not a case of, when you reached a certain age, you began to learn. You lived in the principle of the teachings; you absorbed them; and you gave them to the children at their level of ability to comprehend along the way.

(continued)

There was no separation in time as to when you started to learn. The child who cried, the infant who cried, might not be picked up; but instead would have loving energy poured to it without touch. The objective was to let the child feel safe, feel secure through mental patterns without a physical involvement.

After a given period of time, as the child began to be soothed by that energy, it would be picked up and nurtured in a physical fashion. This might seem cruel, but, in reality, this child knew with absolute certainty that, whether the physical touch was there or not, there was safety and love surrounding it.

They would also teach children by taking them to the natural places along the waterways, or to the hills where they would put them among the flowers so that the colors and patterns would register within their being without their ever knowing the word flower. They would teach them to mingle with the animals. To the young animal, they would take the young person; so that both the animal and the human child were learning to share an energy and love, and to experience that exchange without fear. They were building, and they started very young.

There was very much the acceptance through affirmation in which there would be a statement made by the teacher, by the elder, as they would be called, and then there would be a response from the students. This is not very different from any school; it is not very different from any religious belief. It was by the simplicity of their

statements and the simplicity of the method of their acceptance of those statements that the beauty was seen. An elder might say, "The Heavenly Father, the Great Creator, is in us now." And the group would say, "The Creator is indwelling now." They came to truly believe it, and the moment there is a true belief and a true acceptance — not just a mentalizing, not just a voicing, but a true belief and acceptance of it — everything changes in the life.

Many of you have found that, by the sudden realization of the truth of something in yourself, all doors begin to open and many things begin to happen. Things that seemed to be totally insurmountable before are dealt with.

In the belief is the strength and the power. The belief becomes a discipline to that strength and power, and they become tools which become magnets of attraction for that which you wish to manifest in your life. If you truly believe, it is brought to you; it is not separated from you.

The discipline factor separated those who talked it from those who walked it. By the discipline of practice, a pianist becomes great. By the discipline of practice, the Essene became a transformer; he became the ability to transform life. When that realization was reached, the full healing power was released, because they believed it could be so.

(to be continued in the December 2019 ROL)





Sam & Temier Offerings

Healing Gatherings

The Healing Gatherings are given on Sundays every other week. The Healing Gatherings are free and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at

<http://www.temier.com/HealingGatherings.html>

New Books by Sam & Temier

Temier and Sam have recently published a number of small pocket books. These books are the result of classes given by Temier and Sam.

These booklets will eventually become an extensive series of small books. All the books are directed toward metaphysical topics in a new, creative way that is consistent with the awareness of serious students. The books sets include:

- A Master Class on the Unavoidable Influences
- A Master Class on Humanity
- A Master Class on the Cosmos
- Transforming Life's Obstacles
- Transforming Polarities
- A Guide to Life

Find out more about these books at

www.temier.com/Books.html.

Transition Energy with Andrea Smith

In the early 1980s, a small group of people asked Julian about ongoing classes. Julian's response was that what these individuals were after was a Universal energy called "Transition Energy" (TE). In 1982, Julian began delivering TE classes, which continued until the death

of June Burke.

Certified by Julian as a teacher of TE in its entirety, Andrea Smith — who holds a doctorate in education and over 40 years of experience as a teacher — launched a new Transition Energy group ("Section Two") in January 2019. **You can still join this group if you contact Andrea soon. She will provide private tutoring until you catch up with the class.**

The new section meets the second Saturday of each month at 11 AM Pacific Time. Students may participate remotely using Zoom software (free) or in-person in Andrea's Portland, Oregon temple. Andrea is the only Certified TE teacher currently offering this course of study and the first to offer in a remote format.



TE is a mystical study that allows personal realizations to occur through the understanding of the unseen reality of the universe. To accomplish this, Julian gave a large number of meditations (a total of 41 levels) where each meditation is built upon the last one, effectively raising the frequency of the energies with each meditation within each class.

With a growing understanding of these universal energies, so too will students of TE experience a growing understanding of their *reality selves*, of their core being, and their unique potential and path in life.

Because these guided meditations build upon each other, commitment to attending each class (or a make-up) is important to Transition Energy study. The monthly fee, which includes an electronic audio of the class, is \$30, payable through PayPal.

See Andrea's website for additional information and to register for her classes:

www.andreamithtransitions.com

See you at The 21st Gathering of Light “Web of Light!”

Friday, September 27, 2019 — Sunday, September 29, 2019
Agate Beach Best Western Plus Inn, Newport, OR



The 21st Gathering of Light is being held in stunning Newport, Oregon. We are staying at Newport's Best Western, which overlooks the gorgeous expanse of Agate Beach, with a view to the Yaquina Head lighthouse, and the rolling surf.

Our presenters include Saul Srour, Sam Holland, Linda Scheer, Larry Scheer, and Anne Claire Venemans. Go to the [Julian Teachings site](#) to see the schedule and find out the details of what they will present.

We promise to give you a full report on how it went in our next issue.

If you have any questions, please contact Andrea Smith, drandreasmith77@gmail.com, 503-720-5269

About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers and editors who contribute their words and ideas to this publication.

Our Next Issue

Theme: The PushMePullYou of Transformation

Submission Deadline: 12/5/2019

Send electronic submissions to:

ringoflight@julianteachings.com

Contact Us

To report a **change of address**, please contact

Saul Srour at: s77aul@yahoo.com

To receive an **electronic version** of the ROL, please contact us at: ringoflight@julianteachings.com

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We thank each and everyone of you for your financial support. It allows us to deliver the Ring of Light to our subscribers around the world.

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