

A Newsletter for the Members of the Julian Community

The Ring of Light will have four issues Spring, Summer, Fall, and Winter in 2006.

Notes from the Editors:

What do ... a box of chocolates, planets in Sagittarius, The Bud, Leo, the Tennis Pro, and The Song of the Nile have in common?

.... a delightful eclectic newsletter filled with poems and narratives on Pearls of Wisdom!

Enjoy

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Volume XIV Number 3 September 2006

"Julian's Pearls"

Just as a seed contains within it all it needs to become what is meant to be, so do you. Let yourself blossom.

Spiritual growth is not grandiose action; it is the simple application of love throughout life.

You are a bottomless well of spirit that cannot be depleted. Drink fully and share freely, for it is yours to use.

It is common sense to understand that if you always do what you've always done, you're going to get what you've always gotten.

Treat each day as the most important day. And you will find that if you do it on every level of your being, it will be a very happy experience.



Feature Column by Eleanor Johnson ~ La Grangeville, NY

October finds Mercury retrograde from October 28th to November 18th. This is the third and last Mercury retrograde of the year. Take the usual precautions and place your attention to the Mercury ruled things: communications, travel, computers...

The end of November finds Jupiter's reign ended in Scorpio as it enters Sagittarius November 24th, 2006 through December 20th, 2007. Jupiter is in its own sign and it will want to express itself with no boundaries. It can bestow its blessings quite freely. In the birth chart, Jupiter shows us how we strive to reach upwards and outwards. It always sees the glass half full, never empty. Jupiter also shows us how we revitalize ourselves when we are feeling low. It shows us how we can reconnect in our world and our place in it. Jupiter has a flair for the majestic overview. It can exaggerate or it can magnify any situation. Be sure to keep things in perspective. Keep things in balance.

Jupiter rules philosophy, higher education, and religion. Jupiter also rules travel - usually long distance travel. If the energy is not expressed as physical travel then it can be through journeys of the mind. Share your knowledge with others in this sign.



It is most important to use the common sense of Saturn to keep the balance. This should be attained with ease, as Saturn is in the sign of Leo, another fire sign. If we work to cooperate positively with both energies, Jupiter in Sagittarius can reward us with self confidence, abundance of spirit, and joyful participation to bring our greatest assets to experience life to the fullest.

December ends the year with a predominance of planets in Sagittarius which is a mutable, fire sign. We can expect a lot of action as fires like to spread out and expand.

Since Mercury, Mars, Jupiter, and Pluto are all in this sign, the end of the year will provide us with perception and intuition.

One of the qualities or liabilities of Sagittariusis is procrastination. This sign likes to put off until tomorrow that which could be accomplished today.

Sagittarius' sign is symbolized by the arrow that flies swiftly to its goal. You have the power to make your goals express. Aim your arrows high as you enter 2007. by Blanche Duffy ~ Saugerties, NY

"The Bud", as I call him, aka Buddy, came to live with me in February 2003. He is part black Lab, part who knows, and when he arrived in Saugerties he was so thin you could nearly see right through him. Buddy was found on the streets of Harlem and had been on his own for about a month.

Before he arrived I had a very strong feeling I should call him "Buddy". He was placed in a foster home and that's where we met.

Well, it was love at first sight for both of us and he waited patiently at the foster home while I ran to purchase a bed, food, collar and leash, and other things necessary for entertaining such a guest. He began life in his new and forever home that night.

Shortly after he arrived I obtained a reading for him from Adele Lydecker, an animal communicator, who had proven to be very accurate with previous best friends. She told me that he had been shifted from one place to another and the last home he had been in was with a mother and daughter. It was OK, he was not really abused, but, when the door was left open he walked out and never looked back.

He spent about a month wandering the area and found raiding trash cans from restaurants the best food source around but often elusive because he was not usually the first on line! He told Adele his name had been "Buddy"!

Since he has been making his home with me he has taught me many lessons, pearls of wisdom that I would like to share with you. For instance, no need to fight or run until you see if there is something to fight with or run from... Buddy spends a good part of his day taking it easy. If there is a loud noise or sudden, unexpected movement he picks up his head, looks around, and if there is no eminent danger he goes back to sleep. *Why get bent out of shape over* something until you know more about it and how it affects you?

He firmly believes that upon encountering a stranger one should not start a fight until it's clear if the stranger is friend or foe. People strangers are often the source of doggie goodies, and animal strangers often become great playmates. And if there is really a danger from that stranger sometimes it is better to hightail it out of there rather than risk an all out fight for no good reason! Buddy espouses the 1960's motto *"Make love not war"*.

Buddy has also shown me that giving deference to those in charge can change a stressful situation into a tolerable one. When we visit his veterinarian he practices what he preaches. At 86 pounds he could easily cause a ruckus in the examining room. However, he has learned that to give the Vet a big, wet lick over his face will get the job done faster and much gentler handling with things like blood tests and needles. And showing teeth will only result in uncomfortable muzzles so best to quietly endure and it's over faster. Perfect example of living the Serenity Prayer: *GOD*, *grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and the Wisdom to know the difference.* ...

"The Bud" also knows exactly how to communicate his wants – not always just needs – when he feels I'm not paying sufficient attention. Buddy will come over and give me a big kiss, usually many kisses, when he wants something. At this stage it's "you figure out what I want". But if that fails he will begin pacing about and stopping to pause in front of what he wants. If I tell him "Not now" he will lie down for an appropriate interval and then renew his request. Subtlety in communication is his forte! How many times did Julian tell us "You must make your needs (and wants) known..."

One of Buddy's greatest Pearls of Wisdom is: *Show those you love how much you love them at every opportunity and never forget to say thanks!!!* The Bud will snuggle up and through his body language he will say "I love you!" over and over again. Sometimes it's a big kiss, sometimes it's just in the closeness and peace

Song of the Nile by Karen Ehrenfeldt ~ San Jose, CA

Ring of Light

We were deep inside the Great Pyramid, within the King's Chamber, in the blackest silence you can imagine. Together we chanted, our oms having opened up personal doorways into the silence for our meditations. Each of us would travel on our individual journeys of thought, and the experience would remain personal. Eventually light returned, carrying explorers out toward other chambers below.



A small number of women remained, surrounding the rectangular granite sarcophagus, each taking turns inside while the others sang over her. Each time as one lay inside the granite well, awash with inspired tones, the sarcophagus would fill with light to overflowing, beckoning each woman to rise, to reenter the world with the sound of her own presence. (Yeah, what can I say, it's a girl thing, the guys meanwhile are down in the lowest chamber, fondly called *The Pit*, musing about its purpose, origin and structure.) In the end it was hard to leave the King's Chamber, so vital the harmonic felt. But then, the Queen's chamber was calling.

A Symbolist (type of Egyptologist) theory holds that the pyramids and temples of Egypt were constructed to maximize the resonance of sound. Having The Great Pyramid solely to our group for a few hours, we sought to maximize this opportunity, just as we had in Luxor, Karnac, Philae, Dendara, Abydos, Kom Ombo and many other places along the Nile River Valley.

Some journeys for the mystic are plied with intense calls to delve deep, to cultivate all that can be reached, in deliberate striving for connection. And then there are the journeys where the message from the place itself is an enthusiastic, "Welcome back, we're so happy you've returned! Enjoy yourself, don't worry about having to do any *special thing*. You know these places! Travel light, easy, and enjoy just being here!"

I was both surprised and relieved to hear this in Egypt. Truth be told, I just wanted to go on vacation, not have to work at anything. Perhaps this is the reason for the message, so that my needs would be met.

Egypt holds potency for any metaphysician, and I imagine most of us are in awe the first time we set foot in the birthplace of Hermetic practice. I thought I had much to do there in a short window of time. I was right, but at least could freely go with the flow, instead of pushing the river to make the most of these few weeks.

This February my husband Ed & I traveled with John Anthony West's Magical Tour of Egypt. Even though Ed isn't into all this 4th dimensional woo stuff, he is interested in history and in learning alternate perspectives from intelligent and highly educated sources, so John's tour held appeal for him too. Normally we don't take tours, but we didn't want the stress and bother of negotiating logistics in Egypt, so we gave it a go. John Anthony West is an Egyptologist, of the Symbolist perspective. Being outside of academia, John isn't caught up in the politics of history and institutions, and is motivated by a desire for uncovering truth. It was a leap of faith booking the trip, I knew of no one who had been on a trip of his, and had no idea what to expect, but it felt right, and the readings I'd done about going were over-the-top positive.

On this tour of Egypt, 18 people gathered from around the world to explore the spiritual significance the Egyptian sites might hold for them. In a wellorchestrated tour, we had private access to shrines and sanctuaries within temples throughout Egypt. Our guide took great care of us, fine-tuning the itinerary as needed to provide for the best experience of sites we could have. Going with this tour was the perfect solution for us on our first journey to Egypt. Each day, though the pace was ambitious and the territory vast, they endeavored to create the best possible circumstances for a true spiritual experience, without having a spiritual agenda to promote. John maintained an excellent balance in this approach.

Song of the Nile continued from page 5

Ring of Light

Prior to the trip, John interviewed all of us to see whose expertise he could draw upon to add to the group experience. We were fortunate that Susan Hale, a music therapist who John welcomed to lead us in toning and improvisational singing, was along. For both she and I,

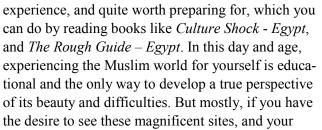
our being on this tour together was a real treat. We love to sing, to connect through resonance to a space. It's immediate, fruitful, and frequently an amazing experience. Individually and collectively, we discretely sang and toned in just about every sacred site along the Nile River Valley.

Also on our tour were engineers and mathematicians, notably Christopher Dunn who has written on Egypt and theorized about the design of the pyramids in production of energy. With tools he'd brought, he demonstrated the perfection of the carving and shaping in stone done by

the ancient craftsmen, which raised questions. He also placed the accomplishments of the ancients in the context of modern tools and processes, helping us understand what was really needed to do what they did. More than anything, he focused our attention toward the reality that it is a true mystery how the sites could even exist in such perfection, given the crude tools of the day they had to work with. As an engineer, he fills that void of knowledge through his field of expertise and believes the ancients had advanced tools of which we are not aware.

Ultimately everyone comes to the sites perceiving them through their filters of belief and experience. As for the Bronze Age mystery, I am in awe of the ancients, for my filter is that of the metaphysician. I believe that with the power of the mind in combination with the Bronze Age tools of the day, they could forge imagery that we would use a laser for today! It makes me feel as though we've been stumbling around in the dark ever since. Therefore, if you have the slightest curiosity or interest in the ancient Egyptian sites, I recommend you go, especially if you are a metaphysician, for the experience of the sites in person is beyond your imagination.

Yes, the present Egyptian culture is challenging to



path wants to go there, it's also an opportunity to be a presence of peace and good will in these troubling times filled with misconceptions on both sides. Mostly, knowing you are equipped with the tools you need as you travel your spiritual path will allow you to be of service where ever you go and reap the joys along the way.

As anyone who has traveled to sacred sites knows, there are often distractions, security guards, and tourists that come with the territory. Egypt has these in abundance, even with tourism down 40%.

In addition, Egypt has travel restrictions for good reason. In several sites we were limited to just a few hours visit – the time to be shared between personal experience, hearing John's historical talks, and going to areas of significance from his perspective. I can't emphasize enough how grand and exquisite these sites are, overwhelming at first glance of what to take in and where to go. Needless to say, John's guidance was greatly appreciated by all.

Being well trained with Julian's teachings and more, a rich and beautiful pattern of experiencing sites formed for me. I found that allowing myself to be intuitively drawn to a specific place within these grand and complex sites was the best approach. As I walked along absorbing and observing, I'd be delivered to a place of archetypal and energetic significance for me. In these places I found that attunement was immediate with the use of toning. The process Susan taught is simple: recognize where you've arrived, take in three breaths to center into the space, exhale a tone, and you are one, then follow that subtle energetic pull with sound. Simple, immediate, focused. Listen. The silence after toning expands and informs you with a spiritual significance meant solely for you.

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Ring of Light

Nut (pronounced Noot) was always my favorite Egyptian goddess, her depictions of a star-filled body birthing the Sun, Moon,

and all existence is an expression of essential creation beyond form or archetype. She is often placed to appear on the inside lids of the sarcophagi, and upon ceilings of tombs and temples. Throughout my travels in Egypt, none of the papyri depictions of her were what I saw in my



mind, yet I had no example to point toward. I wanted a remembrance of her that had meaning to me, but wondered if it was just the artist in me coming up with a different form than the usual.

Arriving at Dendara, I drifted apart from the group once we were inside the temple. Further and further, deeper within, picking up the pace, winding through a maze of small rooms and hallways, I arrived at an inner chapel of Hathor. There, in the heart of the temple at Dendera, I found Nut in the image I sought! Adorning the ceiling of a chapel used to honor the cycle of the seasons, Nut radiated light from her womb, giving birth to Hathor, the goddess of nurturing and abundance. I had the space to myself, to photograph, tone, sing, and meditate. There I was filled with joy, radiance, and the sweetest love. I couldn't have asked for a better birthday present! I found my resonance with all of Egypt growing.

Just as the Osiris and Isis myth in which the cycle of birth, death and rebirth is told, everyone on our tour went through remarkable experiences that will last a lifetime. Some traveled light, some worked hard to wrap their minds around the true historical mysteries, and some worked relentlessly to cultivate as much out of each site they encountered because they really wanted healing in their lives. I've traveled to a lot of sacred sites, and I was amazed each and every day by a jaw dropping experience of wonder, and a deeply felt inner experience of transformation. I left Egypt with a better understanding of the Muslim world, with inspiration for my work, with symbolic significance to work with, and with newly found friends. I'm glad for this journey, and I hope to return to Egypt again!

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Pearls of Wisdom

by Ann Hardin Straus ~ Bolder, CO

Every time that Julian spoke through June Burke, pearls of wisdom came tumbling out.

Those of us who were fortunate enough to know June and Julian while June was on the earth plane are now regretting not treasuring every single pearl.

We took all of the Love, Light and Wisdom for granted. We assumed that June would live forever! Sometimes we scattered pearls around like pebbles thinking that we would heed them tomorrow. Now tomorrow has come! Fortunately most of what Julian taught has been put on tape.

Now we can go back and refresh our Spirits and remember that we are Beings of Light and we need to use that Light to transform the world.



© Ann Hardin Straus 2006

Ring of Light

Pearls of Wisdom From The Bud... continued from page 3

of the moment, sometimes it's in the car while he's sitting on the back seat and rests his head on my shoulder. And there are times when his look says it all! Thank You is another big, slurpy kiss like after I towel him off when he's been out in the rain!

Probably the greatest Pearls of Wisdom to learn from 'The Bud" (or any animal) are twofold: Love unconditionally and harbor NO judgment! To Buddy it makes no difference if I've been busy and ignored him for hours, it makes no difference if I'm dressed in sloppy knock-abouts or designer exclusives. He could not care less if I turned into a wrinkled prune face, and my white hair doesn't phase him in the least! When I've been gone for a few hours he greets me with the enthusiasm and gusto that would be reserved for visiting royalty by humans. There is no pretense in his responses. His feelings are pure and genuine and openly expressed for all the world to see. He would do anything for me with no expectations of what he will get in return. How closely he follows the teachings of two master teachers! How many times did we hear Julian say: Love everyone *unconditionally!* And Jesus often made the point: Judge not that ye be not judged!

It's amazing how easy it is to take our animal companions for granted and not really pay attention to what they are telling us. But if we pay attention and take the time to interpret what they are saying in their own ways, they can be some of the most profound teachers we will ever encounter. Not a day goes by when I do not thank the Universe for sending "The Bud" to be my friend and teacher! And the last of Buddy's Pearls of Wisdom for today is another very important lesson he has taught not only me but others as well is: *Shelters are some of the best places to find friends and teachers!*



© Blanche Duffy 2006

YOUR AGE WITH CHOCOLATES

by Anne Claire Vennemans ~ Utrecht, Netherlands

DO NOT GO STRAIGHT TO THE END ... It will only take a minute Do the math as you read the instructions Don't read the end until you have done all the calculations I promise it is not a waste of time, you will find this amusing.

1. How many times a week do you fancy eating chocolate? (choose between 1 and 9)

2. Multiply that number by 2



3. Add 5

4. Multiply by 50 - go on, get that calculator out!

5. If you have had your birthday in 2006, add 1756. If your birthday is still to come, add 1755.

Now take away the year you were born.

You should have a three digit number. The first is the number of time you fancy eating chocolate in a week.

The other two digits are ... YOUR AGE!!!

2006 IS THE ONLY YEAR IN ALL ETERNITY WHEN THIS WORKS.

© Anne Claire Venemans 2006

Pearls of Wisdom

by John Svirsky ~ Garrison, NY

I am writing this while on holiday in the Bahamas overlooking the most beautiful green Caribbean Sea. We come back here for many reasons, one of which is the Tennis Pro, Leo, who Jeanne admires. He has the wonderful talent for giving her insight on how to improve her game.

Leo's philosophy is "Work less hard and get more! It is not how hard you swing but, where the ball hits the racket, as well as how you finish the stroke. Keep your focus on the ball at all times and you will do much better. Ninety-nine percent won't do, it must be one hundred per cent each time consistently."

Leo has been teaching tennis for 36 years at this same resort. Day in and day out, he practices. He gets better himself by helping others with their game. Wonderful lesson there: *"Help someone else and get better yourself in the process."*

Leo is not an ordinary tennis coach. He played and won the Davis Cup and has seen much in his 36 years of teaching. He's an inspiration to so many different people from all over the world and that is why I wanted to share my meeting him with you.

He and I would have wonderful chats when he was free from teaching a lesson. He would tell me about very wealthy people who have and continue to come back to him to teach.

Although he would not name names, he was clear about their wealth. "Oh, this family gives fifteen million a year in charity and that family has four huge estates over the world", he stated. He recounts how many have become his friends. He loves to point out to me that the money neither makes them happy, good nor bad.

Just because they have lots of money he doesn't hold that against them, not does he aspire to reach their level of financial wealth. He has found his own inner happiness through inner peace.

One thing hat he has observed and shared with me, "John these people have become Chairmen of large corporations, they retire and almost every single one of them tell me they wish they spent more time with their families and less time in the business world".

So being the smart alec I am, I said "Leo you were a world famous tennis player, you traveled everywhere, what did you do about your lovely wife and two children?" One of whom is competing to play in the Davis Cup, as I type.

Leo replied "When Erica and I married I made a commitment to her. From that time forward I did not travel unless we did it together. I always put my energy fully into whatever I do. When I got married I put my energy fully into that and raising my two children." This he has done for the past 26 years.

One night Leo was playing backgammon with some friends from the pro tour. The host heard them laughing and having a good time. The next morning the host told Leo how he has accomplished so much in his life, made so much money, but has not been with friends in a long time where they could just laugh and be themselves. Leo did not come from an affluent tennis family; he was the first son and third child of 10 in a family with an absentee father.

When he was ten walking home from school he passed by a tennis court. The player's ball went across the road. Young Leo picked it up and was about to throw it back over the fence to the other players, when one player told him to bring it to him. He did. The player then told Leo to fetch the balls during their game. After the match was completed the players gave him a six pence which was a fortune to a young boy of 10. By the age of twelve he was a ball boy helping to support his family.

Funny how our guides help us without our knowing it. Just because of his picking up that ball, the player telling him to bring it back to them rather than just throwing it over the fence, a soul was transformed. He went from being ball boy, to learning the game, to becoming one of the best players in the Bahamas.

Leo took what was in front of him and developed it to the fullest.

One of the messages I got from being with Leo is: "Take time to laugh and enjoy life. Most important take time to be still and hear your inner self."

Leo's son was having a particularly frustrating stretch. The son kept on losing tournaments after being ahead and then went on to lose. Leo's advice to his son was, "*Take two weeks and be by yourself. Go to the movies yourself, eat by yourself, and do as much as you can with out anyone* else around. Take time to know you and listen to the voices within that you hear."

It must have worked, the son is playing for the finals right now. But it's a good lesson for us all: *"Take time out of our 'busy lives' to be with ourselves. Take time to listen. Rather than hitting the ball hard, be in position, swing easy. The power of your body will carry the ball naturally."*

"By being relaxed we are far more powerful. And remember once you hit the ball, finish the stroke and move into position for the next shot. Don't hold onto what happened; let it go."

Just like Leo's guides did for him, each of our guides is constantly placing the next opportunity in front of us. We don't even have to know about the particulars. Just relax, don't think it, and allow our spirit guides to work miracles in our lives. For this I say thank you as I enter the game of life with another new vision learned from my friend Leo.



© John Svirsky 2006

Community Announcements

SELF AWARENESS DEVELOPMENT #1

Linda and Larry Scheer are starting a new Self Awareness Development Class in San Jose, California. Students new and unfamiliar with the Julian teachings are welcome as well as veteran Julian students.

1st Wednesday of the month 7:30 P M.

Please contact them if you are interested in attending so that they will have an idea of the class size.

e-mail: larry@tarot.xs.com phone: 408-295-9439

SELF AWARENESS DEVELOPMENT TEACHERS WANTED

Joy and Saul are interested in starting new classes in the above studies. If you have been involved in the Julian community, have studied the Julian materials in TE, Development, and Magus, and are interested in becoming a teacher contact Joy & Saul.

e-mail: sjsrour@verizon.net

phone: 973-389-0888

TE and MAGUS CLASSES

Sam Holland teaches many TE, TE Review, and Magus classes in Holland and the US. Sam is now beginning new classes in these areas. Contact him if you are interested in a Transition Energy class or would like more information

e-mail: samholland7@earthlink.net

phone: 408-892-9724

Sam also teaches a monthly metaphysical class on one Thursday evening a month at Bonnie Paradies' home in Saratoga, CA. Please contact him or Bonnie for the date and topic, if you are interested in attending.

e-mail: paradies@ixnetcom.com

Thursday,	October	12	7:30	How One Person Can Change the World
Tuesday,	December	19	7:30	What Is More Powerful, Peace or Love?
	January 7:30		7:30	Lemuria - Atlantis - Modern the Fundamental Differences.
				Check for dates with Sam.

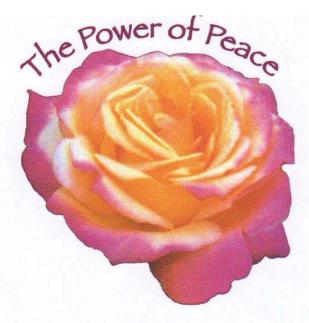
REMOVING BLOCKAGES

Are you interested in removing blockages? Sam Holland will be starting a 7 segment correspondence class. Individual attention will be given through e-mail or telephone. If you are interested, contact him at:

e-mail: samholland7@earthlink.net

phone: 408-892-9724

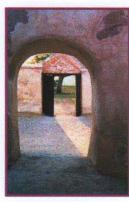




A Workshop

With Sam & Anne Claire April 15 - 20, 2007 Tubac Arizona, USA

I put into action the power of peace and send balance into the world.



The quietness of the desert coupled with

the beautiful creativity of the area makes this the perfect venue for working with the power of peace.

This workshop will be our first in an area where the quiet and powerful Lemurian

energy predominates. Lemuria is thousands of years older than the Atlantean energies we experienced in our other workshops.



Contact Anne Claire or Sam for

reservations & additional info. US (408) 892-9724

Netherlands 030-637-3337

samholland7@earthlink.net anneclaire7@planet.nl



Workshop Details We start with a group dinner on April 15th and end the morning of the 20th. Included are five days room, two group evening meals, four morning field workshops and

four afternoon discussions. We will be staying at the Tubac Golf Resort that is a short walk to the small desert artist community of Tubac. The hotel also has excellent restaurants.



www.tubacgolfresort.com Double occupancy with en-suite bath - \$650. each. Single with en-suite bath - \$230. additional.

Contact Us....

The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.

Address Changes Notify: Sam Holland AND Anne Clarie Vennemans

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Next Issue Theme: Power of Peace Deadline for Submissions: November 17, 2006

Dan & Nancy Walton - Ring of Light Editorial Team

Newsletter Submissions—How to !

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

Dan & Nancy Walton 306 Seaview Drive, Benicia, CA 94510

We invite all of the Julian Community who receive the Ring of Light Newsletter to support the newsletter in 2006.

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ROL via E-MAIL!

What a novel idea!

We are looking into having the ROL sent by e-mail for those who prefer an electronic version. If you are interested please contact us via our

address: wnwalton@mac.com



A Newsletter of the Julian Community

c/o Dan & Nancy Walton 306 Seaview Drive Benicia, CA 94510



To: