

# Ring of Light

A Newsletter for the Members of the Julian Community

Volume XIII Number 1 March 2006

## Julian Discusses;

### The First Ten Years of the New Millennium

#### 2006: The Year of Mergers

This is the year of “The Energy of Mergers” - any kind of mergers. It can be companies. It can be countries. It can be individuals. Now the merging energy of that year is to build a foundation. You might think of it as a merger of foundation. Mergers toward foundation mean, giving you something to stand on.

It also means mergers within your own energy where you permit two parts of yourself to work together. Where you take the creative side of yourself and you take the technical side of yourself, and you invent something wonderful.

There is a rebirth of religious belief. There is a new interaction with faith and therefore with trust. You might make a personal decision about religion according to your needs.

It's the time when you take your body on a spiritual trip. I would say one thing, masseuses should do wonderful in that year.

Everybody will want their energy moved. It is the time when the willingness to bring two things together that might not have been willing to work together, occurs.

The Ring of Light will have four issues *Spring*, *Summer*, *Fall*, and *Winter* in 2006.

In order to provide quality content that appeals to all the ROL readers, we have desired additional contributors. For example, Eleanor Johnson, who has been faithfully sending us her informative astrology columns on a regular basis for many years now.

We are pleased to announce that John Svirsky, Blanche Duffy, and Barry Burkan have promised their literary support in sending material on a regular basis.

This newsletter was initiated for the purpose of weaving a unifying thread for Julian students in the United States, Canada, England, and the Netherlands. We want to continue this wonderful uniqueness in the ROL. Therefore we welcome and await your creative endeavors.

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# Astrology

Feature Column by Eleanor Johnson

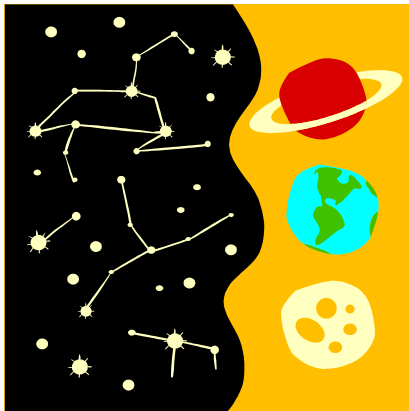
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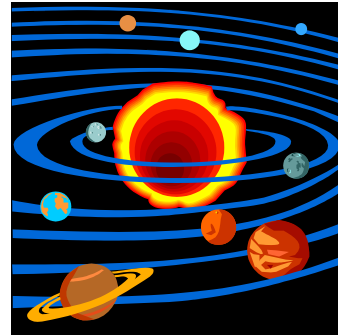
Spring brings lots of dynamic energy. Mars, the planet of action and activity, will leave the sign of Taurus where it has been since July of 2005. It will enter the sign of Gemini from February 18th to April 14th. This will tend to get anything in motion that has been dragging or not moving along as expected.

A Sun/Uranus conjunction starts off the month of March. This aspect is very powerful and may tend to dominate the month of March. This can bring many situations in the Universe and within ourselves to the forefront of our consciousness. This is an active conjunction which is very powerful. This conjunction plus Mercury retrograde

may dominate the month of March. Both of these combinations can create wild swings in the stock market, some ups and downs which should be of a short term duration.



Gemini is the most mutable sign of the Zodiac, Mars in Gemini can instigate change. It is versatile, communicative, and stimulating. It thrives on variety.



May and June bring a positive aspect in operation with transiting Jupiter trine Uranus. It can indicate changes in fortunes, original solutions, independence of mind. Knowledge is freedom with this aspect

and with Mercury transiting the sign of Cancer in June. Keep your intuitive antenna focused, as you may get many natural insights. We can absorb information intuitively with Mercury in this sign.

The month of July indicates a Mercury retrograde period from July 4th to July 29th. This is the first of the three Mercury retrogrades for the year. If your travel involves that time frame, there could be plane and luggage delays. The best antidote to a retrograde Mercury period is to be in the moment as much as possible.

August till September 8th, Mars is in Virgo. Mars in this sign is great at details. No shoddy workmanship with Mars at this time. You could be extremely analytical so try not to get bogged down in detail. Mars in Virgo admires quality and order. It also likes to bring order out of confusion.

## The Yet-to-Be

By Barry Burkan

New York, NY

The following was from a Circle class homework assignment given by Julian in August, 2001. Julian posed the following question:

“I am the builder of the yet-to-be. What does the yet-to-be do to me?”

One of my favorite films is the 1980's Warren Beatty remake of the classic “Heaven Can Wait”. It is the tale of a star quarter back who has a fatal encounter with a well meaning, but bumbling angel. This angel's job is to observe probabilities and outcomes. If circumstances on earth show a *probability* that a person might die, the angel is supposed to sweep down and observe. If the outcome, in fact, leads to death – the angel escorts the spirit to heaven.

In this story the angel saw Warren Beatty riding his bicycle into a narrow dark tunnel with a truck approaching the opposite way. Wanting to spare him a painful death, the angel snatched his spirit from the body a second before impact. He did not wait for the outcome. He did not consider that an athlete's quick reflexes might allow him to swerve out of the truck's path. The Warren Beatty character had made choices early in life that led him to become a football player who could react fast. The fateful morning of his accident, he made another choice to ride his bike along a certain path at a specific time. A small change of plans would have made a different destiny unfold that day.

In the first statement by Julian, it reminds me that we are the builders of our own fate. We are in partnership with God and the Universe. The yet-to-be is the unmanifest destiny that presents itself each moment of our lives. A master soul forges his path by making conscious choices and following them like a navigator being guided by the North star.

Most people are *waiting* – waiting for destiny to reveal itself, waiting for a cosmic magician to explain how the trick is done. But waiting for the future to unfold is as much a decision as the decision to act! For those of us who wait, a sense of powerlessness is the certain result.

Life gives us probabilities to work with, and our choices create the outcomes. Perhaps Heaven Can Wait, but our lives today cannot. We can make our destiny come alive this moment – or not. The choice is up to us.

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## THOUGHTS

by Russ Beck  
Cupertino, CA

All meaningful and lasting change  
starts first in our imagination  
and works its way out!!!

We move toward and become  
like that which we hold in our mind each day!!!

Practice does not make perfect...  
Only practice of perfection makes us perfect.

The brain is the smallest, compact, most complete computer --- built by unskilled labor.

© Russ Beck 2006

**Manifestation****by John Svirsky****Garrison, NY**

When Nancy Walton asked if I would write a series of articles over the coming year on Manifestation, something suggested it was inspired by Julian to get me to do more writing. So my thanks to both Nancy and Julian for the gentle nudge. It reminds me of one of my favorite sayings: “God whispers, God talks, God Shouts and eventually God kicks you in the ass ... one way or another God, is going to get its way. All depends on how resistant we are.

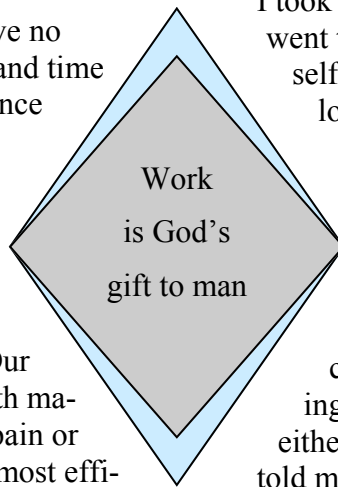
I can be pretty resistant at times and have no idea why. I have proved to myself time and time again that when I follow my inner guidance life goes smoother. I achieve a result far greater than I could have asked for and with so much less hassle. I have learned that Angels are the epitome of efficiency. Since they vibrate at a higher level and they can teach us no matter whether we choose to go right or left. Our Angelic Guides are not as concerned with material judgments such as good and bad, pain or pleasure; but rather they teach us in the most efficient manner for us to learn. So if that happens to be by pain and hardship so be it, if it happens to be by affluence, happiness and joy, so be it.

For you dear souls that continue reading the entire article I will be asking you to do some work on your own. I have found that work is a word that describes the process through which we experience growth. There's truth in the statement: Work is God's gift to man, work is the vehicle that we get to express (work is creative expression made manifest – it does not have to be a 9 – 5 job you go to. I define it as your giving back to the universe by applying your mental thought to the creative process). It is through the process

and completion of our work that we find satisfaction. After all the very first chapter in the Bible says that God worked for 6 days and then God rested and took in its creation, he felt the pleasure (I know that I am amorphizing God, consider it a little poetic license), and God said “This is good”. So even The Bible talks about the value of working, after all it takes a lot of energy to create the universe in its entirety. It also takes a lot of energy to sit back and evaluate the creation, to feel it, to make changes, additions and subtractions. Sometimes the whole thing has to be thrown out to start all over again (remember the flood?). So I have taken on this process as my role model.

I took the entire month of February off and went to Naples, Florida therefore giving myself time to reflect and look at my life. Following the biblical example, I have taken the time to stop to see how I like what I have done up to now. I have also given myself the biggest gift of not judging what I am and have become, but I just love and accept me as I am now. I never enjoyed being judged or criticized by others or having others telling me what to do, so I am not going to do either to myself. What I have done instead is told myself I've done good up to now, and I would like to make some subtle and some blatant changes in my path. Lets see where that will go.

It is so energizing to accept that I have the freedom to change what I don't like. I don't have to suffer or punish myself for previous actions that didn't turn out the way I hoped. By accepting yourself as the creator of your world, you can maintain it or release it and create what is next for you as well. Many people have trouble letting go of their creations for fear they will never again. The irony is, that we are all creators, individually and collectively. What is in our lives right now is through our own



creation or the acceptance of someone else's belief system. Hopefully these articles will open us up to eventually harmonize our will with the universal will and we act then as one. However, I have found that before I can move to the next step it is really good to see where I am.

For most of my life, being an Aquarian and a psychic, my head was usually in the future or thinking humanitarian thoughts for the betterment of mankind (an Aquarian thing according to Eleanor Johnson). So it has been an awakening for me to say Mankind can take care of itself for a couple of hours while I write about how I am doing for myself. (Love thy neighbor as thyself).

One of the first actions I took was to stop watching the evening News and to stop talking about all these horrific worldwide events, over which I have no control. Also, I can daily do my part through my morning meditation and writing and Saul Srour's healing list. Rather than focusing in on how I feel about something I have no control over, I transferred that energy back to me. I then asked myself questions such as: What three events/ actions/ deeds am I most proud of in my life. How will I want to be remembered when I pass from this plane?

Presently I am discovering how much resistance I have had allowing the Angels to guide my life. I know that sounds stupid, intellectually I can say sure I want to follow my guides, but I found out that my thoughts and wishes are not enough. I need to take harmonized actions. Which leads me to the first point I want to make about manifestation: **you are already doing it.**

Our whole life as we know it is the by-product of our previous manifestations. I encourage each of you to do what I have done and ask yourself: Up to this moment in time, what have I manifested? Take a fearless look at your own life and write down what you are happy about, what you are

angry about; which areas of your life has been a thorn in your side, and which areas are working well. This of course includes health, family relations, business, retirement, and interpersonal relations with yourself, your friends, your spirit guides, your Angels, with God. Do you like the weight you are? Are you happy with the level of physical exercise you do? Are you making the amount of money you want to be making? Are you spending time on your hobbies that give you pleasure?

How do you like the house you live in? Are you taking all that you have learned and sharing it with others? **The most important question of all: Are You Content?** Notice I did not say happy or fulfilled, I asked if you were content. Write about that. A real hard question in which I have spent months in meditation to answer involves, this incarnation. The question is before I came to earth, while in spirit form united with my soul group, I had wanted to learn specific lessons and that is why I chose to come back. In looking back over my previous lives. I might have something to the effect – I wish I had another chance to do it differently. I have been real good at being spiritual in some lives; I have been real good at being material in some lives. I have been real good at putting down one over the other when I was an either businessperson or spiritual person. How about trying to bring the two to balance and become a spiritual businessperson? Once I reach that level I can attempt to go beyond labels and understand we can be all and everything, ***for after all we create of our universe.***

Using June as a good example I have learned to laugh at myself along the way. Try this inner review and have a great laugh. Please feel free to email me your opinions and reactions to this article I welcome feedback on how you are successfully manifesting in your life. I can be reached at [John@Svirsky.com](mailto:John@Svirsky.com).



## Change

By Blanche Duffy, Saugerties, New York

So, tell me...do you accept change with grace and ease or does change drag you into its grasp while you kick and scream and cling to everything you can to slow it down? If you are like most people the answer is probably a bit of both!

As I see it, there are changes that we plan, orchestrate, and control in some form from start to finish. And there are changes that suddenly slide into place without any prior announcements, no fanfare, one day they are just there. Either of these types of changes can leave us happy or sad depending on the change and the way we handle it.



For example, when I decided to sell the house in Callicoon, New York and move closer to civilization I thought this was a calculated change which I would control right to its happy

ending. Well, there was a happy ending but I still have doubts about how much control I had of a few things in the middle. I didn't plan for the bottom to fall out of the real estate market in that area and take three years to recover. Nor did I plan for the sellers of the house I eventually bought to have such a bitter divorce that one refused to sign the papers to "punish" the other and I ended up spending six weeks in a motel. But the happy ending came when I was moved into the house in Saugerties enjoying the closeness of the shopping and the friendly neighbors

On the other hand, the changes that suddenly happen with no warning can be a bit overwhelming to handle whether they are happy or sad. The sudden and totally unexpected loss of a loved one can leave a person reeling with a whole array of intense emotions. Life can be turned upside-down in the blink of an eye and may never be quite the same again.

In the same vein there is the unexpected change that

is a happy experience but can still send you into orbit wondering what happened. Imagine being ensconced in a job that you enjoy, it pays a comfortable salary, you are good at what you do, and it is completely secure. And one day you meet an old friend who makes you an offer you can't resist. A job using all of your talents, travel to exotic places, triple the salary you are making...that can also totally disrupt your life and requires major changes on your part.

So, what it finally boils down to is – how you handle the change regardless of whether it was planned or jumped out at you from around the corner. Perhaps the following thoughts will help in this matter.

First of all, when you are making a change that you have planned, allow some room for deviation. Look closely at the pros and cons plus the feasibility of the change. I find that the biggest disappointments come if I create a plan for the change that does not allow for re-thinking or deviation. I've learned to write a plan with broad strokes rather than go into minute detail of every step. And I think it's important to look over the plan at various intervals to see if the broad strokes may need some re-doing. I remember working in private industry and preparing a five year plan for the company. Every year we did a new five year plan! The experience of the previous year always brought to light areas that needed adjustment.

It's important to remember that we can deep-six a plan if we determine that it will not work, if the timing is wrong, if the proper people are not available to help see it to completion, any number of circumstances can make a plan untenable. Stubbornly sticking to an unworkable plan is ego. Common sense should rule in situations like that.

Obtaining sound advice is sometimes the one thing that we try the hardest to avoid but can be the difference between success and failure. For some reason this is another area where ego can get in the way. Kind of like the driver who refuses to ask directions and drives for miles having no idea where "here" is! There is no stigma in seeking sound advice in areas where our own expertise may be weak, or perhaps, just to explore a different approach.

Probably the most important ingredient in planning is after we have done the work of preparing the plan, done the research needed, obtained the advice necessary, then put together a workable outline – then it is necessary to turn the whole thing over to the Universe. We continue to do the things necessary to keep the forward movement but we turn over the final outcome to the Universe. At this point it is good to do a meditation that ends with “...whatever is the right and perfect outcome in the right and perfect time.” This can be the most difficult part of all because we have a need to control. Yet we always need the assistance of the Universe whether we want to admit it or not.

For those changes that sneak in unannounced and suddenly they're there – we need to give ourselves time to fathom what is happening. Of course there are changes that cause us to go on automatic pilot and do what is necessary at the moment. But after that initial adrenalin rush subsides we need to give ourselves time to see, understand, and eventually accept the change that has taken place. Whether the change is happy or sad we need to give ourselves the freedom to experience the emotions that are bound to come up. And there is nothing wrong in allowing ourselves to experience and work through those emotions to help us on to the next step in the process.

Changes that suddenly enter our lives, whether happy or sad, require a period of adjustment. Who is to say how long it should take for someone to acclimate to the change. Everyone is different and unique. Some people adjust to change quickly and easily, others take longer for the adjustment to feel comfortable. Let your inner self guide you through the period of change and not be pushed by someone else to “conform”. It is you who is experiencing the change, it is you who must adjust to the change, only you know when the time is right to allow the new, changed you to leap up from the flames and re-appear.



Change is something that is part of life. It is as inevitable as the changing of the seasons. No one exists who does not experience change. We must make a choice to accept the changes that are taking place as gracefully as we can – or we can be carried away by the change kicking and screaming and clawing to hold on to what was but is no more. The choice is ours!

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## **What is a cat?**

Submitted by Pat Lopez,  
San Francisco, CA

Cats do what they want.

They rarely listen to you.

They're totally unpredictable.

When you want play, they want to be alone.

When you want to be alone, they want to play.

They expect you to cater to their every whim.

They're moody.

They leave hair everywhere.

Conclusion: They're tiny women in little fur coats.



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## **SPRING TONIC**

**by Doris Murray,  
Campbell, CA**

When I was a child my mother used to give me a tonic to drink each spring because it was cold, windy, and sometimes snow was piled everywhere. The tonic was called “Sassafras tea.” She put a piece of the Sassafras root bark in a pot, covered it with water and boiled it for a couple minutes. She said it would put strength and energy in my skinny body. It tasted so good, I never thought of it as medicine.

In THE BOOK OF NATURAL HEALING, by Santillo, it says Sassafras is used to thin and purify the blood after a heavy winter. It cleans the liver of toxins, and is mildly diuretic and diaphoretic (flushes the kidneys and lungs.)

Sassafras is not commonplace in the market anymore. It has been replaced by rows of bottles of vitamins and minerals on the shelves, all shouting that they will provide the energy and strength you need. Keep in mind that the vitamins and minerals needed are in the food you eat, IF you maintain a balanced diet of vegetables, fruits, nuts, with some sources of protein to rebuild muscles, bones and other tissues. I know some people don’t eat meat, and some don’t eat fish, and some are vegetarians, who get protein from the combination of beans and whole grains, or eggs and dairy products. But to have energy, one must eat vegetables—green, yellow, white and red. There is something special in each and every color.

Sassafras can still be found in health food stores. If you find it, select good quality bark, and rinse it well before using. Remember, this bark is peeled from the root of the plant. May your spring be joyous and in good health!





## ***Community Announcements***

### **9th Gathering of Light**

**Lake George, NY      9/15/06 - 9/16/06**

The First "Gathering of Light" occurred in 1998. Its purpose was and still is, to bring those working with the Julian teachings and those on the path, together for a weekend of sharing.

Please contact Saul Srour for more information about the 9th Gathering of Light.

e-mail: [sjsrour@verizon.net](mailto:sjsrour@verizon.net)

phone: 973-389-9888

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### **SELF AWARENESS DEVELOPMENT # 1**

Linda and Larry Scheer are starting a new Self Awareness Development Class in San Jose, California. Students new and unfamiliar with the Julian teachings are welcome as well as veteran Julian students.

2<sup>nd</sup> Monday of the month      7:30 P M.

Please contact them if you are interested in attending so that they will have an idea of the class size.

e-mail: [larry@tarot.xs.com](mailto:larry@tarot.xs.com)

phone: 408-295-9439

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### **TE and MAGUS CLASSES**

Sam Holland teaches many TE, TE Review, and Magus classes in Holland and the US. Sam is now beginning new classes in these areas. Contact him if you are interested in a Transition Energy class or would like more information

e-mail: [samholland7@earthlink.net](mailto:samholland7@earthlink.net)

phone: 408-892-9724

Sam also teaches a monthly metaphysical class on one Thursday evening a month at Bonnie Paradies' home in Saratoga, CA. Please contact him or Bonnie for the date and topic, if you are interested in attending.

e-mail: [paradies@ixnetcom.com](mailto:paradies@ixnetcom.com)

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### **SELF AWARENESS DEVELOPMENT TEACHERS WANTED**

Joy & Saul are interested in starting new classes in the above studies. If you have been involved in the Julian community, have studied the Julian materials in TE, Development, and Magus, and are interested in becoming a teacher contact Joy & Saul.

e-mail: [sjsrour@verizon.net](mailto:sjsrour@verizon.net)

phone: 973-389-0888

## Contact Us....

*The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.*

*Address Changes Notify:*

*Sam Holland AND Anne Clarie Vennemans*

**We invite all of the Julian Community who receive the Ring of Light Newsletter to support the newsletter in 2006.**

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**Next Issue Theme: Merger (s)**

**Deadline for Submissions: June 1, 2006**

**Dan & Nancy Walton - Ring of Light Editorial Team**

**Newsletter Submissions—How to !**

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

Dan & Nancy Walton  
306 Seaview Drive,  
Benicia, CA 94510



### **ROL via E-MAIL!**

#### **What a novel idea!**

We are looking into having the ROL sent by e-mail for those who prefer an electronic version. If you are interested please contact us via our



address: [wnwalton@mac.com](mailto:wnwalton@mac.com)

## *Ring of Light*

**A Newsletter of the Julian Community**

**c/o Dan & Nancy Walton**

**306 Seaview Drive**

**Benicia, CA 94510**

# To:

