

Ring of Light

A Newsletter for the Members of the Julian Community

Volume VI Number 1

February 1999

Affirmation for 1999

I open and release all that holds me back
 As I enter this energy of 1999
 I free myself to new ideas
 new adventures
 and new achievements
 For this is a year of
 accomplishment and joy
 And I accept it as so.
 So Be It.

-Julian

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A Fond Farewell...

Last issue we asked for someone to step forward and become the new editor/editors of the Ring of Light, and someone has! A long standing member in California, Jane Fleming is looking forward to the spirit of community-building involved with the newsletter. See the Page 2 for more about Jane. For both of us, this has been a great learning experience and a joyful way to serve the Julian community. We even developed some desktop publishing skills to serve us in the future, so it turned out to be wa nice exchange of energies in many ways. This is the final Karen & Marti issue, thanks for all of your support, and please continue supporting Jane as she embarks in this new direction! A lovely Springtime to all,

KAREN EHRENFELDT & MARTI MARIETTE



Spring Equinox Gathering

~ ~ ~

Sunday, March 21st 11am

~

You are welcome to join the Sacred Circle Group in a lovely garden ceremony to celebrate the new growth of the season, and attune our own creativity to that of the Earth's. It is always a delight when we get together, we hope you can attend.

Location: David & Shesta Ross's Garden
 15206 Chelsea Dr., San Jose, CA

Sacred Circle Group:

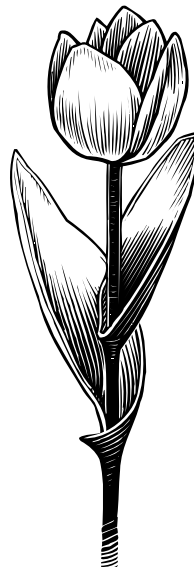
Karen Ehrenfeldt, facilitator 408-293-3318

Ron Cantoni, host 408-252-2920

Judy Peters, angel 408-252-6285

Marti Mariette, sprite 831-471-0124

Chuck Golden, elf 408-650-965-4511



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Community Announcements!!!

A New Editor Emerges... Jane Fleming! ...and She could Use More Help!

Jane Fleming of Los Gatos, California, is planning to assume editorship of the Ring of Light in April. Even though she is in the midst of some big life changes, Jane is confident there will be room to do the newsletter, no matter what other personal opportunities emerge. Jane is interested because she knows the importance of keeping this particular communication link open, and she also wants to further develop her desktop publishing skills as she puts the newsletter together. She could use a partner or two in the effort, so if you have time to assist in any way, please contact Jane as soon as you can, regardless of where you live. Especially outside of California, we could use people who will develop content for the newsletter on a regular basis. Everyone enjoys seeing the various Julian groups represented, so here is an opportunity for you to get involved! Jane is a mother of two teenagers and has been a member of the Julian community for several years, she has worked for many years in the folk music community as a fund-raiser and concert organizer. Obviously Jane is a multi-talented individual, and we are fortunate to have someone of her caliber step forward.

Welcome Jane, your willingness and commitment to community are appreciated!

Ric Backus & Lynn Chandler have moved!

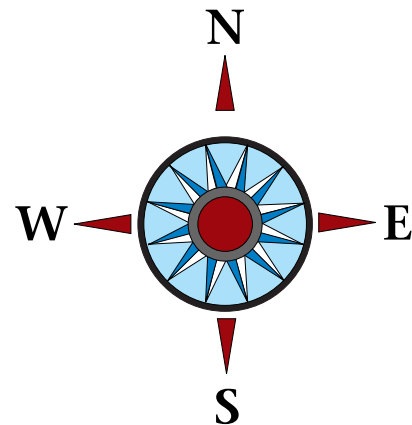
Lynn Chandler and Ric Backus
1926 N. Holland-Sylvania Rd. Apt. 14
Toledo OH 43615
phone (419) 531-7740

Jane Fleming's Correct Address:

19139 Old Vineyard Rd.
Los Gatos, CA 95033
(408)395-2091

Jeton Holland's new address:

215 Oregon Street
Santa Cruz, CA 95060
(831)423-3467



1999 Gathering of Light Conference Information

A \$50 deposit per person will hold your reservation for the Gathering of Light II at the Warwick Center Oct 15- Oct 17, 1999. The total cost will be \$135 per person, includes room & board. Reservations are needed AS SOON AS POSSIBLE! Send your check to: Saul Srour, 20 Mountainwood Ct., Totowa, NJ 07512. phone: (973)389-9888.

Regarding the Roster for our Community...

Please note: The Ring of Light Roster is sent to all known advanced Julian students to assist in building a sense of community among us. It is likely that there are people on our list who have unlisted phone numbers and addresses in order to preserve their privacy. We ask that you keep the list for your personal use, for Julian class related purposes, and for your own teaching/healing/and related professional use. We ask you to respect the reason why this list exists, and ask that it is not given out to any others for mailing list purposes and the like. This may not have needed to be voiced aloud, but we'd rather err on the side of communicating a concern, than assuming that everyone is automatically on the same wave length. One thing we do know, is that through our work we do get on the same wonderful wave link, and we hope we hope the list helps you connect with others to do more of the Julian work together!



Julian Lesson for 1999 - June K. Burke ©1998

This information was given to the Circle Class on 12/19/98. It is okay to share this information with everyone in the light & even those who do not know they are also part of the light.

The Energy of 1999 ...Has Three Levels:

Contraction. It is the level that puts things in perspective for the general energy is so free flowing that the contraction of the energy is important for creating, perspective, prioritizing and accomplishment. Feel this energy as it wraps you around and open yourself to the realization that this is not confinement but the first step to accomplishment. In the contractor energy of 1999, I focus. I set my priorities. And I attend to their action. Thus do I create greater space, more time, and more energy.

Expansion. This is the energy you will use to reach out to new horizons. This is the energy you will use to trust yourself enough to know that what you need is there whether you see it or not. That your good is coming whether you see it or not. By permitting the energies of the self to expand into the unknown expansion of the energies of 1999 you break the bondage which has held you in fear. Each day you will free yourself more and more until the only confinement you will accept is the first level of energy of contraction for the purpose of focus. Once you have focused, you will permit yourself to soar freely and see the multiple ways of accomplishing that which you have set as a priority. For there are many ways, many doors and many returns. There is no thing that has only

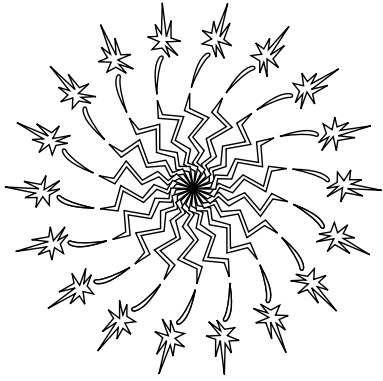
one way to be accomplished. I will contract in 1999 for focus. I will free that focus to its greatest return through the expansion of mind body and soul.

Harmonic. Harmonic that welds your energy to the universe. When you have focused and released, you become one with the universe. Learning what it has to teach you and through the acceptance of that, increasing the power within you.

This is the triple level of the energy of 1999 and through it, you will bring yourself to the higher levels. You will encompass the universe and bring its highest levels to yourself. The harmonic created therein will free you and bring you all that is rightfully yours. And through love and kindness, through the caring and sharing, through the belief in self, nothing is not rightfully yours.

Because these energies are so high, it may seem almost like a burden until you adjust to them. But if you play by the rules of the game of the universe you can not fail. Trust them and use them. And because within that triad of energy there is movement that permits them to work together. You will listen to that movement and it will make you smile, it will make you laugh. For there is a giggle in your middle and you are going to let it out. And the giggle in middle will leave you with no doubt. This is a good place and I am a good being and I will reap the rewards. For let the giggle in your middle out and let it bring to you great laughter and great joy. So Be It.

Now giggle!



Affirmation of Protection

I scribe a circle of light around this place.

Sealed in Light is this place,
nothing shall penetrate it.

We are safe within the circle
for the circle is made
of the Light of the Creator,
and the Light indwelling in me.

Light of lights,
barrier to all that is evil,
function now.

So be it!

~Julian

submitted by Blanche Duffy

This was given to her several years ago by Julian

All About Ghandi..

Mahatma Ghandi walked barefoot everywhere, to the point that his feet became quite thick and hard. Of course, he was a very spiritual being. Even when he was not on a hunger strike, he did not eat much and became quite thin and frail. Furthermore, due to his diet, he wound up with very bad breath. Therefore: he became known as a:
Super calloused fragile mystic plagued with halitosis!

From Michigan: Mary Miller writes...

I'm looking foreword to a wonderful 1999 and hope all Julian's followers are too!

In December, we had our annual candlelight ceremony in Whitehall. This ceremony was initiated many years ago by Miriam Chandler. I was fortunate to be able to coordinate our efforts this year. We invited members of the community, friends, and family to attend, along with the Lansing, Neal Chandler, and the Ohio group. Most attendees to a certain extent participated in the ceremony itself.

During the ceremony we celebrated the Winter Solstice also. This event was the ultimate joy for most of us. I cannot speak for all, but most who have responded have implied this was so.

After the ceremony we had a wonderful potluck, drew cards, runes etc. for the coming year, sang christmas carols and just enjoyed each other. What a wonderful way to end our year and look foreword to our next.

Next year I think we should put our date in the Ring of Light and welcome all of Julian's followers. Of course, Mimi Boac who has so generously allowed us to hold our celebration in her wonderful restaurant may have something to say about that!

Happy 1999 to all! -Mary Miller

Misdirected Mail

source: unknown

Consider the case of the Illinois man who left the snow-filled streets of Chicago for a vacation in Florida. His wife was on a business trip and was planning to meet him there the next day. When he reached his hotel, he decided to send his wife a quick e-mail. Unable to find the scrap of paper on which he had written her e-mail address, he did his best to type it in from memory. Unfortunately, he missed one letter, and his note was directed instead to an elderly preacher's wife, whose husband had passed away only the day before. When the grieving widow checked her e-mail, she took one look at the monitor, let out a piercing scream, and fell to the floor in a dead faint. At the sound, her family rushed into the room and saw this note on the screen:

Dearest Wife,

Just got checked in. Everything prepared for your arrival tomorrow.

PS. Sure is hot down here.

June/Julian's 1999 California Workshops & Schedule of Events

June & Julian's Schedule of Events:

Willow Glen:	February 25th	7:30pm	Practical Magus Ceremony (@ the Scheer Home)
Asilomar:	February 26-28th	Fri-Sun	Asilomar Retreat & Workshops
	February 26th	7:30pm	An Evening of Storytelling
	February 27th	10-4pm	Working with Personal Unfoldment
	February 27th	7:30pm	Drumming and Singing
	February 28th	9:45-noon	Applying Universal Teachings in Your Everyday Life
Willow Glen:	March 1st	7:30pm	Development Class (@ the Scheer Home)
	March 2nd	7:30pm	Combined Magus Classes (Divine Science Church)
	March 4th & 5th	7:30pm	TE Classes (Divine Science Church on Hicks)
Los Gatos:	March 6th	10-4pm	TE/Development Intensive Class / Private Class
	March 7th	10-4pm	Adding Depth to Your Story Workshop / Public Class
			(The Los Gatos days are at the Jewish Community Center)

The Workshop Fee Discount Schedule:

If, over the two weekends, you attend 1 day of classes - the fee is \$40, 2 days \$80, 3 days \$115, 4 days \$150. If you have trouble figuring all of this out, be sure to ask the F.R.A.W. for your discount & they will calculate the total for you.

The F.R.A.W. Website:

The latest updates will be posted on the FRAW website. <http://home1.gte.net/rcantoni>

A Mystical Tour of Ireland and the Netherlands...

...with Sam and Anne Claire!

There is still time to sign up for this enchanting tour of Ireland and the Netherlands! Sam and Anne Claire will lead workshops and field work at some of the ancient sites in these wild and peaceful lands. This tour will explore the energies of the ancient stone circles of South West Ireland. In the Netherlands, beginning - advanced workshops on dowsing will be given, then we will visit the hunnebeds (ancient stone sites) of Eastern Holland. Also, our time in Holland will allow our U.S. friends to experience the Dutch culture.

Dates: March 28 - April 10th, 1999.

Cost: U.S. \$2,750. or Dutch f2.500. For payments or further information contact:

Sam or Anne Claire
(408)892-9724
samuelholl@aol.com

Andrea Smith
1614 S.E. 38th. Avenue
Portland, OR 97214 USA
(503) 499-4343 x202 (work)

Gerda van de Fliert
Petemoederslaan 7
3552 AG Utrecht
the Netherlands 030-2430929

New Book Announcement!!

Sacred Spaces by Sam & Anne Claire

Available Now!!

Significance of the Season

by MARTI MARIETTE & KAREN CHRENSELT ©1999

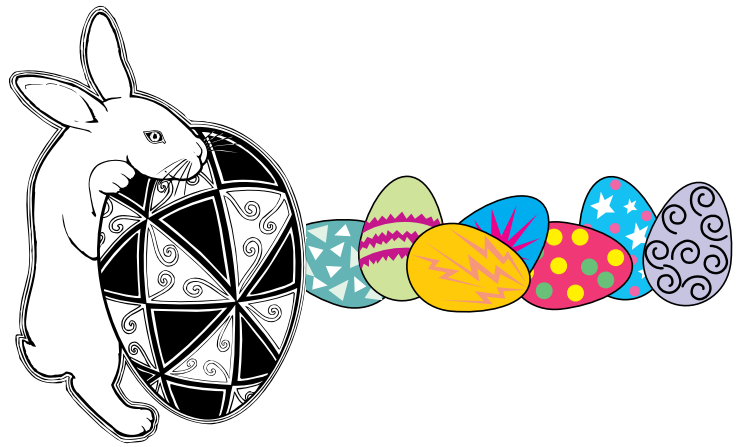
In the Spring, the Earth is pregnant with life, ready to give birth from all the life giving rain. With the launch of Spring, we move from the nebulous stirrings of what was conceptual in the Winter to the possibilities setting their roots and stretching towards the light. This light helps guide us into new direction, new expression.

The Spring Equinox, March 21st, is the Balance Point between light & dark, day & night, yin & yang, nurture & protection, the time to honor the inner and outer nature of ourselves in balance. The Druids named this point in time Alban Eiler, meaning Light of the Earth, and the Native American 13 month calendar calls it the Budding Trees Moon, with the totem animal being the Red Tail Hawk. The Hawk, has a special connection to the sun, for it is the messenger of the Gods.

It is important now to discern the true meaning of the divine guidance for ourselves. In Christianity, just past the Equinox, Easter is celebrated as the rebirth - resurrection of Christ. Maybe the totem animal of the Christians is the Easter Bunny - fertility! Actually the rabbit is a holdover of the Celtic tradition where it represents Rebirth, Intuition, and Balance. It brought the eggs of the Lapwing as a symbol of promise and fulfillment. The rabbit can help with times of change as the Celts consider the rabbit to be the most proficient animal at shape-shifting.

Given these traditional beliefs, it is easy to understand how the Christ message applies to this point in time. It is important to make ourselves aware and utilize the great nurturing energy that is around us at this time. Ceremonies are often held in the morning or at dawn this time of year, to be with the rising of the Sun in the East signifies receptivity of wisdom, and the birth of a new creative cycle.

In our ritual, we honor the abundance and diversity of life in the plant and animal kingdoms. We revel in the magic of walking on flower petals, paving our growth into the Spring, and leading us on the path of Beauty. We begin from a point of balance and move into the growing light by attuning to the silence and the voice of our soul as we bring our ideas into being. We do this by becoming the seed of growth itself and setting our own roots into the earth to sprout. Nature shows us that anything is possible at this point in the circle!



INSTRUCTIONS:

FOR YOUR New Year Goals,
~from Julian

- Take time to have a giggle
- Open your hearts to that which you would like to achieve.
- Make a focus. Set a focus of what you would like to achieve.
- And having set that focus, now ignore it.
- Don't keep poking it, don't keep prodding it. Just accept it.
- Open your hearts and mind freely, onto that other level so it can show you the way to get it.

Good things are coming, things that you think can't possibly happen, not only can, but will.

It is one of our better years, as creation goes. Because everything is being reborn anew, nothing can not be accomplished. You are going to have to work for it, but it can be joyous in doing it. Please don't get bogged down in the drudgery of work. If you get that way, giggle. Now this is the way it is going to be. You are in the driver's seat of your life.

So be careful what you what to manifest. Because it will. Be ready to have accomplishments and achievements that make you feel very good.

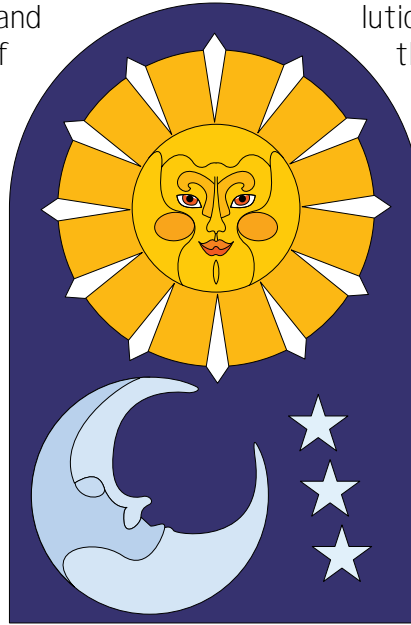
And 1999 Takes Off Like a Rocket! ...an Astrology of the Times Interview by Karen Ehrenfeldt with Georgia Hughes

When January 1st rose out of 1998 to start a New Year, I felt shot out of a cannon and most wonderfully into the next phase of my life. Suddenly fears about coming out of the closet as a Mystic dissipated, and hanging my "Ceremonialist & Meditation Teacher Available" shingle out seemed the most natural thing to do. I was so excited that all fears of the past disappeared, replaced by a feeling which said "of course you want to share your abilities with the world"! I can't begin to express how different this is than the past several years, where the comfort of obscurity seemed the safest thing to do. Riding this new crest of energy, I felt fed by a loving force which made me teary-eyed at the merest encounters of my day with the realization of how much in love with all of life I am. Can you guess what sign I am?

Underlying this newly charged motivation was the subtle feel of the current, if I began to slip off - I noticed immediately, and eagerly wanted back on. Julian has said 1999 is a year of great potential. The triad of energies: Contraction, Expansion and Harmony, make for a dynamic year. Julian advised that it's important to focus upon what you truly want, to expand your horizons, and that universal harmony will be with your efforts. Well, the flavor of the year is evident from Julian's perspective, but what else is going on, I wondered.

I noticed that my friends were either doing wonderfully well, difficult tasks undertaken with love were so supported that the results were turning out better than expected, or crapola was hitting the fan big-time! Hmm... whenever I notice the people in my life being as strongly affected by something as I am, I tend to ask an insightful astrologer. I was fortunate to sit down with Georgia Hughes recently and hear her descriptive view on the times from an astrological perspective. As hoped, Georgia had plenty to say, and it's worth sharing with you all!

Well, for one thing, we just had an eclipse, and another is to follow pretty soon. Eclipses happen every six months which introduce a pattern and focus for the following 6 months until the next set



of eclipses occur. Eclipses relate to universal evolution, the energies they introduce are for the highest good of all. We may or may not like the specific effect they have on our individual lives though. A lot of the flavor of the year highly depends on where these planets are in your individual charts. In a most general sense, the eclipses usher in energies of change or stability through presenting an emotional and physical package of energy for you to work with for a half year. Depending upon your personal astrology chart, these energy packages could give you some effects of dramatic change in your life. For others, the effect in your life may be very subtle, but none-the-less, everyone will

feel these underlying energies at play. What is also important about this year is that the next eclipses follow pretty similar patterns, so for 1999, the energies which began the year will be reinforced in 6 months with the next set of eclipses. So, the best advice is to make friends with the energies now, and you'll get the most out of them this year!

Most recently the lunar eclipse on January 31st gave a boost to the Moon's energy which is currently in charismatic Leo. Uproarious with power, this lunar eclipse ushers in a time for the masses, and women in particular, to surface with power and live in the world with equal respect. With the Moon in Leo and the Sun in Aquarius, the Moon is tempered with the humanitarian focus of Aquarius, such that the expressed power of Leo needs to be in the highest good of all. No one can act arbitrarily on their own, they must take others into account in order to succeed. This lunar eclipse sets the stage for the Solar Eclipse on February 16th. The significance of the Solar Eclipse is that the Sun is in Aquarius, the sign of brother/sisterhood. This solar eclipse brings us challenges to serve the people and all of humanity, self-serving acts won't be supported now. There is also the aspect of now being able to recognize how we are being perceived in the world, and how we perceive ourselves. Politically, we might just be fed up and want leaders who will truly serve the people, causing old power to be replaced by new. Some of

these changes may be quite subtle, but there is potential for the dramatic. People worldwide will push for governments to be more responsible to their people. For the first time in 84 years the masses are empowered to make a shift, for the government's effects upon the masses cannot be hidden any longer.

Apparently the heavenly body of Saturn is also a major influence this year. For specifics, take a look at where Saturn is in your chart. It went direct in December...giving some of us that shot out of a cannon feel, and it is now in the energy of Aries, which may give the groundedness, task-master qualities of Saturn a feel of needing to rethink any impulsive behavior you might be experiencing, and a desire to sort out the unresolved issues of your life. Saturn can give a feeling of restriction, perhaps that contracting type of energy Julian spoke about. This is an opportunity to focus upon, and to clean up the messy parts of your life in a new way. Saturn goes direct and enters Taurus by March 1st, which means the grounded quality of Saturn becomes very earthy, enabling us to apply practical rules to our actions and the laws we live by.

Aside from the creative potential that may push you to get things resolved or launch you in a new direction, you might have been experiencing some warps in your perception of Time. Like something you did yesterday seems like it was already a week ago. Or thinking ahead, you sense some anxiety because there's such a tight schedule you're working with, only to realize there's a whole week of time there you forgot about, silly you. You can thank Mars and Uranus for pinging Saturn for you... and making it hard to keep your feet on the ground. This will thankfully improve when Saturn moves into Taurus!

Guess who Saturn is opposing? Mars! That gang-buster-get-out-and-go-for-it planet. The warrior in you is strong and clear about where it wants to go, and don't bother me with the details... Saturn, because I'm an individual and feeling my power! Well, Mars just doesn't care about practicality. Mars is now in the energy of Scorpio, and it functions well there, with Scorpio giving the energetic & courageous Mars a feel of intensity & compulsiveness. This could increase the potential for conflicts, but fortunately Saturn is slowing it down and soothing some of the potential for drama. In effect, Mars gives an expansive quality to the start

of 1999, have you noticed?

A few other planets are having a strong influence this year, they are Uranus, Neptune and Pluto. Uranus, also in Aquarius, is activating a lot of the other planets in the cosmos with electric-bolt like charges, and giving us the energy to accomplish what we focus on. It helps Saturn not to be sluggish, and assists Mars in moving forward in a Universally beneficial way. Beware, just as Uranus brings new awareness of the possibilities in your life, it can tend to cause some disruption or distraction. Since it is in Aquarius, the sign of electricity and new technology, we may have some blips on the screen, as well as some great technological advances. Neptune is also in Aquarius, which means that the hidden things of your life will surface for your creative use. Have you been dreaming a lot lately...hmmm? Veils getting pretty thin perhaps? And then there's far-out Pluto, who is hanging around with Sagittarius. Pluto is encouraging a new awareness of laws, that they be made for humanity, be they God's, Man's or the Universe's, they are being re-evaluated to fit the highest ideals possible.

All taken together, Saturn and Mars squaring the Sun & Moon ushers in a period of time to balance power through self-empowerment to serve the betterment of all. Six months from now, the eclipses will reinforce that humanity needs to be enabled to help itself. The eclipses will be in the same signs, but in different degrees. Generally 1999 is a very energetic year, beautiful and of tremendous opportunity. A quality of radiance permeates the year with its potential and is setting the tone for the Aquarian Age. Oh, and the answer is... Aquarius!

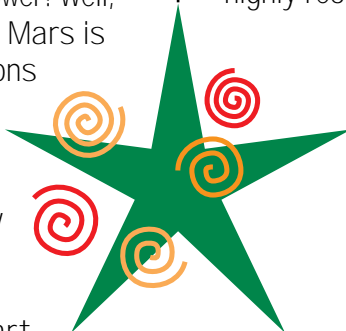
Many thanks to Georgia Hughes for the interview!
-Karen Ehrenfeldt © 1999

Georgia is a professional Astrologer and Psychic, she has 35 years of experience and her readings are highly recommended.

She can be reached at:

email: gmh22@yahoo.com

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(607)265-3711



About the Newsletter...

The Ring of Light News is a periodic newsletter publication serving the community of people who study the advanced Julian meditation courses. We welcome your participation! A \$10.00 USA or \$15.00 Intl. per year contribution on your part will cover the cost of your newsletter! Make checks payable to Jane Fleming. Current distribution is at 195 on our active list! This newsletter is a tool to connect our community, so it's your tool to use to share ideas, activities & creative works. Thanks go to our article contributors, add your's next time!

Address changes: Notify Sam Holland or Ron Cantoni

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Newsletter Submissions How To!

For entries larger than 25 words, please submit a text file in electronic form. You may send a pc formatted 3.5" computer disk or send electronic contributions to janef@ix.netcom.com
Other short entries (less than 25 words) can be mailed or called in to Jane at (408)395-2091.



We gratefully acknowledge our 1999 supporters:

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Next Issue:

Community, Practitioners list, Ongoing Group's list, New Classes forming announcements, etc.

Deadline for Submissions: April 5th

The Ring of Light

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San José, CA 95122-3624



To: