

Summer is here! It is a time to tend what we have sown over the last 6 months (or longer) and spend some time taking care of ourselves, maybe through a lovely vacation.

Often the ROL staff picks the theme based upon talks we have heard or articles that we have read recently. This one just seemed to pop out of nowhere — *The Turning of the Tide.* It refers to a reversal of fortune; a change in direction.

When we did our usual investigation on the theme, looking for something pithy to say, we saw "turning the tide" used in may contexts: "turning the tide on homelessness," "turning the tide on opioids," even a song, "*Turning the Tide*" by the Spiritual Beggars (lyrics page 13) about saving the planet earth. In each case, the text describes a dire situation — a bad and near hopeless situation that will get even worse if things don't change. Yet, perhaps there is a ray of hope. Maybe we can change things. NO…LET'S CHANGE THINGS!

We don't know about you, but often in our own lives, maybe even today, that's what we want to do — change things. The general course of events is not going the way we want them to, and we are looking for a solution and the energy required to change the apparently inevitable result.

Julian spent a huge amount of time reminding us that "Mind is all," and the power to change the apparently inevitable outcomes lies within each of us. Let's continue to visualize finding the strength and motivation to help turn the tide.

— Nancy Walton and Jan Clayton

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## From a Julian Mediation

"There is no thing within me or around me that I cannot change. For I am an instrument of peace, and a powerful one.

Through light and light alone, do I alter and heal.

I am part of the great light and hold the power of the great light.

I am a powerful being.

To all the darkness, I will bring light.

To all negatives, I will bring positives.

For I am a point of light, a point of power and a point of peace.

Within you, feel your mind expand. And as it expands, the limitations of the self fall away and the full realization and satisfying feeling of success fills you.

I am limitless light.
I am therefore a limitless being.

All walls are built by me, therefore all walls can be dissolved by me.

For I am a point of power, a point of peace.

I am light."

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# **Astrology**

By Eleanore Johnson Poughkeepsie, New York



This issue's theme, "The Turning of the Tide," is quite appropriate for this point in time, as Uranus, the planet of change, entered the sign of Taurus on May 15, 2018. Uranus will retrograde back into Aries on Nov. 6, 2018. It then re-enters Taurus on March 6, 2019 to finish its seven-year cycle in Taurus.

Taurus is the most fixed sign of the zodiac. It does not like change. Uranus insists on change and challenges the status quo. This planet and sign tend to fight each other. Clinging to the past can only hinder progress both within man and within the Universe.

Uranus in Taurus is also operating in Venus' energies, so emphasis may be on feelings rather than action. Changes are more likely to occur in the areas of money, banks, and food (growing and harvesting). For many of us, it will awaken practical skills—doing things for ourselves, rather than paying someone else to do them.

The planet Mars will be in Aquarius, which often requires the need for flexibility and change. Aquarius, an Air sign, tends to expand intellectual pursuits. The computer industry could be affected. This energy could bring changes to both technology and to technology companies. An emphasis on the use of robotics and robotic inventions could be seen, as Uranus and Mars' ruling sign govern inventions, computers, and all things electronic.

Jupiter, the planet of expansion is transiting through the sign of Scorpio until November 8, 2018. Emphasis may be on personal and collective money. Balance is needed to avoid over expansion. Jupiter in this sign can be

shrewdly intuitive. Listen to your gut feelings. Strength and courage are strong when Jupiter is in Scorpio.

Mercury, the planet of communication, will be retrograde from July 26th to August 19th. Be sure your travel plans are in order, and that communication is clear. It is a great time for any form of research.

On July 12, a solar eclipse will occur in the sign of Cancer. There may be feelings of sensitivity that could incline us to cling to old habits. The trine between Jupiter and Neptune will help us to see the light.

I cannot forget Saturn, our great teacher, the way man fulfills its karmic patterns individually and collectively. Saturn is transiting its own sign (Capricorn), which allows its energy to operate to its greatest potential. Saturn is the reality planet, hopefully working toward shared goals. Responsibility is the keynote of Saturn; it can give a practical, down-to-earth viewpoint that can help with whatever changes come our way. Saturn usually forces us to deal with the appropriate issues. The changes that occur may not be the same for everyone — maybe an opportunity to face your responsibilities or to keep your promises. What must be done is always an important thing with Saturn. Saturn can point out our weaknesses as well as our strengths. It can give us true understanding of our inner resources, which are vast. Our resources can be tapped with Saturn in Capricorn.

You can ask the angels to help you. All you need to do is ask, for angels are God's helpers.

Love and Light, Eleanor

# A Bit of Bill Burke Poetry

By Sam Holland San Jose, CA

During the last Julian Gathering, Camille and I were reminiscing about Bill Burke, June's husband. Bill and I were very close friends and shared many lightly spoken, but profound moments.

A little-known fact that June shared with me was that Bill also "channeled" a Seraphim. Bill kept that almost entirely to himself, but the Seraphim was silently called upon during his healing sessions. Bill's healing work was powerful. I remember him saying that he would often ask a person what they wanted to do most. Then he would visualize that while moving healing energy.

Bill also did some writing, and printed a small number of mimeographed copies of some poetry he compiled along with Peg Traver. I was privileged to be given a copy of his poetry, and it is something I will always cherish.

I thought that many of you would be interested in a sample of that poetry. Notice that the poetry has an somewhat archaic and religious connotation. The picture is a straight shot from my iPhone that shows the format of the 1976 mimeographed page. I'm showing it in this format, so the energy is directly transferred.

In Peace, Sam

The hopes of man need not be shunted. Man should always be able to see light at the end of the dark tunnel. Beside offering direction, it also offers a future and it will instill again in the mind that "I am the Light.", and through this guidance, the knowledge of companionship along the way, one need never fear, for by "My Light", I shall be unto thee forever.

Lord of all, our will shall be our power to see us through, and we shall strive for perfection of thought.

William Phuske

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# **The 20th Gathering Report**

By Jan Clayton Los Altos Hills, California

A beautiful location — perfect weather — 40 amazing people. How can you do better? The 20th Gathering of Light was nothing less than magical. Some consider it the best Gathering yet.

Villa Maria Del Mar retreat center was a lovely place to hold this event. The sisters who run the retreat were wonderful hosts. The beach added a lovely ambience to the event.

As usual, the opening ceremony set the perfect tone for the weekend. Camille Albrecht (with a special appearance by Aca'u) opened the evening with a discussion of the astrological energies going on today and how they affect us. She covered both the potential difficulties, as well as the incredible possibilities for positive ways to use our light force that are available to all of us. Sam Holland started out on Saturday morning with a session led by Temier on expanding healing techniques, so they can interface more powerfully in today's world. There were three exceptional Temier-led meditations that left the participants astonished. We heartily recommend you get the audio and give them a try.

Anne Claire Venemans followed in the late morning with a session about how symbols and signs play a role in our life, and how they can be used on a day-to-day basis to help us navigate the world. Some of us even got to stand on symbols to see how the energies felt.

After lunch, David and Shesta Ross presented the Universal Runes. They reviewed the material that Julian presented many years ago about the updated meanings of the standard runes. And they talked about the 25



Universal Runes that Julian introduced in 1984. We all made our own set of Universal Runes in the workshop. Thanks to the Ross family for creating the blank runes for the event!

In the afternoon, we said goodbye to two cherished members of our community: Dan Walton and Blanche Duffy. As an extension to our memorial for them, magus students participated in a beautiful ceremony to retire their tools.

On Sunday morning, Adele Lederman brought us down to earth by talking about how we can heal those around us using basic Julian healing techniques. She talked a good deal about the many years of experience she has had using these healing techniques in her career as a nurse and beyond. She shared several amazing stories that we hope to bring forward in future editions of the Ring of Light.

The closing ceremony was moving, as always.

We want to say a few notes of thanks. Thanks to the presenters for doing such a fantastic job. Thanks to Adele and Doris for providing healing to those in need every morning. Thanks, also, to those who had roles in the ceremonies that were scattered throughout the weekend. Also a special thank you to the 20th Gathering committee for doing such a wonderful job of putting together



the event. Finally, thanks to all the participants — The Gathering doesn't happen without you.

If you want recordings of any of the 20th Gathering presentations, please contact Saul Srour (s77aul@yahoo.com). The cost of each audio is \$10, with all funds going to support the Julian Teachings work. Please indicate which audios you would like to get.



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## **SAVE THE DATES**

September 27-29, 2019

# The 21st Gathering of Light is booked!



We will gather our lights in beautiful Newport, Oregon at the Agate Beach Best Western Plus Inn. The Inn provided great accommodations when we met there in Fall 2014, and in recent months they have completed a number of upgrades.

We will make good use of the **new espresso bar** with its many inviting gathering areas. The new chef promises that the menu for our buffets will include vegetarian, vegan, paleo, and pescatarian options. As we get closer to The Gathering, we will capture information on specific dietary needs. The recently renovated pool now has a lift for swimmers who need assistance accessing it.

The cost for the weekend includes your room plus dinner Friday night, three meals Saturday, and breakfast and lunch on Sunday. We have a private room for our meals. The rates are:

Hillside view rooms:

- Single occupancy \$430/person
- Double occupancy \$325/person

#### Ocean view rooms:

- Single occupancy \$480/person
- Double occupancy \$350/person

We have been offered a group-discounted rate for two additional days before and after the event. The registration form will have more information about how you can reserve with the discounted rates, \$94/day for a hillside view room or \$116/day for an ocean view room plus local hotel taxes (currently 11.3%).

As you are planning your budget, remember there is no sales or restaurant tax in Oregon!!! Check out this website for additional information on Newport and its attractions. Click <a href="here">here</a> for more info about the hotel.

To ensure we have reserved a room that best matches your needs, please email Andrea Smith (andreasmith 77@comcast.net) with the following information:

- 1. Your intention to attend the September 2019 Gathering of Light
- 2. ADA accessibility needs, such as easy wheelchair access, extra grab bars in the tub, or a roll-in shower
- 3. Ocean view or hillside view preference
- 4. Single or double room preference
- 5. Need for a pet friendly room



Amazing views of & easy access to the beach



Lovely rooms with either one king-sized bed or two queen-sized beds

In-room refrigerators, microwaves, cable TVs, & coffee/tea makers



Beautiful & comfortable ambience
100% smoke-free hotel

# **Tides of Change**

by Renee Salvatori Wheeling, West Virginia

When you hear the word tide, you most likely think of the ocean. You may even see yourself standing on the beach watching the waves wash in and slide back out. Visualizing the water level ever changing. The tide is turning is a good metaphor to represent a change in direction, and many changes are definitely happening on our globe lately, in many ways.

In the sense of the oceans' tides changing, you may feel that you are unaffected. You may feel like you are standing on the beach merely viewing the waves rise and fall. You may feel like you are in a watertight vessel floating serenely on top of the waves. But there is much more that goes on than what our eyes see and our ears hear.

Those tides are earth's synchronized rhythm of water from may different directions and influences. Its synchronicity is orchestrated every 12 hours by the moon, sun, gravitational pulls, shifts of deep earth plates, etc. Many things have orchestrated its movements.

Just as the tides are a part of what the whole ocean is doing, we, too, are a part of what the whole universe is doing, even in minuscule ways.

One act can turn the tide of another person.
One act can turn the tide of a conflict.
One act can turn the tide from hate.
One act can turn the tide to compassion.

We are, in deed, able to help reverse a situation. We can increase or decrease the human tides of an extreme or critical period. So what part are we each playing in this global changing of the tides? What instrument are we playing in this orchestra of change?

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# A Season of Runes

### by David and Shesta Ross San Jose, CA

This article is the first of a new standard feature in the Ring of Light, called <u>A Season of Runes</u>. David and Shesta Ross plan to present a Universal Rune reading for each upcoming season, and in the process will discuss the Universal Runes that Julian presented in 1984. Feedback would be appreciated.

Runes are tiles or stones with symbols on them that represent various useful energies. They are used as tools for guidance and self-discovery. Runes have been used for many thousands of years and are now often accompanied by an interpretation book. A popular, well-respected book of interpretation is *The Book of Runes* by Ralph Blum. Julian taught workshops based on this book. A new set of runes, with new symbols and interpretations was presented by Julian. These are called the Universal Runes. This spring, at the 20th Gathering of Light in Santa Cruz, California, we had the great joy and privilege of giving a workshop on the Universal Runes.

The Universal Runes were first presented by Julian in a workshop in 1984, which Julian explained was the first year the impersonal energies of the Piscean Age had fully fallen away. This release of the Piscean energies, per Julian, allowed Julian to share the renewal of the Universal Runes, which evidently occurs at the beginning of every Age. Mankind, being more involved with personal energies, is still struggling to bridge to the Aquarian Age in a positive way. The Universal Runes bridge the two ages, combining the square and straight line energies of the Piscean Age, with the circle and curved line energies of the New Age.

The Universal Runes represent and embody universal energies, which by the Law of Correspondence are also energies within each of us. Thus, to explore the Universal Runes is to explore something of the universe of possibilities that exist within each of us as individuals, and the power that comes from connecting these to the Universe itself. They are expansive and somewhat mindblowing. These Runes each have individual as well as universal meanings, and indeed the two are inextricably linked. The Universe is, we are, and we are one.

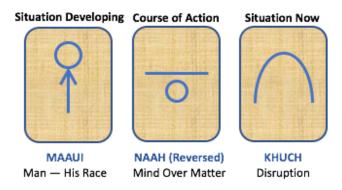
It is intriguing that the reversed position (of the Universal Runes which can be reversed — placed upside down) is generally given a meaning only for the individual, yet this meaning—and our decisions—still have universal resonance. This is itself a mirror to the power of free will

we humans uniquely have, in all of creation—the power to choose harmony or separation. (As Julian jokingly put it, God's only mistake!) The message from the Universal Runes when we are separate, and a Rune is reversed, is often more instigative, as it clarifies our choices and can ignite "the resolve that succeeds."

In the 1984 Universal Runes workshop, Julian said "Fondle them! Play with them! Sleep with them! Make friends with them!" So, in addition to readings, you can use them in doodles, in jewelry, in medicine bags, in art, chanting, contemplation and meditation, in self-discovery and manifestation. It's a whole new universe!

We encourage you to create your own Universal Runes and perform your own readings. We can provide the Universal Runes booklet, a string-pull bag, a cloth, and 25 sanded wooden blanks for you to do so. More information at the end of the article.

Here is the Rune reading we did for this summer. The question we asked was: "From a Universal perspective, what is the energy of this summer season of 2018?"



We did a 3-Rune spread. As with the traditional Runes, the spread is set up and read from right to left:

Right— the situation now Middle — the course of action Left — the situation developing

The first Rune in the spread is the Universal Rune KHUCH (Disruption), and it represents the situation at the beginning of summer, or the Summer Solstice and its aftermath. With all that is going on in the world, KHUCH is hardly a surprise!



### KHUCH (KHU): Disruption

This Rune is always disruptive in its placement. This does not necessarily mean negatively. Although sometimes its disruption will appear to be negative, it is often the instigator of

major change and new beginnings. This Rune indicates a necessary disruption such that good may come. It is a Rune of strength. Individually, one may look to the interruption of an accepted flow as an indication that change is needed. This Rune forces the indecisive person to decide when facing issues. Khuch should always be seen as a reflection of necessary change.

# KHUCH REVERSED: Dilution, Weakening Forces

Khuch reversed denotes a lessening of determined effort. The weakening of resolve that succeeds. Action may be needed to place you back on a productive path.

(from Universal Runes)

The description above of this beautiful Rune is taken directly from June's *Universal Runes* booklet (1985).

Users of the traditional Runes will recognize the similarity to URUZ, the Rune of Strength. Strength, and the accompanying willingness to release the old, is needed in a time of disruption.



The second Rune is NAAH (Controlled Plains, Mind Over Matter), and it is reversed (with the circle on top of the line). It represents the course of action needed this summer.



# NAAH (AAH): Controlled Plains, Mind Over Matter

The universal energy of Naah is that which permits control. All nature's forces are in balance and harmony exists through divine intervention. The divine

mind directs the universe. Individually, Naah presents the energy which helps the individual to accept his ability to control his life through his mental capacity. The mind is the director of his manifesting life.

#### **NAAH REVERSED: Lack of Focus**

Reversed Naah denotes a lack of mental focus. Attention should be placed on concentrating thought patterns to shape and mold the future.

(from Universal Runes)

The third rune is MAAUI (Man – His Race). It represents the situation evolving towards the end of summer. (As is true throughout the Julian teachings, "Man" of course refers to all of humanity.)



#### MAAUI (AI): Man — His Race

This is the universal energy that influences evolution and unfoldment. It is Maaui that weaves the rhythm of all things universal into a compatible tapestry for man to evolve in. Individually,

it is man's own evolution mentally, physically, and emotionally. Where this rune is placed in a spread indicates growth and evolution for the individual.

#### **MAAUI REVERSED: Without Man's Influence**

Maaui reversed removes man's influence, leaving the Rune as a universal influence to which he must bend.

(from Universal Runes)

A deeper experience of the energy of the Universal Runes will always be had by chanting their sounds. These are given in parentheses after the Rune name. As Julian said in the <u>11 Commandments for the New Age</u>, "Sing whether you can or not." Give it a shot!

In addition to the written meanings, and the resonance of the tones within you, note the visual movement of the

reading. The arc of Disruption resembles a rainbow or bridge. It is described as "a Rune of strength" and it indeed resembles the traditional Rune of Strength. It provides "a necessary disruption such that good may come."



Julian has taught that soul growth consists of accepting a situation as it is and making the best of it. We can accept disruption or change as reaching up and down, like a Rainbow, and showing a way to good.

The second Rune in this spread describes the challenge of this season, and the course of action needed this summer. Given the disruption at the outset, there is a need for control. NAAH (Controlled Plains, Mind Over Matter) reminds us of our power to make the best of the energies, which may be somewhat vague and unfocused

otherwise. We could be dissuaded from creative thought and action by a "down" response to disruption. The reversal of this Rune serves to sharpen the message that we really do need to concentrate thought pat-



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terns, and act on them, if we want to shape and mold the future! The circle of Mind, in reversed position, is below the line of the physical plane, or "matter over mind". Yet through our effort and focus, we can restore the balance.

The third Rune, Man—His Race, is where we are headed. It dramatically illustrates the movement needed—

the elevation of the circle of Mind (or the Yet To Be, another Universal Rune), through the exercise of the upward arrow (symbol for Spiritual Warrior), which is identical to the symbol for TEIWAZ, or Warrior Energy, in the traditional Runes.



In this spread, the situation is KHUCH, the action needed is to render the reversed NAAH upright, or to raise the circle of Mind above the physical plain, and the result is MAAUI, the elevation and evolution of the human race. Note that in the context of this reading, in the result MAAUI, the circle is indeed raised!

Note also that in this final symbol the upward arrow, reminiscent of the traditional Warrior Energy Rune, actually touches the circle of the Yet To Be, or the mind of God. Therefore, Warrior Energy MAAUI can be understood in this context as



akin to the Spiritual Warrior. This is, of course, also a symbol of our own higher minds at work. We like to think of MAAUI as the universe's response to the question posed by Michelangelo in the Sistine Chapel, where God reaches out to man, and man, laying back in a languishing pose, would have but to extend his finger to touch God. Through the assertion of spirit, in MAAUI the upward arrow actually does touch the circle of immortality, perfection, and Universal Mind. It also in fact seems to elevate it, and we can elevate our minds.

The narrative of this reading, from a symbolic perspective, identifies a necessary disruption such that good may come (with a hint of the promise of the rainbow), provokes us with a mirror reflecting possible stagnation and inertia unless we believe in, and act on, the power of mind over matter, and promises the elevation and fulfillment of the higher mind in its rightful place.

Julian in the 1984 workshop said "Julian did not create these Runes. The Universe created them." They are thus an expression of Nature, and of God.

For all the Universal Runes source material: Authors are Rev. June K. Burke & the Seraph Julian. Copyright © 1985, 2018 Saul Srour. All rights reserved. If you would like us to send you the Universal Runes booklet that June Burke published along with accompanying materials, including a blank set of 25 wooden Runes for you to inscribe the Universal Runes on, a string-pull bag, and a cloth to do readings on, please contact us. We ask \$30 and payment can be by a check made out to Shesta Ross and mailed to 15206 Chelsea Drive, San Iose, CA 95124.

We will be also be giving a series of Universal Rune classes online, with new added materials including unique spreads Julian gave for the Universal Runes that Saul Srour recently discovered in the Julian materials. These classes will be given on four consecutive Saturdays from September 15 to October 6 at 9 am PST (we may adjust this time a bit to accommodate students). It will also be taught on later dates as noted in the class announcement on page 14.

If you're interested or want to find out more, please email us and we can send more details.

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# Light

by Adele Lederman Walnut Creek, California

Light, Light, Light, Workers of light create such delight Inside they know The joy of the glow Be a light to all To all whom you know You will bestow To those that seek, the drive for answers, no longer meek The joy that comes from inner sight. To know the self and know it's right.

# Saul's Corner

# The History of the Universe (Workshop #201)

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## **Chapter VIII: THE NETWORK OF LIGHT**

I want to talk a bit about the Network of Light, of which many of you are a part. A New Age is being born, so that the energy of the Earth mass, as you know it now, can have its own vibration created by man.

Man's energy affects the universal energy as much as the universal energy affects it, so man's attitude is the first job of the Network of Light, changing thinking patterns toward collective living, compassion and willingness to listen. That is one of the greatest faults that you have in the Network.

Everyone is so busy talking, nobody is listening. There is no communication without listening as well as talking; there must be both.

If man will look for the similarities in their culture, their religious backgrounds, their philosophical understandings, rather than differences, they will soon find that the birthing place of all of them was back here in Lemuria and Atlantis.

Within every single one of them is the same truth, embellished in a different manner, but the same truth. The kind of communication that says let us find our similarities rather than our differences is one of the first steps of the communication of the Network of Light in this world as you know it today.

Once you begin thinking it, you can begin living it. "As a man thinketh in the heart, so shall it be brought unto him." I know I am repetitious in that statement, but I cannot say it enough. It is not what you mouth on the surface, but what you think and speak from the feeling in your heart that will manifest. When your mouth is saying one thing and your heart is saying another, you are going to have a problem manifesting, but the moment the mind and heart are together, it is there.

The magnet that you project from yourself becomes the magnet that attracts that same thing to you. What you think and speak and feel in your heart will emanate from you and become the magnet that draws that to you. That is why you have the term "two-faced." Two-faced is the same as saying one thing and thinking something else in

your heart. You say, "Oh, hello, how nice to know you," and you think, "Good god, what is this one doing here!" On the one hand, you are saying welcome to the neighborhood and, on the other, you are saying there goes the neighborhood. You cannot have it both ways. There are no half-packages, my friends, and that is the Network of Light, the realization of those things on a functioning basis.

The Network of Light is not a mystical thing; it is human beings who are endowed with the wisdom from the past and from the Hierarchy. Every time you meditate, you are learning to be a greater Light in the Network of Light.

It is those who are willing to sit and learn that they may give these teachings to others. It is those who are willing to share. It is those who are willing to share time and energy as well as things. That is what is important.

How many times have you heard someone say, "I'd love to do something for that person, or this thing, but I just don't have the time." They spend a half hour telling you why they cannot do it; and, in that half hour, they probably could have done half of what was asked of them.

Even at the time of Lemuria and Atlantis there was the Network of Light, those of the Hierarchy who had chosen to enter Earth's plane as Light people and those who had chosen to remain in the unseen as Light people.

These were to be the guiding factors through all of time, through every race and culture, to teach that there was Light and that it would move forward. Something had to be there through the rough times to lead and guide, so there was formed, at the very separation of man, a Network which would go out through the universe and help man to come to their full realization and proper place. No one was let loose unaided. No one.

Naturally there will always be those who will listen and those who will not. There will be those who are sure that nothing could possibly happen to them, that it always happens to the other fellow.

Have you ever noticed that? Everyone else has accidents. It is alright for me to drive ninety-five miles an hour be-

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(Saul's Corner, continued from page 11)

cause I do not have accidents. The need to be Light and to have a Light to be attracted to has always been there as part of the saving factor of all that has been created.

There is a Network, an organization, if you will, of Hierarchy who are helping every segment of man. There are those who are the teachers of Light who bring Light to others, who in turn bring to others Light, and it spreads.

Do not be afraid of your universe. There are many more of you on all levels than you realize. That does not mean that you should give up working, however, because the Network of Light is kept alive by each Light being its brightest.

Many who read this are New-Age teachers. You are here to move the Earth forward by your teachings, by bringing beauty and form and Light to your world, and that is good. That does not mean that you have to be someone of great stature or great political position. It means that you have to be attuned to the harmonic of yourself so that you may interact with others in that harmony and, in so doing, live the New Age Law — LOVE ONE ANOTHER UNCONDITIONALLY.

It sounds so beautiful until that monkey-wrench "unconditionally" is thrown in there. That is the difficult part. It does not mean that you do not have opinions. It does not mean that you discard your divine right of discernment. It does mean that you do not judge. You may like or dislike, but you leave the judgment to the universal laws. They take care of it very efficiently.

The Network of Light has a driving factor on the other side. There is a Network of Light for every little insect and plant. Everything of this Earth and Nature has a guiding Light factor working with it. The angelic force called "Dominions" is the guardian of the plant life and of the little people. Little people do exist and have as much help in their realm as humans have in theirs. You have the Seraphim, the Cherubim and the Archangels. These are all Light beings, governing factors of your Light home. They help you to remain "lit", so to speak, and that is good.

There is an angelic force, a Archangel, called Uriel, who is very important in this time, for he is an Angel of Love. All angels are love, but Uriel is the ice-breaker in this New Age. He comes with a "heavy broom" to make it known, and, very often, you will find his energy present in groups. He's shaking people up to understand love, because they have some very strange concepts of love today.

Uriel is there for that purpose; he has taken that load on, so to speak, in this world. You will know his presence

by the pulsation of the energy in the room. It is a thumpump, thum-pump, thum-pump, pump-pump, pumppump, pump-pump, and it goes on and on and on like a regular flowing river of energy.

Where healers are working, he is powerfully present. I guess you would call him a New-Age angel (although he is very old) and he is there to help you.

Michael {pronounced Mi-Ki-el) is wisdom — the wisdom of transition. Michael can turn you into something else through love and wisdom, but you must want him to do it.

Remember one thing: no angelic force is permitted to run you. They are there to guide and assist you. They cannot make the decisions for you. You must run you. They can give you insight; they can give you vision; they can give you something to help you understand; but you must do the doing.

Gabriel — communication. (These are their New-Age assignments.) Communication, and he is also very much in the process of shading the package wherein communications are more shocking to bring people out of apathy.

Some of the insights and communications that come are almost more than people can handle, but it is all to the purpose of shaking up the placid acceptance that "Doom's Day" is here and everyone is going down the tubes. Doom's Day will be here only if you sit and do nothing.

Raphael is the mender. Raphael is the energy that literally stands between two other energies and lets them transmute through him to a wholeness and then be one. Raphael oversees all exits and entries into your universe.

Through the direction of him and his emissaries, you make your transitions. He is the Guardian of Transition.

Know with a certainty that any angelic force you call upon will assist you. The moment you send out the signal to Michael, Gabriel, Uriel, Raphael — any of them — you will find an answer. Remember, they are God's emissaries, and He works through them all:

That which is; That which was; That which always will be.

In working through them, your prayers are heard. God never denies. He only delays at times, because you do not know the right timing.

Angelic forces never separate themselves from man;

man does that on his own. He puts them on little pedestals and says they are unattainable. No, they were created from the beginning of time to be your aids, guides and friends. Know them and use them.

There are those who are called Master Teachers, those who are called guides, and those who are called sprites or elves. They are all part of the Network of teachers, so you have a very strong Network working at the level that is tolerable for you.

Every time you make a request, that "Great White Spirit in the sky" hears you. She hears you, as the instrument would say. (That shakes people up, too.)

Father-Mother God hears everything you ask, but you cannot plug directly into the vibration of that energy, because it would burn you out. However, you have in you that little plug that goes into the switchboard, the God I Am within you. When you tune to that point of Him, you are tuning to Him totally.

His emissaries are divided into vibratory categories that are tolerable to your energy. Through these, it can be worked. It would be the same as if you tried to plug your little toaster directly into the transformer on the pole outside your house. You would burn it out. But if the energy is brought through the wire into the fuse box inside your house and, from there, through another wire to an electrical outlet, it becomes a tolerable dosage that your toaster can plug into.

You have a tolerable point in you that you can plug into which will immediately send the signals through all those channels to that Transformer.

When you meditate, when you pray, when you turn inward, you are tuning to the point of God within you which, in turn, becomes the God Force.

When there is love and illumination, there is power. Illumination is Light.

When you speak of the Christ Light, you are speaking of the Christing or Lighting of the being — the Illumination. When you speak of love, you are speaking of the sustaining force of the universe.

When those two powers come together and are given mental direction, you are power. How you use it is your free-will choice. And therein lies the tale, for how you use it can make it a negative or positive force.

The thing that is hard for you is that you think of something as you understand it in your physical plane. In my world there is no time. All that is needed is thought and

you are there, so those on my plane can handle far more than you in the physical world think they can handle. They are not there to be what you call "the boss" kind of thing; they are there to be an influence, a force to help you become what you want to become, to get where you want to go.

(To be continued in September 2018 ROL)

# **Turning the Tide**

by Spritual Beggars from the Earth Blues album

The sky is crying genocide
Mother nature bleeding dry
Rivers running black with disease
All because of human greed
Take a little time
And look around
What did we do to our paradise?
I see a black dawn rising
Can we turn the tide?
Is it too late?
Or can we turn the tide?

The children of tomorrow
Will be the victims of our crimes
Let's make a change, do what's right
Before we run out of time
Just take a little time
And look around
What did we do to our paradise?
I see a black dawn rising
Can we turn the tide?
Is it a light?

Is it a light to turn the tide?
Take a little time
And look around
What did we do to our paradise?
I see a black dawn rising
Can we turn the tide?
Is it too late?
Or can we turn the tide?
Is it too late? Oh

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## Sam & Temier Offerings

### **Healing Gatherings**

The next Healing Gathering is on June 17th and then every other week thereafter. The Healing Gatherings are free and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at www.temier.com/FreeWeb.html

### Pathways Meetings by the Seraphim Temier

Virtually everyone's perspective either is in change or is in need of change.

You undoubtably see divisions being created all around you and your natural desire for a new balance is amplified and wants to grow. You experience an inner desire that more is needed, but you are not sure exactly what it is. However, as you learn to cope with the strong and diverse external perspectives, your internal point of view changes. Then, with a bit of help, your personal life path begins to adjust and your real purpose in life becomes clearer.

These meetings will help you to gracefully create a new internal balance. They will permit you to discover the productive changes that are needed on your personal path. They will help build stability even if there is disorder around you.

This will result in a better understanding of your individual potential, which then can lead to a greater expression of your personal power. And that's a really good thing!

Ultimately, and more significantly, as you maintain a stable balance you help to create a more balanced world and a greater sense of belonging.

The meetings occur every other week right before the Healing Gatherings. The cost is \$15.00 via PayPal. You can get more info and can register at www.temier.com/OnTrack.html

## **The Universal Runes**

David and Shesta Ross will be giving a series of online classes on the Universal Runes this fall. These classes will explore the remarkable material that Julian presented in 1984, including the power and "message" of each Rune. We will work with various Universal Rune readings. We will also cover new, never-before-available information that Saul Srour recently discovered in the Julian materials, including spreads that Julian gave uniquely for the Universal Runes

Students who didn't attend the Universal Runes workshop at the 20th Gathering can obtain the Universal Runes booklet, a string-close bag, a cloth for spreads, and 25 sanded wooden blanks to create your own set of Universal Runes and do readings with them.

These classes will meet online over four consecutive Saturdays at 9 am PST. (We may adjust this time a bit to accommodate students). Classes are currently scheduled for the following sets of 4 Saturdays:

- September 15 to October 6, 2018
- October 13 to November 3, 2018
- January 12 to February 2, 2019
- March 9 to March 30, 2019

Cost is \$50/class (covers all 4 sessions), and \$30 for the Rune set and booklet materials. As the classes are an exercise in self-discovery and communication, they can be taken once or multiple times.

If you're interested or want to find out more, please email us and we can send more details.

 $shest aross@natural bridges lands caping.com\\davidross@natural bridges lands caping com$ 

#### **About David & Shesta**

Shesta Ross (B.A. History; CA K-9 Teaching Credential; M.A. Instructional Technology) has taught elementary school, ESL in Iran and Egypt, Meditation, Ceremonial

Magic, Universal Laws, Medicine Shield workshops, among other topics. She became the second certified Transition Energy teacher (just behind Sam Holland), and taught seven multi-year TE classes. Shesta is a member of the Records Group, the Kabballah Group, and the Mystical Magus Group. She expresses herself as a healer through bodywork, spiritual counseling, and hypnosis.

David Ross' path led him to create Natural Bridges Landscaping, which has kept him very busy designing and installing beautiful gardens in the Bay Area for 30+ years. David's spiritual studies include Transition Energy, the Records Group, the Kabballah Group, and the Mystical Magus Group. David regularly channels healing music on the piano as a volunteer at Kaiser Hospital.

Rune work is an integral part of David and Shesta's daily spiritual practices, and they may be the only individuals currently working regularly with the Universal Runes as described by Julian.

## **Study with Andrea Smith**

## **Meditation Class for Beginners**

Andrea is offering an online or in-person meditation class for beginning and intermediate students. There are no prerequisites for this class.

Each class is self-contained, so a student could attend each month, or attend only occasionally and still benefit from the meditations. Some of the meditation tools students will develop, each of which will be used toward manifestation of personal transformations, including working with the

- Chakras (corresponding tones, colors, and elements)
- Elements Earth, Water, Fire, and Air
- Four directions
- Four winds

This interactive online or in-person class is scheduled for the second Saturday of each month at 11 AM Pacific Time (starting June 9, 2018). The monthly fee, which includes an electronic audio of the class, is \$15 per class payable through PayPal.

# Sacred Sites in Portland, Oregon: A Field Class for all levels

For over 30 years, Andrea has enjoyed locating and interacting with ancient sacred sites. Starting Sunday, June 10, she is launching a series of classes in which participants will learn to physically work in nature with components of Portland, Oregon easily accessible sacred spaces. Students will work with sites to understand their original purpose as well as to manifest personal transformation. Classes are scheduled for the second Sunday of each month at 1:30 PM. Cost is \$25 per class payable through PayPal, check, or cash.

#### **About Andrea**

A qualified teacher of mystical sciences and charter

teacher of Transition Energy, Andrea is dedicated to supporting students in personal transformation and growing their understanding of their reality selves, core being, and unique potential and path in life. As we transform ourselves, we also change our environment and our planet.



Andrea, ordained as a minister since the early 1980s, is a skilled teacher with earned doctorate and master's degrees in education. Andrea professionally served from 1991 to 2017 as an administrator at a university of natural medicine in Portland, Oregon, including the roles of dean of classical Chinese medicine, vice president, and provost. She was on the founding boards of several non-profit organizations, served as a commissioner for a non-profit accreditation commission, and has over 30 years of experience working with non-profits that support the bridging of ancient wisdom into the current age and with educational institutions that honor the sacred wholeness of mind/body/spirit. Andrea is also skilled in energy clearing and assists the transition of entities trapped on the earth plane.

# See Andrea's website for additional information and to register for her classes:

www.andreasmithtransitions.com

For other questions, contact Andrea at: andreasmith77@comcast.net or drandreasmith77@gmail.com 503-720-5269 Page 16 Ring of Light

## **About the Ring of Light**

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers and editors who contribute their words and ideas to this publication.

#### **Our Next Issue**

Theme: Gifts (to me) from the Universe

Submission Deadline: 9/5/2018 Send electronic submissions to:

ringoflight@julianteachings.com

### **Contact Us**

To report a change of address, please contact Saul Srour at: **s77aul@yahoo.com** 

To received an electronic version of the ROL,

please contact us at: ringoflight@julianteachings.com

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### **Please Support Us**

We thank each and everyone of you for the financial support that allows us to produce the Ring of Light. An annual contribution of \$10 (\$20 for international delivery) will cover the cost of your newsletter! Make checks payable to Jan Clayton (send to 25960 Quail Lane, Los Altos Hills, CA 94022), or send funds via PayPal to jan.clayton@samling.us.

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