

Ring of Light

A Newsletter for the Members of the Julian Community

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It's Spring! Or is it? It seems like winter started to show up in a big way about four weeks ago, and it doesn't seem to be going away any time soon. I guess that means that we still have time for introspection, or is it rumination.

I love Julian's quote about introspection (on right). A true reminder that introspection is not about beating ourselves up, but, instead, learning more about ourselves — a process of self-revelation.

Even more interesting is the statement that we have the "*privilege and ability*" to correct or change anything we want about ourselves.

Privilege. What a fascinating term to use: "a special right, advantage, or immunity granted or available only to a particular person or group of people."

But why don't we think of it that way? Why do we look at introspection and the resulting changes with such trepidation? Maybe we just need to change our mind set and realize that it is a *privilege* to be able to make changes, not an onus.

The super-blood, blue-moon eclipse in January should help us with our introspection as well as the processing of wrapping up unfinished business in our lives. Let's make sure that we take advantage of our privilege and abilities to do so.

Have a wonderful spring full of planting seeds — planning the changes we know will complete our unfinished business.

— *Nancy Walton and Jan Clayton*

Julian Quote

"The purpose of introspection of any kind, in this point in time, is for self-discovery, not for self-flagellation.

The goal is not finding bad things about yourself — finding things that are irritating you enough to make the rest of it harder.

Instead, it is a self-revelation. It's all about revealing to you, your relationship to yourself over years. And knowing you have the privilege and the ability to correct or change anything you want to."

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Author: Rev. June K. Burke and the Seraph Julian

Development Class #232

Given in LaGrangeville, NY on July 3, 2004

Astrology

by Eleanore Johnson and friends
Poughkeepsie, New York



Change is inevitable, growth is optimal. The influence of the planets can help us to understand. Astrology represents the cosmic patterns or cycles that bring change. It can allow us to become aware of the patterns that operate in our own lives. A lack of awareness can contribute to a repetition of old patterns that are not always in our best interests.

The theme of this issue is Introspection, Ruminaton, and Me. This is a great time to get in touch with the energies. Embrace what we have learned from our studies, live them with awareness of the opportunity for growth and evolvment.

Saturn, the great teacher, is in the sign of Capricorn, in its dignity (its own sign). It usually forces or inclines man to focus on the important or appropriate issues, as it is the way man fulfills his karmic patterns, individually or collectively. Saturn can express the best or worst qualities of this sign. In this sign, we run out of excuses and face reality. The test lies in the use of power. Saturn in this sign is referred to as "the Karmic clearing house." Jupiter is also in its dignity, giving it great power. Because both of these planets are in their dignity (In extremely favorable signs), they can work together as a team. This situation can make for a new start in the areas that need to change.

Venus, the goddess of love and harmony, can bring stability and compromise as Venus is in a trine to Pluto.

A partial solar eclipse occurs Augusts 11th in the sign of Leo. Leo rules children. They will continue to make themselves heard.

Mars, the planet of action, will be in Aquarius September through most of November. Mars rules the ego. It is energy plus. Aquarius is an air sign. The air signs are the communicators. There will be much activity in groups that want to make positive change in the world.

In November, Jupiter will enter Sagittarius for a year. It represents philosophy and humanitarian pursuits. It is the social glue that holds things together. Mercury will enter Sagittarius in December and it will be direct though the entire sign. It indicates a mind that is concerned with social justice.

There are several eclipses this year. Eclipses are special new and full moons that usually mark a shift in direction. There was a Super-Blood, Blue Moon eclipse in January, which should help wrap up unfinished business in your life. The New Moon Solar Eclipse on February 15th carried a gentle, hopeful, and loving energy, which should make us all feel a bit more optimistic. A partial eclipse occurs July 12th in the sign of Cancer. There could be many emotional encounters, as this sign is the ruler of the USA, and it is in opposition to Pluto. Power struggles are indicated. A total lunar eclipse occurs in Aquarius on July 27th

Love and Light, Eleanor

Introspection, Rumination, and Me

By Renee Salvatori
Wheeling, West Virginia

My son was working on an art project that expressed who he was, and so he asked me how I would describe him. He didn't mean his physical features like brown hair, tall, or male, as one can easily look into a mirror for those things. He wanted words that described his inner-ness. The kind of words that proves a little trickier for most people.

I easily rattled off my descriptive words, and he was off to create with a validated enthusiasm. However, his question made me think. How would I describe myself? It was not easy and I stumbled and tripped and didn't get very far. Did he also hesitate? Is that why he asked me to help him define himself?

So I asked if he felt that the words I used to describe him were accurate. He confirmed they were. I asked why if he knew, he asked me? He spoke my own inner thoughts. Thoughts, like undeserving, unworthy, bragging, and insecurity of the true self. I believe a good many of us struggle with the same issues. Who are we beyond the mirror image? What are our deeper descriptive words?

I likened this experience to a book. Upon merely picking up a book, I could quickly and easily describe it based on its cover: blue cover, heavy, 5 by 8 inches, the title and author, or if it is a story or picture book. That is the easy part, like the human looking in the mirror. To describe anything else, I would have to become involved in the book and immerse myself beyond the cover. Then I could build the character, describe emotion playing out, understand the scenario, or visualize the scenery. The inside would take time to engage more fully. So I ask, how often do we engage in ourselves like that?

As is often the case, my child taught me again. He confirmed how we skim over ourselves due to truths we don't allow ourselves to see. Perhaps because we hesitate from insecurity, or our deeper reveals get hurried along due to the

speed of living, or because they get smothered by another's careless word or put-down.

So as he painted, I sat and got quiet, took deep breaths, engaged in my pages. I sat in introspection. I allowed rumination. I found me. Descriptive words that showed the good, bad, and ugly parts of thyself emerged but not in a judgmental way. It was soft and reflective. It allowed moments to complement myself, and insightful moments into things I needed to change. It was also very encouraging in how this introspection played out in the days and weeks that followed. More and more descriptive words flowed freely. I wasn't stumbling or tripping but strolling smoothly into the deeper self.

My son created his physical piece of art that day, and I created a deeper more personal piece of inner art myself. Introspection, rumination and me is the contribution we all can create.



What If?

By Anne Claire Venemans
Utrecht, The Netherlands

Have you ever asked yourself, perhaps in a quiet moment, what if?

What if you had acted differently? What if you had been a bit more daring; more brave? What if you had backed away from that decision? What if you had followed directions? Or what if you had always made certain to do things your way?

There must be hundreds of “what if” questions. Hundreds of ways that things might have worked out in a modified, or even a new, up-to-now unimagined manner. If only we had perceived things differently—thought differently. Done differently.

Whenever we ask ourselves “what if?”, it is surely not the same as having regrets. We can build a fantastic life for ourselves, and yet still have this question in the back of our minds that says: “What if?”

It seems to be not as much about how good things are turning out for us, but rather how things could have turned out differently. More adventurous. Or perhaps more authentic; more true to ourselves. To that part of us we know is there, but we hardly ever allow to shine.

That makes that the real riddle connected to the age-old question “what if?” more to do with what we have been told; what we are taught; what we have learned, and whether that combination of things we have been told and taught, and experiences we have had in life is important enough to override our desire to be who we feel we are truly meant to be.

How important is the opinion of others to us? Do we keep bending to other people’s wishes in order to keep the peace? Do we still believe that the things we were told when we were young, are the absolute, unequivocal truth?

A personal “What if?” of mine is: What if I hadn’t met June and Julian? What if I hadn’t experienced Julian’s Teachings? What if I had listened to those around me who reminded me time and time again how much I had to give up in order to embark upon this new adventure?

Ultimately, the only way we can live our lives is to say “What if that was someone else’s truth, but it isn’t mine. What if we started living our own truth, our own values, follow our own hearts? What if we start putting effort into being authentic; being our own unique selves...”

Julian told us often that each of us is important and worthy to the Universe in our own individual way with our own unique potential. He told us that it is our choice as to how we use our seemingly unlimited potential. That we, in unfolding our potential should look at our greatest accomplishment and see that as our first step.

If we truly take this to heart, the “what if?” question doesn’t apply so much anymore to the things that have already happened in our lives, but rather applies to how we decide to live our lives from now on; how we will unfold our own, individual, and unique potential.

Now that might be the adventure of our lives!!

A Place for Winter

By Terry Brown
Portland, Michigan

A break in the cold opens.
Light breaks through the dark.
Energy surges within the essence of things,
Fuel for a starving soul.

Sunlight appears weak, and yet,
Birds flit about, busy at their errands.
Tufted grasses blow in the wind, allowing
Respite for a tired mind.

There is a place for winter.
With its time for reflection, serenity settles.
Time to stop questioning,
Turn back to the root.

Though the world moves in haste, and
Bitter tastes linger from the news
Lying dormant, love prepares
For love’s light to shine through.

Spring Miracle Thought

By Barbara Garro
Saratoga Springs, New York

Consider that 80% of Americans believe in miracles. Personally, I have been blessed with miracles all my life, even have a miracle file.

That being said, getting the miracle is one thing, what you do with each miracle is quite another. Initial response needs to be immense gratitude. Next, respond by using your miracle as a jumping off point to take positive steps in the direction of your dreams and visions. Do something positive.

Wondering if you can make miracles happen? Who knows what can happen if you believe in miracles, believe in yourself, believe you are loved by a good God. Consider stepping outside of yourself and into the life of someone else. What if you can make a miracle happen for someone else? Remember, miracles come in all sizes, shapes, and circumstances. Hone your intuition to hone in on someone else's need and fill it as best you can. Everyone needs a helping hand at one time or another, but a surprise helping hand, especially an anonymous one, may just be the miracle needed to make a positive change in someone else's life.

Imagine the joy you feel every time you create an anonymous miracle for someone. You can just be a person who anonymously brings joy frequently. Drop off a surprise on someone's porch. Mail a gift card, a book, a CD, a box of chocolates, special teas, or soaps. You get the idea.

Be the miracle someone is waiting for. That makes your life worth living.

This comes from the 2018 Spring Creation of Barbara Garro, The Put On A Happy Face Coach!



A Modern Reflection

by Adele Lederman
Walnut Creek, California

Mirror, Mirror on the wall
Do I see who's really there?
You're just a piece of glass with paint.
Why should I even care

Why should I take the trouble
To learn just who you are?
I'm really much too busy
reaching for a star.

Why should I get to know you?
What can you offer me?
A friendship everlasting
or faithful loyalty?

Don't look at me in that special way.
You tell me it's just a lie.
That deep within I am lonely,
and often I do cry

I see your image staring
I look within your eyes
and just for a moment
I see truth instead of lies

You say I am really special.
You say you truly care.
You're actually a part of me,
and everything we share.

If I visit with you each day,
for just a minute or two.
You say I will find the friend I need,
and learn about me too.

I guess I can spare that much time,
if what you say is so.
I may someday get to like you.
Who knows, I might even grow.

Book Review of School of the Soul, Its Path and Pitfalls written by Z'ev ben Shimon Halevi

**By Camille Albrecht
xxx, Michigan**

Ze'v ben Shimon Halevi (English name, Warren Kenton) is an author of books on the Toledano Tradition of Kabbalah. He has taught the discipline for over 40 years, has a worldwide following, and is the founding member of the Kabbalah Society. Along with Kabbalah, he has authored several texts on astrology. His books focus on how to manifest the full potential of the soul within the various the planes of existence. Students of Rev. June K. Burke and the Seraph Julian will likely resonate deeply with Warren Kenton's works as the teachings harmonize beautifully together. There is no need to embark on an in depth study of Kabbalah to gain tremendous insights from Halevi's work. His writings are clear and precise. He leads the reader to greater understanding of the purpose and process of creation, and how to quicken our growth through self-awareness and the conscious use of will.

New editions of Halevi's main works have recently been released and include new diagrams, symbols, and illustrations that provide added insights into the text. I highly recommend the new editions. They are available through Halevi's website, <http://www.kabbalahsociety.org/> which links you to Watkins Bookstore in London (one of the premier metaphysical bookstore in the world). The older editions are less expensive and readily available through Amazon.com, Barnes and Noble, and other popular bookstores.

For this article, I chose to spotlight Halevi's book, *School of the Soul, Its Path and Pitfalls*. This unique text explains the workings of esoteric groups, which Halevi refers to as "schools of the soul". The book provides practical information that applies to Julian community members as we study and grow together. Topics include why such schools are important, how they are successfully created and maintained, along with the pitfalls and problems to be mindful of.

It is helpful to have this guidance when forming and growing a study group. As students and teachers of the June/Julian work, this book provides a broad perspec-

tive of our place in the process of evolution, as we identify with esoteric students throughout time. You will see how your life path is similar to others from different spiritual traditions, various cultures and ages throughout time, all on an esoteric quest. To paraphrase Halevi from Chapter 2:

"It has been said that one in a hundred people is interested in spiritual development, but that only one in a hundred of these holds to the Path and carries it through to the end of his or her life. This means that only one in ten thousand people walking on the planet Earth is involved in the esoteric life of the planet. Even so, this adds up to quite a number. How is it done? It begins when a person is no longer concerned with just physical survival or asserting an egotistical impression on society, but wish to know why they are here on Earth. The first contact between a seeker and the Work, as it is sometimes called, is usually within their own culture and they seek within the tradition they were raised. Yet very often the individual seeker is left dissatisfied here, and having rejected his or her own cultural background finds a resonance in an alien tradition. This for many is the entry point into a new spiritual family."

Most of us in the Julian community realize we have moved off the beaten track in terms of our keen interest in esoteric studies. Although we share a love of humanity, we have developed a set values and priorities that differs from many in the popular culture. In addition, many of us broke away from our childhood religious training or from the family culture within which we were raised and chose to follow an "alien tradition" as Halevi refers to it. Alien here refers to something foreign or unfamiliar with our early training.

This divergence required courage and strength of will. Many of us had to step away from the belief systems our family, our friends, and our community. Although we may love and respect them, we follow the beat of a different drummer.

In Chapter 7, Halevi explains the importance of group work. Once again paraphrase:

"In former times an individual who sought spiritual instruction could go to a recognizable school for the soul. They attend because they wish to pursue a path of intimate knowledge of God and for them nothing less than a direct contact will do. However, before this stage can be reached several insights about groups are gained. The first is the realization that one cannot develop alone. No amount of effort will take one beyond the range of ego. The person who has read every book on the subject but has no one to debate with soon forms a fixed set of unchallenged views."

Halevi explains that working with others in a group forms a dynamic of discussion and sharing that can help a person elevate through the prejudices of their own ego to a higher consciousness. And, that participation in the daily rigors of the world provides needed lessons in establishing inner balance, as well as opportunities to

apply the teachings. This is not as easily attained if one isolates themselves from the world, even if in prayer and meditation.

By providing a step-by-step guide to esoteric group work, Halevi can assist the Julian community teachers and students in their own group participation. The book applies whether you study June & Julian Teachings, Kabbalah, Buddhism or any other spiritual study. Halevi concludes that no matter what esoteric line of teaching you choose:

"The Teaching has no special conditions other than that Truth should manifest in the presence of an honest seeker. Through it we learn how to come to terms with fate and to meet our spiritual destiny. Within the context of a group we can recognize our unique identity and relate the gifts we have been given to the other's skills, not in the competitive way of the world, but as each person fits into his own particular place in the school, which is part of a whole that, in turn, is an element in a larger scheme and so on, until we see every everything is interconnected in time and manifestation."

Existence is the unfoldment of the Holy Name I AM THAT I AM... Our task is to realize, in each of our lives, the God Consciousness that lies at the root of our being and pervades the universe. Schools ... are brought into being to aid this process and place it in the widest and deepest context, so that we may gaze, and in our moment of enlightenment, upon the countenance of the inner and outer Worlds, and realize WHO beholds WHO."

Thank you for taking the time to read this article. I welcome your feedback on it, and on the concept of bringing the works of authors complimentary to those of June and Julian into the ROL.

Also, perhaps there is interest in having an ROL Book Club of sorts, where some of you choose to read, say, School of the Soul and would like ongoing articles in the next few ROL issues about its content. You could submit your questions, observations and comments about the book and we could have a forum. This same format could be applied to other teachings, especially June/Julian materials. Perhaps there is a specific public lecture or book of June and/or Julian we could read as a group and discuss. Please contact Camille at camille@camillealbrecht.com with your ideas.



Rumination

By John Svirsky
Garrison, New York

Happy New Year. Of course, most of the world celebrates the new year either January 1 or the Lunar new year. This year for the Chinese it is the year of the dog, and that too has past.

For those of you who know me and maybe have read my musings in the past, you know that I march to a different drummer. Something I wish for everyone. I think that was God's wish for everyone also. For we are all individual creations emanating from the same source. In literal terms, I look at all of us as rays of light coming from the Sun. We all emanate from a single source, yet we have individuality and free will. God learning about itself through us, as we learn about God within us and how to express that from a higher self-frequency.

Why do I march to a different drummer? Many times I think that it is my ego protecting me. But what is it protecting me from? Maybe from becoming more — from leaving the individual self and getting close to my true and higher self.

Look at it for a moment. For each of our ego-self's function and direction, the purpose is to maintain and protect this false identity. I am something. I am a man or woman. I am rich or poor. I am skinny or fat. I am loved or unloved. I am accepted or misunderstood. ... Well, you get the idea. Over the years, each of our egos develops a persona for us, and then it spends its time protecting it. Sometimes our ego forces itself upon others and closes us off from threatening ideas or concepts, such as the concept that there is something more than just us.

Yet, there is something far greater than this ego personality that will do all it can to defend and perpetuate its existence and illusion to the world around it. That something is a connection to a power greater than ourselves. What be that?

Well, in my case, there are many things — all those thought forms that distract and take me off my chosen course. So how do I connect with this power? Like many of us, I have tried organized religion. I have tried spirituality. I have tried so many things, yet I searched for more. And what I have discovered is the same thing that Masters have taught since the beginning of time. Yet, me being whom I am, I had to discover it for myself (surprise, surprise). This energy is all and everything, it is so far beyond our limited human conception. It has

no shape or form, It is the I AM. Free for each of us to return to, free to let us roam and play for lifetimes until we come to the acceptance that all we need is within.

This living, love force is all. And although you or I might believe we are separate and have our own identities (by the laws of this plane) the elements create and manifest the world according to each of our inner beliefs and desires. And then each world merges into a collective world. One world expressing many different points of view. But that, too, is far grander and takes me away from my Soul, the expression of me that is part of the whole.

I believe that each of us is part of what we call a soul group. We are the part that incarnated to have feelings and experiences that planet earth and all the other living schools in the universe provide. The information is then filtered and processed by the entire soul group. It assimilates, and all within the group evolve and operate from the new sense of understanding. If you doubt this as true, read Ken Wilbur's *100th Monkey*, or easier still, watch an ant colony. You will see that when one ant experiences danger the whole community reacts and goes in a different direction. Although they did not experience it directly, the information is processed and assimilated. Maybe we mistakenly believe that we are the only ones working in our soul group — we are doing all the work and our guides are just playing harps and singing praise to God from the other side. I don't believe that is how it works. Our totality is working on multiple dimensions, frequencies, and vibrations simultaneously. We are influencing them and them us at the same time.

I know in my life today — every day — I express love and gratitude, because I feel the presence of God in my life. Rather than seeing myself as separate, I see myself as part of the whole. I have learned acceptance of all things as they are. "Nothing in God's world happens by accident." So rather than fight what is, I am creating a world where I love and do for others that which I would want for myself.

Rather than react to what is present and is coming out of me, act and put out just for myself what I would want for me and others. I have the power to create and manifest my world and allow everyone else to do the same. I have the power to align with those who are in har-

mony. And I have the power to watch my thoughts and feelings toward others (that includes governments and world leaders) for their actions are not in my control. I have the power to connect to the Higher Power, ask for love and guidance in all my actions, and let go. I experience the results of my thoughts, feelings, and intentions, and have extreme gratitude for the world I have created. If there are weeds in the garden of my creation, pluck them out.

My New Year gift to myself is to take responsibility for my thoughts, my feelings, and my actions. I take the responsibility to align my thoughts with the principals of love, inner peace, integrity, life, joy and happiness, and prosperity of body, mind and spirit. I work to be of service to others and express gratitude for all that I have received.

Happy new year and may we enjoy the ride.

Poem

**By Regan Friend
Margate, Florida**

ring of light revealed,
how you make our hope renew,
keep us in your light.



Saul's Corner

The History of the Universe (Workshop #201)

Copyright © 1986 Saul Srour
Authors: Rev. June K. Burke and the Seraph Julian
(continued from ROL December 2017)

Chapter VII: CRYSTAL POWER

We have spoken about the gradual growth of the Atlantean period from that which was similar to primate man to that which was highly technically involved. As in many cases, when something good is discovered — a word, a power, or any good thing — it can be over-emphasized until it becomes a negative. You have some words in your society that, originally, were very expressive of a particular thing and then became so over-used that they are now a drudge to the ears of anyone who hears them. You have powers that have come into your plane that have been thought to be very good, but when over-used, have gotten out of hand and become a problem. And so it was in the Atlantean period.

When crystal power was discovered, the desire to play with them initiated the chain of events that followed. The crystals were porous, very similar to your granite, but with much larger pores. Each small pore was a chamber which created the ricocheting and amplifying of sound, bringing it to harmonics which were very pleasant and very amusing. At first, crystals were used as what you call “wind chimes.” They were used to create phonetic harmony for amusement.

The Atlanteans began to find that, in some of the areas in which these were used, vegetation was affected. They began to discover that people were affected. The crystals began to become the “highs,” so to speak, and people would gather to use them as a mesmeric force, bringing themselves to a great high, still for amusement, not with the thought of using them in a constructive manner.

As they began to discover that these powers, these sounds, these phonetic vibrations had this effect upon them, they began to experiment with the effect it had on other things. The scientific mind began to work with the crystals. They began to polish them and to bring them together in certain configurations and patterns, and observed that tremendous force could be brought forth from them.

This, then, took on a dual role. There were those who took the sound phonetics and created what you call la-

ser beam. From refracted light and sound, they created healing patterns that were used medically with certain sounds opening a wound and certain sounds closing it.

It should be recognized that the high piercing sounds were used for the opening and the lower vibration sounds were used for the closing. If any of you are involved in music, you can work with those scales and begin to feel what happens as sound is elevated. As the vibration is brought to higher pitches, it has a more piercing quality, a quality that sometimes creates involuntary opening.

So the crystal power was being used for medical purposes as well as to induce plant growth and, in some cases, to retard it.

They then decided that, if the power of one was good, the power of ten would be better, and they increased the power. About the time that the power was becoming a very strong force, they began to realize that, while they had created a means to start the vibration, they did not know how to stop it. The crystals would continue to vibrate whether they were in actual use or not.

This created problems because whole sound barriers, sound waves and forces that interacted with each other, were constantly going on without any purpose or use. It became a fearful thing; it was a natural force which was out of control. They came upon the idea that they could break the crystals and bury them. Certainly, if the harmonic was fragmented, the crystals would be separated and could not interact. However, they simply acted on their own at whatever point of harmony or discord they were.

The buried particles continued to vibrate and emanate their sound and power. Gradually, they honeycombed the entire land masses in which they were buried, permitting the sea to enter and weaken the structure, which later contributed to the sinking of Atlantis. It was a pure honey-comb with the sea going through it beneath the surface.

The point is that power was put into play here that was not properly governed. Does this sound familiar? The

crystals were like a fungus. The power would create a channel and then, as they moved slightly, another would be created. When Atlantis rises, some of these crystals will still be vibrating. Many of them have been subdued by “the pacifier”, the sea. The sea has always been the pacifier, the purifier, has always been that which heals; but there will be some fragments of the crystals that will still be vibrating.

The nullification of these vibrational energies should have been done by altering the vibration itself. The vibration had been brought constantly up, until it was a very high pitch, a penetrating and cutting pitch. It could be modified by changing the phonetics, by changing the aperture, by dulling the surface.

Collectively, these things would have gradually nullified the power. They did not think any farther until it became so strong that they were fearful of it. Their one solution was: If you have something you do not like, destroy it by breaking it. Whether emotional or physical, it was a breaking as far as they were concerned.

They did not realize that separating or fragmenting the phonetic altered it to some degree but that there were enough collective phonetics that continued to hold the power. If you position a mirror so that sun rays are hitting it, it is going to reflect with a very strong power. The only way to lower the power is to dim that which reflects on the mirror or alter the surface on which it is reflected.

There was not enough consideration put into the altering of the reflector; they thought that just fragmenting the crystal would be enough

All during this period of gain, control and power-play with these crystals, there were those who worked with the spiritual aspect. Here, again, the spiritual elevation of consciousness, the raising of the levels of the mind for healing purposes, comprehension of the universe and interaction with nature got out of hand.

There were those who thought: If my mind can do this, it can also get me anything I want. I can use it as a control factor. The negative factor was again brought into it. Ego and personality got in the way of spiritual elevation. Thus you had the parallel of many avenues of good gradually becoming negatives because of the misuse of power, the power of the mind, the power of the spirit and the power of the crystals. It was a spiritual, a physical and a mental thing, all being used at very high consciousness levels and then moving to negative and destructive ones. If negativity is being built by power plays on the surface and, underneath the ground, powers are destruc-

tively honey-combing your continent, you have a “double whammy”, as you call it in your world. No matter whether anyone realizes it or not, man power and cosmic power do affect each other.

The powers of nature, of cosmos and of man must work together collectively in order to have a true harmonic. When man gets to the point where he is not creating a harmonic that can be worked with, natural forces take over — not to destroy man, but to again reinstate the balance.

There are many parallels between the Atlantean period and the time you are living in right now. Technology has once again reached a very high focus. You are playing with what is called “atomic power” as they played with crystal power. By the time they got done with it, the power of the crystals had the same force and magnitude as that of atoms. It is not that crystal power in itself was bad; it is not that atomic power in itself is bad; it is how it is handled, how it is used, how it is directed.

Man is at the point now where his thinking is pointing to spiritual things and this is the saving factor. The balance the Network of Light builds by that spiritual attribute will begin to convert the negative attitudes of man. Much of the negativity in your world today is the catalyst for change. Man has a habit of being slow in dealing with something that is not an immediate necessity. For example, man looked for alternate power when his back was to the wall. Alternate power should have been searched for long before it became a crisis. That does not mean they cannot change it; that does not mean they cannot be the victor. If man will work in harmony with nature and each other, you will have modification of cosmic forces. That is as simple as LOVING ONE ANOTHER UNCONDITIONALLY. That is your New Age Commandment, so to speak.

You notice I slip that one in whenever I can. It does not matter what the subject, I can always work it around to LOVING ONE ANOTHER UNCONDITIONALLY, because, my friends, it is so important! Unconditionally does not mean one becoming subservient to the other or having to agree on everything. It means you are willing to be and let be; you are willing to interact with everything in the universe. When that happens, there are no less; there are no better. There are only people, and that has nothing to do with self-esteem or the desire to achieve. It is recognizing that one can achieve without stepping on others, without undermining someone else. Spirituality was at its height in Atlantis in the third quadrant and at the beginning of the fourth. By the mid-fourth quarter, everything had begun to go “down hill”.

(Saul's Corner, continued from page 11)

This does not mean, however, that there were no spiritual people. From the beginning of the third quarter, there was the realization that spiritual attributes had to be promulgated, had to be taught, had to be brought forward in time.

As in every other quarter, seed people were sent out to other areas to bring that information to the minds made ready by the first seed people. If parents teach their children something, and their children teach it to their children, and so on, a heritage is being carried forward.

That is exactly what was done in the Atlantean period when the seed people went out to other areas. They planted a heritage so that it could be brought down through the ages and minds would be ready and able to accept the next level of information when it came. In other words, they prepared the "bed" for the next "seed," and it moved forward in that manner.

(To be continued in June 2018 ROL)



Sam & Temier Offerings

Healing Gatherings

The next Healing Gathering is on **March 26th** and then every other week thereafter. The Healing Gatherings are free and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at

www.temier.com/FreeWeb.html

Pathways Meetings by the Seraphim Temier

Virtually everyone's perspective either is in change or is in need of change.

You undoubtedly see divisions being created all around you and your natural desire for a new balance is amplified and wants to grow. You experience an inner desire that more is needed, but you are not sure exactly what it is. However, as you learn to cope with the strong and diverse external perspectives, your internal point of view changes. Then, with a bit of help, your personal life path begins to adjust and your real purpose in life becomes clearer.

These meetings will help you to gracefully create a new internal balance. They will permit you to discover the productive changes that are needed on your personal path. They will help build stability even if there is disorder around you.

This will result in a better understanding of your individual potential, which then can lead to a greater expression of your personal power. And that's a really good thing!

Ultimately, and more significantly, as you maintain a stable balance you help to create a more balanced world and a greater sense of belonging.

The meetings occur every other week right before the Healing Gatherings. The cost is \$15.00 via PayPal. You can get more info and can register at www.temier.com/OnTrack.html

A Master Class all About Live

These 7 master classes (starting on March 18th) help you achieve proficiency over your life goals. This series of classes explores your passage throughout all time, all the way from the big bang to Humanities' and your ultimate achievement.

They are taught using powerful meditative techniques that touch everyone in a productive and uniquely enlightening way. They help you to achieve lasting results instead of a momentary glow.

The classes are recorded and available.

You can get more info and register at:
<http://www.temier.com/MasterClass.html>

Opportunities for Study with Andrea Smith



A qualified teacher of mystical sciences and charter teacher of Transition Energy, Andrea is dedicated to supporting students in personal transformation and growing their understanding of their reality selves, core being, and unique potential and path in life. As we transform ourselves, we also change our environment and our planet. Andrea, ordained as a minister since the early 1980s, is a skilled teacher with earned doctorate and master's degrees in education. Andrea professionally served from 1991 to 2017 as an administrator at a university of natural medicine in Portland, Oregon, including the roles of dean of classical Chinese medicine, vice president, and provost. She was on the founding boards of several non-profit organizations, served as a commissioner for a non-profit accreditation commission, and has over 30 years of experience working with non-profits that support the bridging of ancient wisdom into the current age and with educational institutions that honor the sacred wholeness of mind/body/spirit. Andrea is also skilled in energy clearing and assists the transition of entities trapped on the earth plane.

Transition Energy Class

Transition Energy (TE) is designed for meditators who would like to transform their lives and their environments as well as become better acquainted with the many sources of support available to us in our growth. TE was first delivered by Julian from 1983 until June Burke's death in 2005. (See www.Julianteachings.com for more information about June, Julian, and Julian-related material.) Andrea, a Julian-certified teacher of TE since 28 April, 1988, launched in December 2017

a new Transition Energy class. This is the first time a new TE class has formed in over a decade and the first time interactive distance delivery methods have been utilized. Students may participate remotely using Zoom (free) software or in person in Andrea's temple in Portland, Oregon. These guided meditations build upon each other; however, it is still possible to join the class by working with audio recordings of prior classes and remote meetings with Andrea. The class is offered the third Saturday of each month at 11 AM Pacific Time and is broadcast from Andrea's temple. The monthly fee, which includes an electronic audio of the class, is \$30 or 30 Euros, payable through PayPal.

Meditation Class for Beginners

Andrea is offering a new meditation class for beginning students. This interactive remote class is scheduled for the second Saturday of each month at 11 AM Pacific Time starting June 9, 2018. The monthly fee, which includes an electronic audio of the class, is \$15 or 15 Euros, payable through PayPal.

Work with Sacred Sites in Portland, Oregon – a Field Class for all levels

For over 30 years, Andrea has enjoyed locating and interacting with ancient sacred sites. Starting Sunday, June 10, she is launching a series of classes in which participants will learn to physically work in nature with components of Portland, Oregon easily accessible sacred spaces. Students will work with sites to understand their original purpose as well as to manifest personal transformation. Classes are scheduled for the second Sunday of each month at 1:30 PM. Cost is \$25 per class payable through PayPal or check/cash.

Additional information and reserving a space:

www.andreasmithtransitions.com

andreasmith77@comcast.net or

drandreasmith77@gmail.com

503-720-5269

About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers and editors who contribute their words and ideas to this publication.

Our Next Issue

Theme: *The Turning of the Tide*

Submission Deadline: 6/5/2018

Send electronic submissions to:

ringoflight@julianteachings.com

Contact Us

To report a change of address, please contact
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