

A mystical path is not always easy to follow. At the very least, it takes practice, patience, and perseverance. It might also take the courage to face the possibility of being burned at the stake.

"Muggles" (as one of my friends calls them) are all around us. Those are the folk who don't believe in magic, spirituality, the Universal Laws, and most importantly, the fact that we create and are responsible for our own lives.

Some muggles just think that we ("magical folk") are self-delusional; others think that we are a menace to society. We are stuck with the tough task of having to figure out how to travel our spiritual path despite working and living with people who would like us to find a different set of beliefs.

Many of the articles in this issue deal with the challenges of leading a mystical life. They look at the issue from several angles. Maybe they can empower you to find the courage to live a true mystical life every day.

We hope that this holiday season enables you to share fun, food, and love with friends and family. Take a few minutes to look within to determine the seeds you want to plant in your mystical life for 2018. Happy Winter Solstice!

— Nancy Walton and Jan Clayton

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## **Julian Quote**

The power that I am supersedes all that a material world can bring.

I release myself from the heaviness of the material world.

I release myself from the so-called woes.

I release myself from the density of fear.

For I am.

I am joy and laughter.

I am peace and harmony.

No one, no thing can take that from me.

I am that which was created before time.

For I am.

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# **Astrology**

by Eleanore Johnson and friends Poughkeepsie, New York



We end 2017 with several planets entering different signs of the Zodiac. Saturn, the great tester and teacher, moves into Capricorn in late December 2017. It will remain there through December 2020. Saturn's power will be felt strongly as it is in its First House position, being the ruler of Capricorn. The past will make its energy felt. Any flaws related to the past will be exposed. The task-master Saturn will not allow Government to continue to use excuses for past inappropriate behavior. It will point out where Government has transgressed its boundaries.

Jupiter entered Scorpio in October 2017 and it will be there through November 2018. Scorpio exposes hidden weaknesses of personal power. It can also transform and inspire us to live with honesty and integrity. Scorpio relates to shared resources; therefore, health care is likely to continue to be an issue. Jupiter is in a weak sextile with Pluto that will get stronger in 2018. This is a favorable aspect, and it will present us with opportunities to make profound changes.

The theme of this issue, *Following a Mystical Path in a Non-Mystical Environment*, is a challenge that allows us all to live what we have learned. It asks us, "Do you walk

your talk?" Jupiter is expansion and Neptune rules the dream state. Pay attention to your dreams as they can be very revealing. A healthy imagination is important with these two planets in trine to each other. However, Scorpio likes to tell it like it is! It encourages us to be less wishful and more realistic.

January 31, 2018 a Lunar Eclipse will occur at 11 degrees Leo. It will enhance our creativity. It will turn the spotlight on hidden aspects of which we were not aware. There will be an emphasis on children, youth, and fun people.

A partial Solar Eclipse occurs on February 15th and it may bring forth new information that will change our thinking in many areas.

Mercury turns retrograde three times in 2018. Each of these periods Mercury will be in a Fire sign. Fire signs like action, so the resulting self confidence will enable us to practice patience and perseverance.

Love and Light, Eleanor

# **Finding Comfort In Our Mystical Path**

By Renee Salvatori Wheeling, West Virginia

It can be hard to walk against the flow of the main stream of what others are doing or thinking. Sometimes, we just need to blend in and walk the well-worn path, while other times, we need to make our way against the flow.

Picture yourself at a sports event or a production of some sort. People trying to get to their seats while you are trying to get back down to the concession stand or the rest room. It can prove a little tricky. Eventually you make your way back to your seat and enjoy the performance (show, game, concert, etc.) until it is time to leave. Leaving the show tends to be easier, because the collective destination is the exit door.

This can give you a visual of yielding with the flow or moving against it. Neither direction is right nor wrong, just movements in the course of your day.

I think following a mystical path in a non-mystical environment can feel like this at times, but perhaps, even a little harder. Mystical does not have a physicality you can actually see or touch. There is no denseness that one can easily grasp, but only mysteries that transcend the ordinary — mysteries that are obscured or hidden from casual human knowledge. They are things that need to be intuitively believed. Things that can only understood by deep prayer, contemplation, or thoughts. So following a path like this can sometimes feel like you are going to the concession stand or the rest room while others are going to their seats.

Perhaps you personally know or know about a famous mystic. They are the ones who have gained deep knowledge beyond human comprehension in either religion or spirituality. They are walking and living in unison with this knowledge or understanding. They are the ones that inspire us.

They say that anyone can follow this path, but not everyone desires to do so. It does take work and a routine to proceed on this path. Perhaps the timing is not right or one's current beliefs hold them back. Maybe too many heavy clouds hang overhead or they simply struggle to find a routine that works well. Everyone has their own timing for things and that includes the timing to pursue a mystical path.

So how can one find ease in incorporating this path into their lives, when it feels like everyone else is going the other direction? The last newsletter was priceless in suggesting ways to tend to our own soul gardens, from setting up a healthy environment and friendships (in which one can grow and gain insights) to creating a space to escape the chaotic world for a bit so we can gain clarity. Those are the basics of what everyone needs, but to go deeper, it is beneficial to have a few extra little goodies sprinkled in.

- Trust is a big one. Trust that the path you are on is the one and that this journey can be taken.
- Believe. Believe that what you need to know will be given to you when the time is right and when you are ready for it.
- Patience, that all the little steps you take are beneficial. Patience, if your meditations, prayers, or contemplations take longer. Patience while you set your own bricks, before your feet even touch down.

Maybe you are just beginning to journey down a little dirt path through the woods. In fact, you may be making a path that only you will ever walk upon. It does not need to be difficult, but just shown a little extra TLC. No matter what effort, it will be met with rewards. You may even wish to do extra research or study under a well-versed teacher in what you are beginning to understand. We all tend to the gardens of our souls, but only a few become master gardeners.

It is the holiday season and the time of giving. Give yourself the gift of self-care and love. It is also the season in which we are reminded to believe. Believe in existence of realities beyond human comprehension. Believe in yourself. Believe in your own abilities to connect. And you fill find that this belief will ease the flow into your mystical path. And with these gifts you bestow upon yourself, you will see your path become very comfortable.

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# **The Mystical Path**

By Anne Claire Venemans Utrecht, The Netherlands

Independent of the spiritual direction we may chose, there are two major spiritual paths. The Mystical Path and the Practical Path. One is not better than the other, and both are needed "to make the world go round." As a matter of fact, the Mystical Path and the Practical Path feed each other to such extent that when both are present, either can be experienced more profoundly.

No matter which of those paths we find ourselves on, it is important to become aware of both sides of every situation we encounter, and to observe both sides without any judgement whatsoever in order to be able to change that situation for the better.

On top of that, either path will ultimately bring us to an understanding that the way we live our lives as well as all of the situations we encounter in our lives are, without doubt, one hundred percent of our own creation, and therefore, are our own responsibility.

After all, we have the power to manifest, to observe, to change, to be aware, to learn, and to grow.

Those who are walking a Practical Spiritual Path tend to be more apt to change the situations they encounter into an ever more balanced and peaceful condition through their active thoughts and actions. This process of (pro) actively changing the world around them will change them as well, and is always providing them with the opportunity for personal growth.

Those who are walking a Mystical Spiritual Path will work more with the energy of a given situation or event. They will observe the energy, then take the energy within themselves — become one with the energy — to truly understand it and change it. In this process, they themselves are changed and presented with their personal growth. Having understood and changed the energies at play into a more balanced and peaceful state, they will purposefully radiate or emanate this new, balanced and peaceful energy, which will then change the situation.

This means that the Mystic Path is not for the faint of heart; especially in today's world where divisions and strive are paramount, and "fake news" (whether real or imagined) has become a new normal.

For the Mystic will look at all of those energies without judgement, seeing them as energies that are neither good nor bad in and of themselves; they are just the energies that are present. Then the Mystic will take these energies into him/herself ~ not just the balanced, peaceful, joyful, beautiful energies, but perhaps more importantly especially the dividing, dark, self-serving energies that are at play ~ in order to truly understand them, become one with them, and ultimately change them. This will enable the Mystic to change the energy within him/herself and direct the changed energy back into the situation, which in turn will change the situation.

So what does this mean in our often non-mystical environment?

It means, for example, that when we are presented with a chaotic situation, we join the chaotic energy, we observe it without judgement, then we change it within ourself to a focused, even-balanced energy. Changing ourselves in this manner will help us cope with the situation. Also, because we now are changed, the situation as a whole is bound to change into a more focused environment.

This may sound simple, yet is often harder than it looks.

It requires that we look at the world around us from a somewhat detached perspective, which permits us to observe what is going on without judgement — to not take sides.

We may determine that we do not wish to live our own lives in a certain way, yet we do not judge someone else who does. In other words, discernment is a good thing, judgement is not. We can disagree, yet we should not become angry at the other person for not agreeing with us. We can observe an energy of dishonesty, without judging the person about it ~ that is what our worldly laws are for.

Also, as we are the creators of our own lives, we may ask ourselves why something like that has come into our lives. Are we ourselves perhaps a tiny bit dishonest? Are we okay with little white lies? Or do we at times lie by omission? Then perhaps it is time for us to change that part of ourselves.

It is important to remember though, that whether we are walking a Practical Spiritual Path or a Mystical Spiritual Path, we are human. And in being human, we are learning. So it doesn't make a whole lot of sense to

beat ourselves up the next time we find ourselves getting frustrated, or pointing the finger at the other person deeming that they are wrong and we are right. The thing is to catch ourselves, learn from it and to move on!



# Following a Mystical Path in a Non-mystical Environment

By Barbara Garro Saratoga Springs, New York

Globally, I agree that the 7.5 billion who live in our world live in a non-mystical environment. That being said, individually, we have the power to choose to live in a mystical environment based on the family and friends we invite into our inner circle and the places we choose to visit.

Always, we have choices, nanosecond by nanosecond. When we embrace in-the-moment conscious choice, we move forward into a future of possibilities. Certainly not saying this in-the-moment orientation is easy, but with determined commitment, it becomes possible, again nanosecond by nanosecond. One key is to monitor attachment to people, places, things, and habits. Attachment binds one to the control of other than the Self. So *self-referral* becomes a goal to prevent *attachment-referral*.

Ongoing, one needs always to work on patience with one's self, others, and the environment. Consider patience as a Bell's Curve Monitor; impatience equals unhappiness, patience equals happiness, again nanosecond by nanosecond.

Imagine non-attached awareness coupled with single-pointed, in-the-moment attention. Sure, you have goals,

practice positive intention, but you are willing to step into the unknown, the realm of possibility without the baggage of your past.

Imagine, your past totally unable to encumber you ever again. Learn from your past? Possible, but not without staying stuck in it. Let it go. Embrace the clean slate of future possibilities, which, really, are all we have. You know where they put people who get terminally stuck in their pasts, or, sometimes, in other people's pasts.

All the excitement available for us in this life lies in our present moments and future moments, provided we get out of each present moment alive.

What drives present and future moment possibilities? Again, orientation. The path in a non-mystical environment asks, "What's in it for me?" The path in a mystical environment asks, "How can I help?" Yes, as I state in the 3rd volume of my Jesus series, "Living the Call of God," the good life is all about service, serving God, others, and self. Yes, self, is included. Why? Any who fail to serve the self, lose the path to happiness, because their spirits suffer in an environment that gives and fails to get. Sound contradictory? Ponder over it and see where that leads over the dark waking hours of winter.

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## **Putting Genesis into Context (Part 7)**

By Connie Golden Saratoga Springs, Utah

(continued from ROL June 2017)

### **Achieving Our Creator's Purpose**

Humans, while residing temporarily in the Physical Plane as animals, have the energies of all the higher level Adams within (the light and pulse within). The task is still the stewardship of the Earth, (to build a world where all serves a positive purpose), but also to regain the highest level of consciousness in the spirit plane. This requires that we not only rise up consciously to reach heaven, but act as conscious participants in the higher worlds. Thus helping bring the Presence of the Creator into manifestation below, so that Creation may achieve the perfection which was intended at the beginning.

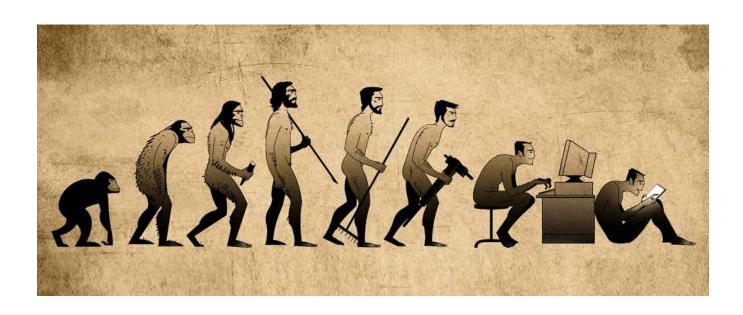
When all of humanity has risen to its highest point of consciousness in the Spirit world, each Spirit component of Adam 2 will return to its original place within the primeval Adam (in the Absolute World) and bring their combined awareness into a unified SELF. At that point, the primeval Adam will realize, in the act of re-

flection, that I AM is the image of I AM, and the objective of Creation will have been fulfilled.

Julian says that afterward the fully conscious Adam and our Creator could decide to co-create another "adventure." Some prophets say our Creator will have satisfied its purpose and will just collapse all of creation. It will just disappear. Others say that mankind will continue to "live" consciously in all four worlds of creation, including earth, in a perfect state of attunement.

A summary of the descent of mankind from the Absolute to the Physical world and mankind's return to "oneness" with the Creator is provided in the Evolution of Mankind chart (next page).

The whole article, revised based on discussions with Julian students, will be on the Julian website in 2018.



# **EVOLUTION OF MANKIND**

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WORLDS OF EXISTENCE	CREATION	PULSE	RETURN TO ONENESS WITH CREATOR
ABSOLUTE (pure potential of all that can be)	Primeval Adam or Universal Man is interdependent set of vibrating cells that contains the raw conscious energy of the pulse with the potential to function at the same level of consciousness as the Creator. Each cell vibrates uniquely — that is one's identity.	<b>1</b>	Mankind is a fully conscious image of the Creator.
CONCEPTUAL IDEA (world of pure spirit)	Spiritual pattern of Adam and all else in existence is created. Laws & order are created. Concept of time is created. Cells are vaporous, radiating ovals. Each cell has the power to direct its own force within Laws of Creation.  Can hear phonems, see altering energies, & feel movement of energies.	1	Mankind is a radiating oval of thought energy. No form. Androgynous light body, JSoul
FORMATION (form in lower vibration of everything in Conceptual World)	Kingdoms are formed, each balanced to sustain that which is created. Cells develop intellect, will and five etheric senses. Mankind is given free will through division into personal & non-personal spirals of energy.		Formation body has a spirit-personality enclothing light body with soul-growth lessons to learn. Androgynous. Can take etheric form of body it had on earth.
PHYSICAL (creation mani- fested in matter)	Radiant cells densify to physica world vibration — animal body created for the spiritual growth of mankind.  Light body with Formation Bod protection & soul growth purpomerges with pysical body. Phys separation of man & female.	ex lea St bu bu in	ich person is to learn to press its God-self and to arn soul-growth lessons. ewardship of the earth — to aild a world where all dividuals serve a positive urpose.

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# Following a Mystical Path in a non-Mystical Environment: The Role of the Julian Community in the Years Ahead

# By Grady Love Charlotte, North Carolina

I consider myself a mystic. I subscribe to the belief that true mystics are not *made*, but *born*. While God has been part of my life since day one, I have not always appreciated nor felt the need for a relationship (partnership) with the divinity in me — until I went to college. Before that, well, God at best was more of an afterthought. It was then that the mystical urge, implanted in my being, like a seed, took root and began persistently, patiently finding its way into my mind and heart.

I like how Bernard of Clairvaux (1090-1153), a reforming monk of the Cistercian Order and heavily influenced by St. Augustine, describes four degrees one experiences in *growing in a relationship with God*:

- 1. The *self* loves only itself.
- The self loves only the neighbor and God, but only for its own sake.
- 3. The *self* loves God for the self's sake.
- 4. The *self* comes to love itself for God's sake.

In this germination process, it took me nearly 40 years to get into step three. Since 2014, I have only experienced the Julian teachings and the Light and Love of its living members in the community of followers for 3 years. But it has been the most profound time of awakening in my life! I now see and hear and feel more clearly the nurturing, cultivation, and pruning spiritually that has positioned me to make the choice to become the ambassador of Light in this world that God asks me to be. I believe that in the brief three years I have studied and been guided by Julian's teachers and material, I have come to see the possible reality of achieving the fourth step! Without the love, support, material, wisdom and guidance of the Julian Community, I wonder: Would I have awakened and grown this much? Where would you be, dear friends, without June and Julian?

As I grow more eager and ready to embrace this invigorating call to walk and share the learning and value of the mystical path, a question arises that I cannot ignore. It stems from the idea that I am (and we, collectively,

are) called to go into the world and be the light bearers. We are meant to be in the moments, we are meant to be it — to not hide this Light under a bushel basket. This, I (and we) can do, and do well, individually, each day for the rest of this incarnation. But what of others on the path who ask "teach me what you know so that I can become a Light worker too!" I want to answer "yes," because Julian and June's teaching was and continues to be life changing for me on the mystical path. I'd like to share that opportunity; but, practically speaking, while it may be available to others now, will it also be in the future? There are, at present, a few who are trained (approved) to be teachers; and I am not among them. Consider, as well, that like me, many of us are getting up in years. What is to become of the new generation of potential followers that would benefit from this teaching just as we have? Is our interaction with them helping them to awaken? What will become of the Julian Community and the wealth of writings, wisdom and meditations after our generation transitions?

In closing, think about the Julian Community as a tiny mustard seed — a seed of love, light, wisdom and guidance, both for us and for other seekers following the mystical path who desire a relationship with God — that is planted in the consciousness of all humanity. As with any seed, its purpose is to grow. That's what seeds do. Next, consider that each one of us individually represents fruit of this wisdom from Julian, and we have the ability to plant more seeds.

Now, ask this question: Is it our purpose to continue into the next generation as a community — to continue to produce fruit and seeds to share Light with others by allowing others to directly "experience" Julian's teachings as we have?

I realize that Julian has delivered this material repeatedly since the beginning of time, and will likely do so again in the future. But in our lifetime here and now, are we to view our experience as only for one generation? This time around, is the Julian wisdom an "annual" seed or a "perennial" seed? Aren't you the least bit curious?



## Villa Maria Del Mar, Santa Cruz, CA Friday, March 23, 2018 — Sunday, March 25, 2018

# Still a few rooms left. Claim one now! Final payment deadline extended to January 15th

The 20th Gathering is shaping up nicely. Our presenters and their topics are:

- **Camillie Albrecht** will open the weekend by telling us about the coming astrological events of 2018.
- Adele Lederman will share information about the healing value of common and easy-to-use healing tools.
- **David & Shesta Ross** will share their knowledge of the Traditional and Universal Runes (as introduced by the Seraph Julian).
- Sam Holland & Temier will present how to expand healing techniques so that they can interface more powerfully in today's world.
- **Anne Claire Venemans** will talk about signs and symbols, and the energy associated with them.

We are cultivating a set of fun activities that we can all participate in before, during, and after The Gathering. We will reveal more about them in the near future.

Villa Maria Del Mar is right on the ocean just east of downtown Santa Cruz — a stunning location with lots of great places to eat and to have fun. It is a 45-minute

drive from the San Jose airport.

The price is \$285 per person double occupancy and \$375 for single occupancy. This price includes overnight accommodations Friday and Saturday night and meals from dinner on Friday night through lunch on Sunday.

Unfortunately, there are no accommodations for extended stays at the retreat center; however, we are putting together other options for attendees.

For people who want to attend The Gathering without staying overnight (commuter option) there is a \$60 per day charge for Saturday and Sunday that covers a midmorning snack, lunch, and workshop attendance. Other meals can also be purchased upon request before the weekend. You must pre-register to attend — drop-ins are not allowed!

A \$150-per-person per-room deposit (\$30 for the commuter option) is required with your registration. Please reserve your room as soon as possible. The remaining balance is due January 15, 2018.

Use the registration form on the back side of this page or download it from <a href="https://www.julianteachings.com">www.julianteachings.com</a>, and mail it with your deposit.

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# 20th Julian Gathering of Light

Villa Maria Del Mar, Santa Cruz, CA Friday, March 23, 2018 — Sunday, March 25, 2018

Name:				
Address:				
Phone:				
Email:				
Workshop & Accommodation	Ontions			
·	•	t could change slightly as we get near 2018)		
O Single Occupancy (\$37	# of People			
O Double Occupancy (\$28	# of People			
Preferred Roommate: _				
Desired Room & Bed Conf	iguration:			
O Two twin beds O One double (not queen) bed				
ADA-compliant room ar	nd access required			
Workshop Only Option				
No room required (\$60/person each day) This option allows attendance to the presentations & lunch		# of People		
<b>Note</b> : No pets allowed. Certified Guests must be 21 years		mitted with prior authorization from the Villa.		
Deposit Due As Soon As Pos	sible			
With Accommodations:	\$150 per person	X # of People		
Presentations only:	\$30 per person	X # of People		
	Total Amount of Deposit			

## Balance of Payment Due January 15, 2018

### To Register

Please mail this completed registration form along with your payment by check made payable to L. Scheer.

### Mail form and check to:

Larry Scheer 643 Dorothy Ave San Jose, CA 95125-5727

### **Questions?** Contact either:

Larry Scheer at <a href="mailto:larry@tarotxs.com">larry@tarotxs.com</a>, 408-781-1457 Linda Scheer at <a href="mailto:linda@ls-xs.com">linda@ls-xs.com</a>,

# Blanche Duffy In Memoriam

**September 25, 1934 – November 11, 2017** 



### **Afterglow**

by Helen Lowrie Marshall

I would like the memory of me
to be a happy one.
I'd like to leave an afterglow
of smiles when life is done.
I'd like to leave an echo
whispering softly down the ways,
Of happy times and laughing times
and bright and sunny days.
I'd like the tears of those who grieve,
to dry before the sun
of happy memories
that leave when life is done.

(from Blanche's Memorial card)

Blanche Duffy was a student of Julian since 1978. She was one of the original members of the New York Development and Practical Working Magus classes. She attended most of the Julian workshop classes in the New York area.

Blanche was involved with healing in various forms for over 40 years. She conducted weekly Healing Circles in New York City for many years and also held discussion groups based on Julian teachings.

Blanche was associated with assisting people through volunteer work and counseling since the mid-1960s. She became an ordained Interfaith Minister in 1983 and has often substituted for ministers of various denominations conducting Sunday services when the resident minister was unavailable.

Her book "Earth Student" is based on Julian teachings and was edited by Julian.

— Saul Srour

I write on behalf of a very large group of people who wish to express their gratitude to the "Service to Others" Blanche.

While in her position with The Department of Health and Human Services, and at the 1980s onset of the AIDS crisis, I came across people in the New York gay community who were in desperate need of medical assistance and social services. For each and every one, Blanche personally connected them to a local Social Security Office agent. Because of Blanche's connections, these agents shared a personal care and commitment. Each person received the services they needed.

Even after her retirement, as long as Blanche could make a call to someone she knew in the field she continued this service to others who needed assistance.

We can all picture her in Heaven surrounded by the jumping, hugging, and the slobbering licking and kissing of her many beloved dogs.

With all certainty, she is equally welcomed by this throng of souls who received her help when their lives on earth were in desperate need. —Jerry Gross

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# Saul's Corner

# The History of the Universe (Workshop #201)

Copyright © 1986 Saul Srour Authors: Rev. June K. Burke and the Seraph Julian (continued from ROL September 2017)

### **Chapter VI: ATLANTIS**

In three stages did Lemuria go. It was already functioning with an overlap of consciousness with Atlantis, so that Atlantis had already begun to develop in its primitive sense. By the time Lemuria sank, Atlantis' primitive stage was already long gone, and it had begun to move into its sense of community and interaction. The mental aspect had already begun to develop.

It should be remembered that the Lemuria quadrants of development dealt with survival — man's survival. Atlantis started out that way, but gradually let itself become more enamored of pleasure than survival. Toward the latter-part-of---Atlantis, there was a great deal of sensory tuning in, but strictly to desire, will and ego, not to anything higher, and it was from that, that a lot of trouble developed.

The first quadrant of Atlantis was almost a replay of the second quadrant of Lemuria. Its primitive state was more advanced than Lemuria's. It then moved, first, into cultivation of vegetation and then into learning how to control the elements.

In the second quadrant of Atlantis, there began to be those who, because of the seed teaching, had developed an ability to periodically tune into the High Consciousness and the sensory self. Others began to recognize that this was so, and they would use these people as what you call "seers", "prophets", or "oracles." They depended on their direction in everything that was done. This moved, again, into a sense of knowing that some people had something to offer of a high nature, but being unsure of trusting them. In that period, there was first a great desire to have the prophet, the oracle, and then turning against them and trying to do away with them.

For the whole second quadrant of Atlantis, there was a tug-of-war between the desires to be led by something higher and the development of the ego self. Now, ego itself is not bad; it is only when it gets out of hand that it becomes a problem. The point is that there was this need to recognize the High Self, but still trying to depend on someone else to do it for you. The same kind

of thing we talked about before, saying, "This is the seer, the prophet. They will tell us what is right and what is wrong, and whatever it is, we just do it. We don't have to think too much about the whole thing or tune in at all." And, of course, that was not good.

It developed that those of a higher sensory attitude taught others; and, as they moved through that second quadrant (almost through it), it suddenly became apparent that there were groups of people coming together who were training for the sensory understanding. There were groups called the Ashwah, and they were very much as the Essene. They were developed sensory beings with an ability to hear because of channeling the divinity. The Ashwah began to take people into their community for further training. They were to become very powerful, not in the sense of destruction or dictatorship, but in the sense of their ability to bring others to an opening of themselves.

By the time Atlantis came into the early third quarter, there had been developed the various structured forms for the acolyte. One who wished to understand the High Self had to go through a series of elevations. In that early third quarter, there was not sacrifice in the sense of blood. One entered the Temple of Sacrifice to learn the art of sacrifice in the total transition, to be willing to sacrifice.

It was not too hard for them to understand sacrifice in the sense of sacrificing childhood to become an adult, or sacrificing free time to become a parent, something of that nature. They could understand that kind of sacrifice, but they were not quite ready for the sacrifice of the Temple, because it was not easy to sacrifice anger or resentment for love, and that is what they had to do. They had to be willing to give up those attributes of the inner self that they held onto as their divine right through ego. "I've got a right to be angry!" Of course you have, you have free will, but I have yet to find an angry person who is happy with him/herself, anyone who is happy with them, or they with anyone else. Isn't that a lot of misery just for the right to be angry? They had to begin to understand this, to let go of the self. It was not easy. Many would go through long periods of trial and error

until they reached the point where they could really feel that they were letting go. They had to accomplish this because they could not enter the Temple Beautiful until they had finished the Temple of Sacrifice, until they were willing to see man other than as an enemy, until they were willing to let go of those things inside them that were holding back their progress. When that was accomplished, they were able to graduate to the Temple Beautiful.

The Temple Beautiful took them another step in their transition, and the first thing asked of them in the Temple was:

- What are your highest accomplishments?
- What are your greatest values?

When they were done spouting them off, they would be asked:

- What value are they?
- What value to the world are those attributes?

They began to sort out what was ego and what was necessary, recognizing that accomplishment is good as long as it does not become an anchor that prevents you from accomplishing more. Thus they went through this first screening process. When they had come to the realization that it was not so much what they had accomplished as what happened along the way that was important, they began to be permitted to enter the doors of initiation.

In the Temple Beautiful, there were five doors, and each door was another level of accomplishment. The first door entered was the door on which there was a triangle, and it was the Temple of the Trinity of Self, of mind, body and spirit, or soul. In that Temple, one spent three days with himself and the only thing permitted him was oxygen and water. The object was to bring the harmonic between the mind, the body and the spirit to become one with the self. When they emerged from that particular door, a very strange thing had occurred. When they entered the Temple of the Trinity of Self, they were able to see their image in a mirrored wall, but when they exited from the Temple, they could only see their light form, the highest being of themselves. Having accomplished that, they were permitted to move to the second door.

The second door was called the Temple of the Rod. It was a diagonal that came from right to left. It was the temple of consciousness, bringing the consciousness to material plane — The Temple of force. It is similar to the symbol of the Magician in the Tarot. In this Temple, they had to learn to emanate from themselves the triangle harmony

they had created. They developed it in the Temple of the Triangle, but here they had to learn to project it so that others felt it emanate from them. They were here three days and were permitted oxygen, water and fruit. When they left that Temple, they had an aura. They had color which they had created through the ability to emanate from within the harmonic, an aura of color.

They were then permitted the third temple which was represented by a diagonal rod from the left to right, creating the diagonal equal-armed cross. In this Temple of the Equal-Armed Cross, the second temple of the Rod, there had to be spirit force brought into the emanation. Now they had to channel the energies they were able to manifest. They had created a harmony, learned to manifest it in their emanation and then learned how to channel it through the high spiritual senses. During the three days spent in that Temple, they were, again, permitted oxygen, water and fruit.

To make the power manifest within them and in their world in a physical sense, they had to learn to deal with the next of the doors, the fourth, which was the Crescent. The Crescent dealt with their own subconscious. By impregnating their subconscious with these powers, they were able to manifest that harmony in themselves and in others. They had opened the high healing force in the subconscious. Whatever your subconscious receives is what manifests in your body. If you feed it enough negativity, you are going to have negativity in the body, all sorts of aches and pains. If you give the body positivity, it becomes an emanation of that positivity. You can see that by having the subconscious impregnated with harmony and the emanation of spirit forces, healing had to come into play.

The fifth door was the Circle. The Circle represents infinity, immortality and the highest superconscious forces manifesting them. When the initiates left that fifth door, they were at their highest level of their light self.

An acolyte would wear an arm-band on which there was depicted the level he had reached, and if they were all the way through, they would have the Circle with the Triangle in the center and the Equal-Armed Cross in the center of that and then the Crescent would be emblazoned in this triangle. So there was absolute identification with where you were as you moved through these temples.

Going into these temples for three days was not like Monday, Tuesday, Wednesday, Thursday, Friday — I've got it done, I'll take the weekend off, sort of thing. They did not work in days that way. They had a different sense

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(Saul's Corner, continued from page 13)

of measuring time then. I want to make the point here that in association with each of these were many, many hours of meditation; many, many hours of insight; many, many hours of trying to depict what was absolutely the best for the direction they were going in. A lot of self-discipline was involved.

There was in the Temple Beautiful a room called the Temple of Perfection, a temple of luminous white marble. In the center of that Temple was what you might think of as an altar built of stone — the cube — and placed upon it were several symbols. One of them was a crystal bowl of water, representing purity.

One was a rod of gold, representing the ability to bring this power down. The conductor's rod, the Rod of Conductivity had symbols on it showing that it was conducting the energies of the Temple itself. There was also the eternal light — a candle. It was not a candle as you know it today, but more of a bowl of candlelight. There was also a book, the Book of Records. This Book of Records had listed in it the names of those who had fulfilled the lessons and initiations of the Temples, so that there would be a record of who had achieved that level and who had not. It was not permitted to go out of the Temple.

When entering the Temple, no one was permitted to wear anything on the feet. All footwear came off. The feet were immersed in a solution of ground petals. Everyday fresh flowers were brought to that Temple — roses and lilies, representing purity and love. The petals of those flowers would be ground each day and a wax-like skin element brought into the solution. When the feet were immersed in it, they came out with a sort of bootee of a glowing luminous coating, very much as if you had put your feet in paraffin. This permitted the people to hear. It created a conductor, and the sound and energy elements of these symbols which were carved in the floor of the Temple, could then be read. By standing over it, you renewed your understanding of that particular symbol and then moved to the next. When you were through with each of them, you stood on the final symbol made up of all of them together and went out refreshed and— a booster shot, so to speak.

In the third quadrant this had come to be the initiations and the growth factors of the people. The initiated would become the spiritual leaders who would see those who were to leave Atlantis in the fourth quarter through their initiation, because, in the fourth quarter, technology had begun to take over.



## Sam & Temier's Calendar

### **Healing Gatherings**

The next Healing Gathering is on December 31st and then every other week thereafter. The Healing Gatherings are free and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at <a href="https://www.temier.com/FreeWeb.html">www.temier.com/FreeWeb.html</a>

### Pathways Meetings by the Seraphim Temier

Virtually everyone's perspective either is in change or is in need of change.

You undoubtably see divisions being created all around you and your natural desire for a new balance is amplified and wants to grow. You experience an inner desire that more is needed, but you are not sure exactly what it is. However, as you learn to cope with the strong and diverse external perspectives, your internal point of view changes. Then, with a bit of help, your personal life path begins to adjust and your real purpose in life becomes clearer.

These meetings will help you to gracefully create a new internal balance. They will permit you to discover the productive changes that are needed on your personal path. They will help build stability even if there is disorder around you.

This will result in a better understanding of your individual potential, which then can lead to a greater expression of your personal power. And that's a really good thing!

Ultimately, and more significantly, as you maintain a stable balance you help to create a more balanced world and a greater sense of belonging.

The meetings occur every other week right before the Healing Gatherings. The cost is \$15.00 via PayPal. You can get more info and can register at <a href="https://www.temier.com/OnTrack.html">www.temier.com/OnTrack.html</a>

# Andrea Smith's New Transition Energy Class



Do you need tools to manifest changes in your life and environment? TE can help you develop those tools.

Transition Energy (TE) was first delivered by Julian from 1983 until June's death in 2005. But, it has been over a decade since the last TE class began. Andrea Smith launched a new TE class last November that is available to *remote as well as local* (Portland, Oregon) students.

TE is designed for beginning as well as advanced meditators who want to create transformation within their lives and become better acquainted with the many sources of support available to us.

The class is offered once a month, on the third Saturday of each month at 11 AM Pacific Time. Because the meditations within TE are created to build on each other, new students can only join the class up until the January

20th class. The monthly fee, which includes electronic audio of the class, is \$30.

Andrea has taught meditation classes since 1984. A teacher of mystical sciences and qualified as a charter teacher of Transition Energy, Andrea is dedicated to supporting students in personal transformation and growing their understanding of their reality selves, core being, and unique potential and path in life. As we transform ourselves, we also change our environment and our planet.

An ordained minister since the early 1980s, Andrea also holds a doctorate degree in education, and she professionally served from 1991 to 2017 as an administrator at a university of natural medicine in Portland, Oregon, including the roles of Dean of Classical Chinese Medicine, Vice President, and Provost.

Andrea was on the founding boards of several non-profit organizations, currently serves as a commissioner for a nonprofit organization, and has over 30 years of experience working with nonprofits that support the bridging of ancient wisdom into the current age and with educational institutions that honor the sacred wholeness of mind/body/spirit.

Take advantage of this opportunity now. It might be another 10 years before the class is offered again.

Additional information and reserving a space:

andreasmith77@comcast.net or drandreasmith77@gmail.com 503-720-5269 www.andreasmithtransitions.com

## 2017 ROL Authors & Editors

Thanks to our authors and editors for contributing their words and keen eyes to our four 2017 ROL issues. The ROL doesn't happen without these wonderful people!

Bryan Ayotte
Marion Bauer
Jan Clayton
Cindi Frank
Barbara Garro
Connie Golden
Jerry Gross
Sam Holland
Eleanore Johnson
Adele Lederman
Peggy Locorotondo

Grady Love
Renee Salvatori
Larry Scheer
Linda Scheer
Andrea Smith
Saul Srour
John Svirsky
NIck Theo
Anne Claire Venemans
Nancy Walton

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### **About the Ring of Light**

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers and editors who contribute their words and ideas to this publication.

### **Our Next Issue**

Theme: Introspection, Rumination, and Me

Submission Deadline: 3/5/2018 Send electronic submissions to:

ringoflight@julianteachings.com

#### **Contact Us**

To report a change of address, please contact Saul Srour at: s77aul@yahoo.com

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Authors: Rev. June K. Burke & the Seraph Julian

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