

Ring of Light

A Newsletter for the Members of the Julian Community

Volume XXVI

Number I

March 2014

Welcome to Spring 2014!

We thank you for your patience in waiting for the ROL!

We have a wonderful issue that reflects this season of New Beginnings and opportunities for growth.

The Julian Affirmation sets the stage for this new season!

Blanche Duffy, Jeanne Livingston and Rene Salvatori share their unique perspective on living a balanced life. Peek inside the new books authored by Jeanne Livingston and Renee Salvatori. Roberta Costisick shares a favorite herb that promotes good health. Eleanor Johnson alerts us to what is happening in the Universe to guide us to become who we are meant to be! Saul's Corner allows us insight into the White Plateau and beyond in the Julian Workshop on Life After Death. Camille Albrecht and Larry Scheer share the accomplishments of the Julian Teaching Organization Advisory Board as well as projects that are in motion.

Enjoy!

Dan and Nancy
Love, Light and Peace ~ The Editors

Inside this Issue:

Julian's Affirmation	Page 1
Astrology	Page 2
Balancing Act	Page 3
A Creative Balancing Act	Page 4, 5
Pan d'Arco	Page 5
Finding Balance	Page 6
May Your Heart Be Light	Page 7
Advisory Board Activities	Page 8, 9
Community Announcements	Page 9
Saul's Corner	Page 10, 11, 12, 13
Contact Us	Page 14
17th Gathering	Insert

JULIAN AFFIRMATION

God is my source of all supply.

He answers my every need!

I am awakened and in movement.

I am clear and aware.

I am ready and I create the future.

I create it joyously without any

heavy responsibility.

I create it through the freedom of

myself.

So be it!

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Authors: Rev. June K. Burke and the Seraph Julian

Astrology

Feature Column by Eleanor Johnson

Hopewell Junction, NY



Another Spring is upon us with the Equinox on March 20, 2014. Aries, the sign of “New Beginnings”, is a powerful start to the Spring Season.

This Equinox is conjunct the transiting planet Uranus. It also squares transiting Jupiter and transiting Pluto. Squares are challenges that force us to use our spiritual muscles. This can create dynamic changes in our lives. Uranus is called “The Great Awakener” motivating our ability to express our greatest potential. The job of these high vibrational planets is to update our beliefs and views to fit the times in which we are living.

Transiting Jupiter is in the sign of Cancer until July 2014. It can expand the nurturing qualities of this sign. It gives us a compassionate understanding of human life. Thus we can merge these philosophical concepts with personal experience. There is an urge to enlarge one’s scope of experience, as Jupiter is the sign of “The Philosopher” and relates to the Superconscious Mind.

The square of transiting Pluto to the planet Uranus gives man the opportunity to challenge the hidden parts of the personality that impedes our evolution. Those who resist the changes



presented by these planets may be pushed into making the necessary changes for their greater evolution.

Neptune is transiting the sign of Pisces until 2025. Neptune will give an urge to explore the next dimension. It is a psychic mystical energy, sensitive, emotional, and receptive. It works through persuasion, never pressure.

We have a great deal of reinforcement from these high vibrational planets. This can bring about greater changes in our lives for greater evolution and open our hearts and minds to new possibilities.

Mars, “The Planet of Motivation” and the dynamite of life is in the sign of Libra until July 2014. In this sign it is persuasive, creative, and artistic. It gives a strong urge to action in a social sense. Libra can lend grace and refinement to Mars. It can help to balance the needed energies to make the changes we desire for our greatest growth and evolution. Libra is the sign that rules relationships. Many relationships may change or dissolve if they are an impediment to our growth. Libra is the “Iron Fist” in the Velvet Glove.

On April 29 there is a Solar Eclipse at 8 degrees of Taurus. This Solar Eclipse makes a sextile to transiting Jupiter, Neptune, and Pluto. This sextile offers a dynamic opportunity to move forward with great healing energies.

Taurus is a fixed Earth sign. It can bring healing to the areas of the Earth that need healing. It encourages healing within ourselves to manifest our greatest vision.

Love and Light
Eleanor

Balancing Act
by Blanche Duffy
Saugerties, NY

As a child whenever I heard “balancing act” in my mind I saw someone standing on one foot on a tightrope holding an umbrella for balance. My childhood image has changed very little. All too often I find myself standing on a virtual tightrope balancing on one foot while holding that infamous umbrella.

Too often our lives turn into a balancing act when we fail to learn how to say the word “no” or to be more discerning of what we take onto ourselves. And I am just as guilty as anyone else!

Just recently I was “balancing” coordinating The Gathering, grieving over the loss of my dear four legged friend, Buddy, doing some consulting work which comes up each fall, my sister being back in the hospital with more broken bones from a fall, a niece nearly losing her leg to infection...I could go on for a few more lines! Each of these took a toll of time, energy and emotion.

Once again, I had to sit myself down and have a strong talk with me!

But, as often as I have these talks with myself I end up getting involved in multiple “projects” that take a great deal of time and energy often with the resulting loss of sleep and leaving me wondering why I feel so tired.

In a Julian class many moons ago I remember Julian being quite emphatic that we need to put ourselves in the picture when deciding whether or not to take on a project or get involved in a situation or task. We need to remember that no matter how genuine the need for a particular

action we need to look at how that action is going to impact ourselves. We need to put ourselves in the picture in the same size as everyone else. This is advice that I do not always remember!

Of course, there are always exceptions and a case of potential life or death or serious harm to another is a legitimate and necessary exception. Yes, in that situation we do what needs to be done without question! However, too many times we take on “things” not because there is dire, immediate need but because we want to be the “nice guy” on whom everyone can rely. Saying “yes” is so much easier than explaining “no”.

Being the nice guy is fine but we need to know when it is time to say “no” without creating a world war. It's called **diplomacy** ! At those times when I can actually say no I find doing it with humor is often the best way of not creating a situation where no one is speaking to me! (That's happened a few times more than I want to remember, too!) Injecting a bit of humor is sometimes just the amount of comic relief needed to change a potentially explosive situation into a mild thump.

Also, it is important to remember that we have the right to change our modus operandi into something more friendly to ourselves! We have the right to specify how much and how we will handle a project we agree to perform and do not necessarily have to agree to follow others orders!

Now, if I can just remember this advice for myself.....

BTW – I'm not a bit sorry I took on coordinating The Gathering! It was part of the package I was handling at the time! Also, my sister and niece are both in rehab and seem to be improving! (-)

Namaste,
Blanche Duffy

A Creative Balancing Act **by Jeanne Livingston** **Garrison, NY**

Years ago, o.k., many years ago in my 30'ies, a teacher I respected described inertia as two conflicting impulses banging against each other while fighting for dominance. He said that if you identify each of the opposing desires and picked the one you preferred you could break through the morass and move on.

Like most people I though inertia was a cop-out and blamed myself for dropping out, exhausted. And at that point in my life I didn't know consciously that life is all a continuing balancing act: body, mind, and spirit ... one day at a time and often one minute at a time. Perhaps, that truth would have been too overwhelming.

Today, I am enjoying being old ... well, some parts of it. I like the slower pace. I like knowing I am just responsible for myself ... not attempting to solve other people's problems they didn't ask me to solve in the first place. And, I like not worrying about what I can't control, such as other people's opinions or why things don't turn out as predicted. Today the inevitable answer is: I'll know if I am supposed to.

One of the most important parts of the balancing act as we age is learning not to leave yourself out. There is so much around that takes our attention such as our families, doctors' appointments, household chores, etc. But what I mean by not leaving yourself out is doing something you always wanted to do for

yourself and agreeing to step out of the comfort zone in order to accomplish it. For example, its been said that "a thing worth doing, is worth doing badly." In other words, make what you are doing meaningful FOR YOUR SELF; because it makes YOU happy, not because you want to make money, or prove something to others. Rather, find motivation in getting the pleasure for yourself through the learning process, conquering your fears and stepping out of the limitations that were imposed upon you or you took on by yourself.

Most importantly, don't talk about it. Keep it contained in the beginning. Protect your self in this way so you have no expectations from outside or from your insides. It's all about exploring you; who you have been and who you have become. It is about learning to truly accept yourself ... unconditionally, then choosing to keep what you've done, throw it away, share it, or just forget about it. It is about you being awake in the dream, enjoying the creative balancing act and the doing of it. It is not about the product, proceeds, or applause.

Sometimes, during my meditation when I recite "The Saint Francis Prayer" (and by the way, he was a Libra in that lifetime ... talk about balancing acts.) I think about the Prayer as an inside myself exercise. In other words, "Lord make me an instrument of thy Peace, where there is hatred let me sow love"... I interrupt as things I hate about myself. I then can work to improve them instead of trashing what is already negative or ugly. Next, "where there injury pardon"...I stop hurting myself; and so on and so forth with

continued from page 4 A Creative Balancing Act

the rest of the Prayer as I finish it, never forgetting that we are all works IN PROGRESS which means getting better or getting conversely worse ... our choice through which attitude we choose.

Recently, a book I have worked on for myself for 27 years, or maybe 27 lifetimes, was published. It is titled: "THE ROAD TO CONSCIOUSNESS." Please check out the web site and beautiful You-tube that describe it, www.theroadtoconsciousness.com.

The book is about some of the lessons we share as human beings balancing our acts. I wrote it because I had the privilege of learning from attending channeling sessions, much like the lessons from Julian through wonderful June Burke. I needed help of the kind and gentle variety and it turned out to be from a 16th century Buddhist monk, named Prahsingh, would you believe. And in spite of the strangeness or unusualness of our connection, I found the teachings to be profound and useful enough to share with others. Well, I never asked Prahsingh if he was a Libra but he sure was an expert at all kind of balancing acts. I hope you will have a look at the book. It's something I did for myself. I know you will do something for yourself, too, without judging it. After all, we're in "The Ring of Light." And that's a very special place to be.

Blessings to you from Jeanne.

www.theroadtoconsciousness.com

Pan d'Arco

Excerpts from Roberta Costisick's Informative Talk at the 16th Gathering

Roberta Costisick has been working with the herb Pan d'Arco for many years. She has been impressed with how it has helped many of her clients. She shared the following information with the audience.

Pan d'Arco is a hard wood tree found in Central and South America. The name comes from the Portuguese word for "bow stick". The tree was used by South American Indians for making hunting bows. The bark and wood are used to make medicine. The most potent part of the tree is the inner bark which must be aged to maximize its effectiveness. You can make a tea from the loose bark as well as a tincture.

Pan d'Arco not only helps the body recover but additionally its compounds such as lapacho fight against the cause of many ailments. It is proposed by some as a treatment for: candida and other fungus, viruses such as polio and influenza, arthritis, diabetes, parasites, bacteria, cancer, liver disease, fever, venereal and rheumatic disorders, skin disorders such as eczema, herpes and the mange and many more.

Contact Roberta Costisick for further information on this remarkable herb.

AngelHerb@aol.com



Finding Balance

by Renee Salvatori

Wheeling, WV

Balance is not easy. Maybe you can stand on one foot for long periods of time, which is good, but try doing that while rubbing your tummy and patting your head, or with the ground shaking beneath you. That is truly how the word balance is understood.

Being happy when things are going great is easy, but being happy while difficulties are shaking you, takes work. Balance is like that analogy. It is easy to have balance when all is not pressing in or responsibilities keep bumping into you. Some days we are in a wonderful yoga pose, perfectly balancing on one leg when living shakes our equilibrium, and balance takes more work.

Balance is one of those things that you incorporate while multi-tasking or when life is shaking you. But balance can be found between work and family, giving and receiving, nurturing and being nurtured, selfishness and selflessness, sad and happy, physical health and mental health, and responsibility and playfulness.

Finding balance can be the biggest life lesson we each learn. It can be done by daily, weekly or monthly reviewing how our schedules have been. What can be let go today or in future dates and what should be a red check-mark of importance.

Notice your emotional feelings surrounding your everyday living arrangements and schedules. Is a sad or negative truth asking you to look at it and perhaps have you remodel your calendar? How is your sleep? Is tossing and turning giving you a clue you are too stressed?

In finding balance, there is no one size fits all. It will change from person to person, and from day to day. Balance is also something that should be found internally and externally. It is not only balancing the calendar but also the heart and mind. An easy start to finding this balance is to do a few things; walk for exercise, eat healthier, drink plenty of water to hydrate body and brain, slowly cut out unnecessary things if possible, breathe fresh air, find a spiritual practice (sitting quietly or meditating), find a group of uplifting people, smile five times a day, and ask celestial heavens for help. Sometimes balance can be attained simply by making time for just you. Loving yourself enough to make yourself count.

Balance may not be easy at all times, but it is so worth making it happen. If one balancing pose does not work for you, try another, and another, and another, until one fits you. When you get even close to the vicinity of its borders, you will sigh a little OMMMM of contentment.

May Your Heart Be Light:

New book by: Renee Salvatori
Wheeling, WV

I know that fear comes from ignorance or not understanding something or someone, and I wanted to change that fear of mine. I wanted to investigate and take-in, learn and casually study those things that I no longer wished to frighten me. On a deep level, one knows that fear causes disconnect of body, mind, and soul, but I still needed to feel safe in the process of it all. I needed to go slowly so I could feel safe both internally and physically.

I had much fear and apprehension around what most of you would call benign and basic to life. But to someone who didn't understand these basics, because they were surrounded in fear from very early on, I knew I had to go one small step at a time. I had to find a comfort level that worked well with me. One example of fear for me was meditation. Can you imagine? It was basic but still a fear just the same.

I looked into different practices and kept myself safe in slowly moving into them. Most of what I learned covered many years. I guess that is what life and evolving is really about. Sometimes life gives you time to digest and learn through synopsis and patience, and other times, you have to jump in the deep end and learn to swim, without a life jacket on or being able to touch bottom. On those days, it felt like I was going through an initiation of sorts. You work through it as you go and contemplate it later.

In one of my contemplation moments later, I thought of how many others, like myself, who were probably just as scared and confused as I was. I thought it would be nice to write of my experiences and briefly summarize some of my own perplexing subjects. It would have been a book I would have eagerly read as my jump off point before I would go into deeper waters of learning. Thus, the book idea was born.

I have been helped and touched by many wonderful earth angels and light workers, in person, on the telephone, or in books. Their gifts to me have been a treasure. We can't go through life alone. We can't do it alone. Oh, I guess we can, but it is a lonelier path and so much scarier. I wanted to help others in a simplified and safe way, so even if they were alone, they wouldn't necessarily feel alone. Whoever was searching and found my book could feel safe in their own waters of peace.

I give back to others a book with many pieces of living and integration techniques. It is to help shed light on ignorance and release the fear held by darkness. It is a wish or a longing that **all** may have a light heart.

Happy Reading,
Renee Salvatori
www.reneesalvatori.com

Advisory Board Activities

The Julian Teaching Organization (JTO) and its Advisory Board was formed in 2005 after June Burke made her transition. Here's how and why it was formed. Saul Srour accepted June's and Julian's request that he assume responsibility as the guardian of all the June and Julian teaching material when June passed. Prior to her passing, June, Julian and Saul had many conversations regarding forming an advisory board to assist Saul in this responsibility. Once formed, the board members recommended forming The Julian Teachings Organization (JTO) to assist in the preservation and distribution of the teachings. The JTO Advisory Board's purpose was and remains today to, upon request, advise and assist the leader(s) of the JTO and the guardian of the June and Julian material in matters related to the teachings. The Board is strictly advisory in nature. Final decisions are made exclusively by the JTO leader(s) and Julian Teachings Guardian .

Initially, Saul was both the JTO leader and guardian of the materials. In the Spring of 2013, Saul passed the leadership of JTO to Camille Albrecht and Larry Scheer, who accepted the position as co-leaders. In addition, over the years the members of the Advisory Board have changed. Information about current Board Members is available on the Julian Teachings website:

<http://julianteachings.com>

Since its inception, the JTO Advisory Board activities include these accomplishments and ongoing projects:

Accomplishments:

1. Develop a Julian Teachings Organization Vision and Mission statement
2. Support Saul in digitizing the Julian teachings for preservation of the material
3. Ensure all June and Julian Teachings Material are copyrighted as appropriate
4. Support Denny Brown in designing the Julian Teachings website
5. Create a presence on Facebook both as a Facebook page (Julian Teachings) and as a Facebook group (Julian Teachings Community)
6. Develop a mechanism to better coordinate the Healing List (Mailchimp)
7. Survey the Julian Community as to ideas for location and topics of future Gatherings (this has been done twice and will continue intermittently)

Projects with Goal Completion Dates:

1. Research the best way to incorporate a shopping cart on the JT website for people to easily order and download a workshop by January 2014.
2. Provide the chosen shopping cart option on the JT website by Spring 2014.
3. Research the best way to store the audios of the JT in a cloud for archiving and to allow people to easily purchase by January 2014.
4. Store the audios in a cloud by Spring 2014.
5. Work to preserve in video format the Julian Healing Techniques as taught to Adele Lederman by December 2014.
6. Investigate and determine tax exempt status for the JTO by mid-2015.
7. Coordinate the transfer of VHS tapes of Julian-workshops into DVD format by mid-2015.

continued from page 8 Advisory Board Activities

Projects that Are Continuous:

1. Communicate with the Julian Teachings Community through website and Facebook postings and through mailings regarding: classes offered and teacher information access to the Julian Workshops and other teachings providing information about community activities information about each Gathering encourage dialogue and activities between community members.

2. Market the Julian Teachings material in a way that is respectful and user friendly; this will continue to evolve with time.

3. Explore equipment needs, website design and security, software needs; this will continue to evolve with time.

4. Survey the Julian Community as to needs and suggestions.

5. Assist in distribution of the ROL.

6. Oversee The Gathering: select organizers and assist them as needed.

Your input is valued!

Please contact Larry Scheer:

larry@tarot.xs.com

or

Camille Albrecht:

camille@camillealbrecht.com with your comments, questions and observations.

Community Announcements

Julian Website <http://Julianteachings.com>

Julian Teaching Organization Leaders

Camille Albrecht camille@camillealbrecht.com

Larry Scheer larry@tarot.xs.com

Some websites of interest to the Julian Community

Taliswoman Me <http://www.taliswoman.me/>

Cheiron Wellness <http://www.cheiron-wellness.com>

<http://www.cheiron-wellness.nl/>

“Thinking out loud” <http://anneclaires.blogspot.com/>

Mysticpath <http://www.mysticpath.com/>

Nick Theo courses@julianteachings.com

Authors from the Julian Community

Blanche Duffy

Earth Student

Jane Fleming

Birthright: What It Is and How to Get It Back

Jeanne Livingston

The Road To Consciousness

Connie Numbers

The Dear One Letters

Renee Salvatori

May Your Heart Be Light

Larry Scheer

A Bridge on the Road of Life

Anne Claire Venemans Thinking Out Loud

Classes currently taught using the Julian Teachings

Camille Albrecht

Practical Magus, Self Development

Sam Holland

Mystical Magus, Transition Energy

Eleanor Johnson

Self Development

Larry Scheer

Tarot, Self Development

Andrea Smith

Mystical Magus

Nick Theo

Self Development (on line)

Anne Claire Venemans

Mystical Magus Review, Transition Energy

Saul's Corner

The Conscious Mind

LIFE AFTER DEATH (Workshop #301)

continued from December Ring Of Light

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Authors: Rev. June K. Burke and the Seraph Julian

continued from the September 2013 ROL

Good afternoon, I am so pleased to once again be with you. You had a question; you may ask it now.

Q: Last week somebody brought up where this guy was in the Philippines working with a psychic healer. He snapped his fingers to the guy's eighth chakra and left with him. And they went somewhere traveling around. The discussion was somewhat going beyond the veil of illusion and going out to these other worlds. Now, I'm trying to relate where it is at? Is that in the white plateau?

No. The white plateau deals with transition from the physical state called life to the rebirth state called death.

Q: Okay, well, let's rephrase it. Are they going into the etheric plane?

Yes, they're going into the etheric planes and experiencing there. One of the things I want you to understand is that your astral plane, very often, in your world gets to be thought of as sort of a negative place, because it is the "in between" place, but there are many things going on in the astral world that are very positive. They are not all earth bound entities, and so forth. They are also people who are working to help mankind, and very often, because that is the plane that man is in; in his mental travels, reach and touch more easily, meetings are arranged in the astral plane. So that they are going into ether worlds, manifesting according to their belief and experiencing them.

Q: Okay, manifesting according to their beliefs, so they're in the ether and as we project, then these images are formed, bodies are taking shape, when in reality... I'm trying to relate this to my own experiences, my own meditations.

All right. There are three levels that occur in a projecting thought, and we'll talk about this a little bit, because although it is not directly related to the life/death experience, it does relate to experiences that many people have.

When you are going out into another experience, there are several levels of you that are manifesting and projecting that experience. It is not only the conscious thought and desire, but the superconscious thought with a lesson in mind and the subconscious thought with that which has been programmed before. So the experience comes out a composite of a lesson, a relived experience, and a projection that you might have wanted to have in the personality conscious self. According to the level of that experience, the depth of it, you will manifest whatever is meant to come from that experience. Sometimes it's nothing more than knowing that that place exists. Other times it is a direct combination between superconscious, subconscious manifestation, because the superconscious says, this lesson must be learned, and the subconscious says, it must be relearned in relationship to this past understanding. And so there are subliminal projections going on in addition to the conscious projection in those experiences, and they will always have a relationship.

Now, one of the things that most people try to do when they come back from one of those experiences is to rationalize it and fit it into their personality, physical life; and it may not have any place to fit. The merger with that energy and the removal from that energy leaves an impression of whatever that energy's potential was meant to give you. So when you come back, if you don't instantly know what it means, forget it. It is still functioning in you and it

Continued on page 11

Continued on page 12

Life after Death continued from page 4

the point where you learn. But if you keep trying to make it fit, it's like trying to take a square peg and put it in a round hole. So, accept that you've learned, accept that you will know what you've learned in due time, and just let it go.

Q: So.... It's the same as passing the veil of illusion. (That's right.) Okay. Now, that illusion, that's part of our subconscious and conscious... See, I'm trying to say, well, what exactly are they talking about here, and.... That's going past the fantasy and into the fact.

Q: ...into the fact, what's really there, and not comparing the two.

Now...

But the fact is pure energy exchange, not incidents necessarily. You see? Have you ever cared for somebody very much and walked down the street with them without saying a word? There's a million exchanges going on during that walk. You can't say, this is what was said, because it wasn't said, but it was felt, it was exchanged, it was known, therefore, it is real, and that's what's the reality. The realness of the essence, not necessarily the rearrangement of the concepts of the momentary life. So you go beyond that which is your rational concept, the illusion created by that rational concept. It is the mystic. The mystic moves beyond the world of illusion and into the world of fact, which is translated reality. They live in the reality of the essence, not the illusion of the thought. Because if you get caught in the illusion of the thought, you'd still be thinking of Earth as flat.

“...accept that you’ve learned, accept that you will know what you’ve learned in due time, and just let it go.”

You have to move beyond the illusion and into the reality. That is the mystic. I think, not in thought patterns, but in essences. And the essences are sometimes hard to understand because you deal in thought patterns, so you simply have to accept them and let them manifest in the manner that can show you.

Q: So what's happening after we go into the other level where we're working with the essence. We have that merger.

That's right, of that comprehension, a comprehension that goes beyond words. Have you ever noticed who falls in love with who? How many times have you said, what do they see in each other. But what is there is so real. What is there is so real that it transcends words. It doesn't matter what the so called illusion of what that person should want in their life, or what the other person should want in their life, it goes to the reality, or the essence, of those people, who automatically accept each other.

Q: You were talking about the tutoring and teaching that goes on in the white plateau. Can you give me some kind of an idea as to what that teaching and tutoring is worth in terms of life experiences, or physical experiences in this plane.

It is worth a great deal in terms of life experiences, because it is the essence of future life experiences. It is always a degree beyond what you already know and understand and it deals with the essences rather than the singular experience. So in studying, let us say, plant life, you are not dealing with the lilac versus the rose, you are dealing with the whole concept of flower. And you are actually one with them, living them though being them, and watching the genesis of them, so to speak, and being able to take and put

continued on page 12

Life after Death continued from page 11

them, the new genesis, into a conceptual form to go forth to become the better lilac, the better rose. And in relationship to that, you will know the enemies of the lilac or the rose and be able to have a better concept of how to avoid that, and that will be sent forth from you or delivered by you, one or the other. There is always the advancement, and there is not a single thing in your world that is not in my world to be advanced and grow with and learn from.

Your categories, so to speak, fall... Well, first of all, after your orientation, after you've been shown my world, now you know where this is and where that is, so to speak, you then move into the choosing of the learning experience. Now that learning experience falls into what is considered physical nature, which would be anything of the elements; it would fall into the consciousness level, which would be transition energies, and so forth; and it would fall into the conceptual energies, which are the energies of futuristic view.

Now usually you will choose something from each category.

One from column A and one from column B and one from column C, all of the above or none, you see? The object is that in making those choices, you begin to experience them. Now you experience them on three levels. You experience them on the consciously absorbed level of the moment, which means that which you already know about it. You then experience them on the projected level of the potential of the subject. You then join the two to the point where it will fit the next generation and be able to bring it in its proper point in time into the world.

Q: You mean by "next generation" because it's simply a teaching of a future time, the next generation being another reincarnation?

Exactly, because all things in your world must follow in logical sequence, because you live in logical sequence.

Q: Well, if you were being tutored, for instance, then, above the white plateau, it would be of...if you would go up, as far as the essence is concerned, it would not be the essence of the lilac and the rose, but the essence of blooming things in general, or whatever.

That's right. You experience on that level, you project them to where you want them to be for the future, and then you discern the manner of delivery.

Now there are also those who are walking around doing nothing, no study, just enjoying, just soaking up whatever is there until such time as they are ready. You are not pressured. You are permitted to accept it as you are ready to accept it. There are some people in my world still walking around looking for the Methodist Church, or the Synagogue. You see?

"there is not a single thing in your world that is not in my world to be advanced and grow with and learn from"

They are looking for whatever they experienced as a religious experience in the physical world. And once they... You see, they're still working

on that level of their own conception of it, what they entered my world with. One day they begin to feel the energy of its full potential and backing up, come to see that it goes beyond a single idea or a single understanding. So no one is pressured to not believe as they believe. They are instead encouraged to feel the energy of all so they can see the bridge between them and take away the walls that have been built.

Q: Julian, these teachings. Did the teachings begin and, therefore, require incarnations in the Earth, or was there incarnations in the Earth, thereby requiring the teachings?

All right, the thing is that in the beginning, you were to experience all in ether form, the whole

Life after Death continued from page 12

package, so to speak. There would be no need to develop in any other way, but having densified, you now have to have it a dose at a time to be able to tolerate it, you see? You can't pour the whole bottle down your throat at once; it's not going to make you better, it's going to make you vomit. You see? So you get it a dose at a time in my world. And each experience in my world is another dose and another growth and another moving forth. And so you take it one step at a time.

You are moving back to that which is already yours, and because of that, you have glimpses of what is already yours, why you're even in the Earth plane, moments at which you feel absolutely at one with everything, or absolutely at one with your God, you see? A moment when you have a fleeting glimpse of a potential of something, and you know inside you that there is some place for that thing to go and become greater, or better. Or you have a fleeting glimpse of the love that can be. You're not quite sure how to get there, but you know it's ready to be, and the process of being with the self, being the superconscious self you're with, you begin to have the concept of moving into what can be. And as you advance consciously and subconsciously and superconsciously, as you elevate the consciousness, you have more frequent touches of that which can be. And that escalates your ability to move back into that energy which is already yours. There is no thing you're separate from, you see.

So, when you have gone through the essence of the white plateau, some have, through their experiences, come to the point of moving into the next plateau. And the next plateau does not have a name in color, but it is the color, in essence, of what you might think of as a very pale pink. You might call it the Pink Plateau for clarification. And in that energy, in that plateau, there is the

release...it is called the release plateau and it is the plateau of releasing that which you already know and leaving yourself knowing less.

Q: Is that what the Buddha talks about?

Yes. It is that point in which everything you have learned no longer exists in you and you are there to be shaped and molded into what you can now become.

Now you are ready for it because of what you have gone through before. You have to go through that white plateau before you get there, no matter how far you have grown. So in the Pink Plateau, you let go of the confinement which has narrowed your thinking, narrowed your ability, and narrowed your concept of life.

In that plateau, the actual figure of yourself is less distinct. You now are a shimmering, moving light energy, but not as concisely body shaped.

You are beginning to let go of the concept of what the body is supposed to look like. It is here that you tune in very strongly to visual concepts and visualization forms, not only the ability to see, but the ability to project that which you see so that others may see it. So it is a very telepathic, clairvoyant energy. So that which is becomes... You become the camera to project that which is in concept. Not in concept, necessarily, as you knew it. I will tell you one who functions on this very much. Jules Verne functioned in this particular energy very much. He rode around the world in so many days (80 days). He'd never gone out of his room, yet he knew what was there, or could be expected to be there.

Q: The Life and Teachings of the Masters of the Far East, would that be the same idea?

Same idea. You don't have to be in the conscious knowledge of it as you did before. You now have the projectile, conceptual, visual idea of it.

Contact Us.....

The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.

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Next Issue Theme: "Journey into the Light"

Newsletter Submissions Deadline - 5/26/14

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

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Benicia, CA 94510

We thank each and everyone of you for your financial support that allows us to bring the Ring of Light to you.

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ROL via E-MAIL!

What a novel idea!

If you prefer an electronic version please contact us via our
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A Newsletter of the Julian Community
c/o Dan & Nancy Walton
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17th Gathering of Light

Update: New Location and Lower Rates

Newport, Oregon
September 19, 20 and 21, 2014
Agate Beach Best Western Inn
<http://www.agatebeachinn.com>

**Join us in Newport at the Oregon Coast
for the Autumn Equinox as we work to create
Inspiration and Renewal**

The word “inspiration” derives from the word for breath. A short list of speakers includes Archie Mulvena, Andrea Smith, naturopathic physician Catherine Downey, Larry Scheer, and Sam Holland. The theme of their talks will be working with the source within to renew ourselves and our lives.

Best Western Inn is located on a bluff above Agate Beach. Newport is a destination site with attractions such as: Hatfield Marine Science Center, Newport's Historic Bay Front, Nye Beach, Oregon Coast Aquarium, Tide Pools on the Beach, and two lighthouses. Newport is located between Cape Perpetua, with famous Thor's Well, and Depoe Bay, the world's smallest harbor. Newport is approximately 124 miles (2 hours 45 minutes) from the Portland airport and 88 miles (two hours) from Eugene airport.

The Bay at Newport





Cape Perpetua

Included in the per person cost are our own meeting room with catered meals – dinner on Friday night; breakfast, lunch and dinner on Saturday; and breakfast and lunch on Sunday. All rooms have two queen beds or one king bed. All rooms have a microwave and small refrigerator. Hillside view rooms are less expensive than ocean view. Single occupancy is \$365 to \$410 for the weekend per person. Double occupancy is \$265 to \$300 per person.

Coming early or staying late? The Best Western Plus will honor the following rates for two days prior to and two days after the event subject to space availability: \$89 per night for Hillside View and \$109 per night for Ocean View for up to two people in a room plus the applicable local tax. Currently local tax is 10.5%.

Agate Beach Inn is pet friendly. If you have any pet allergies, please let us know on your reservation form so that we can provide you with appropriate accommodations. Also, several handicap access rooms are available.

Make check payable to Andrea Smith. Mail deposits and registration forms to:
Archie Mulvena, P. O. Box 87385, Vancouver, WA 98687.

Questions?

Archie Mulvena Mulvena@comcast.net



Thor's Well



Best Western Agate Beach Inn



Agate Beach

Deposits: \$200 per person by April 15, 2014.

Balance due: August 1, 2014

Refunds: Refunds for cancellation will be provided until August 15. After that date, the potential for refunds will be subject to the terms of our contract with the Inn.

Registration Form:

Name(s): _____

Address: _____

Phone(s): _____ -- _____ **e-mail:** _____ -- _____

There are a limited number of ocean view rooms, and we will take a wait list for ocean view requests. Please check your choice:

\$365 single occupancy, hillside view _____

\$410 single occupancy, ocean view _____

\$265 double occupancy, hillside view _____

\$300 double occupancy, ocean view _____

Number of people for whom you are reserving a space (\$200 deposit per person). _____

For double occupancy, would you like us to assign you a roommate? If you have a choice of roommates, please specify. _____

A limited number of king beds are available. Please indicate your preference.

1 king bed _____ 2 queen beds _____

Please list special requests below including: handicap access, pet allergies and/or food restrictions or special food needs. The caterer will attempt to accommodate special food needs. Note that the Oregon Coast is famous for seafood. _____

To maximize options, all meals will be buffet style except Friday night, which will be a plated dinner. Please specify dinner choice for Friday. Choice of salmon or prime rib. Please indicate if neither of these choices meets your needs. _____