

# Ring of Light

A Newsletter for the Members of the Julian Community

Volume XVII

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December 2009

**A**nother year comes to a close, 2009 has brought many changes to all our lives.

Out theme for this issue is Hidden Blessings. Note the underlining thread that peace begins with me.

We are, thankful for having June Burke and Julian in our lives. We have all been changed for having known her and the Seraph Julian. They have left us rich with legacies of teachings, healings, a new sense: of our being, of our self-worth, of our place in the Earth and the Universe.

We are thankful for the freedom we enjoy and the path we have chosen. Thankful that we can look back over the past year and recognize and celebrate our growth.

We ring in the New Year, 2010, full of certainty that we make a difference in everything we do! Full of certainty that we do create an oasis of peace and love that will go out like ripples in a stream to touch those around us and beyond.

Love, Light and Peace ~ The Editors

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## JULIAN DISCUSSES

### The Conscious Mind

Recognize, please, that at times the conscious mind will deceive you because it will see what it wants to see. It will look, see what it wants to see, and tell the subconscious that it is the truth when it is only what the conscious mind wants to see, not the reality of it.

Emotion is also stored in the subconscious and will rear its head again and again in the form of attitudes in that life. Because of that attitude, what the conscious mind sees will very often be affected by what emotion is being felt. The child who is attacked by a dog will see a dog as a dangerous thing and when someone years later gives it a puppy as a gift, would feel that the person is out to destroy him or her. That emotion, stored with the thought of the dog being a dangerous thing from that incident, is there. By unlocking those thoughts, you can put them in the proper perspective. It is important to review what is in your subconscious and clear it of what is no longer working effectively for you.

Many work with regression and hypnosis as tools for this process of clearing out the subconscious. When you do that, you unlock those thoughts and relieve that pressure from within, gaining a better understanding -- that one incident at a given point in life does have to guide the whole life. These incidents which are stored in that level of consciousness will have an effect on the whole life unless the mind perceives them in a different way. This is where phobias and fears are built, and so it is very necessary that you do a spring cleaning of the mind once in a while. Look at your concepts and ask yourself if they are still yours at this time of your life.

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# Astrology

Feature Column by Eleanor Johnson  
La Grangeville, NY



The year 2009 comes to a close preceded by the Winter Solstice December 20th as the Sun enters Capricorn. This is a time of introspection. Its purpose is to explore the areas of our consciousness

which needs mending and balancing.

Saturn, the ruler of Capricorn, is "The Teacher". This is symbolized by the Rings surrounding Saturn. The Rings expose our weaknesses so they can become strengths. They allow us to let go of the old outworn areas of our consciousness. Our consciousness then may become elevated so that we may perceive greater truth and understanding.

Capricorn and its ruler Saturn are the Bridge between the Old and the New. This is emphasized in the year of 2010 with two solar eclipses in Capricorn and with a lunar eclipse the last day of the year, December 31st, in the sign of Cancer.

The sign of Cancer represents the Sun sign of the United States. Our public image as a nation is built on our values. Mars is in the sign of Leo until June of 2010. It is retrograde from February 2, 2010 to March 10, 2010, but remains in the sign of Leo until June.

Mars is an energy planet representing our motivation and the energy we use to maintain our lives in the face of pressure from our environment. We can have no individuality without the energy of Mars! We can work very well with this energy.

Leo rules the heart in the physical body. Its energy can be used positively to spread love and warmth to all as a principle in our lives. Mars in Leo is determined, enthusiastic, persevering. It can indicate lots of courage. The Sun is the ruler of Leo. Its solar rays can be used as a source of energy.

The planet Jupiter ends its cycle in Aquarius. It enters the sign of Pisces January 17 until January 23, 2011. The expansive philosophical side of Jupiter can be expressed in Pisces with compassion and can often indicate the realization "That no man is an island". It can give us a deeper understanding of other people and their needs, as well as the collective needs of humanity and our planet Earth.

The planet Pluto resides in the sign of Capricorn for the next nineteen years. The sign Capricorn and its ruler Saturn rules the Earth plane. Pluto is the "Great Transformer". It can prod us individually and as a nation to bring about change and reform for the betterment of all humanity. When Pluto is working in a positive sense, it brings about changes. It can directly raise our minds to greater level of awareness. It can raise the consciousness of each individual so that collectively we all may make a difference in our world.

In February Mercury is in Aquarius. This sign is concerned with truth. It can motivate us to look at ideas and thoughts in an impersonal way. It steadies the mind making it resourceful and intuitive. It works well in groups.

February and March, Mars makes a favorable aspect in the heavens. The motivation of Mars with the steadiness of Saturn gives dynamic energy needed to actualize our projects. There can be a good working relationship between the set of surrounding circumstances and goals. Opportunities for growth can present themselves. Courage and reliance are strong.

March brings us to Spring, the time of New Beginnings. The energies from the New Year to Spring allow the seeds planted during the Winter Solstice to bloom in the Spring, the sign of New Beginnings.

Love, and Light  
Eleanor

**The Conscious Mind** continued from page 1

Your spiritual guides communicate with you during meditation and in the dream state. You have to remember that in the dream state, you are usually out of your body.

Sometimes you are in the astral levels and sometimes you are simply standing by your physical body, but your guides are always communicating through that higher self. It is through the higher mind, the superconscious mind, the mind of the higher self, that communication with guides can occur. Many times people ask whether information they have received came from a guide or from their high self. It does not matter because either way, it is coming from you, from the higher self, which knows more than your conscious mind.

Humanity is so sure that the conscious mind is the smart one, but that is the mind that collects everything, good, bad, or indifferent. They think that is where all the knowledge is. It is only when they recognize that there are other parts of themselves and relax the conscious mind that the rest can feel it and become helpful to them.

The superconscious mind transcends academic learning. A child can give mathematical formulas if that child is taught that they are in there to be released. Those who have never had instruction in art in any form can create masterpiece paintings if they believe that their mind can be in tune and in touch with that etheric self in the cosmos and bring it through the physical self to be used in a physical way. Masterpiece music. Why does somebody who has never been able to read a note or understand a lesson in music walk up to a piano, sit down, and play? Because the music inside them is etheric music which the mind is tuning into. You must believe that you have the ability to transcend everything of the physical world in order to obtain what you need, and then direct it through the physical being into the physical world.

Dealing with your superconscious does not mean hearing voices in the night. It does not mean trumpets

blowing, flower throwing, and a loud announcement from the podium. It may mean a very subtle feeling.

It may mean an uneasiness with what you are doing that says you should be doing something else. It is the thing that makes you sit down to write a letter and, instead, get up and do something else, or vice versa go to do something else and sit down to write a letter instead. They are voices, but they are part of you, and they are so gentle and so subtle at times that you wonder if it really happened. Sometimes you call it a hunch, or you say, "I had a feeling I should...." That is the superconscious getting through to you. The more you listen to it, the stronger it gets. The instrument has learned now, and she listens because every time she does not, she ends up in hot water of some kind, or with an experience not as successful as it could have been. It took a long time for her to realize that it was not simply her own rationalization that was going on. It was not her saying go ahead and do this, sort of thing, but it was a higher force within saying, "Listen!"

You work with the superconscious level of the mind in directing the life. This functions with the pineal gland, for that is the level of mind of the pineal. The pineal is the master gland of the spirit body just as the pituitary is the master gland of the physical body. The subconscious directs the pituitary and the body. What is stored in the subconscious is very much like your computer system. You put all this stuff in there, and it is supposed to come out in its proper sequence when you need it, so what you put in there is very important. The conscious mind is the collector, as we mentioned earlier. Everything you conceive is stored as a memory in the subconscious to be called forth when it is needed for identification.

(to be continued next issue)

Levels of the Mind Tape #200

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Authors: Rev. June K. Burke and the Seraph Julian

## *Ferretting Out My Hidden Blessings*

by **Blanche Duffy**  
Saugerties, NY

Now, all Julian students are aware that we have many hidden blessings if only because Julian told us so often how we should be grateful for them. But all too often in the midst of the craziness that makes up our lives we forget to remember they are there. So I decided to sit down and think about hidden blessings...and after reading Aca'u's Winter Solstice message to take pen in hand and list our accomplishments for 2009. I decided to combine both.

An important accomplishment/blessing of 2009 has been my return to good health. After sending a message out into the Universe last year for help with healing myself I heard of a holistic doctor who has assisted me to regain my health naturally without the use of chemicals and prescription drugs. A major accomplishment/blessing in this age of "take this pill and everything will be fine" culture! And speaking of healing and blessings I must add that Ralph Thiel has helped me tremendously also. What a dynamic duo both he and Dr. Wiedershine would be working together!



Many years ago I dedicated my life to service and have tried to be of service to others in many and various ways. For a time I was beginning to think I was not doing my part since I have not been particularly active in counseling this year. But as I thought about my accomplishments I realized that the time I have given to the Ethics Board trying to establish a modicum of ethics/honesty in town has been a service that has reached out into the community. That was brought home the other evening at a meeting of the board when someone remarked about the "tough guy" reputation the board has acquired. Hey...if that helps to keep the town office holders and employees honest...(-)

Everyone knows what a blessing Buddy is but he isn't all that hidden. Over the summer when we were walking down the road he pulled me into the yard of a neighbor whom I had never met. He strutted over and made friends and after that we often talked when Buddy and I took walks.

During one of our talks I mentioned that I needed some work done on my back porch but all of the estimates I had gotten had been much too high for my budget. She called me a few days later and said her husband wanted to come look at what needed to be done. This man did all of the work and refused to accept a single penny in payment! Refurbishing the entire porch cost me only for the materials used. Love of animals and Buddy's friendliness were the basis for the hidden blessing of getting my porch repaired!

I had been having difficulty with my car for a while but kept putting off buying another by trying to fix it. Finally one day I could not get the gears to shift and had to call AAA. When I got an estimate of what it would cost to fix my 10 year old car I nearly fainted at a figure of \$4500. So, I began looking for another vehicle and ended up with a 2010 Kia Soul and took advantage of an offer of 0% financing for 36 months. When my old car died at that particular time I certainly did not see it as a hidden blessing - but that is what it became since the 0% financing offer ended within a week of purchasing the car.

Of course, a listing of blessings – hidden or not – would not be complete without counting the blessings of having been a student of Julian and June, plus the blessing of getting to know the people of the Julian Community. I consider the Julian/June/community experience the most important blessing of all. Just recently a group of the New York contingent got together for lunch and it is always such a joy to be in the energy of Julian people! Didn't matter that we were in a relatively crowded restaurant we laughed and talked and the same feeling of oneness and peace was there. I was not able to make The 2009 Gathering in California but I am certainly looking forward to the 2010 Gathering at Bear Mountain Lodge. I can't wait to bask in the energy of many more of the Julian people in such a beautiful and peaceful setting as Bear Mountain with the energy of the Hudson River flowing by.

Thank you to One and All for allowing me to take up space in this wonderful newsletter! I wish you the blessings and joys of the holiday season, and I especially wish you a wonderful, happy, joyous New Year. May you walk in Light, Peace and Joy all the days of your lives!

Namaste!

**A Message to Share:****Creating Reservoirs of Peace for the 2012 Shift Point**

Karen Ehrenfeldt

September 13, 2009

The world around me had gotten loud with men clattering on outside, cars streaming by, and the jingling bell of an ice cream cart being pushed along the street. Usual sounds, magnified somehow, had become more noticeable, even annoying. It was time to meditate, so I settled myself, immediately going into a deep and silent space, feeling like I just wanted to stay there. As I did, there came this guidance that may be of value to you also.

The awareness of polarity's pull socially has been on my mind – how difficult it is to find common ground because of the intensity of various viewpoints these days. Viewpoints that become deeply rooted positions, seemingly worth guarding, and in that protective stance, all communication and collaborative potential breaks down. In this meditation I become aware of the Age we are in; how Nature and the Law of Polarity rule the Age of Aquarius, that polarity is something worth understanding more deeply. These thoughts float with ease into and out of my mind, as I observe this peaceful space that I am in. Then there came a request for my attention, and a message of guidance began.

The year 2012 is a shift point, and things will continue to stretch toward poles to that time, so however polarizing it seems now will be pale by comparison. Thus, it is vitally important for you to take care of yourself, physically, mentally, emotionally, to live in balance and move with the necessary changes in your behavior— so you will be in better shape to handle this point in time, and, so you can be in a position to render service to those in need. For while the Age of Aquarius began some years ago, this has been but the dawning, there is yet to be a full shift, and it is the purpose of the Law of Polarity at this time to enable the transition from the Piscean Age more fully into the Aquarian. The process of intensifying polarity's pull is meant to be clarifying and purifying as the future is ushered in. This universal oscillation forces extremes in order to draw out the obstructing feelings and thoughts that detract from the quality of an individual's position. For when the power of love infuses the individual's viewpoint, integrity is maintained in a balanced view that



allows for creative interaction with others of differing views. When infused with fear in any form, (greed, insecurity, obsession, aversion, and so on), the view becomes skewed, the integrity of position lost, and thus the individual stands in an extreme they cannot see. The Law of Polarity may drive individuals to a breaking point, if the individual refuses to make effort to alter their minds toward more constructive uses, their lives toward more creative actions.

All individuals have viewpoints through which they perceive the world, these arise from held values intermixed with external influence. Values are general by nature for they are representative of great truth and originate in divine essence. An expression of a value in the world may take many forms, thus people with shared values may have different preferences in how that value, such as freedom, is demonstrated. The clearer the perspective of an individual, the deeper the understanding of their own values, and the purer the connection to divine force. The

stronger the connection to divine force, the greater the capacity for respect and appreciation of other views and needs. However, the greater the external influence, the greater the potential that the true value is obscured. It is as if the light of truth within becomes obfuscated with layers of fog, dimming the light within, and the individuals become lost to themselves. Their internal connection to divine guidance has been replaced with an external beacon of power that appeases or appeals to the individual's insecurity, whatever form that is. In forcing individuals toward the fullest expression of their values in this oscillation process, questions arise causing them to rethink their positions, enabling them to let go of negative influence and clear away the internal fog, so that they can reconnect to divine truth.

Fear introduces certain questions and drives behavior in a way that is polarizing, such that a separation of essences is forced in order to restore balance. In a positive action, truth and integrity separates from the dross, allowing the individual to have a better perspective of the self, to let go of the fearful behavior and allow a collaborative potential to enter in. Sometimes this is psychologically and emotionally violent to force change; eventually the individual surrenders, too tired to keep up that level of intensity and they stop feeding the fear. When that opening occurs it is important that the energy of peace, harmony, and goodness enter in. These individuals will need supportive energy to assist in their transition from one way of being to .

**Winter Solstice 2009 Message from Aca'u**  
channeled through Camille Albrecht on 11/30/09

The Winter Solstice begins on Monday, December 21, 2009 at 12:48 p.m. EST

Do you feel hope returning? Taste it! This is the season of possibilities. It sizzles in the air. Feel it! Fresh start, new year, new creations from the Void. That's the energy of the Winter Solstice. In many ways it is a return to the Void where all potential resides. It is a time to turn your energies inward to assess, alter and make anew. The atmosphere is alive with new potentials waiting to unfold. Exciting, isn't it!

Your year is winding down. Look back at your progress. Just for a moment, pick up a pen and write down ten things you accomplished in 2009. It could be in terms of physical accomplishment, emotional growth, new mental attitudes, survival of a challenge, gaining new insights into your life. Perhaps you were there for someone in need and made a difference in their life. Who did you help along the way? What hurdles did you cross? For many, 2009 was a year of challenge as karmic patterns unfolded. Many of you found yourself in new jobs, new financial situations, or in new family structures. This has been a year of clearing out blockages or old patterns in order to be prepared for the new energies to enter. Yet, it is difficult to really see what you have achieved if you don't take time to recognize and acknowledge them. So, think about it. Write them down and rejoice in your accomplishments! This is the season of joy. That joy begins within you and bubbles out in to the world.

Reach out to your family, friends and others in the spirit of love and thankfulness for their presence in your life. Relationships are to be cherished, for it is the love you share with others that sustains you. Let the minor irritations wash away. Rather than scold, hold. (I like that little rhyme!) You can choose to be annoyed, or you can choose to smile and move ahead without having to say a word. Let it go, let it go, let it go. And know that someone will let your infraction go at some time in your future. For as you treat others, so too will you be treated. Tolerance must be promulgated in your world. It is very true that the love you share, the forgiveness you give, will return to you. Your life can be one of peace, acceptance and love if you would but express that from you. You

know that your thoughts, words and actions act like magnets. What you send out, you attract back to you. Be the peace, be the love, be the joy that you want to see in your world. In the kindness you show to others do you spread kindness out in to your universe. During your day, remember to stop and ask yourself, "Is this a kind thing that I'm doing?" It is a good guidepost. For love is kind.

This is the season of gift giving. What is the greatest gift you can give another? Your acceptance of them. Without criticism, without telling them the way you think they could do it better, or how they should act differently, or think another way. Give the gift of simply accepting them lumps and bumps and all. You are all beautiful works in progress. So I speak to you now of acceptance, tolerance, peace. These are the building blocks of your future. In this space can growth occur.

The economy, it progresses. You can expect overall improvement but there will be setbacks along the way. Some major. This is not cause for discouragement but do continue with caution and conservation. Conservation in all resource management is important. I have spoken to you about this often and this theme continues. Conserve your resources. The need for clean water takes on more and more importance as awareness grows.

Innovation blossoms in a grand way. Be open to new ideas. The past can only serve you in the lessons you have learned from it. Let your past go. It is time to move on to new perspective.

And please, stop damning yourselves! Many of you continue to self criticize and this only hinders your growth. Love yourselves with a deep inner recognition of your inherent goodness. When you look in the mirror, look right in to your eyes, smile and say, "I love me, I'm my best friend". Trust yourselves. You have been given the power to change your life and to change your world. Why do you doubt? The age of beating yourself up is over. When you self criticize, do you know you exaggerate that very quality you don't like within yourself? You have added another log on to that fire, which keeps it ever burning stronger. Stop yourself. When that thought of self condemnation comes up, flick it off like a hot ash. Say, "That was the old me and I let it go. I love myself and know I express my High Self in me and through me." That brings the High Self in, rather than pushing

**Winter Solstice**

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it away.

Before you can bring peace to the world, you must bring peace within yourself.

You can decide that 2010 will be your best year yet. How? Simply make the statement and then act as though 2010 is your best year yet. Your words and your actions create your life. As you walk through 2010, tell yourself, "This is my best year ever" and see how it unfolds. You will find remarkable your ability to face the ups and downs the year brings, because your attitude is one of 'best year ever'. Give it a test run in December! I think you'll be pleasantly surprised. You know it is not the external event but your perception of the event that makes it what it is. And in that 'best year ever' mind frame, you will attract those things that make for a best year ever.

Dear friends, please know that you are loved. I know it is scary to be in your world sometimes. It can appear chaotic, out of control. Sadness and loneliness are very real. People hurt one another, wars break out between countries. Wars break out between friends and between family members. And having a good cry now and then is quite healing. But don't dwell on it. Know that the Creator holds you in Mind at all times. And it is in that Mind that you live, and move, and have your being. There is nothing to fear. You are made of love, by love. Not a single one of you is alone. Just turn inward and your cup will be replenished. The strength and courage you need is there. Tap it! And with it comes a great knowing that it will all be all right. Accept the love that dwells within, it will ever sustain you, guide you, heal you.

So, I ask you to look towards 2010 with great joy in the knowing that all potential is ready to be tapped. For you can create the most wondrous year ever! The clay has been handed to you; have some fun molding your future. And know that giggles go a long way in paving a path of Light.

We walk together, my friends.

I bid you peace,  
Aca'u

**Winter Solstice**

Winter Solstice comes at last

Closing the door on the past

Now let you go within to

Make a little nest

Of all that you love best

Enriching your self

Giving and receiving

Consider what you want in your life.

Know that what you want is what you will get!

Let the nectar of life flood your being with joy!

Thanks be to the Creator!

Ann Hardin Strauss  
Boulder, Colorado  
December 2009



## Saul's Corner

Dear Friends of June and Julian:

The purpose of this letter is to update you with the progress made thus far to preserve and to expand awareness of the teaching materials received from June and Julian. It is also to request your support in continuing with this progress.

Because it is imperative for the materials to survive intact into the future, I have made a major effort over the past few years to archive the Teachings into a digital computerized format (wav and mp3).

As a result of hundreds of hours of work, all long-term classes (Transitional Energy, Self Development, Mystical Magus and Practical Magus) have been converted from analog tape to a digital format.

I am currently in the process of converting many of the public lectures from analog tape to a digital format. Michel Post (The Netherlands) has also begun to digitize many of the tapes as well. With this help I hope to complete the initial phase of this project within the next three to six months. The next step will be to clean up external noise and enhance the audio of these recordings using sophisticated computerized audio software. This process is very, very time consuming and well worth the final results achieved. This will enable the lectures to be available in CD (mp3) as well as audiotape formats.

As many of you know, I have established a web site for the June & Julian books, tapes & transcripts ([www.julianteachings.com](http://www.julianteachings.com)). With the help of an advisory board, many suggestions have been made to expand the availability of the Teachings through the Internet. We are seeking to grow and develop through use of the Internet and through the efforts of each one of you involved in our community. Your talking about the Teachings with others, helping those interested to access the material through the website will keep our community alive and thriving at a grass roots level. To maximize the potential of the website, funding is needed for such expenses as:

1. continuing and upgrading the website
2. adding new features to the website such as a shopping cart functionality
3. adding social networking features to the website, such as forums, blog spots, etc.
4. adding audio and video content to the website
5. printing new books & booklets

me to continue the process of guardianship of the June and Julian Teachings. A special thank you goes to the Board of Directors of F.R.A.W. for the substantial contribution (upon dissolution of F.R.A.W.). This contribution went toward the major purchase of electronic equipment needed to begin the process of converting and archiving the Teachings.

I have been honored to be involved since 1976 in assisting June and Bill Burke in this work. The assistance was lovingly given and included significant financial contributions towards publishing June and Julian's books and booklets, cassette tapes, and in purchasing such items as audio recording and high-speed audio copying equipment. I further dedicate myself to continuing to preserve and to expand awareness of the Teachings received from Julian through June K. Burke.

I am asking for your financial assistance to continue this work. Any amount you are willing to provide is greatly appreciated. Make checks payable to:

**Camille Albrecht-6280 Blank Rd.-Whitehall MI 49461**

Because of the expense and time requirements involved in becoming a non-profit organization, I am unable to pursue this now. Rest assured I plan to do so when it becomes feasible.

I am also asking for volunteers to accurately transcribe audiotapes of classes and workshops. If you are interested in doing so, please let me know. I can provide you with a list of recordings that need transcribing. You can choose which interest you most. I only ask that you transcribe verbatim as Julian presents the information. Camille Albrecht & Anne Claire Venemans have transcribed numerous classes over the years and are willing to offer you any guidance or assistance you may need in these efforts.

A very special thanks and recognition to the many who voluntarily transcribed classes in the past. You know who you are! Thank you!

Your suggestions, questions, and observations are always welcome. I seek your input and support as we carry these wonderful teachings into their future space.

Sincerely and in loving memory of our dear friends June and Julian and our time with them,

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**A Message to Share:** continued from page 9  
**Creating Reservoirs of Peace for the 2012 Shift Point**

the next. Whether they have listened and adapted or pushed themselves to a breaking point through neglect or lack of empowerment, a recovery period is needed

Just as the cycle of seasons progresses seamlessly, so does the evolution of an Age. The importance of the next few years is to influence the foundation going forward. There will be a tendency in 2013 to wonder what all the fuss was about, for the process is gradual, the shift of one Age to the next, and yet the value of energetic composition and resulting physical interaction is significant. As with all metaphysical pursuits, the conscious awareness of how you live your life and how you serve others influences the greater reality. This is a time when influence holds great sway over what will come; this is why your conscious engagement is important now.

The metaphysician's job during this emergence of the shift point becomes the building of reservoirs of peace and love; the cultivation of positive energy to fill openings and voids as they arise and will continue to arise. Envision saturating the atmosphere of the earth with the power of love, enveloping the earth, accessible to all. The specificity of, "to those in need" or "as openings arise", will enable the energy to move into appropriate spaces when the time arises. This work is one of awaiting the timing for success. Do not require yourself to see immediate results in the world, you may be assisting someone whose path will never cross yours. In addition to your normal meditation practices, it is worthwhile to build up these reservoirs of peace, love, well-being, clarity, and so on, in support of cooperative growth over the next few years. Once you begin, you will find in a moment of attention, the ability to draw through you the universal power of love into the Earth, build it, and reflect it upward, delivering it into the atmosphere of the Earth, enveloping Earth, available to all. As you move energy, you will feel the energy transmute, densify as you build it in the Earth and saturate the atmosphere. It is this that assists the spiritual realm in the whole of the work, allowing the energy to be more effective in this physical realm. This is an application of conscious effort in the greatest good of all beings, it is important you share this message to all who can assist in this process.



**HEARTFELT APPRECIATION  
FOR OUR AUTHORS**

The Ring of Light's purpose is to share ideas with the Julian Community. It is a vehicle to keep the Julian Community together. We, the editors, are very proud and thankful to our dedicated authors for their outstanding contributions throughout this year.

Camille Albrecht & Aca'u  
Blanche Duffy  
Diana Dunckelmann  
George Walters Finley  
Sam Holland  
Eleanor Johnson  
Doris Murray  
Stan Perry  
Shesta Ross  
Yusuf A. Shakoor  
Saul Srour  
Ann Strauss  
Anne Claire Venemans

## Contact Us.....

The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.

*Address Changes Notify:*

Sam Holland AND Anne Claire Vennemans

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**Next Issue Theme: "A Deeper Journey"**

**Deadline for Submissions: March 1st, 2010.**

**Dan & Nancy Walton - Ring of Light Editorial Team**

**Newsletter Submissions—How to !**

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

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**We thank each and everyone of you for your financial support that allows us to bring the Ring of Light to you.**

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Donald Meyers  
Archie Mulvena  
Doris Murray  
James O'Brien  
J. P. Riley

Lynelle Rolfe  
David & Shesta Ross  
Betty Rowe  
Alma & Jim Scheer  
Barbara Ann Scott  
Linda Sidote  
Veronica Simuro  
Andrea Smith  
Patricia J Staples  
Ann Hardin Strauss  
John P Strunk  
Marie Taylor  
Ralph Thiel  
Ann Claire Venemans  
Inge Venemans  
Susan Wishhard



**ROL via E-MAIL!**

**What a novel idea!**

If you prefer an electronic version please contact us via our  
**\*\* New E-MAIL \*\***

*Ring of Light*

**A Newsletter of the Julian Community**

c/o Dan & Nancy Walton  
306 Seaview Drive  
Benicia, CA 94510





Practitioners of the  
Julian Teachings  
Invite you to

# THE 13<sup>TH</sup> GATHERING OF LIGHT



“TURNING POINT”

Friday, Sept 10, through Sunday, Sept 12, 2010  
in Scenic Bear Mountain Park, New York

2010-2012 are astrologically referred to as the Cardinal Cross years, and there are many statements from Julian about the effectiveness of living in the now. The Past is gone, and the Now is the 1st day of your new life - or Turning Point.

Join with us as we explore the significance of these times.

The universal energies now are calling for us to leave past blockages behind so that we may become who we really are. This is a turning point. The past is gone, it is time for us let it go and leave behind that which is holding us back from being what we are meant to be. Trying to live in the past, with past attitudes, behaviors, and habits will be like trying to fit a square peg in to a round hole—it just won't work. This is a wonderful turning point, which allows us to move into a new space, with new potentials, new discoveries, both outside of ourselves and within.

# The 13th Gathering of Light, 2010 Friday Sept. 10th Dinner — Sunday, Sept. 12th Lunch New York State Bear Mountain Park

We invite you to join fellow practitioners & friends of the Julian Teachings in New York for an wonderful weekend to learn, share ideas, & cultivate positive change with metaphysical friends! We have booked the Overlook Lodge at Bear Mountain Inn at rates that include all food & lodging for the weekend.  
See [www.visitbearmountain.com/](http://www.visitbearmountain.com/) for area information & location.

- Double Occupancy per person \$325
- Triple Occupancy per person \$280
- Single Occupancy \$470
- Extra nights per room \$145

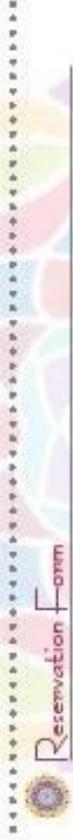
Those who do not need sleeping accommodations can attend for \$185 per person. To keep the event as financially accessible as possible, all materials are donated, and all presenters and organizers are volunteers.

Our presenters this year will include: Camilla Albrecht, Eleanor Johnson, Saul Strour, and Ralph Thiel, who will present inspired insight, astrological significance, and techniques, tips and tools for moving into the new energies.

To hold your reservation, we require a \$100 deposit by February 15, 2010. The balance of your registration payment will be due by May 1, 2010. Questions? ...contact: Saul Strour, 973-389-9888, [sous7@yahoo.com](mailto:sous7@yahoo.com) More information about the Julian Teachings is found at: [www.julianteachings.com](http://www.julianteachings.com)

Mail this form with your check payable to Saul Strour, by February 15th, sooner if possible. (Refunded without penalty by May 31, 2010.)

Saul Strour  
20 Mountainwood Ct  
Totowa NJ 07512



Reservation Form

Name(s) \_\_\_\_\_

Postal Address: \_\_\_\_\_

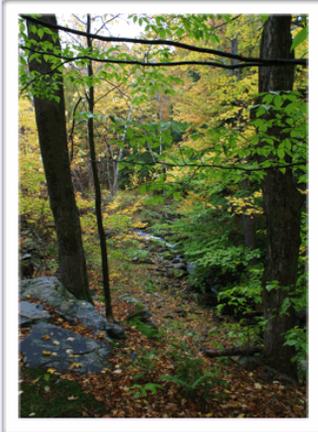
Phone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

I enclose a check for \$ \_\_\_\_\_ for (L.#) \_\_\_\_\_ reservations.

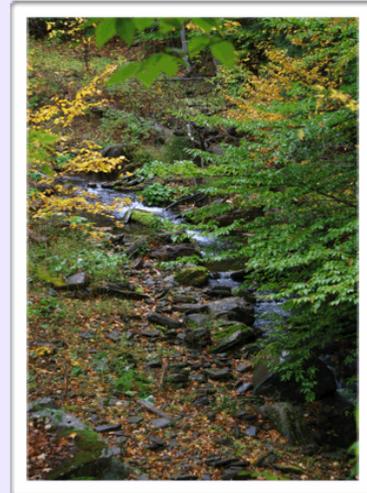
# Creating positive movement in your life.

A four day, five night workshop  
in the Catskill mountains of New York  
June 13-18, 2010  
with Sam and Anne Claire



Life is a circle that has many evolutionary loops creating a spiral of awareness. Being closely in tune with nature's harmony and the seasonal energies helps keep our evolutionary spiral in balance.

This practical workshop will help you to recognize where you are in your own personal evolutionary spiral as well as help give you insight as to where your path is leading. We will use the areas powerful energies of nature to help bring gentle realizations, transformation and balance as we allow each of our unique paths to unfold.



The workshop will be held at the Fairlawn Inn, a 5 star B and B Inn in the picturesque town of Hunter, N.Y. <http://www.fairlawninn.com/>

The Inn's owner is a gourmet chef that will be serving all breakfasts and two dinners. We have been able to procure the entire Inn allowing privacy for our work.



The cost of the 4 day workshop is \$750. or €520. for all 5 evening lodging, including all breakfasts and 2 dinners on the first and last nights. Single occupancy is an extra \$250. or €175.

We will spend the mornings out in the natural environment of the Catskills. There will be a discussion hour in the late afternoons. This leaves plenty of time for integrating the days discoveries and additional exploring.

To guarantee your space,  
send your deposit to:  
Sam Holland  
PMB 08046, PO Box 190  
Jefferson, OR 97352  
Full payment is due May 1, 2010  
For more information email us at:  
[theshamansjourney@gmail.com](mailto:theshamansjourney@gmail.com)