

# Ring of Light

A Newsletter for the Members of the Julian Community

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## Ah, Summer has arrived!

Have you noticed that there is a lot of doubt and fear going around? We have. Much of it is associated with the newly inaugurated US administration. But it isn't just that.

The rate of violence toward innocent bystanders continues to increase. One day recently, a gunman killed four at an UPS facility in California and a different gunman injured four at a baseball practice for Republican Congressmen in Maryland. Both perpetrators had no record of violence in the past. Their friends and families were stunned. How can we not be? And these events were echoed around the world.

Despite all this, our teachers and friends from beyond remind us nearly daily to let go of our fear of the future and our doubt about our ability to transition to our true path. Is the Age of Aquarius and brotherhood really coming? Can we really get there from here?

So, how do we counter the fear and doubt that pervades people around the world at this time — trust. Trust that we are on the right path and will take the right actions. And, Trust that the Universe really does have a plan to get us to the era of Brotherhood in this century.

Have a wonderful summer and find time to tend to your personal “crops” to harvest later in the year.

— *Nancy Walton and Jan Clayton*

### Inside this Issue

Astrology	2
Awakening with Doubts and Fears	3
Fear: Friend or Foe?	4
Getting Past the Pain of Transition: Our Purpose Revealed	6
No Fear, No Doubt	8
TBD	9
Putting Genesis Into Context, Part 5	10
Fear and Doubt	11
Workshop: Achieving Extreme Balance	12
20th Gathering of Light	13
Poem: To Julian	15
Spiritual Classes	15
Saul's Corner: History of the Universe, Chapter IV	16

## Affirmation

Know with a certainty you are divine. All limitations are created by the conscious physical self for the physical world knows limitations. But the time has come when the limitations are to be removed. If there is within you anger, if there is within you doubt or fear, let it dissolve now as this divine force fills your entire being.

*No thought of mine will block my progress.*

*No thought or action of mine will hinder my growth.*

*For the blockages they create are the figments of my imagination*

*And, in my reality, I move beyond them.*

*I am limitless.*

*I know no boundary.*

*I live happily in a physical world.*

*For I am guided by the divine self.*

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Author: Rev. June K. Burke and the Seraph Julian  
Development Class #236  
Given in LaGrangville, NY on June 19, 1993

# Astrology

by Eleanore Johnson  
Poughkeepsie, New York



The Summer Solstice starts June 21, 2017. This is a time to work the seeds we have planted bringing them to fruition in the Fall Equinox, the time of the harvest.

In the month of June, Venus, the planet of Love, enters Taurus. Venus is most comfortable in this sign, because of its retrograde motion during April and May. It will give us the opportunity to create harmony and love in our relationships. Venus in Taurus is a very creative energy. It can bring out the artist in us whether working creatively with the arts, ceramics, or working in the garden. It can help us to appreciate nature.

July can be a social time for get-togethers with family and friends, enjoying the produce we have planted in our gardens.

Mars, the get-up-and-go planet, is in the sign of Leo, July 21, 2017 until September 5, 2017. Mars in Leo is energy plus, enthusiasm, and passion expressed in a dramatic way.

On August 21, 2017, there is a Solar Eclipse in Leo at 28 degrees. It makes a beautiful trine in the heavens to Uranus. This enables us to embrace change in a positive way.

As we approach the Fall Equinox in September we will continue to experience challenging times. We have the opportunity to use all the knowledge we have learned in our studies to meet these times with courage, integrity, and understanding.

Jupiter, which is in the sign of Libra, has provided us with an opportunity to bring balance and harmony in

our relationships. Libra is ruled by Venus, the planet of harmony and diplomacy. It allows us, if we so choose, to see other peoples' point of view that differ from our own. It will be leaving this sign of the zodiac in October of 2017. Before entering the next sign it is sextile the planet Saturn. This permits the common sense of Saturn to be expressed through balance and harmony.

Jupiter will enter Scorpio until November of 2018. Jupiter in Scorpio provides us with strength and courage to meet challenging situations. It can be secretive in this sign, but can also reveal things or situations that may need to be exposed. Let us strive to express the healing qualities of Scorpio. This will bring out the positive qualities of Jupiter in this sign. It can draw success in the outer world and also within ourselves.

In November, Mars, the ruler of Scorpio, is in the sign of Libra. In this sign, Venus encourages diplomacy in dealing with issues of a personal and world wide nature.

We end the year with Jupiter trine Neptune and sextile Pluto. The trine of Jupiter to Neptune can bring common sense out of illusion, openness, and receptivity that can bring benefits outwardly and inwardly. Jupiter sextile Pluto can permit intuitive faculties to be understood and expressed positively. Help can come from spiritual sources. Wisdom is the keyword with this aspect.

It is up to all of us to express the positive characteristics of these two aspects, which can bring great growth and evolvment.

Let your Light Shine.

## Awakening with Doubts and Fears

By Renee Salvatori  
Wheeling, West Virginia

*Where there is great doubt, there will be great awakening;  
Small doubt, small awakening; No doubt, no awakening.  
— A Zen saying*

As I ponder this quote, it sounds like doubt makes one become aware or awake. But I feel that it is not just doubts but also fears, since these two are so inter-linked and only one emotion away from each other. Like doubts, if you are willing to understand fears, they can also wake you up. Here are a few examples:

- Doubt you'll pass the test turns to fear of taking it.
- Doubt you'll be good in marriage leads to fear of committing.
- Doubt of being a good parent keeps you from having children.
- Doubt of being smart enough for a job turns to fear and not taking it.

So having these doubts and fears may not be a bad thing, but a learning and helpful emotion. At least that gives me hope that my struggles with doubt and fear are at least worth it. Think of it as a tool on our path? Go ahead and contemplate this Zen saying for just a moment.

I have to imagine that even a monk, who practices living mindfully and does multiple meditation practices, has some doubts and fears to navigate. We may dream of having a moment empty without them, but that world is a dream-world because living in this world gives us much to navigate though. We are bound to have even itty, bitty ones, because most of us are full on living a very busy and multi-tasked life. We juggle people, places, and things and are bound to have them surface occasionally.

I have much awakening awaiting me, so I welcome these doubts and fears. It is normal for me to have them, as it is for you. Now how can we navigate through them?

The first thing to do is to recognize them. Once we recognize what is creating our anxiety, we can see what it is saying? We can ask ourselves the basic questions of who, what, when, where, why, and how? Sometimes the only question needed is why, without the need to go through the list:

- Why am I feeling this doubt or fear?
- How is this affecting me?
- How can I change this?
- Where do I feel this in my body, heart, head, or stomach?
- When does it feel worse?
- What provoked this emotion?
- Who is in control of it?

Sometimes a pep talk is all you need to give yourself. I get fearful when I have to drive to a new location. I don't really need to ask myself why, because I already know that I am not good at maps and directions. I easily get turned around in a mall, so I understand my fear and why I doubt my abilities. In my case, I just need to give myself a pep talk or ask myself, how I can make this trip better? So, I will triple-check the directions or ask a friend or family member to go with me. Small example but it gives you an idea of how fears and doubts can be worked through.

I have a couple of friends who worked through their fears with the motto, "feel the fear and do it anyway." One was terrified of caves and tight places, so she went cave exploring with a certified guide, crawling through spaces barely able to get her body through. The other friend was terrified of spiders so she worked with a zoo specialist who helped her handle a tarantula.

Those are workable fears, but some should not be worked through. Feeling the fear and doing it anyway would not be advisable to walking down a dark alley at night, nor is over-riding your intuition. Intuition is added to our five senses and is every bit as valuable, yet most tend to not pay heed. I read a book where a mother had an intense fear of boarding the Titanic and so begged her husband to give away their five tickets and take another trip somewhere else. Her fear or intuition spared them the tragedy that befell most.

Just as one can never plan ahead and know for certain how they will react or in what way things could work

*(Awakening with Doubts and Fears, continued on page 4)*

(Awakening with Doubts and Fears, continued from page 3)

out, listen to what the emotions are saying. Don't necessarily close down or just ignore them. Ask and then listen and even if you cannot hear the answer, rely on the gut intuition.

Doubts can even mingle with self-esteem. So listen to any belittling things you say to yourself. Are you good enough, smart enough, strong enough, or capable enough? Doubt, fear, and self-esteem can inter-mingle

so well that one just needs to give some care in them. So the technique of asking the questions and being your own cheering section may serve you well.

So, if I were to understand the Zen quote correctly, we have and will continue to have great and small awakenings while navigating our doubts and fears. So go ahead and question those doubts and fears and feel your awakening.

## Fear: Friend or Foe?

By John Svirsky  
Garrison, New York

Is it a teacher or an excuse for us not to live the life we were meant to live?

How easy it is to become paralyzed by fear, if not your own fear, then the fear promulgated via mass consciousness, press, social media, etc. In many ways fear is an excuse that each of us use not to take chances; not to have faith and live life fully, with energy and with connection to something greater than our rational minds. Our society as it has gotten materially more grounded (denser) and richer, tries to perpetuate and protect what we have. We are fearful of losing it, totally forgetting our part in creating it. That way we can feel powerful and in control. I know I lived that way for a long time. (If I had enough money in reserve no one could tell me what to do.)

The problem with this way of thinking is we give power to the effect not to the source level. It is important to remember that it is our thoughts that create (Law #1 of the Kyballion — All is Mind). If we go into fear, it will paralyze us, by definition. As a consequence, we separate ourselves from the universal creative energy, which will remind us that we created what we have now. If it is taken away from us, we can create what will be right for us next, as well.

Rather than being fearful of the loss, let us focus on the joy; having created what is right for us at any given moment. This will allow us to transcend our fear into faith with action. (Faith without deeds or action is dead.) If we need fear to remind us how far we have gone from our spiritual connection, that is what we need. Fear, thank you for being our teacher! It is important to re-

mind ourselves daily that God is our Source of All Supply. God answers our every need.

There must be some meaning to the fact that the word fear appears over 500 times in the King James Version (not my favorite version of the Bible). I prefer the Aramaic Version by George Lamsa. It was translated from the original language that Jesus spoke, Aramaic, not Greek. But I digress. Even before Jesus tried to help us go through our fears, King David shared his path to go through fear.

Psalm 56:3-4

*When I am afraid,  
I will trust in you.  
In God, whose word I praise,  
In God I trust; I will not be afraid.  
What can mortal man do to me?*

Fear has been around since the beginning of time, or at least since "the eating the apple from the Tree of Knowledge." Welcome to the world of separation from God! Polarity! Good and Evil! Fear must have existed even before the metaphorical "bite of the apple." If all those enlightened souls before me could not eradicate fear, I am not even going to try. Instead I will focus my energy on not giving it more energy than it deserves. If is our free will choice whether we partake of fear or not. There are plenty of "trees" (thoughts, belief systems, sustenance) in our mental garden. Where do we choose to participate? Where do we focus our energy and our minds?

I write a fear list. I have found this so helpful. I have done it on a regular basis for many years. When my world seems the darkest, when I forget the the miracles are right around the corner then I begin my fear list.

**Column 1: I write out my fear.**

**Column 2: I follow the thread of the fear to its core.**

If everything that I fear happens what would that look like? (Usually it turns out that I will be a bag person living on the street.)

**Column 3: Whose programing am I following?**

Am I acting out a long ago planted thought form from childhood? (For this exercise, I do not go into Karma or past lives. I have plenty of material from this lifetime.)

Examples: "You don't know? I WILL TELL YOU!"  
 "DON'T EVER COMPETE WITH ME!"  
 "Whatever he says, DO THE OPPOSITE!"

I think of how I have subconsciously tried to prove those thought forms wrong and how **I have fulfilled them at the same time.**

**Column 4: What is the root level of the fear?**

Is it my pride or ego? Am I afraid of material insecurity? Emotional insecurity? Will I be all alone without a relationship? Will I be accepted or fit in?

**Column 5: What is it that this fear is trying to keep me from?**

(It is as if this fear was trying to protect me from something that 'it' feels will hurt me.) Why am I fearful of having the experience? What would happen if I did?

Basically, I am deconstructing "the fear from Mount Olympus" down to its rightful size. Once I break down the fear to its components, I see not only the fear, but also the emotions driving the fear.

I start from the premise that fear can be a great ally and friend in the process of my soul development. I believe one purpose in life is to experience feelings and emotions and to learn from them. Then we integrate them into our Higher Consciousness (the collective unconscious). We need this earthly encounter to experience "all of our feelings", not just the ones we like.

I discovered my greatest fear is that Essence and Spirit of Light and Love are within me and I have lived this lifetime disconnected from them. There is nothing I need do to deserve it, no contritions, no Hail Marys. I need to open my heart to feel and know with a certainty: GOD IS, I AM, and WE ARE ONE!



## Getting Past the Pain of Transition: Our Purpose Revealed

By Grady Love  
Charlotte, North Carolina

*This article was intended for our last issue. Our apologies to Grady for misplacing his submission.*

As you are aware or should be aware by now, the simultaneous convergence of multiple energy transitions currently unfolding (Rounds, Ages, and Earth) is unlike any seen before in the history of our universe. They are new energies that touch us deeply in our personal lives, in our relationships and in our life situations. Like it or not, our universe is evolving, with or without our help. If we choose to participate as true light workers, and fulfill our great responsibility to the world, we can reduce the pain associated with this transition for ourselves and others, for our nation and for the world.

As light workers, *we* have *asked* to incarnate at this time; it is a privilege. *We* agreed to be here *now* in these transitional times, to infuse as much light and love into our lives, into other people's lives, and into our world. As we look around us, we can easily see that the needs are many and the challenges are great. Perhaps we need to pay more attention to what Julian has told us.

Let's begin with ourselves. Remember the old saying "We have met the enemy, and he is us?" Be willing to honestly look in the mirror and see what attitudes and beliefs you must change, if anything, in yourself. Once you honestly do this and make these changes ... But wait, that's easier said than done you say! Fair enough. Let's unpack this a little more.



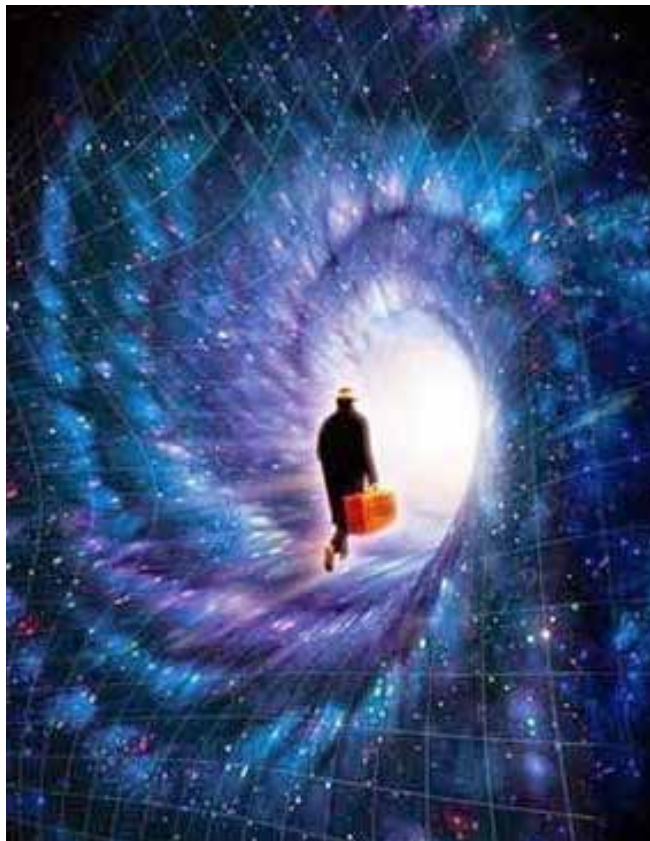
As Julian says, we have been given a marvelous gift: "We have a wonderful opportunity to create the future we want." Julian further teaches that in the Age of Aquarius, God will be understood as a living, breathing entity within the self ... that the power of God rests in each of us. So, *we* have the power to make these changes. They can begin right where we are at this moment. We can change our perspective of what we believe and how we choose to live.

We can recognize, again as Julian teaches, that we have control over the four foundation energies that shape and mold us: Love, Acceptance, Laughter and Movement (Change). He says just "to touch these four foundations at any time you want to change a situation in your life," and that these higher energies will not steer us wrong. But they must be accompanied by action (by us, within us). Movement (action) properly focused, will create change. Or, expressed in a different way: Thought plus action = manifestation.

With a little practice, these four energies are not difficult to use. For instance, when you reach within to touch love (highest expression of unity), Julian says, you will find the right kind of Love for any situation you face. Use this love to guide you; believe it to be so. When you seek out (movement) and carefully examine your old beliefs, you see them for what they frequently are (as restraints of growth). Now use laughter to loosen their grip on you. It's easy to laugh at them once you realize that you have allowed them to control you — that they only have power over you if you give it to them!

You know, like Dorothy in Oz, just "click your heels together three times." You can change your perspective, once you accept that it doesn't have to be static! Try not to force these energies, but rather, use them in a flow, not in any particular order. The more you do, the more natural they will feel and respond to you — just as naturally as you would breathe.

As light workers, once we are "refreshed" by the use of these energies within ourselves, we are now in a position to express/share them with others. These "others"



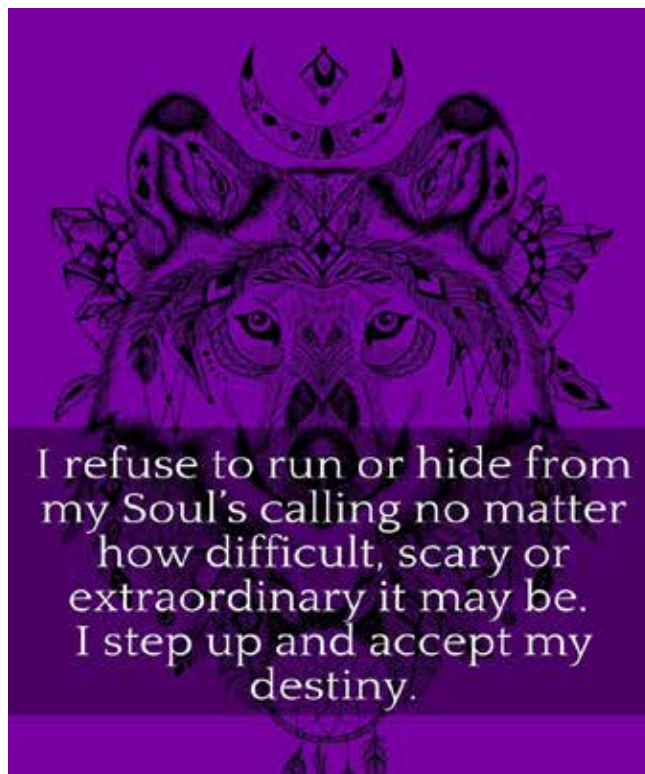
can be found everywhere! People often, unbeknownst to them, expend an enormous amount of their spiritual, mental, and emotional energy in defense of their “values and beliefs.” They will be easy to recognize. Being focused mostly on themselves, they are quick to defend, less so to venture out and engage others who differ with their views. As long as they are inclined to cling tightly to (and reflexively defend) old beliefs and paradigms, they will not grow (evolve) in the way they are meant.

Logically, the by-products of such thinking, as we can clearly see, include fear, anger, hate, suffering, war (both military and ideologically), and disunity. In the uncertainty of these times and conditions, a “me-first, win-lose, survive-at-the-expense-of-others” attitude easily takes root and grows in the hearts and minds of men. On top of and behind this, we can see that new, higher energy changes (first paragraph) are driving this, pushing back against people. In effect, it is demanding that they “transition away from and discard” many of their long-standing “old beliefs” that promote conflict and division within them and in our world! Their frustration and pain will emerge, and then we can help them.

At some point, when you are really on your game, people will be drawn to you, as if by a magnet. They may not even know why. But you will. So all you need to do is share your love, your light and healing directly or indirectly with others, right where you are, every day. The more you do, the more your understanding will grow and the more clear the meaning of “being a light worker” will become. Make no mistake, it will require our focus and will, our passion, our resolve, and stamina. It is a full time job, 24/7 — not just one we engage when it is convenient. But again, this is why we are here, we chose this!

We, the light workers of the Julian Community, can enhance these energies of transition in a positive way and must live our lives as agents of this change. Our country and our world needs for us to step up now and serve. Let **us** light the way and encourage others to change their perspectives, just as we have done, and to live every day, in every way, from the higher perspective of the Aquarian Age: in Unity, Peace, and Love. **We** have a package of “LIGHT BLESSINGS” that needs to be delivered!

Let’s change “Getting Past the Pain” into “Discovering the Joy” in Life’s Transitions!



## No Fear, No Doubt — An Ongoing Journey that Begins within Us

By Grady Love  
Charlotte, North Carolina

As I reflect on the theme, a question arises in my mind: just how do I live in that place of “no doubt, no fear” when the rest of the world is so messed up? I mean, I have lived more than six decades and still find that, to some degree, I still doubt myself on lots of things. Though I’m not afraid of the dark as I was when I was five, I’ve traded it in over the years for more adult “higher order” fears, doubts, concerns and worry. I have been at times judgmental and cynical; arrogant and full of myself; prideful, condescending. I have been known to lose my temper, cut another driver off in traffic, speak in vulgar language and be very disrespectful and hurtful. But as I am now moving into my mid-sixties, I’ve softened a bit. I now only have concerns about my health, finances, the economy, our environment, my children/grandchildren, the world in constant war, injustice and crime ...

So, what’s wrong with this picture? Sometimes when I feel like I have made progress or simply detach somewhat from the more national and global issues, I feel a twinge of guilt, self judgement because others might say I am cold, not compassionate and uncaring. I no longer feel the need to attend church because the message hasn’t changed in six decades, yet I know deeply that in spirituality there are answers. It has only been in the last three years that I can now see the only one who has been in all of those places and situations over all of these years is me. I am the common link in all of it. The perceiving, the conceiving, the deceiving – all of it – has come from me. And to correct it, it must also be my doing. It’s an inside-out job that I alone am uniquely qualified to do.

The first Julian book that I read made this very clear: The Mind is All and All is Mind. Using primarily the Law of Mentalism and my Heart as the compass, I am able to mentally arrive in the place of “no fear, no doubt” in my mind. Yeshua provided tools as well in his earthly ministry for folks like me and you to use, knowing that everyone will at some point need to make use of them. You and I may choose to see (perceive) the world through the eyes of our soul (the Divine, Higher Self), or see (perceive) the world through the eyes of our ego (the persona of your Lower Self). It’s that simple.

Cary Ellis and Teddi Mulder, in their recently released book, *21st Century Superhuman*, describe this “destination place” to which I am referring in this way:

*“The purpose of our journey [in life] is to awaken to LIVING from Essence, the Heart and our true Design LOVE ... LOVE is a sound current vibrating Life into Form ... an ever-flowing field of Source Energy, ebbing and flowing with whatever energies we [choose to] place upon it.”*  
— (p. 177, 21st Century Superhuman)

I offer to you that this true Design LOVE is your reality creating essence, meant to guide your individualized expression flowing from the Divine Spirit of LOVE dwelling in you.

The opposite of this “place” (as Cary and Teddi call it: Not of LOVE, such as fear, doubt, and hostility) resides below the surface of your conscious mind, in your subconscious mind, built up from your life experiences, parental training and education, cultural influences, and, as well, generations of life accumulation/experiences. I have learned that my lower self (ego persona) has shaped, stored, and molded this “Not of LOVE” data primarily as a survival tool for itself (physical you) — quite a powerful arsenal it has developed over a long period of time.

So now, we ask, how do we move, in our minds, from “Not of LOVE” to “True Design LOVE?”

The answer for you and me may lie in the extensive body of work by dr. michael ryce (all lower case by his request) whose lifelong teaching focuses on Ancient Aramaic principles. Recall that Aramaic is the language Yeshua used and is the antecedent language to many languages including Hebrew, Sanskrit, Lakota, Polynesian and Arabic. It is idiomatic and highly experiential, meaning that translation is very difficult as words and phrases are tied closely with understanding the cultural interpretations. Suffice it to say the Greeks had no words to describe, nor understanding of context to properly convey much of what Yeshua taught. Aside from dogma and creed, the Christian religion has also been supplied a surprising amount of misinformation as pertains to the Message of Yeshua.



Dr. ryce was invited to become moderator for a group of 25 scholars translating the copy of a handwritten Aramaic text, the Khaburis Manuscript, the oldest known Eastern Canon of the New Testament in its native, original language, Aramaic. What he learned was that Aramaic is not a religious language. Moreover, it is a practical language that reveals the physics, or mechanics, of how to access and live our True Design LOVE. dr. ryce describes it more clearly:

*“There are filters [in the Mind] that modify the output of both areas of the brain, intention and perception. Each has three filters, two of which are fear and hostility. There were words that represented the third filter over each area of the brain and each was translated as LOVE, but with a deeper meaning. The third filter, over intentions, was called “Rakhma” ... [it] allowed only intentions keyed to LOVE to be used by the Mind as raw materials for our goals... In the area of perception, the filter was called “Khooba” and this filter allowed only units of perceptual memory keyed to LOVE to be used in building [our] perceptual reality..”*

— dr.michael ryce, FAQ [www.whyagain.org](http://www.whyagain.org)

He also says that Rakhma and Khooba, together, are what Yeshua described as “Perfect LOVE.” Further, if there is fear, [doubt] or hostility in your life, you need to learn how to set Rakhma and Khooba. He can also be heard and viewed on YouTube. A particularly interesting link you may like is pertaining to a 30-minute lecture by dr. ryce on “5 Aramaic Keys” at <http://www.whyagain.org/images/Media/mp3vidppt/YshuasAramaicWisdom.mp3>.

It goes to the heart of No Fear, No Doubt ... you will not be disappointed. It's been a game changer for me!

My purpose in writing has been to introduce you to new sources and tools ... perhaps even to a very different way to view the reality you have created for yourself in this life. Maybe you will explore further the ideas shared in 21st Century Superhuman and on [whyagain.org](http://www.whyagain.org). I leave you with this short comment from dr. ryce:

*“What is usually seen as religious advice, ‘You must have Rakhma-LOVE for God, neighbor, and self,’ was not religious but very practical, in fact, brilliant advice. The output of your mind, your perceptual reality in Aramaic terms, is the light or the guide for your earthly Life. The tiny fragment of the actual world seen through the mind*

*is what we have to flesh out in our intelligence. If LOVE is maintained in the mind, especially in a trying situation, high-level function is available.”*

— dr.michael ryce, FAQ [www.whyagain.org](http://www.whyagain.org)

## What Others Think

By Bryan Ayotte  
Dracut, Massachusetts

What is the biggest problem with society today? You see, from what I gather, people today are so worried about what others think of them that they forget the one person who matters most when it comes to the topic of “What others think of us.” That being ourselves. You see it's not what our friends think of us that effects us the most; nor is it society's labels; or even the point of view of a loved one.

Are you brave? Are you bold? Are you strong and the driving force of your life? Or are you fearful and timid with a weak will that allows others to pull you around and roll you over? It is all about how you chose to view yourself. No one else's perspective has an as big an effect on your life as your own.

Think about whether you're allowing the perspectives of others to define how you view yourself. If you are feeling sad because society standards say “this happened to me so I must feel this way;” or, “I need money so I can get all this stuff, because everyone else has it.” Then, are you defining yourself or are they?

The effect of your view on yourself is powerful. Ever hear the term “down on yourself.” The hint there is “yourself.” You are beating yourself up, making yourself feel “down,” because that's how you believe you should feel.

Even if someone is bullying you, their words will only hurt if you believe them. You are forfeiting your power over your feelings to another.

You are the only one who can decide what you think of you. Your view of yourself is what really defines who you are and what you feel and no one else.

## Putting Genesis into Context (Part 5)

By Connie Golden  
Saratoga Springs, Utah

### Mankind in the World of Formation

The Absolute World contains primeval Adam, an interdependent set of vibrating cells that contain the raw energy of the pulse and which must become fully conscious to reflect its creator. To enable this need to be satisfied, the World of Concepts unfolds out of this *potential* Absolute World.

The World of Concepts is a framework in which every creature in Creation has a specific reason for existing. Every part influences the whole in a celestial ecology. All this integrated movement is created so each piece of the cosmic system of checks and balances is set to relate one level with the next, above and below, within and without, as each creature strives to satisfy its destiny. However, for the Primeval Adam to become fully conscious, the essences and concepts in the World of Concepts must have a form, so that development can occur on an individual basis.

“And no shrub of the field was yet in the earth and no herb of the field had yet sprung up, for God had not caused it to rain upon the earth.” With this statement after the opening chapter on Creation, Genesis goes on in its second chapter to appear to repeat some of the same processes as the first. However, these words really are describing the emerging World of Formation out of the World of Concepts.

For example, Genesis 2 notes that “all the trees were pleasant to the sight.” Moreover, their fruit was good for food. This is a major departure from the World of Concepts, because sustenance, in this form, is not necessary for etheric creatures at that higher level of existence, but etheric fruit specifically is used in the World of Formation to restore the energy of the etheric being or astral body (called formation body by some). Also, mankind has not developed the five (etheric) senses in the World of Concepts above and therefore cannot *see* as we know the term.

In Genesis 2:7, “The Lord God formed man,” and this third Adam becomes the synthesis of the World of Formation, residing in the Garden of Eden in the World of Formation. The seventh verse concludes with the important statement that God breathed into Adam’s nostrils the Breath of Life, and man was transformed to a living soul.

Genesis refers to the etheric body on the Formation Plane as a soul, which is mankind functioning at a lower vibratory rate than mankind on the Conceptual Plane. The change from spirit (also referred to as oversoul, JSoul or light body) on the conceptual plane to soul (astral body or formation body) on the Formation plane is vital in the composition of Adam, because it indicates another distinct level within the original potential of the primeval Adam.

Julian describes this event in the workshop, *Transition and After* as, “The energy package that surrounds the soul (on the Conceptual Plane) becomes, by development and choice, the personality and ego of that person. In many of the teachings in your world, the words *spirit* and *soul* are bandied back and forth, one used in one moment and the other in another. Please understand that soul is the immortal part of you and spirit is the energy protecting soul in every incarnation.”

In the Reincarnation workshop Julian says, “You have the shedding of an ego personality many times in the soul’s journey, but the soul itself moves on, retaining the growth patterns within it.” The spirit wrapped around the JSoul or light body is sometimes referred to as the *foundation body* or *astral body*. This *spirit* is what develops a personality, has a form, and is the lower frequency form of etheric mankind on the Foundation Plane. In Transition Energy #18 Julian says, “The light body is the soul of you. The light body is the superconscious mind body. The Astral body is like a thick membrane.” The physical and astral bodies protect the light body from multiple densities. They give the light body a density enough of its own, so it can interact with other like densities.

Julian describes the process of creating the Formation World and Formation Adam (mankind as a lower frequency etheric being in this world) as follows: The energy of the universe began to divide into specific energies, the elements of a formation energy, all in etheric form. First was air, the idea of movement of space. Next was fire, the element of expansion of spirit. Next was water, the fluids of the universe and contraction. Then came earth, the etheric form of matter created by the movement of air, the expansion of fire and contraction of water. The mineral, plant and animal kingdoms are all formed before the kingdom of man. Each kingdom has

its own means of keeping balance. Each kingdom has equal support and importance as the Creator's goal was an integrated, balanced system.

The senses in the vibrating, radiating cells that comprise mankind move beyond the feeling of knowing to a concentrated effort to know as they reduce their vibratory level to that of the Formation World. These vibrating cells now develop an intellect and a will as well as developing the five senses on the etheric level. These cells maintain the same interconnectedness of the World above to form Adam 3 (Adam in the Formation World). When these cells developed an ability to be directed by their own force, then "life was breathed forth into them." Free will was granted at this time, because the cells were able to think for themselves.

Now the vibrating cells have a means of communication, a means of formation, and a means of guidance from both an intuitive force and an inner intellect, even though all is in etheric form. This *life* that was breathed into each cell, is sometimes described as a spirit or formation body that enclothes the etheric being from the Conceptual Plane above. This Formation body sets the special task and purpose for each individual in the lower world and retains the personality that develops on the physical plane as it interacts with the world. Julian goes on to explain that all that exists at that time divides into two separate spirals of energy: non-personal (angelic, elements, planetary structure, vegetable, mineral, animal kingdoms) that instinctively follows the will of the Creator, and personal (mankind) that has free will.

## Fear and Doubt

**By Anne Claire Venemans  
Utrecht, The Netherlands**

Fear and doubt are not so distant cousins of each other. They both have a positive aspect as well as their far better understood "negative" sides; both of them allow us take our next step on our personal paths.

For instance, fear is a good thing to experience right before we step out onto a busy road. It makes us just apprehensive enough to keep us safe. And, when we doubt whether we can do something, it gives us pause to reconsider; whether it is about expending the time or energy, or whether we have the ability to do so. If not, the question becomes if we feel like learning this particular ability or rather ask someone else to do the job or chore for us.

In other words, it comes down to discernment.

However, as soon as fear and doubt are rooted in an insecurity, it becomes a whole different matter. Suddenly our doubts or fears have no factual, reasonable basis anymore, but rather find their foundation in our often emotional reactions to previous experiences we have had in our lives. And sometimes, even in conditioned responses, we have learned while growing up; bringing us to live the insecurities brought on by experiences our parents or teachers may have had in their lives ...

Does this sound muddled? Good!! Because those are the very fears and doubts we can change if we take an honest look at them to see the particular insecurity that is hiding behind them. And, as soon as we have a clear understanding of the insecurity, we can transform it. We can handle it and leave it behind, so it no longer

rules the way we live our lives.

From a practical perspective, it may be a good idea to start out ascertaining whether our fear or doubt (and therefore our insecurity) is about something in the past, in the present, or in the future.

If it is about something that happened in the past, we should know that we handled that situation at that time to the best of our ability. Then, we forgive ourselves and all others involved, and consciously release it to that (past) point in time where it belongs.

If it is about something that may or may not happen in the future, we should realize that giving energy to a situation we do not desire in our lives, gives it a greater chance to become manifest nonetheless. So we take a deep breath, we forgive ourselves for having had those fears or doubts, and we focus on the present.

If, however, we have a fear or doubt about something that we are encountering in our lives in the present, it is hugely beneficial to take time to discover the insecurity we have that is hidden by the fear or doubt. This takes courage and persistence. Yet, as soon as we understand what our insecurity is and how it expresses itself in our lives, we can start transforming it. For instance affirmations can be quite effective in bringing any transformation into our lives.

You can create your own affirmation, making certain you focus on what you want to become, rather than on the undesired insecurity. You can also look at the Julian Teachings website:

<http://julianteachings.com/topics/affirmations/>

Or, you can get in touch and I will be happy to help you create an affirmation for you at this point in life!

# Achieving Extreme Balance Memories

Hotel Zuiderduin, Zeeland, The Netherlands

Created and facilitated by Sam Holland & Anne Claire Venemans

A workshop dedicated to using the Westkapelle sacred site for transitioning to a new path.



Great weather.  
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Lots of fun.  
Tremendous spiritual experiences.



### Portal of Creative Development

- 0. Desire to Journey
- 1. Release the Known
- 2. Movement to Growth
- 3. Expand Perspective
- 4. Believe in Achievement
- 5. Accept Change
- 6. Activate Your Purpose
- 7. Birth of New
- 8. Integrate the Journey



### Petal Pattern Quadrants

- 1. Internalization
- 2. Integration
- 3. Interaction
- 4. Disbursement



# 20th Gathering of Light

## Villa Maria Del Mar, Santa Cruz, CA

### Friday, March 23, 2018 — Sunday, March 25, 2018



The 20th Gathering of Light will be held in the Spring of 2018 in Santa Cruz, California at the beautiful retreat center Villa Maria Del Mar.

The California Julian community warmly welcomes all to attend this special time of peace and light. Let us come together to renew and revitalize our friendship and meet new people who wish to share their fellowship and light.

The program is still being developed. Currently, Sam Holland and Temier will be presenting at the workshop. David and Shesta Ross will share their knowledge of the Traditional and Universal Runes (as introduced to us by the Seraph Julian). Anne Claire Venemans will give a presentation, and Adele Lederman will teach the Julian Healing Techniques.

The price is \$285 per person double occupancy and \$375 for single occupancy. This price includes overnight accommodations Friday and Saturday night and meals from dinner on Friday night through lunch on Sunday. Unfortunately, there are no accommodations for extended stays. For people who only want to attend the Gathering without staying overnight (commuter option) there is a \$60 per day charge for Saturday and Sunday that covers a mid-morning snack, lunch, and use of the meeting room.

A \$150 per person per room deposit, or \$30 if you want the commuter option, is required with your registration by September 22, 2017. The remaining balance is due December 21, 2017.

Use the registration form on the back size of this page or download it from [www.julianteachings.com](http://www.julianteachings.com), and mail it with your deposit.

This is a great price for a California Gathering! The 2018 date gives us all additional time to save for the trip to the West Coast. All Light Workers and students of the Julian Teachings, let us make the 20th Gathering of Light a special occasion!

If you would like to present a workshop or lecture at the 20th Gathering of Light or have any questions, contact Larry Scheer at 408-781-1457, [larry@tarotxs.com](mailto:larry@tarotxs.com)



# 20th Julian Gathering of Light

Villa Maria Del Mar, Santa Cruz, CA  
Friday, March 23, 2018 – Sunday, March 25, 2018

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Type of Accommodation:

Double Occupancy (\$285 per person)                      Number of Persons \_\_\_\_\_

Single Occupancy (\$375 per person)                      Number of Persons \_\_\_\_\_

The Gathering Only (no room) (\$60 per person per day)      Number of Persons \_\_\_\_\_

Preferred Roommate: \_\_\_\_\_

No pets allowed. Certified service animals may be permitted with prior authorization from the Villa.  
Guests must be 21 years of age or older.

### Deposit Due September 22, 2017

Room:                      \$150 per person                      Amount x Persons \_\_\_\_\_

Gathering only:                      \$30 per person                      Amount x Persons \_\_\_\_\_

**Total Amount of Deposit** \_\_\_\_\_

### Balance of Payment Due December 21, 2017

### To Register

Please mail this completed registration form along with your payment by check made payable to **L. Scheer**.

### Mail to:

Larry Scheer  
643 Dorothy Ave  
San Jose, CA 95125-5727

### Questions?

Contact  
Larry Scheer at [larry@tarotxs.com](mailto:larry@tarotxs.com) or  
Linda Scheer at [linda@ls-xs.com](mailto:linda@ls-xs.com)



## To Julian

From Vol. 1 of Reflections and Meditations  
by Adele Lederman  
Walnut Creek, California

To be is its own justification  
Words from the spirit called Seth  
To be filled with the glory of self  
To be content with every breath

Oh to travel the path so lightly  
without the burden that's there  
Of purpose and goal and reason  
Without the worry and care

To climb to the height of my being  
With joy is truly my prayer  
To heal and be with others  
To love and be able to share

I know that's the secret of living  
The clue to the mystery  
To be is its own justification  
And to love unconditionally

## Upcoming Spiritual Classes



### Sam & Temier's Calendar

#### Healing Gatherings

The next Healing Gathering will be July 2 and then every other week thereafter. The Healing Gatherings are free and are given over the web so that they are available all over the world. They are very powerful and include both individual and world healing. Sign up at [www.temier.com/FreeWeb.html](http://www.temier.com/FreeWeb.html)

#### Nick Theo's

#### New Development Class

Nick Theo will start to teach the full series of the original Julian Development classes starting this August. The online class will be monthly, and most likely continue for 10 to 12 years.

The Development Classes are open to anyone with a sincere interest in connecting to their inner voice. In addition, for those people who have already completed the Self Awareness, Development, or TE tracks, you can automatically join the group. If you have not completed these tracks and are interested then please contact me.

Yet, even if you already attended these classes, there is a synchronicity in how the meditations and exercises match to one's current experiences. I repeatedly find new insights and inner understanding when repeating the exercises.

To learn more about the classes:

<http://julianteachings.com/classes/self-development/>

If you or anyone you know are interested in joining the group, please send email to Nick:

[nicholastheo@gmail.com](mailto:nicholastheo@gmail.com) for full details.

# Saul's Corner

## The History of the Universe (Workshop #201)

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Authors: Rev. June K. Burke and the Seraph Julian

(continued from ROL March 2017)

### CHAPTER IV

I want to go back to Lemuria and Atlantis, *because they are so* important in the evolutionary process. They were the first solidification factors for man. They were the first time that man took himself from the position of being etheric to being solid — over thousands of years, but still with the Lemurian culture. Lemuria went through very much the same growth pattern that Atlantis went through, but Lemurian people began to leave over periods of thousands of years to go to other areas.

The Land of Mu became Mayan. Part of Mu came with the exodus from Lemuria where they were still part ether bodies. The exodus began almost as soon as creation itself. It became Mayan in its quality later.

Sumaria is part of the exodus of the latter part of Lemuria and the early part of Atlantis, the bridging of the two. That was the seed there. Sumaria was to begin to bring forth from man a unity, a crystallization of belief, and then they were to go out and spread that belief. This has been going on since the beginning of time. They were seed people brought together to build a core which then could go out and become seed people elsewhere.

Each was an evolution from the other. With every evolution came new insights and concepts. Sometimes the insights were brought into conceptual power and then were lost. In other words, "Oh, I think I have it. I understand it now, and this is how we will do it." They get so busy with the doing, they forget what it was in the first place. It is still happening all over your universe, and that is what happened with these groups.

Each group developed ultimately from seed people. Always, within every exodus, there would be specific teachers for growth who would go with them. This is when India was settled. This is when Persia and Tibet were inhabited. The Mayans and the Incas came from a Lemurian background. When Atlantis again began to experience the exodus, it was over thousands of years. The impression exists that when Atlantis fell, some survived. Some migrated long before Atlantis fell in preparation for the fact that it was very evident that Atlantis was going to fall. Already the emissaries of the future had been sent out to settle the world and to have within that settlement some knowledge of wholeness.

When Lemuria had its problems and its end, it was based on fire. Periodically, man has had catastrophes which

created changes. Lemuria had internal explosions from gases — fire — because they were working with natural gas and they were working with it as protective attitudes {defense} against animals, which were much more prevalent in the land at that time than they had been and had reached a more dense vibration because of time on the planet, so to speak. However, the Lemurians began to play a little too seriously with these gases and created great explosions internally in the Earth which led to the collapsing and sinking of Lemuria.

Atlantis went much slower; Atlantis went bit by bit. Parts of Atlantis began to break away and sink, but it was not until the third catastrophe that the flooding took place. The flooding was attracted by the attitudes of man. Atlantis grew in technology, but did not grow in spirit. Again, that is why I speak of these things, because, unless man grows in spirit today to match his technology, he is creating an attitude repetitious of that time. You are ready for another round, ready for another changing of your Earth. So let the changing come from a natural aspect with seed people and not from man's negativity and greed.

Atlanteans went to Egypt and to Persia. The Malayan and the Asian areas were almost totally Atlantean people. It must be recognized that what they brought was the full technology with the full spirituality that went with it, so that the knowledge, over time, enabled man to grow. Because somebody arrives at a place with the knowledge and wisdom of that which has been before does not mean that the people in that place suddenly have it. The seed people can never, never interfere with the evolution and the spiritual unfoldment of another.

They must bide their time, so to speak, until the receptivity is there for the amount of growth that is needed. There are always those who know more than they are letting on. There are those who will lead when the time for leadership is right. That is in every evolutionary growth pattern that has existed.

With Atlantis gone, the pattern of growth that Lemuria and Atlantis went through now came to the Egyptian area, to Persia, to Tibet, to India, and the spreading again began. The difference was that, at this point in time, man was again facing evolution but now as solid form. The vibration had reached the density where he was anchored by gravity to the Earth plane and all evolution must come through working in that density. One meditates to bring



one's self to a lighter comprehension, but then one takes that comprehension into the denser vibration of the world and works with it. If one does not, he has not accomplished anything.

It is in the physical form that you grow; therefore, it is in the physical activity that you grow. The spiritual attunement is turning to the High Being within you, but everything that the High Being brings to you must focus in the physical world. Everyone has to remember that. I cannot reiterate it enough — even on the basis of being boring. There is too much looking for a path and running up some alley that promises you great enlightenment. How can you be enlightened there if you do not know what you are doing here? That high part of yourself that has total comprehension of all illumination is there for you to work with in this physical world. By tuning into the High Force, you alter and change the physical community around you. You come to the person who is good to be with, or the person who is not. You get the chance to be one with everyone or to isolate yourself. All of that has to do with your universe, for you are your universe, and every single one of your thoughts and your actions affects your universe.

It is to be recognized that every culture that was born had to go through an evolutionary process all over again. In other words, it is not until around the Fourth Dynasty of Egypt that you begin to have the true Atlantean wisdom used, even though it was there much longer than that. Enough people had been absorbing the concepts that they could be used. Then the pyramids could be built with that comprehension. You realize, of course, that levitation was used in building the pyramids, mind power as in Atlantis was used.

Everyone of you can move things with your mind. The only trouble is that as soon as someone learns it, they become enamored of the power. It becomes an ego trip and then down the tubes, just like in Atlantis. Understand that you were meant to have all these powers. They are not secret at all. The only reason that they appeared secret was because they had to be passed down lip to ear. Most people did not write, and the teachings were always from the Master to the student, to the adept, to the initiate, to him who had promised himself to the work. Once that is done, the acceptance of that disciple becomes fact in the universe.

As man evolves, he also begins to rearrange wisdom. Some of the wisdom became as warped as the man-beast in early development. Always man has had the idea that they could improve on man before them, and that is as it should be as far as unfoldment is concerned. One must always look at the ancient wisdoms with the recognition of what culture they were written for, the time that they were written, and be ready to take the essence and wisdom of it and use it in the present, but not try to emulate that which happened in another time of unfoldment. In

other words, early in the Indian period, cow dung was burned for special spiritual purposes. If you were born to an American Indian's culture, that was totally acceptable and used. If you wish to understand that culture today, you read about it and understand, but that does not mean that you are supposed to stand on a corner and burn cow dung. Take the wisdom that was gained by the culture but do not try to be what you are not. You are not an Egyptian in the Fourth Dynasty; you are not an Indian; you are flesh and blood of this Twentieth Century with your unfoldment to be done in your manner of initiation. Learn all that has gone before, but live it and grow in this culture.

The path of initiation, through every culture, has been the same yet different. One sacrificed one's self to certain wisdoms, certain knowledge, and used them in a positive manner for mankind. The initiation is adapted to the culture. Where Egypt might have called for a separation, your culture might call for an involvement. This is why I try greatly to impress upon people that they are not supposed to be back there. If you are going back there, you are moving away from progress instead of toward it. You are supposed to take that which has been brought to light in that time and bring it to your culture, your time and move forward with it. That is the important thing. Always the opportunity is there; always the teachers are there; but they might not manifest in the manner in which you read of them in the past.

Initiation is acceptance of a change of energy within yourself toward a specific purpose. In your various clubs, or whatever, you have initiations. Everyone is made to be a bit of an ass, you know, and that is an initiation. Not so in the spiritual initiation; rather, one is put in a position of how strong is your belief in the essence (immediate atmosphere) of what is happening. It is very easy for everybody to believe together, but if one of you is alone in a group that believes differently, how deep is your belief? That is the initiation — the stripping away of the protective surroundings which leaves one in a position of stating his belief by himself and with his own commitment for his own evolution. It matters not what the culture, the essence of initiation is the acceptance and the action and the forging forward for that which is one's belief. All the spiritual initiations dealt with tuning to that high vibration within, because there is the sanctity; there is the protection; there is the courage that takes you through anything. "As a man thinketh in his heart, so shall it be brought unto him."

When we speak of development and of growth and unfoldment, we are talking about millions of years. We are not talking about from 1952 to 1980, or something of that sort. It must also be recognized that there are seed people today and have been seed people from the first manifestation to this time, who are in a position of teaching and helping others come forth. Some of the seed peo-

(Saul's Corner, continued from page 17)

ple were not involved in the fall, but volunteered "to fall," so to speak, because, in order for them to help others, they must understand what the others are going through. They knew that it would be necessary to have such seed people there to help, and some have come again, and again, and again, to help mankind.

When you hear the term "old soul," it has nothing to do with age. It has to do with comprehension and understanding. All souls were created at the same time, but some souls chose to experience more frequently for greater growth and expansion to be in a position to turn around and assist the others, very much as the Hermit in the Tarot.

One hears of the White Brotherhood. It does exist. It has nothing to do with color, but rather the fact that it reflects all color. It is the purity of man in perfect brotherhood, and it exists in the unseen world and is being manifested in the physical world as part of the Aquarian Age unfolding. I am taking a lot of time talking about this because there have been some requests for insight of what your culture is going to do in the next period of time.

It is to be recognized that in this Aquarian Age, you will use the wisdom of the past, which is the wisdom you were born with. It is called by many common sense. It is the intuitive high sense within you that, when you really listen to it, leads you all the way. It does not matter what it is leading you for. Recognize that everyone's part may be different and that, therefore, where you are being led might not be where somebody else is being led. If a specific skill or gift of wisdom is within you, develop it, use it; do not separate yourself from it. That is truly spiritual and will lead you to greater unfolding and spiritual involvement, because, in the future, every skill is going to be needed — every skill. All physical, mental and spiritual knowledge will be used.

When Atlantis finally fell, it was paralleled with that which you call "the Ark", the flooding and the Ark — Noah. It was the sinking of Atlantis that created the floods that is the parable of the ark in the Bible. It was not so much that the water came up as that the land went down.

The five races of man were in existence long before Noah came to be. The five races have been from the beginning of time. Your Lemurian was your black race; your Atlantean was your red race; your Indian was your yellow race. Now the thing for you to recognize is that these races were in existence long before the analogy of the floods. The world was not extinct. Noah lived by his faith for 13 days of chaos and came forth again — as man will live by his faith for whatever number of days is necessary and come forth again. They are parables. There were five *Noahs* and five *arks*, one for each race, separate yet together, one not knowing about the other.

In your world, it is very easy to know what goes on, is it not? In five hours you can be on the other side of the

world, so to speak. It was not so then. Sometimes things could happen twenty miles away that nobody knew about. Remember, all that man needed to be has been in existence, in essence, from the beginning. The Bible as written for a specific culture at a specific time and, again, it was written for a culture that, for the most part, was illiterate. Therefore, story-telling was a means of expression.

I do not demean the Bible. It is a good book, but it must be recognized that it was written at a specific time for a specific culture. If you take the Upanishads, the Ten Commandments, the teachings of Zoroaster and go through any one of them, you are going to find the exact same thing. They are the universal laws brought forth through man's spiritual edicts again and again, from the beginning of time by seed teachers. Search through them, do some comparative study and you will find the same message.

Various biblical expressions deal with the psychic abilities, the High Consciousness abilities, of those people who were chosen to carry forth the work. They were chosen not necessarily because they knew all the answers, but because they were steadfast, loyal and hard-working and, therefore, had balance. Floating off into left field is not the answer. That is not spiritual; that is silly. BALANCE. Two feet on the ground with the head in spiritual forces brings the balance. These people were balanced.

The Ten Commandments were set forth that man might have criteria for shaping his consciousness, and the reason that fire is depicted as the means of creating it is because cosmic energy is the communicator and cosmic energy is the fire element. Therefore, the fire element etched on stone, the mineral element, the consciousness, or air element, of man that he may absorb it into his physical being and live in spiritual force.

The Ten Commandments were given by Zoroaster and Buddha as were given by Jesus, the Christ. You must recognize that these commandments are not commanding you. You are commanding you to live by these edicts. If you look at them very carefully, you will see that they are pretty common-sense things, things that would get you not into hot water, but out of it, so to speak.

Always man needs something physical. If I say to you a word, you say show me the symbol of it. If I give you the symbol, you say tell me the meaning of it. If I give you the meaning of it, you say, now what do I do with it. The object is that you have to recognize that the giving of these commandments in physical form for physical being was the symbol that made the imprint of their importance. The burning bush was, again, cosmic energy. The visions were angelic forces — they were clairvoyant. Clairaudience — a voice was heard. All that you are with today was with them then and they were being attuned to the using of them.

When Master Teachers came to the Earth, they knew that it was not going to be easy. They knew that it was not going to be overnight. They knew that there would be only a very small parcel of people who would listen, but they knew that it was all part of the stamp of the future, part of man's pulling together instead of pulling apart. This is what brought the symbology, and so forth.

Hermes was between the Egyptian and Roman manifestation. He was part of Egypt but flowed over in teachings into the Roman era. Hermes, again, was a teacher of the seeds, the levels of consciousness and the teachings of Hermes were lip to ear for the benefit of the student who would then totally learn it and carry it on. That is all part of the continuum.

You have not been left to rot on the limb. That is not the case at all. There are teachers being sent all the time, and everything is being done to encourage you to use your own intuition, as you call it, which is your High Self, the Spirit Self, the God Self, so that you may be led every step of the way. Everyone who tunes inwardly to the self and elevates that consciousness is in attunement with the Master Teachers of the Universal Consciousness, and they are the Master Teachers of all time.

You notice that Noah saved the animals, so you see they do have a purpose in your world. They were not meant to be destroyed, but they were meant to be animals and you were meant to be people. That is what got everyone in trouble in the first place. They got all mixed up together — way back. I say to you now, know that everything in your universe has a place and an importance. Give them the importance due them; work in harmony with them; but know that man is meant to be superior.

When I say man is meant to be superior, I do not mean better. I mean intellectually aware. If man is intellectually aware, why is it that the animals always leave a place of disaster and man does not? Because the animal is still relying on the inner sense, still recognizing the signal they are getting inside. If you are attuned to the High Self, you are going to get signals like you have never had before, so impelling and so strong that you will not be able to deny them and, therefore, will not have to worry about being some place you are not supposed to be. The impelling desire to leave an area will be so strong that none of you will be able to avoid it. God gave you that antennae. Use it. It is very important.

Mt. Sinai was there; it was not created for the movie. It was the highest point and, symbolically, you went to be Highest Point to get your instruction from God. You go to the Highest Self inside, the Superconscious Mind of the Spirit Body, for help. You go to the God within as they went to the Mount.

Always, when you are looking for high consciousness things, one thinks of high peaks, so one goes to the mountain. It was symbolic to make it understood that

from the high places comes your guidance. Your mountain is in your mind; go to it.

The Ark of the Covenant has been scientifically reconstructed and the findings are that it was, indeed, built to be a radio receiver, or that it had the properties of one. A person touching it the wrong way could get enough of an electrical shock to be killed. You must recognize that the powers that were being dealt with were much stronger than the powers as you understand them today. They will be again in the future, but, at that point, they were highly evolved. The Ark of the Covenant was a structure which permitted cosmic forces and cosmic energies to merge in specific combinations to open the consciousness totally. It was communication with all that was in the universe and the pyramids are part of that. In the future, much of this is going to be discovered.

As I have mentioned earlier, the great pyramids were meant to be communication centers of the future. They are perpetual energy machines. The energy comes down through the vortex because it is four triangles that rise to the edge, back up the triangle and back down again. In the future, they are meant to be communicating factors for extraterrestrial communication as well, and they are located in various places around the world.

That which Moses accomplished, he accomplished from the signs of the heavens, the cosmic energies, the cosmic forces. He, in turn, brought it to the people, changed the water into wine, and so forth. They were all alchemists. So are all of you, if you only knew it. If you tune in strongly and highly, you will know all of your power and all of your ability. You are children of God with all the same potential as any of His other children.

The parting of the Red Sea did occur. You must remember that the power of the alchemist has power over the elements. The mind can cause the elements to move, so he did part the Red Sea with the mind. The water is not very deep in that area, but the water was parted by the mind power as a symbol of faith. It was Moses who parted the sea through his faith and belief that God would help him. Have you ever noticed that when you want something you say God is going to take care of you, and when it gets closer and has not happened yet, you get a little nervous? Moses could not let that happen. He had to know that through him, God would act — and He did.

Everything comes from God, but you are the director of it. God's forces, in order to manifest on Earth, must come through direction of mind, and, therefore, mind is used. It also has to be recognized that to these people, who had gone through so much, a sign of some kind of faith had to be instigated so that they would have a total belief again.

*(To be continued in the September 2017 ROL.)*

## About the Ring of Light

The Ring of Light is a quarterly publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers and editors who contribute their words and ideas to this publication.

### Our Next Issue

Theme: *Tending the Spiritual Garden*

Submission Deadline: 9/5/2017

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Send short paper submissions to:

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