

Ring of Light

A Newsletter for the Members of the Julian Community

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Happy Summer!

When we were looking for themes for this issue, we came upon the title of a book, *The Gifts of Imperfection*, by Brené Brown. It totally resonated with us, and given the wonderful submissions that we received, it apparently resonated with you, too.

We love her subtitle, “*Let Go of Who You Think You’re Supposed to Be and Embrace Who You Are.*” That in itself is tremendous wisdom that we heard also from Julian a few times over the years.

In her book, Brené talks about practicing courage, compassion, and connection in our daily lives to cultivate worthiness. It takes those virtues to embrace our imperfection. She notes that we need to turn these virtues into habits by working on them every day. She reflects: “To practice courage, compassion, and connection is to look at life and the people around us, and say, ‘I’m all in.’”

Let’s all let go of our shame about being imperfect. The summer season is about nurturing ourselves, about giving attention to those things we want to grow. As Julian would say—know that you are worthy and that you have nothing to be ashamed of, for you “are a warrior on a perfect path to a perfect point in time.”

Love, Light, and Peace!

Dan & Nancy Walton, and Jan Clayton

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Julian Affirmation

I am a perfect image of a perfect space.

In a perfect point of the universe.

I AM THAT I AM.

I am a warrior on a perfect path to a perfect point in time.

I am a warrior who knows the way.

And gladly, joyously and with total acceptance, shed my past.

My path is clear, I am led by Light.

My path is clear, I am led by sound.

My path is clear, I am Light and sound.

I am an instrument of peace.

I am a guiding light.

I am a warrior on my path.

I am a perfect being on my rightful path.

In the perfect space of this point in time.

I AM THAT I AM.

So be it.

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Authors: Rev. June K. Burke and the Seraph Julian

Astrology

Feature Column by Eleanor Johnson
Hopewell Junction, NY



The theme of this issue is the Gift of Imperfection. A wonderful thing, as we would never know our perfection if we didn't work with the illusion of imperfection. Much contemplation occurs with this statement, which sounds like a contradiction. The challenges that we face in life through the belief in our imperfection causes us to look within to find the truth.

The truth sets us free from the illusion of imperfection. Astrology, which was created as a relay system for man, enables man to understand the nature of the cosmos and to understand his role in this lifetime. The planets, as they go through the various signs of the zodiac and the aspects that they make to our natal chart, give us the opportunity to understand our challenges and work through the gift of imperfection.

This late summer and fall seasons come in with much fortification to work with this energy and this theme.

Jupiter enters the sign of Virgo on August 15, and it will be there until September 16. Virgo's key phrase is "I analyze," and the greatest fault with this sign is to be too critical. Real satisfaction for this sign of the zodiac is the realm of work and service to others. There are no greater workers and servers than those born under this sign. Jupiter, the planet ruling the superconscious mind, allows us to work with any tendency to over-analyze and brings us to the realization that criticism always returns to its source. God's plan is often worked out through conflict and challenge. We all have Virgo somewhere in our natal chart.

Venus, the planet of love, harmony, and relationships is in Leo during June, July, August, and September. It

leaves the sign of Leo on October 9, 2015. Venus in Leo likes to have fun, be creative, and dramatic; it enjoys games of chance, the theatre, and all forms of entertainment. Venus will be in Virgo from October 10th through November 10th. And, Venus in Virgo is saying that playtime is enough. Let's get practical and let's get good work done. This will be a particularly good time to get our affairs in order.

On October 13th there will be a solar eclipse at 20° Virgo, stressing the need to be practical and to tend to work and health. The desire to keep the body fit through diet and exercise will be strong. For those of you who have pets, this is an especially good time to be aware of their wellbeing.

October has Venus, Mars, and Jupiter in Virgo trine Pluto, which is a very dynamic time to attain the areas of our lives that we have tried to, but not yet, attained. Venus, Mars, and Jupiter in Virgo will give the determination to work for what you want to achieve. It can also be the harvest for the efforts that we have made. It provides inventiveness and exploration of untapped potentials of energy.

November has the Sun and Mercury in Scorpio. Efforts to transform the relationships in our lives could be keynote. In November, Venus and Mars are in Libra will soften the intensity of emotions, which run high in Scorpio. This energy can allow diplomacy to be our objective.

Love and Light, Eleanor



Hello from the Julian Teachings Advisory Board

**by Larry Scheer,
San Jose, California**

We, the Advisory Board, have been focused on producing the 18th Gathering of Light held in Michigan this year. We are getting excited to see everyone again and looking forward to meeting new people. Camille has a growing, active community in Michigan with many new faces. It will be a joy to meet and engage all the folks in such a lovely and peaceful surroundings. Camille and her organizers have a great lineup of speakers and topics that will inspire us for the year to come. What a wonderful opportunity to spend time with

like-minded spiritual seekers in an atmosphere of sharing and love. It's a time to reconnect with old friends and make new ones. We hope you don't miss this blessed opportunity!

There is a description of the event and registration form for The Gathering at the end of this Ring of Light. If you haven't registered, please take a moment fill out the registration form or go to the Julian Teachings website to download it and send it in with your deposit. We need your confirmation soon.

<http://julianteachings.com/wp-content/uploads/2015/01/Flyer-Gathering-2015-V4.pdf>

Coming Changes to julianteachings.com

Another project the Advisory Board has been working on is the infrastructure behind the Julian Teachings website. We have improvements coming that have been years in the making and we are "waiting for the perfect timing for success." Working with new technology is truly working

with the "gift of imperfections" as we discover the limitations and boundaries of the latest and greatest ideas. God has given us both patience and prototypes to work out the kinks. We look forward to sharing with you the improvements when they are ready.



Perfectly Imperfect in Every Way

By Renee Salvatori
Wheeling, WV

I can say that I was blessed to have been raised by my parents. So blessed, that when my father died it left a very big sadness that I could not ignore. Not because he was perfect, but because he was perfectly imperfect. I saw the good, bad, and the in-betweens. I saw his naturalness and humanness. It was his imperfections that made him real.

I sit and think what life would be like if everything were perfect. Life would be easy. The baby would poop at exactly the time that was convenient for me. I would win the gold medal of patience for sitting behind the slow driver or when my husband didn't pick up his socks. I would have perfectly cooked steak every time. I would count to ten before I replied to my pubescent children. I would say "I love you" and "I'm proud of you" more often. My house would be immaculate. My husband would adore my perfect charms in personality and physique. I would never have made my mother cry, and I wouldn't have waited until the last minute to get this piece submitted for the newsletter.

Our own personal list goes on and on: We may drink or eat too much junk; we could work too hard or not enough. We talk too much or too little. We say a few too many cuss words, forget to exercise, or watch too much television. Our imperfections can be small to pretty big "oops." We all live with our own Scarlet Letters.

I find it funny how my own children think our parents are perfect, while I sit in their proverbial doghouse over and over again. Their friends, on the other hand, think we are more perfect than their own family. I think perfectionism is based on perception. Those two words are so similar that I sit and contemplate them some more here.

Is *better* an illusion? Is *perfection* also an illusion?

Nothing is really better than anything else. To one person, that steak that was too rare for me is their perfect piece of meat. My shoe-leather-cooked piece would be their garbage. My garbage piece would be a feast for a starving individual. It is perception and perfection, at the same time.

If we can find one piece of gratitude in even those annoying seconds or the continuous burdens that weigh us down, our view of what perfection is may shift to a livable and sustainable life.



Mary Poppins said reading from her tape measure, "Mary Poppins, practically perfect in every way." But, I'm sure her umbrella stuck on her a few times, or her children challenged her imperfections.

Personally, I could critique my perception quality a bit more. On good days, it is easy, but on those resentful and difficult days, it can be hard. Our perfection is our own perception that can make our life and our circumstances "perfectly imperfect" in every way.

Imperfections

by Anne Claire Venemans
The Netherlands

Some people might say that slight imperfections ~ whether we find them in our work, in ourselves, or even in our environments ~ are a sign that we are human. Especially when we get to the point where we stop trying for that ultimate, grand perfection; as that would be a sign of evolvment, and perhaps even awareness. After all, they might say, only the Creative Force is perfect!

But then the Creative Force is All-Wise and All-Knowing. The Creative Force may not need the stories us humans tell each other to learn from, or to gain new perspectives or even new experiences...

To us, a picture of a perfect circle might be boring. We are not made up to see or hear all the stories that have ever been told in that one circle. And yet, when we take a stick and draw a circle on the beach; chances are that the circle will be slightly irregular. That the line is deeper at some places in the circle than in others. And suddenly there is a story being told ~ of how we picked up that stick and drew the circle; of how the sand was harder where the sea had just soaked it, and how in that spot the line is not quite as deep. And pretty soon the story we tell is about why we went to draw the circle. Perhaps it was for us to be inside that circle. Or maybe we created it in the sand as a symbol of how grateful we are for all the things we experience in our lives. The reasons will always be personal; and that personal reason will then dictate the story-line when we tell the story to others.

In a similar fashion, when I am looking for gemstones to use in the Mystical Jewelry I create ~ I have found that a perfect stone to work

Perfection lies in being the best version of ourselves at any point in time — rather than in striving for absolute perfection in everything we do.

with, almost always has “imperfections.” It has slight differences in color. Or it has a so-called “feather” running through it. Or perhaps it even has inclusions of other minerals than the gemstone itself. A gemstone without these “imperfections” will radiate the purest energy of that mineral, that color, and the particular properties of that gemstone; but it tends to be so pure that it lacks the stories on how it may help us, or what ~ other than its radiant beauty ~ it has to offer to us.

The more imperfect gemstones definitely have more stories to tell. For instance stories on how they can help that particular person. On how their specific energy ~ imperfections and all ~ can work together with someone in order to create an enhanced balance...

And looking at it that way, it seems that perfection lies in doing the things we do in the best way we know how to do them. Perfection lies in being the best version of ourselves at any point in time ~ rather than in striving for absolute perfection in every thing we do.

The best we can do is good enough, especially when we take time to tell our stories about how we got there.

And for me that is a gift ~ the gift of “imperfection.”



The Art of Imperfection

By John Svirsky
Garrison, New York

Have you ever heard a maple tree tell an oak tree how to be? Have you heard a robin red breast tell a blue jay how to be a blue jay? They definitely don't need me to tell them how to be what they are. So, why do I? Why does society spend so much time telling others how to be? I have a simple answer, it is not the only answer but it is one that I like.

Most of us are afraid to be. To be present in this moment and be in our feelings right here and now —not tomorrow, not yesterday, right now.

That's it. Nothing more fancy. Nothing more exciting. You don't have to send me \$1,000 so I will provide you the Internet webinar: "If you buy my course and more courses to follow, you will find your bliss. You will be perfect and, more than that, you will be living your purpose. Beyond that, you will have the perfect love relationship, more money than you can ever want or need, and you can do all good things in the world."

Nothing ostensibly wrong with all that except for one thing: by wanting it, you are acknowledging you don't have it. If you had it, instead of thinking you didn't, you would be in gratitude for having it. And the best way of expressing gratitude is by using the talents and gifts you have in the moment. In other words, just be you.

Societal pressure teaches all of us from an early age that we are not good enough, not pretty enough, and not rich enough. And let us not forget how everyone else in the universe is doing it better and is more, more, more... No matter what we accomplished, the other person took it to higher level.

Wow! I get exhausted just writing about how we have been trained. Let me take a deep breath, re-

mind myself that "God is my source of all supply" and "God answers my every need on time." Wait a minute, if this is true then what I have right this very minute has been provided for by my Higher Power and, therefore, must be perfect just the way it is. So why am I busy asking for more, better, faster and faster, newer and then newer than newer? Maybe, just maybe, I am afraid to stop and be in my own body. I know I have a lot of trouble accepting myself just the way I am, and then knowing it's all right. As Julian said, "It's alright not to be all right." I am unique, and perhaps it was God's plan or purpose to allow each soul the opportunity for it to learn about itself, and in doing so God learns about itself (as above, so below).

Let me digress for a moment. I have always believed that God created the universe, and all the stuff in it, as an opportunity to learn about itself. For if God was perfect and knew everything before it happened, how boring that would be for God. So he created human beings for entertainment and in the process learned about Itself.

This year it occurred to me, God Is, I AM, and We are One — this must be what I'm doing in my own life, too. I am discovering about myself through the life I am living. I started stepping back from



**NOTHING WE SEE
OR HEAR IS PERFECT,
BUT RIGHT THERE IN THE
IMPERFECTION IS
PERFECT REALITY.**

— SHUNRYU SUZUKI

my life, stopped seeing it as a personal affront to myself, and began asking a series of questions beginning with this statement:

Thank you for my situation. I take full responsibility that my innermost thoughts and feelings brought this about for me to learn and grow.

What is this situation trying to teach me about myself? How does this situation reflect how I inwardly feel about myself? And now for the really hard question: How does this outer situation (person, place or thing) mirror my own inner beliefs.

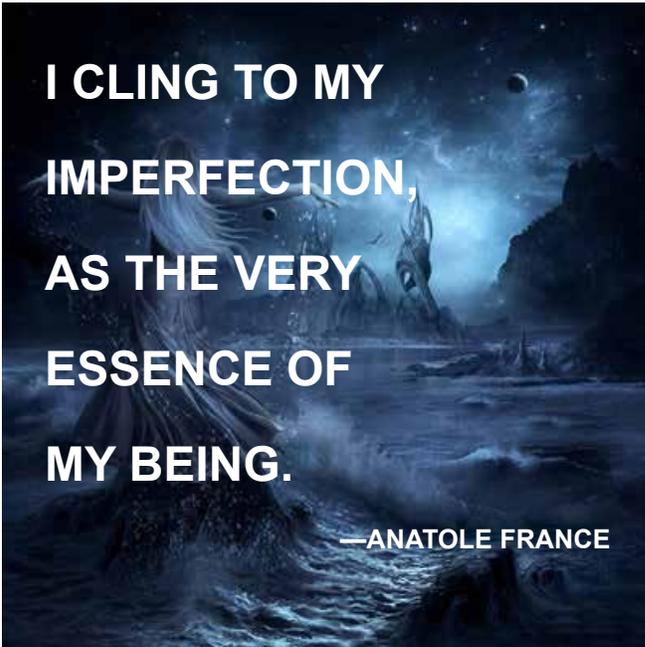
In my childhood, (yes I can hear Julian say, “that was then, this is now” or maybe he would say “you get over it by stop recreating the past; focus on the present”) being the insecure kid, I felt I had to earn everything I got. I never was able to just say thank you. I would feel guilty. Or, was I made to feel guilty? Bottom line, I felt I owed for everything I got. I don’t remember a time in childhood or even later in life where I inwardly felt deep gratitude without guilt. This led me to change my thinking and feeling; to thank God for all that I received and have been blessed with. Seeing it is my privilege to partake in Universal abundance and prosperity, which includes perfect health, perfect happiness, and perfect security. It’s natural, not something I have to feel guilty about. My innermost talents are something to be used and expressed in love and joy, not something to prove that I am worthy. So here in 2015, I’m seeing how I found ways to keep me feeling indebted through mortgages, credit card, guilt and obligations (I owe) rather than moving toward gratitude and satisfaction for all life has provided. Maybe you relate?

The buzz words for the past decade or so, such as “living your bliss” (Joseph Campbell) or live your soul’s purpose, can evoke guilt. For most of us, if

we are not connected to our inner knowing, how will we know our soul purpose? This concept has been tough for me since I tend to beat myself up feeling I’ve not using the talents I have been given or could do so much more than I have done, if I was not distracted by all life’s material stuff, or by the internet telling me how someone else found “it”, and for \$349 I can, too.

I remember Julian saying if I could see myself the way he sees me I would see that my guides were very pleased with my growth and so was he. So why can’t I be pleased. Why can’t I just stop, take a deep breath and *know* with a certainty that I am perfect just the way I am, imperfections and all.

My prayer, my thought for all of us is this: May we love and accept ourselves as we are, and may it begin with me. Wholeness and Light are mine and no thing or being can destroy it. God Is, I AM, We are One. And so it is.



**I CLING TO MY
IMPERFECTION,
AS THE VERY
ESSENCE OF
MY BEING.**

—ANATOLE FRANCE

Saul's Corner

LIFE AFTER DEATH, Part 3 (Workshop #301- class 3)

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Authors: Rev. June K. Burke and the Seraph Julian

Continued from March 2015 Ring Of Light

You may learn more in one confrontation of solving of that confrontation in a family unit or relationship than all of your spiritual growth put together. Soul growth is associated with every single thing that exists in your life. It's not that you have this meeting. It's soul growth on one level, but how you take the information and use it to make your life run smoothly and your relationships run smoothly is the ultimate soul growth that will come from it. Everything that you do has to have a relationship to the physical aspect of your life. So, you see, if you were constantly remembering the past, and the glorious past, so to speak, because naturally that's the only thing you want to remember (laughter), you would not have time to straighten out the pouting and the shouting, and so on.

Q: Yeah, but why wait forty years to happen to us?

Why did you wait so long? That is a very valid question.

Q: Why can't we come to understand it.

But you do, my dear. You were born in a Piscean Age of structure and form, and during that time, had very specific direction given to you that was structures, and it was for you to learn that structure as a foundation, and then know that you need to move from it into something else.

The process is this: You come into the world totally spiritually aware, totally in touch with all the spiritual senses. A child is totally aware, totally psychic, totally spiritual. And don't let this sins of the father visited on the soul bit get you, all right? The sins of the father that are visited on the son are the father's prejudices, angers, and destructive force. That is the sin that is visited upon the child. The child is born pure. As he comes into touch

with the physical world, because he is going to live in a physical world, he must associate with that physical world and learn the physical rules.

As he does that, he becomes more attached to the density and less to the light and becomes less aware of the spiritual factors. The child who was afraid of falling at first, without ever knowing what falling meant, now has to climb and fall to understand it. You see? It is the closing off of that awareness as maturity comes. The first part of life is usually associated with living in the physical world and learning the lessons that the physical world has to teach you.

As you become more and more aware that this is not enough, the general tendency is to tune back in, to get into that path again of listening inside and going with what you know is right. Once that occurs, you are back bringing yourself into awareness of all that ever was before. So even in that life you go into a cycle, or a circle, from total awareness at first, to the moving away from it, and the moving back into it.

Now you come into the new [Aquarian] Age, which is spirit and flow, the Age of Light, the Age of Brotherhood. Therefore, there is an escalation of the energy which rarefies your senses and permits you to again have greater and greater awareness beyond the physical self, and that, then, puts you right back to that beautiful, pure child.

Never use the word "can't." You wait to have a foundation in order to use the high power. Unless you have come to grips and balance with yourself, the high frequency can do you in. You have in your world what you call "flakes." You know? That's because they have not brought the balance to the rest of their life, and they're trying to deal with energies beyond them and so they are floating around not quite in touch with anything. So you have to have that lesson of life on which to base the growth factor.

Q: Why would someone choose to come in as a flake?

They don't come in as a flake, they grow to be a flake. No one comes in as a flake. The tendency

is, most people who literally in life are flaking it you call them. That's a strange word. When I use that word, I see snow drifting so beautifully, and then I think, no, this is a person who's not quite there. It's not quite the same. But the point is this, the person is usually one who has chosen to move away from the reality of life, because they haven't wanted to face reality in life. It is easier to be the child forever, so to speak, and until they come back and face the issues of life, they're never going to get what they're searching for, because it's not in the Peter Pan syndrome.

Now there are people whom you call flakes who are very clever, intelligent people, but they're not organized. That's a different kind of flake. This is somebody who really does know a great deal, are really very balanced, but they are just not organized and are forever going on in a turmoil. But I'm talking about the ones who are escaping the life by living in another level.

Q: I just wanted to be sure that I understood, that you were confirming that maybe by the round 3,000 years well, we call it three thousand, I mean two thousand years from now that we will be in a higher state of life when we're back in this body.

Well, that would all depend on you.

Q: Yes, but I mean that's the opportunity.

You can be, you're supposed to be. Whether you are or not depends on whether you really grasp the principles or not. Because I cannot say to you, yes, it's going to be so, and then nobody does their homework. So it's according to each individual. The second coming of Christ meaning the second coming of Light, occurs in each man, and as each man is illumined, able to see, able to live in that manner, then can come the collective Christ Light. So each person is so important. You are so important, because if you aren't turning your light on, that collective light is never going to get there. So everyone has a responsibility to it — everyone.

Q: Yesterday I understood from one of the questions that it is possible, for example, for me to be buried in 1984, a part of me still being in your world, and, for example, if I died again into your world...

Then you're in your totality.

Q: Suppose I decided that our lives would overlap, there is a time frame therefore, let us say I overlapped lifetimes, so I am consciously aware of dishonor, but now I am born in, say, 1950, and living a lifetime there too. Okay, how many parts of me can there be?

Let me explain something to you. I think there's a slight misconception here. You have a part of you that rests constantly in the universal bank that supervises, watches over you, so to speak. It is your lifeline to the God in you, your active conscious mind.

Now that does not mean you're not whole in this life. It means that you have a contact to that world. It's not as if you're being cut up in pieces and putting you there, hither, and yon. So, you have that consciousness there, which is an over-consciousness to your consciousness here, working through the super-conscious. It is like your lifeline to the universal bank to everything you've ever known or been. Now if you go back to my world, you are your totality; you are everything you've ever been. You're totally one again. And if you go back to another life, you still have that point in the bank, so to speak, to go to and to go out into that next life.

It is not common to be living four or five lives at once. You know, everyone thinks this is a common thing and it's not. Sometimes a person will choose to go out in many places, but it is usually a much harder thing. In most cases, there is a single life and a single time in a single point in time. And it is far better for you in understanding, if you recognize that you deal in linear time and, therefore, must think in linear time, because you get too confused trying to think in a peripheral, circular time of our world, more like a rock dropped in a well with the constant rings going out touching everything at once.

Perhaps if you remember you are a single soul with many chapters and verses in your single journey that you will understand the touching many places.

(To be continued in the next issue of the Ring of Light)

Business and the Law of Rhythm

“Everything flows out and in; everything has its tides”

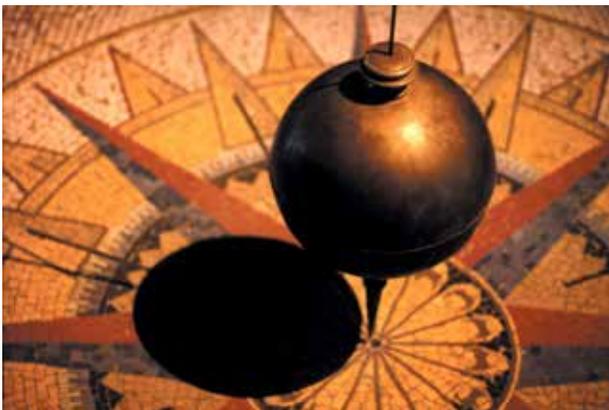
By Jan Clayton
Los Altos Hills, CA

(This is the fifth article in a series started a number of years ago. If you want to see the other articles and can't find them, contact Jan at jclayton@xs.com.)

I am always mesmerized by the ebb and flow of the tides; the rhythmic in and out of the water. Why is this so fascinating? I think that it is because we understand it. That rhythm is as much a part of us as it is the ocean. We breathe in and out, just like the tides. And that rhythm is a critical part of our existence. So is our heartbeat: contract and relax, contract and relax. But the Law of Rhythm is about more than just the ebb and flow of tides and our breathing. Everything in the universe has rhythm, whether man perceives it or not.

As *The Kybalion* points out, this law is manifest in the pulse of the universe; the creation and destruction of worlds; the rise and fall of nations; and the life of all things...including businesses.

What is its purpose? It provides balance between extremes and it gives everything in the universe the potential to change. For without the rhythm, everything would be stagnant. And, as you have probably already realized, this law is intertwined with the Law of Polarities. For, it is the Law of Rhythm that causes the swing back and forth between polar extremes.



The Rhythm of Business

The Law of Rhythm is quite obvious in businesses. In retail, there is the slow season and the busy season; there is the season when you can build inventory and the season when you need to decrease your inventory. There is even the ebb and flow of the popularity of products. In product development, there is plan, design, manufacture, market, sell, and retire cycle. Even physicians see the ebb and flow of their business.

But it just isn't the economic pulse of the business, it is also the pulse of the national or even global economics that affects businesses. The ebb and flow of economic growth and then recession affects every business, and it is something that every business has to be aware of. But these influences are all obvious.

There are less obvious influences of the Law of Rhythm. The law affects people and their mental state. And the changes in mental state are true for both individuals and groups. So, you might have to deal with an employee and their flow in and out of depression; or you might have to deal with a group of individuals who feel they have to strike for better benefits.

Another, less obvious ebb and flow is the productivity of your employees. If you expect your employees to always work at 100% of capacity, you don't understand that the Law of Rhythm is working against you half of the time.

Dealing with the Law of Rhythm

It is true, we can't (and don't want to) stop the rhythm of the universe, but we don't have to stand idly by and bemoan the fact that we know that there is going to be another recession someday. We don't have to feel helpless. There really are things that we can do to proactive-

ly take charge of how the ebb and flow affects our lives, and this is also true in business.

Whether at the macro-economic level or on a personal level, good managers understand the rhythms of their business and their employees. They study the cycles and how they affect the health of their business as well as the morale and health of their employees. They understand how their business works in all variety of macro-economic conditions. (And by the way, not all businesses do poorly in recessions.) Good managers not only recognize and understand the patterns, they take advantage of them!

Good managers make their employees take time off when they know that their productivity is going to be poor, like during the December holiday season. Good managers make sure that everything is ready for the fall purchasing season, so that the business can take full advantage of their customers' desire to purchase their products. Good managers understand when a group of individuals are unhappy with their situation, and defuse the issue before it affects the productivity of the business or goodwill within the business.

In summary — good managers take full advantage of the good times and minimize the bad times. It is a fully planned effort; it is proactive. It doesn't fight the rhythm; it flows with it. Maybe more important, really good managers understand their own mental rhythms, how they affect the organization, and they make an attempt to neutralize the negative affects.

The Principle of Neutralization

It was the Hermetic Masters that worked hard not only to find the Law of Rhythm, but to figure out how to work with it. Not only did they see that this law affected nations and nature, but also noticed its affect the mental state of man. As a result, they developed the technique of Neutralization, which helped them to lessen the law's effects upon themselves. They learned how to use the law rather than be used by it.

The neutralization technique that they developed consists of raising the ego above the vibrations of the unconscious plane of mental activity, so that the negative-swing of the pendulum is not manifested in consciousness, and therefore the person's mental state

is not affected by it. It is akin to rising above an object and letting it pass beneath you. The Hermetic Master would polarize himself at the desired location between the two poles, and literally deny the swing's influence over himself consciously. The rhythmic swing would occur on the unconsciousness plane, but not the consciousness one.

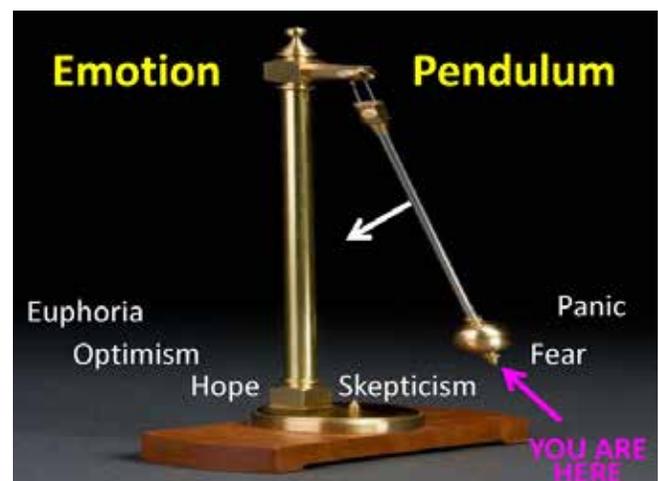
Learning this technique enables one to develop a mastery over moods, feelings, and emotional swings. If you will stop and consider a moment, you will realize how much these swings of Rhythm have affected you in your life. You can also appreciate that a manager who can develop this kind of control can become a much more affective manager.

Why is this Law So Important?

We can't stop the Law of Rhythm. It is pervasive throughout our lives and our businesses. And, we don't want to stop it, because it provides balance in the universe. It also enables reassessment and change.

On the other hand, if we understand how it works — if we can be cognizant of how it manifests in our lives — we can use it rather than have it use us.

- We can prepare for and minimize the negative effects of swings.
- We can take full advantage of the positive swings.
- We can neutralize our own emotional swings so that we are not carried along with the pendulum. We can provide truly balanced leadership.



The 18th Gathering

There is Still Time to Sign Up!

by Camille Albrecht
Whitehall, Michigan

We are looking forward to The 18th Gathering held in Michigan this year and encourage one and all to attend. Remember, absolutely everyone is invited to The Gathering, whether they are familiar with the Julian Teachings or not. It's a great way to get to know community members and to learn what the Julian Teachings are all about. The Gatherings are always enlightening and fun! This is a wonderful opportunity to spend time with like-minded spiritual seekers in an atmosphere of sharing and love. It's a time to reconnect with old friends and make new ones.

If you received the ROL by post, most of the information on the flyer and registration form are included here. If you receive the ROL online, [click here](#) for the original brochure. Please take a moment to read them as you consider attending. We have a terrific line up of speakers and topics you won't want to miss.

I've introduced this year's speakers as well as the talented people working behind the scenes to put the Gathering together on our JulianTeachings.com website and the Julian Teachings Facebook pages. Over the next few months, more information will become available as to pre and post Gathering activities, along with other ideas to make your stay most enjoyable.

Plan to extend your stay. Michigan is beautiful in early October; the trees are bursting with color and the days are warm and sunny. It's perfect for walking the sandy beaches or hiking in the many woodland parks along West Michigan's shoreline. Grand Rapids hosts its international Art Prize during this time; downtown morphs into a magnificent outdoor art gallery. This is a must-see event the likes of which you've never experienced before.

Join us in Michigan this October for a weekend of learning, laughter and love. **See you there!**

The 18th Gathering of Light October 2-4, 2015



Shoreline Inn and Conference Center
Muskegon, Michigan
<http://shorelineinn.com/>

I AM the Light

The energies of today permit us to connect with the Divine I AM as never before, and in doing so, understand, *I AM the Light*. The Gathering of Light builds on this truth in an atmosphere of sharing, laughter and love.

Our speakers are experienced, talented and dynamic. All are students of the Julian Teachings, and with this foundation have expanded their training into topics as diverse as Mindfulness, Healing with Herbs, the Art and Science of Happiness, and the ancient practice of Tai Chi.

We encourage all participants to plan overnight stays at the hotel. If you are unable to do so, we are offering The Gathering without hotel accommodations at the cost of US\$150 per person, which include meetings, dinner Friday, lunch and dinner Saturday, and lunch Sunday.

For more information contact Camille Albrecht at: camille@camillealbrecht.com

Brochure and registration form can be found at: <http://julianteachings.com/wp-content/uploads/2015/01/Flyer-Gathering-2015-V4.pdf>

**18th Annual Julian Gathering Registration Form
Shoreline Inn, Muskegon, Michigan
October 2 -4, 2015**

Name: _____

Address: _____

Phone: _____

Email: _____

Type of accommodation:

Double Occupancy, cost \$265 per person ____ Please specify: One King __ Two Queens __

Single Occupancy, cost \$375 per person ____

Preferred roommate: _____

Please advise if you would like to extend your stay Thursday night ____ and/or Sunday night ____

The Gathering Only (no hotel): cost \$150 per person ____

Additional Guest Saturday Night: cost \$40 per person ____

Deposits: \$100 per person by April 15, 2015

Balance Due: July 15, 2015

Meals will be buffet style except for Friday night, which will be a plated dinner. Please indicate your choice of either prime rib ____ or pecan crusted whitefish _____. If neither meets your needs, please advise: _____

Please list special dietary or accommodation needs: _____

or contact Elaine Harsch elaineharsch@yahoo.com

**Please mail this completed form along with your payment by check made payable to
Elaine Harsch at 633 Holton-Whitehall Rd., Whitehall, MI 49461**

Questions?

Contact Elaine Harsch at elaineharsch@yahoo.com

or Camille Albrecht at camille@camillealbrecht.com

About the Ring of Light

The Ring of Light is a periodic publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers who contribute their words to this publication.

Our Next Issue

Theme: Soul Cravings

Submission Deadline: 8/31/2015

Send electronic submissions to:

warrendaniel34@yahoo.com

Send short paper submissions to:

Nancy Walton

1148 Fairlawn Ct. #1

Walnut Creek, CA 94595

Contact Us

To report a change of address, please contact Saul Srour at:

s77aul@yahoo.com

To received an electronic version of the ROL, please contact us at:

warrendaniel34@yahoo.com

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Authors: Rev. June K. Burke & the Seraph Julian

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We thank each and everyone of you for the financial support that allows us to produce the Ring of Light. An annual contribution of US\$10.00 will cover the cost of your newsletter! Make checks payable to Nancy Walton.

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