

## [Julian Teachings](#)

### [Wisdom direct from an angel, the Seraph, Julian](#)

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# Workshops

## Workshops delivered by June Burke and the Seraph, Julian

Over the years, Julian has taught over 150 public workshops on many subjects. Audio recordings of many of these workshops are available.

The following recordings are available in mp3 down-loadable audio. All transcripts (when available) cost \$10.00 when sent in email as a PDF file. The cost of printed transcripts sent by the US Postal Service is \$14.00.

We are working to provide recordings, down-loadable in mp3 format, and transcripts, down loadable in pdf format, via Paypal. Stay tuned!

Meanwhile, you may order by email or US Mail using [this order form](#).

You may [download a copy of this page in PDF format](#) to review offline.

## List of Available Workshops

JULIAN is a Seraph (a high Angelic Order) who speaks through June K. Burke while she is in deep trance. Julian is a Master Teacher of mankind on the physical plane and of Masters on the Universal Planes.

Session #	Title	Description	MP3 Download	PDF Download
100	Introduction to Meditation	This is an introduction to the why and how of meditation. Its purpose is to help individuals or groups begin the meditative process through understanding its purpose, application, and rewards. A led meditation is included.	\$15.00	\$10.00
102	Chakra Meditation	The purpose of this session is to permit one to understand the relationship between the inner and outer universe and see how the chakras relate to the self and the universe for the greater comprehension of it.	\$15.00	\$10.00
103	Meditations Toward Healing	Two 30-minute meditations directed at centering your energies toward healing. Side A: "Jesus at the Healing Fountain." Side B: "Karma and Healing."	\$15.00	\$0.00
105	Universal Love	A lecture on aspects of love in its greater sense. The universal level necessary to achieve at-one-ment and peace, both in world affairs and in your daily life.	\$15.00	\$0.00
200	Levels of the Mind (4 sessions, set only)	A series of four sessions taught by Julian on the mind and its functions. Led mental exercises for universal comprehension are included.	\$45.00	\$10.00
201	History of the Universe (4 sessions, set only)	Four sessions by Julian on the beginning of creation. Includes question and answer period. Provides insight into the formation of earth.	\$45.00	\$0.00
202	Dream Symbology and Interpretation(4 sessions, set only)	A series of four sessions by Julian. Covers symbols of all types and their input to interpreting your dreams.	\$45.00	\$0.00
203	Jesus the Man (4 sessions, set only)	A series of four sessions by Julian concerning the private and public life of the Master Teacher, Jesus, with emphasis on the true meaning of his mission.	\$45.00	\$0.00
204	Spirituality in Everyday	Series of three sessions by Julian. Practical methods for the application of	\$35.00	\$0.00

	Life (3 sessions, set only)	spiritual values in daily life. Includes evaluating and centering for personal growth.		
205	Atlantis and Lemuria (4 sessions, set only)	Series of four sessions by Julian. History of creation, evolution, downfall, and destruction of those two continents and the creation of seed colonies throughout the world with parallels drawn to current civilization. Includes meditative regression to Atlantean temples.	\$45.00	\$0.00
207	Healing (4 sessions, set only)	A series of four sessions by Julian covering the theory and practice of healing, pressure points, use of healing energy, and physical manipulation.	\$45.00	\$0.00
209	Universal Love (4 sessions, set only)		\$45.00	\$0.00
210	Self Discovery (4 sessions, set only)	Four sessions by Julian to give you a true experience in looking at yourself. Become aware of the inner and outer selves, the conflict between the two, and how to make them harmonious through awareness.	\$45.00	\$0.00
211	Manifestation Prerequisite: Self Discovery (please note date Self Discovery was ordered).	Four sessions by Julian dealing with transition energies that allow you to alter the state of your life and manifest that which you desire and need.	\$45.00	\$0.00
212	Hermetic Law #1 – Mentalism	A session by Julian on the Phenomenal World or universe as a mental creation of the All, subject to the Laws of created things and having its existence in the mind of The All. The first of seven Hermetic Laws, also called Universal Laws, under which all creation is subject. “Mind is All.”	\$15.00	\$10.00
213	Hermetic Law #2 – Correspondence	A session by Julian on the correspondence between the laws and the phenomena of the various planes of being and life. “As Above, So Below.” This enables us to reason intelligently from the known to the unknown.	\$15.00	\$10.00
214	Hermetic Law #3 – Vibration	A session on the differences between different manifestations of matter, energy, mind, and even spirit, which all result from the varying rates of vibration. “Everything is in Motion, Nothing is at Rest.”	\$15.00	\$10.00
215	Hermetic Law #4 – Polarity	A session by Julian on the truth that “Everything is Dual – Having Two Poles.” Opposites are identical in nature, different in degree. Using the art of polarization to reconcile all things.	\$15.00	\$10.00
216	Hermetic Law #5 – Rhythm	A session by Julian on the truth that everything in the universe has a rhythm and that flow cannot cease to operate. Everything has a measured motion, to and fro. All things rise and fall. Rhythm compensates.	\$15.00	\$10.00

217	Hermetic Law #6 – Cause and Effect	A session by Julian on everything happening according to the Law of Cause and Effect. There is no such thing as chance. There is a cause for every effect and an effect from every cause.	\$15.00	\$10.00
218	Hermetic Law #7 – Gender	A session on the duality of the masculine and feminine principle within every physical, mental, and spiritual being in the universe.	\$15.00	\$10.00
219	Preparation for Self-Reliance	Two sessions by Julian on reliance upon the self, which nurtures confidence and builds self esteem. The steps toward accomplishing this will be worked with, permitting each person to move forward from their present point of self acceptance toward full self esteem.	\$15.00	\$0.00
219A	Preparation for Self Reliance (supplement to 219)	continuation on session #219	\$15.00	\$0.00
220	Decision Making in the New Age	A session on understanding the new energies being presented in the New Age. These escalated energies must be approached and used in decision making for individual action to be effective.	\$15.00	\$10.00
221	Failure – The Greatest Success	A session by Julian on understanding the real purpose of failure. Failure to achieve a certain goal or desire has long been seen as a block to self advancement. Instead, it can be a release toward it.	\$15.00	\$10.00
222	Sensuality and Sex	A session by Julian on the elevation of energy on all levels. Awakened senses affect the body as well as the mind. Learn to handle the quickened senses for a balanced realization of the sexual self.	\$15.00	\$10.00
223	You Are Unique	A session by Julian to help discover your own uniqueness, thereby opening up the individual and collective patterns within. Facing these special energies is essential to growth.	\$15.00	\$10.00
224	The Gnostic Gospels	Two sessions by Julian on the Pre-Christian Gospels and teachings.	\$15.00	\$10.00
226	Mantra Magic	A session by Julian on phonetic energy and its ability to assist us toward greater awareness.	\$15.00	\$10.00
227	Money Management in the New Age	A session by Julian relating to the changing energies and monetary structure.	\$15.00	\$0.00
228	Modification of Disease	A session by Julian in relation to coping with disease and modifying its power within your life, thus enabling greater freedom to live.	\$15.00	\$0.00
229	Potpourri	A session by Julian on the many varied subjects based on questions presented. Of general interest to many.	\$15.00	\$0.00

230	Druid and Essene Cultures.	A session by Julian giving insight into the lifestyles of these cultures	\$15.00	\$0.00
231	Universal Energies of Numbers	A session by Julian explaining the energies behind numbers. It is an understanding beyond that of numerology, dealing with origin energy.	\$15.00	\$0.00
238	Handling Infirmary in Yourself and Others	The underlying conflicts that occur emotionally when dealing with infirmity or the terminally ill are discussed and practical help for handling them are given in this session by Julian.	\$15.00	\$0.00
239	The Rune Stones	Two sessions by Julian on the ancient rune stones, covering their origins, meanings, and use.	\$25.00	\$10.00
240	The Rainbow Experience	A session by Julian based on the understanding of color and its effect on us. How to let it help you change your life is explained.	\$15.00	\$0.00
241	Relationships	The relationships in a life have a great impact on it. Two sessions by Julian help individuals see their ability to relate and give insight to the blockages they harbor.	\$15.00	\$10.00
242	Healing Tools and Their Uses	This session by Julian explores the use of gemstones, crystals, color, tone, and other tools used for healing.	\$15.00	\$0.00
243	Herbal Alternatives	This session by Julian opens nature's pharmacy to all for a better understanding of nature's healing alternatives.	\$15.00	\$10.00
244	Universal Astrology	Two sessions by Julian explore the universal patterns behind the astrological understanding of today. What is the purpose of the planets?	\$25.00	\$10.00
245	A New Age Interpretation of the Ancient Runes	A session by Julian giving insight into the Aquarian Age interpretation of the ancient Viking runes.	\$15.00	\$0.00
246	Huna	Two sessions by Julian on the ancient Huna teachings, bringing new insight to the practical and spiritual applications of Huna in everyday life.	\$25.00	\$10.00
247	The Art of Hearing	This session by Julian teaches the importance of listening positively. The art of hearing on many levels is taught.	\$15.00	\$10.00
248	The Normalcy of Rejection	What happens when acceptance doesn't appear to be there? Understanding rejection and how to handle it is a valuable asset in life. This session by Julian is about handling rejection.	\$15.00	\$0.00
249	The Elementals	This session by Julian discusses the animal and plant kingdoms and the spiritual energies working with them. Insight into the pattern of spiritual assistance in the universe is shown.	\$15.00	\$10.00

250	Understanding and Controlling Anger	Anger is destructive. These two sessions by Julian are designed to help alleviate the need for anger and to help you control its power in you. (Additional techniques to release anger are provided on session #258.)	\$15.00	\$10.00
251	Nutrition for Balance	Good eating patterns are important for our well being. In this session, Julian addresses nutrition for the whole man and helps eliminate some confusion about health and nutrition caused by the many different approaches to it.	\$15.00	\$0.00
252	The Druids and Their Teachings	A session by Julian giving insight into the life of the Druids and the energies of their practices.	\$15.00	\$0.00
253	Meditations Toward Acceptance	Two meditations toward self acceptance. Section A: The Inner Acceptance. Section B: Reaching Out Toward Change.	\$15.00	\$0.00
254	Reincarnation	Reincarnation is a much debated subject. Julian addresses its purpose, the pre-entry preparation, and reincarnation's place in the treble cycle of evolution.	\$15.00	\$10.00
255	Self Esteem	In these two sessions Julian presents new understanding of self esteem. Explanation of its value, why man struggles so with it, and how to achieve it are approached.	\$25.00	\$10.00
256	Power, Force, and Spirit	There are multiple energies used throughout the universe to transform, manifest, and create. Through understanding them, the ability to experience them occurs. Their differences and the proper uses of these energies are discussed.	\$15.00	\$0.00
257	Ceremonial Magic	Explanation of the purpose and use of ceremony is covered. Julian helps you see beyond the ritual to the meaning of the energy created by it.	\$15.00	\$0.00
258	Controlling Anger Phase III and IV	These two sessions by Julian pick up where the session #250 ended. Practical and active participation in removal of anger blockages is provided. A look at anger's value as a motivator are addressed.	\$25.00	\$10.00
259	Julian's World	Julian discusses his world and our place in it. Various levels of energy and consciousness are explained.	\$15.00	\$10.00
260	The Animal Kingdom	Julian gives an explanation of the so-called "lesser beings" and their evolutionary purpose.	\$15.00	\$0.00
261	Soul Seals	The vibratory expression of the soul has a relationship to the universe. In these two sessions, Julian explains the Signet of the Soul and shows you how to discover yours.	\$25.00	\$10.00
262	Writing with Spirit Part I	Julian teaches how to enhance your ability to write with your spirit. The	\$15.00	\$0.00

		session allows you to practice this, so have paper and pencil with you. (Part II is available on session #268.)		
263	Space Civilizations	Julian discusses other cultures on other planes. Their role in the evolution of man is addressed.	\$15.00	\$0.00
264	The Root Races of Man	The meaning of root races and their purpose taught by Julian.	\$15.00	\$0.00
265	Tuning In and Tuning Out	Julian teaches how to tune out negative blockages and tune in to the divine within yourself.	\$15.00	\$0.00
266	The Book of Revelations	An in-depth session by Julian on the Book of Revelations.	\$25.00	\$0.00
267	Meditations with Music	Section A: Journey With Nature and the Chakras. Section B: The Four Foundations Within. These meditations are excellent for balancing and harmonizing your energies. This session is accompanied by original music composed for it.	\$15.00	\$0.00
268	Writing with Spirit Part II	In this session, Julian introduces additional techniques for Writing with Spirit. It is a follow up to Part I on session #262. This session is excellent for developing writing skills and visualization.	\$15.00	\$0.00
269	Getting It Together	Julian gives insight into the techniques of sorting out life while enjoying fulfillment from it. He talks of time, energy, and success.	\$15.00	\$0.00
270	Tarot – The Minor Arcana	Julian teaches two sessions on the importance of the Minor Arcana, with insights into the cards and your higher self as a directing force in life.	\$25.00	\$0.00
271	The Power of Prayer	In these two sessions; Julian discusses the power of prayer. How it works, individually and collectively. How to avoid blockages to successful prayer is covered.	\$25.00	\$0.00
272	Kyos and Nutrition	Kyos is the name given to a cellular action created within the body. Two sessions by Julian discuss the function of Kyos and how best to create the bridging of one cell to another.	\$25.00	\$0.00
273	Energy Transmissions	Julian explains building energies and directing them to others. The hows and whys of energy use are given.	\$15.00	\$0.00
274	The Spirals of Evolution and How They Work	A session by Julian on the triple energy spirals that guide us universally as collective man and as individuals. These assist in the ultimate evolution of us and our universe.	\$15.00	\$0.00
275	Living in the Moment	Julian teaches how to successfully live in the space we are in right now.	\$15.00	\$0.00

276	Creating Your Road Map for the New Age	Julian teaches the use of the New Age energy to help achieve your goals. You will want paper and pen handy when you listen to the session.	\$15.00	\$0.00
277	Belief Grids	Julian speaks of reasons for changing beliefs and spiritual expressions.	\$15.00	\$10.00
278	The Thread Between All Metaphysical Paths	Julian explains the hidden thread of truth in the many teachings that appear to be so diverse.	\$15.00	\$0.00
279	The Parables of the Master Teacher Jesus in Today's World	Julian addresses Jesus' choice of the parable as a communication mode and relates them to our busy world.	\$15.00	\$0.00
280	The Meaning of the New Age	Two Julian sessions that give insight into what the so-called "New Age" really is and how to best use its energy.	\$25.00	\$0.00
281	Times of Transition	Two Julian sessions that address the changes of energies within the universe and within the self.	\$25.00	\$10.00
282	Feeling Good with the New Age	Julian gives insight into how best to adjust to and use the energy of the New Age.	\$15.00	\$0.00
283	Spanning a Change in Time	Julian provides insight into the patterns of the past and the shaping of the future. How to bridge the two is explained.	\$15.00	\$0.00
284	Using Changing Energies	Julian's purpose in this session is to assist you in using the inner changing energies toward fulfilling results in your life.	\$15.00	\$0.00
287	Living with the New Age Frequency	The purpose of these two sessions is to help you use, express, and share the vibration of this age, helping you to cope with life.	\$15.00	\$0.00
288	Healing Through Mind, Body, and Spirit	Three Julian sessions to help you balance and align your mental, physical, and spiritual energies.	\$35.00	\$0.00
289	Learning Process	Two sessions to help you understand the new learning methods needed in this changing frequency.	\$25.00	\$0.00
290	Thoughts Are Things	Julian teaches how to use thought patterns to create changes in your life.	\$15.00	\$0.00
292	The Spirit Connection	Julian teaches how to recognize and tune in to spiritual assistance.	\$15.00	\$10.00
293	Essenes	Julian speaks about life in the Essene community.	\$15.00	\$0.00
294	Communication Through Color	Julian teaches the use of color to attune to each other and to attune to different energies.	\$15.00	\$10.00
295	Man and Nature – Partners in Time	Julian speaks of the need of man to understand nature's role in the universe and our relationship to it.	\$15.00	\$0.00

296	Earth's Role in the Universe	Julian speaks about the Earth in relationship to the entire universe and what Earth's purpose is.	\$15.00	\$0.00
297	Life Purposes	Julian teaches how to set positive paths for a more fulfilling life.	\$15.00	\$0.00
298	Extraterrestrials	Julian explains about space brothers, space, and energy.	\$15.00	\$0.00
299	Energies of the Solstice and Equinoxes	Two sessions in which Julian helps participants relate to the transforming energies of the seasonal shifts.	\$25.00	\$0.00
301	Life After Death	Julian explains transition and the process we go through when the physical life ends.	\$15.00	\$0.00
302	Emotional Entrapment	Julian explains how emotions can become traps that keep you from achieving.	\$15.00	\$0.00
303	Mind Locks	Julian explains what mind locks are and the way to release them.	\$15.00	\$0.00
304	Transition and After	Two sessions by Julian explain the process of death and entry into his world.	\$25.00	\$10.00
305	Man's Pattern of Growth	Julian explains man's ability to evolve within the ever-growing universe.	\$15.00	\$0.00
306	Potpourri II	Multiple subjects are covered as Julian teaches and answers questions of general interest from the session.	\$15.00	\$0.00
307	Power Behind Numbers	Julian gives insight into numbers and the effects of their vibration on man.	\$15.00	\$0.00
308	Saints and Ascended Masters	Julian discusses various masters, their energies, and purpose.	\$15.00	\$0.00
309	Using the New Perspective	Looking at things differently is necessary now. Only new perspective can bring the needed changes into being.	\$15.00	\$0.00
310	Discussion on Inner Change	Man is going through inner change due to the universal changes in energy. This session helps you use those changes wisely.	\$15.00	\$0.00
311	Giving and Taking of Self Esteem	Some people never try to achieve self esteem, some try to destroy it in others. These sessions explain how to gain and work with self esteem.	\$25.00	\$0.00
313	Using the Energy of This Time	At this point in time, the frequency of the earth's energy is extremely high. By adapting to it and using it, we also elevate.	\$15.00	\$0.00
315	Your Space in Time	This session gives suggestions on using today's energies for healing yourself. Includes a healing meditation.	\$15.00	\$0.00
316	Joy and Laughter	Laughter is more than the reaction to a joke. And joy is an essence that heals. These sessions explain how to feel and use joy and laughter.	\$25.00	\$0.00

317	Issues in This Point in Time	These two sessions teach about the energy of the 90's and beyond and what is happening as result of these energies.	\$25.00	\$0.00
318	Transition to Light	This session gives guidance that helps you grow spiritually as you elevate your consciousness.	\$15.00	\$0.00
320	Finding Joy in Life	This session helps you build a joyful approach to life.	\$15.00	\$0.00
322	Julian's Exercise on Change	This session helps you understand and undergo change, both personal and universal.	\$15.00	\$0.00
323	Time as Energy – 1	This is the first of four sessions in a series about the new use of time and the application of it to life (see session #324 through 326). Also see session #357 for more information.	\$15.00	\$10.00
324	Sensory Understanding	Session 2 in a series of 4 that explains the use of sensory intellect.	\$15.00	\$10.00
325	Sensory Action	Session 3 in a series of 4, which teaches how sensory action creates greater understanding and ability.	\$15.00	\$10.00
326	Seeing Differently	Session #4 in a series of 4, that discusses the need to look at things differently and how to approach doing that.	\$15.00	\$10.00
327	Spiritual Development sessions	A series of 18 sessions. It is suggested that they be purchased in numerical order for continual unfoldment. Purchase each separately.	\$15.00	\$0.00
328	Awakening the New Energies	This session is about opening the self to the higher frequency of this point in time.	\$15.00	\$0.00
331	Spiritual Growth	Two sessions addressing our growth in the year of changing energy in both spiritual and practical ways.	\$25.00	\$10.00
332	Problem Solving	Two sessions teach the art of problem solving. This includes how problems are created and how to best work with them.	\$25.00	\$0.00
339	Communicating with the Higher Self	Wouldn't it be nice to be able to communicate with your higher self when making important decisions? Julian shows how to build a relationship with our higher self and create a language of communication with it. Use this power to contact your guides and universal mind, understand that guidance, and learn how it functions through the physical senses.	\$25.00	\$0.00
340	Ancient Sites – Their Relationship to Now	There is a lot more to ancient sites, such as the monoliths and Stonehenge, than just the material objects. Julian explores their meaning and their energy in relationship to the present time.	\$25.00	\$0.00

341	Your Spiritual Path and Mission in Life	Learn to discover your spiritual path and mission in life. Determine how to define your mission spiritually and materially. See how the spiritual path affects your career and helps you integrate with the world.	\$25.00	\$0.00
342	Exploring the 12 Steps of Creation	Each step in creation is built upon the other. Exploring these steps help you understand the process of becoming. The steps consist of four triads of energy. Each triad contains an evolutionary energy toward creation. An opportunity to see how you mirror the universal creation.	\$25.00	\$0.00
344	The Personal Bridges to Spiritual Accomplishment	What do we do during those altered states of sleep, dream state, and meditation? At these times some of our greatest training, out-of-body work, and spiritual sharing occurs. Discover how it works and why it succeeds. More happens than you think!	\$25.00	\$0.00
345	Removing Blockages Within That Hinder Your Life	Everyone carries old ideas, habits, hurts, and hates within them. These can become blockages to advancements in life if not recognized and released. You will work on finding the warning signals and keys to releasing these blockages.	\$25.00	\$0.00
346	Proper Adjustment and Preparation for the Coming Earth Changes	The universal energies are changing and mankind is changing too. Find out what we need to do mentally, physically, and spiritually to be prepared for these coming changes.	\$25.00	\$0.00
347	Transformation of Spiritual Teachings into Everyday Life	Julian asked June to teach this session herself. Find out what you can do to integrate your spiritual work into your daily life. This session gives the opportunity to know the instrument more fully and gain from June's own experiences during her 37+ years of work with the angelic force, Julian.	\$25.00	\$0.00
350	The World of the Future	What will the world be like after Earth changes? Julian gives us a glimpse of the future in the areas of medicine, healing, education, transportation, and food. Will man discover his true nature? Will all religions unite? Will karmic lessons vanish? Listen and learn.	\$25.00	\$0.00
351	Identifying and Resolving Fear and Anger	Are you angry about your position in life? Are you fearful of the coming Earth changes? Come to this workshop and learn how to identify and resolve fear and anger – both conscious and unconscious emotions. Learn how to heal yourself through this process.	\$25.00	\$0.00
352	Practical Application of Astrological Energies	This workshop is for novices as well as astrology buffs. You won't need your astrological chart to put this information to work. Julian addresses these topics: How astrological influences are working in our lives; How astrological energies interact and aspect our lives; How to best use the	\$25.00	\$0.00

		astrological energies; How to combine the astrological influences for positive results.		
355	Cycles of Life and Rebirth	Everything in life is cycles, not just birth and death. Julian talks about the many cycles-of childhood, adulthood, of career etc.	\$25.00	\$10.00
356	Man and Spirit as a Team for Nutrition	Julian has described a spiritual energy exchange that happens at the cellular level. He called this exchange Kyos. This exchange is vital to individual health and well being. Julian reviews Kyos and discusses the importance of nutrition and proper physical, mental, and spiritual attitudes in dealing with health issues.	\$25.00	\$10.00
357	Time as Energy – II	Is your time shrinking? Are you running out of time to do all that you want to do? Julian sees time as energy. If time is energy, perhaps we can use this energy for new awareness. Perhaps we can see with peripheral vision (circular vision) if we understand this “time-energy” concept. Julian addresses this concept.	\$25.00	\$10.00
358	Communications with the Past with a View to the Future	What can past civilizations (both historical and lost) tell us? How can we communicate with guides and angelic forces to learn of past (lives) experiences in a manner that helps us to move forward? Will this information help us view our future? This session answers these and other questions.	\$25.00	\$10.00
361	Beyond the 90’s – A Look at the Next Decade	Julian said, “There is a future and it is good.” Julian explains how we will function in mind and spirit in the energies of the next decade. Explore the connection with the inner and outer universe.	\$15.00	\$0.00
362	Potpourri III	This potpourri is an open forum. Questions on many subjects are addressed.	\$15.00	\$0.00
364	The Life of Jesus – Dispelling the Myths	Julian talks of the life of Jesus from birth through his childhood, the event of the crucifixion, and the years beyond. The focus is on recognizing the humanness of Jesus, his purpose, and on explaining where myth began.	\$25.00	\$10.00
365	Building the Essence of Your Story – I	In all forms of writing there are three qualities that are the evolutionary steps of the essence of what is being conveyed. These qualities are what brings life to your story.	\$25.00	\$10.00
366	Adding Depth To Your Story – II	Enjoy the process of enhancing your writing ability. Work with further characterization and story lines. Learn the process of weaving a story.	\$25.00	\$0.00
367	Mankind Before Lemuria	When mankind examines its evolution, it is assumed that man has always had a dense, physical form. Man lived in altered forms long before this densification. Julian explores those points in time.	\$15.00	\$10.00

369	Applying Universal Teachings in your Everyday Life	There are many paths and disciplines to follow in the world. We learn much from each of them, but must apply that knowledge in practical, everyday living. The universal teachings are tools that can be applied to life.	\$15.00	\$10.00
370	Working with your Personal Unfoldment	Julian discloses the formula for personal unfoldment. Discover the process for really understanding why you hold on to blockages.	\$25.00	\$10.00
372	Walking the Labyrinth and its History	Walking the labyrinth is becoming quite popular today just as it was in ancient times. Julian talks about the purpose and function of the labyrinth throughout history.	\$25.00	\$10.00
373	The First Ten Years of the Millennium	What challenges and opportunities can we expect. Julian explores the possibilities with us and tells us what to expect based on the changing energies.	\$15.00	\$10.00
374	Change in the Vibrational Energies of Numbers	The energies of numbers are escalating and they are taking on additional expressions of their energy. Learn from Julian what this escalation means to you and humanity and how to make them work for you.	\$15.00	\$10.00
375	The Here and Hereafter	Julian provides excellent guidance in how to incorporate spiritual understandings and practices into every day life. Then, Julian discusses life after death, providing answers to those who have loved ones who have made their transition. Included is a beautiful meditation on the death experience.	\$25.00	\$10.00
376	Developing the Creative Process	The creative process is born in the spirit, developed by the mind, and expressed through the body. The different levels of expression relate to the individual personality, the purpose in life, and the willingness to participate. Creation and its process are a vital force in life.	\$25.00	\$0.00
377	Opening the Millennium Mind	Mental expansion occurs by energy elevation, application, and acceptance. The new energy calls for new and expanded use of the mind. Learn the process and how best to apply it to your life	\$15.00	\$10.00
378	Healing with Sounds and Symbols	The changing frequency of our bodies at this point in time creates a deeper awareness of sound, color, and body temperature. Understanding and recognizing which levels are best for you to work in can bring balance and harmony, which leads to health.	\$15.00	\$10.00
379	Astrological Update (February 1998)	All creation is in change; other planets and star systems are altering their vibrations just as man and Earth are. Find out what that means in working with astrological interpretation.	\$15.00	\$10.00
380	Ancient Symbology	Throughout time man has used symbols as a means of communication.	\$15.00	\$0.00

		Symbols have been created to represent various things; sometimes joining several together. All symbols, however, come from original ones that represent the energy of creation.		
381	Networking with the Universe	There is a network in creation that permits mankind to interact with everything else created. Each kingdom has a purpose. Understanding that purpose and interacting with it assists you in fully comprehending the universe and its energies to your greatest advantage.	\$25.00	\$0.00
382	Getting your Act Together	Just as the missing pieces in a jigsaw puzzle leave the picture unfinished, so does unrealized understanding about self keep you from becoming your full potential picture. These missing pieces in you come in the form of fear, anger, lack of discipline, timing, held hurts, etc. Define your missing pieces and fill the gaps.	\$15.00	\$10.00
383	Bridging to Manifestation and Pathways to Teaching	There are steps that take you from the raw idea through thought to the full manifestation of it. There are pathways to teaching that help you recognize and work through the multiple blockages that can occur. One teaches from the inside outward, not just by intellect alone.	\$25.00	\$0.00
384	Optimum Health	Health is not just a physical thing. The mind and spirit must be balanced as well, for each plays an important part in creating the whole. The best way to approach total balance in today's energy is explained.	\$15.00	\$10.00
385	Finding Your Life Purpose	We are not the same people we were ten years ago. As our needs and desires change we plan our futures with new insights. Learn these methods and use them.	\$15.00	\$0.00
386	The Real and the Unreal	What was might no longer be real in this new century. Everyone and everything is in change. Even methodology is different. The past can no longer rule. Julian helps us understand and separate what is real from that which can no longer serve our best interests. Think about some things you are struggling with and how you have approached them. Then come and find some answers.	\$15.00	\$10.00
387	Breaking Old Patterns	Think about your goals, write them down, and bring them to this workshop. Also have pen and paper handy. Julian guides us in ways to break down old patterns that are blocking our abilities to achieve. He guides us in ways to create new patterns that help us realize our goals	\$25.00	\$10.00
388	Revising your Reality	A continuation of previous session's discussion with the a look at how to adjust your expectations and perceptions to meet your goals.	\$15.00	\$10.00

389	The Triple Rings of Change	The three levels of understanding, universal, spiritual, and physical, are different from each other and they are changing with the times. Julian explains how they work, how they differ, and how to use and interact with them in this point in time.	\$25.00	\$10.00
390	Healing & Relationships	In this session Julian explains that everyone is a giver, and everyone is a receiver and that is what relationships are about. There are Healing exercises given to get you in tune with yourself and in tune to the Divinity within yourself.	\$15.00	\$10.00
1201	Who Am I Now	As we move through life, our needs, activities, and interactions change. This is necessary as we evolve. This session helps you to discover your changing self. Two sessions.	\$25.00	\$0.00
1301	Power & Magic of Now	In the escalated energy in this point in time; we are better able to use that energy to manifest what we need. This class address's how it works. , {Note session #2 contains sound microphone interference}	\$25.00	\$0.00
1302	Art of Letting Go	Recognizing how you build and carry past experiences helps you to release them. This frees you to create your future. Meditation is included in this session .	\$15.00	\$0.00
1303	Understanding Fear	Julian addresses fear and how it affects us. Ways to control it and release it are worked with in this session.	\$15.00	\$0.00
1304	Understanding Anger	Anger has a tremendous effect on mankind. This session is about understanding anger and releasing it.	\$15.00	\$0.00
1305	Communication& All Its' Levels	What is true communication? It has many levels and ways of expression. This session helps us to understand its uses and effects on ourselves and others. A meditation is included.	\$15.00	\$0.00
1306	New Age Children		\$25.00	\$0.00
1401	Julian Discusses the Future	Julian discusses the future and the steps needed to adjust to it, to benefit the most from it.	\$15.00	\$10.00
1402	Getting in Your Own Way	Without realizing it, we often get in our own way when trying to accomplish something. This session is about recognizing this and changing the pattern.	\$15.00	\$10.00
1403	Now Is Your Future	We are all being reborn with new potentials, as many new doors open for each of us in this time of vast change and new beginnings. This session provides clear direction on how to navigate these changes. Julian presents guidance in many areas, such as finances, nature spirits, astrology, thought	\$15.00	\$10.00

		patterns, increasing memory, independence, the art of letting go, and group light work. This is a wonderful and informative session for beginners on The Path and experienced travelers as well.		
1404	Manifestation In the Energy Of Now	There is no doubt that things are changing in our world and that includes the higher energy patterns of the universe. This session helps us to understand the energy and how to use it for manifesting in our lives, the need to respect it, and our responsibility in using it.	\$25.00	\$0.00
	Julian Saturday At the 7th Gathering of Light	Major and necessary changes are occurring rapidly in the universe, in our world, and in ourselves. This session helps us to understand these changes. It also provides practical and positive guidance in how to work with today's energies to create the life we want. A beautiful affirmation is included to help steer you through these times. This is a wonderful session to give not only to yourself, but to give as a gift to someone you know who is going through a period of major change in their life. It offers insight, providing greater clarity and control in living with the now.		\$10.00
	Julian Sunday At the 7th Gathering of Light	Experience the excitement of the Julian Community's annual gathering. This session took place at the closing of the 7th Gathering of Light in Monterey, CA. Julian provides encouragement and motivation to help us to fulfill ourselves. As always, we are given practical tools to bring spirituality into our every day life. Included is a powerful meditation to be used again and again that connects us with divine force. This meditation teaches us to form a circle of incoming and outgoing love and within that circle; we experience the realizations we need.		\$10.00

## Other Julian Workshop Transcripts

Creation Class, by June Burke, Eleanor Johnson, and Saul Srour (51 Pages)

Healing with Color (41 Pages)

Points of Light Within (24 Pages)

Runes (64 Pages)

Self Development (53 Pages)

The Gathering of Light #1 NY (Sat and Sun) (40 Pages)

The Gathering of Light #2 NY (Sat and Sun) (34 Pages)

The Gathering of Light #3 VA (Sat and Sun) (15 Pages)

The Gathering of Light #7 CA (Sat and Sun) (28 Pages)

Two Worlds, One Journey (25 Pages)

Understanding Communication (35 Pages)

Understanding Karma (25 Pages)

### **Julian Teachings**

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