

Ring of Light

A Newsletter for the Members of the Julian Community

Volume XXVII

Number 1

March 2015

Happy Spring!

Many of you are starting to stir from a cold and snowy winter. Those of us on the West Coast are wondering whether winter will ever return, but are glad to see the number of daylight hours grow.

The theme for this issue is *Untethered Spirit*. We have three authors who have shared their thoughts on this subject. Enjoy. We were also reminded of the outstanding book by Michael A. Singer, *The Untethered Soul — the journey beyond yourself*, which has gotten great reviews. You might want to take a look at it.

On March 16th, we endured the last of seven Pluto-Uranus squares since 2012. This stressful configuration has woken us up, and helped us find the courage and guidance to become our true selves. We have been pushed (some of us kicking and screaming) through the greatest transformation and liberation of our lives. The lunar eclipse on the 20th solidifies those changes.

Take some time to look back at the last three years to see how you and your life have transformed. Use this climax of these energies to make the final changes you must make to reach your full potential. And, although it might be hard at times, keep smiling.

Love, Light, and Peace!

Jan Clayton (standing in for Dan and Nancy)

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Julian Affirmation

God is the source of all supply.

He answers my every need.

I will release those things that block me.

I will accept those things that free me.

For I am unique and was meant to be.

I am strong, I am wise, I am love,
and I am laughter.

The future is mine and I shall shape it
to my liking.

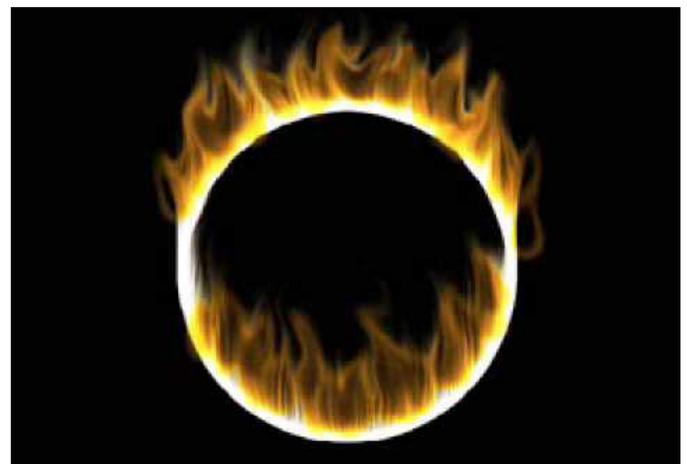
For I accept the power that was given to me
when I was created.

Power of powers, light of lights, fill me now
that I may be fully aware of my importance
to the universe.

So be it.

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Authors: Rev. June K. Burke and the Seraph Julian



Astrology

Feature Column by Eleanor Johnson
Hopewell Junction, NY



Welcome to Spring! This time is greatly awaited by almost our entire country.

The Spring Equinox is March 20th, when a total eclipse occurs. This brings forth a powerful dynamic energy at 29 degrees of Pisces. It also conjuncts the Spring Equinox making it especially powerful.

This configuration marks a turning point. Pisces is the last sign of the zodiac clarifying what we need to let go of to start a new beginning. This is more of a goodbye than a hello. It widens the doorway of perception, offering insights for our future.

April and May place Venus and Mars in Taurus. Venus will indulge her benevolence with love as it is in the sign of its rulership. There is a strong desire to create what is beautiful. It can create harmony in relationships. Emotional security is a vital issue. Loyalty and steadfastness are important in this sign.

Mars in Taurus can be practical, so the energy is channeled into positive results. Creativity is enhanced. There is a desire to create beauty in the home. Venus and Mars in Taurus love to decorate. The results can be quite pleasing.

Saturn is in Sagittarius making a square to transiting Neptune. Saturn square Neptune will curtail Saturn's inclination to focus on the appropriate issue. Do not go overboard with finances.

Jupiter is still trine Uranus until July. There is no better time to make changes as it presents a turning point that

can expand our lives with joy, excitement and enthusiasm. You may want to take a trip, have an adventure, study a new subject. New doors can open with good luck from unexpected areas. New beginnings are fortunate. Reach out to new activities.

From May 19th to June 11th Mercury is retrograde in its own sign of Gemini. It can work very positively in all areas of our lives that need movement. It can enhance the trine of Jupiter and Uranus as they make a sextile to both planets. A positive flow of energy is created; however, we must activate it in order to use it.

In June, Saturn will return to Scorpio until September 2015. Any unfinished business with partnerships, finances, mortgages, and investments can be an opportunity for positive results and opportunities.

The month of June brings Venus in Leo till October. Venus will be in retrograde from July 25th to September 6th. Relationships may need to be re-evaluated. This is a good time for counseling where relationships are of a concern. Delve into how you are handling your finances and your investments. Positive results can be attained if these areas of our lives are being brought to our awareness. Most of all, there is a great opportunity to express our love of nature in a positive way, as Leo rules the heart in the physical body.

Love and Light,
Eleanor



Mindfully Untethered

By Lisa Cobb
North Muskegon, Michigan

“Untethered” may be defined as being free from limitations and boundaries. “Spirit” can be defined as the life-force within a person that is believed to give the body life, energy, and power. An “Untethered Spirit” could then be *living* our lives, in this body, without the limitations that we, or others, have placed upon us.

How would being “untethered” feel to you? Would you feel freedom? Excitement? Exhilaration? Or might you feel fear and hesitation? If we choose to be responsible for how we perceive happiness and joy, why would we then choose to perceive our lives as “mediocre?”

Many times, the Untethered Spirit arrives following a trauma, a loss, a life-threatening event or during the aging process. We humans often have to be “jolted” into letting go of all of the limitations we have placed on our happiness and joy. A flash of clarity enters our *being* and suddenly, it seems, we say: “Enough!”

I AM going to stop sweating the small stuff! I am going to stop being so hard of myself and others. Who am I to judge others? I am going to stop judging myself in comparison to others. I am going to stop worrying about the things that I have thought mattered and I am going to focus my energy on what really does matter – **Love** and **Joy**. I am going to love all the parts of myself and send love to others, even if I disagree with them! But why wait to let go?

Our DNA, environmental influences, and the karma that we attach to this lifetime have led us to believe that we are not in control of many aspects of our lives. Many humans believe that our problems are outside of us. We continue to search for that thing, that relationship or the time to arrive that will make us feel joy. We lose the present moment as our minds are ruminating about the

past and projecting our thoughts into predicting the future. The present moment is all that we ever have. In that present moment, the Untethered Spirit arrives. In each present moment, is the *new*. In the newness of the present moment, there is the clarity that all *is* well. We can allow ourselves to just *be*, with our breath, with our lives, as perfectly imperfect as they are, untethered.



Julian teaches that the whole idea of life *is* Joy. We are reminded to say:

I am new. I am new.

I am joy, joy, joy.

I am new. New I am.

I am Joy, I am Joy. I am Joy.

I am new. New I am. I am Joy.

So, mindfully, take the time to find the new, present moment, the Untethered Spirit, laying lovingly in wait for you to arrive! I am new. I am joy.

So Be It! It is done.

Untethered Soul

By John Svirsky
Garrison, New York

If I were fully realized living from my Christ light within, what would my life look like? What the heck does it mean to live a fully realized life? The words are so easy to say and to type on the page: Peace, harmony, love, light and joy. Who are my role models? Jesus? The smart aleck kid within me says: He got hung on a cross and rejected for his efforts. Moses? Buddha? Gandhi? Mother Teresa to name a few. None of them seemed to end up living happy lives on the earth plane. WAIT A MOMENT! Maybe that is the point, I should not be looking for my rewards on this plane: “My kingdom is of Heaven, not of the earth.” So does that mean to live a realized life I have to give up the material world and all its comforts? Again, my little smart aleck is saying we like living in an abundant material world. We like living in a nice house, driving a car, etc. Does that mean we have to give it all up to be realized? “Yes and No,” I comfort my inner child.

This has described my soul’s struggle, to bring resolution and harmony to my many different attitudes in different lifetimes – many of them intolerant. Now in 2015, each of us has the opportunity to accept the past as it was. To accept that in some lifetimes I was the ascetic and others I was the gluttonous, avaricious businessman for whom too much was not enough, and each lifetime had contempt for the other.

God, or my Soul, in its infinite wisdom decided enough is enough on this Karmic wheel; it is time to make peace within my being. So, if I get this right, I can be aligned with my Higher Power, living from a place of love and light, and seeking first the Kingdom of God within me.

My desire is to manifest an abundant life while living my core values. My actions are in harmony with my inner beliefs. My outer world reflects my

inner world. Look honestly at your outer material world to see where there is conflict — that is, where attention needs to be paid. Where things are working well is where we need to express our gratitude for a job well done. To me that entails loving and accepting each person, place or thing as they are. To neither judge or try to change them, but honor them by seeing their life as their creation. I don’t have to like what I see but it’s not my job to change it. Much like going to a museum and seeing a painting, I am allowed to say what I like or don’t like, but I am not allowed to get my paints out and change any painting on the walls. I can go home and create my own painting. Then, and only then, can I respect how hard the process of creation is, as opposed to how easy it is to criticize someone else’s work.

Let me be very clear, for this is a very important point. 2015 is a year in which we can wrap up our past lives and have the opportunity to release lifetimes of being on the karmic wheel. Then we can start again consciously leaving the past behind and creating mindfully the world we wish to create now. This is the beginning of an energy period in which each and every soul is able to release the emotional charges of the past. (By the way, this just doesn’t happen, one must do serious inner work including reading, breathing, meditating, and maybe working with others to help us make



Continued from page 4

peace with that which was. Then one must be willing to release the emotional attachment aligned to it. We may always have the memory, but it will no longer hold power over us.)

God, or my Soul, in its infinite wisdom decided enough is enough on this Karmic wheel; it is time to make peace within my being.

Most people I have found want to benefit without doing the inner work to get there. It just doesn't work that way. For years I talked a good game, hoping I could fool you, my soul, and even God, only to find out that it is not what I say, it is how I act when I think no one is around to see me that counts. For example, how do I treat the waiter?

Most of us who have followed the spiritual path are still striving to be something, rather than enjoying being who we are, which is the result of all the inner work accomplished over this lifetime. And I do not exclude myself from this last statement. As a matter of fact, I make myself the poster boy of separating myself from my realized self. Either I did it through self-judgment, judging others as being better or worse than me, or judging whether they were further or not as far along the spiritual path. Through the insecurity of not feeling I have not done enough, I am not enough, if I only did this or that then I would be okay I avoided loving me as I am. So, as long as I am judging I am not in my realized self.

And so how does John live in Beingness? I accept me as I am, loving me as I am. Julian used to tell us, if we could only see us as he and our guides see us, we would be very pleased. Our guides and Julian were very pleased with each of us, so what keeps us from being pleased? It occurred to me while having a conversation with a friend about "The Power of Now" (Eckhart Tolle's book) and

being mindful and present in the moment —that if I am thinking about it, I'm actually separating myself from what I am doing. All of us have had the experience of being so fully engaged in what we were doing that time flew by and for those moments in time, we were one with our actions—totally engaged, yet not separated from. That's the "being" that wise ones have wanted for us.

My newly formed definition of Divine Love is accepting each and every projection of life as a perfect creation. Yes it can in time evolve or devolve, but rather than judge, criticize or try to fix, I say "yes, this is the way it is." I have the power to change my attitude. I have the power to do it differently based on my reaction to what I have seen; but at first I must honor the creation that already is. Then if I am the creator I can help remold and reshape it to that which I would like now. If someone else is the creator, I honor it, walk away and leave it be for it is not mine to change. All creation is an ongoing process. All of life is evolving, nothing remains stagnant or fixed.

Most of us who have followed the spiritual path are still striving to be something, rather than enjoying being who we are ...

The untethered life is one of responsibility, one of consciousness and mindfulness of all the energies above and below. We finally stop searching to see ourselves in a world where we have no control. We start to see we are co-creators of our own world, as others are of theirs. We harmonize with the universal energies and find we are led and guided to the next right action, which can then lead to the next and the next. No longer is destination the goal as much as being present and conscious. The reward is that we live a life in which we are happy, joyous and free. We radiate light and love, and are able to see that love and light in all.

Living A Pacific Life

A workshop in Fort Bragg, California
with Sam and Anne Claire

June 14 – 19, 2015

The Pacific refers to the ocean. To its peaceful, calm rhythm that can bring visitors into a state of quiescence. In this workshop we will use these qualities of the Pacific in order to bring a greater calm, a greater sense of peace into ourselves, and into our lives.

We will find that the Pacific Live indeed is peacefully structured into the very rhythm that resonates with each of us in the best way possible; leaving behind the episodes of hectic, chaotic, or confusing cascades of energy.

This workshop will help you discover how the cadence of the ocean can awaken within you the state of being that will lead to Living a Pacific Life.



Fort Bragg is a small friendly town on the Pacific ocean. It has one of the few active harbors in the U.S. and is known for the numerous beaches and parks in the immediate area. There are lots of great restaurants and shops all within about a mile or two from the hotel. See the link below for a complete description of the town and local area.

<http://www.fortbragg.com> and
[http://en.wikipedia.org/wiki/Fort_Bragg, California](http://en.wikipedia.org/wiki/Fort_Bragg,_California)



Our Hotel

We have found a great hotel with every room facing the ocean. It is just a mile north of town. Each room includes WiFi, a fridge and microwave.

The link below goes right to the hotel web site:

<http://www.thebeachcombermotel.com/default.html>



Details

The workshop starts with dinner on Sunday June 14, and ends with our goodbyes on Friday morning June 19. The cost p.p. based on double occupancy is \$950. or €750. This includes 5 nights (room only) as well as dinner Sunday and Thursday. Add for a single room \$400. or €300. When we receive your deposit of \$300, or €250, your space is reserved. Full payment is due April 10, 2015.

For more information you can get in touch with Sam and Anne Claire at theshamansjourney@gmail.com
Payment information:

U.S.: You can send your check to Sam; PMB 08046, PO Box 190, Jefferson, OR, 97352 Or contact Sam if you wish to pay by credit card using our PayPal account. < samholland7@gmail.com >

NL: You can transfer your payment into account IBAN NL98 ABNA 049 32 10 040 with the description 'Fort Bragg Workshop' The name on the account is A.C. Venemans.

In Memoriam

Evelyn Maccarone Kirkeberg passed away Sunday, January 11, 2015, 15 days short of her 80th birthday. She is survived by a daughter Sandra Freeman of Modesto and a daughter Kristine Showalter of Texas. She has two brothers Gordon Brown of Boulder Colorado and Jim Brown of Coral Springs Florida. Her mother Helen and father Maurice Brown were former Mariposa residents.

Evelyn was born in Los Angeles. Lyn's earlier work experiences were at March Air Force Base and later Lockheed Corporation in San Jose.

Lyn became a resident of Mariposa as early as 1959. At one time, she had a variety store at the corner of 6th street and Hwy 41 in Mariposa. She later owned the Stolder Building and completed restoration of the Mariposa Hotel Inn with her late husband Carmillo 'Mac' Maccarone. The Inn became a popular location with European travelers to Yosemite Park. She was most proud of her beloved Bed and Breakfast, which she operated for many years.

Lyn met Knute Kirkeberg in 1998 and became companions. In the ensuing years, she struggled with poor health but remained active with her business interests. She married Knute in 2010.

With ensuing health issues she moved with her husband to the Hampshire Retirement residence in Merced in June of 2014. Lyn will be missed by her many friends in Mariposa and San Jose.



INGE

I have embarked on a journey
My body just stopped
and so the time came for my soul
to enter the next dimension.

I have had a great life.
It is dreadful to leave family and friends behind.
But don't be sad, because I am still there,
albeit in a different form.

I am happy to have lived a full
and active life on earth.
And I will do the same in the next dimension
believe me!

I love all of you
and we will see each other again...

Inge Venemans, mother of Anne Claire Venemans, died early in March 2015. She was a very special person and it was hard not to thoroughly enjoy being with her.

She was a delightful traveling companion. She sought out places that were of great interest to her. Inge planned what she wanted to see and do on these trips with great care. She had a wealth of knowledge on a variety of subjects. She was also a divergent thinker and brought a new appreciation and perspective to all us.

Inge was passionate about Nature. She delighted in showing her garden to us when we were in Holland. It was gorgeous. Another time during the Floriade she directed us to see the amazing garden displays there. She thoroughly enjoyed the Southwest and was immersed in the history and healing techniques of the Native Americans.

She enjoyed sharing her gifts of healing. Inge had a unique understanding of the healing properties of herbs, flowers, stones, and food. She happily shared this with anyone who was interested.

We feel blessed that we met her in this lifetime and know that we will meet again in future lifetimes.

light body, at which point you will no longer return. You will be in the ultimate state.

You know, many people want to not have to return, but they don't like the idea of not returning, because the only physical reality for yourself is this world, and you think in terms of this world. For instance, when you speak of the teachings that say, you will not indulge in something, whether it be sex, or food, or whatever, there is the thought, I have to give up. In other words, I am being put upon. But what happens is the state achieved by the sacrifice is far more enjoyable than the state you were in before, but because the state you were in before is what you know, you feel as if you're giving something up; you're being put upon; you're having to sacrifice.

This is exactly the way people feel about death. Why should they give up their life? And in reality, what they're doing is going into a higher round of living in order to come back in a higher state of living. But human nature being what it is, it is very difficult to be able to accept that which seems so good right here and now should, in some way, be sacrificed for that which can be better. After all, you can't see what the better is, and anything that is so nebulous as not to be able to be seen there is doubt about.

Q: You mentioned the rounds, Julian, and perhaps you'd like to say a little more about that. There is a book called "Star Key Transitions," supposedly channeled from Raphael and it discusses that somewhere around the year 3,000, possibly mankind will have enough of a light body that some of the things you're describing will become more or less within our realm of experience. Could you talk about the rounds?

Each round... The rounds are...this really goes back into the earth change thing. I don't want to get into that, because the rounds of the universe... You see, there's a simple evolution going on. It's not only man's and man's planet; but the whole universe, the whole nine universes, you see? So evolution, within evolution, within evolution is occurring, and those rounds come to give the necessary shakeups in the evolution of the universes, which then force man to their evolution, and so on. The rounds that I speak of here are the rounds of life and death, as you call it, the ending and the beginning, which are man's individual evolutionary process.

The one key thing for you to always keep in mind is that everything that ever was, is, or will be, is already.

It is only man's tapping it and bringing it into focus as it was meant to be in focus in this point and time that makes it new. And so, what you do is you tap you and you bring you into a new focus in a new point in time.

Now you do this in a physical life. As a child, you're a child; as a young adult, you're a young adult; and as someone who is older, you're older. Your life constantly takes new focuses, and when you try to remain in an old focus, there is friction and there is trouble. The adult who is still trying to act like a child can't cope with life, people can't cope with his coping, and so they're having trouble. That focus, the new point of focus for anything in your life, has to occur. Relationships go through focusing points. The mad passion, so to speak, of the first encounter, the body chemistry encounter, then the modification of the body chemistry encounter, and the movement into a deeper understanding of that individual, so that everything isn't based on that first focus. So the relationship seems to slow down, but in reality deepens and grows stronger. If you try to keep it always at the same place, the relationship will die, because you cannot stop moving forward. The only absolute is change, so you must move with change. And so man goes through the evolutionary process within a span of life, and back again into a new span of life, a constant round of existence and evolution and growth.

Q: Do the nine universes provide anchoring points for entry so that spiritual growth can occur?

Oh yes. Every universe is geared to the evolution of man, the evolution of the beings in that universe, and the movement into the spiritual focus.

Q: And we in the physical body can touch upon these nine universes?

That's right.

Q: But we're a physical reality in perhaps one or two of them. Is that correct? And which ones are we physically a reality.

All right. You are able to touch the three in the creative universes, because that's the evolution that you're in right now.

Q: That's the matter elemental, the creative force, and the sound/light.

Yes, those are the ones you can touch now. You can associate with the others by energy merger and comprehension, but you cannot bring the aspect of that into

Saul's Corner — continued from page 9

your life to function, because it's not functioning on the same vibration.

Q: Could you correlate those remaining six, then, to some sort of a consciousness level? Like we familiar with the nine levels that you're talking about...

Well, they all have their nine levels of consciousness. Every universe has its nine levels, but it has to have the nine levels in relationship to their particular life form, their particular energy, their particular growth. We have discussed some of those universes in the galaxies beyond in which the height of man is so different. You would think of them as giants, you see, and then there are some where they are very small. But everything is geared to the nine levels, the seven within and the two without. When you get beyond that, you have to be at a given point of evolution to go into the tenth, eleventh, and twelfth levels.

Q: Our spiritual evolution whether... I don't want to use the word require, but must we become associated with all nine levels, all nine universes, all nine universes in order to complete our spiritual growth?

You do eventually. And some of you have been there, because even that is a circle, and some have started in one place and evolved to others, and others are just starting here and going... The object is none is better than the other, but all are the ultimate experience of the light being, and so that is why you hear conflicting teachings. All of them have truth. For instance, one will say there are seven bodies; one will say there are twelve bodies; one will say there are six levels of consciousness; one will say there are seven. But in reality, they all relate to the nine and twelve figures.

Seven, nine, and twelve you see it again and again and again. And that seven, nine, and twelve are very important numbers. Seven is the magus number. It is the number of the magician, it is force and power. And when I mean force, I don't mean that in a negative sense, but it is energy focused and directed as a power. It is man and matter with that invisible point that is a force or a power. Nine is the high elevation of man through God and is the number of the third completion. Therefore, it has a great symbology in growth. Remember that the completions will always deal with mind, body, and soul, they can never leave one of them out. And the twelve, of course, deals with the ultimate consciousness, and of course, if you're looking at it nu-

merology wise, is a three which brings it to, you know, the beginning. So you return to the beginning, you see.

Q: I was wondering about the different planets that we go to after, and is there a certain sequence that you go to each planet for a certain length of time and live the program there and then go to another planet?

No. You will determine by the growth you achieve there whether you return there several times or one, or whatever. And so in the interim lives between Earth spans, you may very well go to any one of the planets according to what it can offer you in a growth pattern in relationship to how much you have grown. So it's not like you have to go here, here, here, and here and then back again. It is a random choice sort of thing, but the random choice is by your own need, and what that particular planet can offer you. And every planet can offer you something.

Q: Julian, in past lives or in other lives, have we sat like this and talked about the light body, and so on?

Of course.

Q: Okay. Why don't we remember? Or why can't we remember?

Oh, don't you say you can't remember, because you can. It is just permitting yourself to take the time to let that growth come to the surface.

A perfect example is your own work in the light spectrums, all right? This is something that came in you from before, from working with color before, from working in the Atlantean period with crystals. This was something in you that you rediscovered and brought forth into this point in time, using the technology of this point in time to let it show.

So that is a perfect example of remembering in the subliminal level, tapping it, and bringing it forth into new shape and form. And man can do that with practically everything that he has ever known good or bad, because you have a choice of which way you use it, you see. So it is very possible to remember, but you also have to recognize that each particular life has a new lesson of some kind for you, and when you are constantly remembering the past, you might not seek the new. You see? And so you have to know that the soul growth isn't the past.

(To be continued in the next issue of the Ring of Light)

Let Your Spirit Fly

By Renee Salvatori
Wheeling, WV

Physical containments such as chains, ropes, fences, and windows are obvious, but one usually doesn't view parts of their own body as something that holds their spirit back, too.

We may chain our courage, tie down our desires, and fence off our love and block out our light from within.

At night we sleep, we dream, we decompress, and our soul may take off and fly as if stretching its legs a bit. That is at night. How do we allow our spirit the same freedom during the day?

An untethered spirit is liberated, free, souring, clear, open, and relaxed. Don't close it in with old beliefs. Don't chain your heart by old hurts, and tie down your dreams with can'ts. Don't shade your light from radiating outward.

Open the gate of restraints, break the chain of bindings, cut the rope of limitations, and then open the window for more light.

These are the ways to let your spirit fly. These are the ways of an untethered spirit.



The Spring of Your Spirit

Spring is springing like an untethered spirit.
Shoots pushing forth announce, "I give new hope."
Rays of light unobscured by clouds ask, "Remember me?"
Raindrops bathe thirsty roots offer, "Drink up thirsty one. I serve you."
Buds blossoming declare, "Here I am."

Grass turns greener, trees gain volume, air smells sweeter, and sounds grow more melodic.
Spring is unencumbered in all its activities.
Our spirit is like spring, bursting forth, suggesting, "Remember me?"
Your spirit awaiting, untethered, to be sprung.

Happy Spring, Renee Salvatori

Business and the Law of Polarity

**“Everything is dual;
everything has poles”**

**By Jan Clayton
Los Altos Hills, CA**

(This is the fourth article in a series started a number of years ago. If you want to see the other articles and can't find them, contact Jan at jclayton@xs.com.)

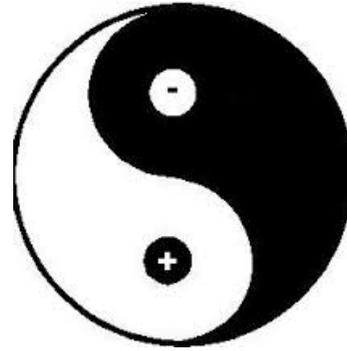
The Law of Polarity tells us that everything has its pair of opposites, and that the opposites are identical in nature, but different in degree. Hot and cold appear to be opposites at first glance, but really they are just opposites on the temperature scale. Business has its share of polarities:

- Teamwork versus individual contribution (and recognition)
- Democratic versus dictatorial management style
- Proactive versus reactive management
- Centralized versus decentralized authority and responsibility
- Short-term versus long-term financial outlook
- Customer focus versus employee focus

In fact, dealing with polarities is such a large part of business that there are many articles and books written on how to manage polarities (sometimes called dualities). It is well understood that businesses that manage polarities well out-perform those that do not. There is even a technique, called Polarity Mapping, that was developed to help managers deal with polarities in the workplace. Step 1 of this technique is to distinguish problems to solve (such as not having enough resources) from tensions to manage (such as the polar opposite opinions of how to deploy the resources you have).

When you carefully view each side of a polarity, you see that each side has positive and negative characteristics. It isn't the case that one side is right and the other is wrong. In fact, if you view the challenge carefully, you will realize that managing polarities is all about maximizing the positive and minimizing the negative of both ends of the spectrum.

Julian tells us that polarities always exist, and life is about balancing those polarities. What's more, we need to work through the ambiguities of polarity, and find a solution that is flexible enough to adjust to the constantly changing universe. How do you do that? You find the balance point.



Finding the Balance Point

The following process reflects what both business and spiritual leaders tell us about finding the balance point:

1. Review each side of the polarity to thoroughly understand the viewpoint proposed. Make sure that you understand the viewpoint's priorities as well as its strengths and weaknesses.
2. Find the commonalities between the two sides. What is the same about the polar opposites? What universal truths are common to both?
3. Now that you have a "polarity map," look for the middle ground that does one or more of the following things:
 - Dissolves the polarity
 - Addresses both sides equally
 - Unifies both sides to find the greatest strength
 - Provides a totally different perspective on the issue
4. Carefully define the balance point and then implement a solution that incorporates it.

Where do you look for that balance point? As Julian once said, look for it where the string of the polarity pendulum is attached to the fixed point. In other words, look for it where the universal concept is anchored. Both sides can agree on that point.

Doesn't sound too hard, but finding and implementing a solution that incorporates the balance point requires that people on both sides of the polarity are willing to modify their perspective. If an individual or a community is strongly motivated by fear, anger, or power, the likelihood of changing their opinion (perspective) to resolve the tension is low.

How do you counteract the fear and anger? You add love. I have it on good authority that it is love and understanding that conquers the polarity. Now you see why love is the tool for the Aquarian Age, a time when polarity rules!



Why is this Law so Difficult for Businesses?

In western society we are taught to make discernments. We are taught to take sides. We are taught to choose between the two sides of a polarity. By the time we reach kindergarten, we already know that it is our job to be “right” — to always get the “right” answer. And, it is already very difficult for us to accept the fact that two opposite ideas are both “right.” They can't both be right, can they?

In the 1980s, the Kaizen Philosophy was touted as the next important idea for business. Also known as “Continuous Improvement,” this philosophy pointed out that the most critical change required in the workforce mindset is that of the need to categorize things as right and wrong, good and bad. The categorization effort actually keeps us from improving. People won't address an issue if they think that pointing out the issue will make them or their effort not look good. It is interesting that our imperative for labeling things right and wrong, prevent us from dealing with issues as well as hobble us from being able to managing polarities.



So, the first challenge for all businesses, and likely the most critical challenge, is to throw away our need for determining which side of a duality is right and which side is wrong.

Why is this Law So Important?

Dualities are the nature of the universe. They are never going away. Organizations often waste incredible amounts of resources (time and money) fighting over polarities. They should be spending those resources solving real problems.

When organizations don't find a balance point, they often spend their time swinging from one polar extreme to the other. Each time the swing occurs management changes, policies change, and processes change. Unfortunately, the issues of the company stay the same and rarely get resolved. Employees who have been around for a long time, see the swinging back and forth, and think: “Will management ever learn their lesson?” Probably not.

On top of that, as the universe changes, so do the balance points. Organizations that have the capability to quickly identify polarities, find their associated balance points, and then implement a balanced solution can deal with the changing universe faster than other organizations. Management science already knows that these businesses are the most successful.

Hello from the Julian Teachings Advisory Board!

by Camille Albrecht
Whitehall, Michigan

We are looking forward to The 18th Gathering held in Michigan this year and encourage one and all to attend. Remember, absolutely everyone is invited to The Gathering, whether they are familiar with the Julian Teachings or not. It's a great way to get to know community members and to learn what the Julian Teachings are all about. The Gatherings are always enlightening and fun! This is a wonderful opportunity to spend time with like-minded spiritual seekers in an atmosphere of sharing and love. It's a time to reconnect with old friends and make new ones.

If you received the ROL by post, most of the information on the flyer and registration form are included here. If you receive the ROL online, [click here](#) for the original brochure. Please take a moment to read them as you consider attending. We have a terrific line up of speakers and topics you won't want to miss.

I plan to introduce you to all the folks behind setting up this wonderful event and will post information on

the JulianTeachings website and on the JulianTeachings FaceBook pages. I'll begin by introducing the coordinators, Elaine and me, followed by introducing the teams taking care of all the behind the scenes necessities. Then, you'll have a chance to meet the speakers and hear about the workshop topics from them. I think you'll agree that the subject matter is varied, timely, and from my perspective, fascinating!

Plan to extend your stay. Michigan is beautiful in early October; the trees are bursting with color and the days are warm and sunny. It's perfect for walking the sandy beaches or hiking in the many woodland parks along West Michigan's shoreline. Grand Rapids hosts its international Art Prize during this time; downtown morphs into a magnificent outdoor art gallery. This is a must-see event the likes of which you've never experienced before.

Join us in Michigan this October for a weekend of learning, laughter and love. See you there!

The 18th Gathering of Light October 2-4, 2015



Shoreline Inn and Conference Center
Muskegon, Michigan
<http://shorelineinn.com/>

I AM the Light

The energies of today permit us to connect with the Divine I AM as never before, and in doing so, understand, *I AM the Light*. The Gathering of Light builds on this truth in an atmosphere of sharing, laughter and love.

Our speakers are experienced, talented and dynamic. All are students of the Julian Teachings, and with this foundation have expanded their training into topics as diverse as Mindfulness, Healing with Herbs, the Art and Science of Happiness, and the ancient practice of Tai Chi.

We encourage all participants to plan overnight stays at the hotel. If you are unable to do so, we are offering The Gathering without hotel accommodations at the cost of US\$150 per person, which include meetings, dinner Friday, lunch and dinner Saturday, and lunch Sunday.

For more information contact Camille Albrecht at: camille@camillealbrecht.com

Brochure and registration form can be found at: <http://julianteachings.com/wp-content/uploads/2015/01/Flyer-Gathering-2015-V4.pdf>

**18th Annual Julian Gathering Registration Form
Shoreline Inn, Muskegon, Michigan
October 2 -4, 2015**

Name: _____

Address: _____

Phone: _____

Email: _____

Type of accommodation:

Double Occupancy, cost \$265 per person ____ Please specify: One King __ Two Queens __

Single Occupancy, cost \$375 per person ____

Preferred roommate: _____

Please advise if you would like to extend your stay Thursday night ____ and/or Sunday night ____

The Gathering Only (no hotel): cost \$150 per person ____

Additional Guest Saturday Night: cost \$40 per person ____

Deposits: \$100 per person by April 15, 2015

Balance Due: July 15, 2015

Meals will be buffet style except for Friday night, which will be a plated dinner. Please indicate your choice of either prime rib ____ or pecan crusted whitefish _____. If neither meets your needs, please advise: _____

Please list special dietary or accommodation needs: _____

or contact Elaine Harsch elaineharsch@yahoo.com

**Please mail this completed form along with your payment by check made payable to
Elaine Harsch at 633 Holton-Whitehall Rd., Whitehall, MI 49461**

Questions?

Contact Elaine Harsch at elaineharsch@yahoo.com

or Camille Albrecht at camille@camillealbrecht.com

About the Ring of Light

The Ring of Light is a periodic publication serving the Julian Community. This newsletter is a tool to connect our community. *It is your tool to share and use ideas, activities, and creative works.* Thanks to the many writers who contribute their words to this publication.

Our Next Issue

Theme: The Gift of Imperfection

Submission Deadline: 5/29/2015

Send electronic submissions to:

warrendaniel34@yahoo.com

Send short paper submissions to:

**Nancy Walton
306 Seaview Drive
Benicia, CA 94510**

Contact Us

To report a change of address, please contact Saul Srour at:
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To received an electronic version of the ROL, please contact us at:
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Authors: Rev. June K. Burke & the Seraph Julian

Please Support Us

We thank each and everyone of you for the financial support that allows us to produce the Ring of Light. An annual contribution of US\$10.00 will cover the cost of your newsletter! Make checks payable to **Dan Walton**.

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