

# Ring of Light

A Newsletter for the Members of the Julian Community

Volume XXVI

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March 2013

**S**pring is upon us! The Spring Equinox is the time when the sun crosses the equator making night and day equal in all parts of the world. It is but a short period when the world is balanced in this way.

Allow yourselves to choose Joy in Each Moment! Permit yourself to expand your awareness of Joy daily by being [present in](#) every moment. The more joyful moments we have, the more joy we live and share.

Our authors have written splendidly on our topic Joy in the Moment. Julian opens the issue with a beautiful affirmation expressing Joy.

Love, Light and Peace ~ The Editors

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## Julian's Affirmation

GOD IS MY SOURCE OF ALL SUPPLY

HE ANSWERS MY EVERY NEED!!!!

WITH JOY I OPEN MY FULL POTENTIAL,

MY CREATIVE FORCES FLOW.

I BECOME ALL THAT I CAN

WITH JOY AND EXPECTATION.

FOR THESE ARE MY GIFTS,

AND THEY ARE MY TRUST,

MY FAITH AND MY REALITY.

SO BE IT !!!!!

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Authors: Rev. June K. Burke and the Seraph Julian

# Astrology

Feature Column by Eleanor Johnson

Hopewell Junction, NY



Welcome to the Spring Season! And a very welcome by Yours Truly! The Spring Equinox, March 20th brings into action all the dynamic expression that has been at the threshold of our consciousness, waiting to spring into action. As the Sun is always in Aries at the Spring Equinox, this sign is dynamic, action oriented, and always ready to get up and go.

The planet Uranus, is transiting the sign of Aries for several years. Uranus rules the current Age of Aquarius. Many changes, some unexpected may occur until this cycle is completed in 2018. The weather may continue to be unpredictable and erratic, as Uranus can act with lightening speed. This planet brings about much originality, inventions, and scientific breakthroughs. The desire for freedom and independence is at its core. Many countries around the world reflect and express the Uranus desire for freedom.

Uranus squares the planet Pluto in the heavens. These are two dynamic high vibration planets! They allow us, if we choose, to let go of obsolete ways of handling our lives and relationships. This will allow us to be conscious of our subconscious patterns that are a hindrance to our growth and evolvment. How we use our will is extremely



important for our future growth, individually and collectively.

The month of May brings a solar eclipse on May 10th in the sign of Taurus at 19 degrees. This Solar Eclipse makes a conjunction with the planet Mercury. Mercury in Taurus during May will emphasize finances and social activities. Mercury, in this sign, also has a practical and material application. It expresses determination, thinking, and decision making. For those of us who love nature and gardening, our efforts will produce beautiful results. Artistic creativity and any other talents may blossom.

The planet Mercury will retrograde June 26th to July 20th in the Cardinal Water sign of sensitive emotional Cancer. There will be lots of water! July has Mars and Jupiter in Cancer, Saturn in Scorpio, and Neptune in Pisces. Expect rain as the water element will take precedence during July! Emotions and sensitivity may run high. Our nurturing qualities may be balanced, as Mercury will be in the sign of Cancer in July, the sign of the Cosmic Mother.

Mercury, in the sign of Cancer, is extremely emotional and receptive. This is also a very psychic placement for Mercury. It helps us understand ourselves and others. It can incline us to nurture ourselves and others through food, outdoor activities, etc. Many barbecues may be a part of your experiences, get together with friends and family.

Enjoy ! Spread your nurturing, love, and caring.

Love and Light,

Eleanor

**BANK ACCOUNT**

Submitted by Stan Perry  
Oceanside, CA

A 92 year old, petite, well-poised and proud man, who is fully dressed each morning by eight o'clock with his hair fashionably combed and shaved perfectly, even though he is legally blind, moved to a nursing home today.

His wife of 70 years recently passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, he smiled sweetly when told his room was ready.

As he maneuvered his walker to the elevator, I provided a visual description of his tiny room, including the eyelet sheets that had been hung on his window. "I love it", he stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

"Mr. Jones, you haven't seen the room, just wait!"

"That doesn't have anything to do with it", he replied.

"Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged. It's how I arrange my mind. I already decided to love it.

'It's a decision I make every morning when I wake up. I have a choice: I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do.

'Each day is a gift, and as long as my eyes open, I'll focus on the new day and all the happy memories I've stored away. Just for this time in my life.

'Old age is like a bank account. You withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories!

Thank you for your part in filling my Memory Bank. I am still depositing."

**ONE GIANT STEP INTO 2013**  
*includes:*

*A new calendar*

*New friends*  
*(very important – old friends are transiting)*

*New dentist*  
*(more gentle than one who retired)*

*New veterinarian*  
*(kitties like this one better than one who retired)*

*New cell phone*  
*(must figure out how to use-so many apps)*

*New garden*  
*(bigger)*

*New clothes*  
*(old ones used on scarecrow)*

*New birds*  
*(must have learned from old birds good food here)*

*New tires on old truck*

*With all this to celebrate in the new year, who needs resolution*

*Doris Murray*



**Saul's Corner****The Conscious Mind****LIFE AFTER DEATH (Workshop #301)**

continued from December Ring Of Light

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Authors: Rev. June K. Burke and the Seraph Julian

Adept questions: That's the white plateau, you're talking about.

That's the white plateau. Yes. So in the plateau of entry and adjustment, the white plateau, you begin to understand my world, and you begin to let go of preconceived ideas about it. You begin to realize that no one is going to make you do anything, that anything you do is going to be by your own desire to do so. We will show you everything to do, but you and you alone will decide whether you do it or not.

You will take upon yourself the decision making for the future of your world. Now if you think about that statement a minute.

Everything you work with in my world and everything that you have in your world exists in my world in ether form, the raw energy form from which your concept of it was developed in your world. So if you had a concept of something in your world, whether it be the latest model car or the latest fashion or the newest in psychologies--whatever--the newest in surgeries, they were built by focusing the raw energy of my world into its proper point in time in your world, and therefore, manifesting something called new. Everything that ever was, is, or will be, it's already in existence in its pure energy form in my world.

Now when you choose an area of work in my world, you work with a raw energy and its potential, not what it was, but what it can be; and as you learn, study, and realize its potential and move that potential forward, you begin to have a focus created of a future development in your world. Many times, a cure for a disease is manifested in my world and then delivered to someone open and on the track toward something in your world. A researcher who has had an inkling or a suspicion and is working on it, will have channeled to him the potential of that idea, thus, bringing that new thing into the

world more quickly. The second way that it would come into the world would be for those who had studied it be born, grow, realize again the ambition to that particular thing and go through it. So you see, it takes a little longer the second way. It is easier to just deliver the first way. And so that is what happens in the decision making process you choose to study. The study will take a focus according to your potential and you will determine how you're going to deliver it. It makes you think of all those things in your world that have who delivers it in twenty-four hours or bust, sort of thing, by plane, bus, scooter, and foot, you know? But it is a very real thing that goes on.

Now at this point, you have had some insight into that first experience. Now you realize that this has taken quite some time, as you measure time, because the sleep state alone had to be at least two months. You see? And the adjustment period, the orientation period, takes time, so you may run into almost a year by the time you get through with that--as you measure time. However, that to us is a drop in the bucket, all right?, because we do not have time as you do and time moves very swiftly in my world.

To experience that movement of time, I want you to think of the times you have sat down to meditate and thought you'd been there five minutes and realized it's thirty-five. The loss of the time sense gives you a little indication of what it is like in my world. There is no time sense by hours, minutes, and so forth.

Q. I thought we always go through a review of our life again and look at all the good and bad things that have gone before?

That is a good question. When the detachment from the physical is going on, there is a run of the life experience before the eyes. You know, it's as if somebody put the reel of the camera on and your life goes flashing through in front of you and you withdraw from it. It's almost as if you pass it along the way. That happens with that detachment time. That experience goes with you into my world and helps you when you make your decisions when you have a viewing of your world after the rest period. So that does occur, but it occurs as you're breaking away from the physical body. And you know, quite to the contrary, the breaking away is not painful, it is

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Life after Death continued from page 4

very peaceful. The word breaking here is the thought of it being a snapping thing, but in reality, it is relaxing, it's a letting go sort of thing and it is not very hard to take at all.

One of the hardest things for anyone in the decision making process is the realization that others don't want them to go. Don't leave me, don't leave me. You hear it said time and time again, and people who are in great agony, people who are in great pain, struggle to hold on for the benefit of those who don't want to let them go. When a person is in a very bad state and is in that decision making process, when somebody says, I love you very much, but I give you permission to go, you can be giving them the greatest gift you've ever given them. For to hold on in agony for the benefit of somebody else is not living. You see? So you have to, at times, stop thinking in terms of self and start thinking in terms of what is beneficial to that person. And if they know that they can go not feeling they're deserting you, then you have given them a gift.

Most people, when they are around someone who is dying give the impression to that dying being, first, that they're a nuisance, that they're very uneasy to be with them, and third, that they don't want them to go, they should stop this nonsense and get on with life. And that can't always be, and that puts that person in a very bad position, because there's a terrible tug-of-war about their natural instinct that says it's time to go and the instinct that is related to personality that says, I can't leave. My children don't want me to go, my husband doesn't want me to go. When you're willing to say, let what's right for you occur, it's going to be good.

When you pass over and are met by someone you have known before, how is that person on the other side look like.

That being will appear to you as you knew them.

Q. How are they called? Is there a recollection

which occurs with that energy?

Oh yes. You have to understand something. Although the idiosyncrasies of the personality fade--the pet cat might not be remembered, the pet dog might not be remembered, that sort of thing--those idiosyncrasies fade away, but the love instinct does not. You will be totally recognized by those you have loved.

Q. Who tells them, guides?

So you see, they are chosen by the desire to be there. In other words, you won't have fifty-seven varieties of family there, but you will have one or two. When the instrument's father-in-law was dying and she and her spouse had gone to the hospital, his only brother had been killed in a war, and his father said to him, Sonny was here this morning and he said he's coming back tonight. And his spouse said to him, yes papa, that's right and he's going to be with you again. Now his sisters, who had no concept of the teaching, said he's going crazy and he's losing touch, he's seeing things, he's hallucinating--all this sort of thing. Well, at six o'clock that evening, Sonny came back and papa left, you see, but he was totally aware that Sonny had been there. He could see him.

Q. So they're called from wherever they are?

Wherever they are, they come, because to help anyone in transition is a service and a soul growth. Any time anyone helps someone in transition in your world by kindness or peace given to them, that sort of thing, that's also soul growth for you as well as the person who is making the transition.

Q. The white plateau is... I assume that's the same as what you call the ninth level, the consciousness of the ninth chakra level?

Yes, it would be considered the ninth.

Q. And at that level, movement occurs through thought and it's basically instantaneous?

That's right, but it takes training, you see, that's why you spend time in that plateau, that's why you have that

continued on page 6

Life after Death continued from page 5

orientation and those expectations, so that there is no conflict between what you believed and what is, and that gets you so that you can make any further movement. Literally, yes, because the eighth plateau, or the eighth chakra level or the consciousness level would be the astral and the ninth would be the white plateau

Q. What level would omnipresence be?

Omnipresence would not come until about the eleventh and twelfth, so that no one would be omnipresent during the early stages of their transition.

Q. Are they in the third stage then? Do they reach the omnipresence in the third stage?

Yes.

Q. But omnipresence is available to humanity as well as angelic forces when they reach that point?

Yes, when they reach that point.

Q. I wanted to ask about people who decide on the conscious death--this Wednesday at 10 o'clock I'm going to die, as many of the religions of the East have done. Is mankind moving more and more to be able to do that?

They are certainly capable of doing it, and those who are not afraid of death will usually know it. It is only those who fear it that block it. For instance, if you are aware of any of the work of Elizabeth Keubler Roth with the death and dying, you will know that children draw pictures and in the upper left-hand corner, there will be a date or a time, and they will die on that date, or in that time. Because they don't even know what they're doing when they put it there, but they know it's important to have it here. Most people will have a sense of getting ready, whether they know it consciously or not, they will know it subconsciously. They will begin to put their house in order. Legal things that need to be taken care of will be taken care of, old friends that they wanted to contact will be

contacted, and so forth. There will be a sense of putting everything in its proper order beforehand.

Q. How about people who die accidentally?

People who die in an accidental situation still have those people with them.

Q. But they didn't have time to put things in order.

They didn't have time to put their house in order, but they will still have the presence of someone, the committee will be there to welcome them. There is always someone out there ready for the unexpected death

Q. How about people who are so-called brain dead, like that woman who was living on a machine for a long time and they couldn't tell whether she was dead or alive....

*"Most people will have a sense of getting ready, whether they know it consciously or not, they will know it subconsciously. They will begin to put their house in order."*

When the life of the physical body is kept going by machine, the spirit remains with it out of respect for that vehicle that has housed it. The moment that machine would be terminated, the spirit would leave and they would be considered dead. The spirit will stand by with that machine, even though physically and mentally that

being is legally dead. To live on a machine... Life means participation in it. If you are not able to participate in it, then the choice should be there for you to make. In other words, you should have a right to choose whether to make that transition or to stay.

Q. The spirit hovering over the artificially kept alive body, would that spirit, of course, be in the astral plane?

It would be in the physical plane, literally, and many people who are at all aware, who enter a room when somebody is on a machine, will see that spirit standing there. It will never leave it until that body has been shown its proper respect and has been permitted to go into its element again.

(to be continued in next Ring Of Light)

**Community Gathering Announcement.**

Hi All:

Some of you may have already heard , but I wanted to reach out to everyone in the community and explain the status of this year's Gathering. The 16th Gathering scheduled for October 18-20 at Lake George NY, has sadly been canceled. This was a result of only 5 people signing up for the Gathering. Recently I came to understand there were a few more people who intended to sign up but had not gotten around to it yet. Unfortunately, even with the additional people it was still not near enough to make the required minimum. The minimum needed per our contract with the hotel was 30 people. If we did not cancel at this time there could have been financial penalties amounting to several thousand dollars.

At the present time a new search is underway to locate a different venue which would accommodate a smaller number of people.

Please let me know if you are interested in attending as that will help us with planning.

We will keep you informed of our progress as things develop. I am hopeful we will come together later this year.

Light, Love & Peace  
Saul

PS. Feel free to contact me if you know of any venues that might work.

**Momentum to Moment to Moment Joy  
Renee Salvatori, Wheeling, West Virginia**

Momentum is building while going down a hill a little faster every second. Giggling when tired; each little thing gets funnier and funnier. Your new love interest grows stronger and stronger. One bite of a potato chip; you can't eat just one.

Once momentum is going then there is an ease in moving forward. The words moment and momentum are so close in their Latin origin. I found this link interesting, because how many of us can find momentum building in each moment to moment experience? Whether we are angry or joyful, the momentum can build. When angry in the moment, it can lead to yet more anger. When joyful in the moment, it, too, can lead to more joy.

Can one really set them self up for joyful momentum each day? Joy may not be easy at times, even attainable some days, or at certain seasons of your life. However, if you can hit on one single moment, you can encourage another out of momentum and then another, and yet another. Maybe by then the momentum to joy will have an ease to it.

Try it. Be joyous over your bed and pillow. Be happy you have a warm shower to envelope you. Before you know it, the clothing you get to choose from can be fun. The cereal you pick will spark your preferences. Your pets antics will make you laugh instead of yell. The traffic will give you time to collect your thoughts. The rude associate will make you joyful that you learned politeness. The burned dinner will become funny as you pour your second meal of the day from another box of cereal.

Before you know it, you may have many moment to moment joys in the day, week, year, and even a period of your life. It will be from the deepest parts of you springing forth from moment to moment, on the shirttails of momentum.

## Contact Us.....

The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.

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**Next Issue Theme:** "Blossoming Seeds"

**Deadline for Submissions:** May 24th, 2013.

**Dan & Nancy Walton - Ring of Light Editorial Team**

### Newsletter Submissions—How to ! 5/27/13

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

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**We thank each and everyone of you for your financial support that allows us to bring the Ring of Light to you.**

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### ROL via E-MAIL!

### What a novel idea!

If you prefer an electronic version please contact us via our

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A Newsletter of the Julian Community  
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## **Joy in the Moment**

As I was contemplating the subject for this edition of RIng of Light I heard, “Tell them about paying forward”. I thought about that for a minute or two and felt there may or may not be a direct connection to the topic, but it’s such a great concept that I decided to go along with it.

Paying forward is not my creation, it’s been around for a while but it has not received very much press. Basically, how I understand it and practice it is - if someone needs assistance, or if you are going to perform a favor for someone, do not look for a return of your time or money. Instead, tell the person that you do not wish to be reimbursed for the time or money, but when the opportunity arises to do something for someone else. Tell the recipient to “pay it forward”.

Example - Recently someone I know was out of a particular herbal supplement that was very good for relieving pain. The person had run out of money for the month and would have had to wait about two weeks for her Social Security check before she could purchase the supplement. I bought the supplement and sent it to her. She called and was so happy to have the supplement and said she would repay me as soon as her check came. I told her I did not want the money back but she still owed a debt. I asked her to do something nice for someone else as soon as she had the opportunity. She was more than happy to agree and about three weeks later someone she knew found herself in a similar situation. The first recipient told the second that she would provide the assistance and did not wish to be reimbursed, However, to pay the debt owed she needed to “pay it forward” and help out someone else in need.

And thus the chain was started.

I find that this is helpful in several ways. I do not believe that adults should keep taking help from others without feeling a sense of obligation to make repayment. Whether the repayment is made in financial repayment or barter type repayment is not important, but the willingness to repay a debt is the important thing!.

Making a loan to someone can be burdensome and sometimes causes anxiety when the debt is not repaid on a timely basis. So, I limit my help to an amount of money that I can give without “needing” to be refunded. By explaining to the recipient that he/she still owes a debt and the only way to discharge that debt is to “pay it forward”. To help someone else in need relieves me of the burden of waiting for a refund, does nothing to damage the relationship with the recipient, and someone in need who was not expecting help is surprised in a very pleasant way.

My idea of “paying it forward” is that once I help the person my part is over and if I never hear what happened after that, it’s OK. The recipient has agreed to the debt and can only discharge it by helping someone else. In most cases I hear the outcome sometime in the future, and about 95% of the time the recipient did “pay it forward”.

It reminds me of the “little acts of kindness” concept that was going around for a while. Knowing that I helped someone without any thought of payback is for me feeling “Joy in the Moment”! It’s a great feeling!

Namaste

Blanche Duffy.

# The Key To A Lighthearted Life Path

A four day five night workshop in County Limerick, Ireland

May 26 - May 31, 2013 by Sam & Anne Claire

I think that I am on the right track -  
now lets find the key that lights the way.

Sam & Anne Claire



The purpose in life is to have fun! This workshop is designed to do just that - create more fun in your life. We will be working on aspects of your life path that will not only manifest your desires, but will help keep you on your path of spiritual growth.

The arena that we will be using are ancient stone circles that have many layers of use throughout thousands of years. Primarily however, their use has been to answer personal questions in a way that not only gives great advice, but serves the community and the universe as well.

The stone circles are close to Lough Gur, a location of strong mystical energy and many megalithic sites. One circle has a prominent stone with both a Hawthorn and Ash tree growing out of it! These trees were used by the ancient mystics to bring about strength, protection and magical energies.

We will be using all of the energies of the area in a way that brings about rewarding and joyful insights into our individual life paths. There will be plenty of time to explore the surrounding area that is rich in history and natural beauty.



The workshop starts with dinner on Sunday May 26, and ends with breakfast on Friday May 31. The cost p.p. based on double occupancy is \$725. or €550. This includes 5 nights bed & breakfast as well as dinner Sunday and Thursday. Add for a single room \$225. or €150.

When we receive your deposit your space is reserved. Full payment is due April 1, 2013.

For more information you can get in touch with Sam and Anne Claire at [theshamansjourney@gmail.com](mailto:theshamansjourney@gmail.com)

Payment information:

U.S.: You can send your check to Sam; PMB 08046, PO Box 190, Jefferson, OR, 97352 Or contact Sam if you wish to pay by credit card using our PayPal account. < [samholland7@gmail.com](mailto:samholland7@gmail.com) >

NL: You can transfer your payment into account 49 32 10 040 with the description 'Ireland Workshop' The name on the account is A.C. Venemans.

We will be staying at the **Deebert House Hotel**. A 6 year old country hotel close to the site. The hotel has comfortable modern facilities with good wifi and is located in the ancient walled town of Kilmallock. The town has the remains of a Dominican Priory and the Church of Peter and Paul.

[www.deeberthousehotel.com](http://www.deeberthousehotel.com)

