

Ring of Light

A Newsletter for the Members of the Julian Community

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Welcome to our issue Life Is A Miracle.

In this Spring Season allow yourself to mirror nature. Nurture your dreams. Tenderly tend them to blossom. Grow in your beauty and grace. Embody your Divine Self more fully in your physical body.

Our heartfelt thanks to each of our writers and poets who share their unique talents with their special perspective on Life Is A Miracle.

Enjoy!

Love, Light and Peace ~ The Editors

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Affirmation from Julian

Power of Powers, Light of Lights, fill us now.

That we may know ultimate peace,

Ultimate belief in the self,

And a complete willingness to use it freely.

For to believe in the self is to believe in others.

And always with the realization that Divine Force,

Universal Energy, and yourself are one.

Feel it.

Feel its beauty and its strength.

So be it.

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Authors: Rev. June K. Burke and the Seraph Julian

Astrology

Feature Column by Eleanor Johnson

La Grangeville, NY



We enter the Spring Equinox March 20th at 0 Degrees Aries. The Spring Equinox can vary from year to year, some years on March 20th other times on

March 21st. The Sun is always in Aries at the Spring Equinox. This is the point of all beginnings. The keyword is, "I am".

Mars, the planet ruling Aries has been retrograde from January 24th of 2012 through April 14th, 2012. It has been in the sign of Virgo and will continue in that sign until July 2012. Mars is our motivation, how we express our actions, our desires, where we must exert energy and initiative in order to achieve results. It is an earth sign. It encourages us to be practical, and plan our actions carefully and systematically. Virgo is the sign that rules health. Therefore, this is a good time for all of us to get ourselves on a good health regime. Virgo is the sign that also rules small animals.

April has the planet Venus, the planet of love, harmony, and relationships, in the sign of Gemini. Venus will also retrograde this year from May 15th till June 27th. Venus in Gemini gives us a wonderful opportunity to be flexible where relationships are concerned, to see the humor in life, which permits us to have a lighter touch in these areas. It can aid

us in expressing ourselves with a great deal of charm. Venus retrograde can allow us to be more careful in our lives and have a greater introspection in our relationships.

A solar eclipse will occur May 20th at 0 degrees of Gemini creating a focus on this sign and all it represents. The sign Gemini relates to education, sales, everyday affairs, and relatives. This is the most versatile sign of the zodiac. It enables all of us to release in the areas of life that are blocking our awareness and our evolvment.

In the month of June, the planet Jupiter, enters the sign of Gemini for one year. A strong emphasis is again placed on the sign of Gemini. It is ruled by the planet Mercury, the sign that rules the intellect, the communicating faculties which can become much keener and alert. Be sure to create some quiet time for meditation and introspection as we may find ourselves very busy. It is very important to maintain balance in all our endeavors. Venus will remain in Gemini until August of 2012. The two benevolent planets in the same sign of the zodiac can be a great aid in achieving our goals and objectives with a great deal of ease.

The theme for this issue is "Life is a Miracle". Miracles are ruled by the planets, Uranus, and Neptune. Uranus, in the sign of Aries, can allow us to use our light in a personal place. When we do we will become aware of our future potentials. Neptune gives us the imagination to allow both planets to create the miracles in our lives personally and collectively. Neptune rules the dream state. Allow your dreams to guide you. They may be doorways to the miracles we can create in our lives.

Love and Light,
Eleanor

Life is a dance...

By Anne Claire Venemans

Utrecht, Netherlands & Patagonia, Arizona

I have heard it before and I can't keep from wondering, if Life is a dance, than who is dancing it? And how? Is it a dance that requires a partner, and if so who is the partner in this dance? A friend? A lover? Or is it a dance that each dances individually? And that one brings to mind a picture of a 70's discotheque with a group of people, each individually bobbing away to the disco-beat. And as soon as that picture emerges in my mind, my whole being shrieks in protest! Life has to be more than a 'disco-beat'...

Maybe a better picture to bring to mind is an image where Life is the dance we are learning to dance. Sort of like a tango or a rumba. An expression of passion and desire, danced to the specific rhythm of the music. If that is the case, then what would the specific rhythm for the dance of life be? Would it be just one rhythm? Would its rhythm change with the seasons? Or with the ages? And are there specific steps and movements that go with this rhythm?

Somehow it seems to me that Life cannot be described by just one rhythm ~ even if the rhythm would adapt to circumstance or season ~ or even by one kind of music...

Life is as different as all the species alive on the earth today. Life is not one rhythm, or another ~ Life is all rhythms. And this can only mean that Life is not one piece of music, it is the cacophony of sound that is all music. And how can one dance to that?

So how do we learn to dance the Dance of Life?

It seems to start with our upbringing, with the things we learn ~ factually, like reading, writing, and math (or, when you are born in a different part of the world, plain survival...); but also culturally, belief systems, value systems ~ and let's not forget things like family traditions. These seem to tie in with the basic steps of the dance of Life.

But what makes the Dance of Life so different for each of us is that it gives us an opportunity to express our very unique, individual Selves. Within the same arena, each of us can hear a different drum; each of us can sense a different flow, a different melody to dance to...

When each of us dances the Dance of Life, chances are we are all making different movements, to different rhythms; and yet when we let it happen it builds into a comprehensive whole.

The dance of Life.

Everybody can dance the Dance of Life. The expression of our uniqueness, performed from a desire to partake ~ with a hint of passion...

Love & Light,
Anne Claire

Miracles Everywhere

By Renee Salvatori

Wheeling, West Virginia

So many miracles big and small, yet not enough time or resources to acknowledge them all.

The conception of a baby to its birth and beyond.

The little acorn growing into an oak strong.

The person who somehow defies an imminent death. A couple who stay married to their last breath.

The universe that stays in order without crashing.

The miracle of people finding love everlasting.

So many miracles big and small. Look around and smile as miracles are touching us all.



Life is A Miracle
By John Svirsky
Garrison, NY

Life just is. It is neither positive nor negative, good or bad. It is how we live our lives, the choices we make, and the paths we choose to follow that is indeed miraculous. I have a friend who says we are all miracles. Look at yourself in the mirror and say I AM A MIRACLE, for each of us truly is. Each of us has survived our past, and overcome our resistances and previous training to become the person that we are today. Join me and say it again, I AM A MIRACLE.

Miracle's derivation comes from the Latin miraculum, 'object of wonder' "wonderful." The more modern definition of miracle is: a surprising and welcome event that is not explicable by natural or scientific laws and is therefore considered to be the work of a divine agency.

The work of a divine agency is something beyond our human ability; that puts it so beautifully, "God is doing for me, what I can not do for myself." For so long, as in most of my life, I thought I was all alone. I started my spiritual studies way back in the 70's as a way to feel strong and powerful when I really felt so weak and ineffective. I might have started my studies for the wrong reasons, but over the years I've been glad that I had followed the spiritual path. I'm so grateful for my many teachers along the way including one remarkable Seraph, whom we lovingly know as Julian.

My having communicated with Seraphim, and been taught by Julian for so many years... that is a miracle. I was shown that we in human consciousness could raise our vibration to a level higher than this plane of thought, do the work, let go of the mental chatter and inner garbage, and then we too could be channels of thought for a higher plane.

For whatever the reasons, the Guardians of this planet have chosen to shake all of us up including Mother Nature for the past several years. I do not believe anyone has been exempt. The astrologers can explain it because of the planetary line up, the

doom and gloom people can say it is because of the Predictions of the Mayan Calendar. The same goes for the Nostradamus followers. I personally believe it is the forerunner of a period of great spiritual and inner awareness. A period of inner transformation where we will use more of our inner untapped and unexpressed selves. Some will use this newfound power for selfish gains others more noble endeavors.

Whatever the reasons one thing is very clear; each of us has been shaken to our very core. For some, like me, my profession and my career have been challenged. For others it is health issues, and for others it is the health of loved ones. I have asked myself why? Why would the Angels want so many people around the globe, including me personally to go through such discomfort? The answer I came up with is that the

Guardians are not concerned about material or physical comfort they are interested in soul growth and soul evolution. We have all heard about how this is a great time to be alive and how souls have chosen to be here now. I believe part of the reason is that this is a time of transformation and transcendence. It is the time of the inner coming of the Christ within for those who are willing to accept the

light energy and use it in their daily material existence. And for this to happen we had to be stripped of our material and physical pacifiers: those things which we have strived for to help us feel secure: money, religion, good government, good health and peace of mind, to name a few. It goes back to the first commandment: "Thou shalt have no other Gods before me."

Look at all that we have made God in our lives; they seem to be crumbling before our very eyes. And the message is don't look back. Don't focus on the past, but connect to that which is the source of all supply and manifest from this new higher consciousness..

We are the Creator, or if you prefer Co-Creator of our lives. I personally have made the decision to have God as my Pilot, not my co Pilot. I am happy to be the co Pilot and follow the will of the Higher Self. In so doing my life changed. As has been true since the beginning of time, in time of trouble men return back to religion. In my case I choose not religion, but

Don't focus on the past, but connect to that which is the source of all supply and manifest from this new higher consciousness.

Life is a Miracle - cont'd

spirit and the universal principals. I have found it very comforting to go from thinking that I was "special" because I have been involved with the esoteric studies, to accepting that I am just another Bozo on the bus (to quote a good friend of mine). None of us are special. We are all Unique, not better nor worse than the next person.

From this new awareness I'm amazed at how many other people I have shared with feel the same feelings I have felt, with similar fears, shames, humiliations, and joys. In sharing with others I let go of the façade of being 'perfect' and accept and love others as they are and me as I am. What a freeing feeling it is !

In this awareness each morning I give thanks and ask for Guidance from my Higher Self for the day that I may raise my consciousness, through meditation, to vibrate at a higher frequency. I allow the vibrations and energy to permeate my essence, to heal and charge my being for the day. I welcome the feelings of universal love. I welcome the feelings of being one with all creation. I welcome the feelings and accept my human mind as it is and help it to transform from just my consciousness to an inner understanding that we are all one. I know that by helping others along the way I am indeed helping myself. Creating from a God consciousness implies creating form love and wholeness, rather than a "what's in it for me, selfish approach."

I have learned that in raising my consciousness to these higher levels, I can't control what happens. I can't control how I am healed, as a matter of fact the need to control is transformed into acceptance that God is in Charge, and God works through each of us. Yes my personal world has been shaken. Yes I have had many personal challenges during these past few years (haven't we all?), yet rather than bemoan what was, I am so grateful to be like a little child making sand castles which the waves wash away only to build them yet again. It is my hope and conscious desire, that my new creations come form a higher place.

Sometimes I feel scared. Sometimes I feel isolated, and sometimes I feel like I messed up the opportunity called

my life. I don't know what to do next. The miracle is that I give these feelings and more to my Higher Power. Miraculously then the fear and doubts have been lifted. I allow myself to create and manifest today from a conscious loving place. The miracle is that I allow myself to feel and live from my light body, my energy body and my world has been transformed. The outer world is still doing its thing and probably always will, but my attitude toward it, and my reactions to the external stimuli are different. The miracle for me is I am changing and in so doing, my world around me changes as well.

Life

By John Paul Riley
Saratoga, California

All life, such a miracle
A journey through wonder,
As loss teaches joy

Your life, such a miracle
For we are as many,
And we are as one

My life, such a miracle
From love without limit,
Each moment, a gift

Our life, such a miracle
For we are the singer,
And we are the song

With blessings of gratitude, compassion,
and love,

-JP

Saul's Corner

The Conscious Mind (continued from December 2011
ROL Levels of the Mind - Workshop #200)

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Authors: Rev. June K. Burke and the Seraph Julian

Remember that mind is a living thing, that it deserves to be praised when it has served you well. One of the ways in which you praise it is to nourish it. Mind cannot function if it is not nourished for it houses itself in a physical temple which must be nourished to be whole.

Mind has never needed anything to expand it other than mankind themselves and their direction. From the beginning of time, mankind has determined that it would be better to use quick shortcuts to mind expansion and have had experience with various forms of drugs. These drug expansions are false euphoria that will lead you into greater depressions when you return. The reality of expansion comes from within the self. One must tune inward and bring from one's self that same euphoria. It can be done once done, it can never be taken from you. Your mind is a magnificent living thing. Feed it, love it, and above all, use it.

Loving the self is necessary before you can possibly love anyone else. If people go around loving others only for what others can give them because they themselves are feeling insecure, that love will turn into a draining situation. By trying to be responsible for the emotional needs of another, you are consumed by that person; but if you have an understanding of yourself as a whole person, have come to love yourself, you are sharing wholeness with wholeness. There is never a drain; there is a sharing.

People who are comfortable with themselves, who love themselves, are able to share themselves without feeling the need to be consumed or to consume; so it is important to love your mind and yourself. It is important to recognize the qualities of the self as unique and individual through mind concepts, to conceive of the fact that you are not supposed to be Joe and Joe is not supposed to be Ann and Ann is not supposed to be Emily. They

are supposed to be their unique and marvelous selves. That is important.

Mind is not brain. The brain is the storehouse. The brain is the cluster of nerve endings and sensory factors that are needed to signal the body when a thought pattern is needed. It is that which tells you that if you touch the stove, you will be burned. That is very important because anything that is in ether has to have a physical manifestation to function in the Earth plane.

Brain is a physical counterpart of mind. It is necessary in order for you to function on this level. Mind is an etheric force which is constantly emanating outward and back. It is concentric rings of expansion and contraction. The etheric force, the spirit of the mind, can expand to the universal planes and come back.

The rate varies by the vibration of the person and the application of the mental attitude. In other words, if your mind is really interested in what it wants to gain, it will activate the cycle of expansion and contraction. You have seen this many times in children, I am sure. That which they like, they are very good at; that which they do not like, they ignore. They alter the cycle of the rate of the mind by their interest. Again, it is the rate at which the mind is being used, or the amount of direction that the mind is being given, that will indicate what is happening. There is a point where the mind becomes osmosis, wherein it is simply out there absorbing for you, where you have sent it in a direction and are now waiting for the boomerang to come back. You are not consciously aware of it, but it is still under your direction.

Nothing in your life can alter unless you alter your thinking pattern. Your concept of anything gives it the ingredient of importance in your life. In releasing a situation, you must train yourself to realize that if you hold onto it, you tie yourself to that situation and everything it stood for, but you cannot go forward until you release it. If you hold onto a negative situation, you are attaching yourself to it as if you put a chain and lock around it and you. If you bless it and release it, you are releasing yourself from it, from any guilt, angers, and resentments attached to it.

Nothing in your life can alter unless you alter your thinking pattern.

The Conscious Mind - cont'd from page 8

Bless a situation. Bless it for what you have learned from it, for what it has helped you to comprehend. Even if it is something that seems negative, the polarity is there. If nothing else, you have learned that you do not want to repeat the process. That in itself is a positive learning experience. There is nothing that happens to you on Earth that you cannot gain from it.

Those situations that appear to be negative to you are the initiations of this life. You are in the process of initiation in your temple of this life just as initiates were in the temples of ancient Egypt and other areas in the past. The experiences are of your culture and your time, but they are just as much an initiation as if they occurred in ancient times. When you come to initiations, do not come at them head on. You will get broken horns. However, if you confront them, merge with them to understand them, and then alter them, you are going to gain from them.

Depression is permitting yourself to be blinded to the reality of a situation and being emotionally overwhelmed by it. By being emotionally attached to the situation, you are unable to see it as fact. Therefore, you find yourself bogged down in it, and it becomes a depressant to you. The only thing that can break depression is physical action. You have to get up and do something. Once you have started physical action, you can begin to reconvert your thinking patterns, but you have to have that physical action to break the cycle. Depression is a lack of thought pattern, not being able to direct your energy and emotions in a concise, constructive way because you are overwhelmed by the emotions. You have to break that by putting it aside, by no longer thinking of the situation at all. Anytime you cannot figure something out, stop thinking about it for a while.

The mind is the director in healing. The healing energy is being channeled through you. Nobody heals; they channel divine energy for healing. They who can channel are blessed -- and everybody can. It is divine energy that heals with the permission and direction of your mind. Again, you must realize that to have that

which is infinite manifest in this life, it must go through the various expansions and contractions in the process of manifestation. That is why you have a physical body. You represent solidity, and your mind is the tool that can convert the etheric force to a constructive force that will vibrate in this life energy. You are very important to God. Do not underrate or underestimate yourself.

When you talk about humble, that does not mean subservient. It means accepting. Accept what is happening in your life and work with it constructively instead of constantly thinking it should be something else. If you want something else, you will make it something else. Just be sure that what you want to make it is really you.

If you learn the law of acceptance, you will find yourself much less frustrated in life.

The only thing that can happen is what you have in your mind. You determine how circumstances are going to affect you. You can go through the most dire things in life. You can go through flood and fire and the loss of family and everything else and come out whole if you choose to, or you can be devastated by the first one. If you learn the law of acceptance, you will find yourself much less frustrated in life.

Every emotion with which you came into this Earth, you came with for a reason. If you feel guilty about something, it is telling you that something you have done has not really been right for you. The moment you recognize that and decide to do something different, you have no reason for guilt. When you feel a sense of anger, it is because you are accepting somebody's action as an attack on you. Nobody can make you angry but yourself; but in recognizing that anger, you are being made aware that something is wrong for you. The moment you recognize it, anger has done its normal job, and you are not supposed to be angry anymore. It is only when these emotions are taken beyond their proper identification factors that they become negative in your life.

There is nothing that is true or fact in life that can harm you or bring you unhappiness. It is only the emotion you attach to it that affects you. Take time to detach. If you meditate on a daily basis, you will find it much easier to detach emotionally. Detaching emotionally does

The Conscious Mind - cont'd from page 9

not mean being insensitive. It has nothing to do with that at all. It means detaching from your emotional position or the ability to be consumed by an emotional aspect of self. It does not mean you are insensitive to others or to yourself.

MENTAL EXERCISE

I want you to think of your mind as an etheric being, as light, as a globe; and we shall send that globe out into the universal consciousness to gather information.

Remember that your mind is a vehicle, but you control the vehicle. When you tell your mind to go forth and bring back harvest to you, it will.

Ask yourself to simply recognize mind as a small globe of light in front of your third eye. It is pure, it is infinite intelligence, and it is yours.

Tell this globe of light to drift upward into the night and to recognize the pattern of the stars as it moves upward through your universe, through the astral planes to the higher levels. Let this globe of light, which is your mind, your vehicle of thought, enter the universal consciousness and know that it will bring you clarity in the area you are asking for it. Let yourself be told what you need to know.

Now bring it back and let it enter the conscious mind and the subconscious mind and register there that which was needed, that which makes the concept of life more beautiful for you.

Take a deep breath and return to this time and space.

(to be continued in next Ring Of Light)



Life Is A Miracle

By Alberta Leone

Croton on Hudson, New York

Can you imagine a day in total silence, devoid of any sensory experience - no smells or tastes, no warmth or cold, no movement, and no one to speak or listen to? From the very moment we awaken we are barraged with the sound of alarm clocks, music, cars and trucks moving on the road near our homes, a telephone ringing, or the smell of fresh coffee and toast warming in the oven.

It would be impossible to truly exist in a vacuum, alone and without acknowledging both our own existence and that of the rest of the universe. And yet, how often do we allow others to enter our world, to be part of our lives, to participate in the joy of life? Life is not a given, but rather is a gift; one that we can take joy in and share with others. We get so caught up in worrying about money, work, vacations, who said what about whom and all of the other things that govern our day-to-day existence that we often fail to enjoy this miraculous gift of life.

A simple conversation with a friend or loved one engages us in an exchange of truths, dreams, shared feelings, and allows us to go gently forward. There are so many sensory experiences that are part of life, some of them very sad and some so very happy but each evoking something in us that gives us strength enabling us to move forward within the universe. We find peace in sharing our life but we also find peace in the silences. All of the feelings, thoughts, and experiences that define us come from being able to live a full life that we can choose to share or not. We have free will, at least within the confines of the existence we have defined for ourselves - it is our choice how and when we exercise it.

To say that life is a miracle almost makes it sound like life is easy. It is not, but rather it is more like a miraculous struggle that we undertake every moment of every day we are here. What happens to us is what we allow and take ownership of for the most part; we become the masters of our own destiny. The way we deal with people and how they treat us and themselves, the words we speak and how we communicate, the places we choose to go, what we eat, and the habits we have cultivated for good or bad all contribute to the life we live. The fact that we have the right to make those choices is the miracle.

Life Is A Miracle
By Blanche Duffy
Saugerties, New York

A friend sent me a quote by Martin Luther King, Jr. that really struck me. It was “In the End, we will remember not the words of our enemies, but the silence of our friends.”

This caused me to do a great deal of reflection. I knew it tied into the subject of the current Ring of Light edition – but how? Slowly, tentatively the ideas began to unravel. All Life is a miracle! When the Creator breathed life into each soul at the beginning of the human sojourn - THAT was a miracle! When souls began to incarnate into human bodies – THAT was a miracle! When souls in human bodies began to populate the Earth and form colonies, plant and befriend the animals – THAT was a miracle! There have been so many miracles down through the ages!

But, what about you and me? Yes, granted our very existence is a miracle, but are we continuing the chain of creating more miracles begun so long ago? What have we done to create more miracles? What legacy are we going to leave behind us to insure that the world is a better place because we were here?

Ah, that is the crux! How do we continue the chain of miracles even after we make transition? Yes, we can establish a foundation to aid people in distress - IF we have the financial means to do that. We can win championships and become role models for others. That requires capabilities many of us do not possess. We can become teachers, scientists, even leaders of groups or principles.

There is also something many people do not consider as a miracle! Becoming the very best friend to those we know that is possible to become. Have you ever needed someone to talk with and a friend called and suggested getting together to “gab”? Have you ever felt that the entire world was against you and a friend knocked on the door bringing coffee and cookies and a big smile? Have you ever so believed in the rightness of something that you were willing to back it

regardless of what the public thought or said? And how did you feel when friends and even strangers said “We’re with you in this”?

Over the years I’ve come to believe that friends are the greatest miracles we will ever encounter in life. But true friends are not the “yes” people who agree with every word you say or deed you perform. Only your four legged friend truly believes that every word you say is gospel. Human friends will tell you when they think you are making a mistake without tearing away your self-esteem. True friends will support you when you are down and out even when they can do nothing to change the situation. True friends will not remain silent when they see that you are being wronged. True friends will not hide in the closet pretending they do not know you when the tide of public opinion turns against you. They will get out there and walk hand-in-hand with you as you fight for what is right and just. And since friendship is a two-way street you are willing to do the same for your friends!

Friendship is one of the greatest miracles any of us will ever encounter in this lifetime – both being a friend to others and receiving friendship from others. Sometimes friendship requires some hands-on training. Sometimes we need to open ourselves to the point where we become vulnerable in order to learn what true friendship really is. Whatever work is necessary to teach us the meaning of friendship – both the giving of friendship and the receiving of friendship – that work is infinitely worthwhile and will reward us in ways too numerous to count. Learning to be open to receiving friendship was a huge challenge for me because I was taught from childhood that it was my role to constantly give. But, you know something? Both sides of friendship “really rock”! (I think that’s what the younger people would say! ;-))

I’ve been known to traipse through an old cemetery reading the epitaphs on gravestones and one of the nicest I’ve ever read was “Here lies a true friend”! May each of you be blessed with at least one true friend!

Namaste!
Blanche

Wild Stallion Miracles

By Renee Salvatori
Wheeling, West Virginia

Picture this wild stallion roaming the plains. Not a care in the world really except where it will graze and where it shall shelter its head for the night. It is on its own. It is its own boss. It comes and goes as it pleases, this stallion impervious to restrictions. He's not been broken in by life or humans.

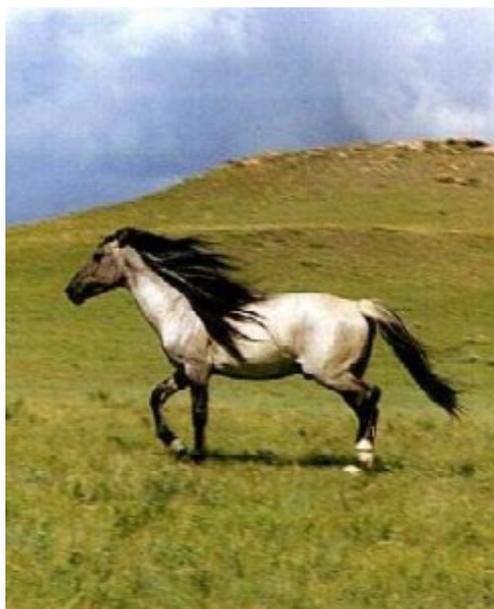
Sometimes we humans are a lot like a wild stallion not wanting to be broken in. But, we are humans and we are all meant to be broken in a little-bit or a lot-a-bit. It may not be a huge break-in lesson all at once and it could take years. It's a little break-in training here and a little break-in training there.

We slowly realize in life we don't always have the upper hand. We don't always have the force to make others do what we want. We don't always have control. We saw this when we dutifully hauled ourselves out of bed to go to school which we didn't want to as a youth. We got broken-in when we couldn't convince or argue with our parents to let us stay out even longer as a teenager. We are broken in even further in the work place as we don't get to set our hours, vacation time or we get passed by for a promotion. Again, even further, as we marry and the honeymoon wears off and we aren't the sole proprietors of our domain. Conflicts build as life and marriage merge. The wild stallion being tamed. Then again later as the children start to be born. You can't keep them from getting sick. You can't force them to eat what they don't want. The Reins keep getting pulled on both you, this half broke stallion, and the little foals you are corralling.

Life reins you in over and over in so many ways and events. Wear and tear on your body reins you in too, but underneath you still hold qualities of being a stallion, a pure bred stallion. Living life with gusto and riding the plains still high on the fumes of fresh air. Maybe some freedoms taken away but holding grandeur just the same.

That to me is a miracle. When we can still be who we are meant to be. When training has not made you bitter but better. When you look back over the plains of life and are still glad you are here. The training of a pure bred wild stallion who no longer bucks and spits. The training of life that we stop bucking life at every turn and learn to turn smoothly with every tug of the rein. We still hold up our heads without any feelings of defeat.

When we can live in this earthly corral in all its totality with other stallions just like ourselves and not hoof or chew each other apart than that my friends is a true miracle.



COMMUNITY BOOK ANNOUNCEMENT

Dr. Connie Numbers has been a member of the Julian Community for many, many years. She has been a psychotherapist and spiritual teacher for 25 years. This book is dedicated to June Burke and to Dr. Numbers' grandmother. It incorporates 30 years of spiritual mentoring with June and Julian and 30 years of analysis, diving to the depths of who she is.

Her first book is entitled: The Dear One Letters: A Soul's Journey on the Path of Being Human and Divine.

The book is a series of 43 letters written from her soul to her human personality. Her inner psychological journey reveals a deeper level of consciousness which she recognizes as the wisdom of her soul. This self help book is about growing as a human and evolving as a soul. She has prepared a blue print for each of us to follow. The letters help towards diminishing fear, loving the self and connecting with the magnificent light of your soul.

Please contact Connie Numbers if you are interested in this inspiring book.

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I've Learned By Andy Rooney

Submitted by Stan Perry

Oceanside CA

I've learned...That simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.

I've learned...That a smile is an inexpensive way to improve your looks.

I've learned...That it's those small daily happenings that make life so spectacular.

I've learned...That everyone you meet deserves to be greeted with a smile.

I've learned...That no one is perfect until you fall in love with them.

I've learned...That opportunities are never lost, someone will take the ones you miss.

I've learned...That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.

Contact Us.....

The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.

Address Changes Notify:

Sam Holland AND Anne Claire Vennemans

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It should be noted that all Julian quotes and writings appearing in this newsletter are copyright June K. Burke.

Next Issue Theme: "Leave a Trail of Joy"

Deadline for Submissions: May 15th, 2012.

Newsletter Submissions—How to !

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

Dan & Nancy Walton
306 Seaview Drive
Benicia, CA 94510

We thank each and everyone of you for your financial support that allows us to bring the Ring of Light to you.

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ROL via E-MAIL!

What a novel idea!

If you prefer an electronic version please contact us via our

warrendaniel34@yahoo.com

A Newsletter of the Julian Community
c/o Dan & Nancy Walton
306 Seaview Drive
Benicia, CA 94510

The 15th Gathering of Light

October 5 – 7, 2012

Muskegon, Michigan



Building Bridges of Light

The Seraph Julian often described The Age of Aquarius as The Age of Building Bridges. Julian asked that we build bridges between people, between ideas and opinions, between polarities, between the old and the new. We are the bridgers between the Age of Pisces and the Age of Aquarius. Join us at the 15th Gathering of Light as we continue to build Bridges of Light forging ahead into this wondrous new world.

The Gathering will be held at the beautiful Shoreline Inn <http://shorelineinn.com/> located on Muskegon Lake in Muskegon, Michigan. Our program includes speakers well trained in the Julian Teachings with topics diverse and engaging including The Tarot, Julian Healing Techniques, Manifestation and The Astrology of 2013.

The price is \$221. p.p. double occupancy or \$320. for a single room. The price includes meetings, room & all meals starting with dinner Friday and ending with lunch Sunday. We encourage all participants to plan overnight stays at the hotel. If you are unable to do so, we are offering The Gathering without hotel accommodations at the cost of \$125 p.p. to include meetings, room & all meals starting with dinner Friday and ending with lunch Sunday.

We have a special evening planned Saturday to include dinner, a bonfire and entertainment. You are welcome to invite your significant other for an additional cost of \$25.

Contact Camille Albrecht at camille@camillealbrecht.com for more information.

**15th Annual Julian Gathering Registration Form
Shoreline Inn
Muskegon, Michigan**

October 5 -7, 2012

Name: _____

Address: _____

Phone: _____

Email: _____

Type of accommodation:

Double Occupancy, cost \$221 per person

Single Occupancy, cost \$320 per person

Preferred roommate: _____

The Gathering Only (no hotel), cost \$125 per person

Additional Guest Saturday Night, cost \$25 per person

For special dietary needs, please contact Elaine Harsch at elaineharsch@yahoo.com

Deposit: The minimal deposit to hold your space is \$100.

The remaining balance is due no later than July 1, 2012.

Please mail this completed form along with your payment by check made payable to Elaine Harsch
at 633 Holton-Whitehall Rd., Whitehall, MI 49461

Questions?

Please contact Elaine Harsch at elaineharsch@yahoo.com
or Camille Albrecht at camille@camillealbrecht.com