

# Ring of Light

A Newsletter for the Members of the Julian Community

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## Editors' Thoughts...

FREEDOM is the title of this issue. To us it means both independence and responsibility. Julian, in his articles, provides us with a blueprint to bring balance through self governance and accountability. Each of our wonderful authors enhance the ROL with their unique perspective on Freedom.

We thank our military men and women who are sacrificing their lives to protect us and to bring freedom to far away lands.

### Inside this Issue:

Julian's Words of Wisdom	Page 1
Astrology	Page 2
Carmen	Page 3
Book Review	Page 3
Saul's Corner	Page 4, 5, 7
What is Freedom Anyway	Page 6, 7
Contact Us	Page 8
Summer Solstice Message from Aca's	Insert
13th Gathering	Insert

## JULIAN'S WORDS OF WISDOM

On every level of my being, I comfortably accept what is happening, knowing that the future is safe and secure.

Any situation is mine to control in a healthy, satisfactory way.

Wholeness is to take any moment and handle it gracefully.

When you say 'let go and let God' what you are saying is 'Let me be open to all that can be', not my ego-personality's idea of what can be.

It's time to not be afraid of the future, but to open yourself to it and to enjoy the rewards of it because there are wonderful rewards out there.

Evolution is escalation of the self. Even a person happy with themselves needs to grow and move.

Polarity rules. So every once in awhile, take a day and crawl, don't run.

You are an instrument of peace and wholeness. Accept your power and pledge to use it well. Recognize your own light and your own divinity. Recognize daily the power within.

You were created in love and from love. The breath of life was delivered with love and you bear that love. Share it.

One smile, one touch, begins the healing of the world. Be that smile, be that touch, for this is your world. Hold yourself in great respect. Treat yourself kindly. Know you are divine and cherish that. Feel the power and the peace within you. You have all that you need to go forth and heal.

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Authors: Rev. June K. Burke and the Seraph Julian

# Astrology

Feature Column by Eleanor Johnson  
La Grangeville, NY



The theme for this issue of Astrology is Freedom. How appropriate! The planet Uranus which rules this Age of Aquarius goes into the sign of Aries May 29, 2010 until August 14,

2010 then back into the sign of Pisces until March 12, 2011. It then finishes its cycle in Aries until March of 2019.

To further address the theme of Freedom, Aries is the sign of "New Beginnings". The planet Uranus represents the new, unusual, the different. It can break up subconscious resistance so that we may experience greater freedom within ourselves.

This may be done by facing our fear based thoughts, anxieties, distress and worry. This is a year of exposing the elements of our nature that we have been reluctant to deal with in this lifetime. It is also shedding light on what we have brought back from the past to redeem at this point in time.

Emotions are extremely powerful and can be used to work through the physical body which is the end terminal for all our ills whether positive or negative. We have the choice at this point in time to use the power of our emotions and feelings to bring about freedom. True freedom lies within all of us.

This is a powerful time in our universe. So trusting and knowing that we have all we need inside us is a good place to start. When we are quiet and pay attention to our inner messages, we will eventually

connect to our higher selves.

The sign Aries rules the head in the physical body. Uranus rules the circulation. Let your ideas and thoughts circulate in order to bring about new vibrations so we may express our true selves to know our power.

As we go into June and July, we should not have a problem exposing areas of thoughts we need to work with. Mars will be in the sign of Virgo. Mars in Virgo is very analytical. It can see the flaws in any thoughts that need change and improvement. Mars can be fussy and highly critical. In your analysis be gentle with yourself. When you accomplish your objectives, pat yourself on the back.

July 11, 2010 there will be a solar eclipse in the sign of Cancer at 19 degrees. This is a very powerful time to review our goals and objectives!

Jupiter moves into Aries June 6th until September 2010. For a little preview Jupiter and Uranus will both be in Aries. Be ready for change! Both of these planets are future oriented. A shift in consciousness can occur in a worldly sense as well as individually.

The sign Aries represents courage. It gives the strength to overcome any obstacles to all that is new and yet to be.

August and September have Mercury in Virgo in its dignity as it is in the sign of its rulership. It will give us great practical reasoning ability.

Mercury will retrograde August 20th until September 12th. Enjoy all your wonderful insights as Mercury makes a trine to the planet Pluto for most of September.

This will give us the ability to transcend certain set ways of thinking by viewing many levels of perception. This will enable us to create the ability to experience higher levels of consciousness.

Bring forth your inner light and allow it to shine

Love, and Light  
Eleanor

**Carmen** ~ by Anne Clair Venemans, Utrecht, Netherlands

We met Carmen about 13, 14 years ago as a new Transition Energy group started in Amstelveen. After a while the group moved to Utrecht ~ and Carmen moved along; traveling to Utrecht for every meeting.

Through the years we have come to know Carmen as a friend, a wise woman, and a mystic who experienced life in her own unique way. Whether it was a meditation, a situation, or the world around her ~ she looked at it from the inside out. And when she was asked to share, she would laugh and say; well for me... And then she would succinctly tell us how she experienced the meditation. This manner of looking at things was embedded in her very core. It held true in the spiritual world as much as in the physical world ~ and especially where children were concerned.

It is the way in which Carmen worked with her potential as Julian had drawn it in her Energy Seal that she held so dear....

Through the years Carmen's awareness changed to the point where it became her state of being. It meant she was aware and present at the right place at the right time.

It is hard to think, Carmen, that this world is no longer the right time or the right place... But as Julian used to say: "Passing over is being born into my world."

You are now at the start of a new journey, a new adventure. But you are leaving an empty space in our groups as well as in the Julian Community.

Godspeed Carmen, we will miss you!

**Book Review** ~ by Blanche Duffy, Saugerties, NY

I love to read but it is often difficult to find a book that is memorable enough to tell others about it. However, I did find one that I would like to share. It is [The Physick Book of Deliverance Dane](#) by Katherine Howe, published by Hyperion, ISBN 978-1-4013-4090-2.

Although it is listed as a work of fiction it is obvious that the author has done a tremendous amount of research that has been incorporated into the book. It is told from the viewpoint of a person researching the Salem witch trials during which a relative living in that period was falsely accused of the "crime" of witchcraft.

The author is very clever in the way she handles the switching back and forth from present day to the trials of Salem. This is an art since some other books I've read which attempted to do something similar (with different story lines) at times left me confused and wondering in what century I was.

As much as I would like to tell you more about the story I shall refrain rather than give away the plot. But I do highly recommend [The Physick Book of Deliverance Dane](#) as enjoyable reading for yourself or to give as a gift to someone who appreciates both history and healers who use plants and herbs with a tiny bit of magic thrown in for good measure.

Namaste! Blanche Duffy

## Saul's Corner

### The Conscious Mind (cont'd from March 2010 ROL)

Levels of the Mind - Workshop #200

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Authors: Rev. June K. Burke and the Seraph Julian

Meditation is the key to all awareness. In the meditative process, the conscious mind rests and the superconscious and the subconscious factors of the mind go into expansion and retraction -- goes out to the universe, gathers the information, brings it back, and then impregnates it in the subconscious, which is the storehouse aspect. From there, it can be brought up again and again. You might say that the conscious mind is the vacuum. It gathers it all in -- the good, bad and indifferent. The subconscious is the vacuum bag; it has it all in there. With the help of the superconscious aspect of itself, the mind has to sort it all out, know where it is going to go with it, and whether it is going to let it become a living part of itself. Sometimes you will hear people make a statement and then say, "Erase that!"

Sounds funny, but it is very real. You must convert negative thought into positive thought in order to garner positive thought to yourself. What you send out comes back..

When, your work with the levels of the mind, you are working with the whole being...

When you say "I AM," you are saying it all. I AM. I AM a divine being. As you accept a concept of yourself in your mind, that is the concept that is going to materialize for you in the world, that concept is going to become real.

You can let the mind go out and bring back what you need. Remember that when the mind is going out, it is also going in. When you are meditating and turning inward, you are sending yourself outward. If you were to take a rock and drop it in a pool, you would send concentric rings out to the edge of the pool. When it touches the edge of the pool, it affects the pool. Having gathered what the pool did to it, it brings those concentric circles right back again to the vortex of the movement (to where it had its beginning). This is exactly what happens with your mind. When you sit down and let the mind go, it takes what you are sending out, gathers to it that which it has to know about it, turns on itself, and

comes back in. (I use the pool as something you can visualize since you have seen pools.) Thought goes out to the universe, which is far beyond, but it has to come back to you because it is your thought. The Law of Cause and Effect -- that which you think affects you. The action which you take has reaction to you, that which you think affects you and shapes your destiny. So do not think illness, you will bring new varieties back to you.

You learn to work with the mind to bring the force of spirit through the pineal and pituitary glands, through that which you call chakras and, in so doing, expand. The more you use it, the more it works for you. It is like anything else, the more you do it, the better you are at it. In working with the pituitary and the pineal, you are simply working with expansion. Every time you permit yourself to forget the physical body and the conscious mind and permit yourself to go inward and outward, you are using those glands and affecting your body.

If a person has meditated -- even for fifteen or twenty minutes -- he says he feels good, feels rested, or feels high, according to the terminology being used. It all says the same thing. I have gone forth and learned something that has helped me internally and so the expansion is there. It does not matter what you are

involved in, you can have assistance from the universal consciousness on that level. You can have assistance with anything you are doing. There is not an artist in existence who is not helped by tuning to the universe within; there is not a businessman in existence who has not been helped; there is not a doctor of medicine who has not been helped by tuning inward.

When you work with the levels of the mind (I use that terminology because you are familiar with it), you are working with the whole being, because the mind is all. Anything that you can conceive, you can be, or bring into manifestation. - Small fine print: provided you are ready to put the effort of the physical into it. That is the difference between fantasy and creative thought. To fantasize is to dream great dreams and sit and wait for them to happen. Creative thought says, I dream, I set logical steps to it, and

I make it real. The moment you apply the physical act to that thought, you bring the rushing in of universal consciousness, for you have proven the desire to have it as you have thought it.

I have spoken of the things that happen in creative thought and have used the analogy of the thought being the conception, the spoken word the birth, and the physical action the rearing of the child. The thought is the beginning. The thought is the creator of the universe. The spoken word solidifies it for yourself and others. Because the thought has been spoken and others have a conception of it, it becomes a visible thing. The moment you start working with it, you have created all the energy that makes it manifest, for movement is necessary for manifestation.

... intelligence is the ability to cope with your environment - nothing more.

Here, again, are the chakras. Anything you are going to manifest will deal with the four elements of yourself. It will deal with the body elements, so it is just as important to know that physical part of you, the quadrant of the elements of yourself, as it is to know the trine of the etheric self, for one has to rest on the firm foundation of the other. The quadrant elements are Air, Earth, Fire and Water, and they represent what you rest on. Your root chakra is your earth chakra, the solidity of yourself; the sacral chakra is the water or fluid aspect of self; the solar plexus is the fire element (remember that the fire element is not flame, but is cosmic energy); and the air is the heart, the movement, the ability to reach out and touch another. You then move to the etheric trine, your throat chakra, your brow chakra and your crown chakra, all of which are ether, but in varying levels of vibration. It is to be recognized that if anything in the etheric (and that includes thought), is going to manifest in the earth, it has to come through space, which is the throat chakra. It has to have movement; it has to have expansion, contraction, and solidification; and those are the chakra elements of yourself and the universe. Anything that is going to manifest must go through those phases. That is why the thought, the word, and the action are necessary.

We (you and I) are universal beings. I am Seraphim; I am angelic force. Angelic forces do not separate themselves

from man; man separates himself from angelic forces. Man puts them on little pedestals and says they are unattainable. If the mind conceives a thing as unattainable, it is it is unattainable. If the mind conceives that angelic forces are children of God and so am I, and there is no reason why we cannot be friends, they become friends. Again, the limitation that your own mind has put upon it makes the difference. The limitation of your mind creates your boundaries. In many countries this has been a very strong handicap to many people. They have been taught that there are classes, which create barriers between themselves and certain achievements in life. They grow up accepting that, and the barriers are there because it is what they know and understand.

Your environment affects you, just as you affect the environment. The environment of any place is the collective energy of the thoughts and actions put into it. If people accept that environment as the boundaries of their universe, that is where they will stay. If people accept that there is achievement beyond that and it is their right to achieve beyond that, they will move in that direction and, in so doing, will begin to impregnate the environment with the thought that there is freedom from those limitations. Remember, intelligence is the ability to cope with your environment -- nothing more. You hear people talk who get so intellectual that they lose everybody. All they have done is let their thoughts take them away from people. If they would allow their thoughts to be a bridge, they could help others come to that same intellect. In reality, it is the difference between a good teacher and a bad teacher.

If anyone thinks he has learned it all, he has lost equilibrium. The moment the superiority complex comes to the fore, the downfall also occurs. You can never have it all, for there is always more to learn and always more growth to come. He who sits back and says, "I have nineteen degrees; I've got it all," has missed the boat; he is in pre-school. The greatest teacher in the world is the world.

You live and emulate what you are, and by osmosis alone, the environment begins to change. Let one person who is down come into a room of people who are

## WHAT IS FREEDOM ANYWAY???

By Blanche Duffy

Saugerties, New York

So...there are Freedom songs, Freedom poems, Freedom marches, Freedom of speech, Freedom of religion, Freedom, Freedom, Freedom...but, what is Freedom? We use the word so often, so glibly, but do we really stop and think about what IS Freedom?

The latest addition to the family, Cassie, the Rottwieler, reminded me about something Julian had told us many times and I had not thought about for quite a while. When she woke up and wanted to go outside for reasons doggies and their people are very familiar with she had a hard time standing up and walking. She's been diagnosed with arthritis of the spine and back legs and there are times when she has a difficult time navigating the route to the backyard. When she got back inside I gave her an MSM capsule (wrapped in liverwurst, of course) that she barely chewed and looked for more. But she and The Bud are both familiar with the palms up sign of "no more" and both went back to bed - happily for me because it was only 6:10 am. When they woke me again at 7:30 am to go out this time the "we want breakfast" picket signs were up. But the MSM had taken effect and she trotted to the door like a pup. Dogs have that incredible ability of living in the present. There was no "Oops, I better be careful because I had pain earlier!" Instead it was "Hey, I feel great, where's breakfast, I'm starving!"

Watching this scenario reminded me of things Julian said to us so often and I felt at that moment that the definition of Freedom is closer to Freedom is more a state of mind than a physical condition! It is not so much the situation I am in but how I handle that situation while I am in it!

So many times Julian said to us "Be careful what you think! Your thoughts have great power!"

How many times have we been afraid to do something because something might happen? How many times have we heard someone talk about wanting to take a vacation,

or study a for new career, or move to a different location and then spew off a litany of things that might go wrong that keeps them from doing it? All too often we create our own prisons! We can live in a free country, have legal right to all of the freedoms, yet still not be free because of our own thinking and fears that have made us into victims.

On the other hand we could be living in some place where we had little or no freedom on a physical basis, where our every move and word is monitored and punishment is imposed for any infractions. Yet, depending on how we handle our situation we could not only survive but also prosper.

Have you ever met someone who would not take a luxury cruise because in a life in the 1700's a ship he/she was sailing on was attacked by pirates and everyone was sold into slavery and it just might happen again and this time everyone would be held for ransom? Far fetched? What about the person who hates the color yellow because back in 2nd grade a kid wearing a yellow jacket tripped him and stole the lunch money? Far fetched? Or the person who gorges on cucumber salad because as a kid mama gave a bigger portion of cucumber salad to his brother and now he cannot get enough of cucumber salad? Far fetched?

Freedom is ...  
a state of mind

Think about it! The incidents may be different but we have all met people who hold themselves prisoner because they just cannot let go of something that happened or could have happened long ago and just might happen now. We create our own prisons made of fears instead of bricks and iron fences. We allow ourselves to become the victims rather than acknowledging the fear (whether founded or unfounded) and working through it.

Sometimes the incident causing the problem happened so long ago that we have little or no memory of it but the fear has remained. An incident in my life that occurred when I was about four years old held me prisoner and therefore victim for many years. I was dancing to the music on the radio (no TV in those days! ;-) when my father came into the room and was horrified to see me wiggling my backside.

Dancing was thoroughly frowned upon in my family and he flew into a rage telling me that if he ever caught me dancing again he would cut off both of my legs! Time passed, I forgot the incident on a conscious level but I remembered it well on a subconscious level. If I tried to dance I was a total klutz! If I was somewhere where dancing was taking place I sat out every dance. Even had trouble doing Square Dancing in high school gym. I was in my late forties or early fifties when I finally looked at my aversion to dancing and remembered the words that had held me prisoner/victim for so many years. Of course, Madonna need have no worries about my dancing abilities at this stage but I could probably manage a not-too-difficult waltz!

On the flip side of the coin our quest for Freedom can make victims of others. With every right comes a responsibility to respect the rights of others. I have the right to Freedom but I do not have the right to deny others their Freedoms through my actions or words. If my idea of rights and freedom impinges on the rights of others then it may be time to re-examine my definition of rights and freedom! The school bully who says he has the right to the desserts in the lunch boxes of the other kids needs to learn a new definition of rights. Unfortunately, some school bullies grow up to be adult bullies and therein incubates many of the problems we face in this world today. Adults who have never outgrown the need to steal the desserts of the other kids can be a major menace to the freedoms of others.

So...as we learn to recognize and pursue our own rights and freedom we must also learn to respect the rights and freedom of others. This is when another tool really comes in handy. That tool is sometimes called negotiation, at other times compromise!

Happy Questing!  
Namaste!

Blanche

### **The Conscious Mind** (cont'd from page 5)

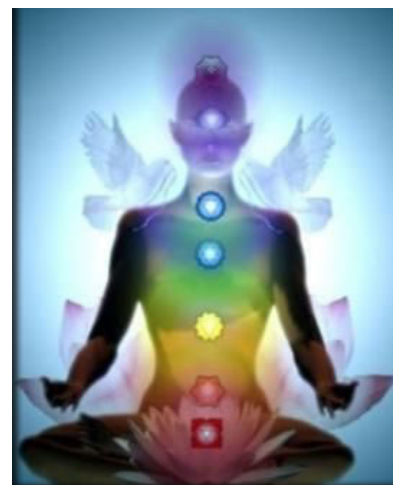
perfectly content and what happens? Soon everyone is down. By the same token, if one person who is up comes in and begins to act cheerfully and help the others understand that it does not have to be that way, they go up. By living what they are, they have changed the environment, and it is all thought -- by what they think.

There is a difference between reciting and believing. You can read 542 books and recite them all word for word, but unless you believe it within, unless your mind has accepted it as your own, it is not going to go out from you. What is going out from you is the recital of 542 books, but not as a living, breathing part of you. That is the difference. If you are going to be Light, be Light. Build it, be it, let it emanate from you and express it.

Levels of the Mind - Workshop #200

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Authors: Rev. June K. Burke and the Seraph Julian



# Contact Us.....

The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.

*Address Changes Notify:*

Sam Holland AND Anne Claire Vennemans

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**Next Issue Theme:** Gratitude

**Deadline for Submissions:** August 27, 2010.

**Dan & Nancy Walton - Ring of Light Editorial Team**

This is your newsletter, please share your talents with all of us.

**Newsletter Submissions—How to !**

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

Dan & Nancy Walton

**We thank each and everyone of you for your financial support that allows us to bring the Ring of Light to you.**

**2010 Contributors**

- |                 |                |                    |
|-----------------|----------------|--------------------|
| Elsie Cirimele  | Lynne McLewin  | Iris Soto          |
| Sondra Creary   | Connie Numbers | Saul Srour         |
| Vera Hilsenrath | Rhonda Pardi   | Ann Hardin Strauss |
| Audrey Johnson  | Stella Russell | Inge Venemans      |
| Mimi Kunz       | Rosalie Shiock |                    |

A Newsletter of the Julian Community

c/o Dan & Nancy Walton

306 Seaview Drive

Benicia, CA 94510



**ROL via E-MAIL!**

**What a novel idea!**

If you prefer an electronic version please contact us via our **\*\* New E-MAIL \*\***

[warrendaniel34@yahoo.com](mailto:warrendaniel34@yahoo.com)

Ring of Light





**2010 Summer Solstice Message from Aca'u**

Channeled through Camille Albrecht on May 22, 2010

<http://camillealbrecht.com/> Whitehall, Michigan

Greetings. It is I, Aca'u who speaks to you now.

Tempers flare as the oil leak continues and environmental catastrophe unfolds. So how will you handle it? Damn them? Curse those responsible? Or send Light & Love to your Mother, Earth. You cannot do both. It is from a loving heart that healing occurs. For love is the only healing energy there is. Love heals. The results will progress more smoothly if you send love daily.

The company must take full responsibility for what it has created. That is the Law of Cause and Effect. They seek solutions. Bless them. It is far more effective than damnation. This catastrophe has caused each person to consider the true price of oil. It pushes the search for alternate fuel sources. Nature takes a toll. It has the power to heal with your assistance. You are each so very powerful if you would but recognize it.

Remember to take control of your thoughts! They are manifesting more quickly than ever. Pay attention to what you are thinking and saying throughout your day, for that is how your future is created .

Be and let be without the judgment factor.

In your personal lives many continue to find challenges arise. Is this not the fodder for soul growth? With each challenge you face, you gain strength, awareness, wisdom. Look at who you were 12 months ago and who you are today. Growth, progress, evolution. Take note of it. You are not the same person you were then because the universal vibration has increased many fold in the past year, spurring on accelerated growth within each one of you.

For many, this has not been easy. You have been asked to review your core beliefs. Also, you are asked to examine, What are my true priorities? What are my core values? How do I want to spend my time? How can I

express who I really am? You are realizing how precious life is and how precious you are. For many, it has been a time of reconnecting with loved ones on a different foundation. One with eyes wide open as to the strengths and weaknesses in the relationship.

Unexpected change is occurring quickly on many fronts. Flexibility is key. For in these times of accelerated evolution, life can quickly change to put you with people, jobs, and into situations where you are most able to grow. And not only for your growth but where you are most able to assist others. You are in a giving and receiving space. Those you need, you will attract to you and those who need you will be drawn to you. Some of these relationships will assist through positive interaction while others create opportunities for growth through very challenging interactions.

Know this, relationships are the focal point of the Summer Solstice period. You will find yourself drawn to examine your relationships in several different areas:

1. Your relationship with nature: There will be a pull deep within to connect with nature, to feel it's beauty and healing quality, and to examine how you relate to it. Have you appreciated it? How do you acknowledge it? Do you connect with nature? It is good to do so on a daily basis. Take a walk outside, breathe in the sweetness of fresh air, touch the petals of the fragile yet intoxicating flower, admire the strength and flexibility of the grasses, the industriousness of the ants, the pollination by the bees who provide much of your food, the gracefulness of the bird in flight. These everyday occurrences are wondrous miracles in their reflection of the Divine. Strengthening the bond between humanity and nature is crucial to this stage in your evolutionary process. Foster it.

2. Your relationship with others: We have spoken of this throughout the past year. This is a time to review relationships. You will find yourself able to love others more deeply than ever before as your capacity to love heightens. This is a love that is unconditional, a giving with no strings attached. It is in accepting the other for who they are today, lumps and bumps and all that I

speak of here. In that acceptance is the love. In the love is the healing. As you love, you deliver healing and are yourself healed. Thus, your world is healed.

Your heart expands to encompass the capacity for expressing Divine Love, a love far beyond emotional feeling. Through this increased capacity to love, many of your relationships will deepen and grow as never before.

As in all things, polarity rules and therefore, you may choose to end some relationships that no longer resonate with you. These volatile times can bring out qualities in people you may not have seen before. You see others in a new light as the veil lifts. And you may discover that some relationships have outlived their time in your life and will be shed. This is as it should be. As I have said many times before, it is best in the attitude of "Thank you for all that was. I wish you well". Be and let be without the judgment factor.

Please continue to foster independence in yourself and in your loved ones. This is a time for people to stand on their own two feet, take responsibility for their lives and for their decisions. This doesn't mean you don't help others in need but it does mean you don't allow over-dependence. Take a close look my friends, at who is dependent on you and to what degree. If it is out of balance, correct it. In this space, can you both grow.

3. Your relationship with the inner plane: My world of the more subtle forces and yours of the physical are closer now than ever before. Your ability to communicate and connect with the inner plane has vastly increased in recent years. You are able to communicate with angelic force, guides and master teachers as the veil between your world and mine continues to lift. It is a matter of stilling the mind and going within. "Ask and you shall receive", "Knock and the door shall be opened" are very true statements. If you will but ask, Divine Assistance will be there. Trust. Some may hear the answer to their need, some may feel it, some simply know from a deep inner level how to handle a challenging situation. You are never without Divine support.

Those you love who have crossed over are never really separated from you. The bond of love spans beyond time and space. Our worlds are one, separated only by your thoughts that they are. Your loved ones are with you even now, for life is everlasting. Reach within and touch that space. It is always there for you.

4. Your relationship with your Reality Self: This is by far the primary relationship to foster, your connection with your Divine Reality Self, your High Self with. This is Who you Really Are. You are a Divine Being living a physical existence. You are immortal. You are wise. You have all the answers you need, the guidance and support within. Allow that Self to guide you daily. Let that small Light within the very center of your being grow until it fills you and pushes out through every cell of your being, enlightening you. It will feed you throughout your day. Just as food fuels your body, let your inner Self fuel your mind and heart. For you are moving towards living in the Light Body more and more. Go within, connect and know that this Reality Self can see you through absolutely anything you experience.

You have chosen to live in a changing world with all the challenges and joys it holds. You are the bridge between the old and the new, as one world passes and a new world dawns. Harbingers of change, rejoice in the honor it is to be on Earth at one of its most exciting and dynamic times. You are never given more than you can handle. Reach deeply within yourself to the core of strength, wisdom and resiliency that is there. You'll know what to do and how best to do it.

Trust that the future is one of peace, happiness and fulfillment.

I bid you great peace, great joy. And please do love yourself, for you are so worth loving!

We are here for you always,  
Aca'u



Practitioners of the  
Julian Teachings  
Invite you to

THE 13TH

GATHERING OF LIGHT



"TURNING POINT"

Friday, Sept 10, through Sunday, Sept 12, 2010  
in Scenic Bear Mountain Park, New York

2010-2012 are astrologically referred to as the Cardinal Cross years, and there are many statements from Julian about the effectiveness of living in the now. The Past is gone, and the Now is the 1st day of your new life - or Turning Point. Join with us as we explore the significance of these times.

The universal energies now are calling for us to leave past blockages behind so that we may become who we really are. This is a turning point. The past is gone, it is time for us let it go and leave behind that which is holding us back from being what we are meant to be. Trying to live in the past, with past attitudes, behaviors, and habits will be like trying to fit a square peg in to a round hole—it just won't work. This is a wonderful turning point, which allows us to move into a new space, with new potentials, new discoveries, both outside of ourselves and within.

The 13th Gathering of Light, 2010  
Friday Sept. 10th Dinner — Sunday, Sept. 12th Lunch  
New York State Bear Mountain Park

We invite you to join fellow practitioners & friends of the Julian Teachings in New York for an wonderful weekend to learn, share ideas, & cultivate positive change with metaphysical friends! We have booked the Overlook Lodge at Bear Mountain Inn at rates that include all food & lodging for the weekend. See [www.visitbearmountain.com/](http://www.visitbearmountain.com/) for area information & location.

Double Occupancy per person	\$325
Triple Occupancy per person	\$280
Single Occupancy	\$470
Extra nights per room	\$145

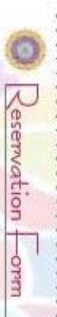
Those who do not need sleeping accommodations can attend for \$185 per person. To keep the event as financially accessible as possible, all materials are donated, and all presenters and organizers are volunteers.

Our presenters this year will include: Camille Albrecht, Eleanor Johnson, Saul Stour, and Ralph Thiel, who will present inspired insight, astrological significance, and techniques, tips and tools for moving into the new energies.

To hold your reservation, we require a \$100 deposit by February 15, 2010. The balance of your registration payment will be due by May 1, 2010. Questions? ...contact: Saul Stour, 973-389-9888, sauls7@yahoo.com More information about the Julian Teachings is found at: [www.julianteachings.com](http://www.julianteachings.com)

**Mail this form with your check payable to Saul Stour, by February 15th, sooner if possible.** (refunded without penalty by May 31, 2010)

Saul Stour  
20 Mountainwood CT  
Tolowa NJ 07512



Reservation Form

Name(s) \_\_\_\_\_

Postal Address: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

I enclose a check for \$ \_\_\_\_\_ for (#) \_\_\_\_\_ reservations.