

# Ring of Light

A Newsletter for the Members of the Julian Community

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March 2010

## Embrace Spring!

**The time for reflection and reassessment has passed. The time to selectively choose what to plant in the greenhouse of our being is present. The core of each seed begins with Julian's teaching. Each of our authors adds his or her unique gifts to one of them. We are very fortunate to have such creative efforts to share with you.**

**Enjoy!**

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## JULIAN AFFIRMATION

The theme for the March 2010 Ring of Light is "A Deeper Journey". This Julian Affirmation is a perfect lead into this theme.

God is my source of all supply

And Answers my every need.

I accept the opportunity

To a new and greater self.

I choose to work within this new energy

To the benefit of all mankind

I am an instrument of balance and harmony

And will reap the rewards of recognizing

My spiritual and practical purpose in life.

So be it.

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Authors: Rev. June K. Burke and the Seraph Julian

# Astrology

Feature Column by Eleanor Johnson  
La Grangeville, NY



Welcome to the Spring Equinox! The theme for this issue is “A deeper journey”. How appropriate!

The planets that bring about the greatest change

in ourselves as well as in the universe are in the last three signs of the Zodiac; Uranus in Pisces, Neptune in Aquarius and Pluto in Capricorn. These signs are impersonal signs. The emphasis is placed on the Collective.

Pluto will be in the sign of Capricorn this year and for many years to come. It is shaking up our core beliefs.

Saturn, the ruler of Capricorn, is the “Teacher”, the “Tester” as well as the way we program our world and the way we fulfill our karmic pattern. It is prodding everyone to go within in order to bring to the conscious mind the patterns of behavior that are challenging our evolution. The purpose of our evolution is to become the greatest expression of ourselves.

The energy of a Saturn transit, no matter how challenging, is never truly external. When we are in touch with our challenges, then we have the willingness to work on them. Saturn ruling the sign that Pluto is transiting can help us attain our greatest goals as Pluto represents transformation and the deeper levels of awareness.

The planet, Uranus, the “Great Awakener” will enter the sign of Aries, May 29, 2010 until

August 14, 2010 for a preview of to what is to come. It goes back into late Pieces until March 12, 2011.

Uranus can brake up the status quo. If we become too rigid, it shakes us up so our consciousness can become a true expression of who we are very often through the changes it brings in our lives. Uranus always marchers to a different drum beat.

The planet Neptune resides in Aquarius for another year dissolving many of the concepts of the Piscean age. These high vibration energies can make common sense out of illusions and it can work unseen for a long time. When the veil of illusion lifts it can reveal great truths.

Neptune is a water element in an air sign when it is in Aquarius. Water rules emotions and feelings. Water can bring to the surface hidden emotions and feelings that may need to be dissolved through understanding. Neptune works through persuasion not pressure.

The personal planets, Mercury, Venus and Mars take care of everyday affairs as they move quickly through the various signs of the Zodiac.

Mars the planet of “Action” has been in the sign of Leo since October 2009. It has been retrograde. It goes direct March 10, 2010. It remains in Leo until June 7, 2010. Mars in Leo can be dynamic, dramatic, playful, and creative. It is a fire sign. It gives energy and vitality to motivate us !

June and July have the planet Mars in the sign of Virgo. Mars in this sign will usually place an emphasis on health, food, and the medical industry. Mars in Virgo is practical, hard working, and a master of detail. Mars in Virgo gets down to the nitty gritty, just don’t get caught in non essentials.

Enjoy the Summer. Allow the energy of the planets to bring you great joy

Love, and Light  
Eleanor

**New Julian Teachings Website**

<http://julianteachings.com/>

Submitted by Camille Albrecht  
Whitehall, Michigan

Check out the new Julian Teachings website! We're excited about all the capabilities we now have. We're able to share lots of great information with you, interact with you more easily and provide you with more services and resources.

Please take a few moments to browse through the site. You'll see that the Home page provides an overview of the Julian Teachings and what they can offer. For those of you familiar with June and Julian, this is a terrific resource to share with others to let them know what June, Julian and their teachings are all about. For more information, go to the About page. This provides a detailed background of our teachers, including an audio clip from June explaining her connection with Julian.

Be sure to check out the News page. That's where you'll find Julian Teachings updates on a regular basis. Our goal is to provide you with timely information on new classes offered, resources available, services and upcoming events. We'll also be including Affirmations from Julian, along with spiritual tips and tools that you can use in your everyday life. The Classes pages describe current classes being offered nationally and internationally. Included are descriptions of the classes, who the teachers are and in what location.

Browse the Resources section for access to the books June wrote and Julian's public workshops. These are rich in timeless wisdom. Recently, the workshops have been digitized, so you can now hear the sessions from your computer or through the convenience of creating your own CD for your personal use! Of course, workshop transcriptions are still available as are recordings on cassette tape should you prefer either of those formats. These books are classics, a must-have for any spiritual practitioner's library. And, there is a wealth of information available in the public workshops. If you haven't perused the workshops list lately, treat

yourself by doing so now. You'll be amazed by the diversity of topics available. More than ever before, this wealth of knowledge is highly accessible to you and to those you care about. What a wonderful gift it would be for someone to receive a recording of a Julian topic addressing a current need or interest.

We've included past issues of The Ring of Light (ROL) newsletter in the Resources section. This quarterly newsletter is packed with practical, up to date information. Take a look at some prior issues for a feel of what's included. If you aren't already receiving the ROL, be sure to sign up by contacting us.

Our annual Gathering of Light is the perfect time to get together with like minded folks in the Julian Community. Connect with old friends and meet new ones in this Light-filled environment. This year's Gathering takes place in September in New York. All the details of this exciting event can be found on The Gathering pages.

News Archives provides information on past Gatherings, along with gems of wisdom on various topics drawn from the posts Anne Claire Venemans has written over the past year.

This website is for and about the Julian Community. On occasion we will be adding visual content. If you have photos from past Gatherings, or your own photos or artwork, perhaps you'd like to submit them for consideration to be added to the site. Although we can't use all work submitted, we would like to create more visual impact. Your work will be credited just as the photo by Donald Albrecht is above. Donald is also responsible for taking the photo of June Burke that is located on the Home page.

Your comments and questions are important to us. The Contact Us page provides email links to address your interests, observations and questions. You can also submit your artwork here. Let us know if you would like to be included on our email list. We look forward to hearing from you!

## Saul's Corner

### The Conscious Mind (cont'd from December 2009 ROL)

If there is an impairment of any kind of the conscious mind so that discernment is not there, one must work through the superconscious mind for direction of the subconscious so that the body can function. There are times when you have to bypass that conscious mind to get to the subconscious. Again, hypnosis works with the quieting of the conscious mind, getting the conscious mind concentrating elsewhere so that the information can be directed to the subconscious. The superconscious is the spirit consciousness. If you center yourself (meditation is the key to all of this), you will find yourself in direct contact with that superconscious mind which can pull from that cosmos anything you want -- anything you want. Just be careful what you want. You do not get half-packages; you get the whole package. If you want the big car, you are going to get the big car and the big gas bills and the big repair bills and whatever goes with it. There are no half packages; you get the whole thing.

The very title, "Levels of the Mind," is erroneous, for the mind is not layers or levels, but rather an expansion. The mind is a living, breathing entity that constantly expands and contracts throughout the universe. In its expansion, it brings back from the universe fact and truth. Working within the physical being, it must then discern the manner in which that information will be put to use in the physical world in which it lives. If you were to truly picture the mind, you would picture concentric circles getting larger and larger and larger, just as a stone dropped in a pool causes the rings going out from it. There would not be layers, but expansion. Every time your mind expands outward, it is also expanding inward. The universe exists both within and without. For everything that exists in the universe, there is a counterpart within the self. That counterpart is triggered and put into functioning order by the conception of the mind which is the tool used to promote the thinking process.

The mind is ALL. Without the mind, nothing would be

created in the universe. In order to create, in order to manifest, the mind must have movement, for movement is part of manifestation. The mind must constantly be pulsing, expanding and absorbing.

Terminology in your society speaks of levels of the mind as the conscious, the subconscious, and the superconscious minds. That terminology helps you understand the transition of thought within the mind, bringing the mind to its fullest use. It is quite correct to use that terminology to understand the mind. The levels, as you refer to them, are not piled one on top of the other, but concentrically within each other, all a living, breathing part of the one thing. Therefore, it must be realized that what the conscious mind (the physical aspect of mind) conceives, automatically becomes a part of the subconscious mind and also affects the superconscious mind. You cannot put something between two other things, whether it be in circle expansion or levels, and not have it affect both. What you put between the bread affects both pieces of bread. It is the same with your mind.

As you think, you act,  
as you act, your  
environment changes

Where you permit your conscious mind to dwell will affect the subconscious, which feeds the body, and the superconscious, which feeds the spirit; so you must be very careful, in the physical sense, of what you are thinking, what you are setting up as your mode of living, for what that mind is conceiving is affecting all parts of the self. The superconscious is the storehouse or warehouse, for the spiritual aspect of the body, and it functions with the pineal gland. The subconscious is the storehouse for those things that affect the physical being and functions through the pituitary gland. The pituitary is the master gland of the physical body, and the pineal is the master gland of the spiritual body or spiritual self. You have to function with all levels together in order to fully benefit from the mind.

When you are taught, it is not only impregnated in the subconscious, not only imprisoned in this cranium that you have to hold the thinking paraphernalia, so to speak, but it is also immediately a part of the universe. What you think not only affects you, but affects the

**The Conscious Mind—cont'd**

universe as well. As you think, you act; as you act, your environment changes; so changes the universe. And so, you begin to realize how important your own particular thoughts are.

If you analyze the world situation and perceive the world situation as evil, you are contributing to that evil. The world, the universe, is an expression of everything in it. Therefore, when you perceive it as evil, you color it evil, so to speak. If you perceive it as spirit, it changes and modifies the energy of a situation. I always emphasize to everyone -- do not damn your government! Bless it. As you damn it, you negate it; as you bless it, you modify the negative situations and bring about the ingredients for change. A negative energy sent to a negative situation intensifies the negativity; a positive energy sent to a negative situation modifies it. It is, therefore, very important that you look at any situation from a positive point.

That does not mean that you are going to look at a condition and say that it is good when it is rotten. A rotten fish is a rotten fish, and you do not say it smells good. However, you see it in its totality -- the polarity of it. It may be a rotten fish as you perceive it, but it is also fertilizer for the earth, which in turn nourishes your body from what it grows. You do not negate the positive aspect of a rotten fish analogy. You do not say this fish is rotten -- all fish are rotten. You say, "This fish is not doing for my nostrils what I want it to right now, but I also see that it has a positive side."

Anything that exists has polarity, both negative and positive. There is nothing that is purely positive and nothing that is purely negative. It cannot. Anything that exists has polarity, both negative and positive. There is nothing that is purely positive and nothing that is purely negative. It cannot be, the polarity must be there. If you see evil, it is the universal you coming out. It is saying that what you are seeing is reflecting what is "being" in you, so you must change. You must open the eyes and the ears and let the light in.

Levels of the Mind - Workshop #200

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**FRIESLAND WORKSHOP**

BY MARIE SAUTER

Bilthoven, Netherlands

Sam and Anne Claire's Workshop in Friesland, Netherlands

The theme was "Restore the Magic". For us coming to the workshop was a magical thing to begin with as we didn't expect to be able to be there!

As a couple having been to a few of Sam & Anne Claire's workshops before, we knew it would be better than we would be able to expect. So, I let go of all expectations about the theme before coming to Friesland. And still they gave us a workshop that exceeded any possible expectation. How do they do that!

I still can't find the exact words to describe "Magic". It is more of a feeling to me. It did change us as individuals and a family. We had the opportunity to bring our kids, 4 and 2 years old. Now we find more flow and joy in our lives. This brings us great stress reduction which is nice with two lovable children and one on the way!

Thanks Sam and Anne Claire for everything and help me find more missing pieces on my own puzzle of life. And for everyone who wants to do something really great for themselves and world peace, I would go to their next workshop if I was you !

Love from all of us,

Maria Sauter, Netherlands



## Spring Equinox Message from Aca'u

Channeled through Camille Albrecht  
Whitehall, Michigan

The Spring Equinox occurs on March 20, 2010 at 1:33 p.m. EST. Greetings to You!!

What you see happening in the world is all in the process of evolution; the Law of Cause and Effect in perfect expression. Don't fear the future, don't be discouraged. You see stalemates where progress should be. You see wars where peace should be. This perception can create discouragement that the hopes you had for your future will not be realized. I am here to tell you, they will. There is a new day dawning and you are on the brink.

The earth is adjusting itself for the perpetuation of humanity. You can impact the earth changes by your thoughts, words and actions. Bless the earth in your healing work, it makes a difference. Watch your thinking patterns as they relate to Mother Earth.

You are in pure Age of Aquarius energy, the Age of Peace. Each one of you are called to bring peace into your hearts and that will spill over into the world you see and experience. But until peace comes into your heart, into your life, it cannot be in the world. You are a reflection of the world around you. So I ask you for a moment to turn within. Who are you battling with? Who are you are war with? Is it yourself? I see too often a beratement of the self for doing this or that, for behaving in ways you feel aren't a reflection of you functioning at your highest. There is cause for self reflection, of course, but not for beating the self up. The days of martyrdom are over. Treat yourself with kindness. It is important that you look at your growth, look how

far you've come. Take just a moment and reflect on your life for the past 5 years. How have you grown? Take stock of your accomplishments.

As you reflect on where you could grow from here, how you can best evolve, perhaps you see areas in your life that could use improvement. If you see something you want changed within your self, look upon it with love and acceptance, and change from that space. But don't berate yourself for past mistakes. That only leaves you battered and bruised, not in the condition of strength and balance that best progresses forward.

So, I suggest that you enter this bright new Spring-time thrust with respect for yourself and forgiveness for yourself. For in this respect and forgiveness there is a loving-kindness that permits you to move forward with optimism and faith. This acceptance of where you are at right now, and belief in your ability to create a happy and successful life for yourself is where that future can best be launched.

If you see something you want changed within your self, look upon it with love and acceptance and change from that space.

Then, I would ask you to reflect upon your relationships with others. Who are you battling with? It is time to bring peace into your relationships. That doesn't mean you must sit down to dinner with everyone, but it does mean that you accept the other person's right to be who they are, as they are right now. You may not agree with their perceptions or their behavior, but the right to judge that is not yours. Be and let be. You may have heard this many times before and it is an important statement to enact now. You don't have to damn them, you don't have to speak to others about what they did or didn't do to you, or condemn how they choose to live their life. Be and let be.

In this changing energy, you may find yourself reassessing your relationships. You know that you have the right to discern who you choose to spend your free time with. You can leave relationships that no longer resonate with your current life, but leave in

Spring Equinox Message from Aca’u—cont’d

peace, with an “I wish you well” and mean it. You may want to pick up a pen and write a note to someone you have been at odds with, perhaps a family member, a coworker or friend and say “I’m sorry we disagreed. I wish you well”.

Bringing peace to yourself and to your relationships is what we’re talking about. You needn’t expect a note or phone call in response. We are talking about bringing peace within the self. Taking out the “scratchies” as some of you call them. This doesn’t mean you bring the person back into your life. Now in some cases, maybe this will happen. In others, the relationship has served its purpose and it is time to move on. Remember, the peace that you seek in your world begins in you, and in your household, in your friendships, even in your attitude while driving your car. See how I slipped that in!

Peace. Live it. Let it flow into you from the Divine that is all around you, and let that peace flow through you. When you find yourself irritated, at odds, out of sorts, take a deep breath of peace in, and breathe out your tensions. Breathe in peace and harmony, breathe out all angers, breathe in peace and harmony and breathe out peace and harmony. You will alter yourself. You will return to a state of balance that permits you to act from a higher space.

I ask you to allow this same reassessment to occur in your commitments. Don’t just continue along with the same commitments out of habit or sense of duty. Take a good look at each one and ask, “Is this where I really want to spend my time and energy?” The Spring Equinox calls for fresh, new beginnings. You must release the old to take on the new. You are completing the Winter Solstice period of assessing what’s worked and what hasn’t in your life and now is the time to act upon what you have discovered.

This Spring launches great insights and awakenings. You will find new understandings in many, many areas.

Take time to be still, either through your meditations or through your walks in nature. In this stillness you will open to a stream of Divine Wisdom more accessible than ever before. The vibration increases substantially during this Equinox. The veils are lifted more and more. You can touch the inner plane as never before and because of that, the inspiration, the guidance, the answers you seek are more touchable than ever. You can increase your senses a hundred fold now, developing the inner senses as well as the outer senses. Taking the time to be still and listen is the key.

As with every Spring Equinox, there is a great push to express the new. An inner drive emerges, a pushing forward as motivation grows. This drive can be used in your work and that is wonderful. You will find yourself quite innovative in your approach to things. New methods, new ideas, great freedoms from past ways of doing things are all there for you now. But I say to you, don’t work it all away! I always remind you to play! Make enough time in your weekly schedule for fun. Actually schedule it in if you must. Too often the duties and

When you find yourself irritated, at odds, out of sorts, take a deep breath of peace in, and breathe out your tensions.

obligations leave you exhausted for the free time you do have. The new energies call for you to be balanced in work and play. With that balance you will, in the long run, be more productive when performing your duties, and will be happier to boot. Everyone gains! So do incorporate time for silliness, for laughter, for dancing and singing. It would be wise to designate one day a week as a ‘no work zone’, and that includes your thoughts. By this I mean that you not allow that day to be taken up by thoughts of work, even if you are not engaged in a work activity. The mind needs to rest. In the state of just being, greater productivity can grow.

The financial outlook fluctuates just a bit longer, then stabilizes. This period calls for continued fiscal conservatism as we have spoken of over the past year. The job market continues to improve, if you will allow yourself to be flexible and open minded.

## The Deeper Journey

By Blanche Duffy

Saugerties, New York

I suppose that anyone who knows that I chose to do my graduate work in Statistics and Marketing Research would assume that I am always looking for “the hidden meaning” behind some seemingly innocuous things that happen. For those of you who don’t know me very well – it’s true! I’m always asking “why”? I love history but not the history book history that presents events of the past in neat little chronological lists that never answer “why?” I want to know what started the ball rolling? What were the underlying causes of this event or that happening?

For instance, why did the early church take such a harsh attitude toward women? Were there other great civilizations before what we consider recorded history? Is the Shroud of Turin real or fake? If a country explodes a nuclear device on one part of the globe what affect does it have on the opposite side of the globe?

Poor Julian! I plied him with questions of “why?” He was always so patient! But it is just so fascinating to discover why things happen the way they do.

One of the questions that so many people ask is “Why do bad things happen to good people?” Well, the answer can be very straightforward or very complex, depending upon how we view it.

As you know, we have all traversed this earth many times before this incarnation. And we have all built up our share of karma. And...before we come back into a life we decide what karma we are going to work out, what soul growth we wish to attain, and the people we will need to meet along the way to do this. Sometimes the only way to achieve our goal is to go through the seemingly “bad times”. However, there are also times when we come back for solely humanitarian reasons!

How do we tell the difference? Most of the time we

can’t with total certainty. And, as Julian said many times...it is not so much the reason why we came back but once we are in the body it is how we handle ourselves in that body! It all breaks down to how we use our free will! Our intention for coming back might have been the most saintly imaginable but we seldom have any recollection of the reason once we are in the body. If we cop an attitude and forget we are dealing with other’s emotions and feelings or even other’s lives – to put it in the vernacular – we can screw up royally and end up going back to spirit with more karma in the warehouse than we had when we entered the earth plane! Now that can be a real bummer!

( BTW – an interesting side note – when I’ve done Numerology Charts on children who were severely disabled from birth and needed total care I have found that in almost every circumstance the child had no karmic lessons

...it is not so much the reason why we came back ... it is how we handle ourselves in that body.

to learn according to the chart. In almost every instance after looking at the situation I believe that the reason for coming back was to teach lessons of love and patience and in some instances to trigger new discoveries in medical care! Now, doesn’t mean that if you have no missing letters in your name that

you have no karma to work out. Just means that in this lifetime you may have other things to learn and dealing with past karma could possibly hinder that learning, – but you can still build more karma to take back with you...so don’t get too cocky!

As I grow older, what I’ve been asking myself more and more is “why I react the way I do to certain situations?” What is it that triggers me to react in negative ways to some situations? How can I correct my reaction so that I take the necessary steps to fix what is wrong without getting all bent out of shape? I’m trying more and more to examine my reactions to everyday things to eliminate what is behind the reaction. For instance, just yesterday I had a negative reaction when the mortgage company called and said I had not sent in my mortgage payment and I was being assessed a late charge. The payment had been sent timely and the check cleared my bank three days later. The mistake was theirs! When I examined my reaction it was the topper of a month of bills, bills, and more bills that left me owing \$400 more than my

## The Deeper Journey—cont'd

pension provided. Yeah! I was a bit bent out of shape! But, at the same time, I had no right to vent my frustration on the person calling with the unpleasant news.

So, my questioning is now more of why I react the way I do than to why it happened in the first place. But, you notice, I'm still asking "why?"

There is another interesting aspect of "why" certain things happen. Sometimes something happens to warn us of a deeper problem. I think I mentioned once before that Buddy had asked for a companion. I wasn't too fond on the idea of another dog in the house but I put it out there that if it was the right and perfect event to happen then another dog would show up. It was several months and I began to think that perhaps it was not meant to be. However, at the end of December I received an e-mail asking if I knew of someone who would like to adopt a dog whose family was moving and the new apartment complex did not accept pets. I said if she got along with Buddy I would adopt her. Well, she turned out to be a 111 pound Rottweiler with multiple health issues. She and The Bud hit it off and she now calls Saugerties her home. Cassie is receiving the medical care she never had and is recovering nicely. Plus...I found out that her person had planned to shoot her if she did not find a home that weekend! What a tragedy that would have been! Cassie is a sweet, loving friend who deserves a chance at health and happiness and is beginning to let her personality really shine through! I must add that since I cook for the dogs I make a six quart crock pot of stew three times a week instead of once for The Bud when he was the sole friend living here. And yes, Cassie prefers the chicken stew instead of the beef stew, thank you very much! I had no clue this was the scenario about to play out when The Bud asked for a friend!

So...I guess I can say that I still like to know the why's and wherefore's of events, I still read history for the hidden meanings, but I've changed my outlook on dealing with me and the current events in my life!

Spring is coming! Hurray! Enjoy! NAMASTE!

## Spring Equinox Message from Aca'u—cont'd page 7

You are entering a time of great inner push to express hidden talents and gifts, those things you didn't think you had the time or resources, or perhaps the confidence to do. This is the time to take steps you need to bring them to fruition. What is it you have wanted to do? Now is the time to begin.

Because the push to express inner talents began some time ago, many of you have already found yourself in new ventures of self expressions. Keep at it! The beginning stages can appear less than the success you had hoped for. The Spring Equinox will infuse your abilities and outcomes with fresh, enlivening energy.

This is the time to plant new seeds and watch them grow. Breathe in the Divine Power that is all around you. It will fortify you, feed you, direct you. You have great support from the inner plane as you move forward in your evolution and in the evolution of the universe. This is a time to rejoice in being alive. The bursting of the buds into flowers in Spring's new growth is mirrored in yourself as you, too, bring forth your beauty. Sing your song with great joy and know that you are so very loved, so very blessed. Just breathe it in.

My friends, I bid you peace,

Aca'u



## A TURNING POINT

By J P Riley

Saratoga, California

Dear Gathering of Light:

We have reached a turning point. A new energy and purpose is spreading through the world, a new clarity, a new direction, a new voice. The events and the aftermath of the Copenhagen summit have birthed a river of loving-wisdom that is flowing around our planet. I have worked with this loving-wisdom energy ever since I noticed it in late November. As I work to integrate this energy further, a deep and unshakable clarity emerges, which I have expressed to the best of my ability in the words that follow.

Peace to you, and a blessing as well, that all beings should prosper in the manner which is right and perfect for each one. Each and every one of us walks a path through life, making our way, bearing our burdens, sharing our blessings, struggling at some points, gliding past others, each one of us yearning to find guidance and a sense of the right direction to take, each of us making mistakes, learning from our mistakes, ultimately growing into more than we were, each of us being human.

When I look at another person, I am sometimes able to see that struggle going on within them, to briefly glimpse for just a moment behind the mask, and I see within them the same strengths, the same weaknesses, the same human qualities that are within me. The truth of those moments reveal a special humble, beauty, as we see how their path is really no

different from ours. What then, when I stare into the eyes of an animal and see a being on their path, happy some times, struggling others, just like me? What then, when I walk within a forest, and all around me I see the patterns of life repeated, life striving, changing, growing, each in it's own unique and special way striving to be more than it is, just like me? The love that flows through those moments is divine, one with the love that flows through all the moments of wisdom, of peace, of sorrow, of loss. These moments are real, they are true. The divine light shines back, where ever we look to find it. All beings are truly divine.

If this is true, then I must also compare it with another, much harder truth. I must honestly, without judgment, without anger, without fear, but rather with compassion and love, look at the impact of my way of life on the divine web of life upon this world. I find the answer painful to accept, hard to reconcile with the first truth. The fundamental truth is that our modern way of life does not treat the world and the ecosystem of the world with divinely-inspired respect, and this lack of respect is sending the life-web of our world to destruction. The fundamental truth is that I cannot avoid my own personal responsibility for the this lack of respect .

The truth is that if I do not change my personal habits, when I die the web of life on this planet will be weaker because of my existence, it will be weaker because I did not take personal responsibility for the full impact of how I lived my life. How can I maintain my integrity as a being who sees the divine shine forth from the web of life that gave us birth, while my lifestyle choices threaten the very existence of that web?

...one must start by accepting where you are, with the intention of traveling a path towards a new goal.

**A Turning Point—cont'd**

We all know change is hard. As with all things regarding change, one must start by accepting where you are, with the intention of traveling a path towards the new goal. And so it is for me, I can only accept my impact for what it is, without trying to avoid it, without judging it, without fearing it, simply accepting it for the simple truth that it is. Then, free from guilt or fear, I can seek divine inspiration in how I can best proceed to forge a new path, one step at a time, joining with the many others who have already started towards this goal, on a path towards divine integrity. A world where we see ourselves as part of an intricate, treasured web of life, with each part supporting the other in balance, each aspect accorded divine respect.

Now is the time for all beings of wisdom to stand and speak in every language, in every paradigm, from every perspective, send the message out in every way so everyone hears it, while serving a witness by committing and implementing change in our own lives. Now is the time for us to provide the deepest support, the strongest compassion, the truest encouragement, for each other as we blaze a new path towards a new way of life, one with divine integrity. The insanity of our current way of life must stop. We must shift the foundations of every aspect of society so that the well-being of the world's ecosystem is as important as our well-being, our deepest wisdom tells us they are the same thing. Now it is critical to start listening to the deep wisdom of the heart.

I will bear witness hear as to what the deep wisdom of my heart told me. I, John-Paul Riley, can take the following steps to begin my journey on the path to divine integrity:

1. Care for my own health and well-being and the health and well-being of my family.

2. Commit to ELIMINATING my personal impact in the best way I can by brainstorming a list of ideas to reduce our impact with my partner, and committing to 1 or 2 ideas a month, using a white board to keep them visible.

3. Commit to REVERSING my personal impact in the best way I can. Support groups and organizations that spread the foundation of divine wisdom, such as House of Danu, OBOD, Gathering of Light, Thorn T. Coyle. For it is from this foundation of divine wisdom that will come the practical solutions that will allow us to be with the world in a new, respectful way, solutions that will be capable of reversing and healing the degradation done to our world.

4. Commit to positively educating everyone around as to what is at stake and what we must do.

For me, this means I must share these simple truths whenever my heart bids me do so, with compassion, love, simplicity, directness, authority, authenticity, and wisdom.

In closing, may each person who reads these words act according to their highest wisdom, to their highest sense of integrity, to act in the manner which is right and perfect for each one.

Peace upon you during these cold winter months, Peace upon you as awen burns brightest. May the awen gift you with that which your heart needs most to experience. May all beings of wisdom hear, and in hearing, be heard.

May all beings prosper in the manner which is right and perfect for each one.

Peace,  
-JP

## Contact Us.....

The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.

### *Address Changes Notify:*

Sam Holland AND Anne Claire Vennemans

### Copyright:

It should be noted that all Julian quotes and writings appearing in this newsletter are copyright June K. Burke.

**Next Issue Theme: FREEDOM**

**Deadline for Submissions: May 23, 2010.**

**Dan & Nancy Walton - Ring of Light Editorial Team**

### Newsletter Submissions—How to !

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

Dan & Nancy Walton  
306 Seaview Drive  
Benicia, CA 94510

**We thank each and everyone of you for your financial support that allows us to bring the Ring of Light to you.**

### 2010 Contributors

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### 2009 12th Gathering

Adams-Johnson, Darlene  
Albano, Jill  
Alcaez, Jose  
Donahue, Therese  
Hewitt, Robbie  
Holland, Sam  
Johnson, Mark  
Johnston, Cherrie  
Lederman, Adele & George

### 2009 12th Gathering

Murray, Doris  
Mulvaney, Archie  
Riley, J.P.  
Rolfe, Lynelle  
Ross, David & Shesta  
Scheer, Alma & Jim  
Sidote, Linda  
Smith, Andrea  
Venemans, Anne Claire



**ROL via E-MAIL!**

**What a novel idea!**

If you prefer an electronic version please contact us via our  
**\*\* New E-MAIL \*\***

*Ring of Light*

**A Newsletter of the Julian Community**

**c/o Dan & Nancy Walton**

**306 Seaview Drive**

**Benicia, CA 94510**





Practitioners of the  
Julian Teachings  
Invite you to

# THE 13<sup>TH</sup> GATHERING OF LIGHT



"TURNING POINT"

Friday, Sept 10, through Sunday, Sept 12, 2010  
in Scenic Bear Mountain Park, New York

2010-2012 are astrologically referred to as the Cardinal Cross years, and there are many statements from Julian about the effectiveness of living in the now. The Past is gone, and the Now is the 1st day of your new life - or Turning Point. Join with us as we explore the significance of these times.

The universal energies now are calling for us to leave past blockages behind so that we may become who we really are. This is a turning point. The past is gone, it is time for us let it go and leave behind that which is holding us back from being what we are meant to be. Trying to live in the past, with past attitudes, behaviors, and habits will be like trying to fit a square peg in to a round hole—it just won't work. This is a wonderful turning point, which allows us to move into a new space, with new potentials, new discoveries, both outside of ourselves and within.

# The 13th Gathering of Light, 2010 Friday Sept. 10th Dinner — Sunday, Sept. 12th Lunch New York State Bear Mountain Park

We invite you to join fellow practitioners & friends of the Julian Teachings in New York for an wonderful weekend to learn, share ideas, & cultivate positive change with metaphysical friends! We have booked the Overlook Lodge at Bear Mountain Inn at rates that include all food & lodging for the weekend. See [www.visitbearmountain.com/](http://www.visitbearmountain.com/) for area information & location.

- Double Occupancy per person \$325
- Triple Occupancy per person \$280
- Single Occupancy \$470
- Extra nights per room \$145

Those who do not need sleeping accommodations can attend for \$185 per person. To keep the event as financially accessible as possible, all materials are donated, and all presenters and organizers are volunteers.

Our presenters this year will include: Camilla Albrecht, Eleanor Johnson, Saul Strour, and Ralph Thiel, who will present inspired insight, astrological significance, and techniques, tips and tools for moving into the new energies.

To hold your reservation, we require a \$100 deposit by February 15, 2010. The balance of your registration payment will be due by May 1, 2010. Questions? ...contact: Saul Strour, 973-389-9888, [sous7@yahoo.com](mailto:sous7@yahoo.com) More information about the Julian Teachings is found at: [www.julianteachings.com](http://www.julianteachings.com)

Mail this form with your check payable to Saul Strour, by February 15th, sooner if possible. (Refunded without penalty by May 31, 2010.)

Saul Strour  
20 Mountainwood Ct  
Totowa, NJ 07512

## Reservation Form

Name(s) \_\_\_\_\_

Postal Address: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

I enclose a check for \$ \_\_\_\_\_ for ( # ) \_\_\_\_\_ reservations.

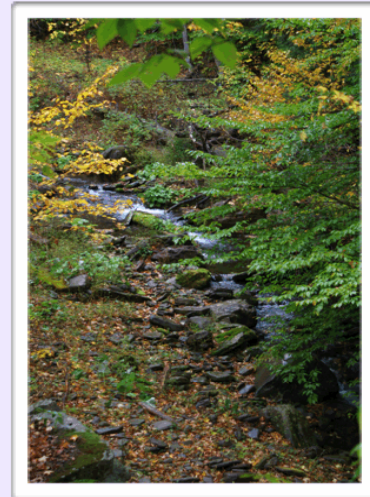
# Creating positive movement in your life.

A four day, five night workshop  
in the Catskill mountains of New York  
June 13-18, 2010  
with Sam and Anne Claire



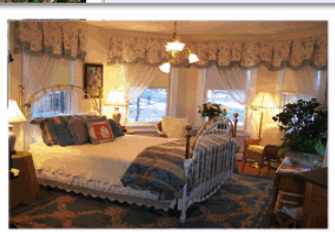
Life is a circle that has many evolutionary loops creating a spiral of awareness. Being closely in tune with nature's harmony and the seasonal energies helps keep our evolutionary spiral in balance.

This practical workshop will help you to recognize where you are in your own personal evolutionary spiral as well as help give you insight as to where your path is leading. We will use the areas powerful energies of nature to help bring gentle realizations, transformation and balance as we allow each of our unique paths to unfold.



The workshop will be held at the Fairlawn Inn, a 5 star B and B Inn in the picturesque town of Hunter, N.Y.  
<http://www.fairlawninn.com/>

The Inn's owner is a gourmet chef that will be serving all breakfasts and two dinners. We have been able to procure the entire Inn allowing privacy for our work.



The cost of the 4 day workshop is \$750. or €520. for all 5 evening lodging, including all breakfasts and 2 dinners on the first and last nights. Single occupancy is an extra \$250. or €175.

We will spend the mornings out in the natural environment of the Catskills. There will be a discussion hour in the late afternoons. This leaves plenty of time for integrating the days discoveries and additional exploring.

To guarantee your space,  
send your deposit to:  
Sam Holland  
PMB 08046, PO Box 190  
Jefferson, OR 97352  
Full payment is due May 1, 2010  
For more information email us at:  
[theshamansjourney@gmail.com](mailto:theshamansjourney@gmail.com)