

# Ring of Light

A Newsletter for the Members of the Julian Community

Volume XXVII Number 3 September 2013

**M**other Nature with broad strokes and a palette of rich vibrant hues creates stunning landscapes for us to enjoy. She provides us with a cornucopia of fruits, vegetables, fish, and fowl to sustain us. Living in balance and harmony with the land is our goal.

Enjoy this Fall Issue on Stepping Lightly on the Earth .

Love, Light and Peace ~ The Editors

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## Affirmation from Julian

God is my source of all supply

He answers my every need.

All that I wish for in the universe is born within me.

All that exists in the universe is rightfully mine.

Holding that as a quality deep within me

I am opened to the full appreciation of

What I am,

Whom I AM

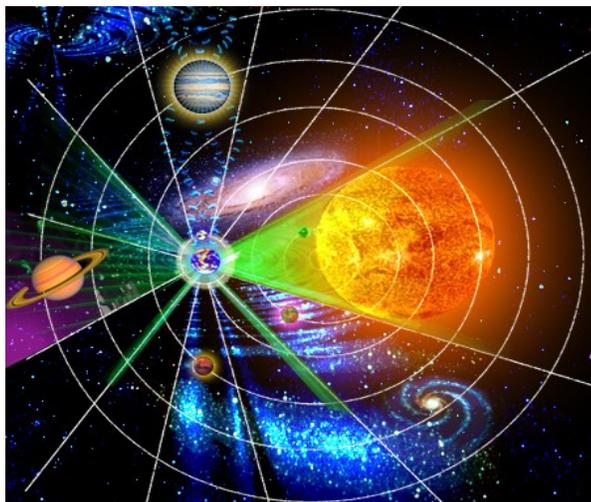
and Why I AM.

In that knowledge is greater energy and power released

So Be It.

# Astrology

Feature Column by Eleanor Johnson  
Hopewell Junction, NY



We begin the Fall Season with the desire to take action to achieve our hopes, wishes, and goals. This is a new season of consciousness.

There is a trine in the heavens between Saturn and Jupiter. This can incline us to erase the past of any blockages, symbolized by Saturn, if they are a stumbling back to our evolvment. We can move forward with Jupiter, the planet of opportunity. This permits us to use the Super-conscious Mind to live life fully, and expansively with optimistic feelings. It allows us to also focus on the opportunities that may present themselves. Jupiter is in its exalted position in the sign of Cancer, allowing judgment and practicality to work together.

Mercury will retrograde from October 21

through November 10th. The usual cautions with a retrograde Mercury bear attention. Watch your driving. Computers may become temperamental. It is a great time to do research especially since Mercury will be in Scorpio. Scorpio loves to investigate hidden things.

November begins Venus' transit in Capricorn. It is retrograde this year from December 21st to January 31st of 2014. Venus, in this Sign, can be serious, practical, and ambitious. This intensifies the desire for prestige and status. Patience and perseverance can be expressed in all endeavors.

November also brings a Solar Eclipse in Scorpio at 11 degrees. This makes a conjunction to Saturn with a trine to Jupiter to ease the way for the future.

December brings the entrance of Mars in Libra for several months. Mars is in Venus' territory. This placement does not allow for diplomacy! We may need an objective approach especially in relationships. However it can give a strong urge to action in a social context. The direct action of Mars can be limited by the need for approval and cooperation of others. Mars in Libra lends grace and refinement to the aggressive Martian tendencies. This placement provides a wonderful opportunity; to create harmony with others, to mend relationships, and to compromise in all endeavors that require balance. Allow the planet of balance, Libra, to bring a desire to express peace, harmony, and love.

Love and Light,

Eleanor

### Stepping Lightly on the Earth

By Blanche Duffy, Saugerties, NY

If ever there was a subject that needs discussion AND implementation this is it! There is so much lip service paid to the topic but not enough is actually being done to make it a reality.

Have you noticed how so many political figures (of all parties – none are exempt) talk incessantly about “protecting the earth”, “preserving the earth for future generations”, but, at the same time approve programs such as hydrofracking without insuring the safety of the water supply, selling off sections of the national parks without thought of the impact on the wildlife...we could all cite many examples. Well, there is a wonderful song that begins with “Let there be peace on earth and let it begin with me”. We could paraphrase that with “Let us protect the earth and let it begin with me...”

Over the past few years I’ve been trying to “do my part” in protecting the earth. Of course, there is still lots of room for improvement but some of the things I’m trying to do are...stop the use of all pesticides in my home and on my property. When my garden is planted each year I try to use plants that repel insects and other critters such as mint (which repels flies, aphids, mice) or catnip (more effective than deet in repelling mosquitoes), marigold (repels almost any type of pest). A bit of research will bring up lists of plants that are harmless to the earth but do as good or better a job than commercial chemical repellents.

I try to buy food in season from local farmers markets instead of buying from giant supermarket chains that truck in the food from thousands of miles away. I bought a large freezer so I can freeze local food for when it is out of season in my area. I’ve also begun canning food as it comes into season. This is a great way to know EXACTLY what I’m eating instead of relying on labels which may or may not be accurate. And what tastes better than tomato sauce that you have grown and canned yourself? And each spring I freeze at least 5 or 6 quarts of strawberries to enjoy in the winter months.

And... I try not to miss an opportunity to let local, state and federal leaders know how I feel about things that impact the earth and people. Signing e-mail petitions may or may not be useful but calling, writing to and visiting leaders to make my feelings known is a good start

in making them understand how people feel about certain things. I may not be able to attend a lot of meetings as I once did but there is nothing to prevent me from writing or calling those in power.

There are so many ways to help “save the earth”, far too many to list here. But I feel that if each person picks at least one thing to work on improving we WILL make a difference FOR THE BETTER! At least that’s how I feel about this extremely important topic – and that’s my final answer! (-)

Namaste!  
Blanche Duffy

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### Ring of Light Newsletter

Most of you are already familiar with the Ring of Light Newsletter that serves the Julian Community and you probably thoroughly enjoy it! Not only is it a tool to connect the members of the Julian Community but also it is a tool for the members of the Community to share news, ideas, activities and creative works.

As you know there is no charge for the Ring of Light. However, there are some expenses associated with putting it together and sending it to you. So, if anyone who does not already contribute wishes to make a contribution for its production and handling please do so by filling out the following information and sending it with a check for \$10.00 payable to:

Dan Walton  
306 Seaview Drive  
Benicia, CA 94510

Information needed from you:

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
e-mail \_\_\_\_\_

Thank you so much! Your contribution will insure the continuation of the Ring of Light Newsletter.

## A GOOD CUP OF TEA

by Doris Murray, Campbell, CA

A good cup of tea is not about the flavor of something one drinks, but about talk, and laughter and friendship. Thank goodness, because I don't know how to make a really good cup of tea. If asked for one, I would reach for a tea bag, plop it into a cup or pot of hot water, and there you are! That makes tea connoisseurs and my Asian friends cringe. A good cup of coffee is the same. I have the mechanical equipment to make coffee, but somehow, each brew comes out different from the previous one. I wonder if it may have something to do with the age of the beans, or where they were grown. I really want to blame the beans! For a good cup of coffee, I meet my friends at a coffee shop.

So what is a "good cup of tea" all about? Tea has been the medium of sociability for thousands of years. It helped families stay close. They drank whatever was the common drink of the locality and availability of the time, but the whole family, including the children, was involved. In early history, it may have been done in a tent on the edge of a desert, or a mud-brick house on a mountainside, or a palace of the ruler of the region, but people stayed close to each other. It was important for the survival of the family which, back then, did not have longevity for reasons of weather, war, and health. Communication was eye to eye. If a man could drink a cup of tea with another man, each knew the measure of the other with few words said, and knew he could be trusted.

History tells us the tea plant started in India, but quickly spread to all countries in areas that had weather that would sustain its growth. Growing tea plants was for both personal use and commercial. Countries throughout the world have a tea culture that exists for men, women, and families. It is a part of life, no matter what social status.



The Chinese have hundreds of Tea Rooms today in every city and each village. Some are formal and based on ceremony, and some are more casual, where students and the working class gather to relax and talk while sipping tea, whether hot or cold. In East Europe countries, it is an important daily family event. The Russians drink tea from a special glass, in a glass holder. The tea drinking is done in all countries with people relaxing, exchanging news and gossip with laughter, banter, talk, and friendship. Messages are passed verbally, not with cell phones while drinking. It is a "feel good" time when tea is drunk, no matter what time of the day or night. In Near East countries such as Pakistan, Iran, Egypt, and other African nations, as well as most Muslim countries, tea is the drink of choice, with family and friends. It is almost like a "bonding agent" where friendships are renewed or reassured, and marriage contracts may be settled. Each country in the world has a different ceremony or type of tea drinking. To drink tea is far and away preferred in most countries to drinking alcohol or coffee, but it is usually strong and done with a lot of sugar, and often milk in various forms, most often evaporated milk. It is common courtesy to invite a guest to tea, and very important for a guest to not insult the host by refusing. In Britain and the British holding countries, tea is often served with milk or thick cream, and in United States of America, it is called "break time," and mostly coffee is the drink of choice. In these two countries, this time is less family oriented, for children are in school, and because the break is limited, adults usually do not have the privilege of going far from their work station.

Have you ever known someone who drops into a chair abruptly, and the look on their face tells you they have an issue on their mind, which is pushing all other thoughts away? Perhaps they want to be heard, or sort out whatever is on their mind before their thinking can become balanced again. Sometimes this type of conversation can happen more easily over a "cup of tea," which

brings healing and balance for each person.

American society demands many things (in both work and play) be done in ways that stress families, and disrupts the core of strength of what family relationships are all about. American children may feel more insecure and have mental or physical problems when this happens. Parents feel forced to have their children in programs after school lets out, to expand and continue their education or skills to be competitive in the world. Often families are two parents working, perhaps different hours, so there is no “tea time” with food, to help the family’s social skills, and to be there for each other when help is needed.

The global society today is based on staying in touch through digital devices, which has replaced the “cup of tea” in this country. I have noticed people who meet regularly at a coffee shop settle into their chairs and immediately place their cell phones on the table before them. Their eyes are directed downward to their digital instruments of communication. Is it the longing to connect to family or others that pushes the urge to communicate often? Or is it a matter of efficiency and ability to be able to make contact with the business world in a way that was not possible just 60 years ago? Or both? Human to human relationship, eye to eye, that brings the comfort of knowing a connection to someone is becoming a precious commodity.

Facebook is an example of the digital world that connects people in the worst way or best way, briefly. Has it become the convenient substitute for some who have not learned personal relationship skills? If you meet with someone who sits looking relaxed with a cup before them, they can be good company. Conversation may soar beyond the mundane, and viewpoints may be shared without creating tension. One can agree to disagree, but leave the subject open for future discussion. Any time one is at a social gathering, whatever is drunk, whether it is strong, or bitter, or sweet, it is the knowing you have made a connection with friends, acquaintances, or family, with whom a good cup can be shared, that makes the drink or sip a worthwhile experience.

Doris Murray  
16 Mar 2013

## **The Balance Between Humans And Earth**

by Renee Salvatori, Wheeling, West Virginia August 2013

We all love to feel needed. We enjoy receiving others goodness. We love it when our pet eagerly wags his tail when we come in the door, or our child snuggles in our lap, or our mate kisses us on the back of the neck. Also, we all know how nice it makes us feel to make another feel special or to give goodness to others. You do this by giving your neighbor fresh baked cookies, take a friend to an appointment, or change a light bulb for an aging parent.

In both cases of receiving or giving, it makes us feel incorporated in the humanness of living out our lives on earth. Have you ever truly thought about incorporating yourself into the not so human side called Earth, which is a living thing just the same? Many don’t give much thought to Earth as a living thing except the occasional “Three R’s”, (recycle, reduce, reuse).

For so many years, humans thought the earth did for them. We humans were the receivers. Earth gave us oxygen to live, soft carpet to walk on, beautiful landscape pictures to view, rain to quench our dryness, sun to warm our bones, and food to nourish our bellies. The Earth gives and gives. How long can this unbalanced giving withstand? Can we humans reciprocate more?

She needs us as the pet and the human need one another, as the parent and child need each other for growth, and as the husband and wife need each other as a team. Humans and earth need each other just like a smile of hello needs another smile in return as acknowledgment. Humans and Earth form a team or a relationship to sustain one another.

Earth and humans are two sides of the same coin, with each needing care and attention. The Earth needs support and kindness as much as we need hers. She gives us fruit from her limbs, shade from a tree, water from the springs, and just unconditional love for millions of years. Can we give her the same unconditional love?

A notable quote states, “Ask not what your country can do for you but what you can do for your country.” We can change some of the words and say, “Ask not what Earth can do for you but what you can do for your Earth.”

Walk lightly on Earth and show compassion and love, and by doing this, receiving and giving will not be out of balance.

## Saul's Corner

LIFE AFTER DEATH (Workshop #301)  
continued from June Ring Of Light

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### SIDE B

We incarnate many lives, shouldn't we be getting used to this transition.

Yes, you should be getting used to it by now, and many of you are. There are many of you who have no particular qualms about the end, but you have to remember that when you are in this dense world, ruled by the conscious mind and ego, so much importance is put on the physical being that the spiritual being sort of comes secondary. So that's why you have a sense you want to hold on to that which you know.

Yet you know subconsciously everything you knew, in every other life and it is only by tuning into it again that you can bring it into yourself. So when you do that, it's all right, and when you do let go and accept all that you are, you find out you know a lot of things you didn't know you knew. It's the same way with death. When you let go and accept it, you find out...you remember that it was a good thing. But in the meantime, because you're not remembering it and you're busy with the conscious mind activities, it's something strange and foreign out there that you don't pay too much attention to.

The ninth or the white plateau evaluation period, is there a form to the spiritual body?

As you elevate to the other plateaus, you begin to become less form. In that white plateau, you still are. In other words, if you looked at yourself in a mirror--if we had a mirror--you would see Sam. And Sam would have all the things that Sam is supposed to have, but he would be able to be seen through. He would be light, and he would be like a million little atom particles vibrating enough to hold that form.

What about our personalities at that level,

That is why you stay in the white plateau for a period of time. If you contact someone who has left your world very early, they will still remember, perhaps, the pet or the nickname, or that sort of thing. But as time moves on, that fades and they only remember the love incidents, the companionship, and things of that nature.

Julian, recently a woman wrote a book saying that she felt she was becoming lighter and lighter, and she intended to make a death in which she took her body with her, just as Jesus said...

But has anyone on this planet really done such a thing?

The physical body cannot withstand the energy of my world. The object is, it's a manifestation.

Okay, so no one is really able to leave this plane with their body in tact.

The only thing you can deal with is the point of time and energy you're in. That's where the soul growth is.

That's why ghosts will appear as they were when they left, because they bring themselves back to that energy. But the physical body itself does not go to my world.

So even with Christ that never occurred.

Okay, so the poltergeist would be considered by someone who is upset about something is a subconscious release then?

It's like a hurricane going through. Or what do you call the ones that twist?

Tornados--yes.

All energy takes that form. It's clockwise when it's in action, and counter clockwise when it is receiving.

It is usually a release energy of someone who is present, and usually has a great deal to do with teenage energy. If you recognize that energy of eleven to seventeen, those ages, the body is going through the greatest physical, emotional, and spiritual changes that it can possibly go through. And because of that, there is what is called rampant energy. The energy is very high one minute, very low the next--ups/downs, what you call the moods. That kind of erratic flow can be...find itself in

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another flow that can attract other energy to ride it. That is why it is not advisable for anyone in those age brackets --I would say eleven to sixteen--to be involved in psychic things.

Now I'm talking about spiritual development or meditation, but, to be involved in things such as séances and that sort of thing with that erratic energy can be attracting energies that are astral bound.

Then they can get hold of them and ride around them, you see. They should be encouraged toward spiritual awareness. That is not "psychic." That is a natural flow of a being. Every being of this universe is meant to be spiritually aware, to be intuitively aware, to be working on the highest form of consciousness. So the poltergeist energy is the energy of a force that is riding an energy released. And, because very often, when there are teenagers in the house, there is a lot of angers and resentments, some of them hidden, some expressed. They start a flow of that energy which is then picked up and used.

You're thinking of your movie "Poltergeist?" That's what they called that movie? (Right) Well that was a conglomerate of many things put together in one thing. It was not a true poltergeist energy form.

So there are two invisible chakras that man can touch. Beyond the ninth, he cannot touch and use.

That's what he's working toward.

So it is not a specific place you go to, but a specific space you go to. You know, in your world, everything is in layers. You think of your earth and your air and your atmosphere and your ozone and all this. And in our world, it's circular, it's all encompassing, so that its pulsation point moves outward, so the white plateau is in the center of that pulsation.

I thought we go to Mars and Venus and all these different. Planets.

From my world, you can go to those, yes. And those energies from those places return to the white plateau also. You see? So anything that ceases to exist in physical form, the essence of it returns to the white plateau. So you might find yourself on the same couch with a Martian, whatever that would be.

Would you define trapped energies?

I will give you an example of trapped energy. You have an argument with your daughter, or your mother, or your father, or your neighbor, and you had a few terse words. And then you go back into your home and you think about it, and you relive the whole battle all over again. Now neither of you have said you're sorry. Neither of you have said it's not worth wasting energy on, so you chew on it again. Then somebody comes to visit you and you tell them all about it.

Every time you relive that energy you build its volume. Now, until something happens to break that convolution of that energy and that negativity, it's going to build and build and build until it explodes. If it has built long enough and strong enough and it's being fed by outside energy, then, you say that that woman is in her house doing that same thing. Those thought patterns are feeding your thought pattern and your thought pattern's are feeding her. The next time you meet you're liable to swing at each other. It is trapped energy that has not been release and is, therefore, a big trouble.

Julian, all time is one time, and everything that was, is, or will be exists in your world.

That's right.

So then everything exists in the now, so-called.

When we pass over, go over to the other side, and we go to the rest period and the cleansing and so on, are we, in turn, when we decide to come back, choosing a period of time to go into?

That's what confuses everybody so much. Because you deal in linear time, so you give time zones. But to us it's an energy package. You're going into energy A, Z, whatever--we don't even use letters, you know?--so that's where the confusion very often comes from.

Why do we, in this life , or most of us, or the ones that choose to, go back into past lives? Why not go into future lives?

Soul growth comes from acceptance of a situation and dealing with it to the best of your ability.

**LIFE AFTER DEATH (Workshop #301)**

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First of all, you have to understand that the only thing you can deal with is the point of time and energy you're in. That's where the soul growth is. Now, sometimes, something from a past experience, as you call it, is influencing that life. In that case, knowing about it can help you put it in its proper perspective and you can leave it go and go on with the now. The most important time in your life is the Now. The Now is building your future.

So it is right here and now that you have to fight them. It is right here and now that you have to be a peace agent. Looking back and seeing where it came from is nice to know, but it doesn't help you make a change.

Unless that which they are venturing into in the past is an aid and an assist to the present, it is a negative if they spend all their time there. You see? It doesn't matter whether you were the greatest criminal in the world, or the greatest saint in the world back there. What matters is, what are you doing here? That's what we're talking about.

The point is that in the physical world you deal in linear time and you live a linear existence. You have to use the framework of what was, what is and what will be. It's the only way it can make any sense to you. It is good to know that you have accomplishments in the past that are feeding you now and helping you to become better now. It is nice to know that the reason you have a fear of this Now is because of what happened there. And therefore, you can put it back there and leave it, being a release for you here. But going back and living there doesn't help you make anything move here.

In other words, it's showing whatever facet of itself it is meant to focus and show what man benefits by in tapping the past at all is his own

personal attitudes or emotions to something..

That's the use of the past... But going back and saying I was king, I was queen, I was this, I was that, is meaningless unless you're that now. And if you're that now, you've got to be doing better at it than you were then, because you're supposed to be moving forward. So you're quite right in saying it's going to be a forward movement. Going back and saying what I was doesn't count. It's what you've done that counts. And that's the kind of thing you're going through on the white plateau; the introspective, expectations, orientation. It's getting it all squared away in your mind, so that you're clear to run into the next life, so to speak.

The most important time in your life is the now. The now is building your future.

Could you say something about the ways in which people--pairs of people, or families of people, or groups of people make their decision. Let's say we are down here and we're doing our thing together and we all finally get back together over there, and then we see some project...

Let us just say that, perhaps, a group of people at some point in time worked on a specific thing that was an advancement to mankind.

They go their separate ways for many, many lives and eons of time, perhaps. But when it's time for that specific thing to take another move forward, that same group of souls may choose to come back in diverse energies, diverse personalities. And then, literally, by magnetic force, find each other and again, and manifest the new point of that thing in this time. In other words, it's a group growth thing, in addition, to their individual growth.

It's been said that we're a bunch of old Atlantean's here, regrouped again.

So the energies that understood those at that time are coming back in again to be able to redirect them more constructively in this time. Many of the different communication systems are coming back into this time, because communication is so

important in this time.

And then families and, spouses, or relationships also interchange along the way in between, or else it would be so repetitive that it would become sort of convoluted.

Other than this planet, are there other planets that we go to live a life like we do over here, but they're on a different planet in a different universe etc.

There are universes beyond your universe that you don't

even know. So there are many planetary solar systems functioning other than yours. And yes, you do visit them. And yes, there are some that are at the same level, so to speak, as you. And there are some that are not. And there are some that are more advanced. It doesn't mean they're going to look like you.

Do they all have a physical body?

In other words, if they need ten fingers in order to hold on, they'll have them. That's not saying somebody has ten fingers.

Is the universe--the whole universe--is it in the shape of a sphere, or is it in the shape of an hourglass with the center of the hourglass being the hub of those whole things.

All universes have the sphere as its point. It becomes elliptic in some cases, but it is a sphere because of the energy flow. You remember you have one thing flowing inside the other, inside the other, inside the other. So that man's evolution is going on, and his planet's evolution is going on, and his universe's evolution is going on.

YOU NEVER die. But YOU, are not this personality. YOU are that which is indwelling in that personality.

In all creation, how many universes are there?

There are nine universes.

You're not going to stop there, are you? (laughter) Three universes deal with a physical density and the creative personality force of man. Three universes deal with the cosmic association of man. And three universes deal with the microscopic relationship of man. Man's first three universes are microscopic, his second three are personal, and the third three are cosmic.

You have a personality in all. You're even, more or less, what you call those little creatures that run along the microscope-- microcosms or whatever-- they have personalities, you know. You study them long enough, you know them.

In other words, man gets a chance to do his thing.

If we are immortal, then our spiritual growth is never ending-- infinite. Is that why you didn't want to tell us, so we wouldn't get depressed?

Soul growth come from acceptance of a situation and dealing with it to the best of your ability.

One person will dig a ditch and say, "That's a great ditch. Look at the ditch I dug." And another person will complain and, I guess you call it, bitch, in your world, the whole time. Another will ache, and moan, and groan, and feel that it has been an insult to his dignity to dig a ditch. One man will grow from the ditch, the other will not. You see?

Soul growth comes from acceptance of a situation and dealing with it to the best of your ability. If you say "work," man shutters. You say "job," man shutters. In my world, we hate to use the word "work" because of your connotation of it, in teaching, because you see it as something that gets in your way of being, when in reality, it is your being. So in our world, the so-called "work" is joy. Therefore, we do not see it as an imposition, but as an expression of ourselves. And if you take your work and make it an expression of yourself, you will find that it is no longer work.

Don't fight your so-called work, join it. If you join it, it will flow and will cease to be called work.

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If you are writing your penmanship will improve, you will relax with it, and you will no longer be tired. It is because you have taken yourself out of the involvement with what you're writing that it has become "work."

When you join what you're writing by truly seeing it all forming, the flow of it becomes your flow and there is no separation. You see, if the writing is flowing and you're going another way, they will get in each other's way. But when you join the flow of that writing, it ceases to be hard, it ceases to be work. And the next thing you know, if you look at the page, you can tell exactly where you joined your writing because the penmanship will improve so. And you'll probably find that that section of your writing is the clearest and the most creative of the whole page, because you've joined the flow.

The same way with music, the same way with anything you're doing. If you're painting a building and you're slap-dashing it on any old way, it gets to be a bit of a mess. But if you join the rhythm of the brush, the next thing you know, it's flowing and you don't even realize that change has occurred in you.

In my world, because there is non-friction. There is less chance to overcome and grow. So you can grow here, but it is not as rapidly. When you are on the Earth plane, you are matriculating.

Is that an accurate description of how things actually work from the Urantia book?

The Urantia book is quite good. It's quite a factual book. It's just that it gets a little bit too embellished at times. There's a little too much...

When you go out into a single existence, a part of your existence is still in my world. It is through that part there and the part of God in you that the communication occurs. So the high essence of

you communicates through the high essence in you. And that's how you can tap the universal bank, the universal line, and so on. That has been given the term over-soul in this book. What it is saying is that there is an over soul that is in touch with the parts of you at any given time.

The book makes it personality, and you have to remember that anything universal is non-personal. It deals with the essence of you, not the personality of you. In other words, it will present to you the potential; your personality will accept it or reject it. And so if you miss an opportunity in your life, you can't blame the potential that was presented to you. You have to blame your decision to go with it or not go with it.

Are they all in existence now, or are there a couple that are being..

You have to remember that anything that's functioning out there is functioning in you, so that everyone of those nine universes are tied to you internally. As above, so below; as within, so without. So they're all there. Think about that one for a while. (laughter)

The directional forces are always playing in physical planes or in the universal planes. They're always there, and they would be considered a part of the sound/light universe.

When you say microscopic, do you mean from the point of view of size?

The form is correct, but they give a little too much importance to the segments of the form, so that you can read that and using your own filter, take from it those which are the correct form.

So there can be slight misconceptions there, but it is quite a factual thing. And anyone who takes the time to read it has learned a great deal. It's a very heavy book in more ways than one.

(to be continued in next Ring Of Light)

# **16th Annual Julian Gathering**

## **October 25 – 27, 2013**

**Garden Plaza Hotel**  
(Formerly the Holiday Inn)  
503 Washington Avenue  
Kingston, New York

### ***There's Still Time to Register!***

Time is running short for registering for The Gathering.

We have a terrific lineup of presenters and a fabulous list of attendees.  
This is a Gathering you won't want to miss.

### **There are still rooms available!**

Type of accomdation:

Single Occupancy, cost \$375 per person

Double Occupancy, cost \$250 per person

Triple Occupancy, cost \$200 per person

The above prices do not include Saturday night dinner.  
All other meals including Friday night are included.  
The hotel meals will be served in the dining room.

We need your full payment asap.  
If you have questions/problems please call;

Blanche Duffy, 845-246-4998, or e-mail [bduffy@hvc.rr.com](mailto:bduffy@hvc.rr.com)

Please send your check to:  
The Gathering  
Post Office Box 93  
Malden, New York 12453

We look forward to seeing you in October!  
Namaste

## Contact Us.....

The Ring of Light is a periodic publication serving the Julian Community. A \$10.00 US annual contribution on your part will cover the cost of your newsletter! Make checks payable to Dan Walton. This newsletter is a tool to connect our community. It is your tool to share and use ideas, activities and creative works. Thanks to the many contributors.

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**Next Issue Theme:** "A Balancing Act"

**Deadline for Submissions:** November 24th, 2013.

**Dan & Nancy Walton - Ring of Light Editorial Team**

**Newsletter Submissions—How to !**

For entries larger than 25 words, please submit a text file in electronic form. Send us a 3.5" computer disk or electronic contribution to:

Dan & Nancy Walton  
306 Seaview Drive  
Benicia, CA 94510

**We thank each and everyone of you for your financial support that allows us to bring the Ring of Light to you.**

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### **ROL via E-MAIL!**

#### **What a novel idea!**

If you prefer an electronic version please contact us via our email address: [warrendaniel34@yahoo.com](mailto:warrendaniel34@yahoo.com)

A Newsletter of the Julian Community  
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